

# **BIOCHEMICAL STUDIES ON THE EFFECT OF TURMERIC ON BREAST CANCER OF RATS**

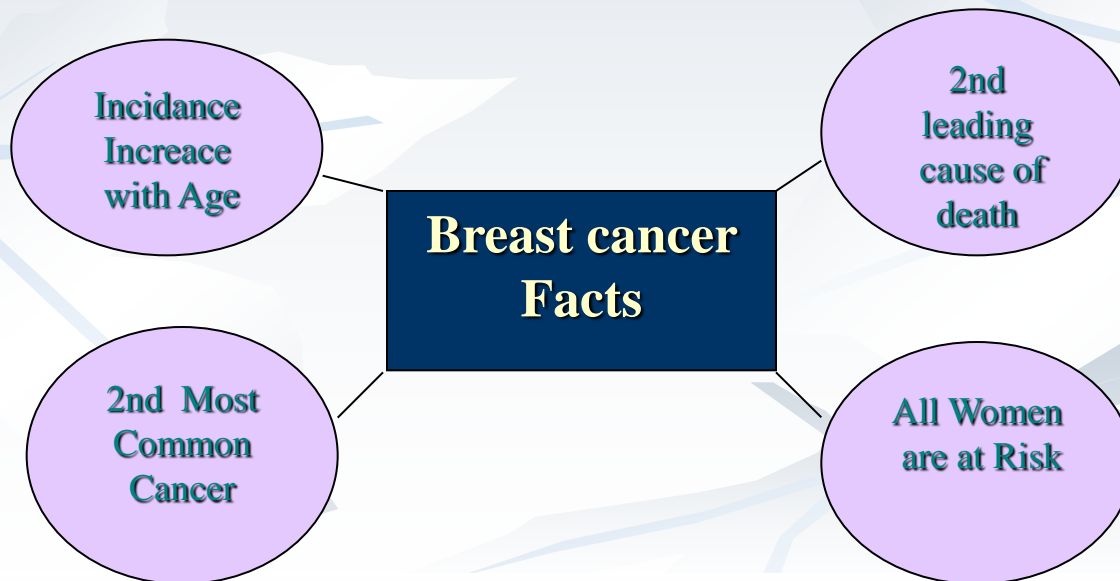
*By*

***Soha Mohamed Hamdy<sup>(1)</sup>, Abdelkarim Mohamed  
Abdellatif<sup>(2)</sup> and Rania Mortada Mahmud<sup>(1)</sup>***

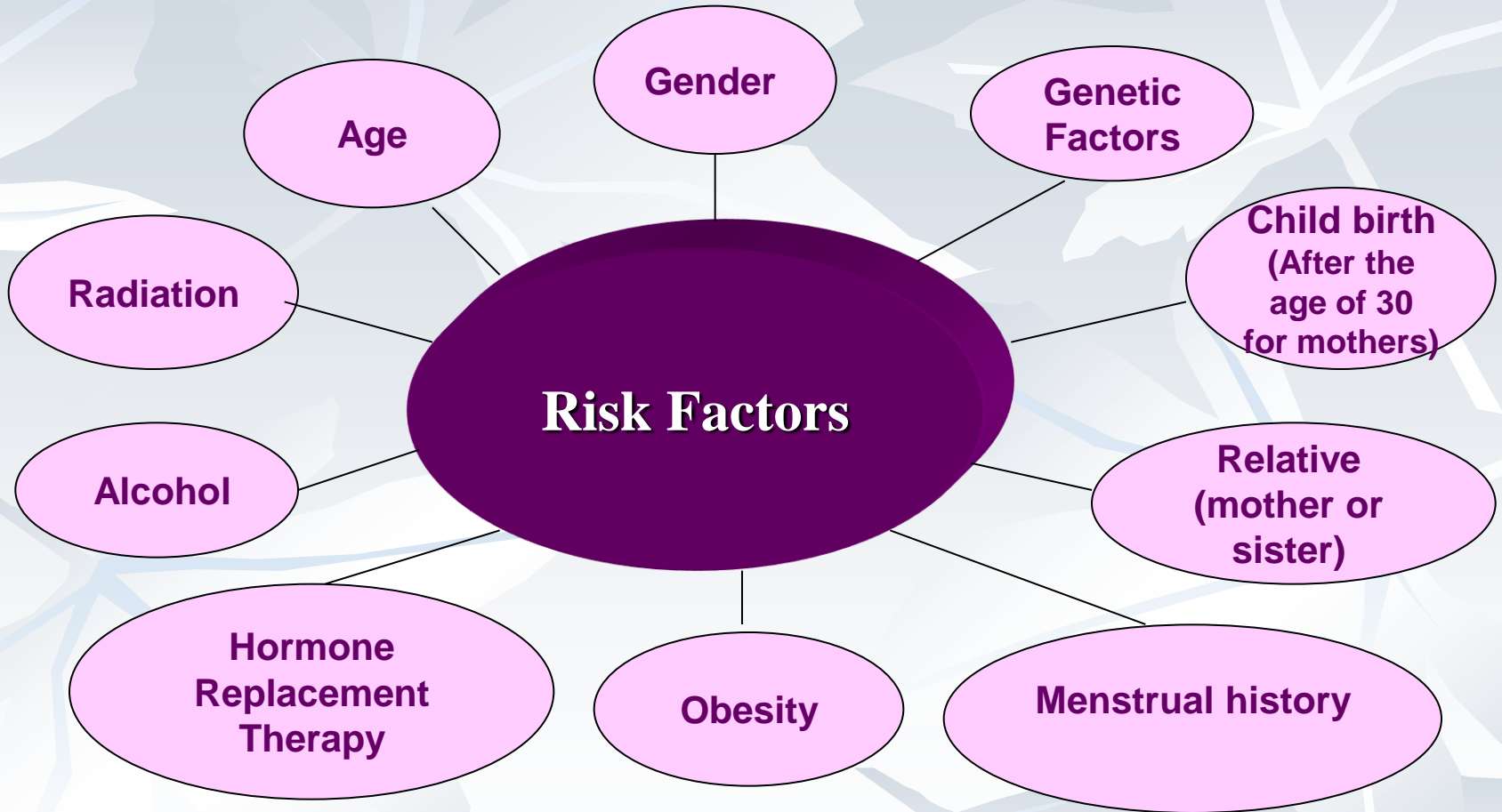
**1) Biochemistry Div. Chemistry Dep. Faculty of Science. Fayoum  
University. Fayoum. Egypt.**

**2) Zoology Dep. Faculty of Science. Fayoum University. Fayoum.  
Egypt.**

- The incidence of breast cancer has been increasing worldwide.
- In Egypt the most common cancers are breast cancer for females 18.9% of all cancer cases .
- The incidence of breast cancer and death rates generally increase with age.



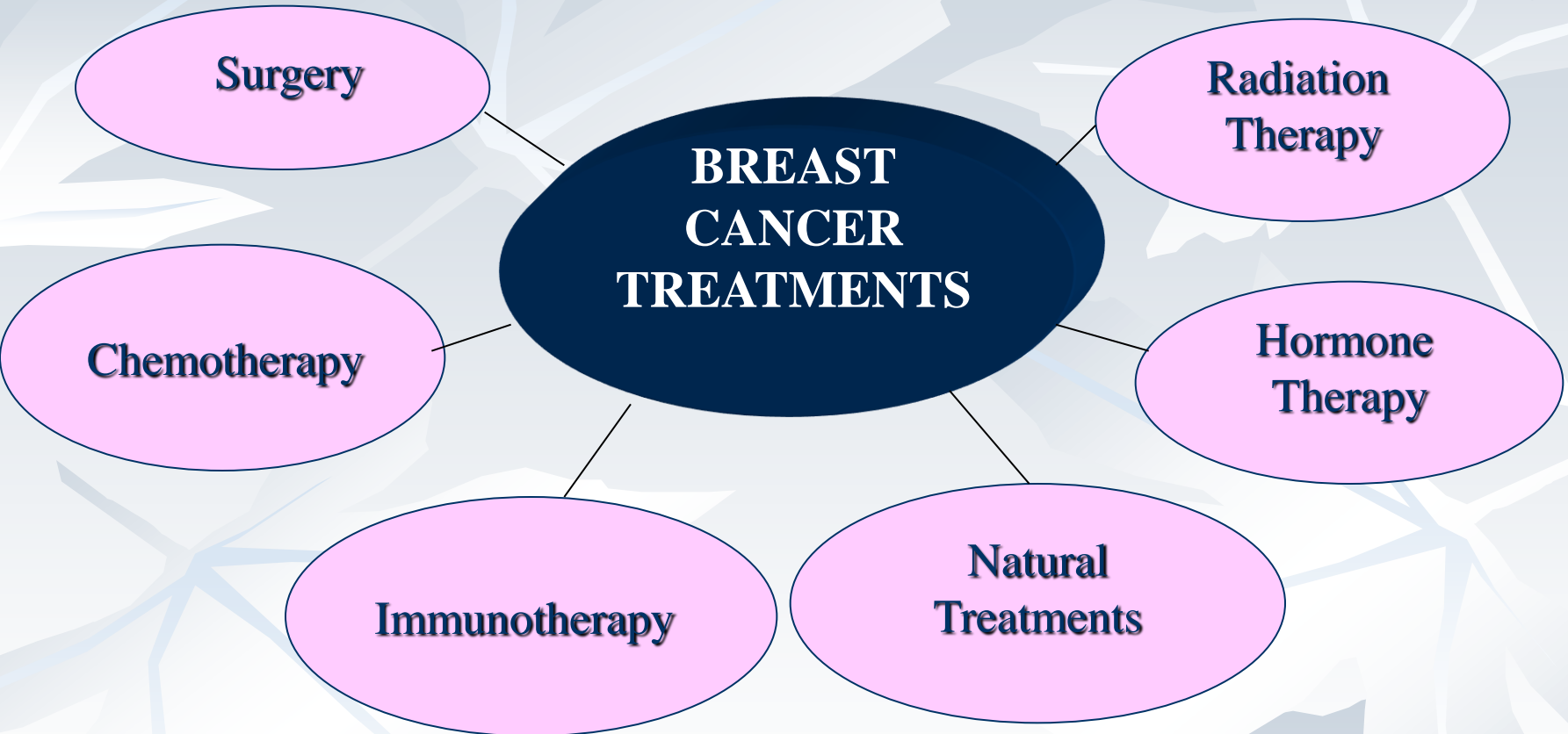
# Breast Cancer Risk Factors



# Diagnosis

- **Clinical Breast Examination (CBE)**
- **Mammography**
- **Monthly breast self-exam (BSE)**
- **T-scan**
- **Magnetic resonance imaging**
- **Sentinel lymph node biopsy (SLNB)**
- **Ultrasound**

# Breast Cancer Treatments



# Turmeric (*Curcuma longa* L.)

- Turmeric is a medicinal plant extensively used in many centuries for different diseases.

- Turmeric is used as a food additive (spice)

- Turmeric has good **therapeutic** effects include antioxidant, anti-inflammatory, anticarcinogenic and antimicrobial, hepatoprotective, thrombosuppressive, cardiovascular(**protection against myocardial infarction**), hypoglycemic and antiarthritic.

- Curcumin is a major active component of turmeric, the **yellow-pigmented fraction of turmeric contains curcuminoids. The major curcuminoids present in turmeric are demethoxycurcumin (curcumin II), bisdemethoxycurcumin (curcumin III), and the recently identified cyclocurcumin.**

# Curcumin

- **Inhibit:**

- The generation of reactive oxygen species (ROS) like superoxide anions, H<sub>2</sub>O<sub>2</sub> and nitrite radical generation

- Proliferation of tumor, transformation of cell from normal to tumor, invasion, metastasis and suppression of inflammation.

- **Induction of apoptosis.**



## **Aim of the Work**

The purpose of this study is to investigate the protection of powdered turmeric against breast cancer induced by 7,12- dimethylbenz[a]anthracene (DMBA) in female rats .





# **MATERIALS AND METHODS**

**sixty  
Rats**

```
graph TD; A[sixty Rats] --> B[Group I Control n=15]; A --> C[Group II DMBA n=15]; A --> D[Group III Turmeric+DMBA n=15]; A --> E[Group IV Turmeric n=15];
```

