

Should parenteral nutrition solutions for preterm infants be photoprotected?

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Introduction (1)

Weak anti oxidant system

- Immaturity
- Low maternal milk intakes



Preterm infant

High oxidant load

- O₂
- Transfusion
- Sepsis
- Parenteral Nutrition

Introduction (2)

- Light induces **oxidation** and **peroxidation** of parenteral nutrition solutions (*Neuzil 1995*).
- **Multivitamines** are the main source of peroxides in parenteral nutrition solutions (*Lavoie 1997*)
- Peroxides are **cytotoxic** and bactericid in vitro

Introduction (3)

■ Photoprotection of parenteral nutrition solutions

1. peroxides content (*Lavoie 1997, Laborie 1998*)
2. biochemical benefices (*Lavoie 2002, Chessex 2010*)
3. nutritional benefices (*Khashu 2006*),
4. histological benefices in an animal model (*Lavoie 2004*)
5. no effect on bronchopulmonary dysplasia or death in very low birth weight infants (*Laborie 2014*)

Hypothesis and aim

- **Hypothesis :**
- For some preterm infants, death is induced by the imbalance between the oxidant load and the antioxidant defenses.
- Photoprotection may decrease mortality in very low birth weight infants.

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- **Aim :** To evaluate the consequences of photoprotection of parenteral nutrition solutions on mortality of very low birth weight infants.

Methods

1. Identification of eligible trials through electronic databases
2. Selection criteria: premature infants, newborn, TPN, photo-protection, clinical trials, mortality, death.
3. **Meta-analysis** of mortality data at 36 wks GA or hospital discharge

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Results (3)

34 publications identified



→ 17 titles excluded due to absence of relevance

17 abstracts examined



→ 5 reviews excluded

12 studies assessed



→ 7 titles excluded due to multiple publications (same population)

5 studies retained



→ 1 title excluded due to absence of randomization

4 publications included in meta analysis

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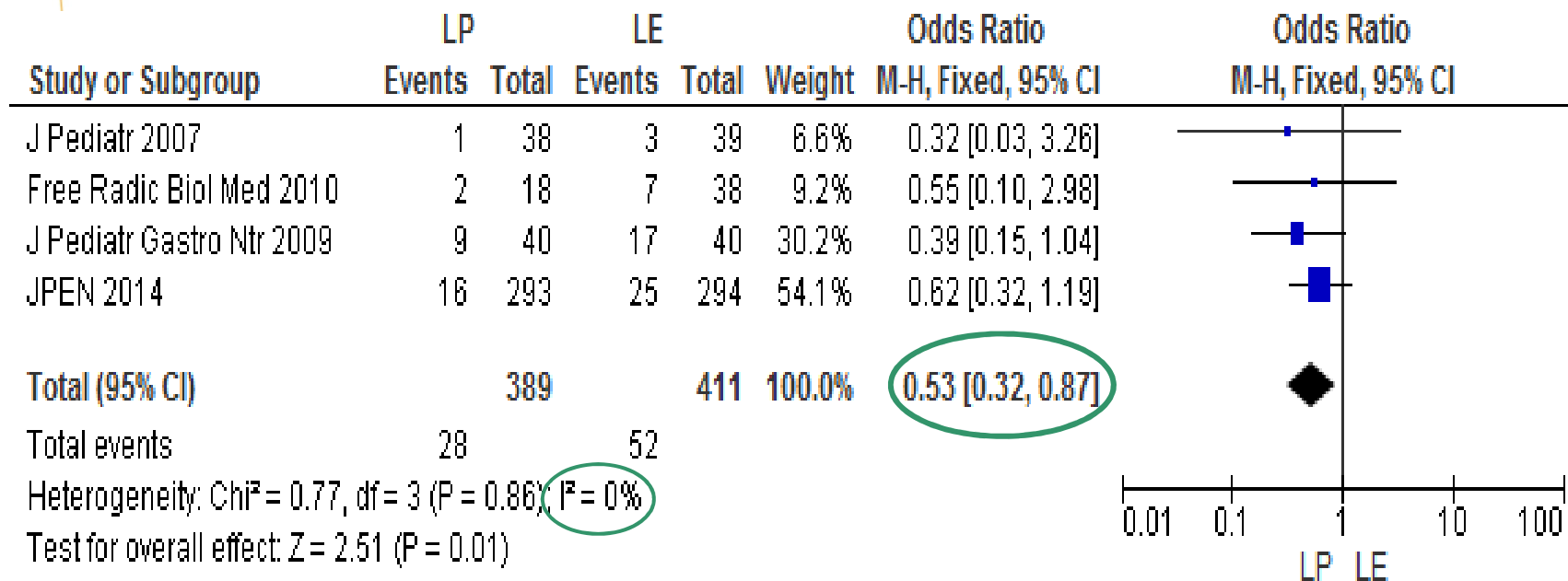
Results : Population

