

The role of IL-17A in postmenopausal inflammatory events, such as in osteoporosis

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IL-17 cytokine

IL-17 (called as IL-17A) is characterized by:

- ❖ T-cell-derived cytokine
- ❖ secreted from Th17 cells, which are distributed from other effector CD4+ T helper cells, such as Th1, Th2 and regulatory T (Treg) cells.

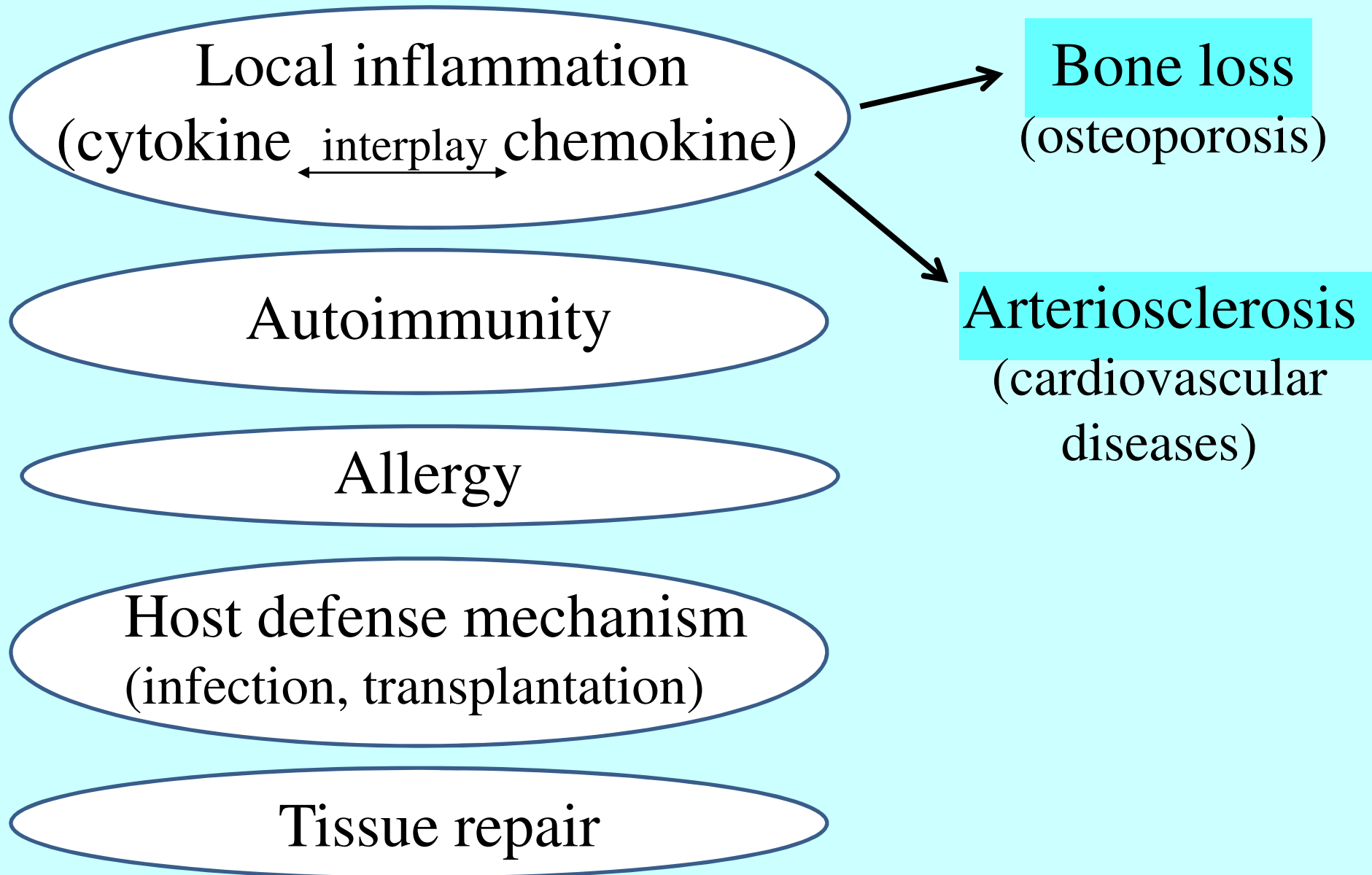
Sources of IL-17:

- ❖ Cells of innate and adaptive immunity (T and B cells, NK, NKT, $\gamma\delta$ T cells, neutrophils, basophils, mast cells, monocyte-macrophages, dendritic cells).
- ❖ Epithelial, endothelial, vascular and stromal cells.

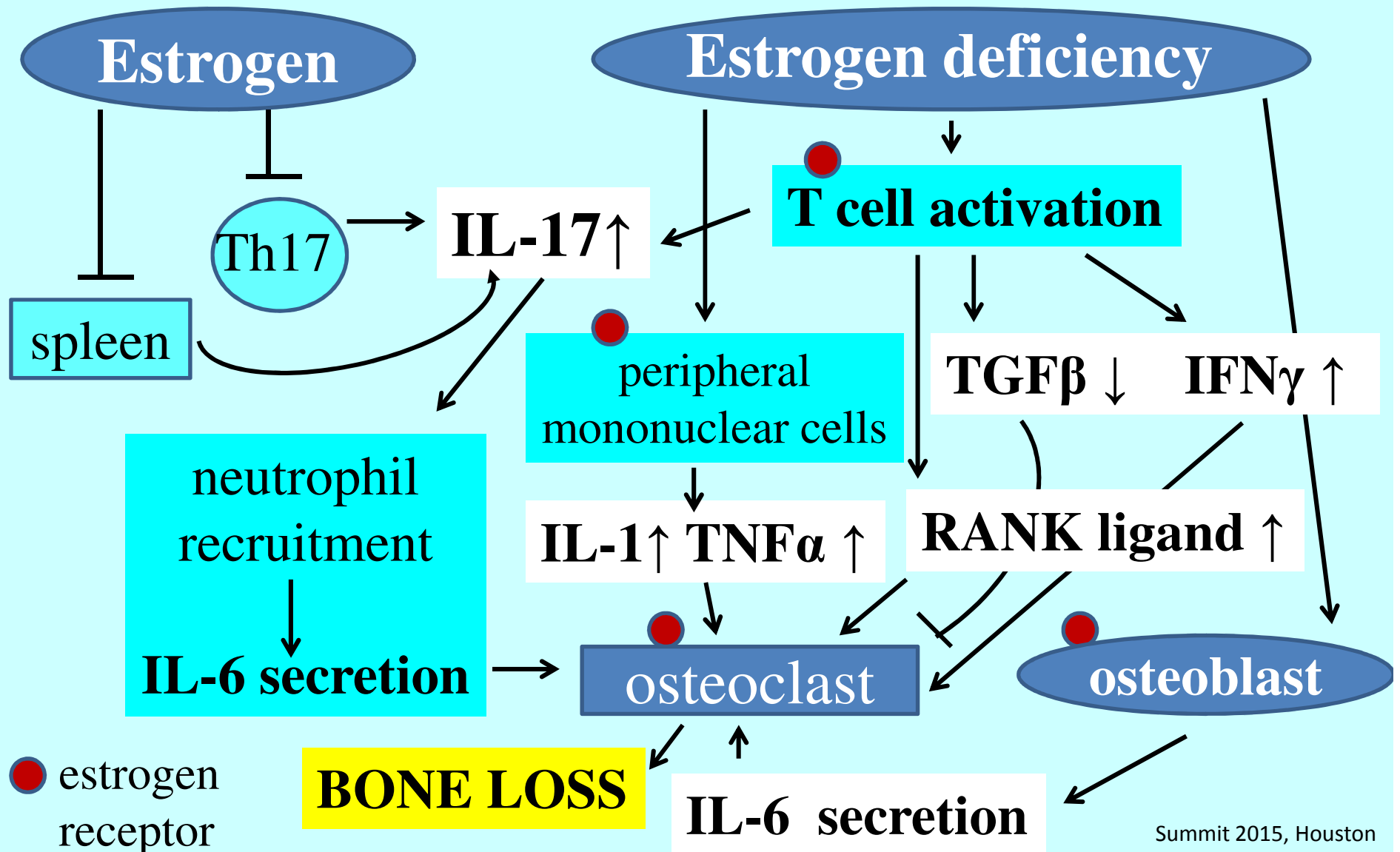
IL-17 initiated cytokine/chemokine productions:

IL-6, TNF α , IL-1 β , IL-8, CXC1, CXC2, CXC8, CCL2, MCP-1

Increased IL-17 production-related diseases



Immune dysfunction associated with estrogen deficiency



Patients and methods

- ❖ Pre- (n=22, mean age 41 yr) and postmenopausal (n=72, mean age 65 yr) women were studied.
- ❖ Serum levels of IL-17A, IL-6, MCP-1 (macrophage-chemoattractant protein-1), sRANK (soluble receptor activator of NF- κ B) ligand and OPG (osteoprotegerin) were measured by enzyme-linked immunosassay (ELISA).
- ❖ Serum levels of estradiol were measured by chemiluminescence assay in fully automatized manner.
- ❖ Bone mineral density was detected by dual-energy X-ray absorptiometry (DXA) using Hologic Discovery equipment.