**Group I  
Control (n=15)**

**Group II  
DMBA (n=15)**

**Group III  
(Turmeric+DMBA)  
(n=15)**

**Group IV  
(Turmeric)  
n= 15**

# *Routine laboratory investigations including:*

## Markers for tumorigenicity

1. Total sialic acid (TSA)
2. Carcinoembryonic Antigen (CEA)

## Markers of endocrine derangement

1. Prolactin
2. Estradiol

## Markers for oxidative stress

1. Nitric oxide (NO),
2. Malondialdehyde (MDA)
3. Total antioxidant activity

## Histopathological examinations of the mammary glands

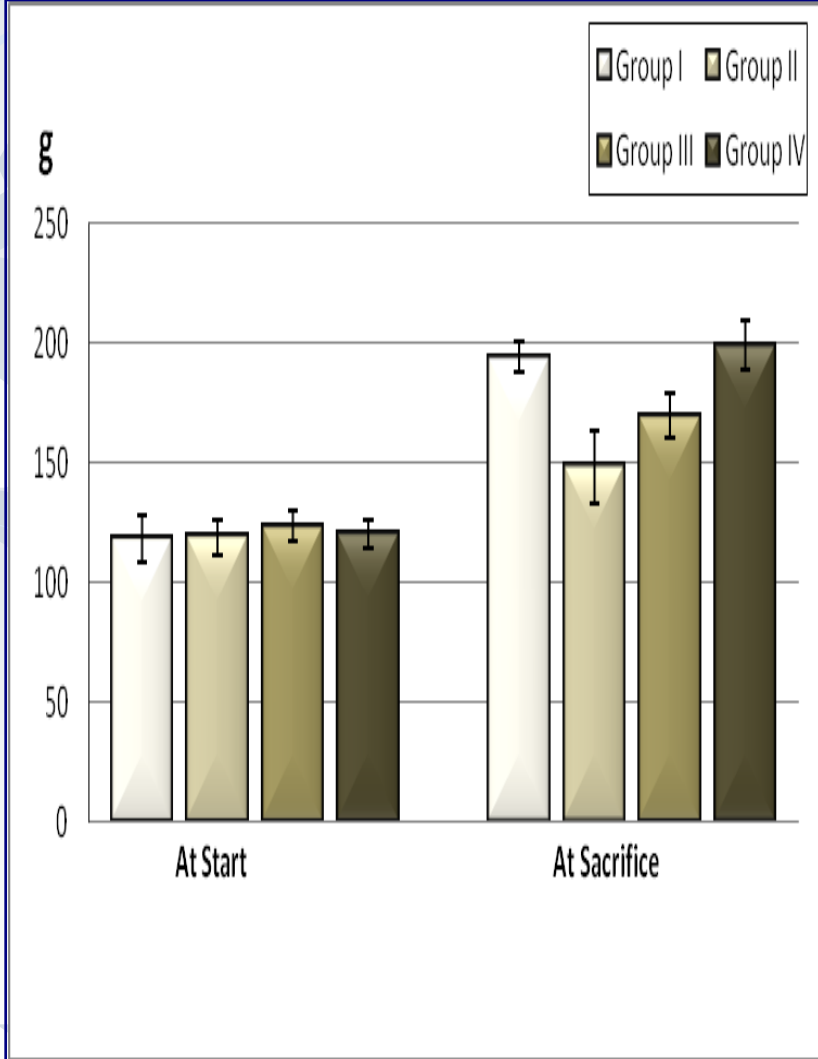


# **RESULTS**

**Table 1:** The body weight (g) of rats in the different groups

Parameters	Body weight (g)		Increase rate of body weight %
	At start	At sacrifice	
<b>Group I</b> n Range Mean $\pm$ S.D.	15 93 -128 118.6 $\pm$ 9.9	15 185-205 194.93 $\pm$ 6.4	63.58%
<b>Group II</b> n Range Mean $\pm$ S.D. p <sup>a</sup> value	15 100 - 130 119.1 $\pm$ 7.5	10 129-170 148.4 $\pm$ 15.42 <0.001	27.82%
<b>Group III</b> n Range Mean $\pm$ S.D. P <sup>(a)</sup> value P <sup>(b)</sup> value	15 108 - 132 123.6 $\pm$ 6.7	12 157-185 169.7 $\pm$ 9.2 <0.001 <0.001	37.3%
<b>Group IV</b> n Range Mean $\pm$ S.D. P <sup>(a)</sup> value P <sup>(b)</sup> value	15 115 - 125 120.2 $\pm$ 5.8	13 185-215 199.39 $\pm$ 10.17 N.S. <0.001	65.88%

**Figure 1:** Mean  $\pm$  S.D. for rat's body weight at start and at sacrifice



P<sup>(a)</sup> value versus control group (group I)  
 P<sup>(b)</sup> value versus DMBA treated group (group II)  
 Significant at P value < 0.05, N.S. non significant

**Table 2: Rat Serum Total Antioxidants Level (mM/L) in the different groups**

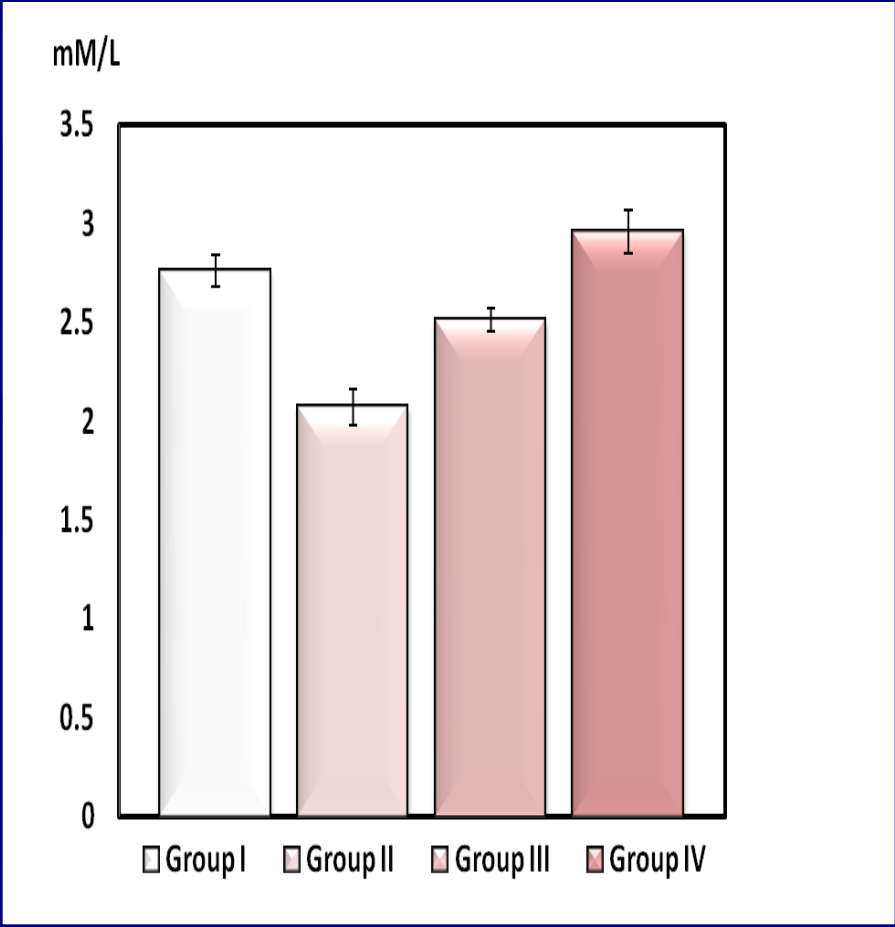
Group	Group I (control) n=15	Group II (DMBA) n=10	Group III (Turmeric+DMBA) n=12	Group IV (Turmeric) n= 13
Parameter				
Range	2.3 -2.9	1.55 -2.36	2.2 -2.83	1.83 - 2.84
Mean± S.D	2.76 ± 0.26	2.07±0.29	2.52 ± 0.18	2.96 ± 0.35
Percentage change		-24.93%	-8.7%	7.25%
<i>P</i> <sup>(a)</sup> value		<0.001	0.01	0.09
<i>P</i> <sup>(b)</sup> value			<0.001	<0.001

*P*<sup>(a)</sup> value versus control group (group I)

*P*<sup>(b)</sup> value versus DMBA treated group (group II)

Significant at *P* value < 0.05, N.S. non significant

**Figure 2: Mean ± S.E. For Rat Serum Total Antioxidants level In the Different Groups**

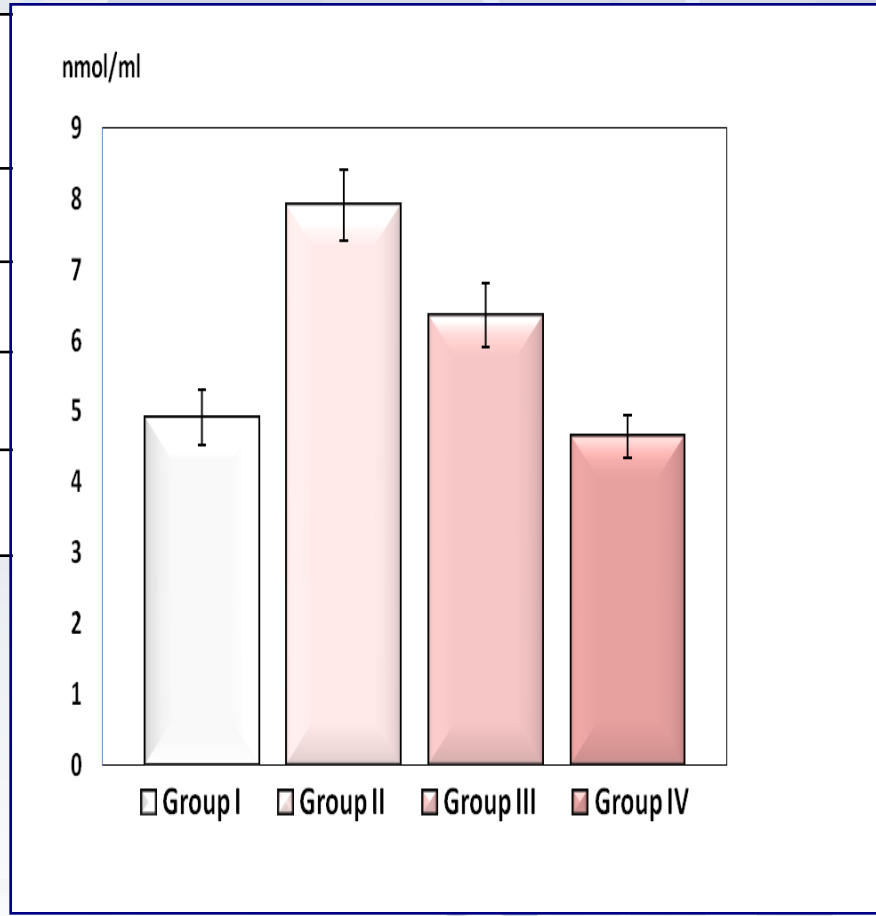


**Table 3: Rat Serum Malondialdehyde Level (n mol/ml) in the different groups**

Group / Parameter	Group I (control) n=15	Group II (DMBA) n=10	Group III (Turmeric+DMBA) n=12	Group IV (Turmeric) n= 13
Range	3.213 - 6.97	5.875 - 9.878	4.317 - 8.93	3.2 - 5.99
Mean± S.D	4.91 ±1.23	7.91±1.84	6.36 ± 1.43	4.6 ± 0.95
Percentage change		61.1%	29.53%	-5.5%
P (a) value		<0.001	0.009	0.5
P (b) value			0.02	<0.001

P(a) value versus control group (group I)  
 P(b) value versus DMBA treated group (group II)  
 Significant at P value < 0.05, N.S. non significant

**Figure 3: Mean ± S.E. For Rat Serum Malondialdehyde level In The Different Groups**

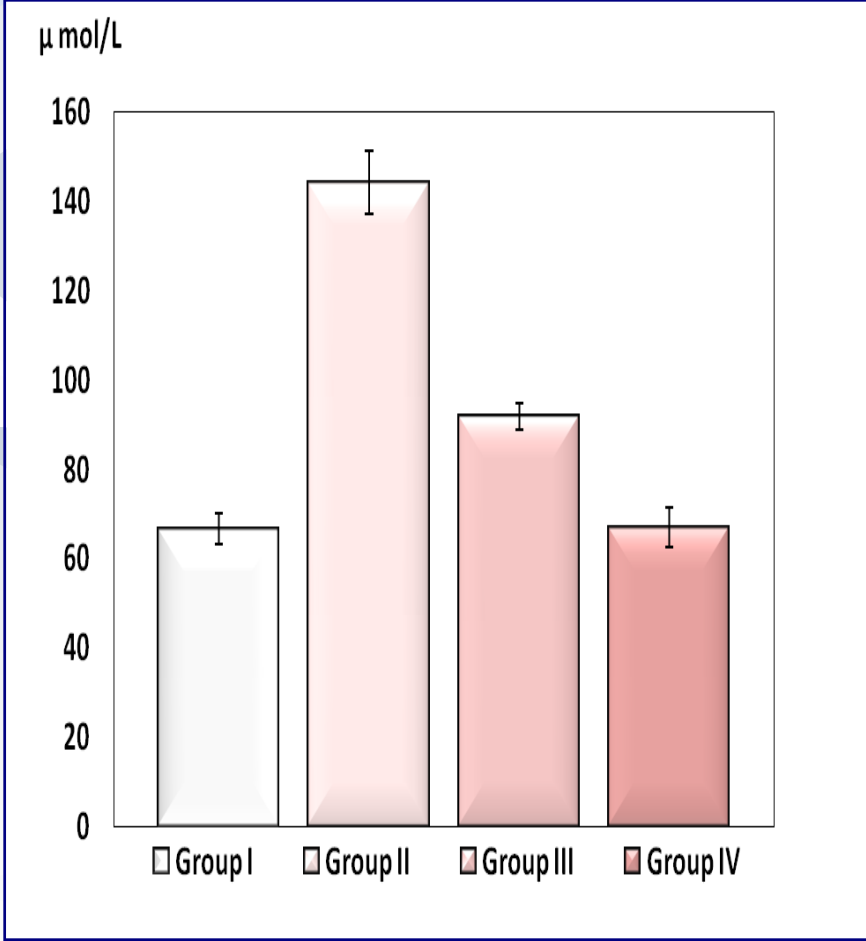




**Table 4: Rat Serum Nitric Oxide ( $\mu\text{mol/L}$ ) Level in the different groups**

Group parameter	Group I (control) n=15	Group II (DMBA) n=10	Group III (Turmeric +DMBA) n=12	Group IV (Turmeric) n= 13
Range	42 -87	120 -188	80 -110	49 – 91
Mean $\pm$ S.D	66.66 $\pm$ 10.78	144.2 $\pm$ 22.18	91.92 $\pm$ 9.30	67 $\pm$ 14.24
Percentage change		116.32%	37.89%	0.51%
<i>P</i> <sup>(a)</sup> value		<0.001	<0.001	0.9
<i>P</i> <sup>(b)</sup> value			<0.001	<0.001

