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Effect of Formulation Development and API Characteristics on Fast Dissolving Dosage Forms Bioequivalence Studies

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Sanovel Pharmaceuticals

BA/BE Studies Summit, Chicago/USA

18.08.2015

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Introduction

FDDDS were developed in the late 1970s as an alternative to conventional dosage forms for **pediatric and geriatric patients**.*



This systems have **better patient acceptance and compliance** and may offer improved biopharmaceutical properties compared with conventional oral dosage forms.



FDDDS may disintegrate in the mouth and can be taken without water.

* *Ashish Garg, M.M. Gupta, Mouth Dissolving Tablets: A Review, Journal of Drug Delivery&Therapeutics; 2013*

Regulatory Definitions



US Definition*

- A solid dosage form containing medicinal substances which disintegrates rapidly, usually within a matter of seconds when placed upon the tongue.
- Tablet weight <500mg. In-vitro USP disintegration test <30 seconds.

FDA Guidance for Industry -Orally Disintegrating Tablets***

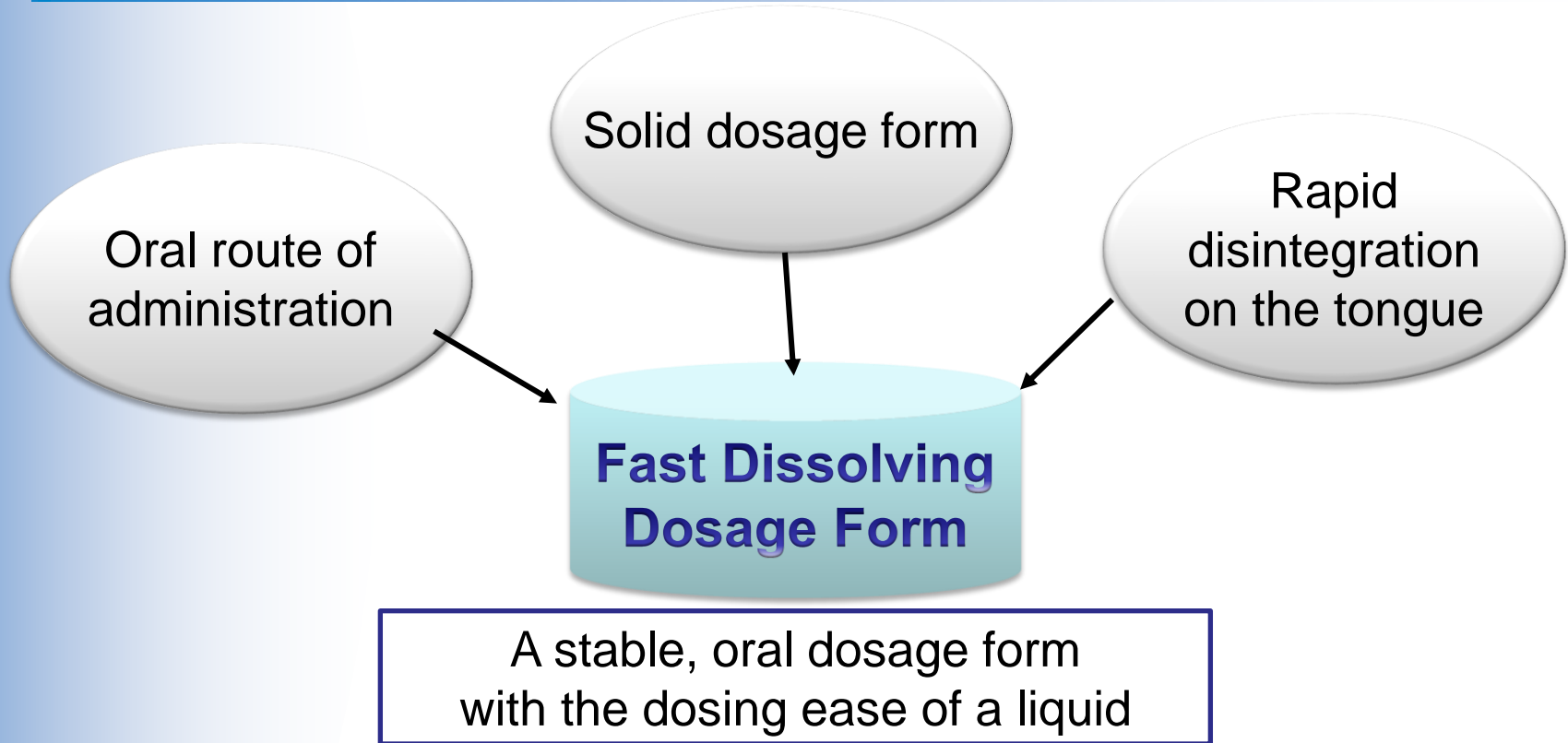


EU Definition**

- Orodispersible tablets** are uncoated tablets intended to be placed in the mouth where they disperse rapidly before being swallowed.
- Disintegration Test: Orodispersible tablets disintegrate *within 3 minutes* when examined by the test for disintegration...