We studied in pre- and postmenopausal women:

- ❖ The relationship among serum IL-17A levels, estrogen deficiency and postmenopausal period.
- ❖ The relationships among serum IL-17A, sRANK ligand, OPG levels and bone mineral densities.
- ❖ The relationship between vitamin D₃ deficiency and serum IL-17A levels.
- ❖ The relationship between serum IL-17A and IL-6 or MCP-1 levels.

Synergism between bone loss and arteriosclerosis
via IL-17 cytokine.

**The relationship among serum
IL-17A levels, estrogen deficiency
and postmenopausal period.**

Serum IL-17A levels were significantly higher in women with estrogen deficiency.

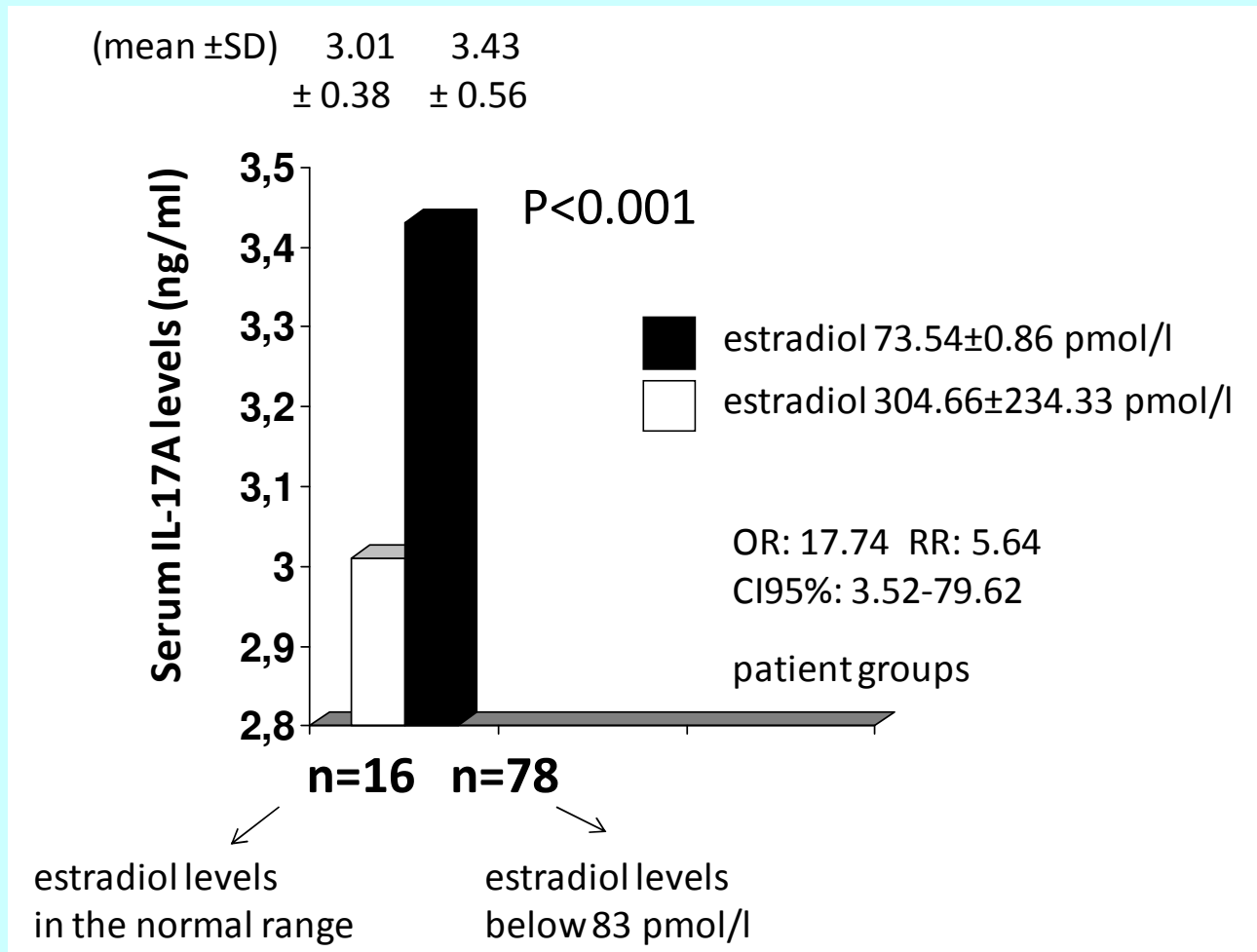
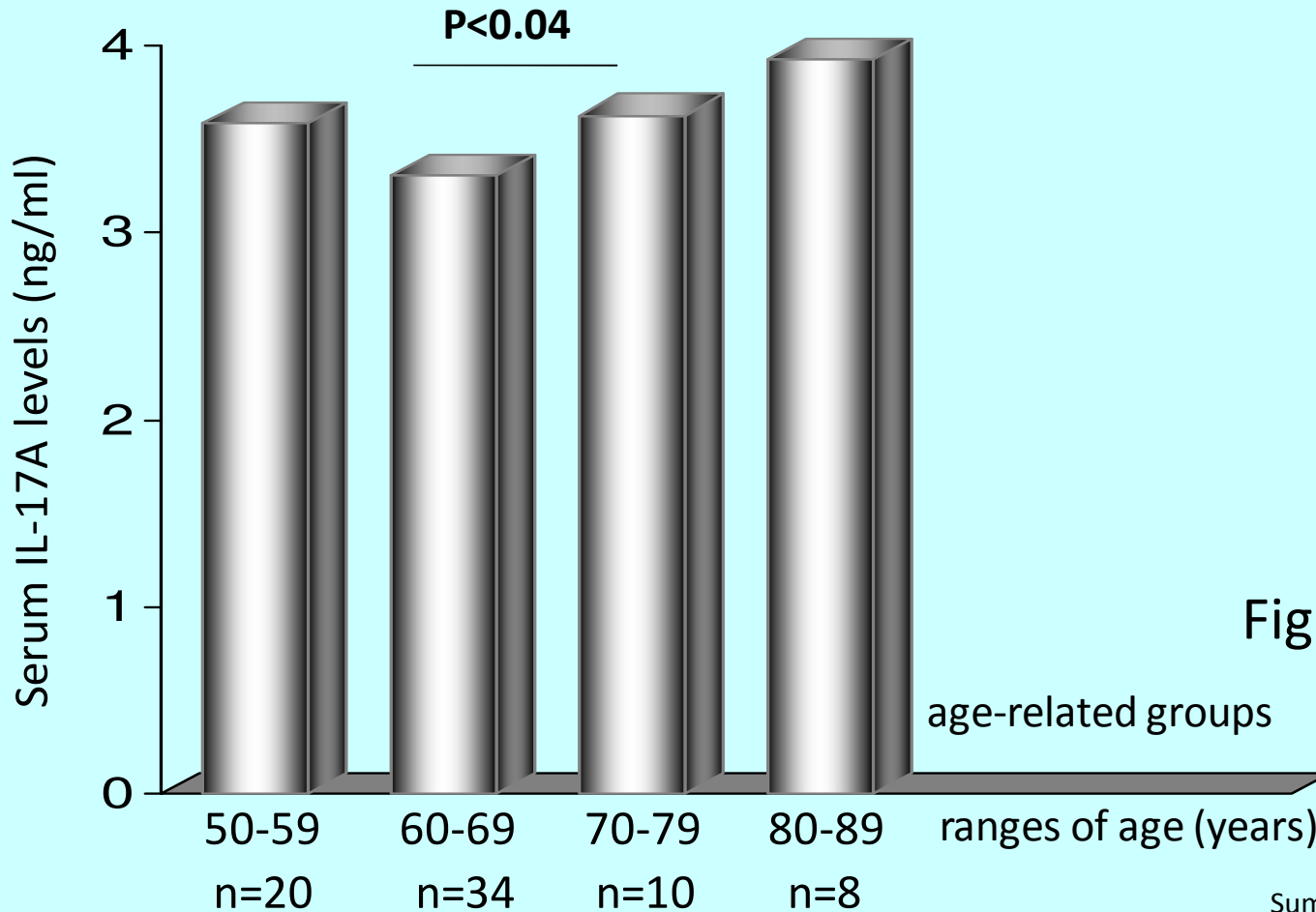