**Figure 4: Mean $\pm$ S.E. For Rat Serum Nitric Oxide level In The Different Groups**



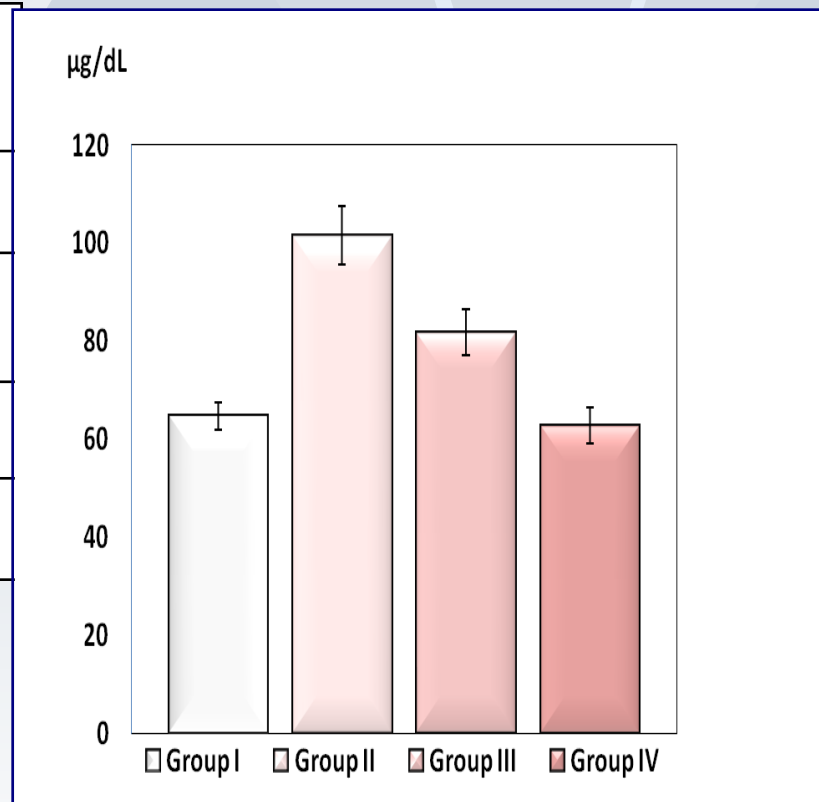
**P(a) value versus control group (group I)**  
**P(b) value versus DMBA treated group (group II)**  
 Significant at P value < 0.05, N.S. non significant

**Table 5:** Rat Serum Total Sialic Acid Level (ng/dL) in the different groups

Group parameter	Group I (control) n=15	Group II (DMBA) n=10	Group III (Turmeric+DMBA) n=12	Group IV (Turmeric) n= 13
Range	54.9 - 78.3	87 - 144	63 - 114	45 - 87
Mean± S.D	64.68± 8.68	101.58±18.59	81.75 ± 14.8	62.77 ± 11.54
Percentage change		57.05%	26.39%	-2.95%
<i>P</i> <sup>(a)</sup> value		<0.001	<0.001	0.62
<i>P</i> <sup>(b)</sup> value			0.01	<0.001

*P*<sup>(a)</sup> value versus control group (group I)  
*P*<sup>(b)</sup> value versus DMBA treated group (group II)  
 Significant at *P* value < 0.05, N.S. non significant

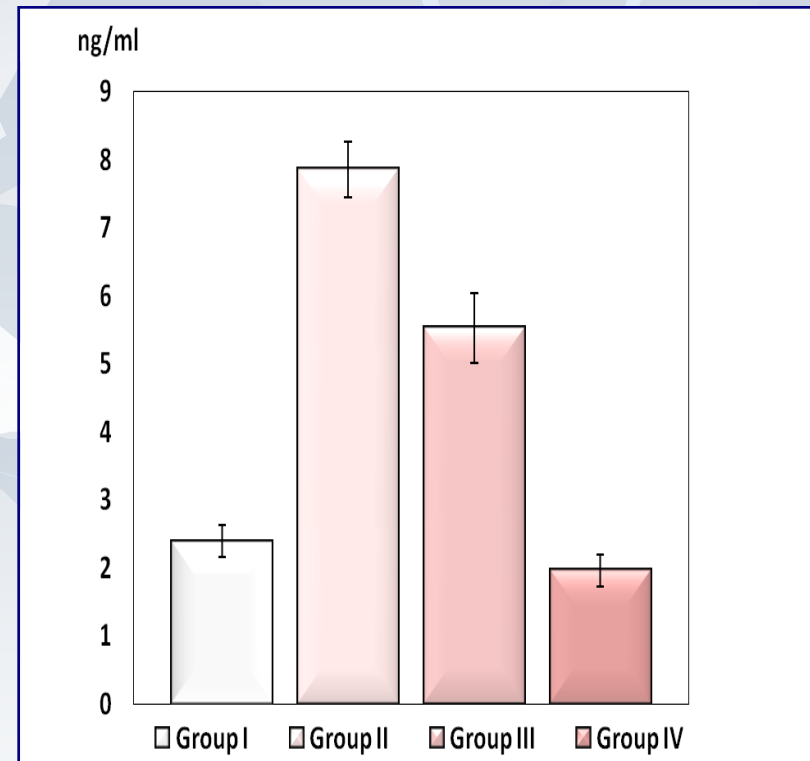
**Figure 5:** Mean ± S.E. For Rat Serum Total Sialic Acid level In The Different Groups



**Table 6:** Rat Serum CEA Level (ng/ml) in the different groups

**Figure 6:** Mean  $\pm$  S.E. For Rat Serum CEA Level In The Different Groups

Group parameter	Group I (control) n=15	Group II (DMBA) n=10	Group III (Turmeric+DMBA) n=12	Group IV (Turmeric) n= 13
Range	1.22- 3.29	6.13- 10.24	3.24 - 9.13	1.12 - 3.28
Mean $\pm$ S.D	2.39 $\pm$ 0.75	7.84 $\pm$ 1.27	5.52 $\pm$ 1.6	1.96 $\pm$ 0.77
Percentage change		228.03%	130.96%	-17.99%
$P^{(a)}$ value		<0.001	<0.001	0.139
$P^{(b)}$ value			0.001	<0.001



$P^{(a)}$  value versus control group (group I)

$P^{(b)}$  value versus DMBA treated group (group II)

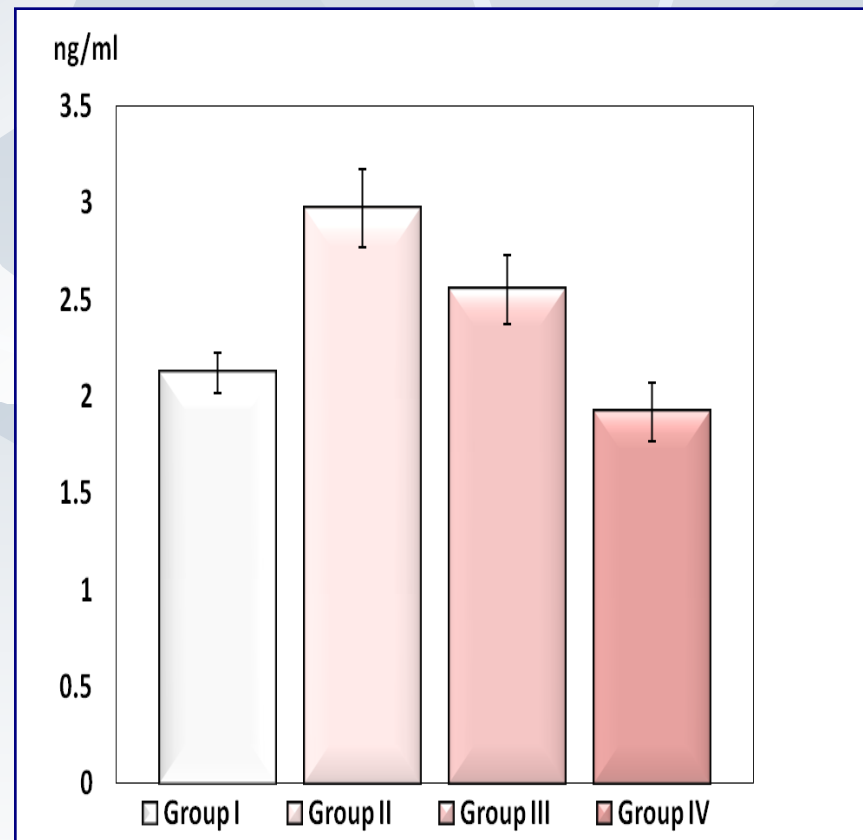
Significant at  $P$  value < 0.05, N.S. non significant

**Table 7:** Rat Serum Prolactin Level (ng/ml) in the different groups

Group parameter	Group I (control) n=15	Group II (DMBA) n=10	Group III (Turmeric+DMBA) n=12	Group IV (Turmeric) n= 13
Range	1.6 - 2.6	2.3 – 4.5	1.6 - 3.6	1.3 – 2.9
Mean± S.D	2.12± 0.5	2.97±0.64	2.55± 0.56	1.92 ± 0.48
Percentage change		40.09%	20.28%	-9.43%
<i>P</i> <sup>(a)</sup> value		0.001	0.02	0.2
<i>P</i> <sup>(b)</sup> value			0.11	<0.001

*P*<sup>(a)</sup> value versus control group (group I)  
*P*<sup>(b)</sup> value versus DMBA treated group (group II)  
 Significant at *P* value < 0.05, N.S. non significant

**Figure 7:** Mean ± S.E. For Rat Serum Prolactin In The Different Groups

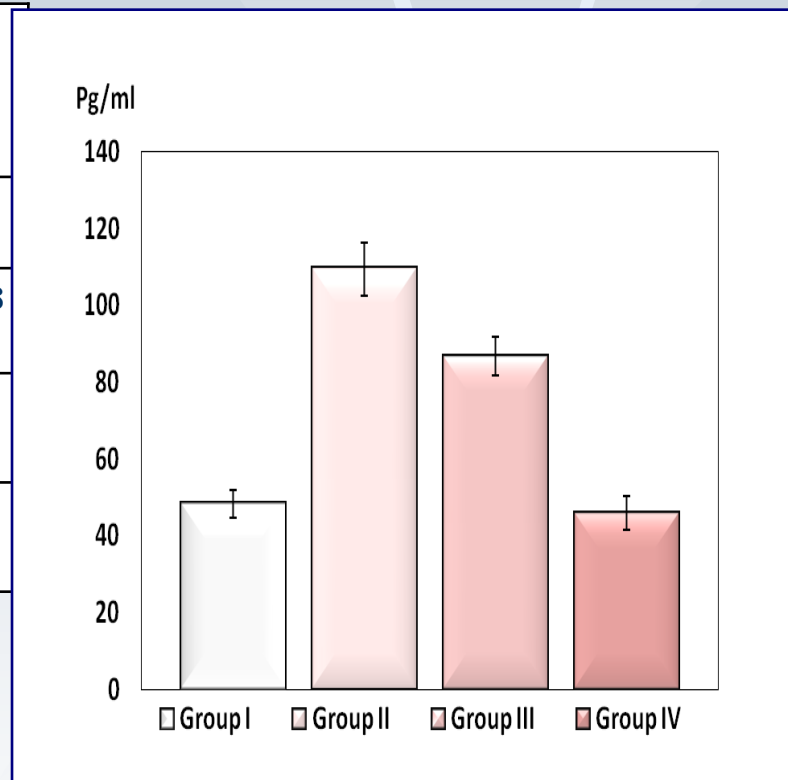


**Table 8:** Rat Serum Estrogen Level (Pg/ml) in the different groups

**Figure 8:** Mean  $\pm$  S.E. For Rat Serum Estrogen level In The Different Groups

Group parameter	Group I (control) n=15	Group II (DMBA) n=10	Group III (Turmeric+DMBA) n=12	Group IV (Turmeric) n= 13
Range	33 - 67	69 - 145	57- 109	24 - 68
Mean $\pm$ S.D	48.3 $\pm$ 15.81	109.4 $\pm$ 22.07	86.75 $\pm$ 15.54	45.92 $\pm$ 13.48
Percentage change		126.5%	79.6%	-4.92%
<i>P</i> <sup>(a)</sup> value		<0.001	<0.001	0. 61
<i>P</i> <sup>(b)</sup> value			0. 01	<0.001

*P*<sup>(a)</sup> value versus control group (group I)  
*P*<sup>(b)</sup> value versus DMBA treated group (group II)  
 Significant at *P* value < 0.05, N.S. non significant

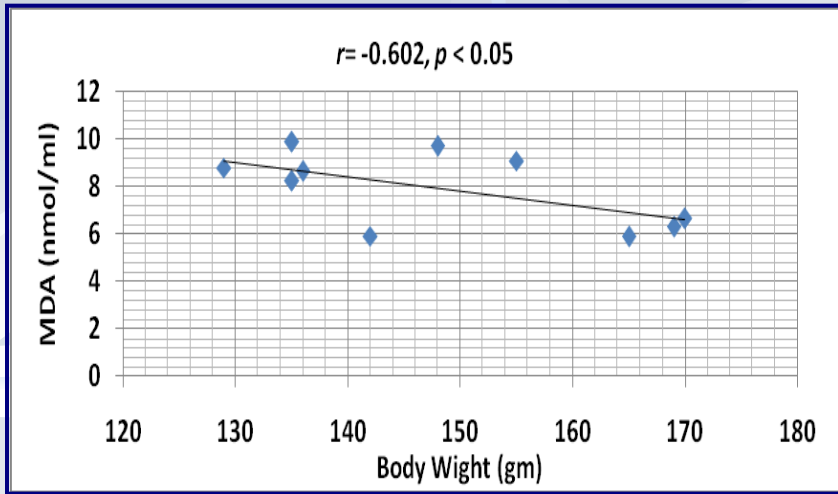


# Correlation between all parameters in DMBA group

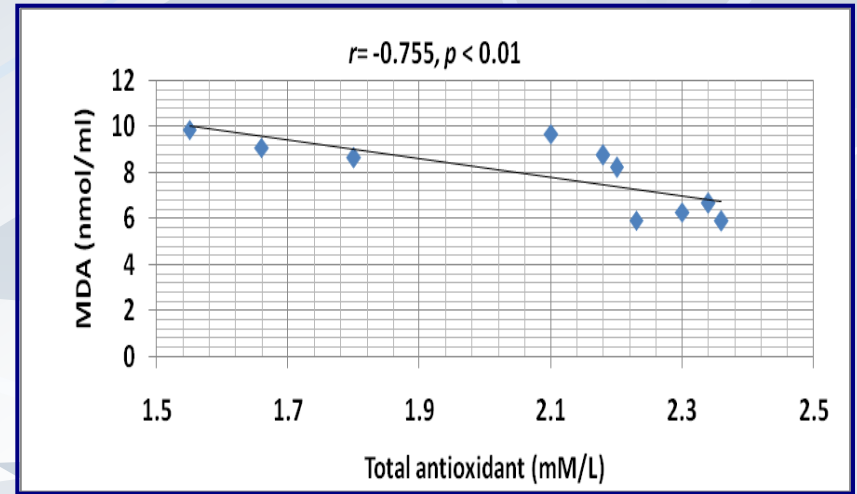
	Body Wight	Total antioxidant	MDA	NO	TSA	CEA	Prolactin
Body Wight							
Total antioxidant	<i>r</i> = 0.444 <i>p</i> = N.S						
MDA	<i>r</i> = -0.602 <i>p</i> < 0.05	<i>r</i> = -0.755 <i>p</i> < 0.01					
NO	<i>r</i> = -0.386 <i>p</i> = N.S	<i>r</i> = -0.654 <i>p</i> < 0.02	<i>r</i> = 0.887 <i>p</i> < 0.001				
TSA	<i>r</i> = -0.515 <i>p</i> = N.S	<i>r</i> = -0.279 <i>p</i> = N.S	<i>r</i> = 0.685 <i>p</i> < 0.02	<i>r</i> = 0.849 <i>p</i> < 0.001			
CEA	<i>r</i> = -0.041 <i>p</i> = N.S	<i>r</i> = -0.805 <i>p</i> < 0.01	<i>r</i> = 0.698 <i>p</i> < 0.02	<i>r</i> = 0.630 <i>p</i> < 0.05	<i>r</i> = 0.245 <i>p</i> = N.S		
Prolactin	<i>r</i> = -0.300 <i>p</i> = N.S	<i>r</i> = -0.717 <i>p</i> < 0.02	<i>r</i> = 0.584 <i>p</i> < 0.05	<i>r</i> = 0.551 <i>p</i> = N.S	<i>r</i> = 0.126 <i>p</i> = N.S	<i>r</i> = 0.922 <i>p</i> < 0.001	
Estrogen	<i>r</i> = -0.226 <i>p</i> = N.S	<i>r</i> = -0.752 <i>p</i> < 0.01	<i>r</i> = 0.868 <i>p</i> < 0.001	<i>r</i> = 0.775 <i>p</i> < 0.01	<i>r</i> = 0.457 <i>p</i> = N.S	<i>r</i> = 0.914 <i>p</i> < 0.001	<i>r</i> = 0.857 <i>p</i> < 0.001

