



COMPARISON BETWEEN HS-C REACTIVE PROTEIN AND MICROALBUMINURIA LEVELS FOR THE PROGNOSIS OF RENOVASCULAR HYPERTENSION

*Paloma Manea, MD, PhD, FACC, Lecturer, "Grigore T. Popa" University of Medicine and Pharmacy, Iasi, Romania
"Promedicanon" Private Office, Iasi*

HISTORY OF RAA SYSTEM

1. 1898: **Tigerstedt** **RENIN** discovery

kidney extract → rabbits → hypertension



HISTORY OF RAA SYSTEM

2. 1934 Goldblatt experimental renovascular hypertension

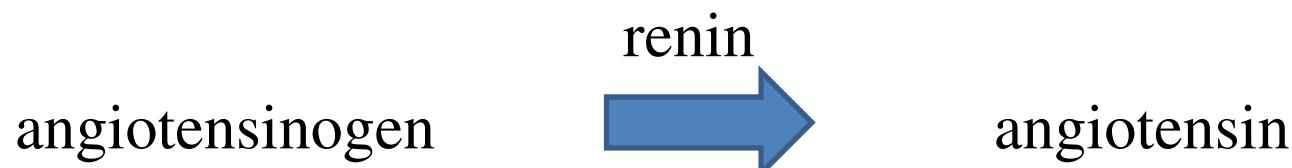
clampation of renal arteries
(dogs) → hypertension



HISTORY OF RAA SYSTEM

3. 1939 Braun- Menendez

ANGIOTENSIN



HISTORY OF RAA SYSTEM

4. 1993

Skeggs

ANGIOTENSIN I , II

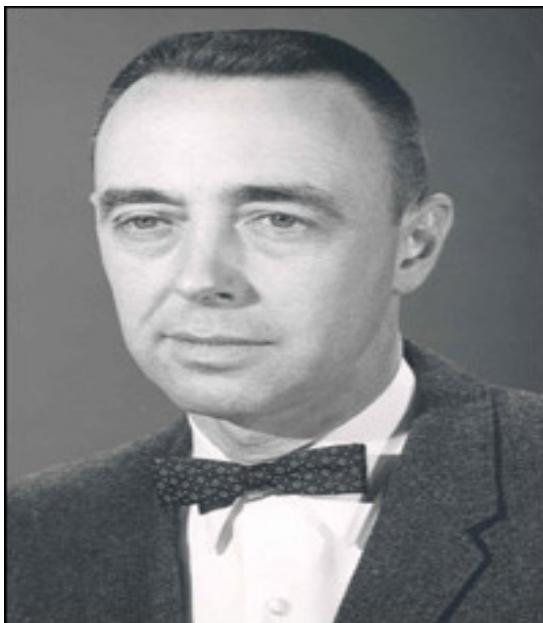


angiotensin I

angiotensin II



hypertension



INTRODUCTION

1.Renovascular hypertension



diagnosis trap

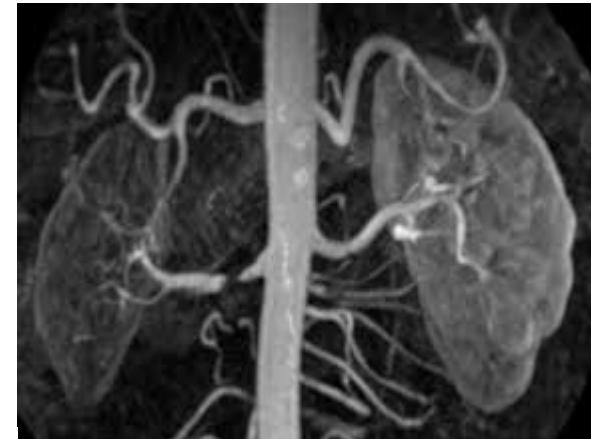
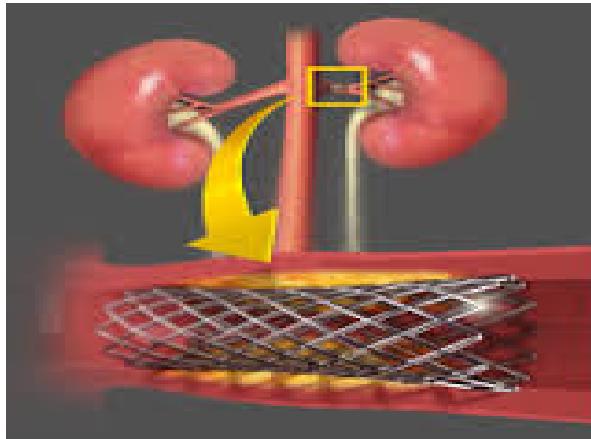
2.**Life threatening complications** (after ACEI !)



Dr. Paloma Manea 's collection

INTRODUCTION

3.Modern therapy ← **DISCORDANCE** → Practical reality



PURPOSES

hsCRP / microAuria: prognosis markers + therapeutic implications

MATERIALS AND METHODS

76 patients ,43- 86 years , 67% males , renovascular hypertension, 24 months

1. Clinical examination : quarterly

- **exclusion criteria** : - actually smoker/ alcohol drinker
 - evolutive neoplasia
 - autoimmune disorders
 - diabetes mellitus
 - obesity
 - active infection

- **inclusion criteria:**

- difficult control of hypertension
- paradoxical hypertension after ACEI
- periumbilical bruits



MATERIALS AND METHODS

2. EKG , quarterly: - standard 12 leads EKG - **LVH**
 3. Ecocardiogram : -transthoracic, M mode, 2D mode
-color Doppler; continuous Doppler
- LVH, LV mass, LV performance**



MATERIALS AND METHODS

4. Renal artery sonogram



peak velocity , resistivity index

5. Abdominal computed tomography angiogram



if sonogram \neq clear

6. Laboratory findings : quarterly



Creatinine clearance, hs-C Reactive Protein, microAuria

7.M -Indapamide 1.5 mg, Amlodipine 5-10mg, Nebivolol 5-10 mg

-Atorvastatin 10-40 mg, Rilmenidine 1-2 mg

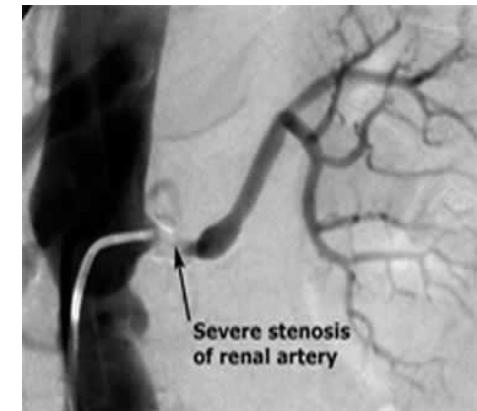
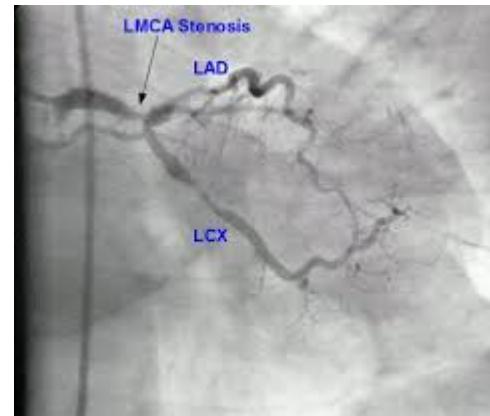
-Aspirin 100 mg/ Clopidogrel 75 mg/Acenocumarol 1-4 mg

