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Changes in blood, detected in urine

Youhe Gao

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University of Oxford 2014-4-15

The background of the slide is a blue-tinted, sketch-like illustration of the Great Wall of China. The wall is depicted as a long, winding stone structure that snakes across a range of mountains. The drawing uses fine lines to create texture and depth, giving it an artistic, hand-drawn appearance. The overall color palette is a monochromatic blue, which provides a calm and professional aesthetic.

What is biomarker?

My Definition

- **Biomarker is the measurable **change** associated with a physiological or pathophysiological process.**



Biomarker=Change

In Blood



Homeostasis mechanisms

=minimal changes

=less biomarkers

In Urine

Accumulate all the changes =
Lots of biomarkers

Change removal

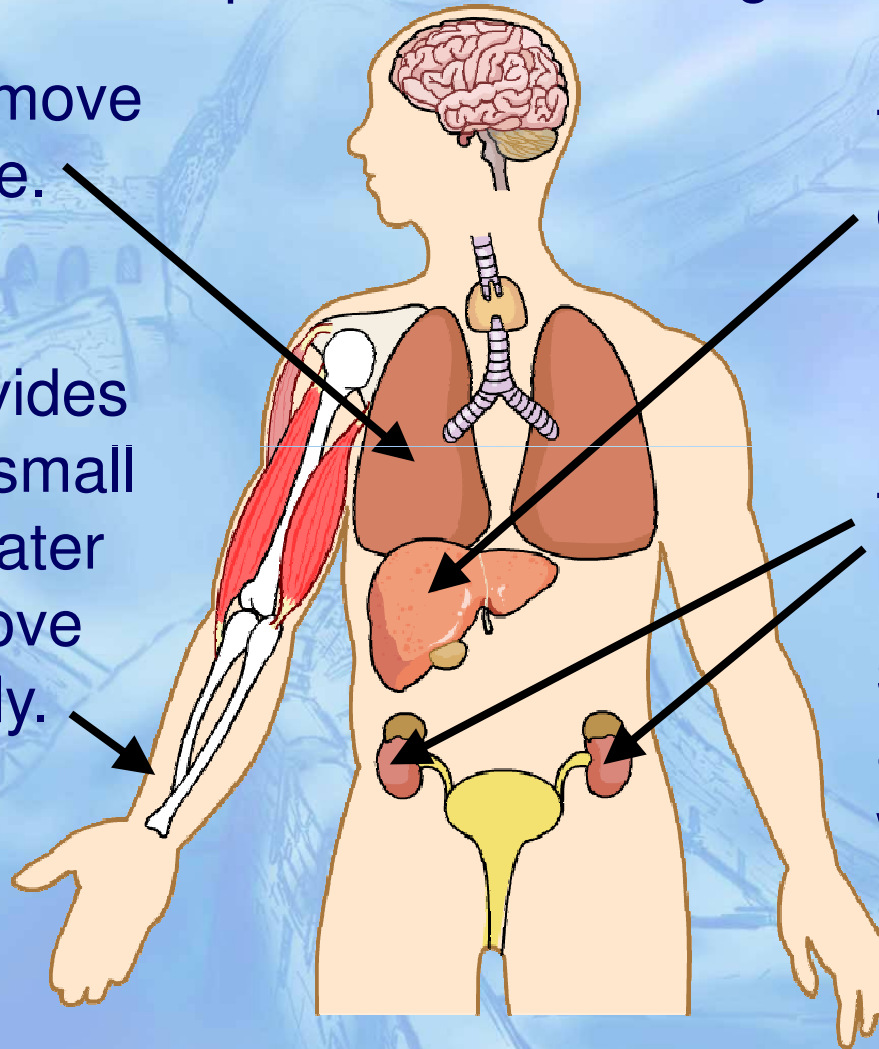
Several organs are important in removing waste from the body.