**r = Correlation coefficient, r (+) = Positive correlation, r (-) = negative correlation, N.S. = Non significant, Significant at p value <0.05.**

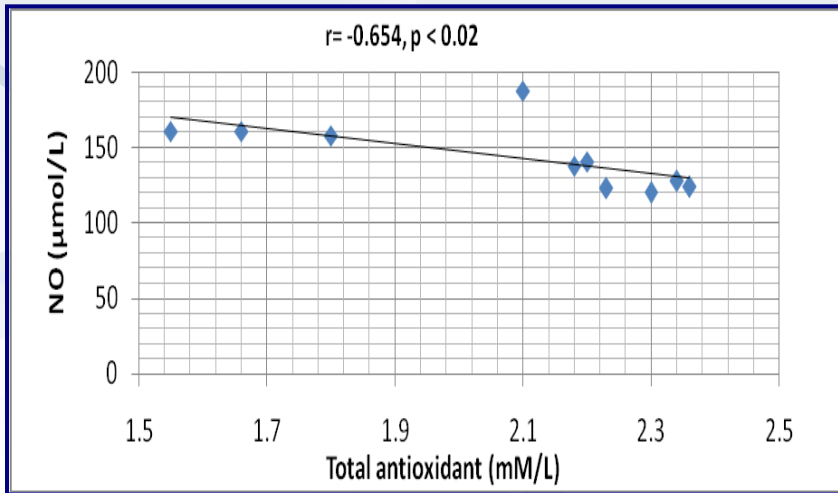
(1)



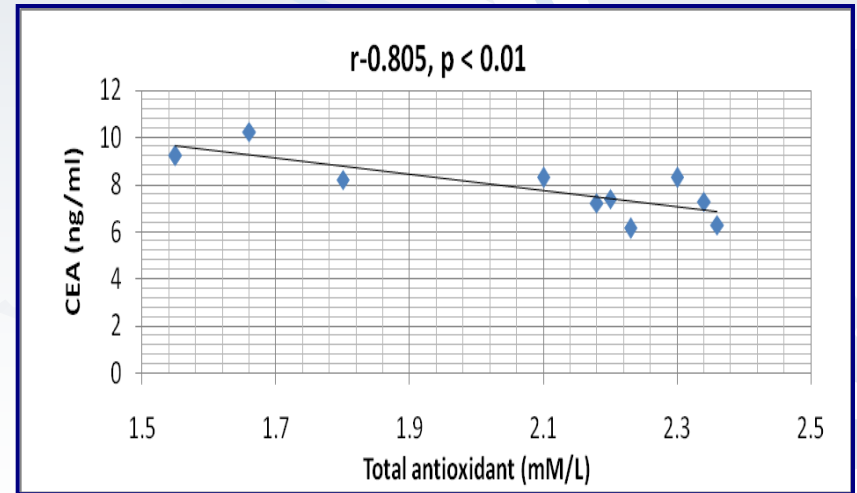
(2)



(3)

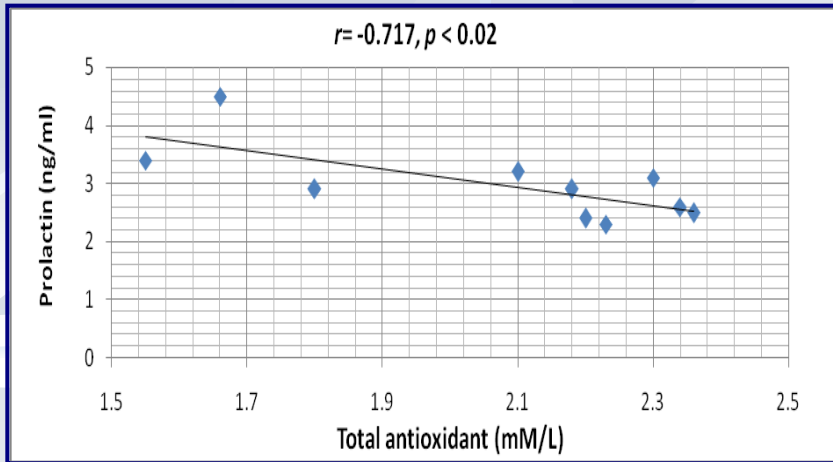


(4)

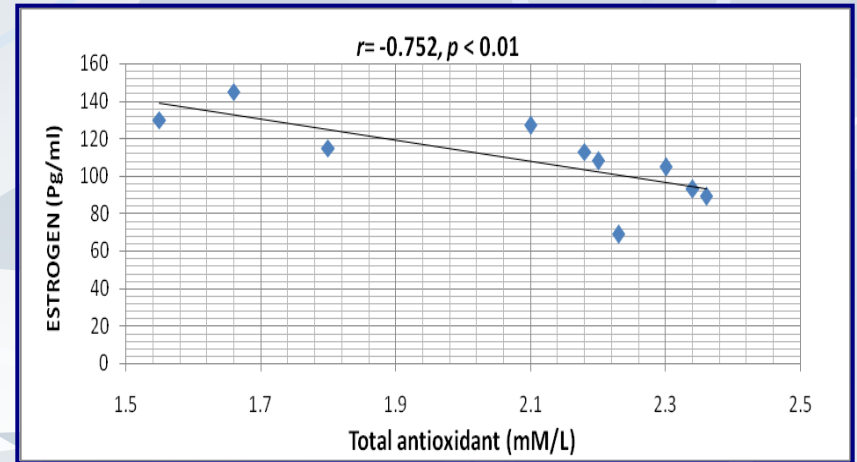




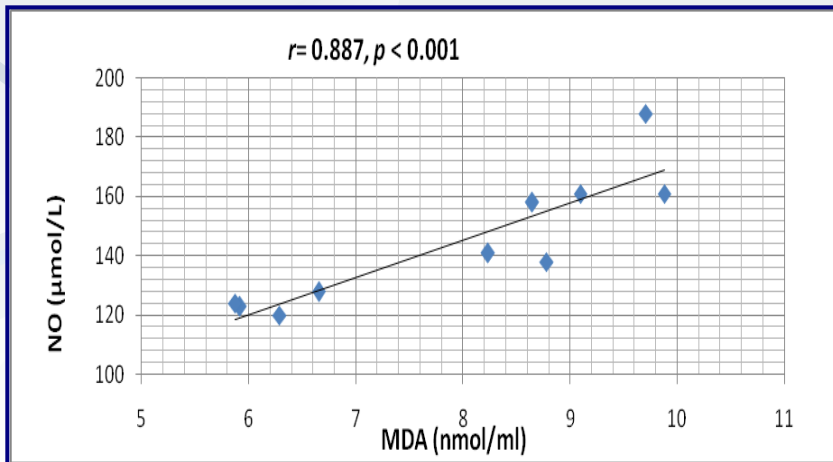
(5)



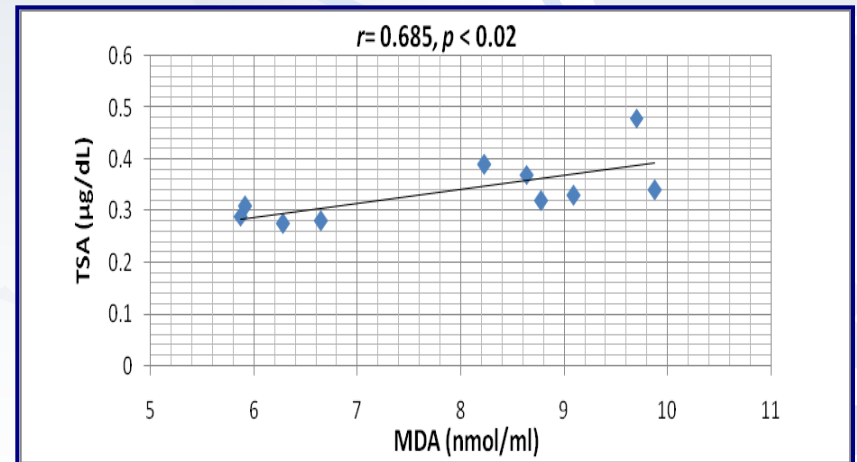
(6)



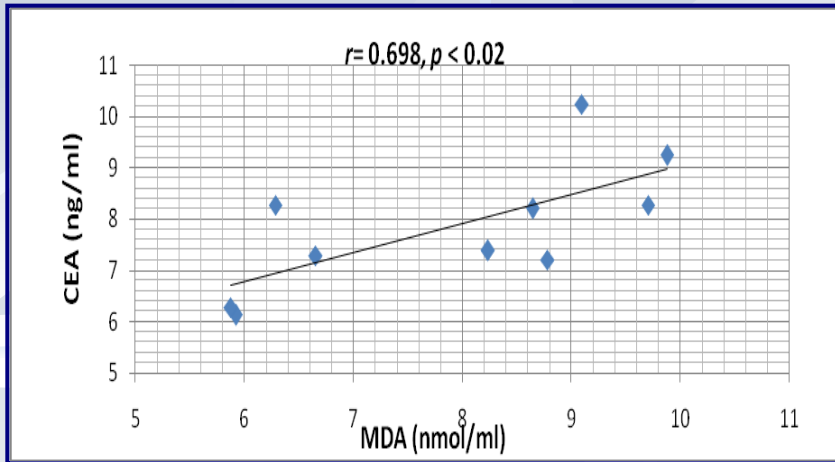
(7)



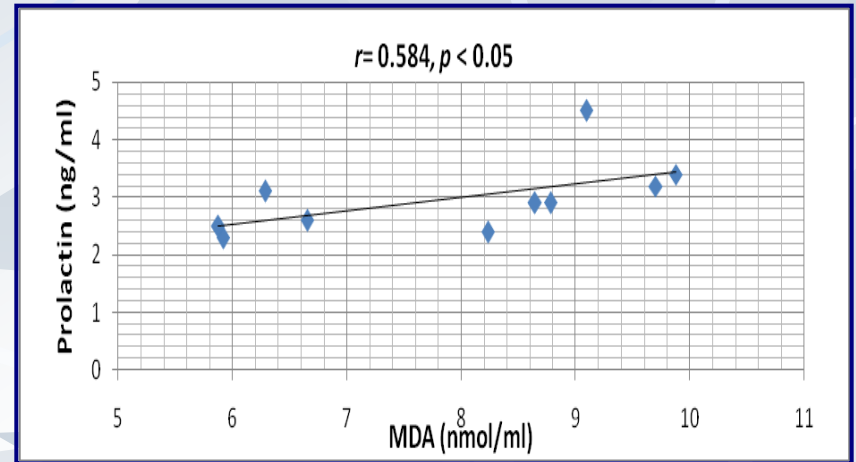
(8)



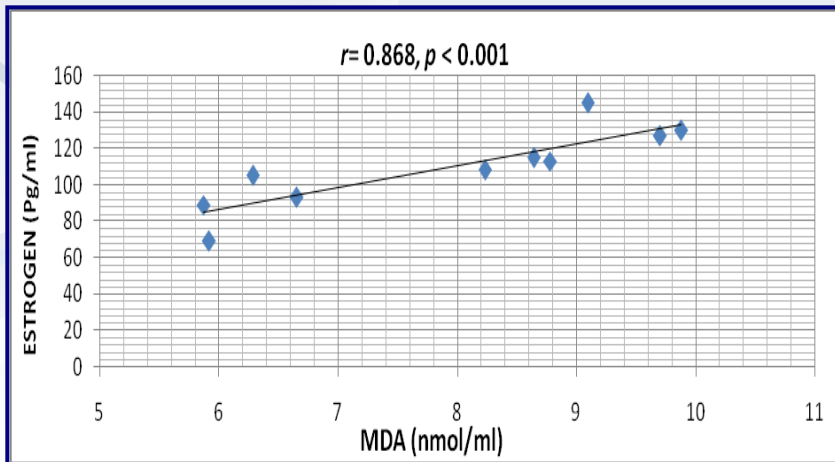
(9)