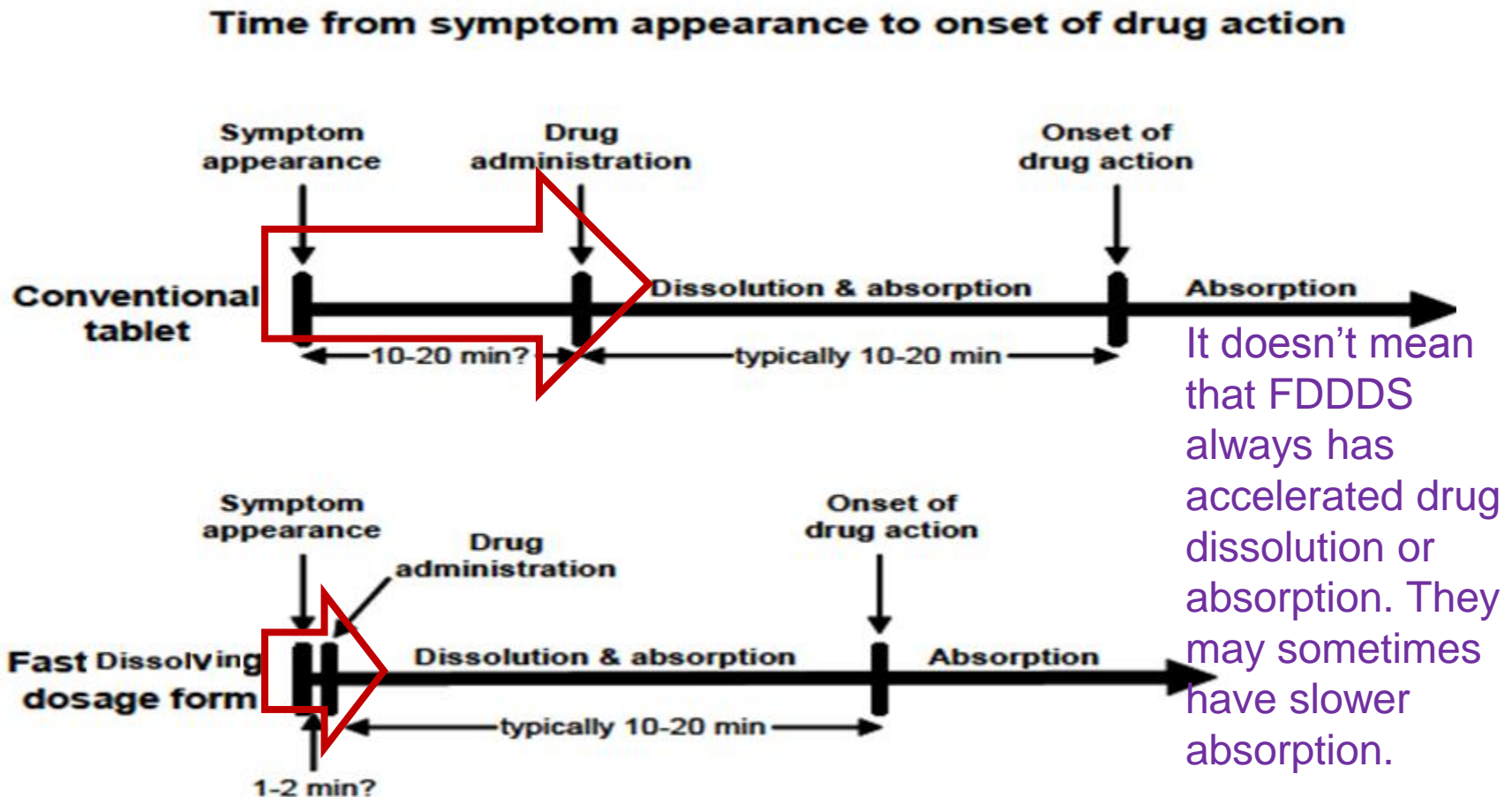
***European Pharmacopoeia (Ph.Eur.)*

What are Fast Dissolving Dosage Forms?