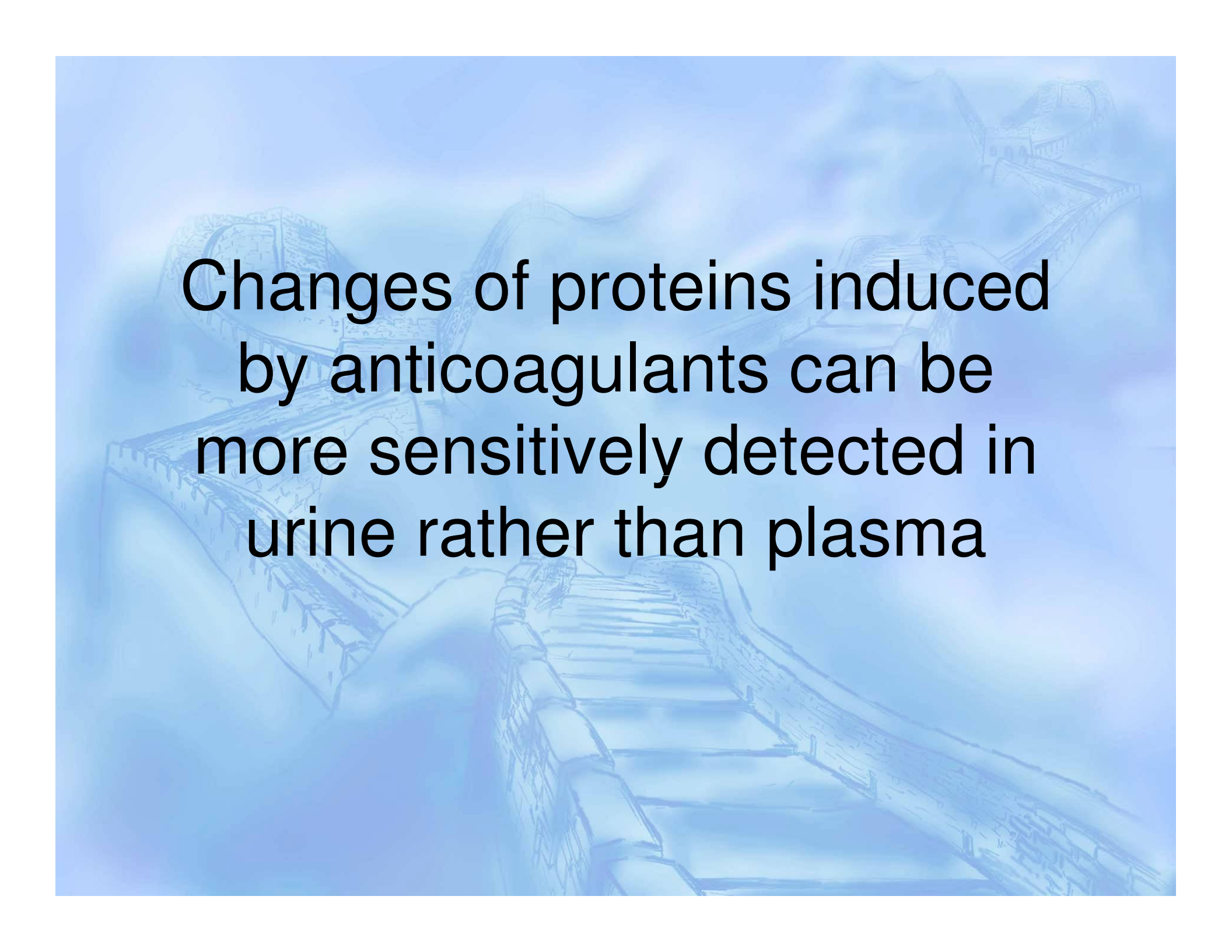
The **lungs** remove carbon dioxide.

The **skin** provides a surface for small amounts of water and salt to move out of the body.

The **liver** converts excess protein into **urea**.

The **kidneys** remove **unwanted** substances such as urea, excess water and salt.



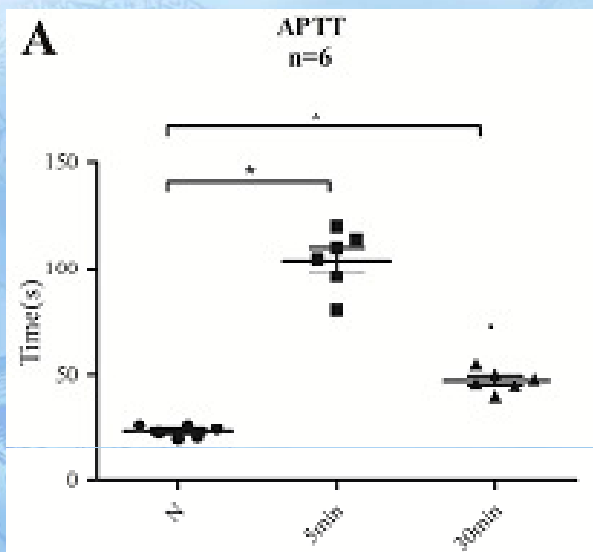


Changes of proteins induced
by anticoagulants can be
more sensitively detected in
urine rather than plasma

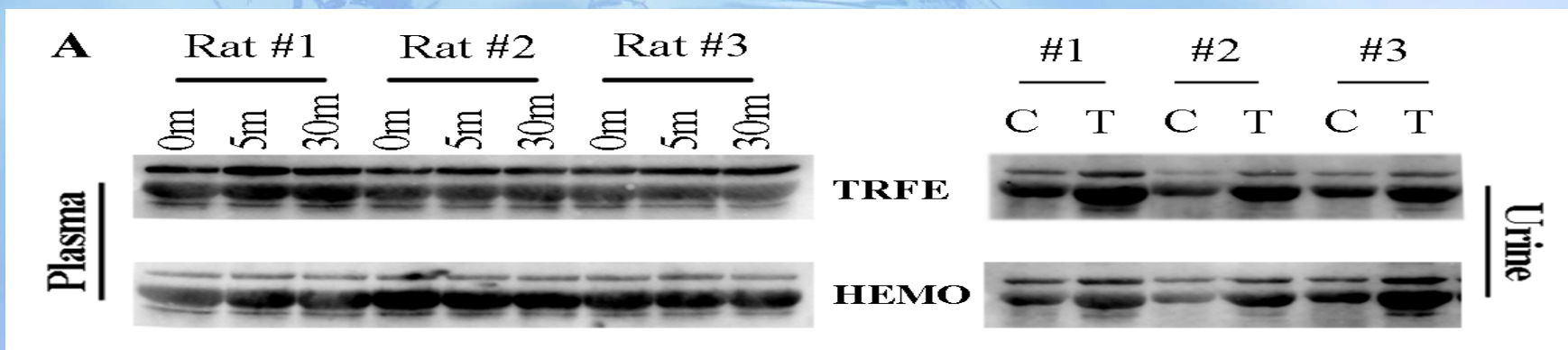
Changes of protein induced by anticoagulants

Changes

- Heparin
 - 27 proteins in urine
 - 3 proteins in plasma
- Argatroban
 - 61 proteins in urine
 - 1 proteins in plasma



