

CASE STUDY

Steven Johnson Syndrome (SJS/TEN)

A seven year boy admitted to hospital with skin blisters and eruptions followed by necrosis of the epidermal tissue

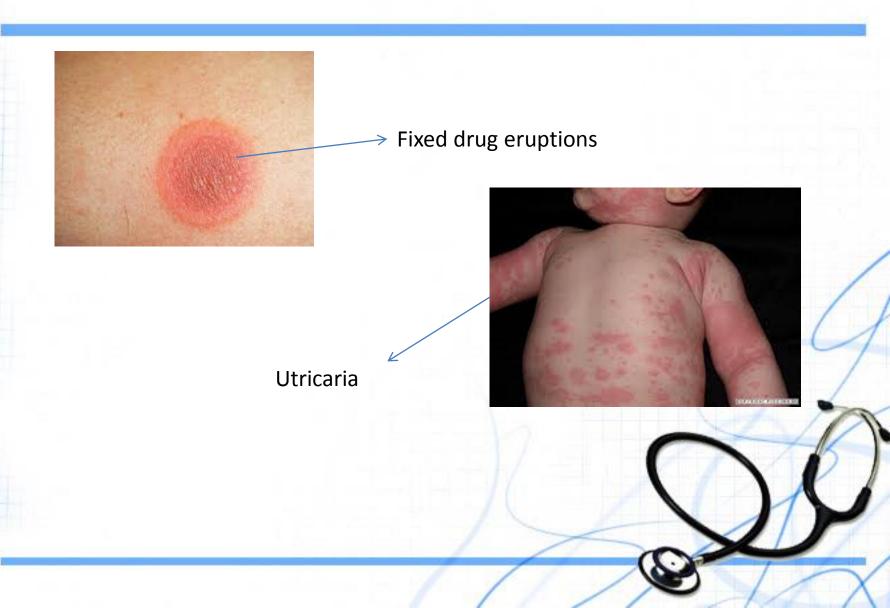
History:

k/c/o Trabeculoma in brain with c/o seizures and prescribed with carbamazepine ,Started on ATT 9 days back, skin reactions observed on the 9th day





Various reactions



examples

Urticaria

NSAIDs, antimicrobials, anticancer drugs, ACE inhibitors, corticosteroids

Fixed-drug eruptions

Tetracyclines, barbiturates, sulfonamides, codeine, carbamazepine, acetaminophen, NSAIDs

SJS and TEN

Antibacterial sulfonamides, anticonvulsants, oxicam NSAIDs, allopurinol, nevirapine

Introduction

The World Health Organisation (WHO) defines an ADR as <u>"a</u> response to a drug that is noxious and unintended and occurs at doses normally used in man for prophylaxis, diagnosis or therapy of disease, or for modification of physiological function"





- Worldwide incidence of ADRs is steadily increasing
 - > Up to 35% of hospitalized patients experience ADRs
 - Approximately 5% to 10% of all hospital admissions are due to ADRs
 - The incidence of **fatal ADRs** is estimated to be **0.23% to 0.41%**

- Adversely affect patients' quality of life
- ADRs are one of the leading causes of morbidity and mortality
- Cause patients to lose confidence in their doctors
- Increase costs of patient care





Objective of study

Assess the incidence and pattern of reported ADRs



Assess causality and offending drugs that caused ADRs

Assess the severity and preventability of reported ADRs





Methodology

- Study Site: A Tertiary Care Hospital, Bangalore
- Study Design: Retrospective observational study
- Source of Data: Documented ADRs 2009-2015
- Data Analysis: Microsoft Excel