Figure 7

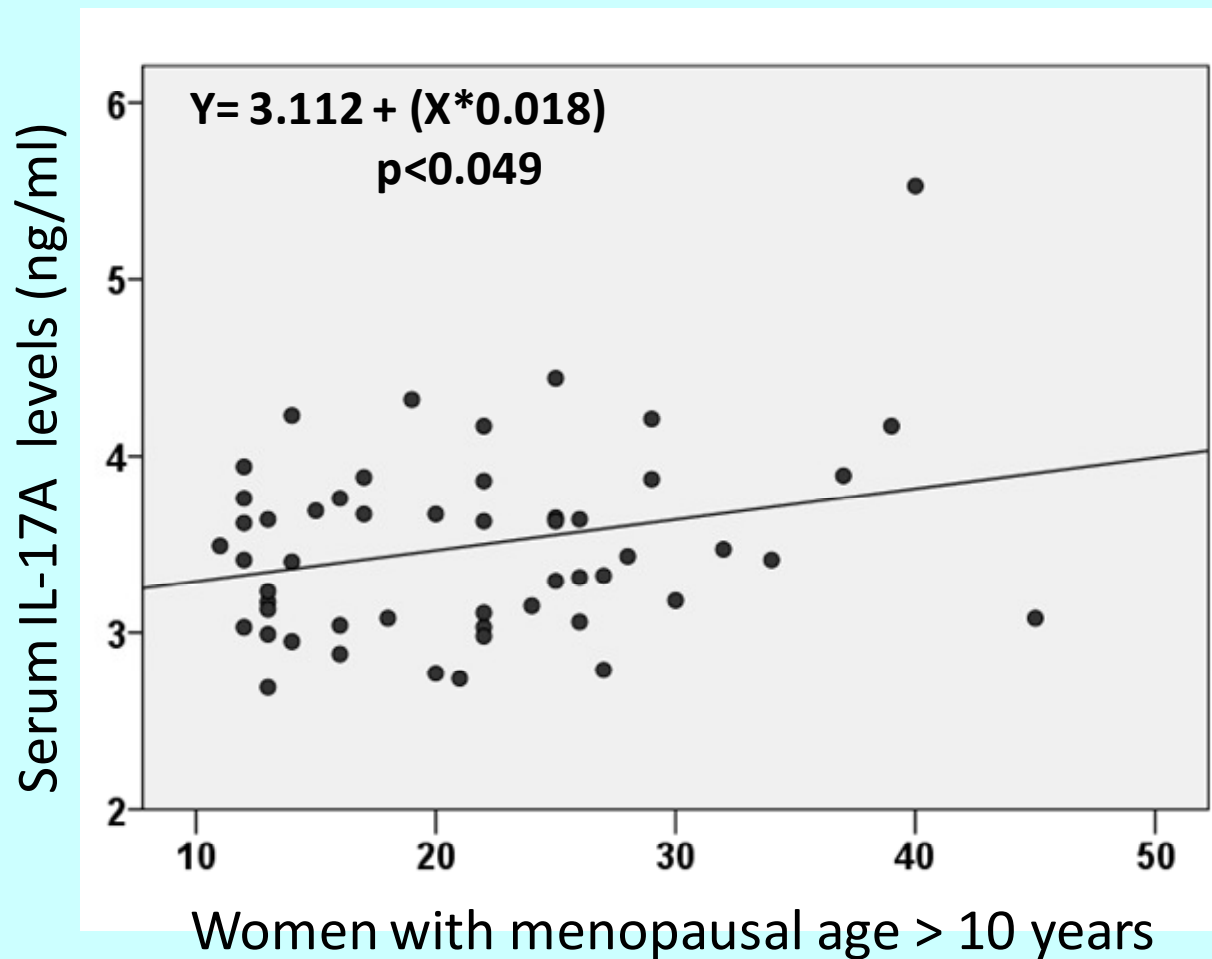
Inreased serum IL-17A levels showed an age-related dependency in postmenopause.

mean±SD 3.59 3.31 3.63 3.97
 ±0.65 ±0.4 ±0.46 ±0.77

P<0.003



Correlation between serum IL-17A levels and the post-menopausal period of women aged 60 to 89 years.



Inreased serum IL-17A levels showed a dependency on the history of hysterectomy in postmenopause.

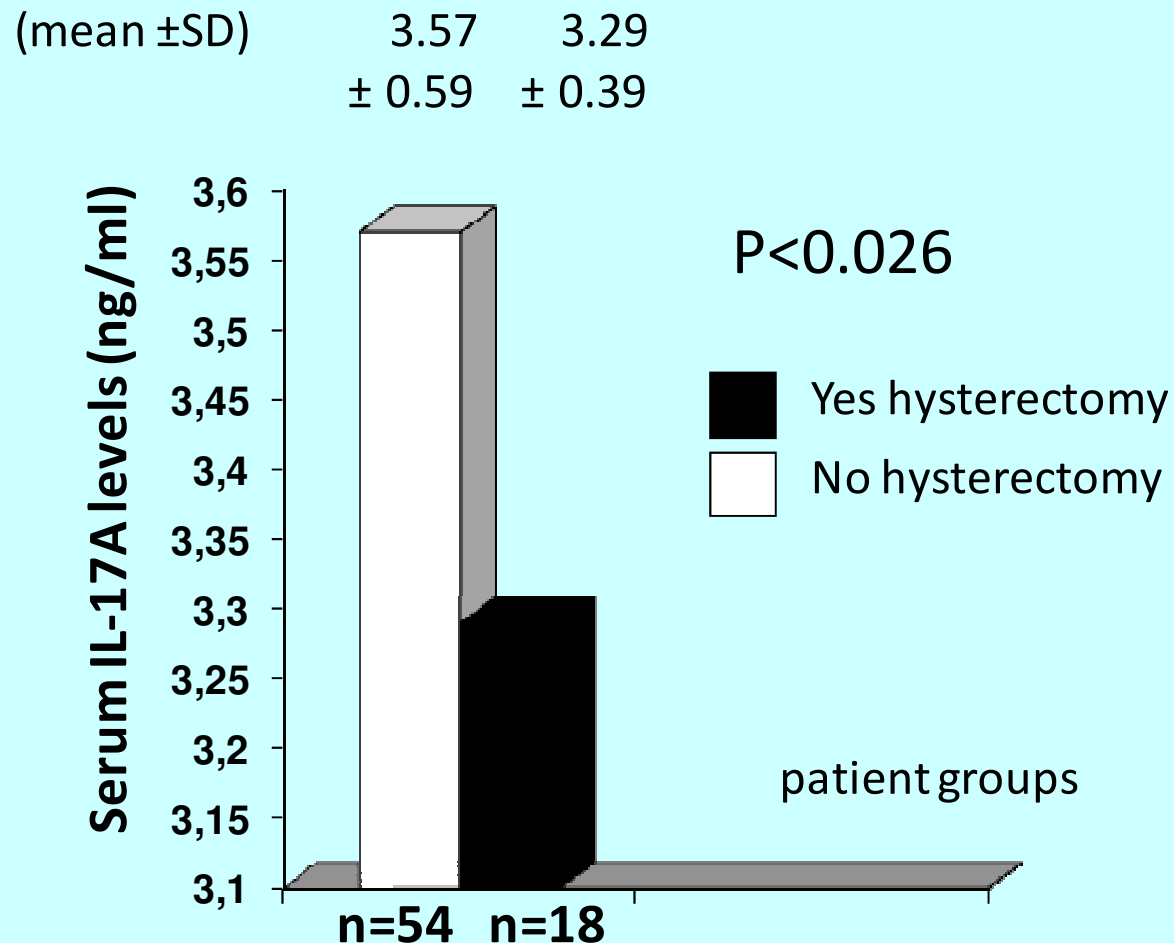


Figure 10

Inreased serum IL-17A levels showed a postmenopausal age-related dependency on the history of hysterectomy.

mean±SD 3.54 3.49 3.46 3.25 3.62 3.13 4.3 3.55
±0.68 ±0.6 ±0.47 ±0.26 ±0.46 ±0.28 ±1.09 ±0.56

