

The bright side of life

Emotional support in elderly care

Margaretha Norell Pejner
PhD, Health and care sciences

margaretha.pejner@hh.se

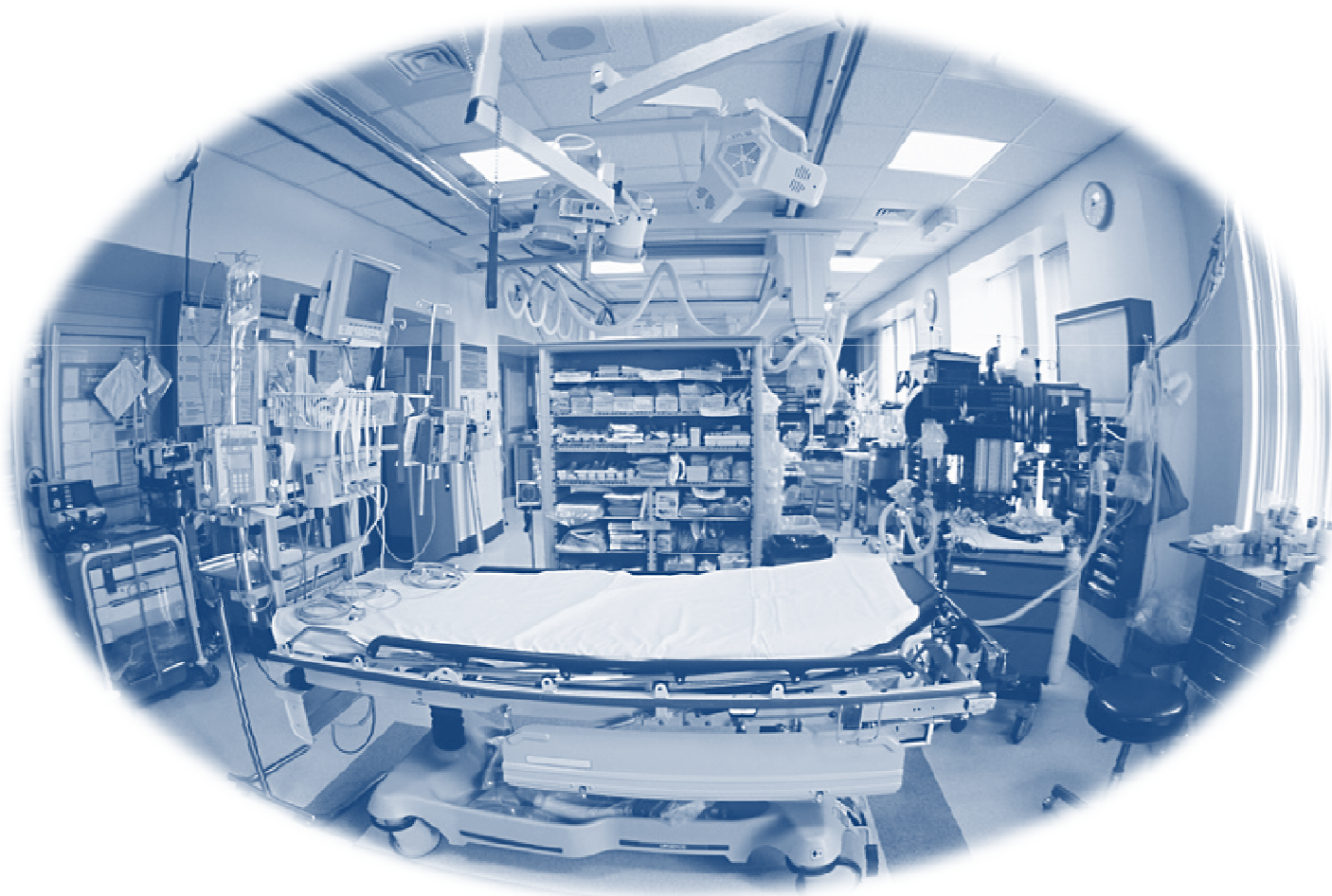
Support as nursing intervention



Instrumental support



Instrumental support

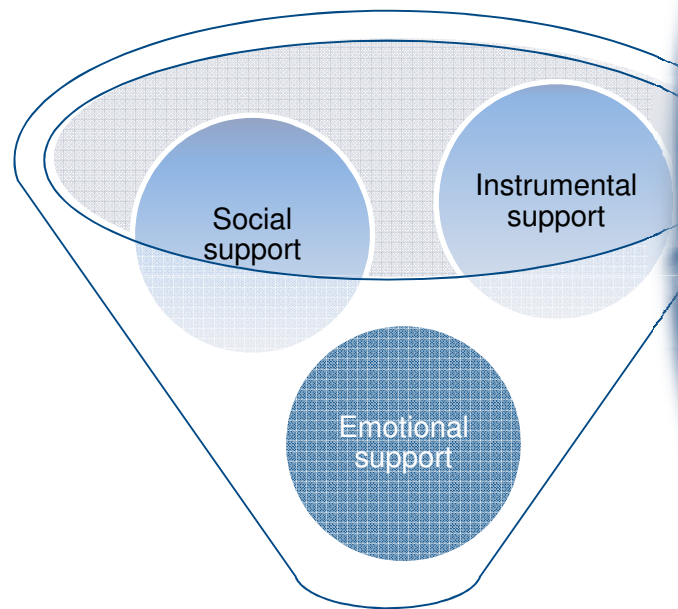


Social support



