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Temporal Endoscopic Midface Lifting

Thomas Haffner M.D.
board certified cosmetic surgeon

International Board of Cosmetic Surgery -
Cambridge / UK
Facial Aging = Midface Aging

A/ The aging begins bei everyone in the midface, characterised by holow eyes, tired look, visible bony border of the orbita, nasojugal folds.

B/ The reasons of the early midface ptosis are:

   The lateral face is „anchored“ onto the zygomatic arch, therefore is it stable. Moreover the lateral face is thin and has a stable internal fascia, the SMAS. The midface contains a heavy fat pad and it`s SMAS is thinner. Therefore the midface weakens easily by the gravitational forces.

C/ Gathering of the ptotic soft tissues of the midface causes than jowling between the chin and lateral mandibula.

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The goal of the TEM: to reconstruct only the sunken areas

1/ Patients understand and show us the proper vector of pulling of the soft tissues

2/ They show the right vector for lifting of the midface and no lateral pulling for the lateral face

3/ In fact, the middle parts of the face are always ptotic, mostly these should be lifted and not the lateral face

4/ We can reach the midface easily from a pretrichal or temporal access, However the pretrichal access – the MACS lift – visible scars.

5/ Using endoscopic aid, we can use the small, hidden temporal incision for the midface, which don’t cause a visible scar.
TEMP LIFTING

What?
Mobilising

How?
Reposition

Method
Anchorage

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TEM : Risks

There is no clear overview about the structures as like by an open facelift. The SMAS dissection and suture are challenging, preparing and suturing in a tunnel needs skillness.
RISKS: temporal scars
The small scar after TEM is hidden in the hair bearing skin. Enough thickness of the temporal flap is important to prevent damaging of the hair roots.
TEM - Results

Thomas Haffner M.D.
TEM - Results

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TEM - Results

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TEM - Results

1. 

2. 

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TEM - Results

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Thank you for your attention

Temporal
Endoscopic Midface Lifting

von
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Let us meet again..

We welcome you all to our future conferences of OMICS International
5th International Conference and Expo on
Cosmetology, Trichology & Aesthetic Practices
On
April 25–27, 2016 at Dubai, UAE
http://cosmetology-trichology.conferenceseries.com/