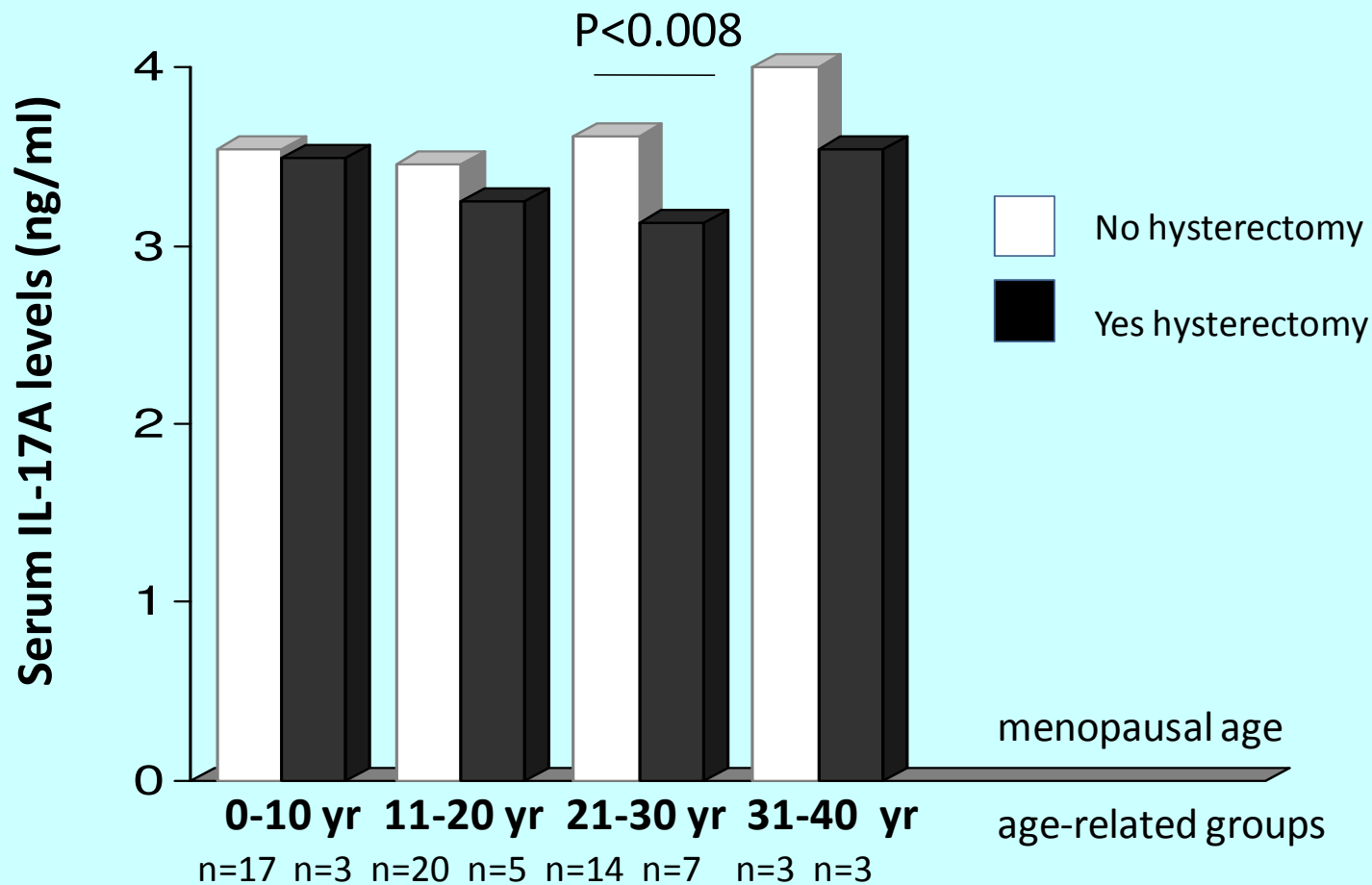


Figure 11

**Relationship
between serum IL-17A levels and
bone mineral densities (BMDs).**

Increased serum IL-17A levels were associated with relevant bone loss in postmenopause compared to those in premenopause.

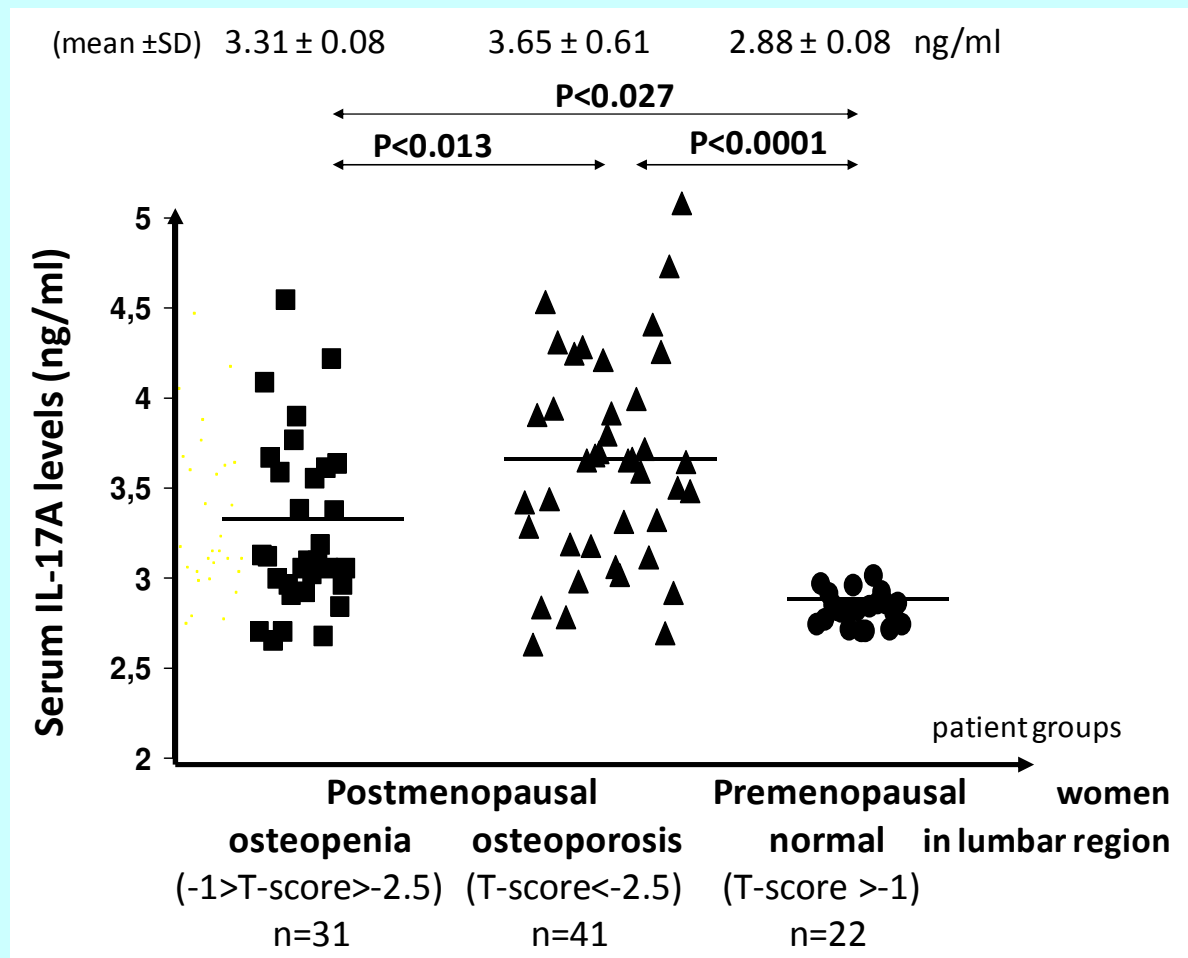


Figure 13

Serum IL-17A levels were significantly higher in postmenopausal osteoporotic women in the lumbar and femoral total regions.