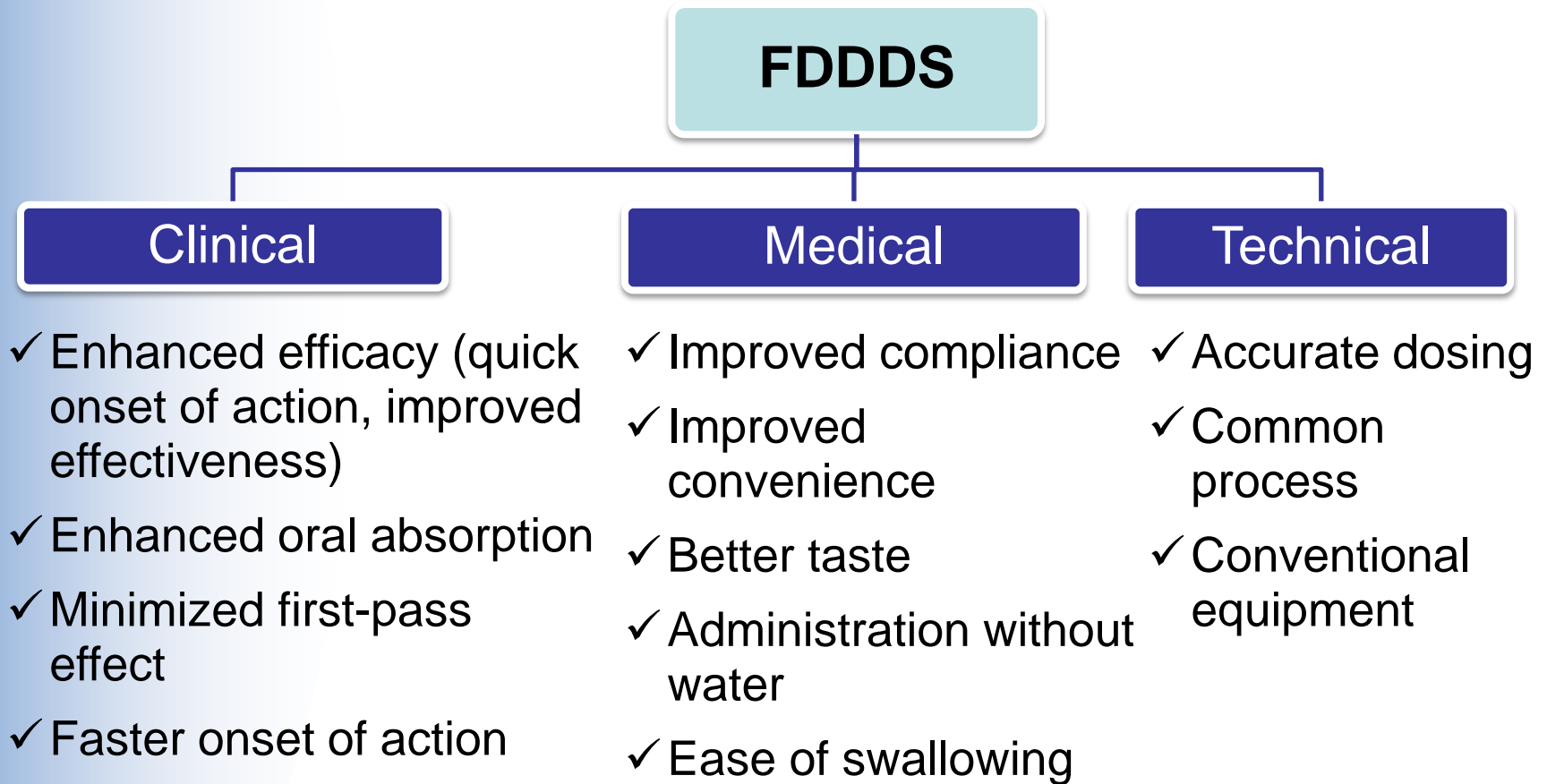
They are swallowed as easily as liquids, but at the same time they are stable like tablets and capsules.