Clotting times increased



Validation of changes in protein levels

Advantages of Urine Proteome

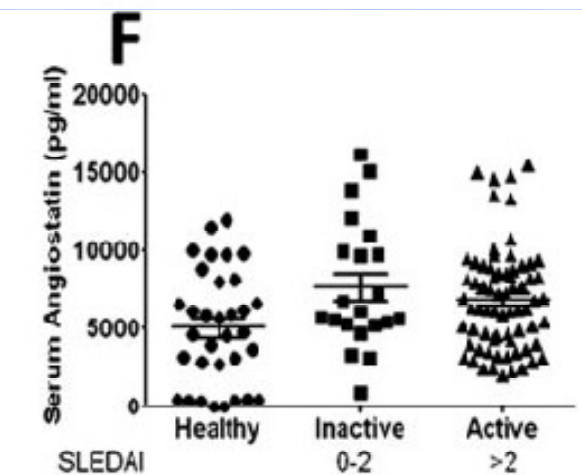
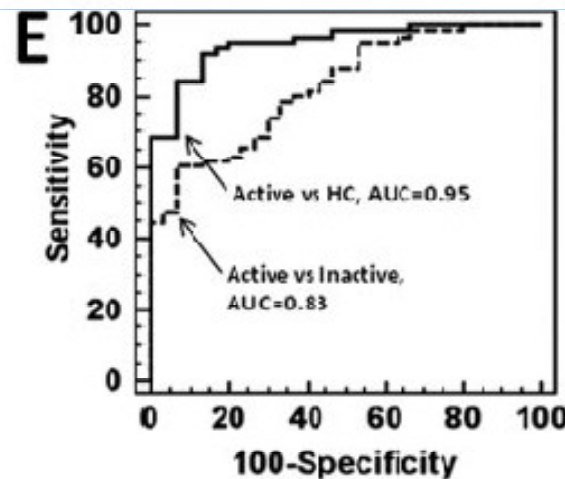
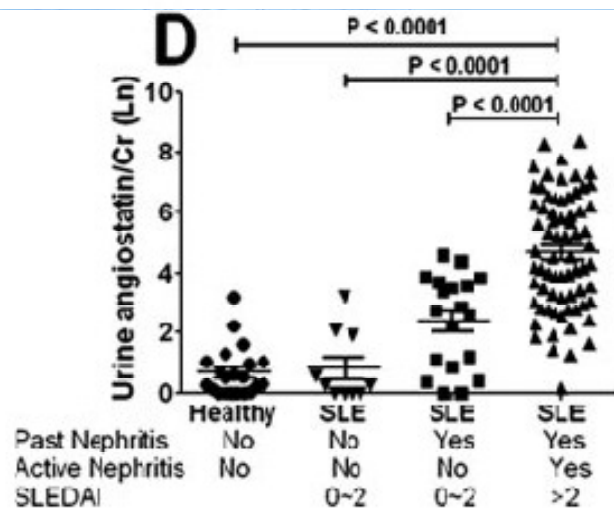
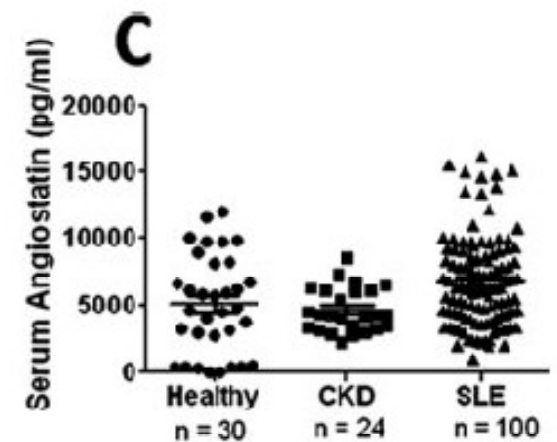
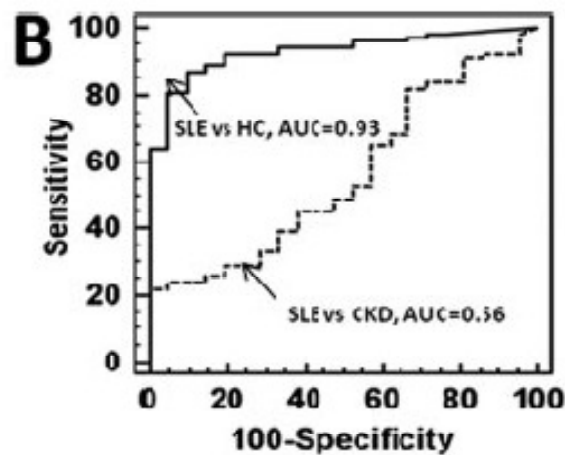
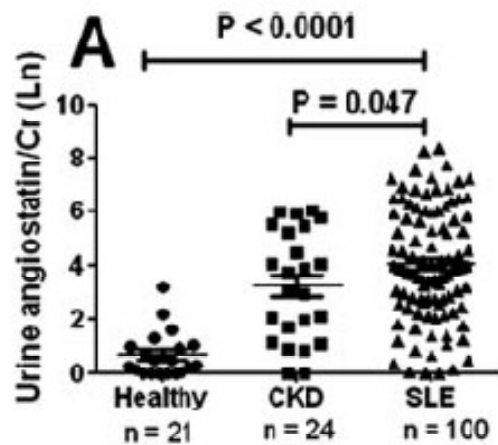
- Non-invasive
- Simpler than plasma
- Reflects changes of plasma
- Close to kidney and prostate

Urine Proteome is Informative

- Up to published result in 2011, 2300 proteins identified totally
- 4000-5000 with current technology

Low Background

- Actually low protein concentration is better for biomarker discovery
- Low constitutional component is better for revealing the changes



Molecular & Cellular Proteomics 12:
10.1074/mcp.M112.021667, 1170–1179, 2013.