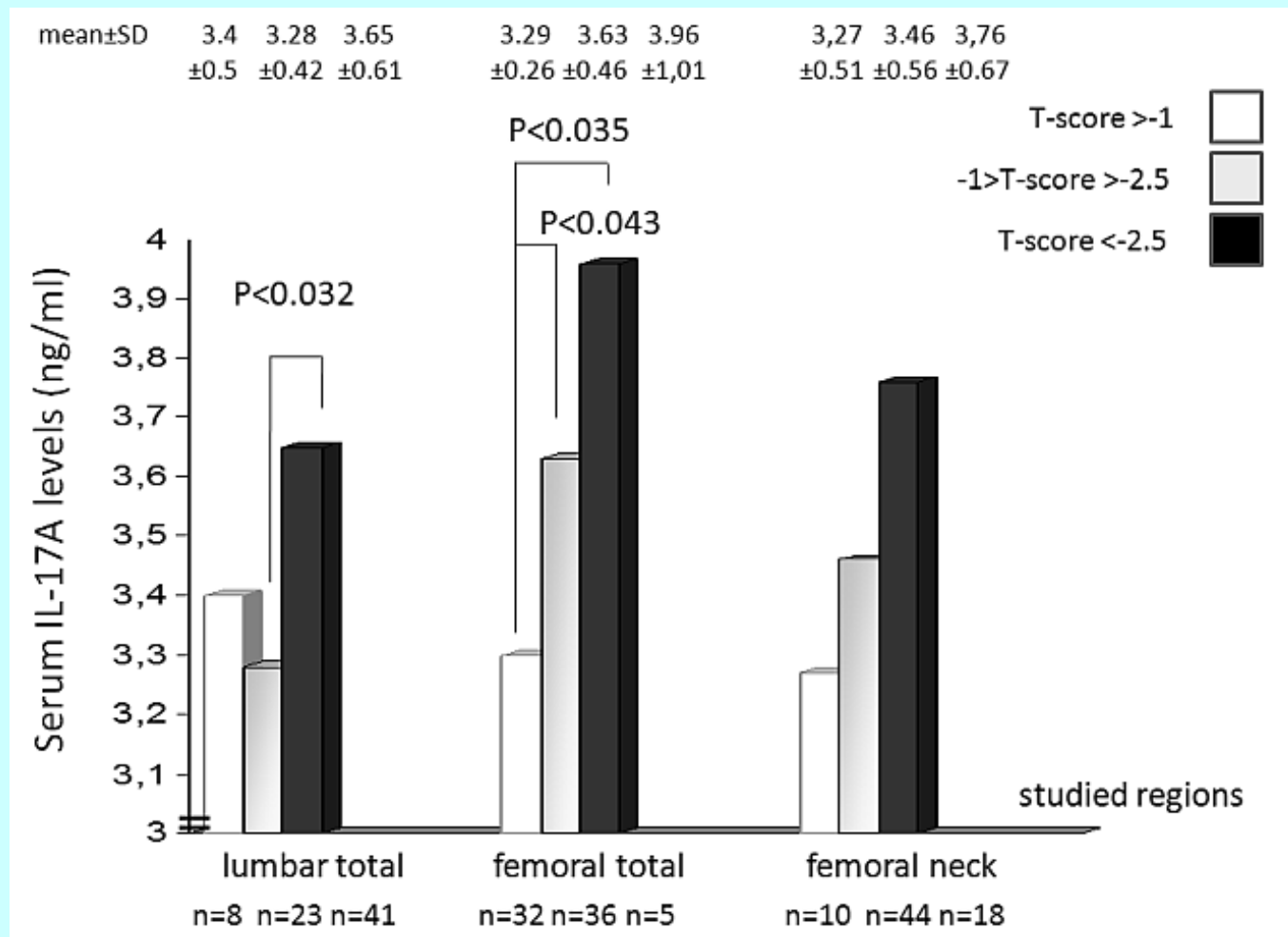
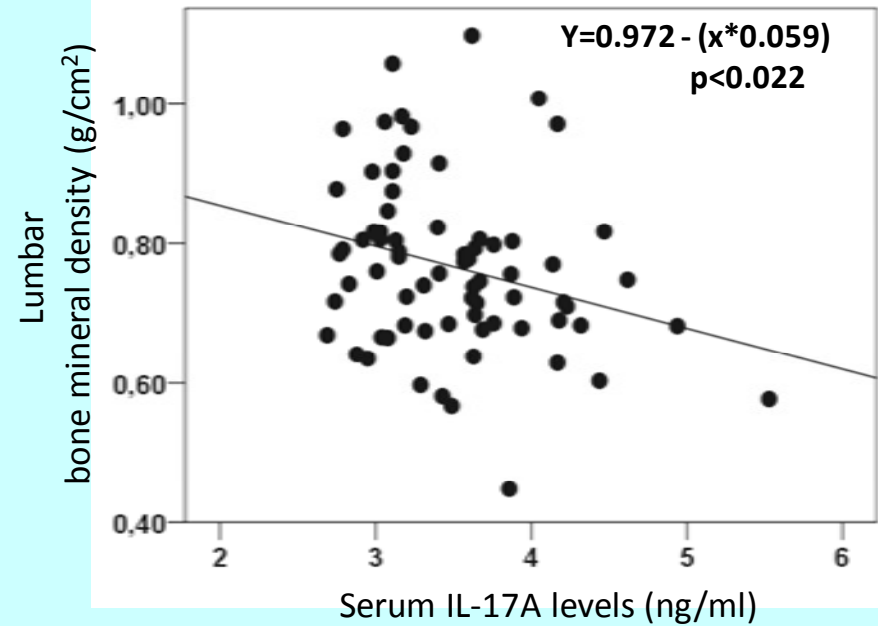
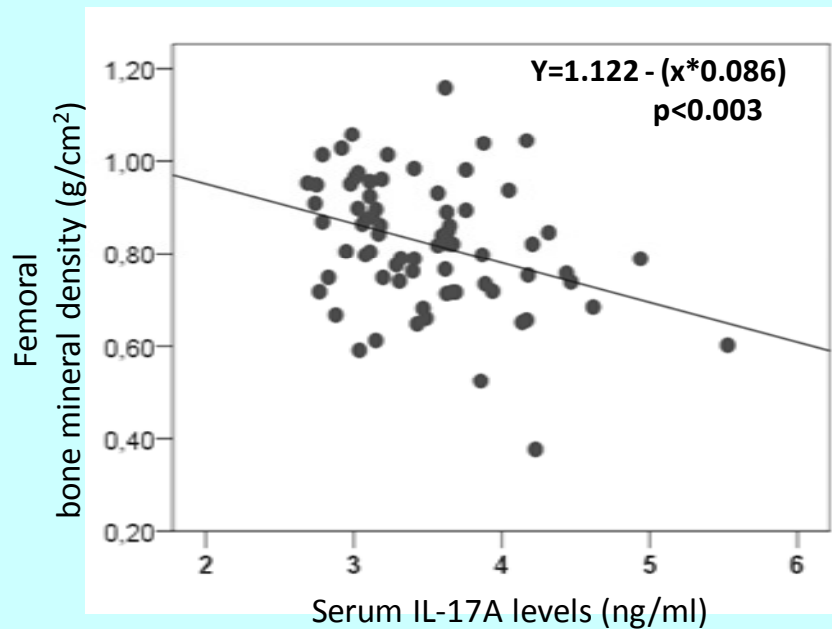
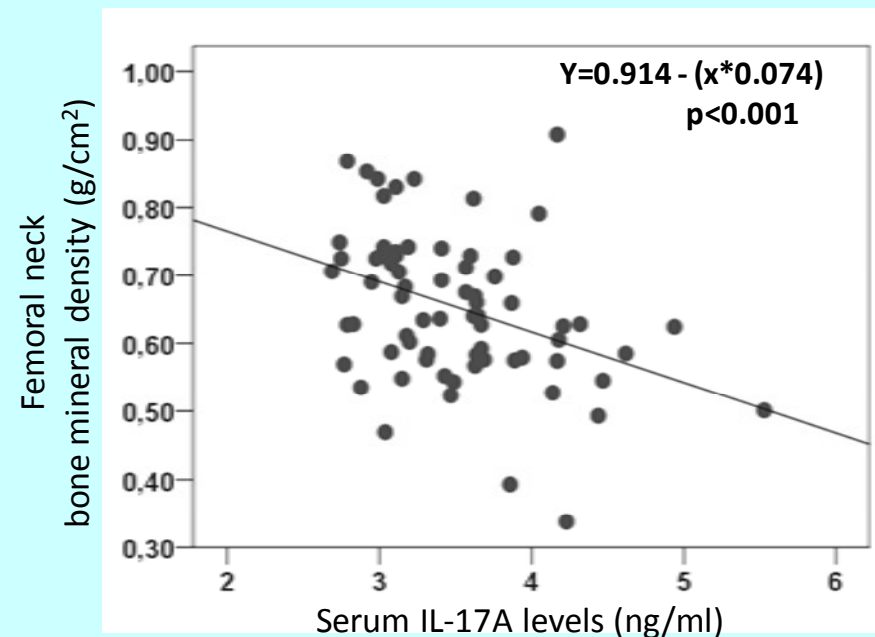


Figure 14

Serum IL-17A levels correlated inversely with bone mineral densities in postmenopause.