	J Pediatr, 2007	JPGN, 2009	FRBM, 2010	JPEN, 2014
Randomization	+	+	+	+
Sample size (n)	77	80	56	587
Male sex (%)	56	54	53	50
Gestational age (wk)	27 ± 2	31 ± 2	26 ± 1	28 ± 1
Birthweight (g)	915 ± 240	1588 ± 366	775 ± 161	969 ± 238
Days of TPNa/PNb	9 ± 8 _a	11 ± 8 _a	11 ± 1 _a	28 ± 14 _b
Mechanical Ventilation (%)	70	72	66	82
Mortality at 36 weeks (%)	5	32	16	7

Results

At 36 weeks or hospital discharge	Light exposed		Light protected	
	Dead	Alive	Dead	Alive
<i>J Pediatr, 2007</i>	3	36	1	37
<i>JPGN, 2009</i>	17	23	9	31
<i>FRBM, 2010</i>	7	31	2	16
<i>JPEN, 2014</i>	25	269	16	277
Total	52	359	28	361

Results



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Discussion

- Udge decrease in mortality
- Mechanisms ?
 - Balance oxidant anti oxidant?
 - Bioavailability of nutrient and vitamins?
 - Direct toxicity?
- Long term outcome of survivors ?

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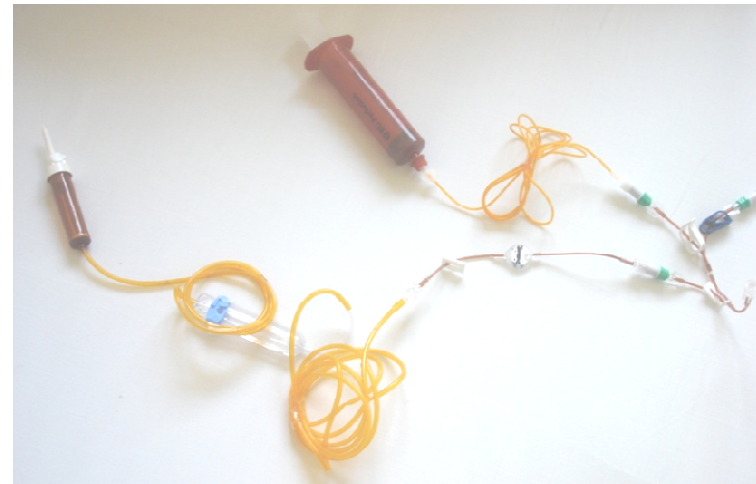
- Opposite with Sherlock study (*pediatrics*,2009)
 - Complete versus partial photoprotection
- Complexity of total photoprotection

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- Feasibility?



Conclusion

- Is it **ethical** to infuse now **unprotected** parenteral nutrition solutions to the **most immature** preterm infant?
- What happened in other populations with compromised oxidant/antioxidant balance????

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Perspectives

- Can we find a way to **minimize the infused oxidant load** which is **less time consuming and less expensive?**
- Can we optimize the **anti oxidant defenses of the most immature preterm infants?**