TABLE III. Frequency of Aberrant Methylation in Urine and Plasma DNA

	GSTP1		RASSF2	
	Urine	Plasma	Urine	Plasma
Positives (%)				
Young asymptomatic males	6%	20%	37%	2%
Biopsy negative	59%	31%	82%	16%
All stages PCa	81%	39%	59%	31%
T1 (n = 47 U, 46 P)	83%	37%	96%	35%
T2 (n = 28 U, 25 P)	71%	32%	82%	16%
T3 (n = 7)	100%	71%	100%	57%
T4 (n = 2)	100%	50%	100%	50%
Median DNA (range), ng/ml				
Young asymptomatic males	0 (0–0.07)	0 (0–0.00 ^a)	0 (0–0.09)	0 (0–0.00 ^a)
Biopsy negative	0.001 (0–0.15)	0 (0–0.02)	0.007 (0–0.70)	0 (0–0.04)
All stages PCa	0.008 (0–91.18)	0 (0–0.27)	0.025 (0–112.45)	0 (0–0.19)
T1 (n = 47 U, 46 P)	0.006 (0–91.80)	0 (0–0.18)	0.024 (0–112.45)	0 (0–0.19)
T2 (n = 28 U, 25 P)	0.008 (0–0.88)	0 (0–0.05)	0.022 (0–0.91)	0 (0–0.00 ^a)
T3 (n = 7)	0.029 (0.001–14.37)	0.001 (0–0.27)	0.042 (0–19.08)	0.0005 (0–0.02)
T4 (n = 2)	n.a. (0.014–0.14)	n.a. (0–0.00 ^a)	n.a. (0.07–0.08)	n.a. (0–0.00 ^a)
HIST1H4K				
	Urine	Plasma	Urine	Plasma
Positives (%)				
Young asymptomatic males	14%	8%	82%	2%
Biopsy negative	84%	31%	100%	6%
All stages PCa	92%	31%	100%	18%
T1 (n = 47 U, 46 P)	96%	28%	100%	24%
T2 (n = 28 U, 25 P)	82%	28%	100%	4%
T3 (n = 7)	100%	71%	100%	29%
T4 (n = 2)	100%	0%	100%	0%
Median DNA (range), ng/ml				
Young asymptomatic males	0 (0–0.02)	0 (0–0.01)	0 (0–0.24)	0.013 (0–0.00 ^a)
Biopsy negative	0.004 (0–0.16)	0 (0–0.00 ^a)	0.052 (0.001–0.94)	0 (0–0.00 ^a)
All stages PCa	0.008 (0–47.94)	0 (0–0.18)	0.096 (0.004–27.80)	0 (0–0.14)
T1 (n = 47 U, 46 P)	0.008 (0–47.94)	0 (0–0.18)	0.106 (0.01–27.80)	0 (0–0.14)
T2 (n = 28 U, 25 P)	0.008 (0–0.72)	0 (0–0.01)	0.096 (0.01–4.42)	0 (0–0.00 ^a)
T3 (n = 7)	0.024 (0.00–4.04)	0.0007 (0–0.02)	0.377 (0.01–6.81)	0 (0–0.01)
T4 (n = 2)	0 (0.01–0.06)	0	n.a. (0.08–0.09)	0

Not just within urinary tract

- This is the first study to demonstrate that analysis of urinary MMPs may be useful in determining disease status in a variety of human cancers, both within and outside of the urinary tract.
- MMP:
 - 72KD
 - 92KD
 - >150KD

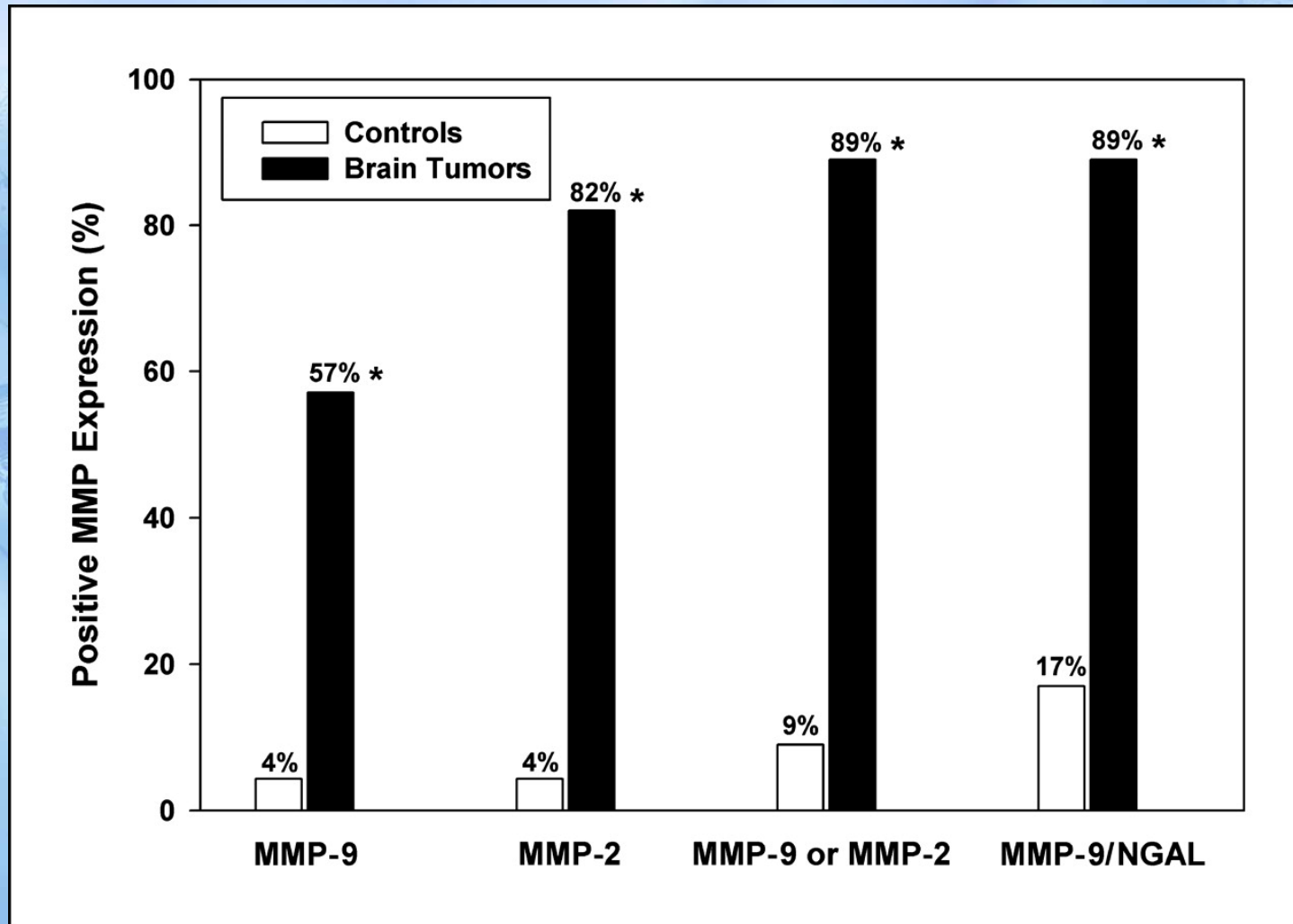
(CANCER RESEARCH 58, 1395-1399. 1998)