Lumbar region



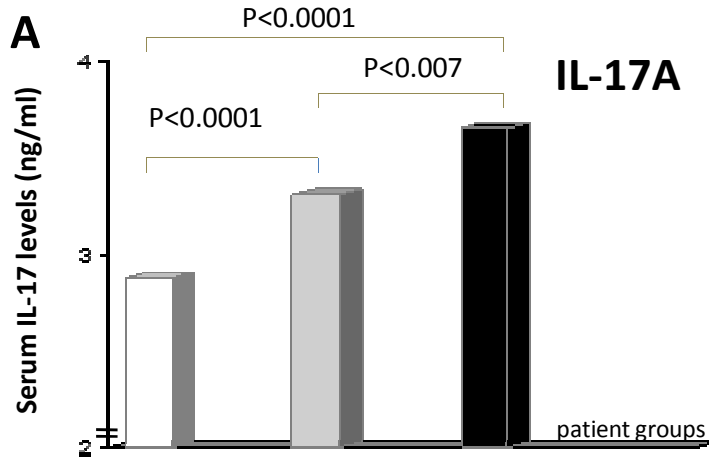
Femoral regions

Figure 15

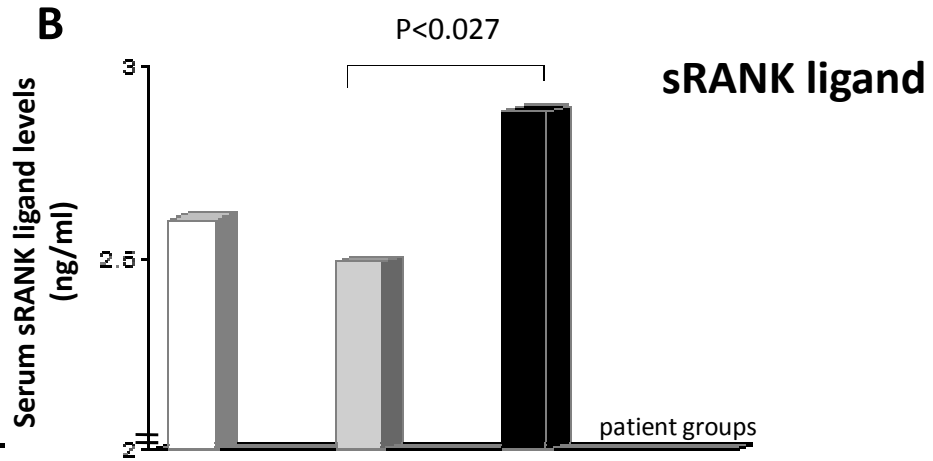
**Relationship between serum
IL-17A and sRANK ligand or
OPG levels.**

Increased serum IL-17A and sRANK ligand levels were detected in osteoporotic women.

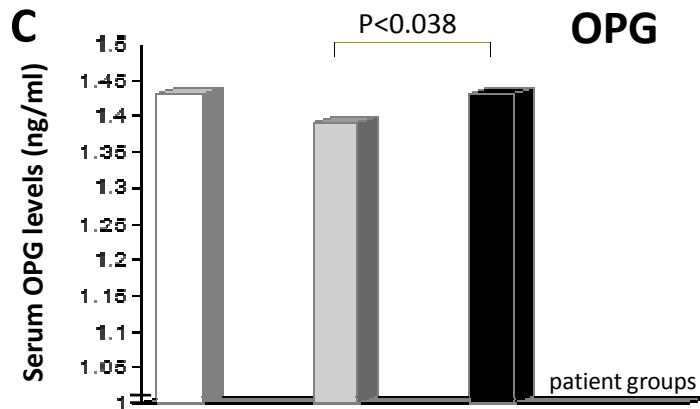
mean±SD 2.89±0.07 3.31±0.43 3.65±0.60



mean±SD 2.61±0.61 2.49±0.61 2.88±0.84



mean±SD 1.43±0.07 1.39±0.07 1.43±0.07



- Premenopausal women, n=18.
- Postmenopausal osteopenic women, n=31.
- Postmenopausal osteoporotic women, n=41.

Figure 17

Serum IL-17A levels correlated positively with sRANK ligand and did not with OPG serum levels, but with the ratio of sRANK ligand and OPG serum levels.

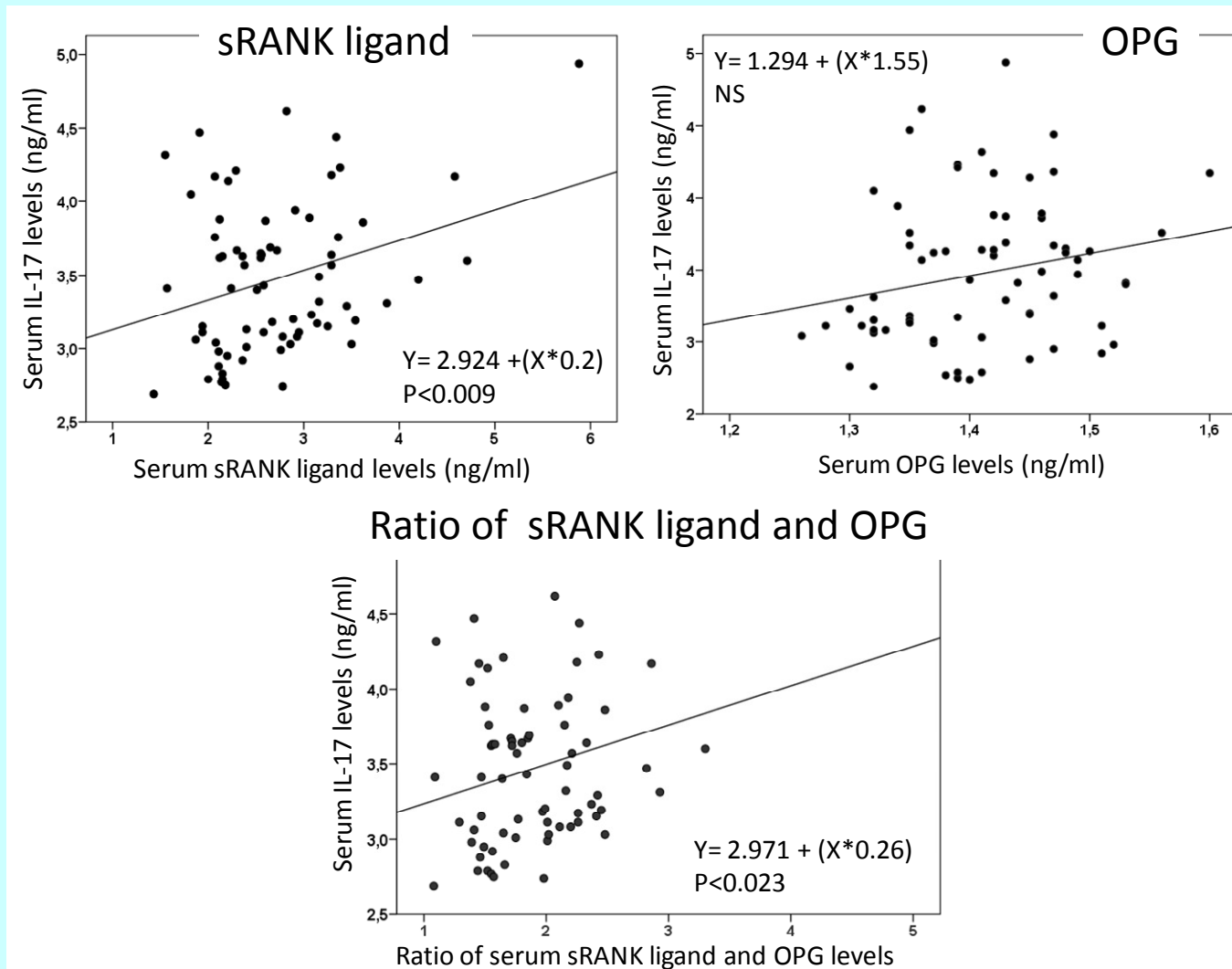


Figure 18

Vitamin D₃ deficiency and serum IL-17A levels.

Serum IL-17A levels were significantly higher in postmenopausal women with vitamin D₃ deficiency.

