



## Climate Change, Flooding And Their Impacts On Human Health In Nigeria

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The impacts and risks of climate change have far-reaching environmental, social, agricultural and economic effects and are ultimately harmful to human health in Nigeria. Climate change has been discovered to not only affect our physical health but can also harm our emotional and mental health. Flooding is one of the impacts of climate change and one of the major disasters affecting many countries of the world annually. Over the years, Nigeria has witnessed unprecedented flooding in many states of the country. These incessant cases of flooding have affected the environment, caused outbreak of diseases, damaged properties and endangered the lives of humans. The issues of flooding demand an urgent attention from the Nigerian Government at all levels in order to salvage human health. Mitigation and adaptation strategies are therefore necessary for effective management of the impacts of climate change and flooding on human health for sustainable development in Nigeria. This study recommends that interventions to address climate change and flooding and its impacts on human health need to be well coordinated in order to tackle the problem in a holistic manner. It also explores innovative solutions to the impacts of climate change and flooding on the mental and emotional health of vulnerable groups which includes the use of poetry and music as therapeutics. It concludes with recommendations to conduct further research in this field of study.

**Keywords:** Climate Change, Flooding, Human Health, Nigeria.

### Recent Publications

1. Anabaraonye B, Okafor JC, Eriobu CM. Green entrepreneurial opportunities in climate change adaptation and mitigation for sustainable development in Nigeria. *Journal of Environmental Pollution and Environment*. 2019;2(1):1-6.
2. Anabaraonye B, Ewa B, Anukwonke CC, Ani M, Anthony P. The Role of Green Entrepreneurship and Opportunities in

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3. Anabaraonye B, Okon EO, Ewa B, Adeniyi TF, Nwobu EA. Green entrepreneurship education for sustainable development in Nigeria. *International Journal of Research in Civil Engineering and Technology*. 2022;3(1):16-19.

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### Biography

Benjamin Anabaraonye is an associate researcher at the Institute of Climate Change Studies, Energy and Environment, University of Nigeria, Nsukka. He is also an award-winning poet, entrepreneur, and educationist. He is the CEO of the Benji Poetry And Music Global Concepts which has the goal of spreading joy and beauty to communities and institutions in Nigeria through poetry and music. Through the project green initiative which is an arm of the company, He conducts research along with his team on climate change adaptation and mitigation for global sustainability. He has received trainings and awards in the field of climate change from the United Nations Institute of Training and Research (UNITAR) and Hamburg University Of Applied Sciences, Germany. His research papers have been featured in international reputable academic journals.

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