Plasma and Urinary Desmosine as biomarkers for COPD

Table 2 Demographic and desmosine data for group 2 consisting of healthy volunteers and patients with an exacerbation of chronic obstructive pulmonary disease (COPD)

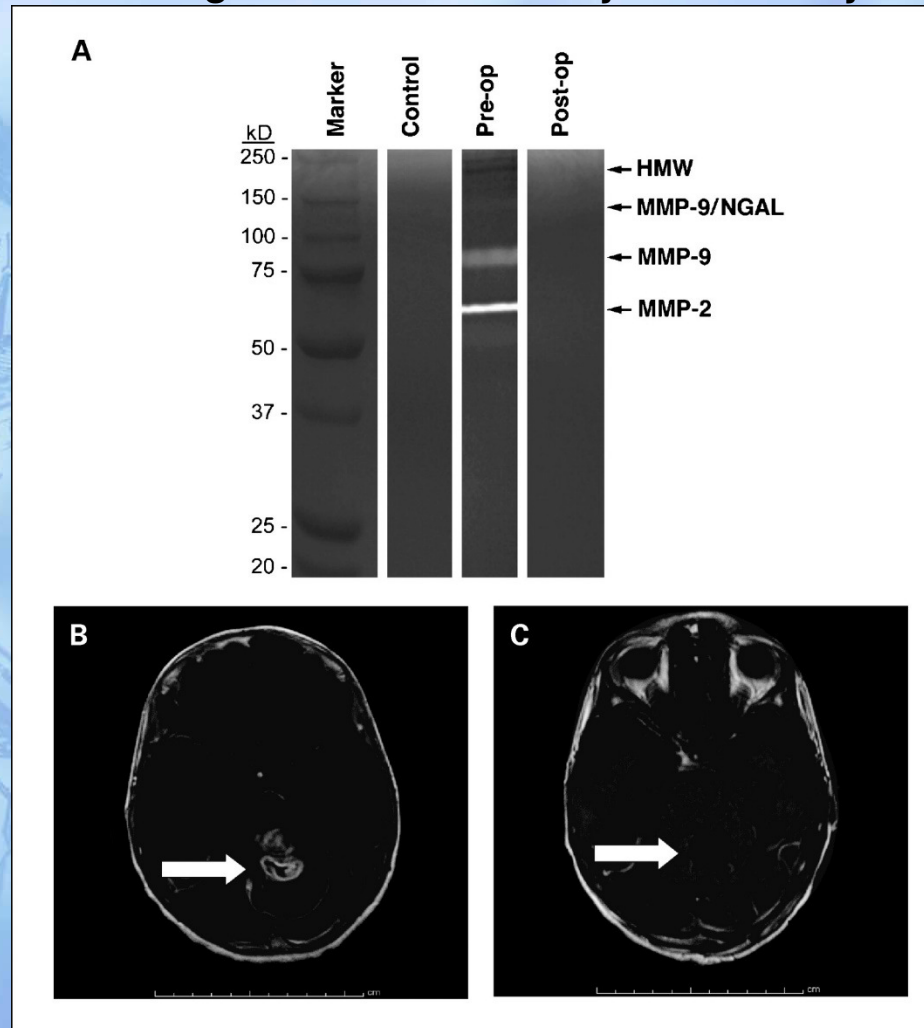
Sample type	Group 2			
	Urine and sputum		Blood	
Group	Healthy volunteers (HV2a)	Patients with 'during an exacerbation' COPD	Healthy volunteers (HV2b)	Patients with 'during an exacerbation' COPD
Number of participants	62	50*	19	102*
Gender (M/F)	24/38	24/26	18/1	43/59
Smoking status (smokers/e-smokers/ non-smokers/unknown)	13/41/8/0	31/2/15/2	10/0/9/0	55/33/0/14
Age (years)	22 (21–45)	69 (60–74)†	68 (65–73)	72 (66–79)
Body mass index	25±4	26±7	NA	26±7
FEV ₁ (% predicted)	103±13	39±16†	NA	47±18
uDES (ng/mg creatinine)	8 (6–10)	16 (14–22)†	–	–
bDES (ng/ml)	–	–	0.17 (0.12–0.23)	0.30 (0.21–0.37)†

Urine of brain tumor patients contains significantly higher levels of MMP-2, MMP-9, and MMP-9/NGAL compared with control samples.



