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# Protective Effect of Diltiazem and Fenofibrate Against Ischemia-reperfusion Induced Cardiac Arrhythmias in the Isolated Rat Heart.

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# Introduction

**Fenofibrate** is a peroxisome proliferator-activated receptor (PPAR)- $\alpha$  activator, that lowers triglycerides.

It also influences cytochrome P-450 (CYP-450) dependent arachidonic acid (AA) metabolism.

CYP-450 metabolizes AA to epoxyeicosatrienoic acids (EETs)

EETs are synthesized in the renal, vascular and cardiac tissues.

(Huang et al., 2007; Campbell et al., 1996; Campbell and Falck, 2007;

# Introduction



**EETs** have coronary dilating, cardiac and renal protective properties.

**Fibrates** have shown to possess similar properties due to its CYP-450 inducing action and increasing the endogenous EETs production.

Larsen et al., 2005; Campbell and Fleming 2010; Fleming 2008).

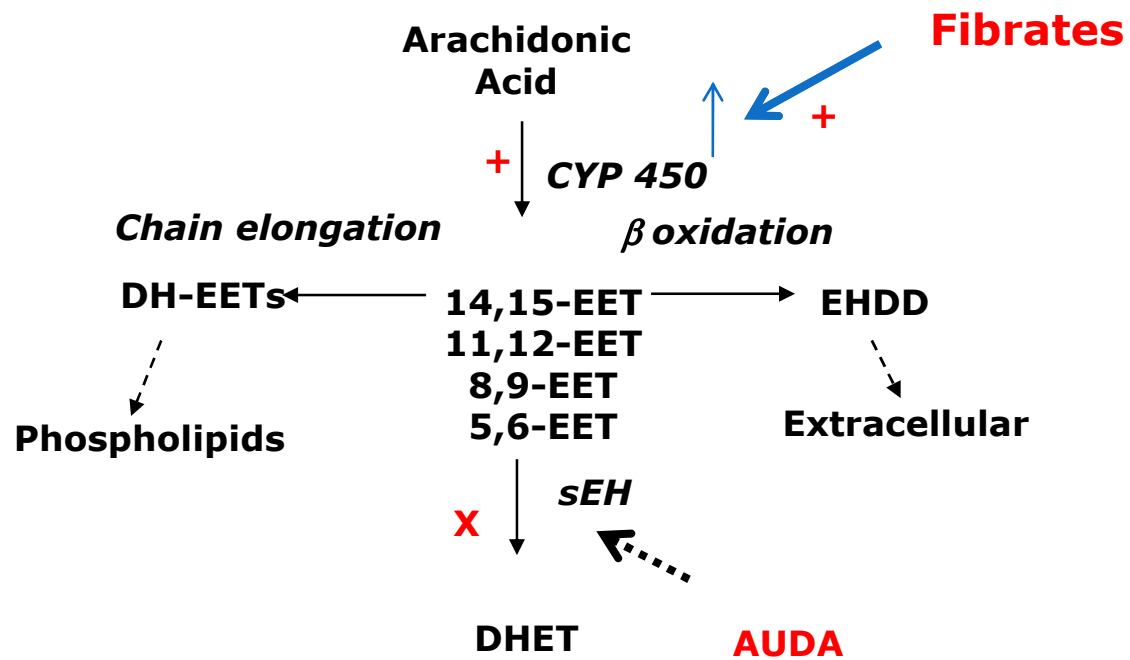
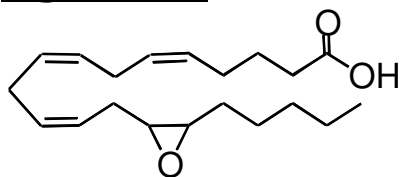
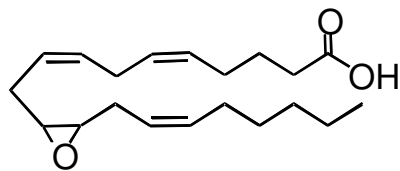