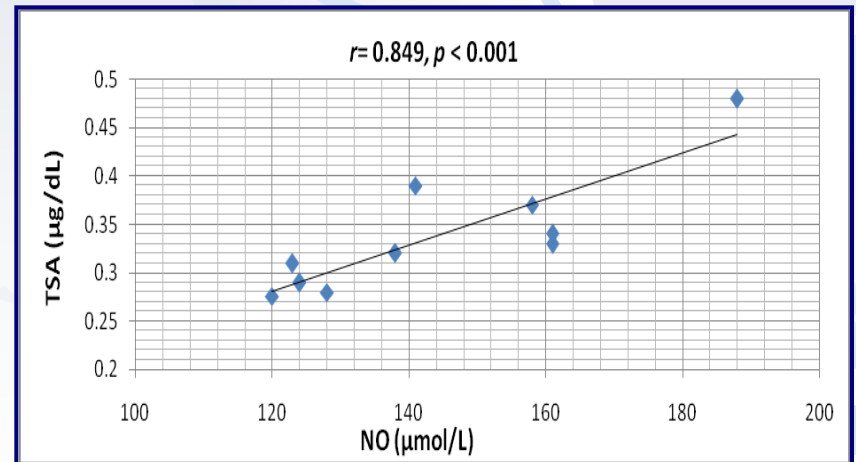
(10)



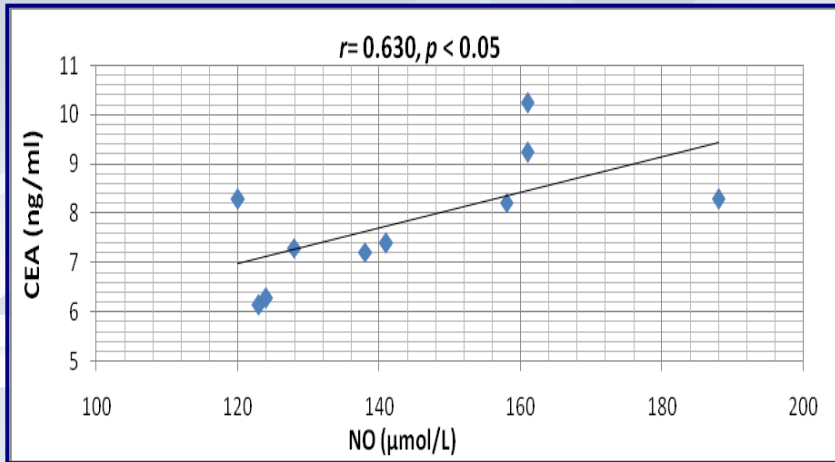
(11)



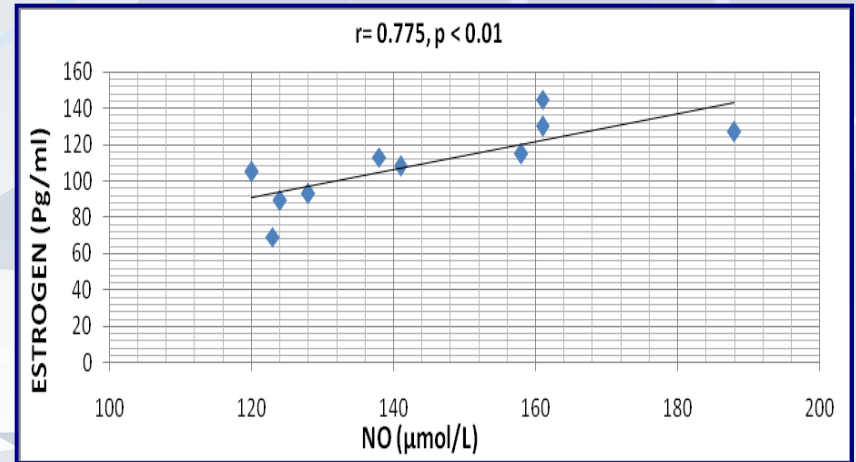
(12)



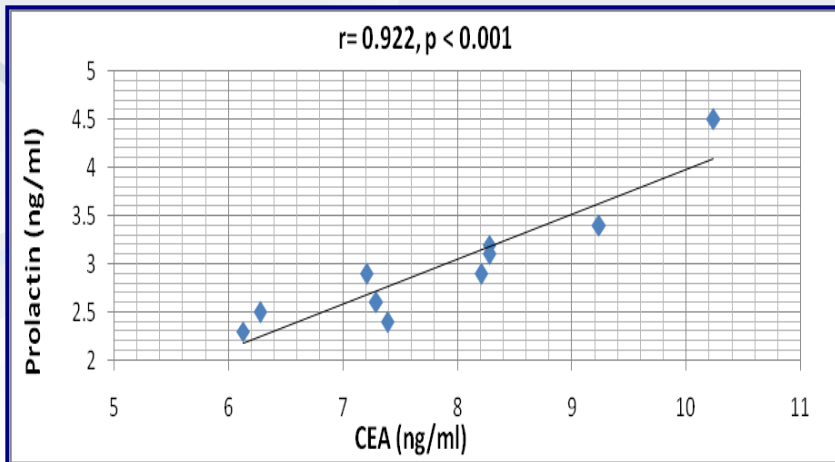
(13)



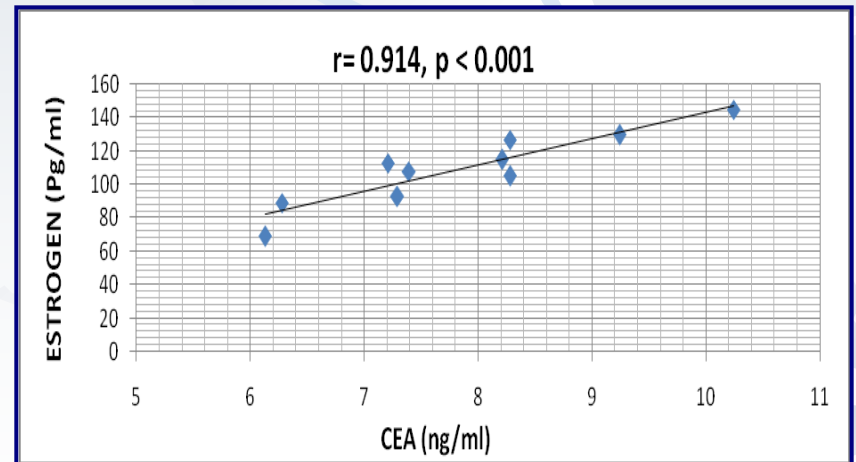
(14)



(15)



(16)

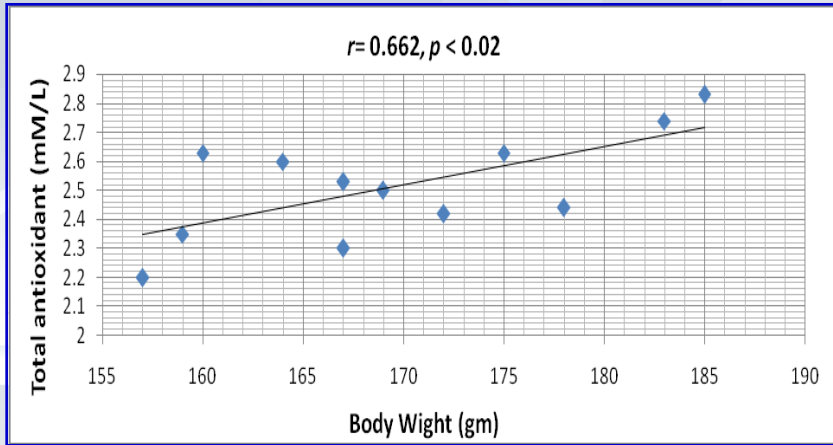


## Correlation between all parameters in TU+DMBA(group III)

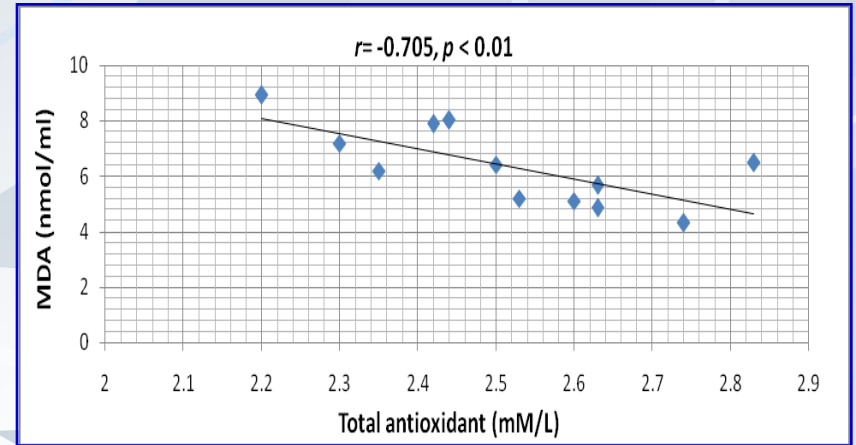
	Body Wight	Total antioxidant	MDA	NO	TSA	CEA	Prolactin
Body Wight							
Total antioxidant	<i>r</i> = 0.662 <i>p</i> < 0.02						
MDA	<i>r</i> = -0.222 <i>p</i> = N.S	<i>r</i> = -0.705 <i>p</i> < 0.01					
NO	<i>r</i> = -0.265 <i>p</i> = N.S	<i>r</i> = -0.538 <i>p</i> < 0.05	<i>r</i> = 0.638 <i>p</i> < 0.02				
TSA	<i>r</i> = -0.335 <i>p</i> = N.S	<i>r</i> = -0.574 <i>p</i> < 0.01	<i>r</i> = 0.7403 <i>p</i> < 0.01	<i>r</i> = 0.900 <i>p</i> < 0.001			
CEA	<i>r</i> = -0.227 <i>p</i> = N.S	<i>r</i> = -0.454 <i>p</i> = N.S	<i>r</i> = 0.652 <i>p</i> < 0.02	<i>r</i> = 0.464 <i>p</i> = N.S	<i>r</i> = 0.630 <i>p</i> < 0.02		
Prolactin	<i>r</i> = -0.267 <i>p</i> = N.S	<i>r</i> = -0.336 <i>p</i> = N.S	<i>r</i> = 0.492 <i>p</i> = N.S	<i>r</i> = 0.499 <i>p</i> = N.S	<i>r</i> =0. 505 <i>p</i> = N.S	<i>r</i> = 0.336 <i>p</i> = N.S	
ESTROGEN	<i>r</i> = -0.392 <i>p</i> = N.S	<i>r</i> = -0.366 <i>p</i> = N.S	<i>r</i> = 0.626 <i>p</i> < 0.02	<i>r</i> = 0.635 <i>p</i> < 0.02	<i>r</i> = 0.677 <i>p</i> < 0.01	<i>r</i> = 0.316 <i>p</i> = N.S	<i>r</i> = 0.810 <i>p</i> < 0.001

*r*= Correlation coefficient, *r* (+) = Positive correlation, *r* (-) = negative correlation, N.S. = Non significant, Significant at *p* value <0.05.

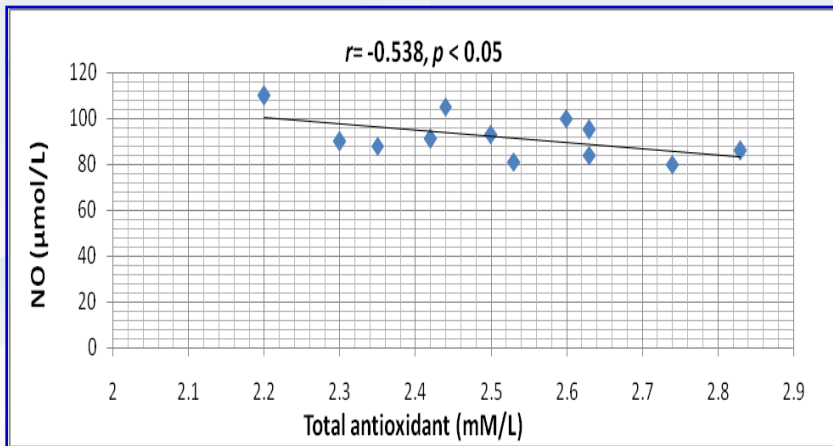
(17)



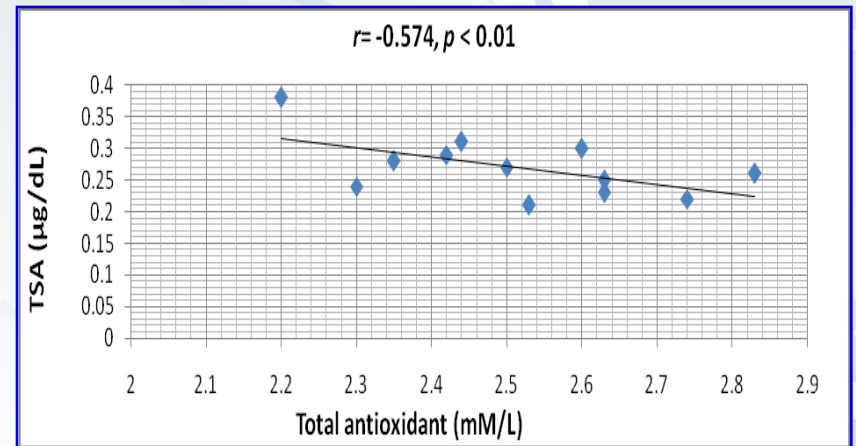
(18)



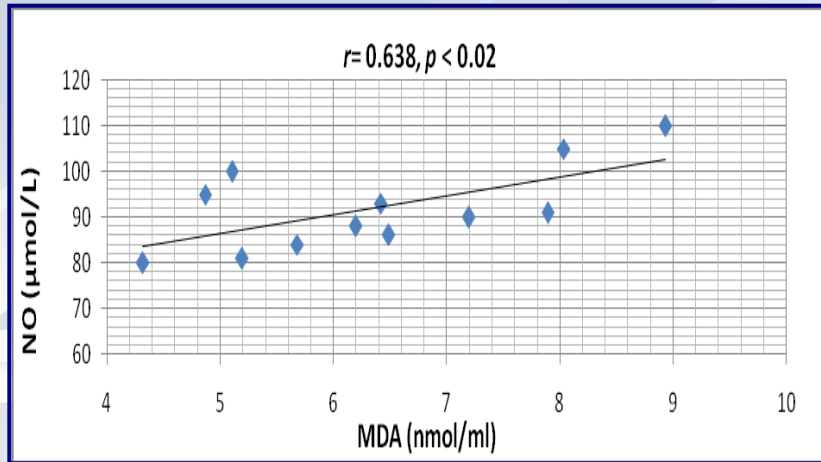
(19)