8. Interventional : percutaneous angioplasty + stenting(RI < 0.8)

9.Dental treatment: scaling of dental plaque(biannual)

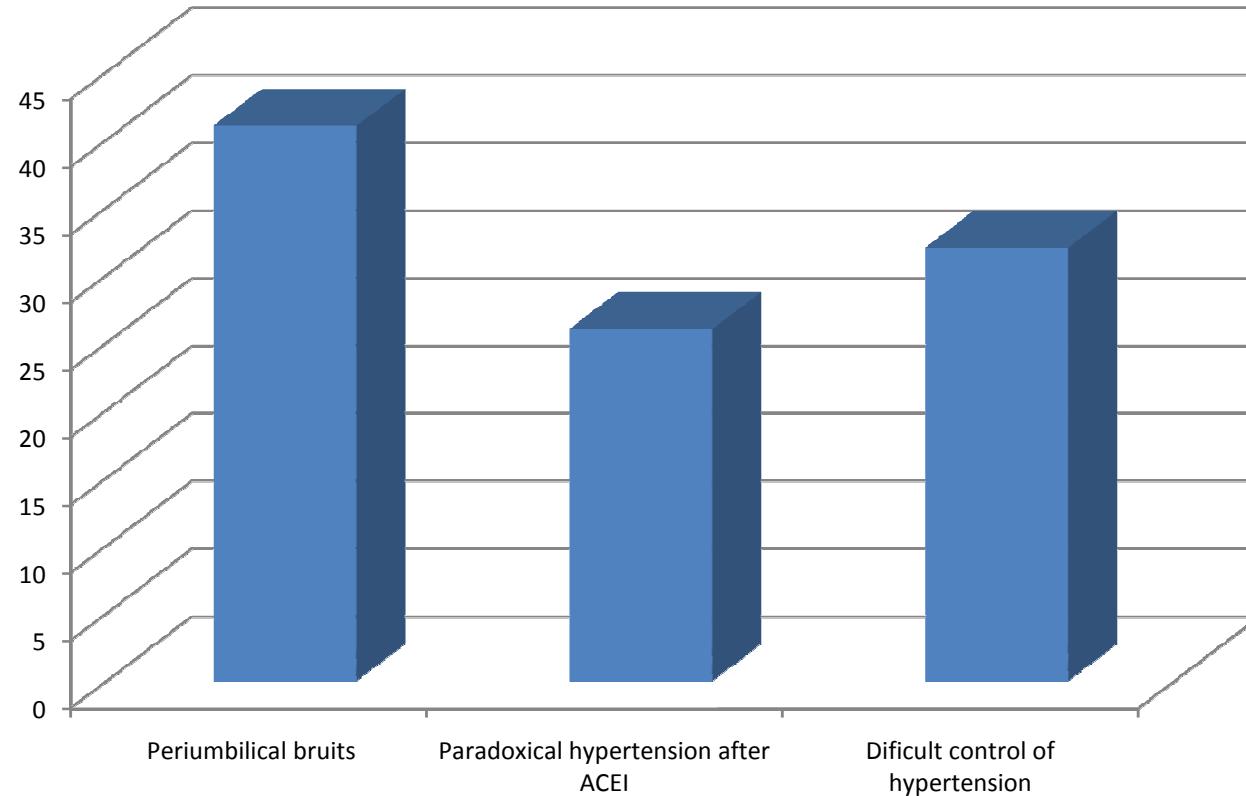
Dental plaque bacteria (*Porphyromonas gingivalis*)

1. **Interleukin 1** → atheromatous plaque formation
2. **Interleukin 6** → CRP → atheromatous plaque disruption
3. **Repeated bacteriemia** → atheromatous plaque inflammation