Figure 1

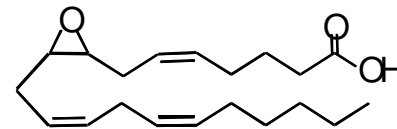
## Agonists



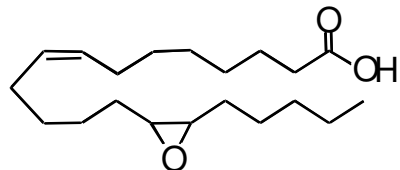
**14,15-EET**



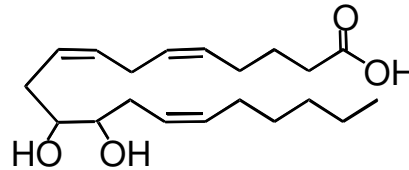
**11,12-EET**



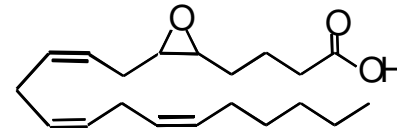
**8,9-EET**



**14,15-EE8ZE**

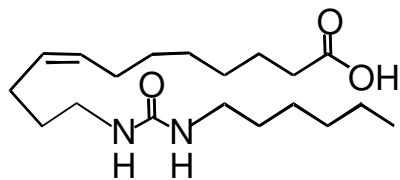


**11,12-DHET**



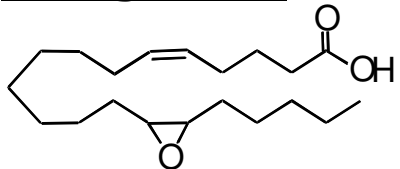
**5,6-EET**

## Agonist/sEH inhibitor

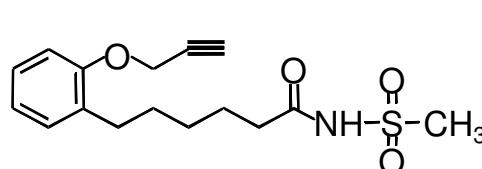


**14,15-Urea-E8ZE**

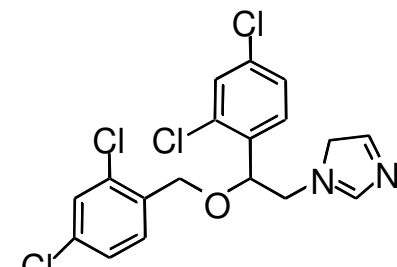
## Antagonists



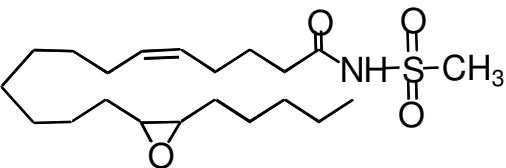
**14,15-EE5ZE**



**MS-PPOH**



**Miconazole**



**14,15-EE5ZE-mSI**

Figure 2

# Introduction



**Several reported physiological functions of EETs include:**

**dilatation of coronary, renal and cerebral arteries and anti-inflammatory effects in vascular tissue (Campbell and Falck, 2007; Larsen et al., 2007; Spector and Norris, 2007 and Bukhari et al., 2011).**

**up-regulation of sEH expression, leading to a decrease in EET availability, with the development of left ventricular (LV) Dysfunction (Monti et al., 2008)**

**Recent in vitro/in vivo studies in isolated cells and transgenic animal models have revealed potent cardiac protective effect of EETs and markedly reduce I/R induced heart injuries. (Nithipatikom and Gross 2010; Denga et al., 2010; Batchu et al., 2011).**



# Rationale of our study



**Fibrates have previously been reported to increase CYP epoxygenase activity , EETs production and anti-hypertensive effects ([Huang et al., 2007](#)).**

**Increasing EETs bioavailability, by inhibition of soluble epoxide hydrolase (sEH), is a little explored but promising pharmacological target**

**Several in-vitro studies have shown the cardiac protective effect of EETs but studies related to increased production of endogenous EETs by fibrates and its cardiac protective effects are lacking ([Nithipatikom and Gross 2010](#); [Denga et al., 2010](#); [Batchu et al., 2011](#))..**