Smith E R et al. Clin Cancer Res 2008;14:2378-2386

The loss of urinary MMPs after resection of a brain tumor, demonstrating that tumor presence is related to increased urinary MMP activity and removal of that tumor correlates with subsequent clearing of detectable urinary MMP activity.



Smith E R et al. Clin Cancer Res 2008;14:2378-2386

Urine/Blood in Biomarker Studies

Up to 2013-5-29

pubmed - (((blood) OR serum) OR plasma) AND biomarker		pubmed - (urine) AND biomarker		
year	count	year	count	urine/blood
2013	3436	2013	302	8.79%
2012	20759	2012	1401	6.75%
2011	19996	2011	1369	6.85%
2010	19097	2010	1288	6.74%
2009	17733	2009	1056	5.95%
2008	16993	2008	1057	6.22%
2007	16509	2007	952	5.77%
2006	15186	2006	918	6.05%
2005	15389	2005	860	5.59%
2004	14208	2004	767	5.40%
2003	13417	2003	696	5.19%

Urinary Protein Biomarker Database

- <http://122.70.220.102/biomarker>
- **Manually curated in the lab**
- **Around 450 papers at mid 2013**

Disadvantages as Biomarker Source

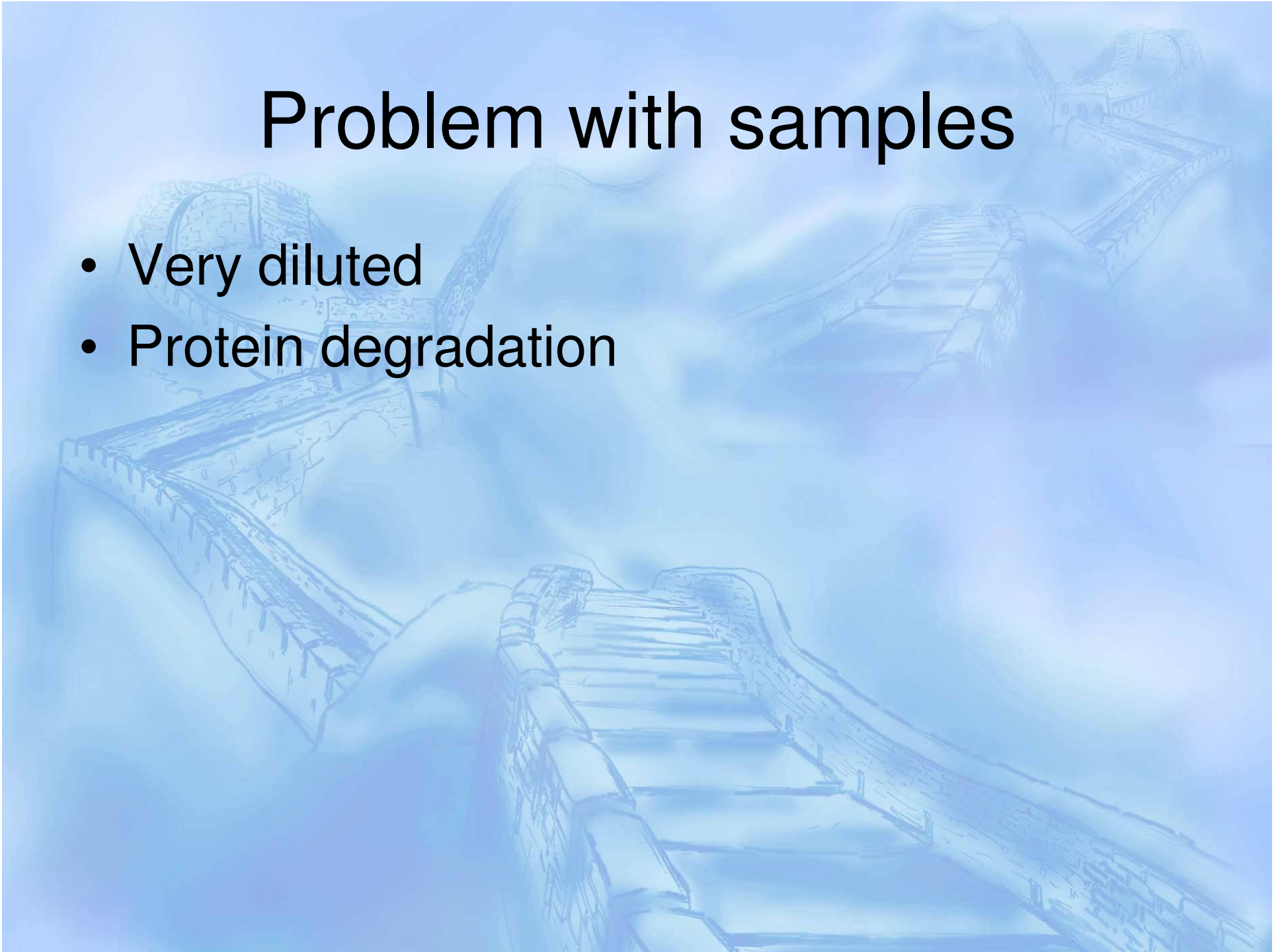
- Big variation
- Need more cases to validate