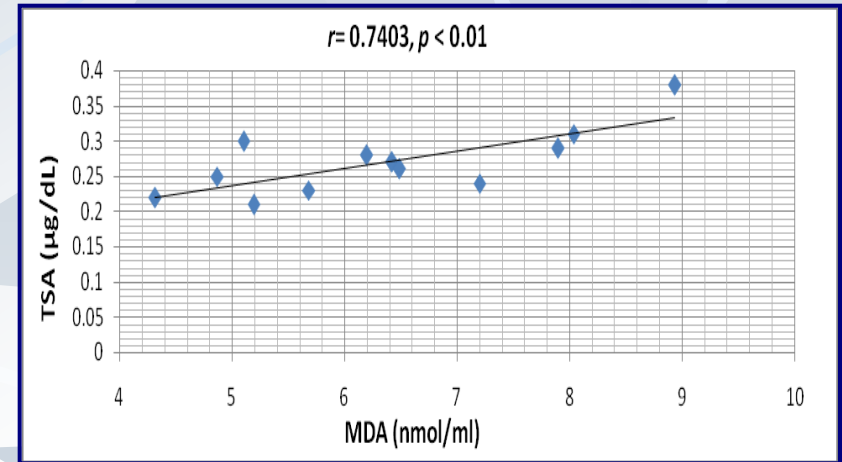
(20)



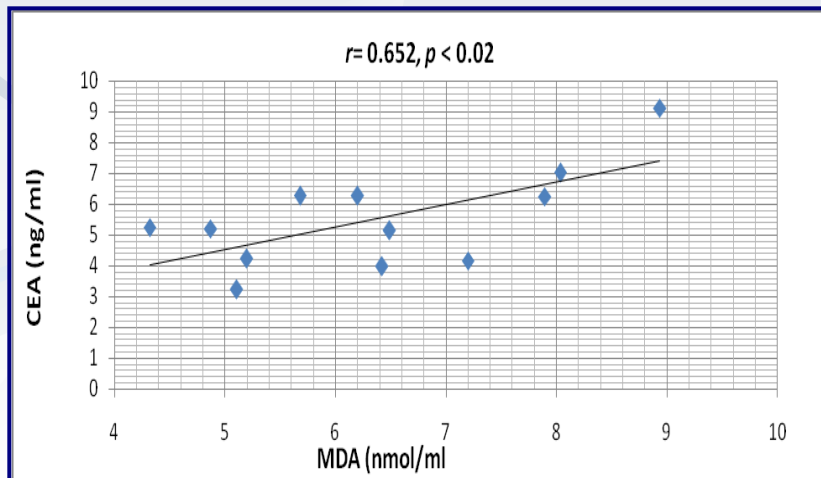
(21)



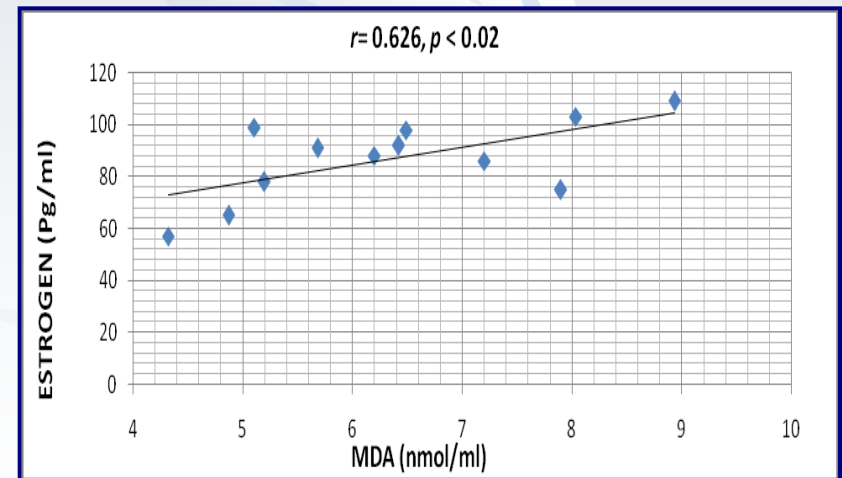
(22)



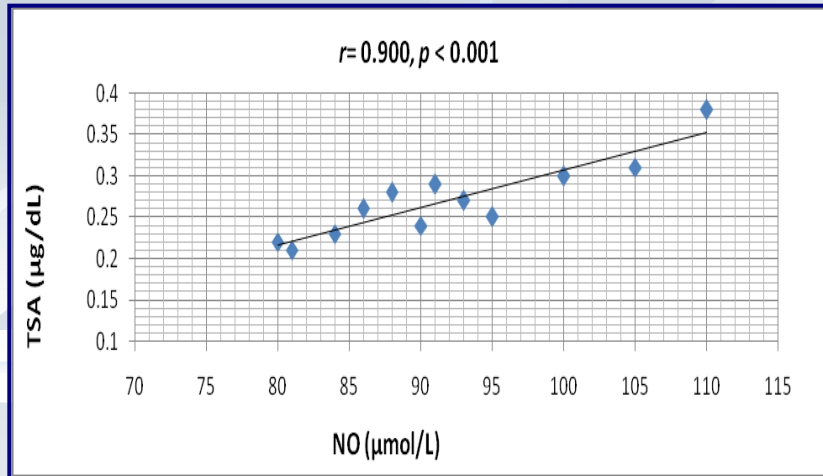
(23)



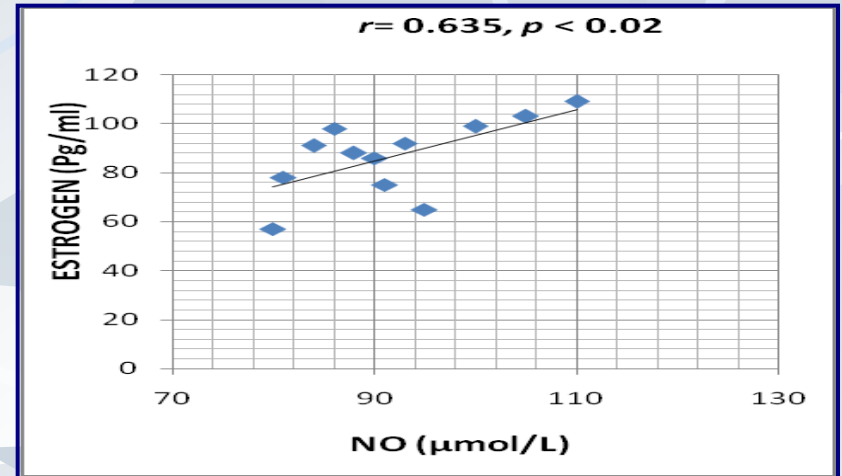
(24)



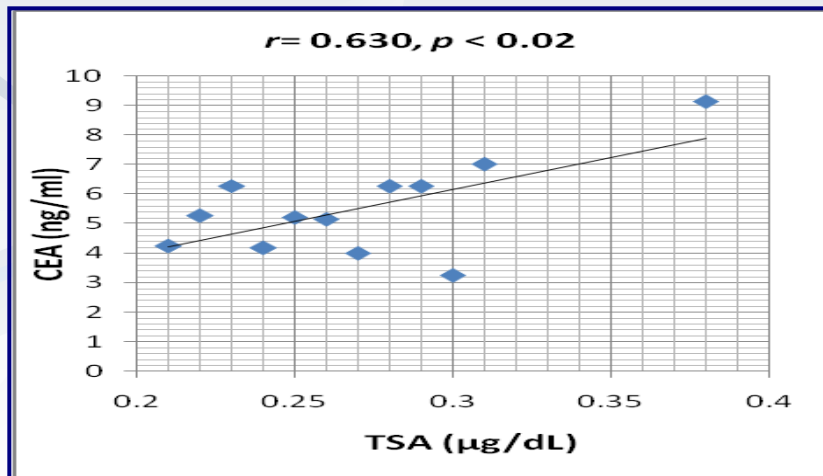
(25)



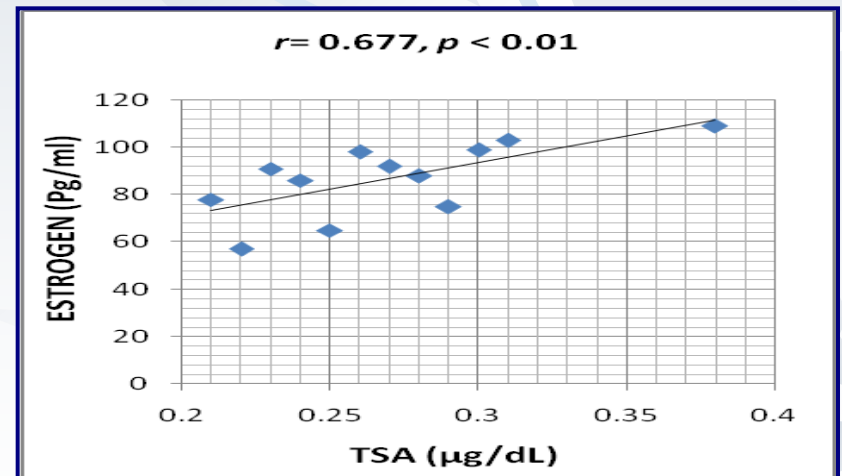
(26)



(27)

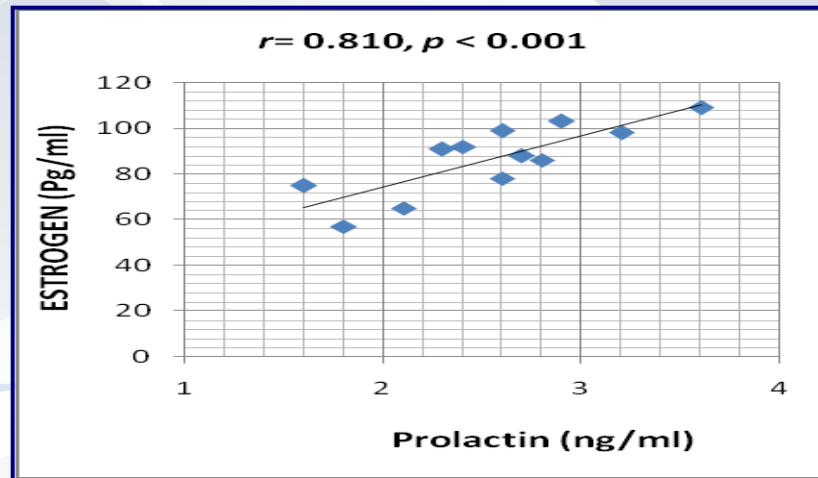


(28)





(29)

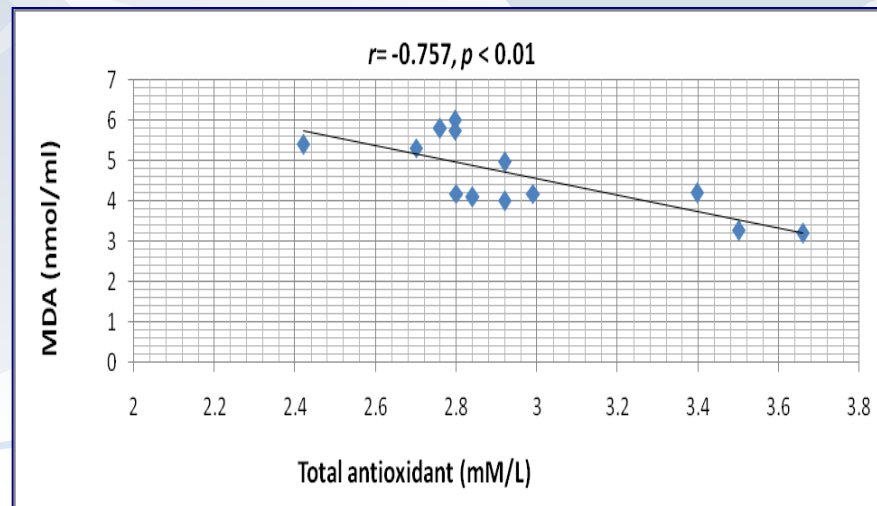


## Correlation between all parameters in Turmeric (group IV)

	Body Wight	Total antioxidant	MDA	NO	TSA	CEA	Prolactin
Body Wight							
Total antioxidant	<i>r</i> = 0.115 <i>p</i> = N.S						
MDA	<i>r</i> = 0.334 <i>p</i> = N.S	<i>r</i> = -0.757 <i>p</i> < 0.01					
NO	<i>r</i> = -0.071 <i>p</i> = N.S	<i>r</i> = -0.489 <i>p</i> = N.S	<i>r</i> = -0.326 <i>p</i> = N.S				
TSA	<i>r</i> =-0.193 <i>p</i> = N.S	<i>r</i> = 0.243 <i>p</i> = N.S	<i>r</i> = 0.142 <i>p</i> = N.S	<i>r</i> = -0.239 <i>p</i> = N.S			
CEA	<i>r</i> = 0.395 <i>p</i> = N.S	<i>r</i> = 0.184 <i>p</i> = N.S	<i>r</i> = -0.023 <i>p</i> = N.S	<i>r</i> = -0.006 <i>p</i> = N.S	<i>r</i> = 0.043 <i>p</i> = N.S		
Prolactin	<i>r</i> = 0.161 <i>p</i> = N.S	<i>r</i> = -0.006 <i>p</i> = N.S	<i>r</i> = 0.200 <i>p</i> = N.S	<i>r</i> = -0.022 <i>p</i> = N.S	<i>r</i> = 0.007 <i>p</i> = N.S	<i>r</i> = 0.142 <i>p</i> = N.S	
ESTROGEN	<i>r</i> = -0.336 <i>p</i> = N.S	<i>r</i> = -0.494 <i>p</i> = N.S	<i>r</i> = -0.228 <i>p</i> = N.S	<i>r</i> = 0.236 <i>p</i> = N.S	<i>r</i> = -0.011 <i>p</i> = N.S	<i>r</i> = 0.142 <i>p</i> = N.S	<i>r</i> = 0.210 <i>p</i> = N.S

*r*= Correlation coefficient, *r* (+) = Positive correlation, *r* (-) = negative correlation, N.S. = Non significant, Significant at *p* value <0.05.