# Aim of our study



**The aim of our study was to investigate protective effect of fenofibrate (EETs inducer) against ischemia and re-perfusion (I/R) induced cardiac arrhythmias in isolated rat hearts.**

# Methods



- **Treatment protocol:**
- Male Wistar rats (250-350 g) were divided into two groups.
- **Group 1** served as a control and was treated with vehicle only (peanut oil).
- **Group 2** was treated with fenofibrate (100 mg/kg p.o) for 5 days.
- One hour After the administration of the last dose (5th dose) of fenofibrate, rats were anesthetized with thiopental, hearts were isolated for mounting on Langendorff apparatus as described below.

# Method: Ischemia-reperfusion-induced arrhythmia

- Isolated Hearts were perfused with Krebs-Henseleit solution gassed with carbogen and at constant flow of 10 ml/ min (37<sup>0</sup>C.)
- Isometric contractions recorded from left ventricle by Harvard UFI transducer.
- Perfusion pressure was monitored with a pressure transducer.
- Surface electrical records were obtained from electrodes placed on the right atrium and apex of left ventricle.
- All signals were fed into Harvard transducer interfaces and then into PowerLab/8sp(ADInstruments).
- All hearts were stabilized for 15 min. Coronary artery ligation was tightened and released after 10 min and Ventricular arrhythmias recorded for 30 min post-ligation.