Way to solve the problem

- More sample
- Higher throughput MS
- More analyzing power

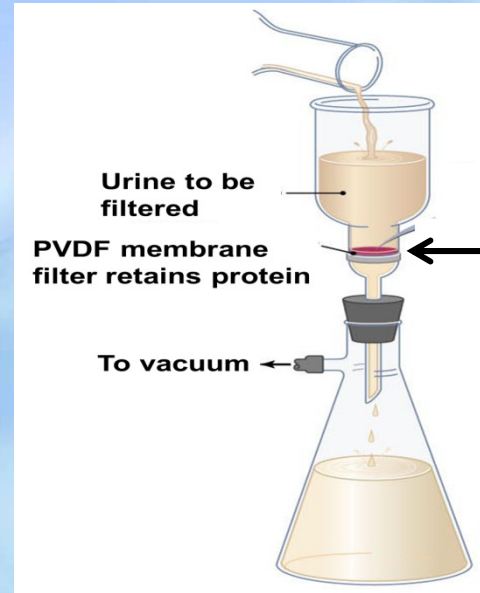
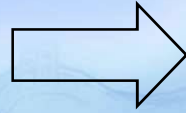
Problem with samples

- Very diluted
- Protein degradation

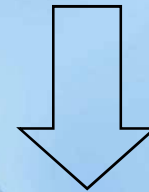


Possible ways to save

- Precipitate: organic solvent consuming
- Freeze dry: energy and labor consuming
- Extraction: cost
- Not suitable for large numbers of samples



Urimem



Urimem

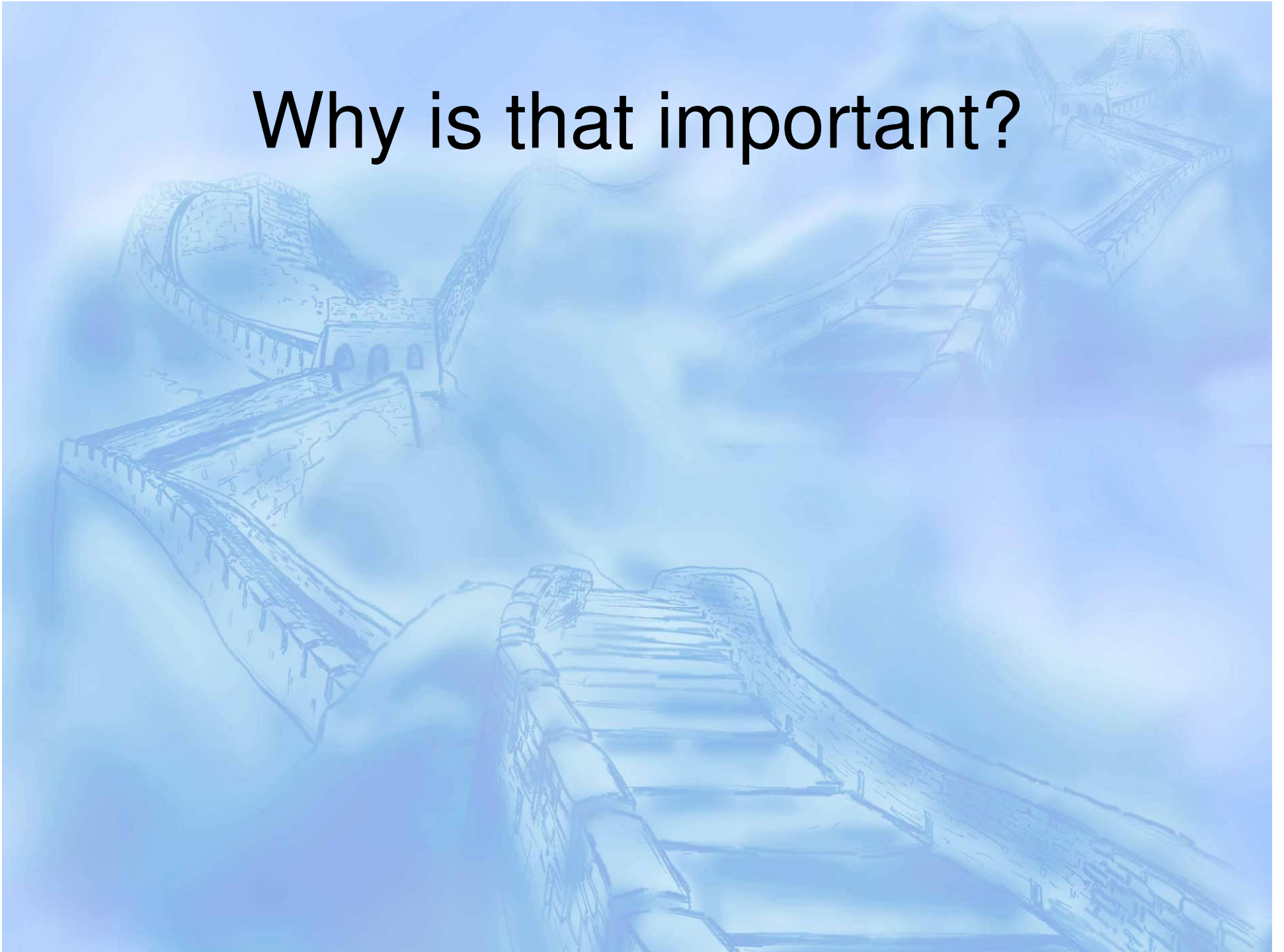
Urinary proteins
dried on a filter and
stored in vacuum



Urinary Proteins on Membrane



Why is that important?