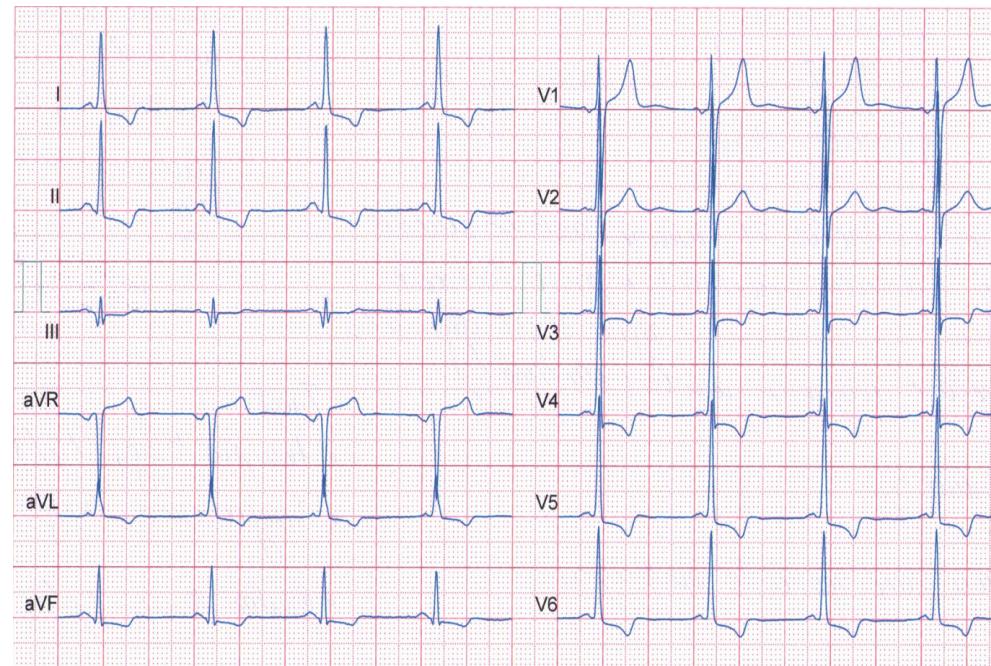
RESULTS

1. Clinical examination:



RESULTS

2. EKG- LVH : 68 patients (89%)

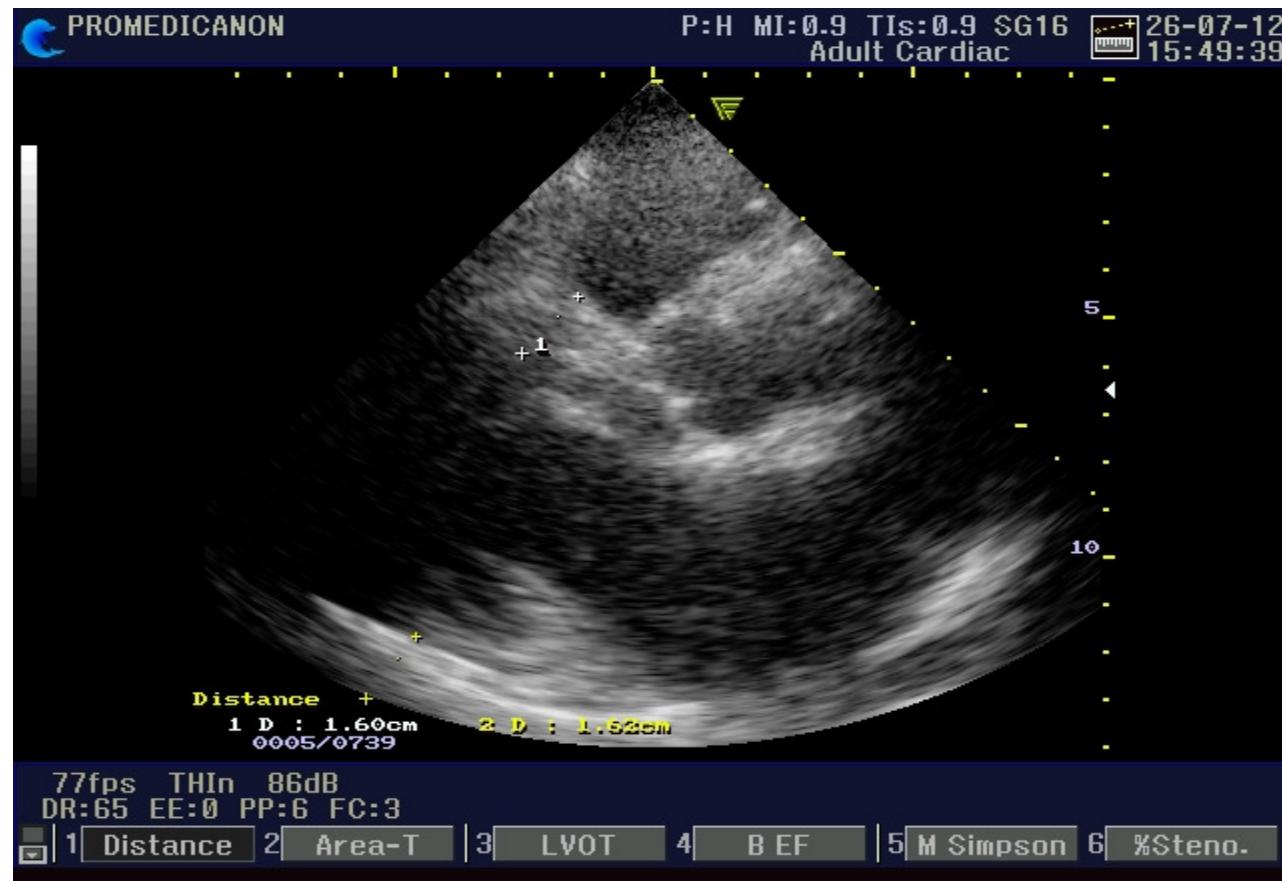


Dr. Paloma Manea's collection

RESULTS

3.Echocardiography:

-LVH (wall thickness, mass)

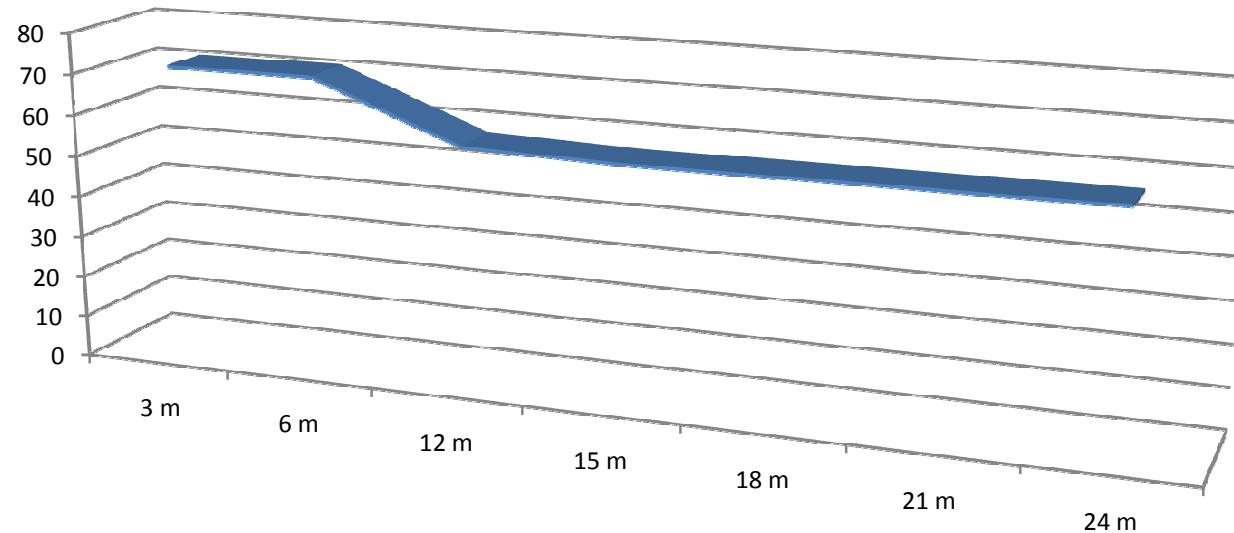


Dr. Paloma Manea's collection

RESULTS

- 3. Echocardiography:** - 19% diminished LVH (mass)
- 94%(1m) 75%(24m)