Xi et al., 2009

# Method

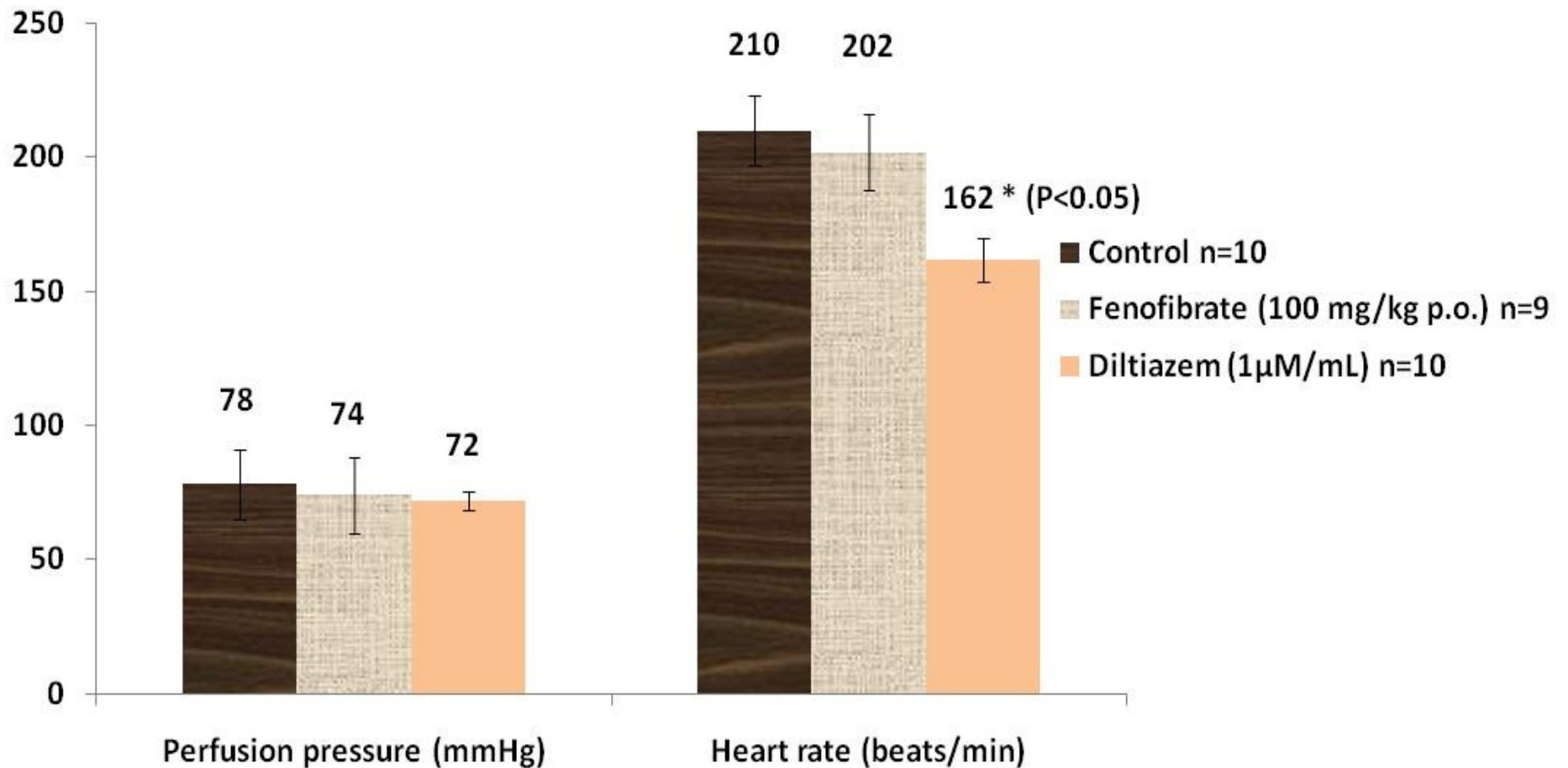


Following parameters were quantified during the ligation (10 min) and after release of ligature for 30 minutes:

1. Number of premature ventricular contractions (PVCs)
2. Incidence and duration of ventricular tachycardia (VT)
3. Incidence and duration of ventricular fibrillation (VF)
4. Perfusion pressure

