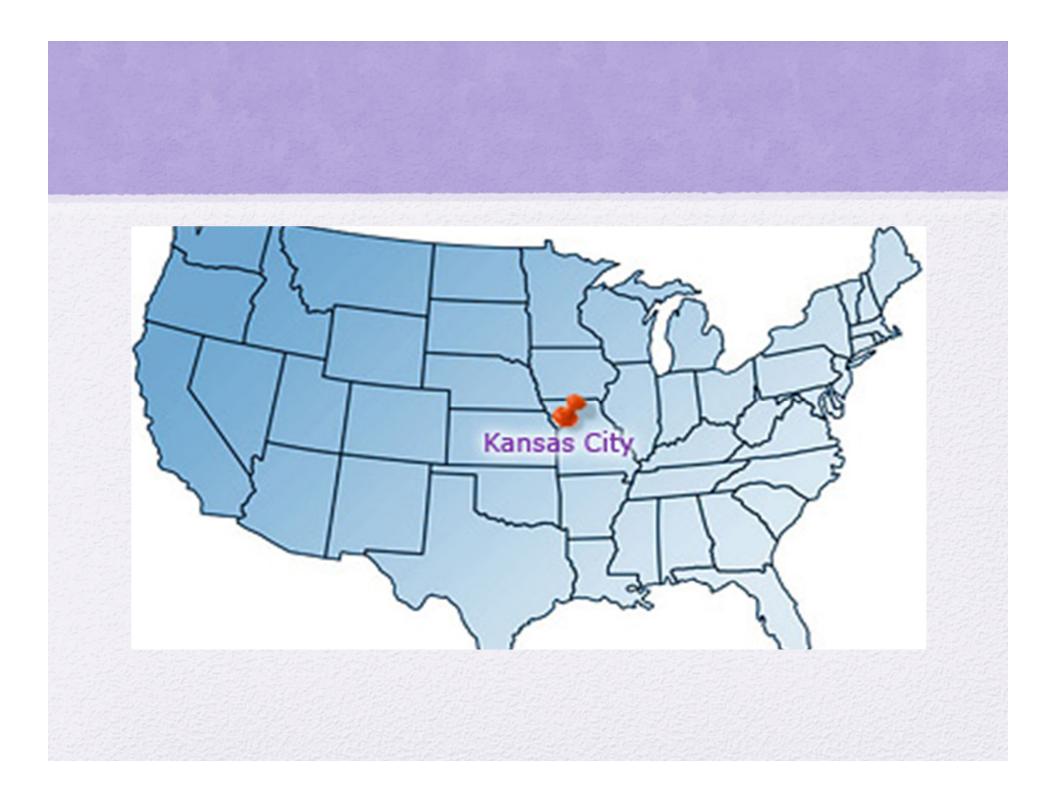
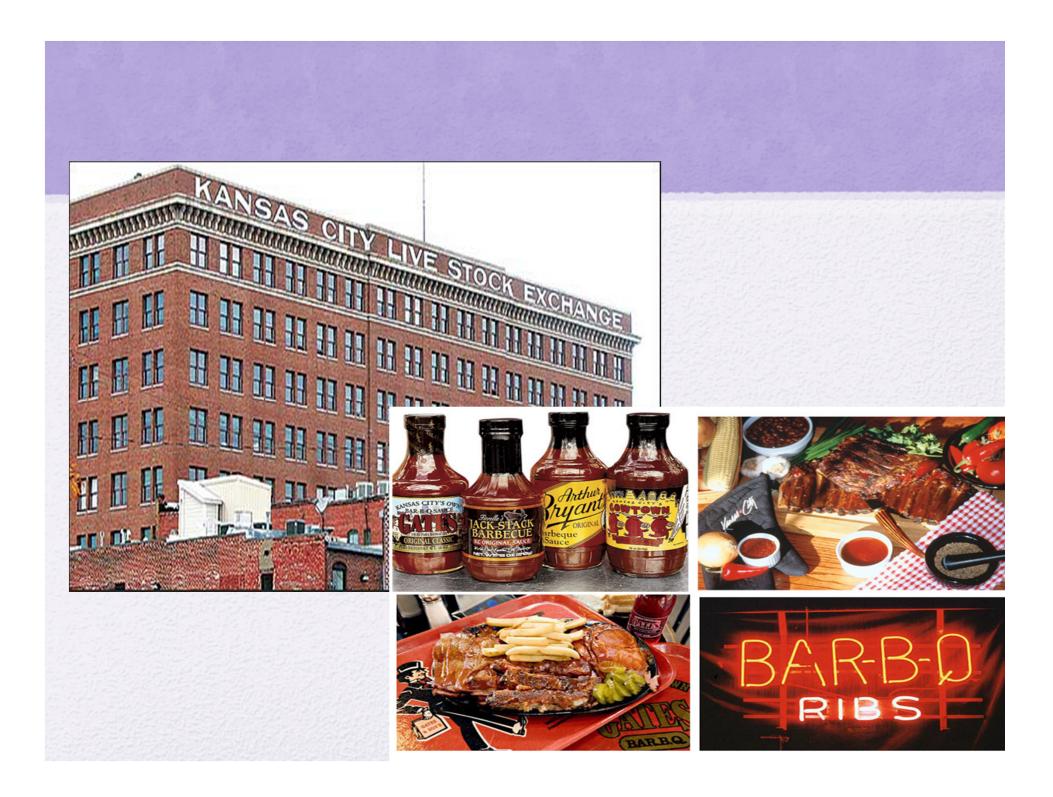
# Unique Divorce Factors Affecting Children with Type 1 Diabetes