19%

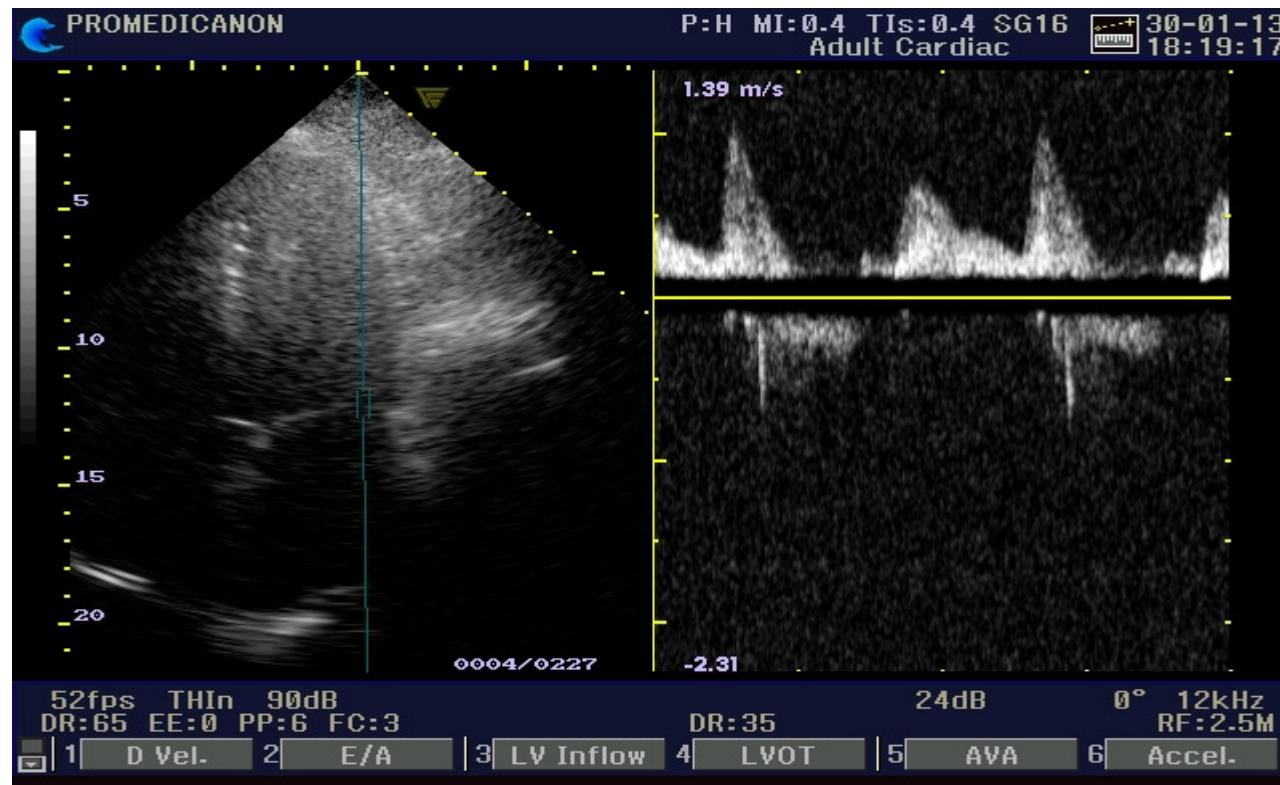


Evolution of LVH mass during 24 months observation

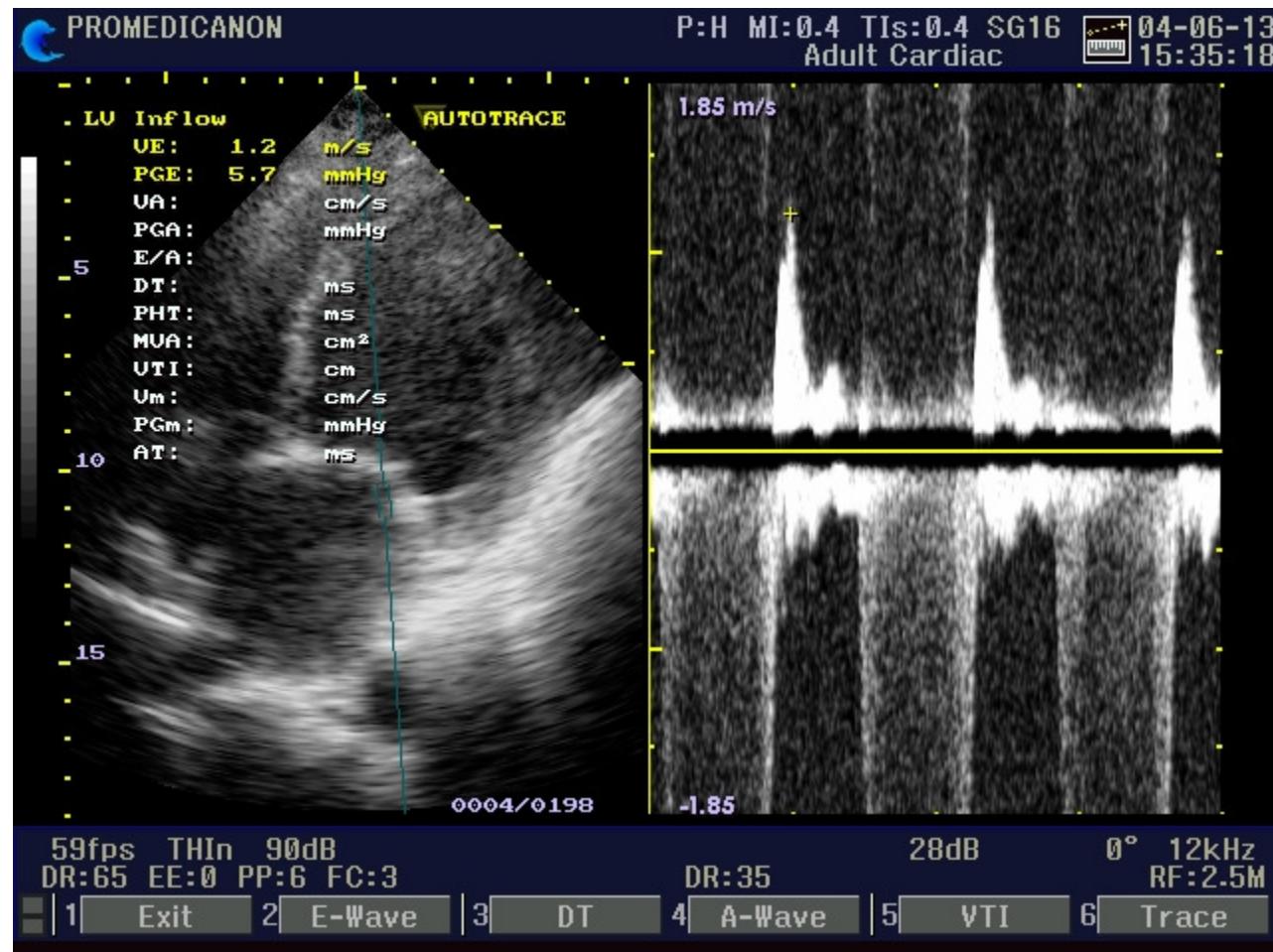
RESULTS

3.Echocardiography:

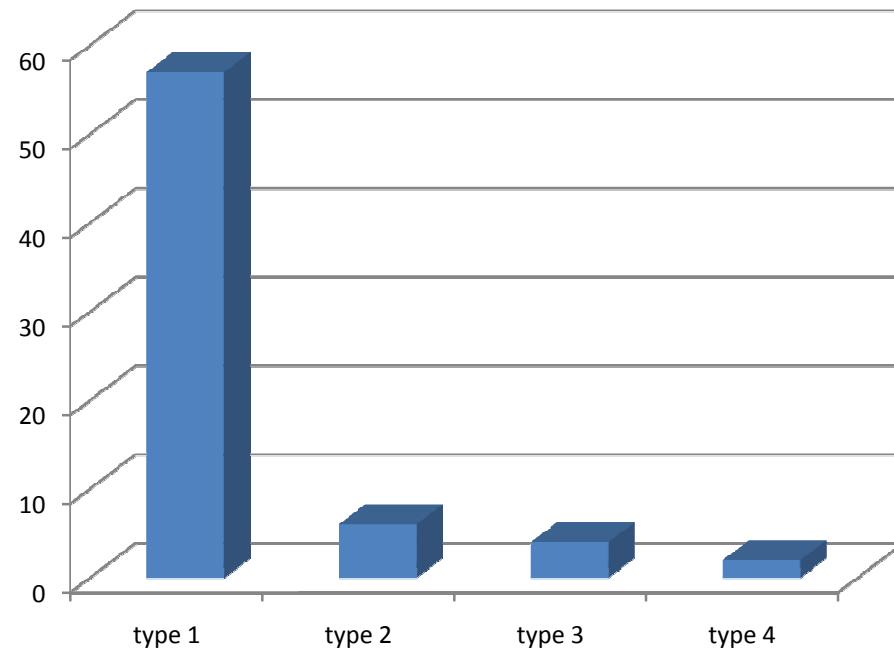
- LV diastolic dysfunction



Dr. Paloma Manea's collection



Dr.Paloma Manea's collection

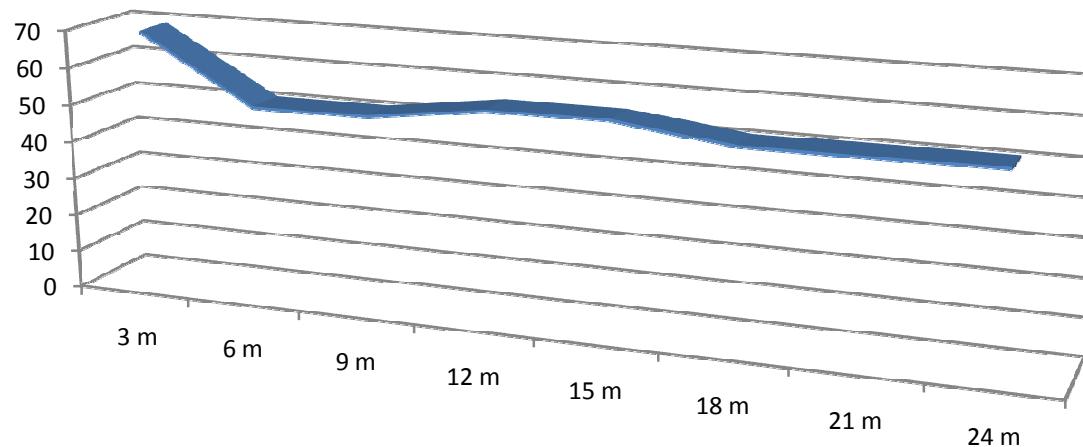


Types of diastolic dysfunction(LV)