Advantages of FDDDS: Onset of drug action

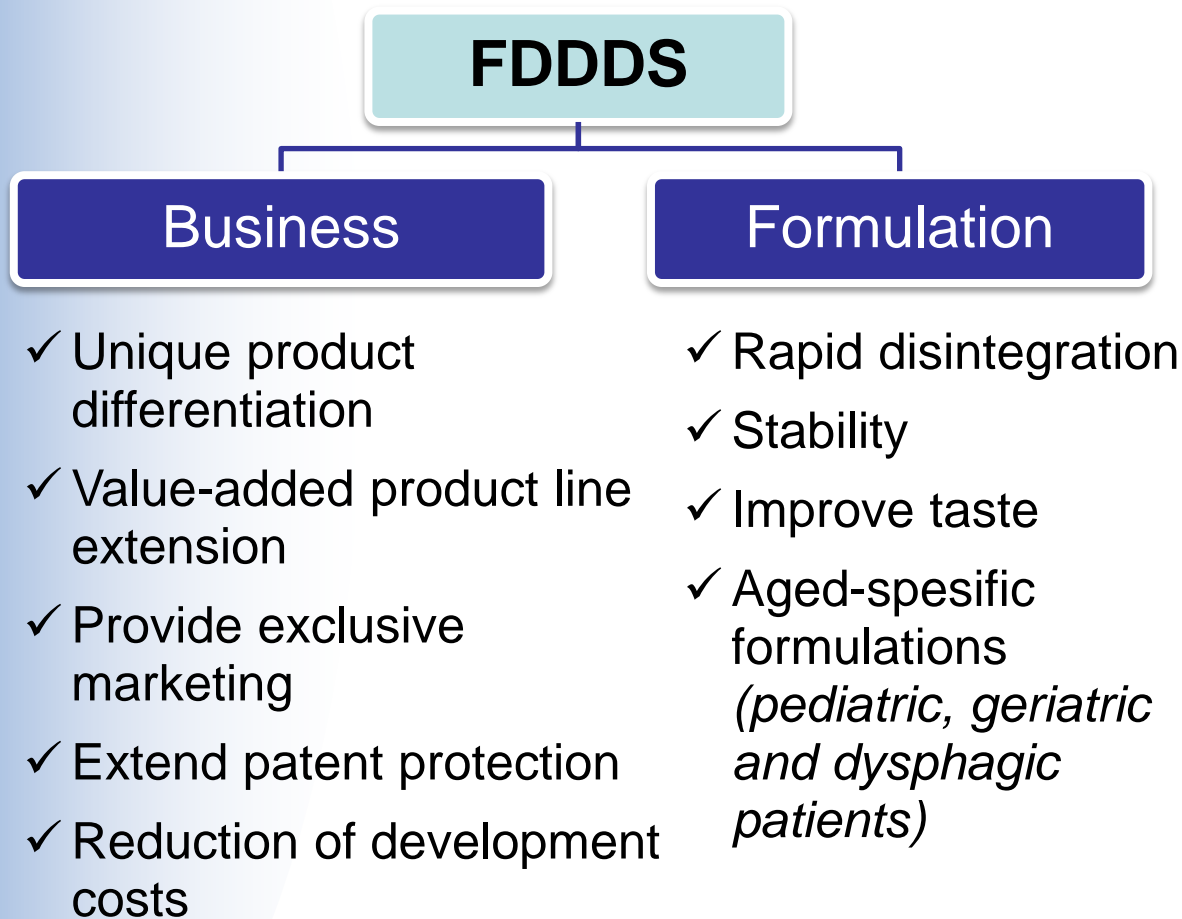


*Karsten Cremer, *ORALLY DISINTEGRATING DOSAGE FORMS*, 2001

Advantages of FDDDS



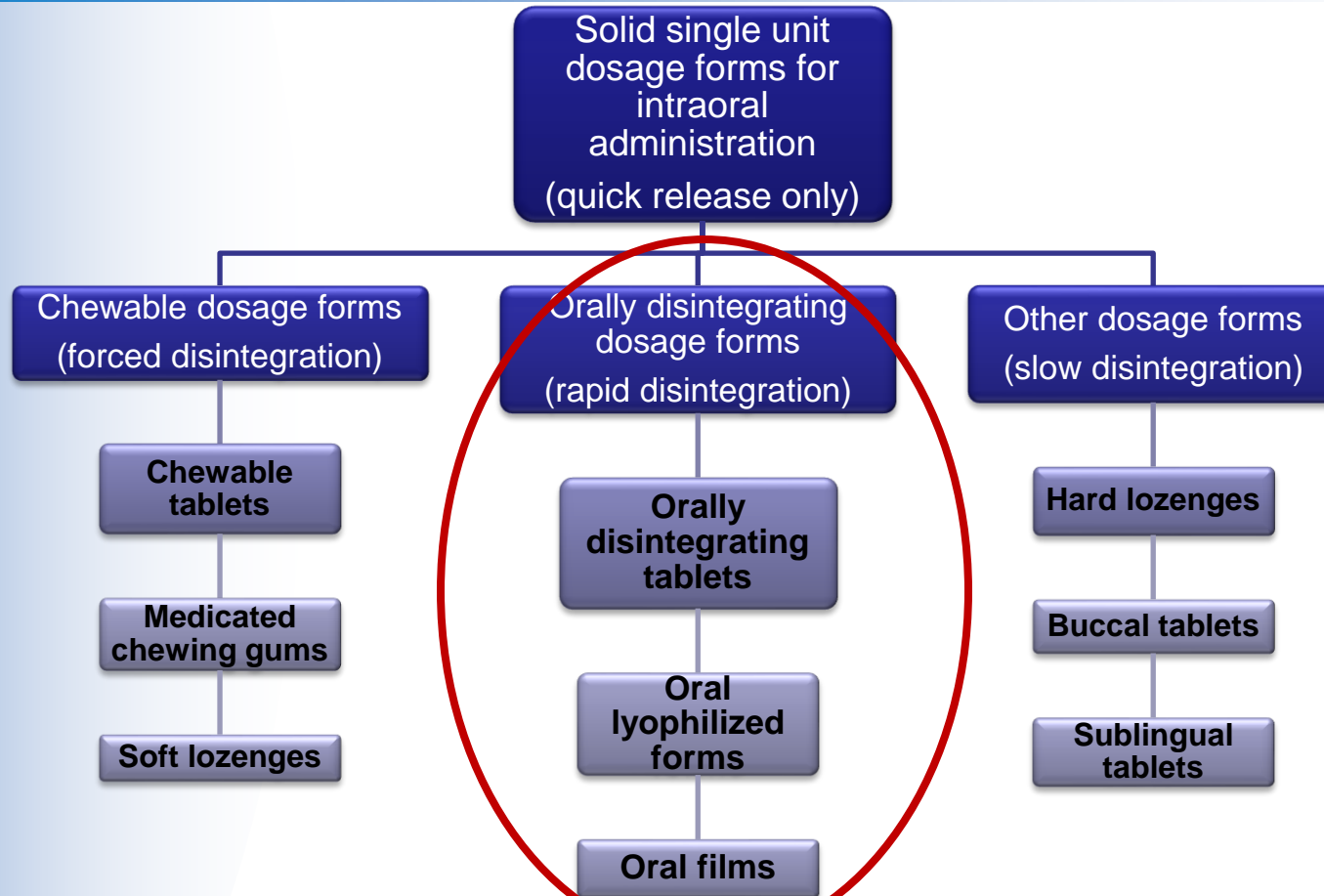
Advantages of FDDDS (*cont.*)



Limitations of FDDDS

- Limited drug load capacity
- Fragile products, special unit-dose packaging
- Hygroscopicity
- Unpleasant taste of a drug and poor organoleptic properties
- The lack of coated drug(API) particules may cause mucosal irritation.

What are Orally Disintegrating Dosage Forms?



*Karsten Cremer, *ORALLY DISINTEGRATING DOSAGE FORMS*, 2001

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- **Orally disintegrating tablets**
- **Oral films**