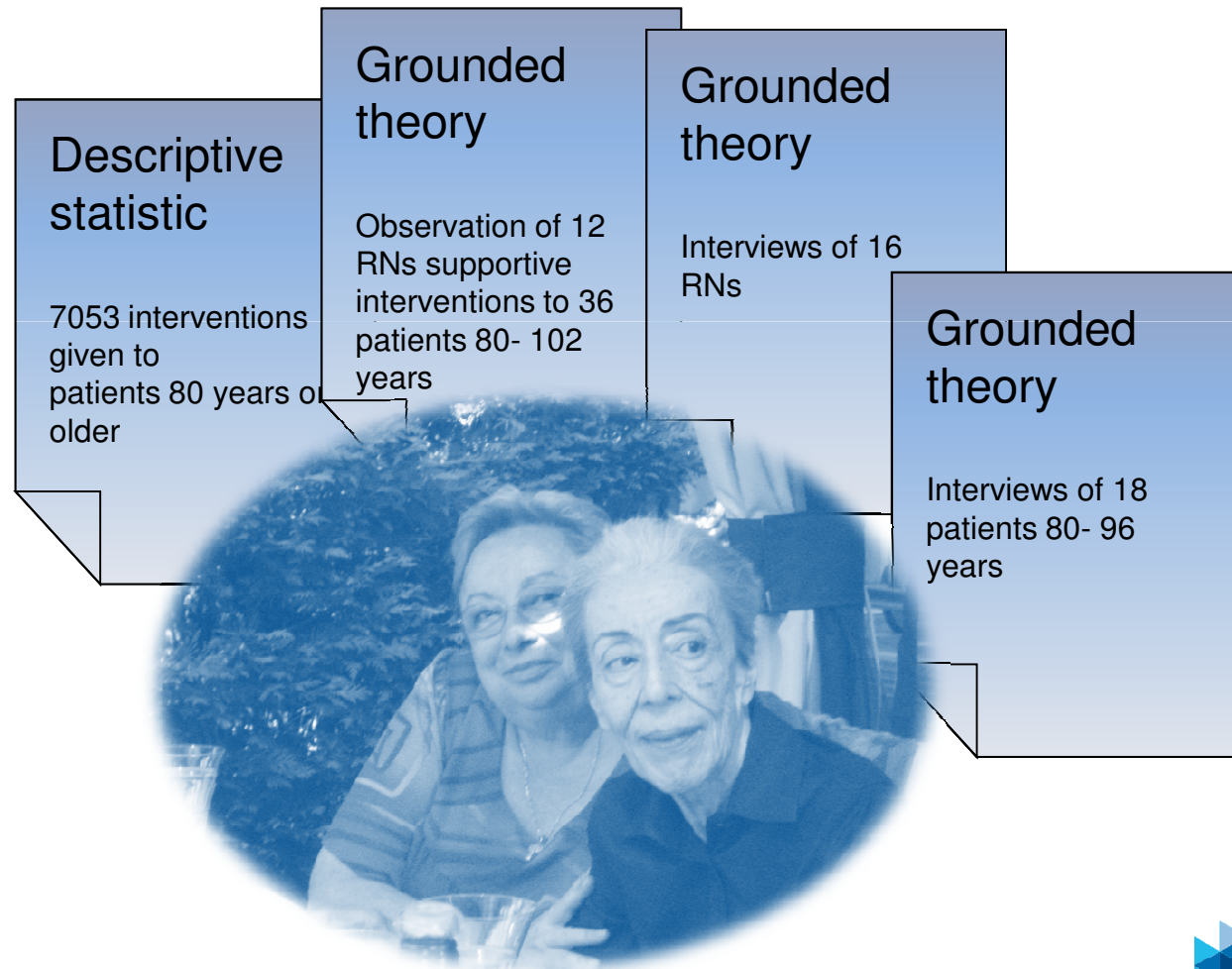
Emotional support

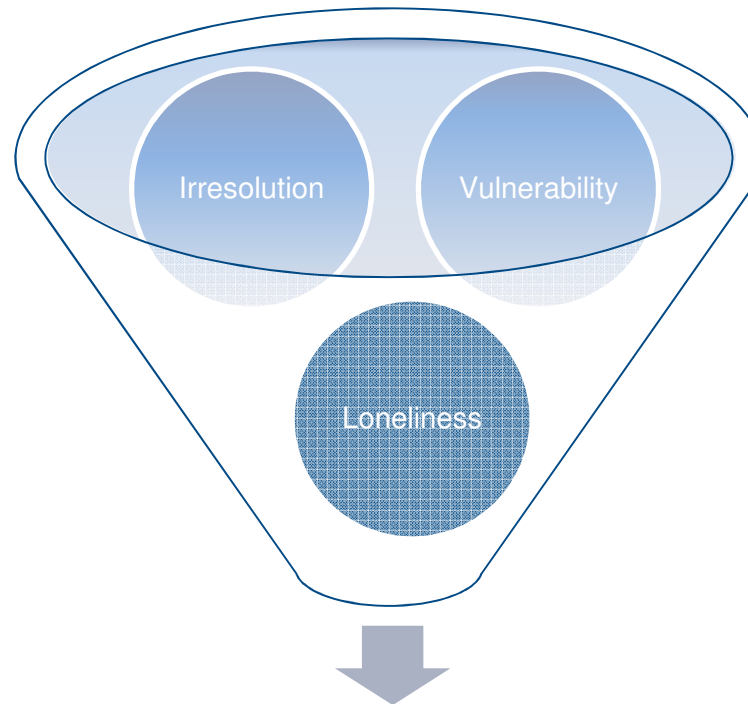




Support

EMOTIONAL SUPPORT





Emotional support



The RN meet my needs when I am;

Irresolute

By giving me advice

Vulnerable

By confirming me

Loneliness

By act as my social network