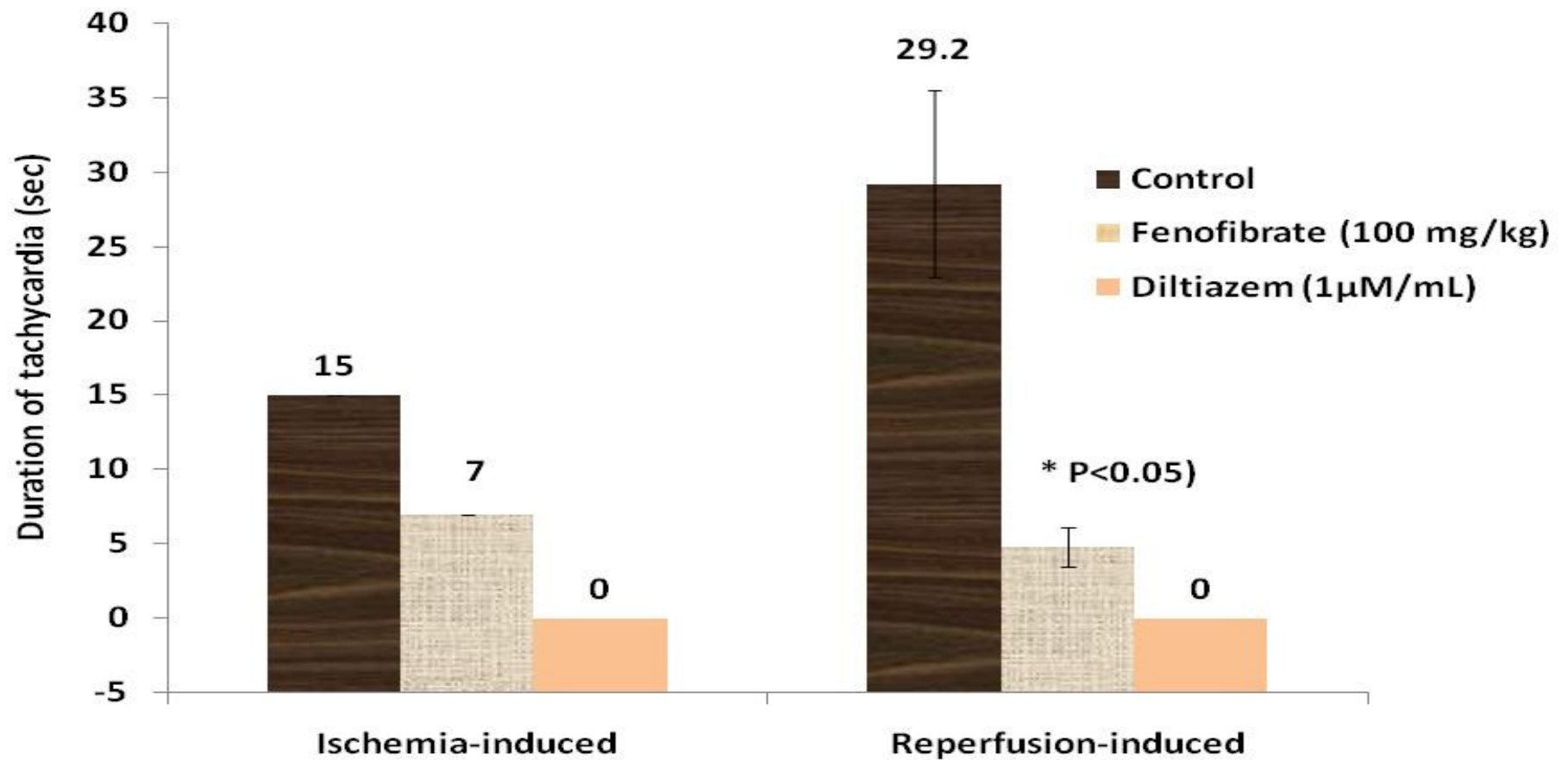
# Results

Figure 1. Comparison of perfusion pressure and heart rate in control and fenofibrate treated animals



