Ayurvedic aspect of rabies & its management

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**Abstract**

Rabies also known as Hydrophobia is an acute, highly fatal ‘Viral Disease’ of Central Nervous System caused by Rabid Animal Bite that is transmitted by infected secretions. Most commonly, transmission to humans takes place through exposure to saliva during a bite by an infected animal. The rabies-related viruses from family Rhabdoviridae, with at least seven distinct types within the genus Lyssavirus are responsible for Rabies. India is reported to have the highest incidence of rabies globally. The annual incidence of animal bite was 1.7%; it was more in children (2.5%) and 68% of them were males. Each year, an estimated 12 million people throughout Asia receive treatment after being exposed to animals that are suspected of rabies. Asia’s annual expenditure due to rabies has been estimated to be more than US$ 563 million.

Ayurveda is ancient science and Rabies is mentioned under the heading of AlarkVisha. The list of infected animal by rabies, clinical feature of infected animal including human is quite similar but pathophysiology, method of prevention & cure is different. At present by using the concept of Ayurveda, it can be easily prevent by means of first aid just after bite. It can be also treated by giving anti rabies herbal drug (Agadpan) and purification (TikshnaSanshodhan).