□ In-vitro Evaluating Parameters of FDDDS

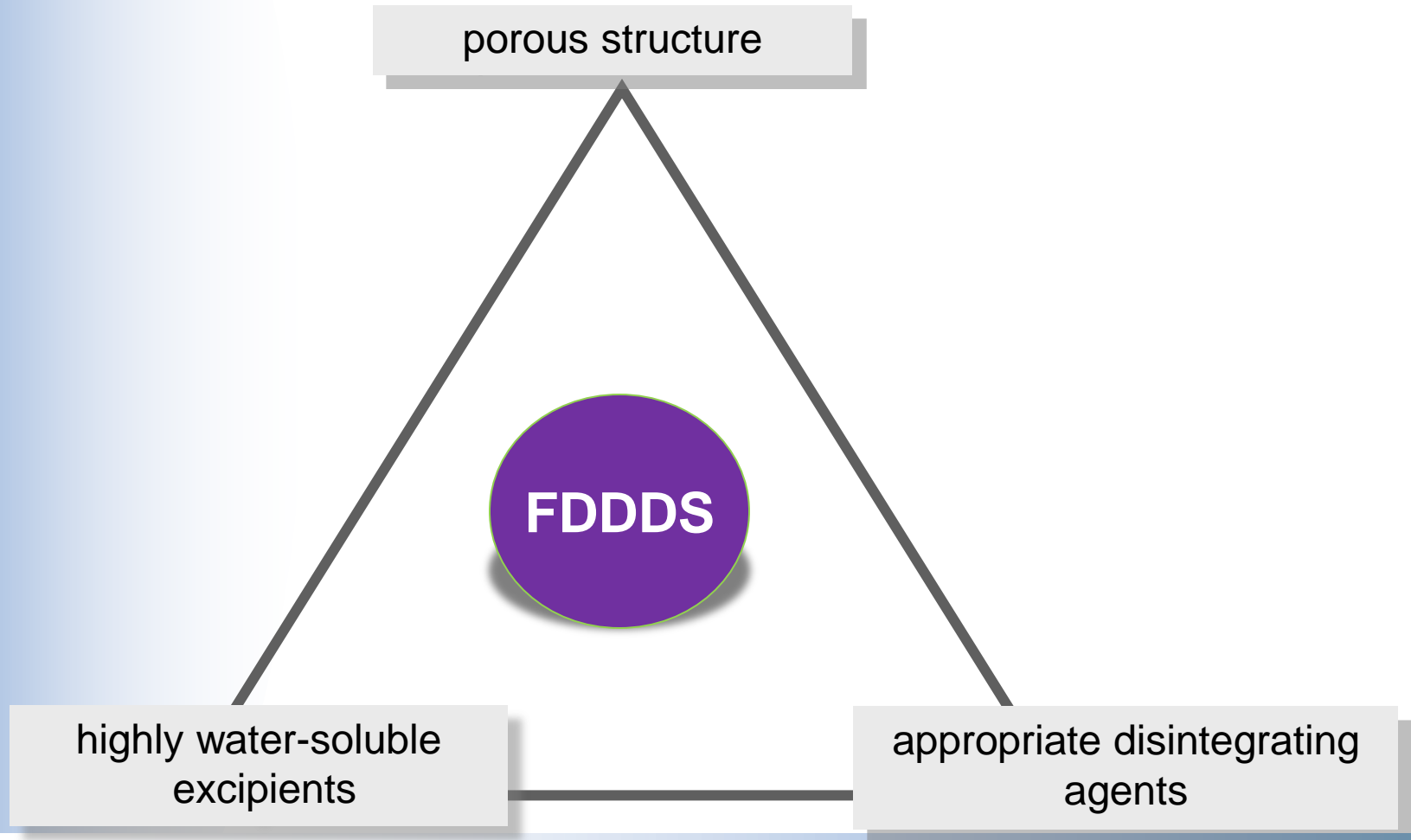
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Formulation: Basic Approaches to Develop FDDDS



Technologies for Manufacturing FDDDS

- ❑ Oral lyophilized dosage forms
- ❑ Orally disintegrating tablets
- ❑ Oral films

Technologies for Manufacturing FDDDS

- Oral lyophilized dosage forms
- Orally disintegrating tablets
- Oral films

Oral Lyophilized Dosage Forms

- The most successful fast-dissolving oral dosage forms today
- Resulting solid material is a **highly porous matrix** network
- Disintegrates in less than 10s, typically less than 5s
- Their basic manufacturing process are **freeze-drying** or **lyophilization**.
- Expensive manufacturing technology
- Freeze dried ODT - **Zydis[®]**, RP Scherer in 1986



Formulation Composition

Matrix former

Structure former

Structure promoter

Sweeteners

Other

The critical point of the formulation is that particles are not larger than about 100 μm .

Technologies for Manufacturing FDDDS

- ❑ Oral lyophilized dosage forms
- ❑ **Orally disintegrating tablets**
- ❑ Oral films

Orally Disintegrating Tablets

ODTs are also called as;

- ✓ Orodispersible tablets
- ✓ Fast disintegrating tablets, Quick disintegrating tablets
- ✓ Fast dissolving tablets, Rapid dissolving tablets
- ✓ Mouth dissolving tablets
- ✓ Quick melt tablets