Trying to help the patient dealing with their emotions



RNs strategies

Encouraging
the situation

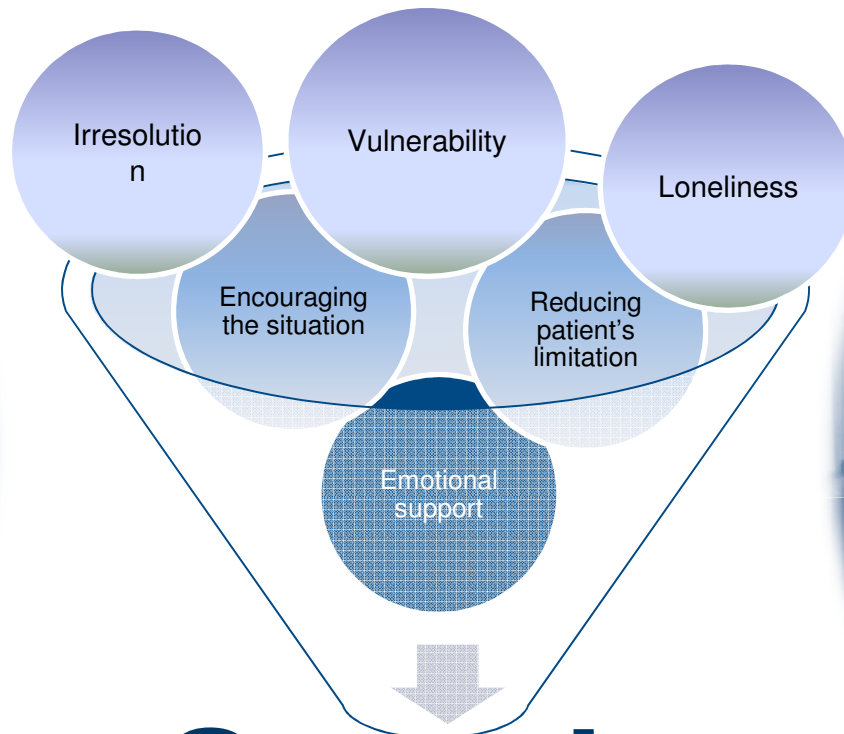
Using the
patient's own
strength

Reducing
patient's
limitation

Replace the
patient's lost
or reduced
ability

Gap of
support

Difficulty in
identifying the
patient's
needs



Serenity





Thank you