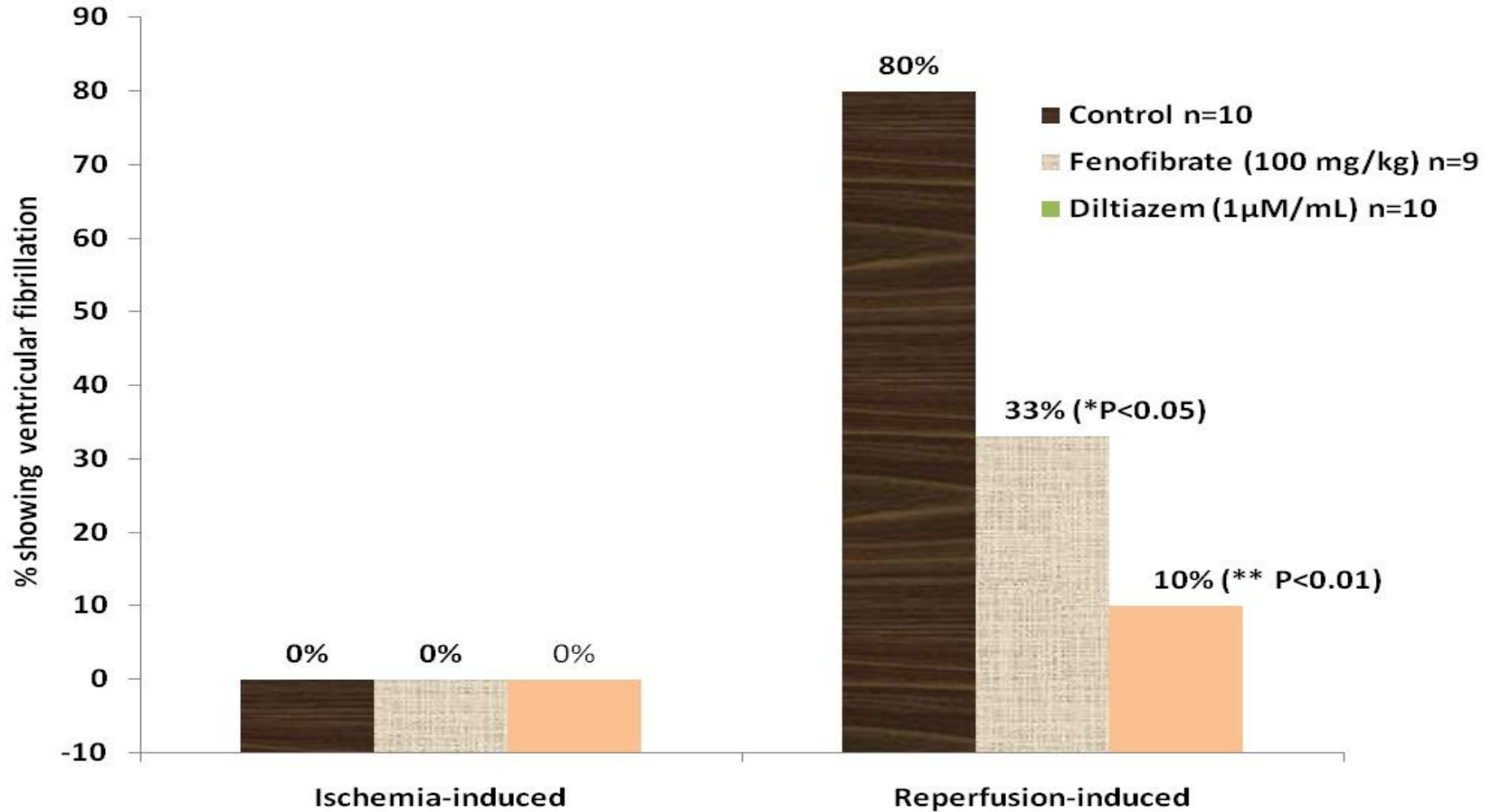
# Results

Figure 2. Effect of fenofibrate on Ischemia-reperfusion induced ventricular tachycardia



# Results

Figure 3. Effect of Fenofibrate on Ischemia-reperfusion induced ventricular fibrillation





**Table: Summary of the Effects of Fenofibrate and Diltiazem on ischemia-reperfusion induced cardiac arrhythmia in isolated rats heart.**



Group	Ischemia-induced				Re-perfusion-induced			
	VPC (counts)	VT (duration in sec)	(incidence %)		VPC (counts)	VT (sec)	(incidence %)	
			VT	VF			VT	VF
Control (n=10)	47 ± 16.5	15 (n=2)	20%	—	223.2 ± 110	<b>29.2 ± 6.3</b>	40%	<b>80%</b>
Fenofibrate 100 mg/kg (n= 9)	54.2 ± 22	7 (n=1)	11.1%	—	136.8 ± 22	<b>4.8 ± 1.3*</b>	44.5%	<b>33.3%*</b>
Diltiazem (1 μM/mL) n= 10	—	—	—	—	—	—	—	<b>10%**</b>

\*P<0.05, \*\*P<0.01; VPC= ventricular premature counts, VT= ventricular tachycardia, VF= ventricular fibrillation

# Discussion and conclusion



- Fenofibrate significantly ( $P < 0.05$ ) decreased the number of PVCs, the incidence of VF and the duration of VT in isolated rat hearts.
- Fenofibrate induces cytochrome P-450 (CYP-450) dependent arachidonic acid (AA) metabolism to EETs.
- Fibrates have previously been reported to increase CYP epoxygenase activity, EETs production and anti-hypertensive effects (Huang et al., 2007).
- The cardiac protective effect of fenofibrate may have occurred due to enhanced production of endogenous EETs.
-

# Discussion and conclusion



- ❖ **EETs function as EDHF and dilate coronary arteries (Campbell et al., 1996), however in our study no significant difference was observed in the Perfusion pressure of control and fenofibrate treated animals.**
- ❖ **Diltiazem produced marked anti-arrythmic effect , indicating the role of calcium channels in the I/R-induced arrythmia.**

# Conclusion



**The findings from our pilot study indicate that fenofibrate protects ischemia-reperfusion-induced arrhythmia in isolated rat hearts.**

**Further studies are underway in our lab to further explore the role of EETs in the observed cardiac protective role of fenofibrate in rats.**

**Our ongoing research focused at exploring the effect of chronic treatment of fibrate on high fat diet induced cardiovascular and metabolic disorders in rats.**