Orally Disintegrating Tablets

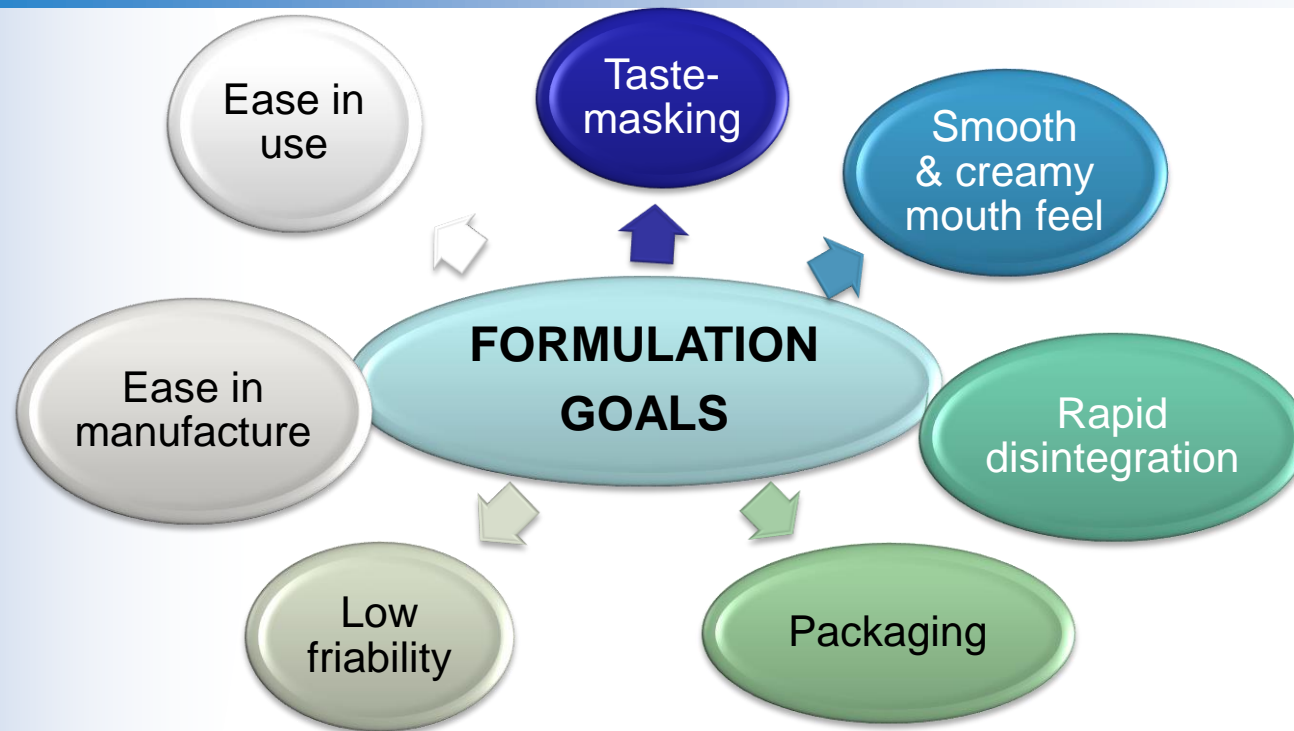
The majority of this technology involves compressed tablets.

Main product attributes;

- Easy to manufacture; lower cost
- Less breakable and friable** (*less than 2%*) than lyophilized dosage forms
- Sufficient mechanical strength and **good package design**
- Disintegrate within 20-30 seconds
- May be moisture-sensitive
- Gritty of insoluble excipient residue may remain on the tongue
- Effervescent couples are used



Orally Disintegrating Tablets



One of the more important thing about formulation is mouthfeel and taste of ODTs.

If the drug has bitter taste, API taste-masking coating may be necessary (Microencapsulation, chelation, complexation, cyclodextrins...).

Orally Disintegrating Tablets

Tablet manufacturers and patented technologies characteristics

Technology	In-vitro disintegration time(s)	Tablet hardness and robustness	Packaging	Drug-loading dose(mg)
AdvaTab(Eurand)	15-30	hard, robust	bottles or blister pack	<700
DuraSolv(Cima Labs)	<30	hard, robust	bottles or blister pack	<500
FlashDose(Biovail)	5-15	soft, friable	blister pack	<600
FlashTab(Ethypharm SA)	30-60	relatively durable	blister pack	<650
Lyoc(Cephalon)	<10	soft, friable	blister pack	<1000
OraQuick(KV Pharmaceuticals)	<20	relatively durable	bottles or blister pack	<500
OraSolv(Cima Labs)	<30	soft, friable	blister pack	<750
SATAB(Sato)	<10	relatively durable	blister pack	<600
WOWTAB(Yamanouchi)	<30	relatively durable	bottles or blister pack	<500

*K. Ostrander, "Advances in Fast Dispersing Technologies-Zydis", Oct. 29, 2003.

Orally Disintegrating Tablets: OraSolv® & DuraSolv™

OraSolv® Technology, Cima Labs Inc.

- ❑ Tasted-masked API
- ❑ Contains effervescent agents
- ❑ Direct compression technique at low compression force
- ❑ Soft and fragile nature, packed in specially designed pick and place system (PackSolv™)



DuraSolv™ Technology, Cima Labs Inc.

- ❑ Second generation technology
- ❑ Used conventional tableting equipment, 15-50 Newton
- ❑ Low friability (less than 2 %), packaging in conventional packaging systems

Orally Disintegrating Tablets: OraSolv[®] & DuraSolv[™]

Formulation Composition

Filler

Disintegrant

Flavor

Sweetener

Lubricant

Colorant, if required

Effervescent components



Technologies for Manufacturing FDDDS

- ❑ Oral lyophilized dosage forms
- ❑ Orally disintegrating tablets
- ❑ **Oral films**

Oral Films (Rapid Films)

- ❑ It is complying with the orodispersible tablet definition of the Ph.Eur.
- ❑ The delivery system based on a water soluble polymer and it is usually obtained by solvent casting, hot-melt extrusion, solid dispersion.