RESULTS

3.Echocardiography: -34% improved LV diastolic function

-80% (1m) 54% (24m)

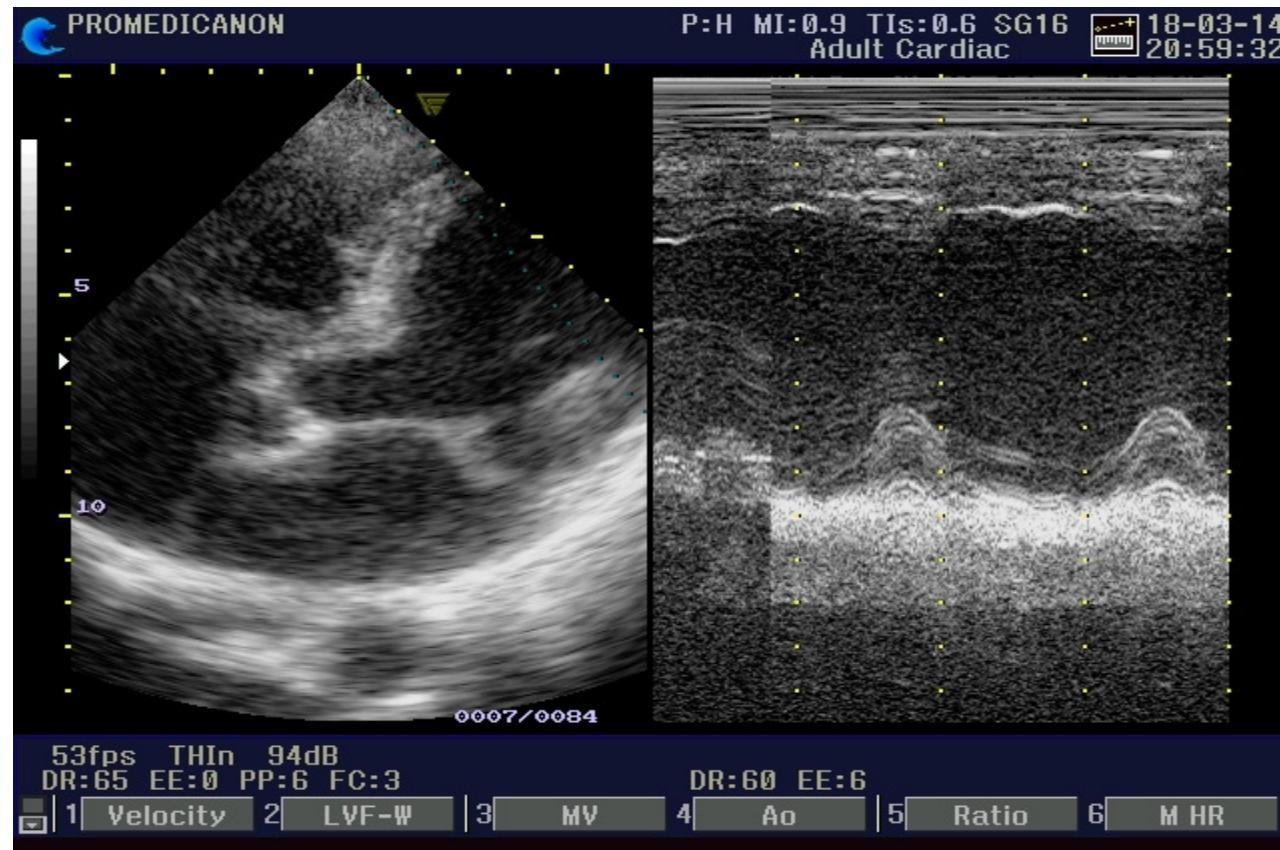


Evolution of LV diastolic dysfunction

RESULTS

3. Echocardiography:

- **LV systolic dysfunction** : segmentary kinetics



Dr.Paloma Manea's collection

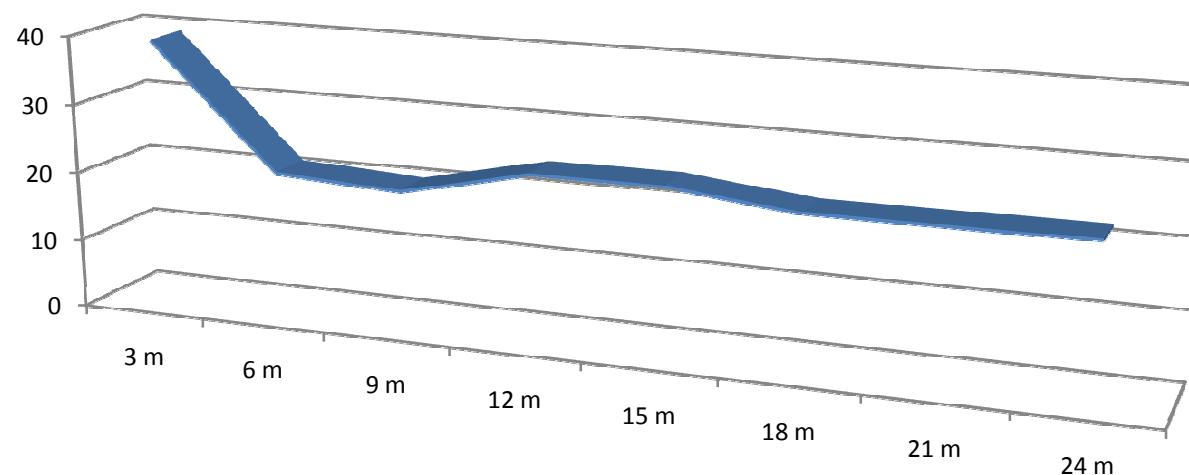
RESULTS

3. Echocardiography : -28% improved LV EF (EF>30%)

-51% (1m) low EF

23% (24m)