Parameters	Vitamin D ₃ deficiency (n=18) <50 nmol/l	Vitamin D ₃ insufficiency (n=25) 51-75 nmol/l	Vitamin D ₃ sufficiency (n=11) >75 nmol/l	P-values
Age (years)	59±17	61±13	61±12	
BMI* (kg/m ²)	29±5	29±6	29±6	
Vitamin D ₃ (nmol/l)	16,84±6,06	35,08±5,79	68,95±44	
IL-17A (ng/ml)	13,35±2,9^o	12,07±2,61	11±1,9^o	0.033
MCP-1** (ng/ml)	17,35±2,9	16,62±2,07	16,18±1,23	
IL-6 (ng/ml)	26,11±12,66	26,25±12,23	22,68±13,52	

Table 1

*Body mass index (BMI) **Monocyte chemoattractant protein-1 (MCP-1)

Serum IL-17A levels correlated inversely with vitamin D₃ serum levels in postmenopausal women.

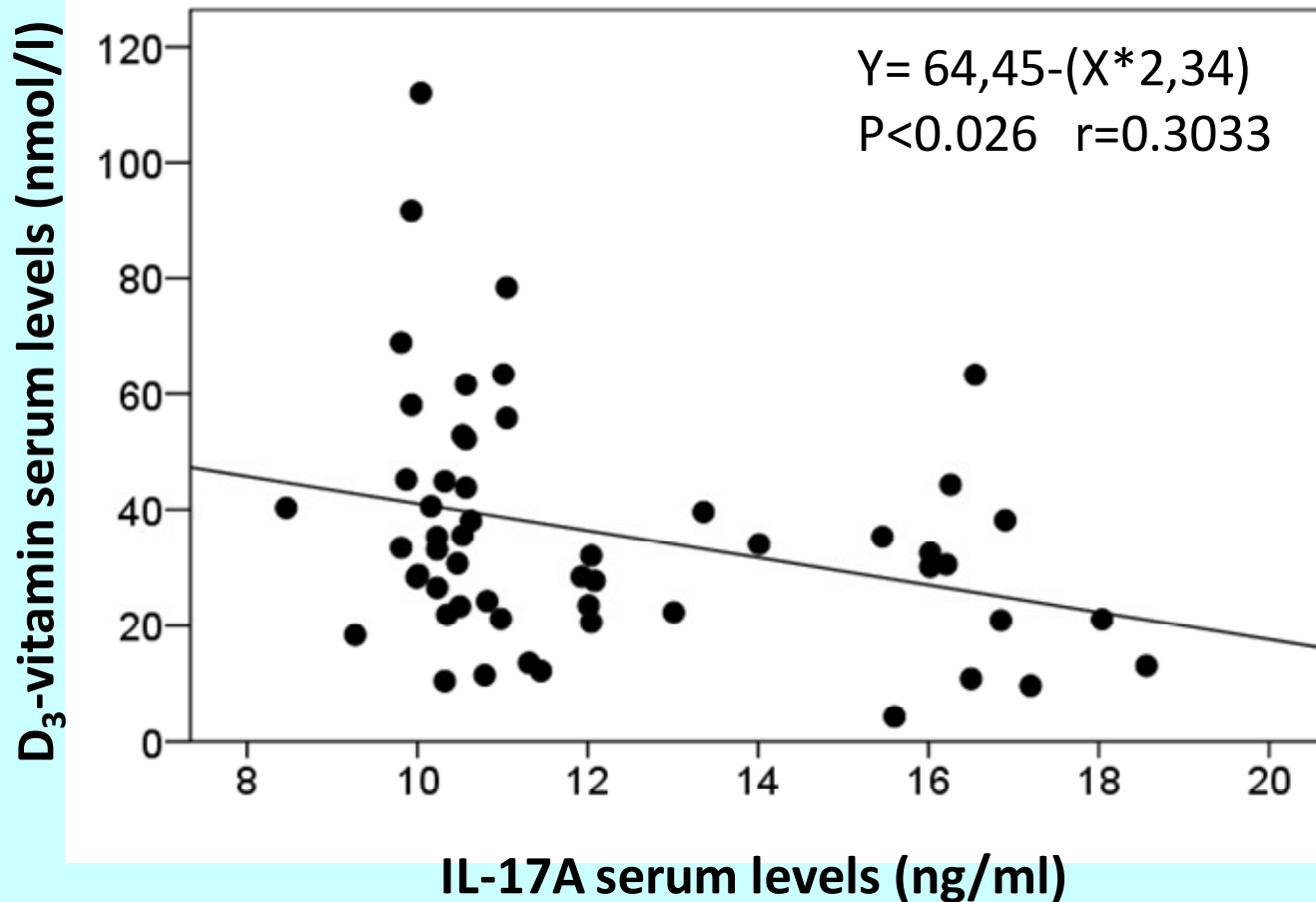


Figure 20

**Relationship between serum
IL-17A and IL-6 or MCP-1 levels.**

Serum IL-17A levels correlated positively with serum MCP-1 levels in postmenopause.

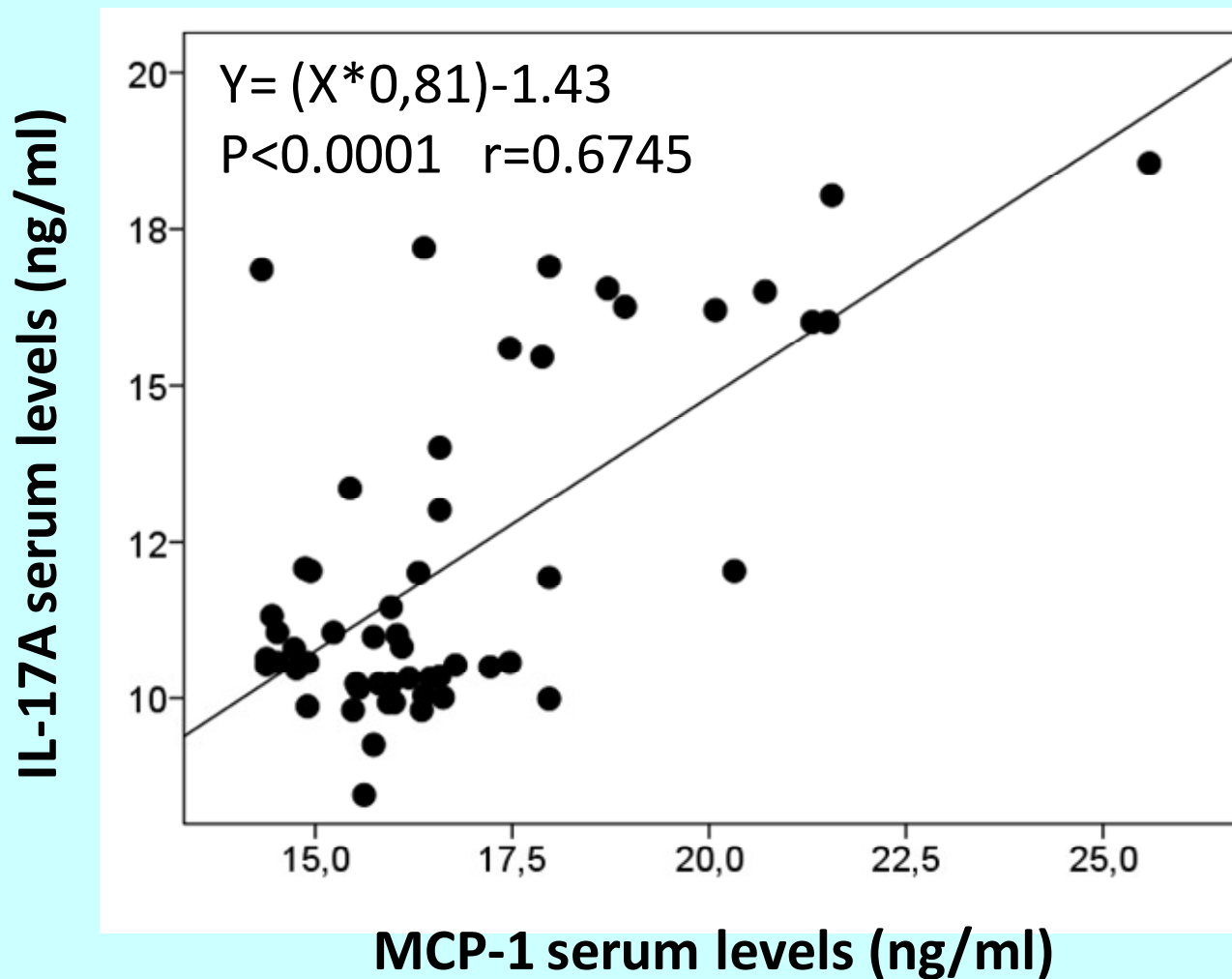


Figure 22

Serum IL-17A levels correlated positively with serum IL-6 levels in postmenopause.