(30)





*Histopathological examinations  
of the mammary glands*

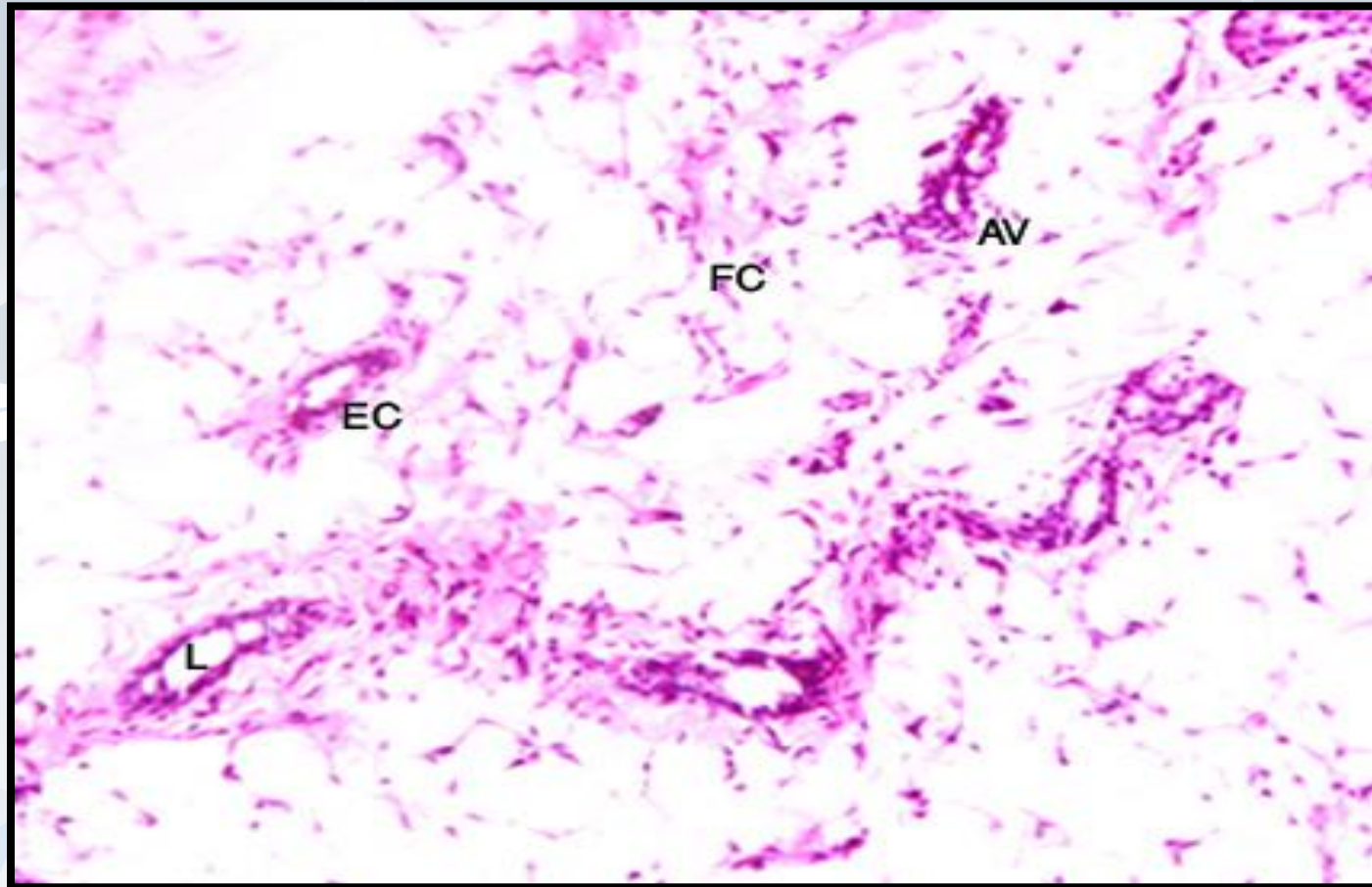


Fig.1 : Light micrograph showing mammary gland epithelia of **control** rat that consisting of two layers of epithelial cells (EC) surrounding the lumen (L) of the alveoli (AV) embedding in adipose tissue (fat cell FC). Haematoxylin and eosin (H&E X 100).

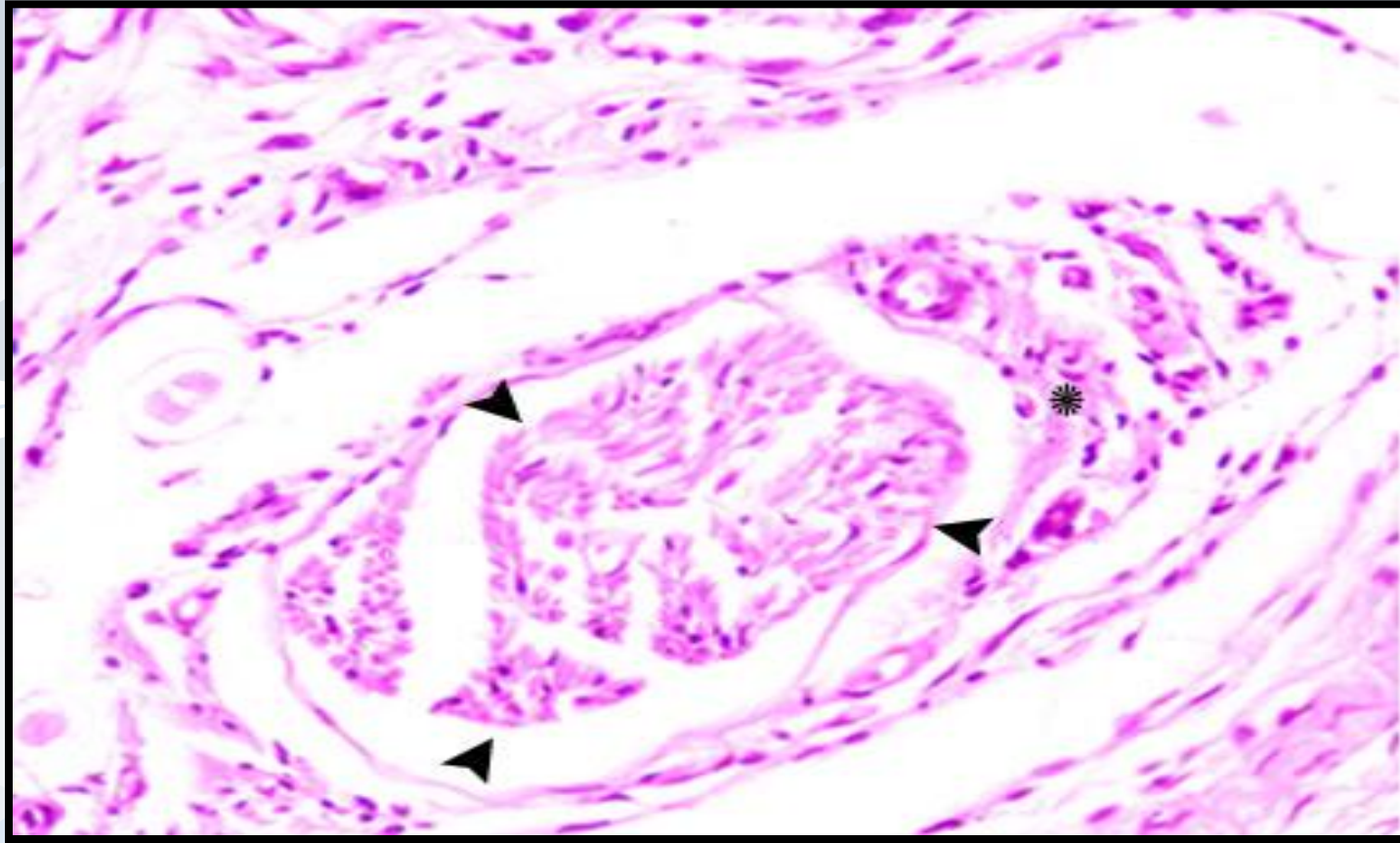


Fig.2 : Light micrograph of a section of the mammary gland epithelia of rats injected with **DMBA** showing breast carcinoma. Note the highly cellular epithelial tissue between the arrows and the invasion of this carcinoma to the adjacent stroma (asterisk) (H&E X 250).



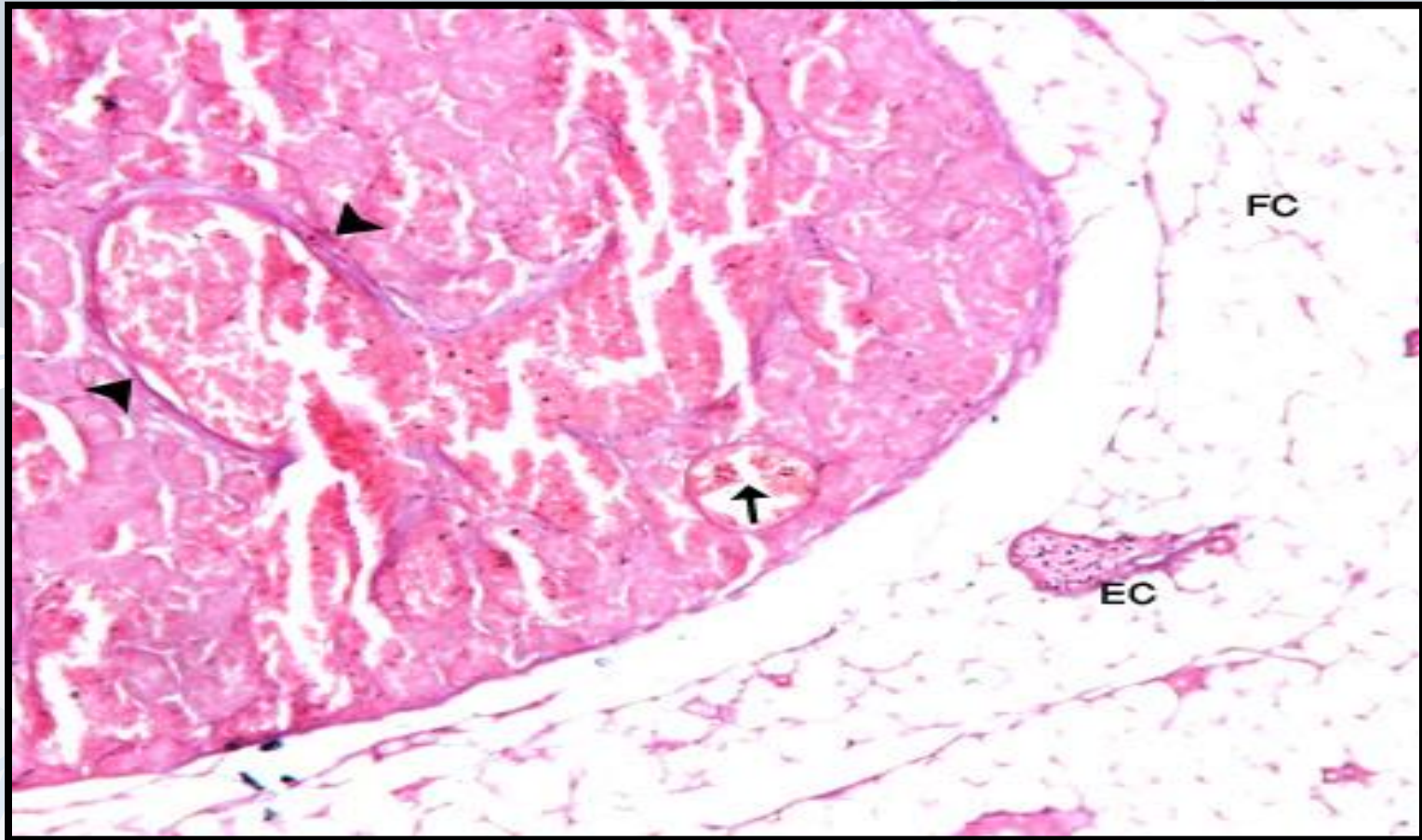
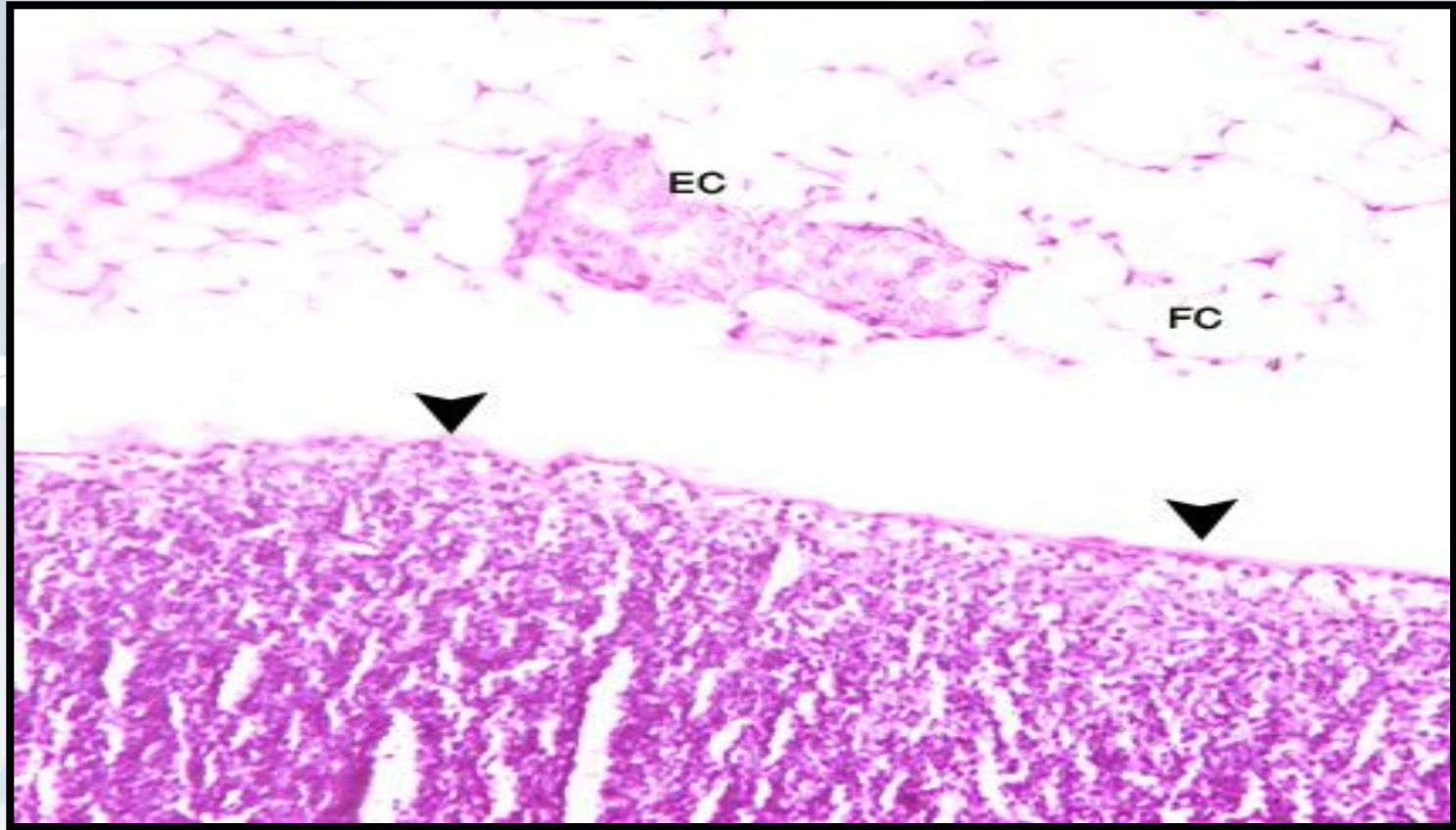
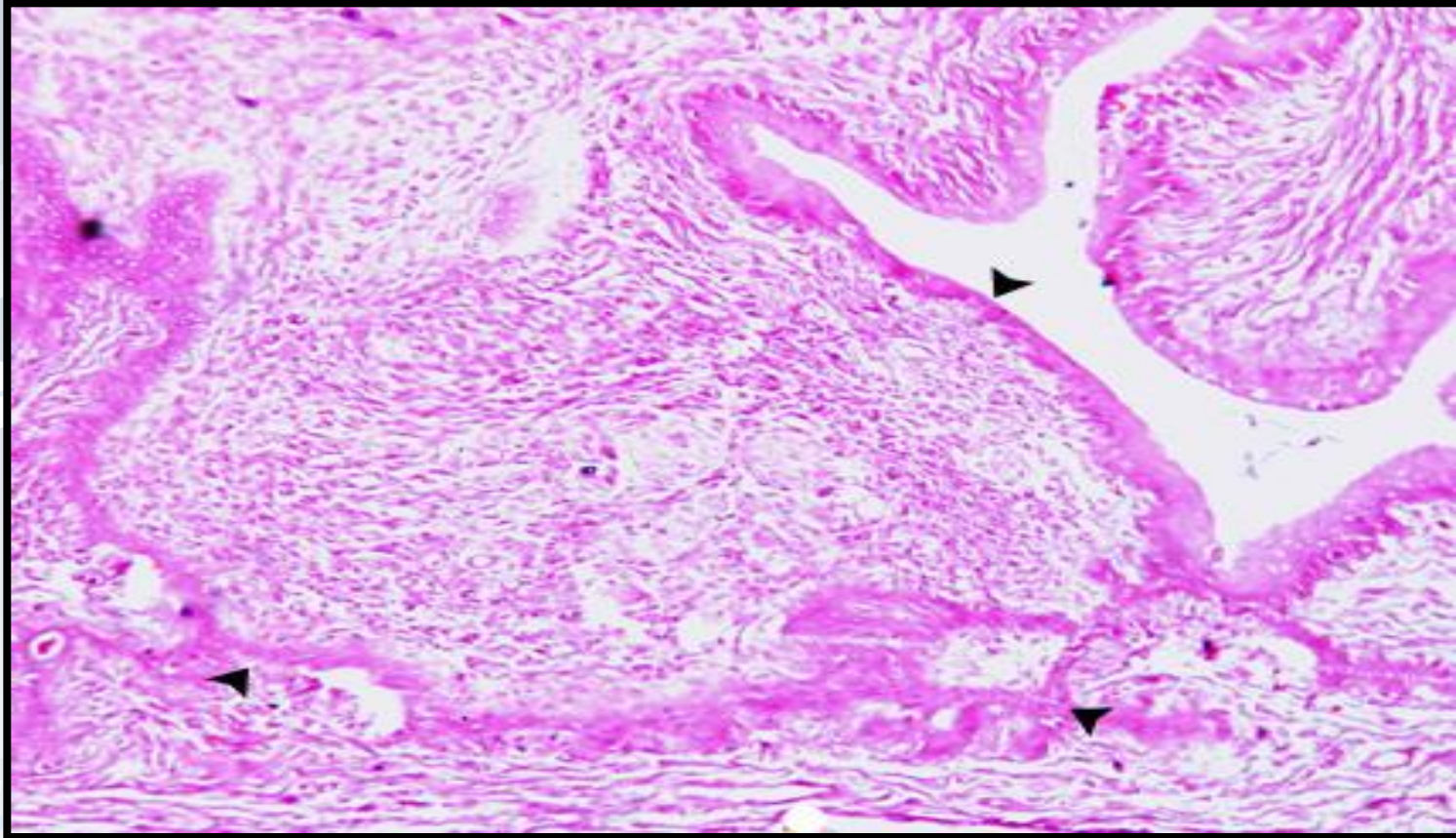