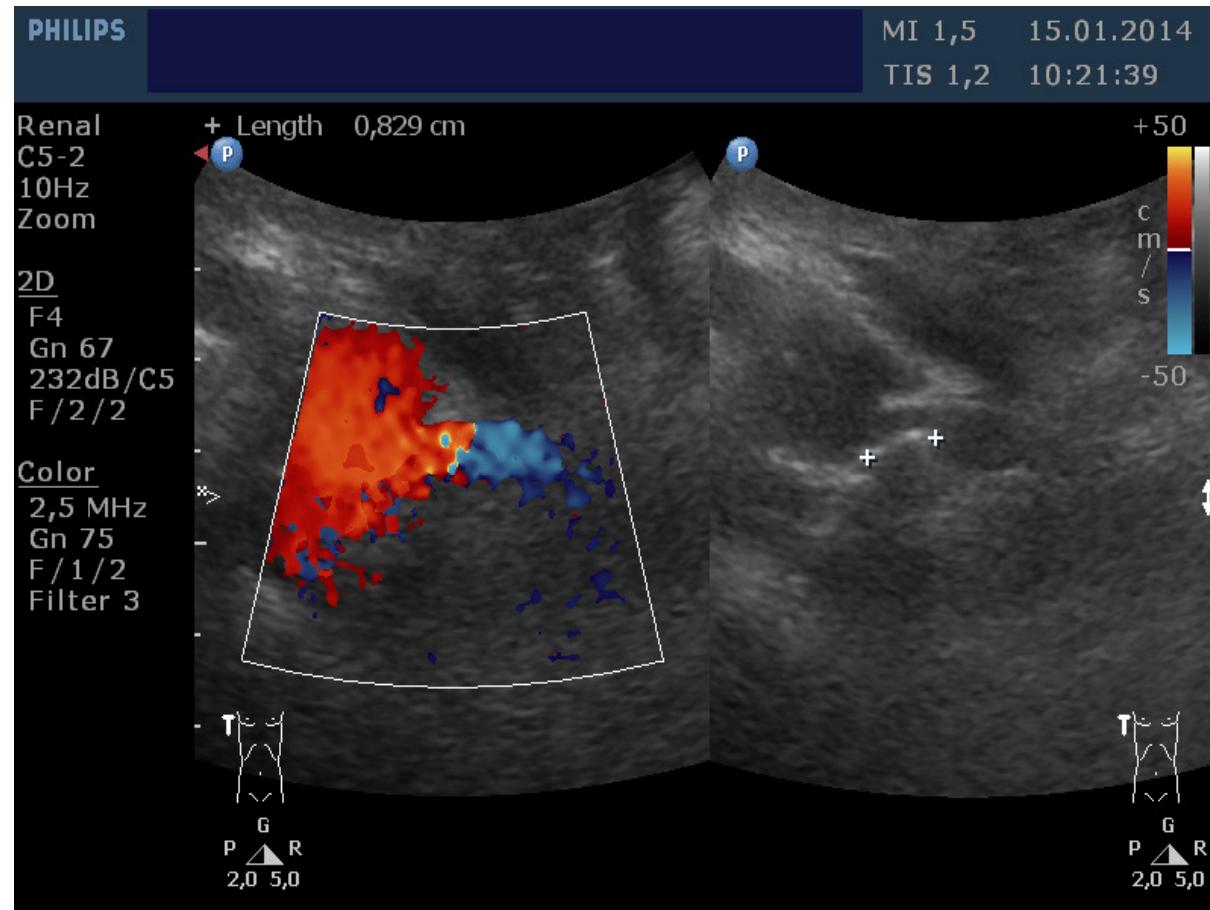
28%



Evolution of significant LV systolic dysfunction (EF< 30%)

RESULTS

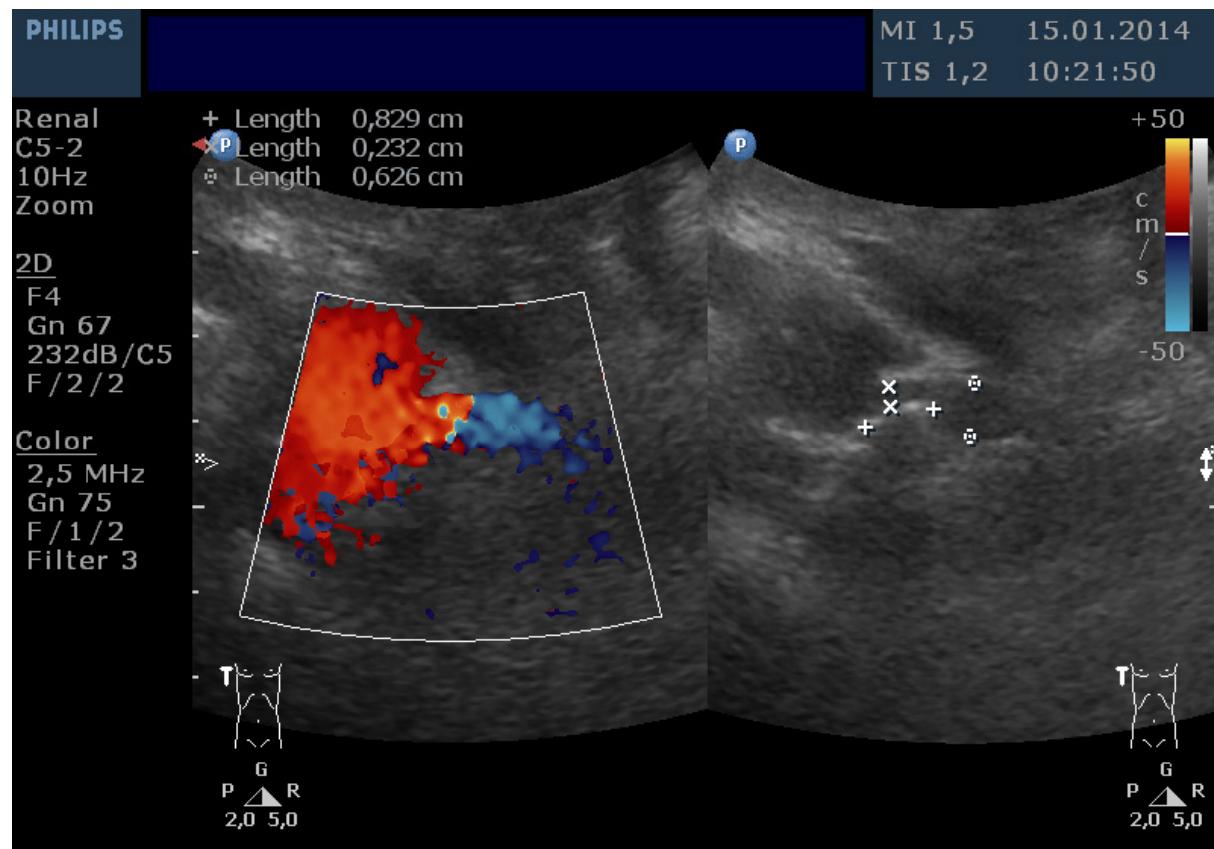
4. Renal arteries sonogram:



Dr.Corina Ursulescu's and Dr.Dragos Negru 's collection

RESULTS

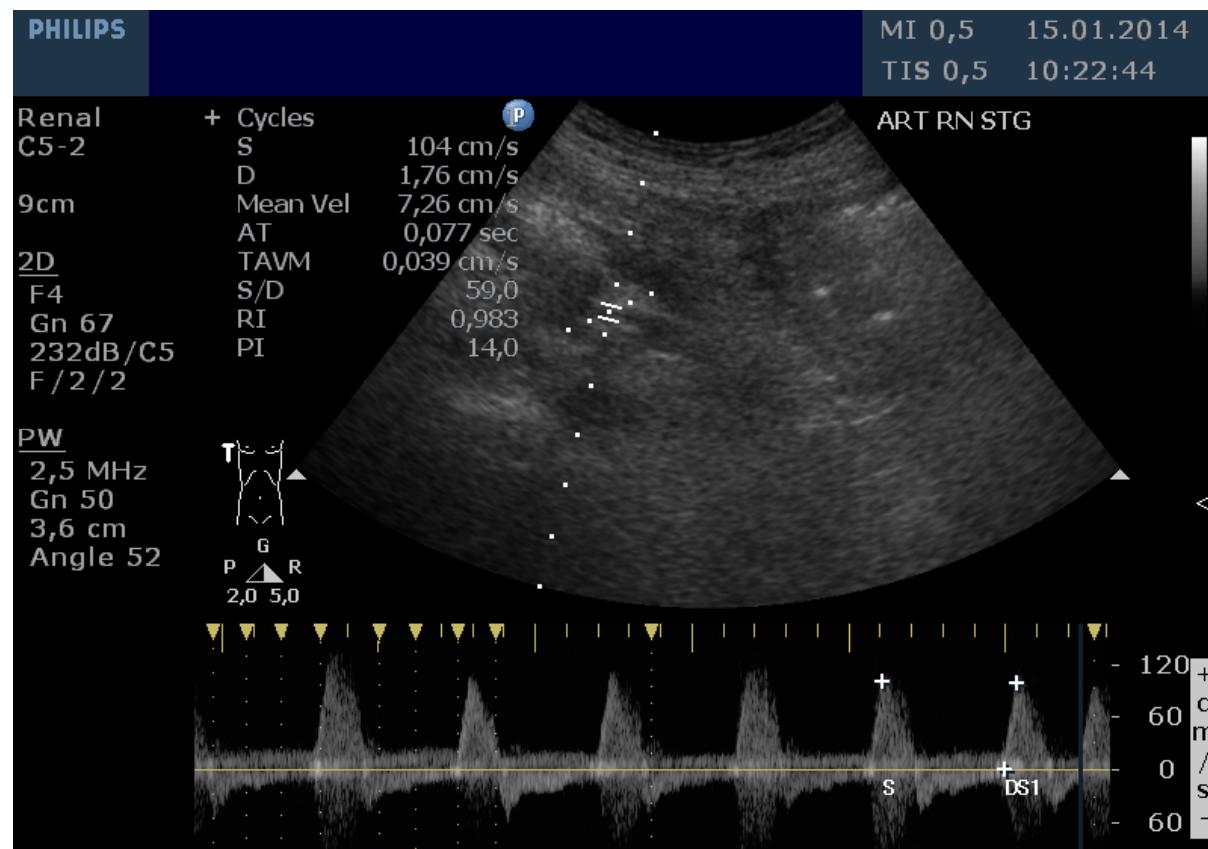
4. Renal arteries sonogram:



Dr.Corina Ursulescu's and Dr.Dragos Negru 's collection

RESULTS

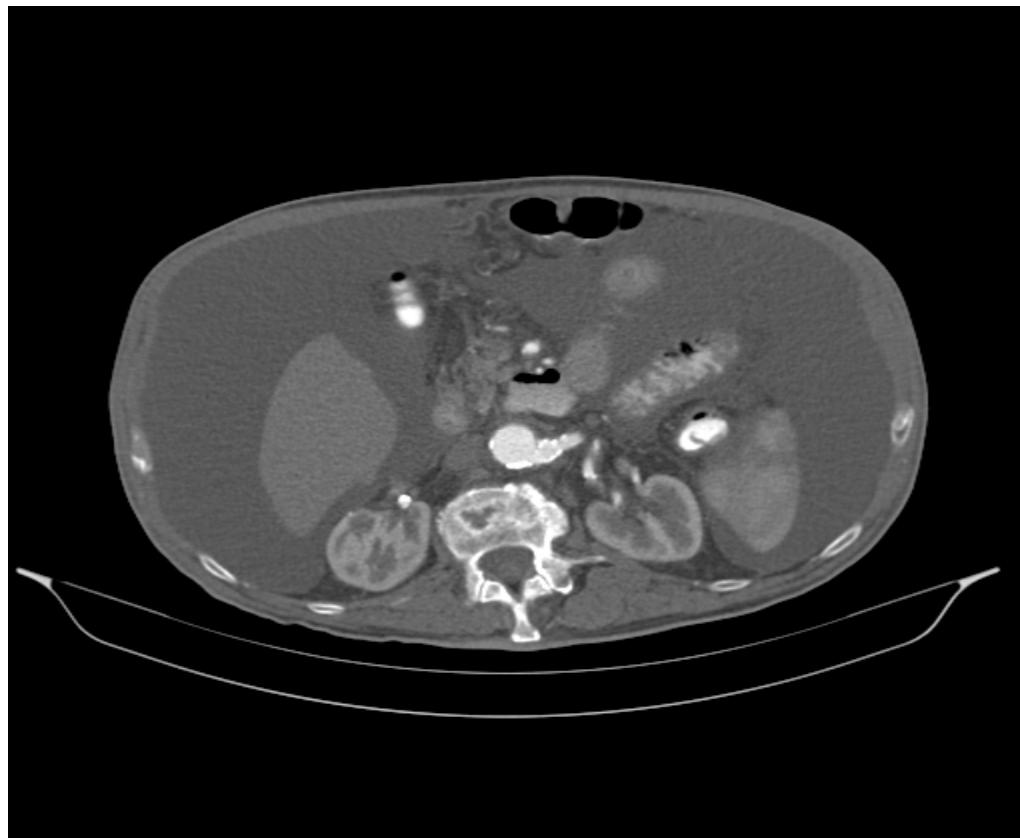
4. Renal arteries sonogram:



Dr.Corina Ursulescu's and Dr.Dragos Negru 's collection

RESULTS

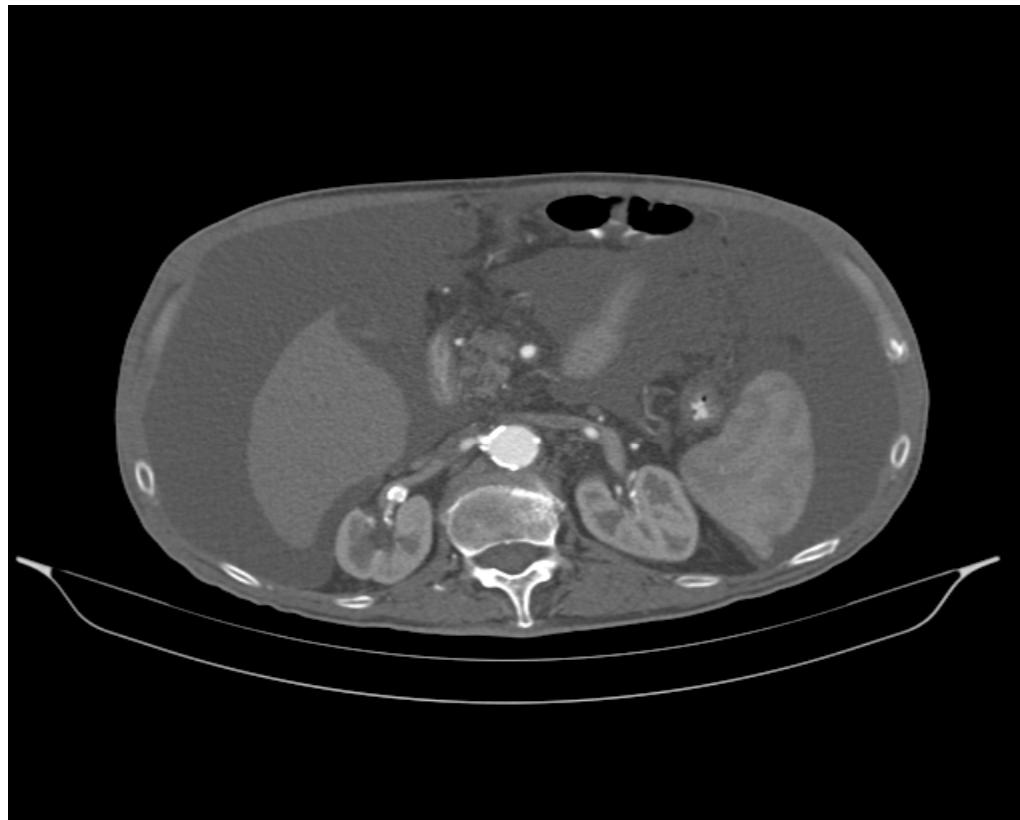
5.Abdominal computed tomography angiogram: 16 pts(21%)