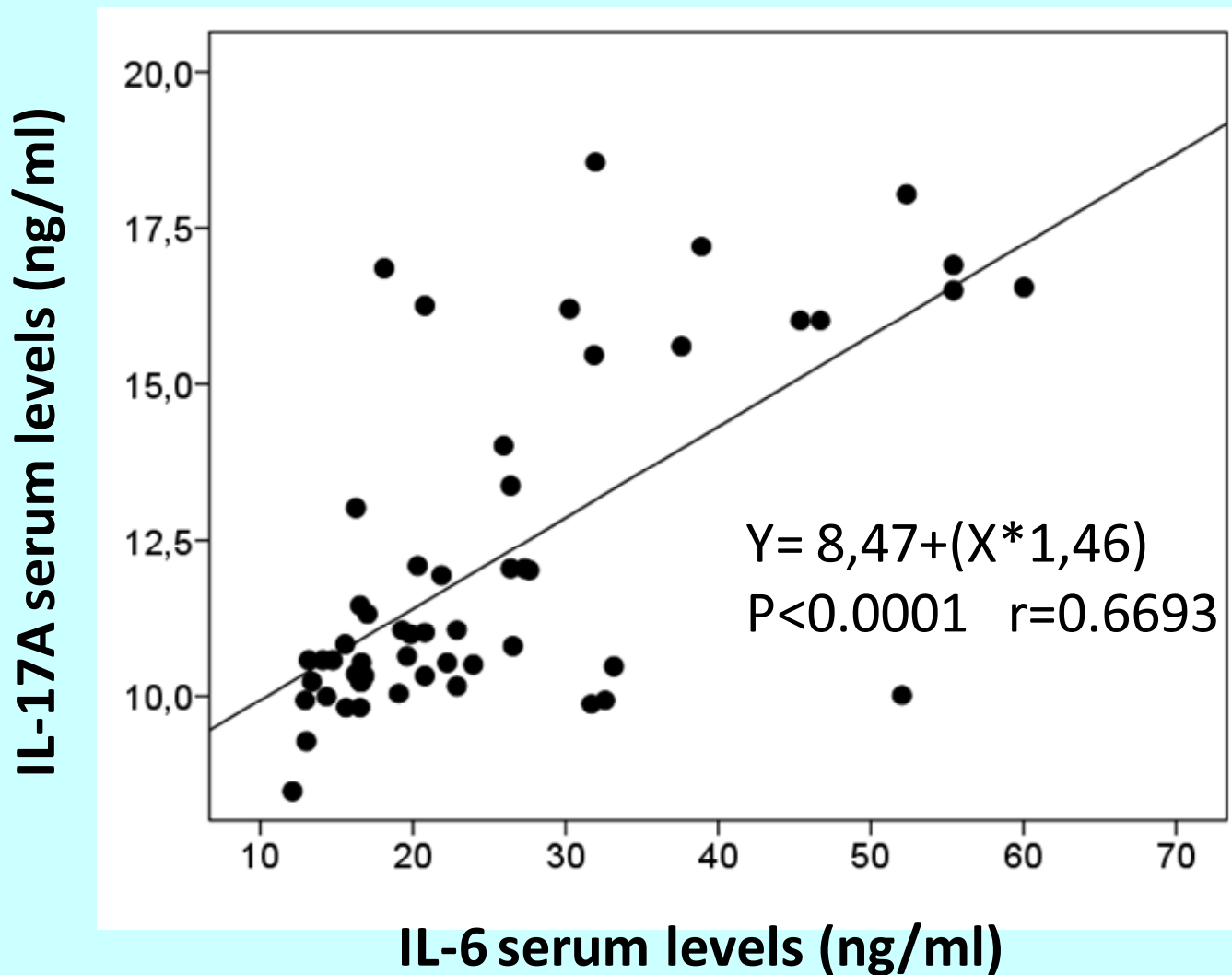
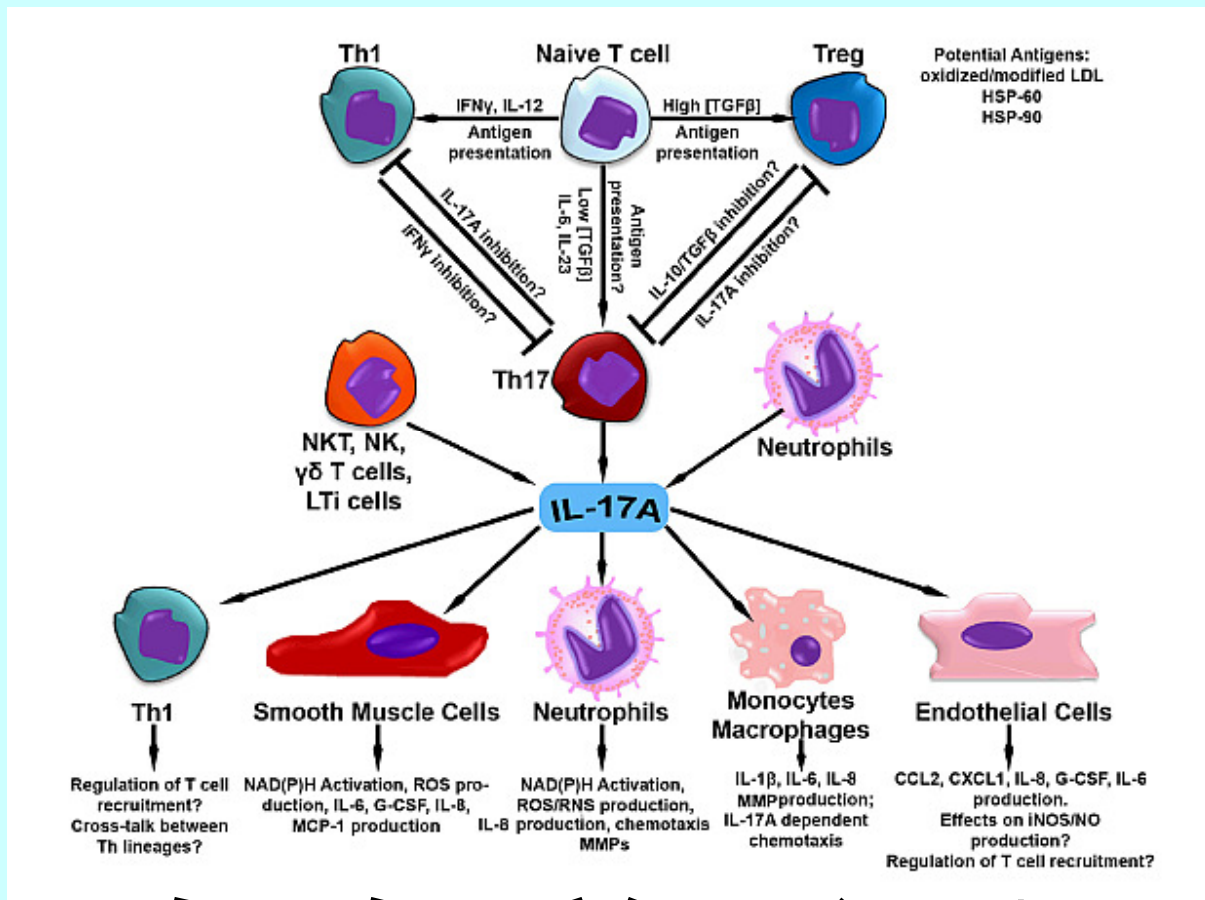


Figure 23

Synergism between bone loss and arteriosclerosis via IL-17 cytokine.



From Butcher M and Galkina EV, Thromb Haemost, 2011, 106(5): 787-795.

Figure 24

bone loss

arteriosclerosis

Conclusions

- ❖ The high prevalence of **increased serum IL-17A levels** was connected to postmenopausal **estrogen deficiency** and showed a postmenopausal period-related dependency.
- ❖ Postmenopausal **osteoporosis** was associated with **increased serum IL-17A** and **sRANK ligand** levels, but only weakly increased serum OPG levels.
- ❖ **Vitamin D₃ deficiency** was associated with **higher serum IL-17A** levels in postmenopause.
- ❖ The **strong correlation between serum IL-17A and IL-6 or MCP-1** highlighted the **relationship** between **osteoporosis and arteriosclerosis**, as well as cardiovascular diseases.



Thank you
for your attention!

Participated in this work:

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