Changed the face of medicine

- “Hard as it is to believe today, a single concept developed by [Dr. Henry Plummer](#) (1874 – 1936) at the beginning of the 20th century changed the face of medicine.”

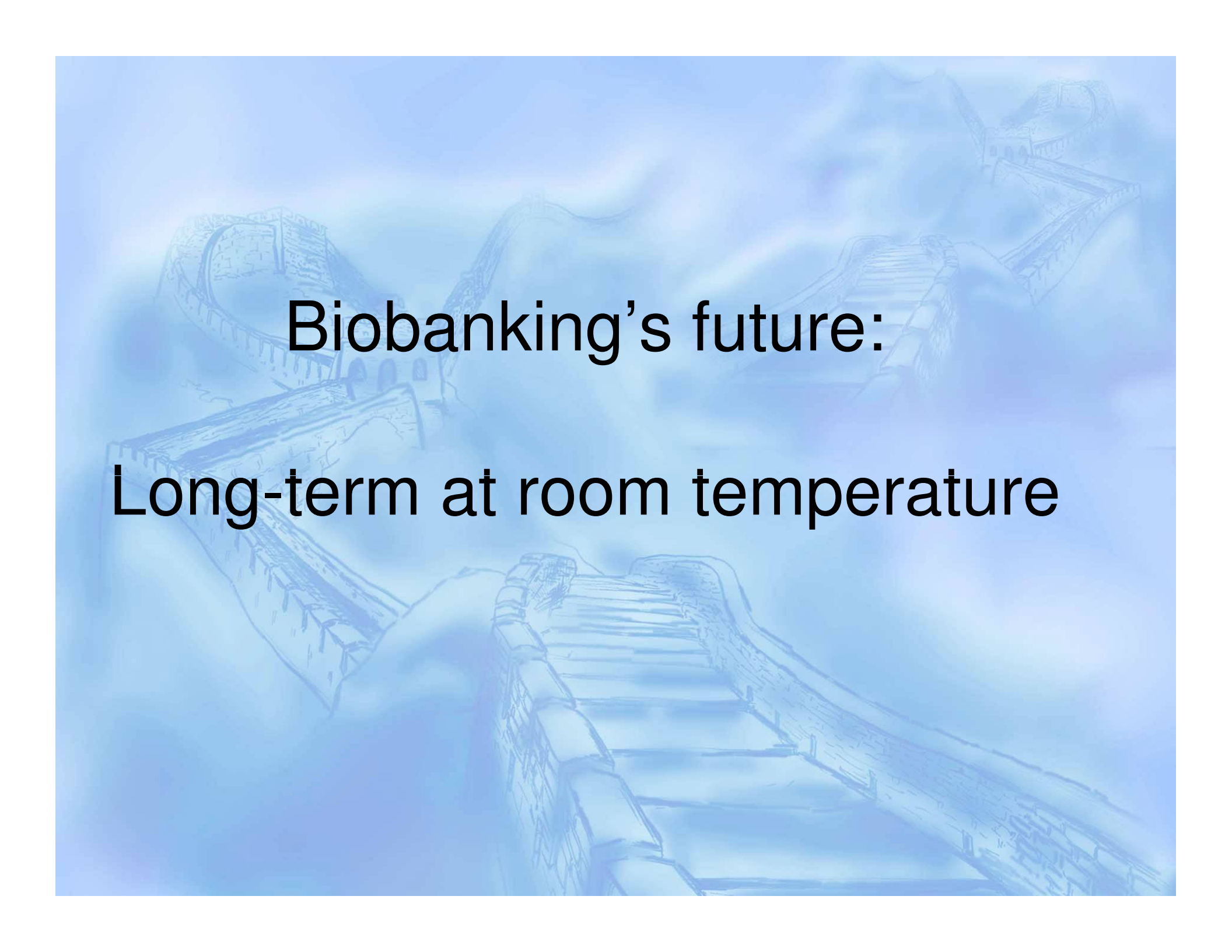


Changed the face of medicine

- The concept was a centralized **medical record**, stored in a single repository, and capable of traveling with the patient. (1907)
- Now
 - paperless
 - filmless
 - chartless

Biobanking: foundation of personalized medicine

- Blood
- Urine
- Skin cells
- Organ
- Tissue
- other things taken from a body



**Biobanking's future:
Long-term at room temperature**

Can we decode urine proteome?

- Not yet, especially in population
- But having large number of samples will help
- Need more researchers

We need control

- What is the **normal variation** of healthy human urine proteome?

Risk You Don't Want to Take

You

- Discovery and validation in Blood
- Hard and expensive
- Patent

Others

- Take your clue, validate in urine
- Easy and Cheap
- New patent

The background of the slide is a blue-tinted, sketch-like illustration of the Great Wall of China. The wall is depicted as a long, winding stone structure that snakes across a series of rolling hills and mountains. The drawing style is loose and artistic, with visible lines and shading. The entire scene is rendered in various shades of blue, from light to dark, creating a monochromatic effect. In the center of the image, the text "Urine smells good!" is written in a bold, black, sans-serif font.

Urine smells good!

The background of the image is a blue-tinted sketch of the Great Wall of China. The wall is depicted as a long, winding stone structure that snakes across a range of mountains. The drawing style is a fine-line sketch, giving it a textured, artistic appearance. The overall color palette is a monochromatic blue, with varying shades from light to dark, creating a sense of depth and atmosphere. The text "It tastes even better!" is centered over the middle of the image in a bold, black, sans-serif font.

It tastes even better!

Acknowledgement

- Lulu Jia
- Xuejiao Liu
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Thanks!

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Let Us Meet Again

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