Advantages

- ❑ Rapid disintegration
- ❑ Elegant presentation
- ❑ Improved portability
- ❑ Accurate dosing
- ❑ Discrete administration

Limitations

- ❑ Drug loading
- ❑ Unpleasant taste of API
- ❑ Manufacturing cost
- ❑ Stability
- ❑ Film integrity



Oral Films: Formulation

Formulation Composition

Water soluble polymer

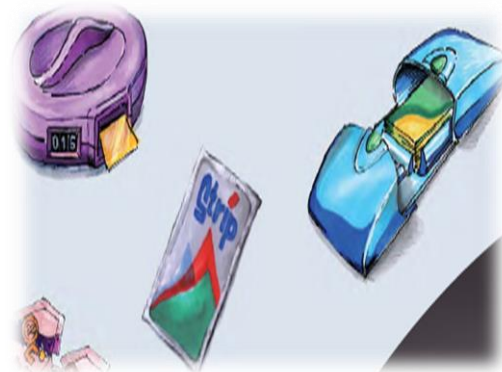
Plasticizers

Surfactants

Sweetening agent

Saliva stimulating agent

Fillers, colours, flavors etc.



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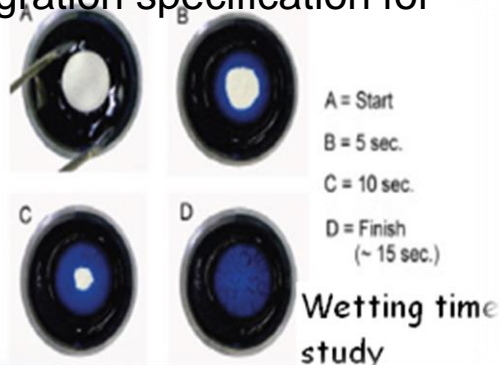
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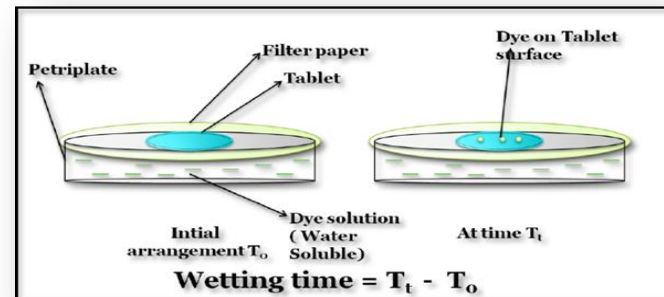
In-vitro Evaluating Parameters of FDDDS

- ❑ In-process control tests (thickness, hardness, uniformity of weight, friability, disintegration test...), dissolution, assay and impurity analyses
- ❑ **Wetting time and water absorption ratio**

FDA recommends using a **disposable syringe**, 1 mL of water is delivered directly onto a tablet placed on a flat surface, completeness of disintegration of the tablet is checked and is set as the disintegration specification for ODTs.



10 cm diameter **Petri dish** is filled with 10 mL of water containing a water soluble dye and a 10 cm diameter tissue paper is placed in the petri dish. The tablet is placed in the center of the dish and the time for the tablet to completely disintegrate is noted as the disintegration time.

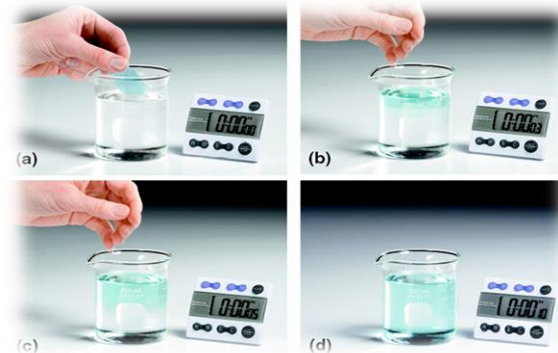


*J.Segado Ferran et al., 'Orally Disintegrating Tablets and Process for obtaining them', WO103629(2003)

In-vitro Evaluating Parameters of FDDDS

Oral Films

- Thickness
- Dryness test
- Tensile strength
- Percent elongation
- Folding endurance
- Stickiness determination
- Contact angle measurement



Food & Beverage
Nutraceutical & Pharmaceutical
Tobacco



Electronic Tongue is very helpful for taste comparison (*organoleptic properties*) studies especially for the generic companies.

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- **Case Study: Conventional Tablet vs Orally Disintegrating Tablet**
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Clinical Considerations: Bioequivalence Studies

❑ Creating a Fast Dissolving Dosage Form version of an existing immediate release product means that the two formulations must be bioequivalent. Typically the results are similar.

❑ If the method of taste-masking retards the dissolution rate of active ingredients, it may cause failure of the bioequivalence study.

❑ Whenever a significant degree of buccal absorption of a drug with a high hepatic first-pass effect is achieved, the bioavailability may be increased considerably.



Clinical Considerations: Bioequivalence Studies

- ❑ If drug absorption of FDDF is **faster** than with the corresponding formulation (*conventional tablet or capsule*), whether caused by some degree of buccal absorption or simply by faster disintegration and drug dissolution followed by rapid gastric or intestinal absorption, **clinical studies for the establishment of product efficacy and safety** should be established.
- ❑ If **no significant degree of buccal or sublingual absorption** occurs, the **pharmacokinetic profile will typically be similar** to that of a conventional tablet or capsule containing the same dose of the drug. **In these cases, a bioequivalence status should be established.**



Clinical Considerations: API Characteristics

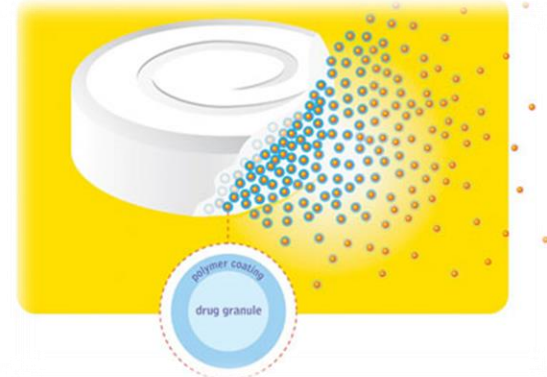
API Characteristics

- Buccal and sublingual absorption
- Water-solubility
- pKa value
- Molecular weight
- Lipophilicity

Buccal absorption takes place when a drug is **water-soluble** to a degree that allows the dose to dissolve in saliva, has a **moderate pKa** allowing a fraction of the dissolved drug to be unionized, has a relatively **low molecular weight** and a **degree of lipophilicity** leading to a high mucosal permeability relative to its dose.