Causality, Severity, preventability were assessed using different scales



Results were analyzed using MS Excel

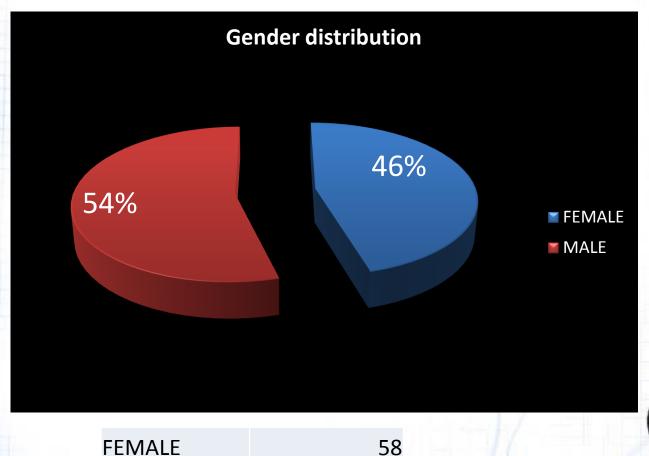




Results and Discussion



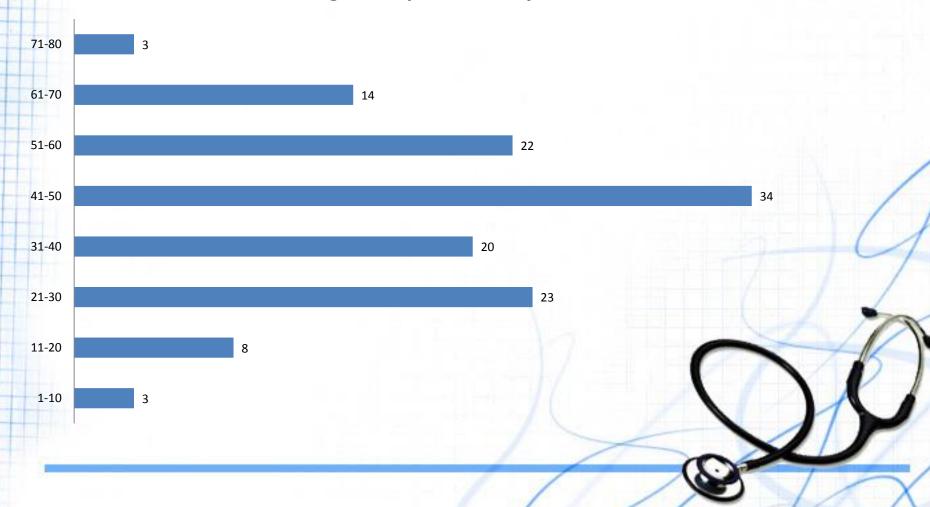
Gender distribution



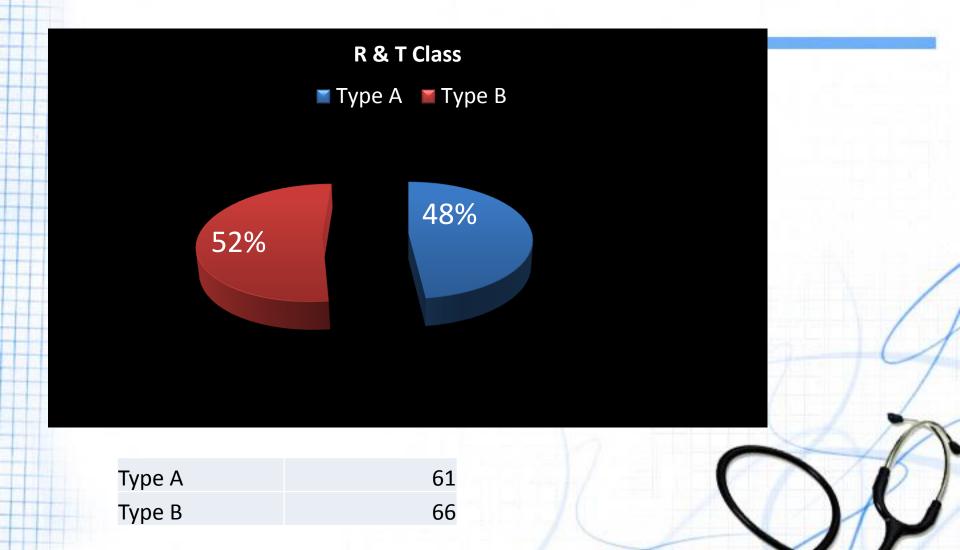
FEMALE 58 MALE 69

Age group

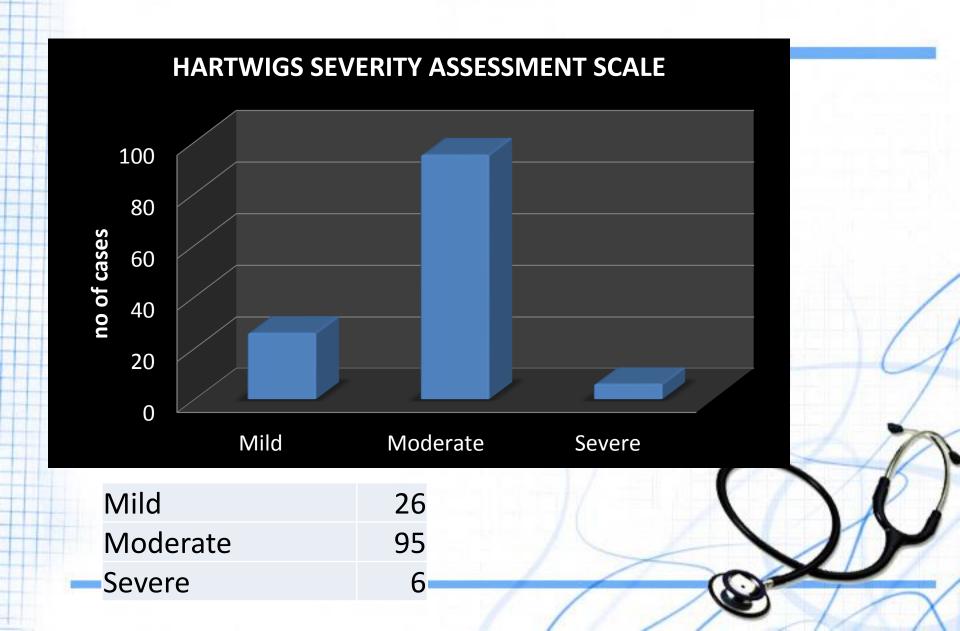
Age Group affected by ADRs



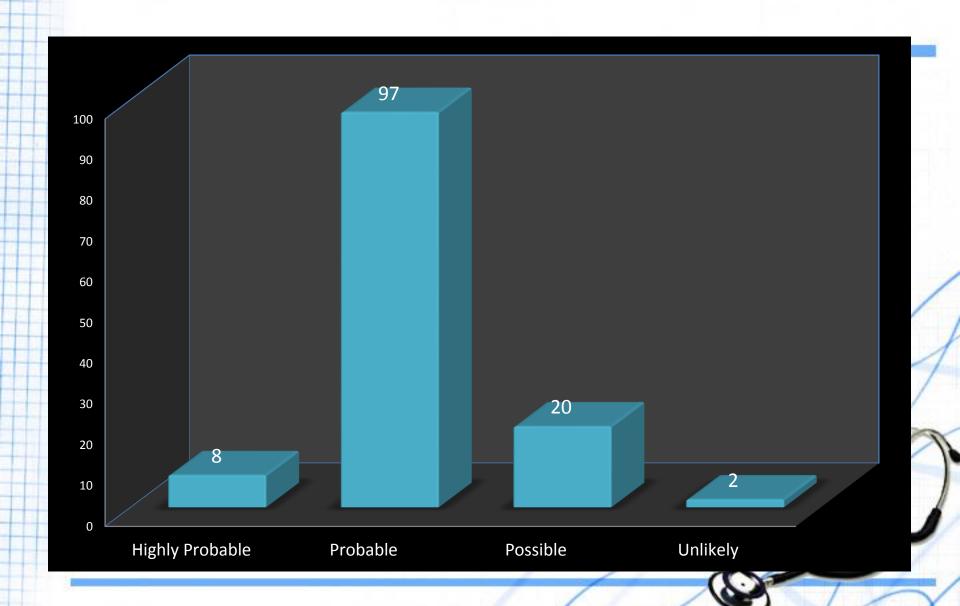
Rawling's and Thompson Classification