Dr.Corina Ursulescu's and Dr. Dragos Negru's collection

RESULTS

5.Abdominal computed tomography angiogram

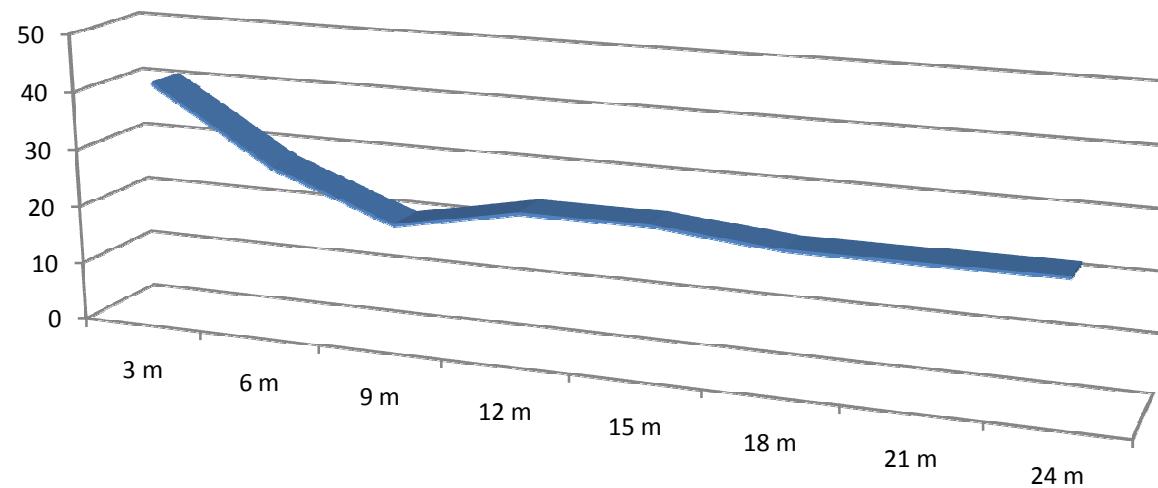


Dr.Corina Ursulescu's and Dr. Dragos Negru's collection

RESULTS

**6. Laboratory findings:- 25% improved Creatinine clearance
- 53% (1m) low Cr clearance 28% (24m)**

25%



Evolution of reduced Creatinine clearance

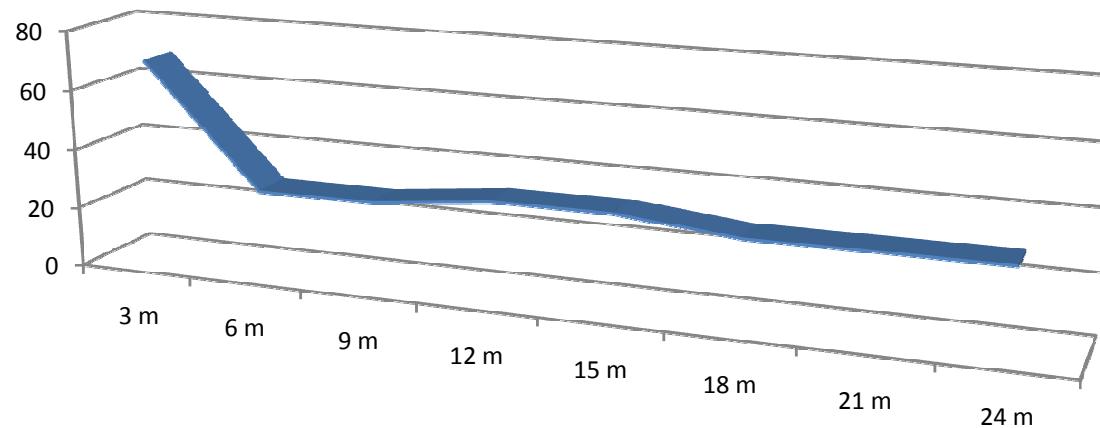
RESULTS

6. Laboratory findings:-48% diminished hs CRP (24m)

-high hsCRP 78%(1m) 30% (24 m)



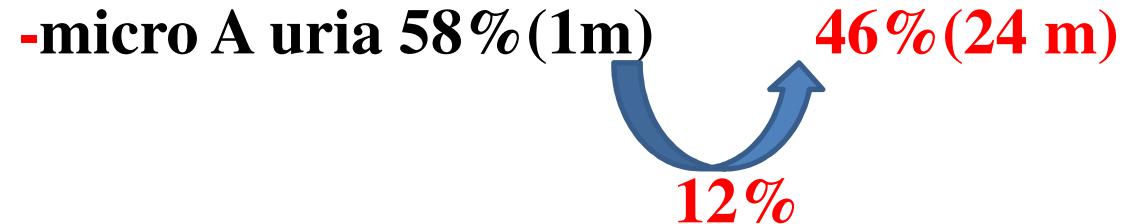
-30% high hs CRP/ 28% low Creatinine clearance(p=0.006)



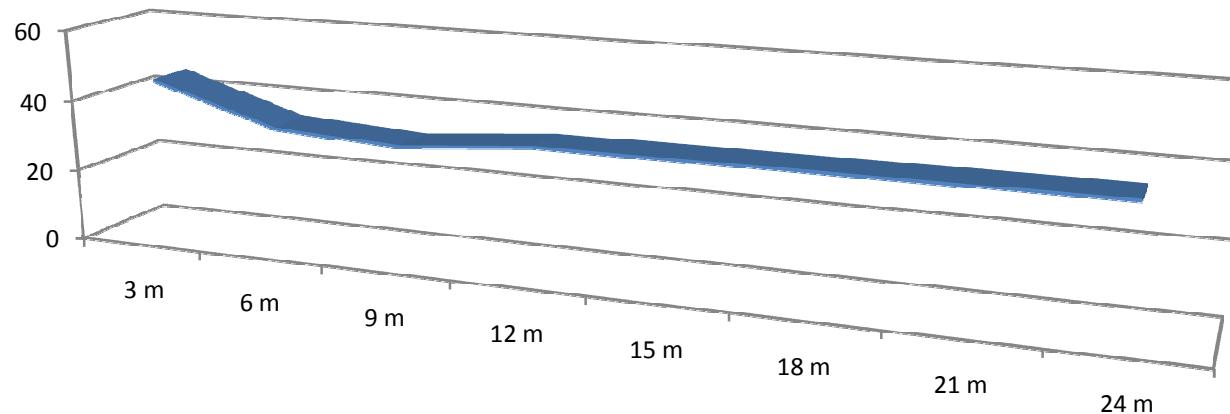
Evolution of pathological hs-CRP values

RESULTS

6.Laboratory findings :-**12% diminished microAuria(24m)**



-46% micro Auria / 28% low Creatinine clearance (p=0.004)



Evolution of pathological micro Auria

CONCLUSIONS

1. After 24 m:

-improved LV EF	28%
-improved LV diastolic function	34%
-diminished LVH (mass)	19%
-improved Creatinine clearance	25%
-diminished hs CRP	48%
-diminished microAuria	12%
2. **hs CRP = a better prognosis marker than microAuria**
30% high hs CRP / 46% microAuria / 28% low Creatinine clearance
3. **Originality : dental treatment**  **renovascular hypertension prognosis**
4. Future direction: **analysis of the renal artery atheromatous plaque(biopsy)**

ACKNOWLEDGEMENTS

- 1. Dr. Corina Ursulescu, Lecturer, Specialist in Radiology***
- 2. Dr. Dragos Negru, Professor, Senior in Radiology***
- 3. Dr. Irina Asandei, Specialist in Laboratory Medicine***
- 4. Dr. Igor Nedelciuc , Specialist in Interventional Cardiology***