Leesa A. McBroom, PhD, APRN, FNP-C







#### Crude Divorce Rates By Country

Country	Marriage Rate	Divorce Rate	Divorce Percentage
Australia	5.5	2.3	42%
Chile	3.5	3.0	86%
China	7.2	1.5	21%
Egypt	9.9	1.8	18%
France	3.6	2.0	55%
Germany	4.6	2.3	50%
Japan	5.7	2.0	85%
Mexico	5.6	0.2	3%
Romania	5.2	1.8	35%
Saudia Arabia	5.1	1.1	22%
Serbia	4.9	1.1	22%
South Africa	3.5	0.6	5%
South Korea	7.1	2.6	14%
United Kingdom	4.5	2.1	47%
United States	7.3	3.6	49%

Sources: http://www.sustaindemographicdividend.org/e-appendix/sources and http://ec.europa.eu/eurostat/statisticsexplaine18%d/index.phpFile:Crude\_marriage\_rate,\_selected\_years,\_1960%E2%80% 932013 (per 1 000 inhabitants) YB15.png. Most data is from 2005-2013

### Type 1 Diabetes Incidence By Country in Children 0-14 Years Old

Country	T1D Incidence per 100,000
Australia	22.5
Chile	6.6
China	2
Egypt	8
France	12.2
Germany	18
apan	2.4
Mexico	1.5
Romania	5.4
Saudia Arabia	31.4
Serbia	12.9
United Kingdom	24.5
United States	23.7

### T1D Incidence and Divorce Rate

Country	T1D Incidence per 100,000	Divorce Rate
Australia	22.5	42%
France	12.2	55%
Germany	18	50%
Saudia Arabia	31.4	22%
Serbia	12.9	22%
United Kingdom	24.5	47%
United States	23.7	49%

# Diabetes, Children and Divorce in the US

15,000 children diagnosed annually with T1D (NIDDKD, 2007).

Approximately 1.5 million children a year experience divorce

Parenting after divorce is challenging



### **Grounded Theory Methods**

- Recruitment
- Data Collection
- Constant Comparison Method
- Saturation



#### **Context for Divorced Mothers**

Children's Factors	Mothers' Factors	<b>Coparenting Factors</b>
Age	Stress factors	Coparenting Relationship
Personality/temperame	nt Finances	Coparenting Communication
Developmental Stage	Work hours	Visitation Schedule
Diabetes Regimen	Family and Friend Support	Dad's relationship with Child
Other Diagnoses	Relationship with Child	Father's New Partner
	Relationship with Healthcare Providers	Siblings (full, half, step) to child

# **Overwhelming Responsibility**

"it just gets very, very overwhelming"

"as a parent you feel like you are totally alone"

# Mother's Divorce Coparenting Role

- Communicating Initiated most of the communication, Phone, mailed notes, text, face-to-face
- Mediating Father-child, Stepmother-child, keeping father engaged
- **Cooperating** Need both their parents

## Mother's Management of Diabetes

 Feeling weighed down with the responsibility of diabetes care for their children

Fear

- Nobody to share the burden
- Financial concerns

"This is a girl who almost every night... I have to take her meter up there to have her test... but you know, if she's here I know she needs to be doing this on her own. But I'm not going to let her go to bed with a 400 blood sugar."

# **Summary of Findings**

- Diabetes Care
- Responsibility
- Co-parenting
- Father's Involvement
- Developmental Issues

#### Strengths

 Insight into unique experiences

#### Limitations

• Unit of Analysis



#### **Research Recommendations**

- Cultural factors
- Family structure
- All family members
- Cooperative divorce relationships
- Overwhelming responsibility
- Father involvement

### **Clinical Practice Implications**

- Partner with Divorced Mothers
- Advocate for Divorced Mother
- Engaging Divorced Father
- Direct Community Leaders

### Appreciation

- Mothers of this study
- Pediatric Endocrine and Diabetes Clinic
- Sinclair School of Nursing, University of Missouri
- Dr. Lawrence Ganong
- Endocrine Nurses Society

### References

- Bell, R., Mayer-Davis, E. J., Beyer, J. W., D'Agostino, R. B., Jr., Lawrence, J. M., Linder, B., . . . Group, S. f. D. Y. S. (2009). Diabetes in non-Hispanic white youth: Prevalence, incidence, and clinical characteristics: the SEARCH for diabetes in youth study. *Diabetes Care*, 32, S102-111S.
- Centers for Disease Control. (2009). National Marriage and Divorce Rate Trends Retrieved November 18, 2009, from http://www.cdc.gov/nchs/nvss/mardiv\_tables.htm
- Coffey, J. S. (2006). Parenting a Child with Chronic Illness: A Metasynthesis. [Article]. Pediatric Nursing, 32(1), 51-59.
- Corbin, J., & Strauss, A. (2008). Basics of Qualitative Research: Techniques and Procedures for Developing Grounded Theory (3rd ed.). Los Angeles, CA: Sage.
- Ganong, L., & Coleman, M. (2004). Stepfamily Relationships: Development, Dynamics, and Interventions. New York, NY: Kluwer Academic/Plenum Publishers.
- Gayer, D., & Ganong, L. (2006). Family structure and mothers' caregiving of children with cystic fibrosis. Journal of Family Nursing, 12(4), 390-412.
- National Institute of Diabetes and Digestive and Kidney Diseases. (2007). Prevalence of diabetes, among people under 20 years of age. Retrieved from http://diabetes.niddk.nih.gov/dm/pubs/statistics/index.htm#8
- Rhoads, J., & Houck, J. (2005). Squaring off over the practice doctorate. The Nurse Practitioner Journal, 7(3/4), 28-29.
- Rosenbaum, W. L. (2000). Variables associated with involvement and frequency of contact of nonresidential fathers with their children following divorce. Doctoral Dissertation. Doctoral dissertation, University of New Orleans, 2000.