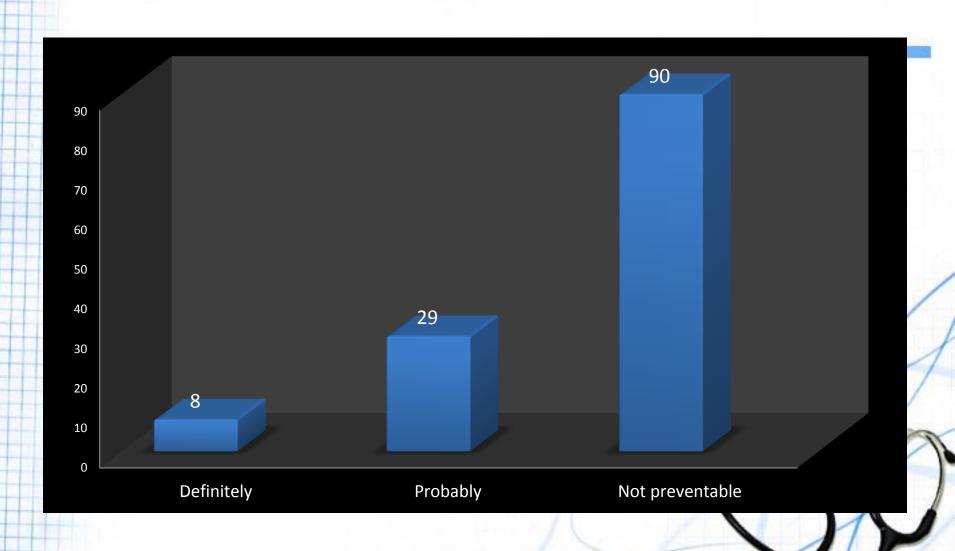
Severity Assessment



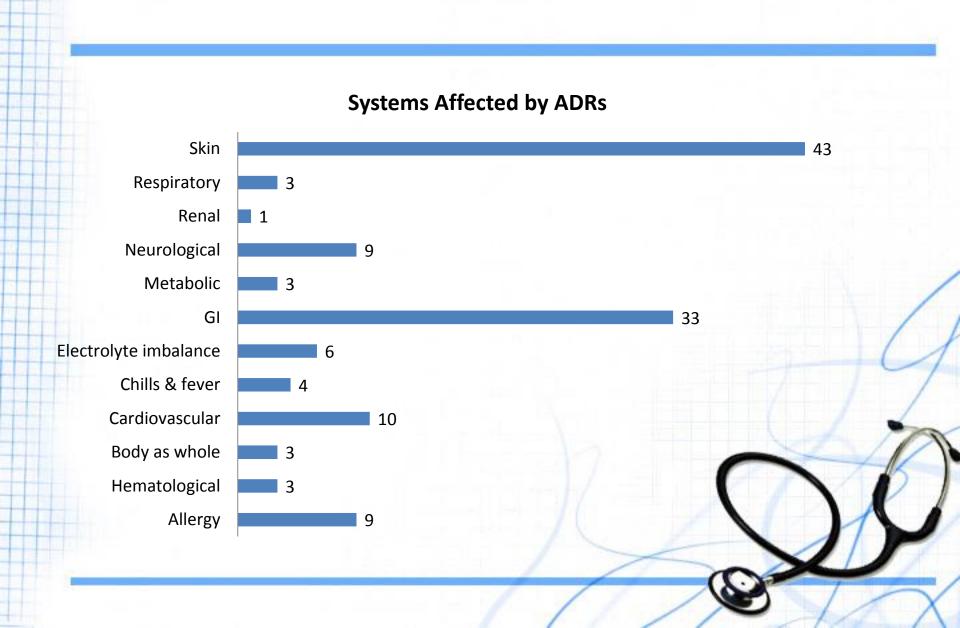
Causality Assessment



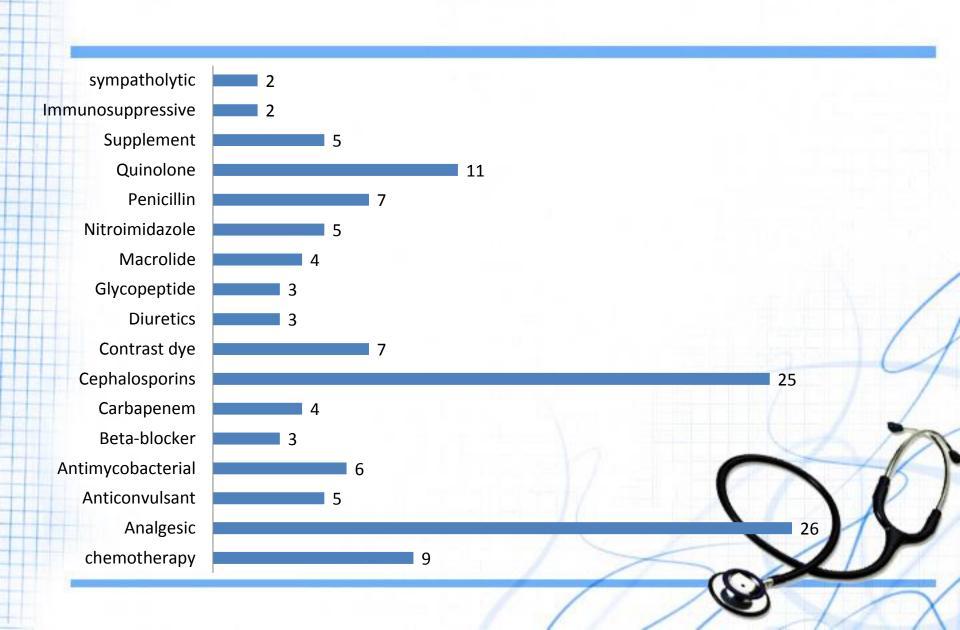
Preventability assessment



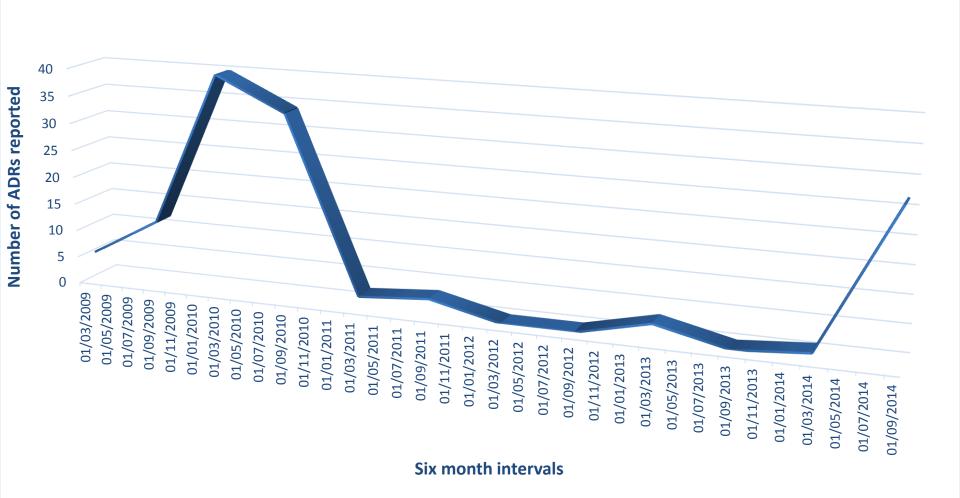
Systems Affected by ADRs



Class of Drugs associated with ADRs



Frequency of ADRs from 2009-2015



Conclusion

- Need for streamlining hospital based ADR reporting and monitoring
- Need for HCPs involvement.