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# Acknowledgments



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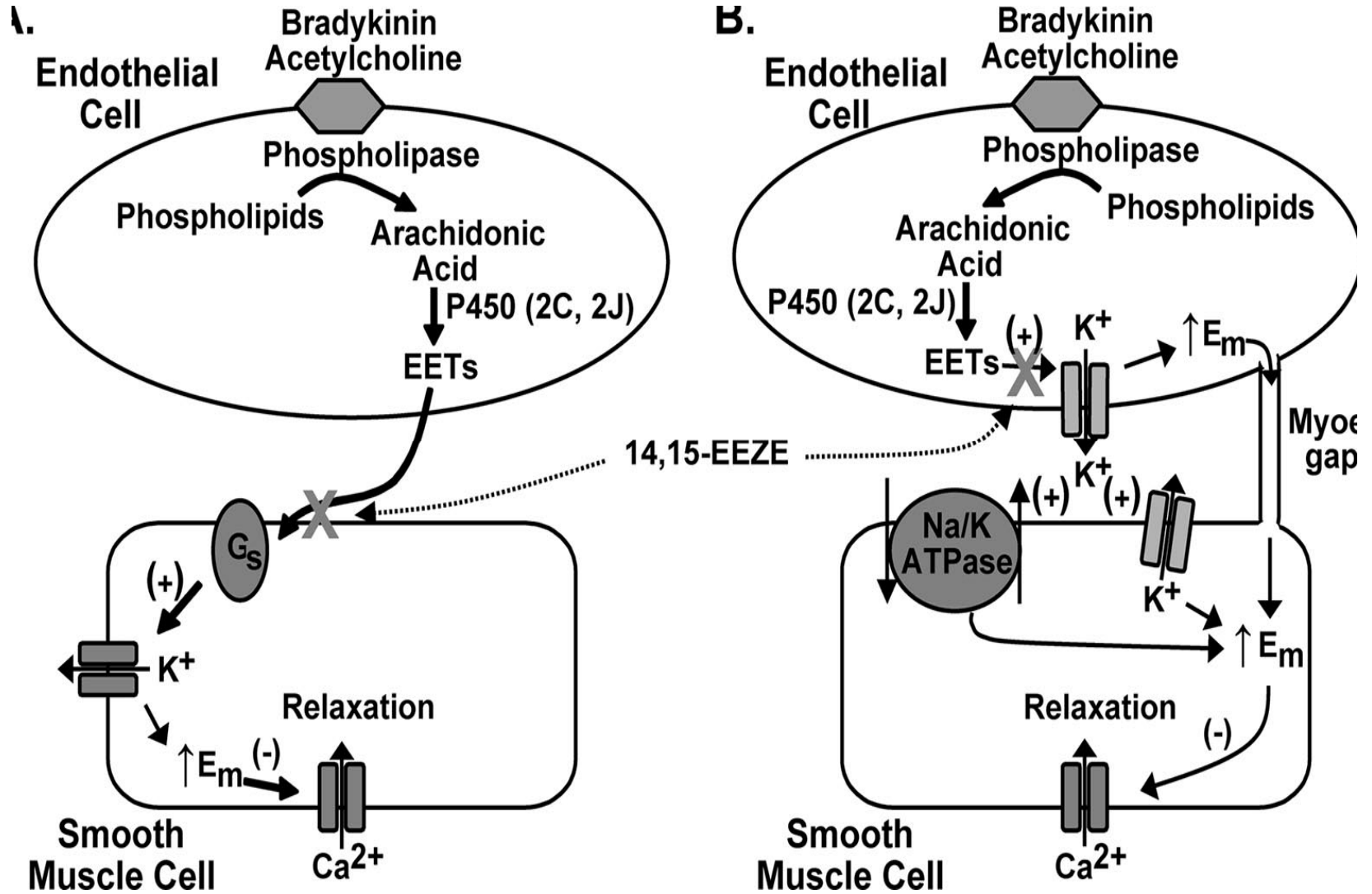
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Thank you

# Molecular mechanism of EETs





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