Fig.3: Light micrograph of mammary gland epithelia of rats injected with **DMBA** showing breast carcinoma with highly cellular growth (arrow) and detachment cancerous cells inside the lumen of the alveoli. (H&E X 100).



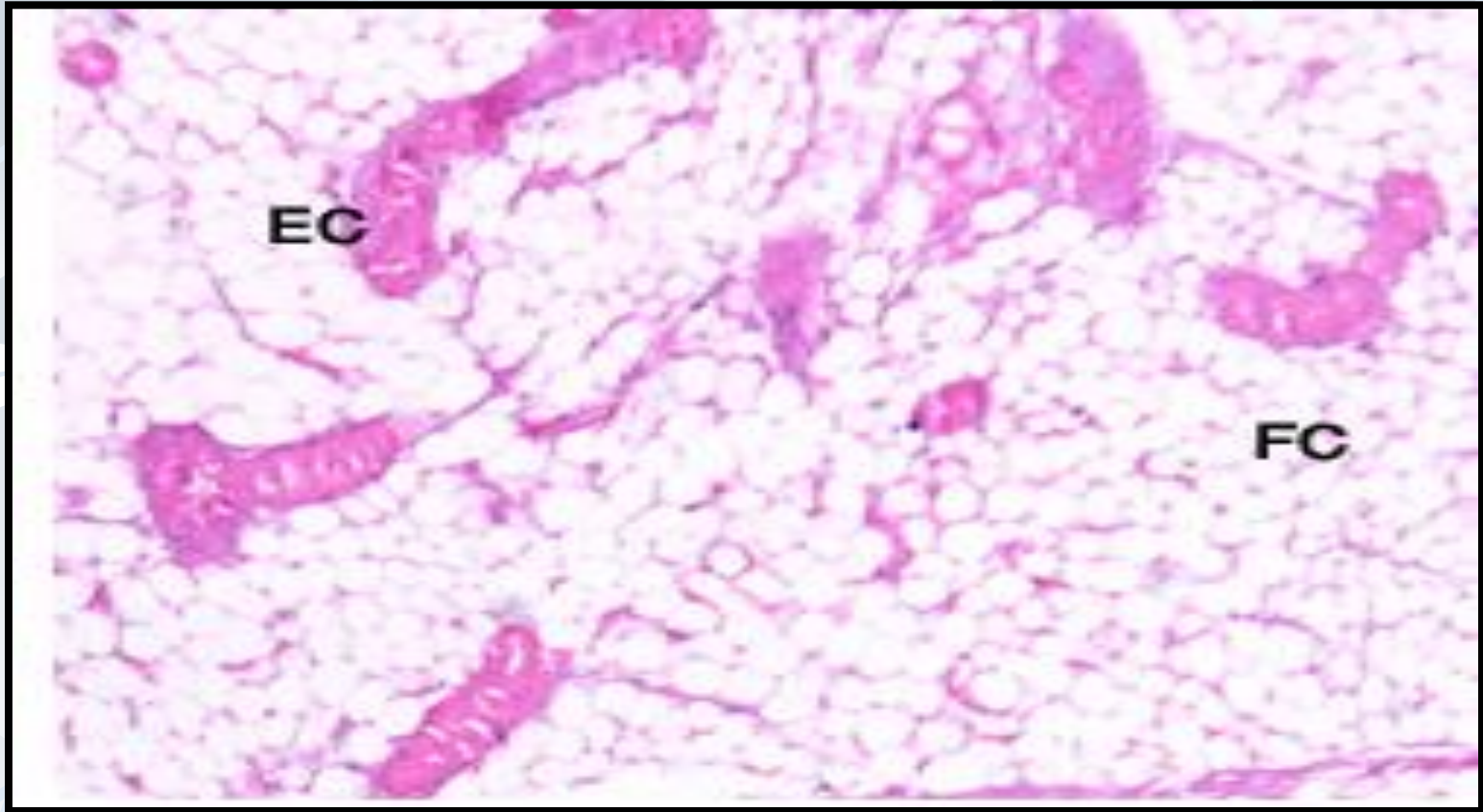


**Fig.4:** Light micrograph of a section of the mammary gland epithelia of injected **DMBA** rat and treated with **turmeric** illustrating hyperplasia of epithelial cells (EC) surrounding lumen of the alveoli and activated lymph node (arrowheads. (H&E X 100).

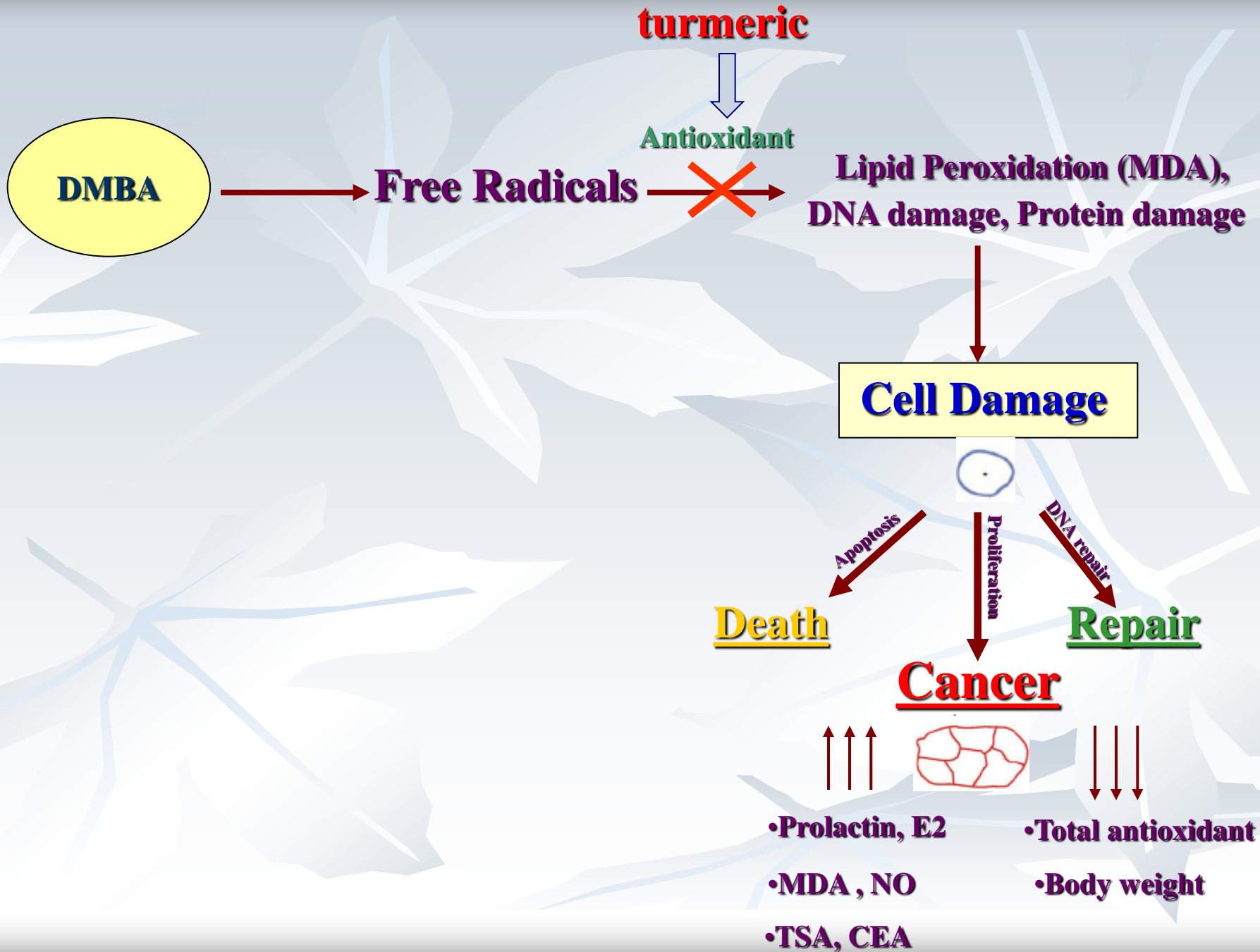


**Fig.5:** Light micrograph of a section of the mammary gland epithelia of injected **DMBA** rat and treated with **turmeric** showing the formed cysts (arrowhead) filled with fibrous cells and necrotic material (asterisk). (H&E X 100)





**Fig.6:** Light micrograph of a section in the mammary gland epithelia of the rat treated with **only turmeric** showing two layers of epithelial cells (EC) surrounding a clear dilated lumen (L) of the alveoli (AV) which is



# *Conclusion*

- **The daily intake of turmeric prevent or delay the development of breast cancer.**
- **It is essential for women to obtain a good antioxidant status by consuming a diet rich in turmeric and adopt healthy behavior to reduce oxidative stress in order to prevent breast cancer.**



**Thanks**

**Soha M Hamdy**