- Conducting educational classes for HCPs
- Electronic documentation of medication history
- Encouraging ADR based studies
- Computerized reporting system

LIMITATIONS

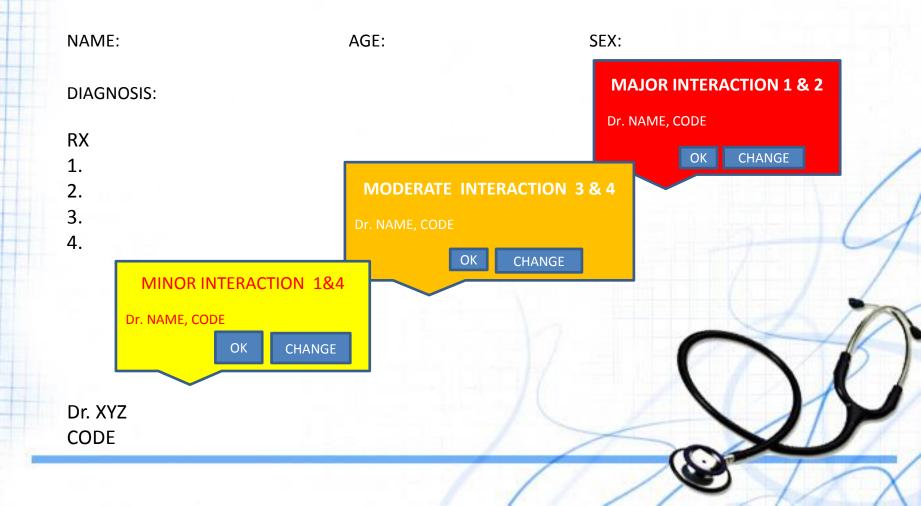
- Under reporting by health care professionals.
- Lack of awareness of where and how to report.
- Study was not conducted on neonates and pregnant women.
- Inadequate knowledge about importance of reporting ADRs.
- Inconclusive submission of ADR forms.

FUTURE DIRECTIVES

- Provide patient counselling with emphasis on drug utilization.
- ADR assessing studies along with feedback.
- Provision of CMEs for HCPs on ADRs.
- To implement computerized reporting system in hospital setup to hasten reporting of ADRs in more efficient manner.

Future directives

Computerized identification system



Take home message

"ADR VIGILANCE SAVES"



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Thank you