Mucosal irritation of the oral cavity may be another factor to be considered.

Using taste-masking polymers may retard the dissolution rate of API and may cause problems.



Case Study: Conventional Tablet vs Orally Disintegrating Tablet

API Characteristics: BCS Class-II : High Permeability, Low Solubility

There is **no buccal and sublingual absorption** information is available.

There is **no food effect**.

Dissolution method development conditions

- FDA-Recommended Dissolution Methods* (0.5 % SLS in water, 1000 mL, 50 rpm, paddle)
- Different SLS content (0.25 %, 1.0 %, SLS-free)
- Rotation speed (50, 75 rpm)
- Dissolution volume (1000, 500 mL)
- 3 different pH media with and without different amount of SLS content
- Fassif (Fasted State Simulated Intestinal Fluid-biorelevant dissolution media)

Fasted State Simulated Intestinal Fluid (FaSSIF)

Sodium taurocholate	3mM
Lecithin	0.75 mM
NaOH (pellets)	0.174 g
NaH ₂ PO ₄ ·H ₂ O	1.977 g
NaCl	3.093 g
Purified water qs.	500 mL

Media has a pH of 6.50 and an osmolality of about 270 mOsmol/kg.

*<http://www.accessdata.fda.gov/scripts/cder/dissolution/index.cfm>

Case Study: Conventional Tablet vs Orally Disintegrating Tablet

Developed Formulation Unit Formula*

API
Mannitol
Crospovidone
Polyvinylpyrrolidone
Sucralose
Sodium lauryl sulfate
Flavor
Colouring agent
Sodium stearyl fumarate

Reference Listed Drug Unit Formula**

API
Lactose monohydrate
Croscarmellose sodium
Hydroxypropylcellulose
Microcrystalline cellulose
Sodium lauryl sulfate
Magnesium stearate
Film coating material (*Opadry II Yellow*)

**Appearance : blue-coloured, round tablets*

***Appearance : yellow-coloured round tablets*

Case Study: Conventional Tablet vs Orally Disintegrating Tablet: In-vitro Dissolution Studies

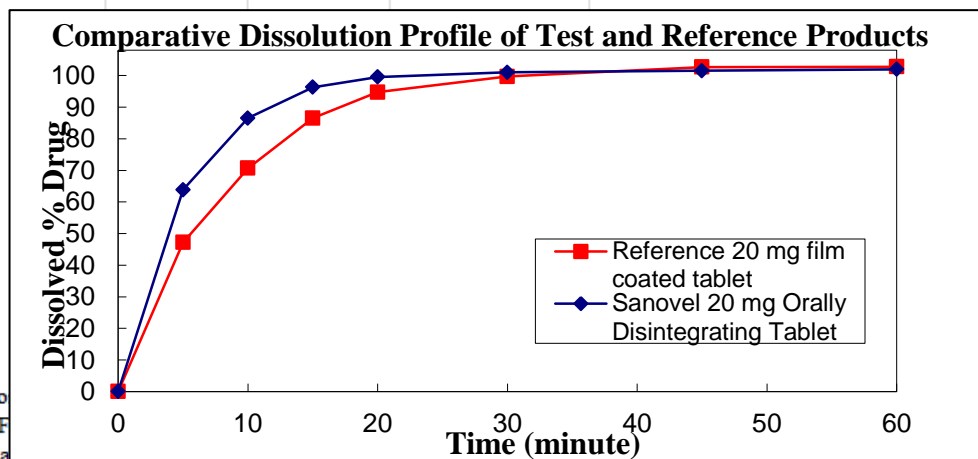
Time (minute)	DISSOLVED %							
	Reference 20 mg film coated tablet				Sanovel 20 mg Orally Disintegrating Tablet			
	Average (%)	Standart Deviation	Relative Standart Deviation (%)	Confidence Interval (95 %)	Average (%)	Standart Deviation	Relative Standart Deviation (%)	Confidence
0	0	0.0	0.0	0.0	0	0.0	0.0	
5	47	6.6	13.9	3.7	64	2.8	4.4	
10	71	5.3	7.5	3.0	87	1.5	1.8	
15	87	3.5	4.0	2.0	96	1.8	1.9	
20	95	1.7	1.8	1.0	100	1.9	2.0	
30	100	1.3	1.3	0.7	101	1.4	1.4	
45	103	1.1	1.1	0.6	102	1.8	1.8	
60	103	1.3	1.2	0.7	102	1.6	1.5	0.9

Dissolution Conditions:
0.5 % SLS in water ,
1000 mL, 50 rpm,
paddle

Reference / Test Product:

Time (minute)	(R-T)	SR :	604.3
0	0.0	S(R-T) :	50.2
5	16.6		
10	15.8		
15	9.8		
20	4.8		
30	1.3		
45	1.1		
60	0.8		

Conclusion: Where more than 85% of the drug is dissolved for accepted as similar without further mathematical evaluation. (F Bioequivalence Studies for Immediate-Release Solid Oral Dosa



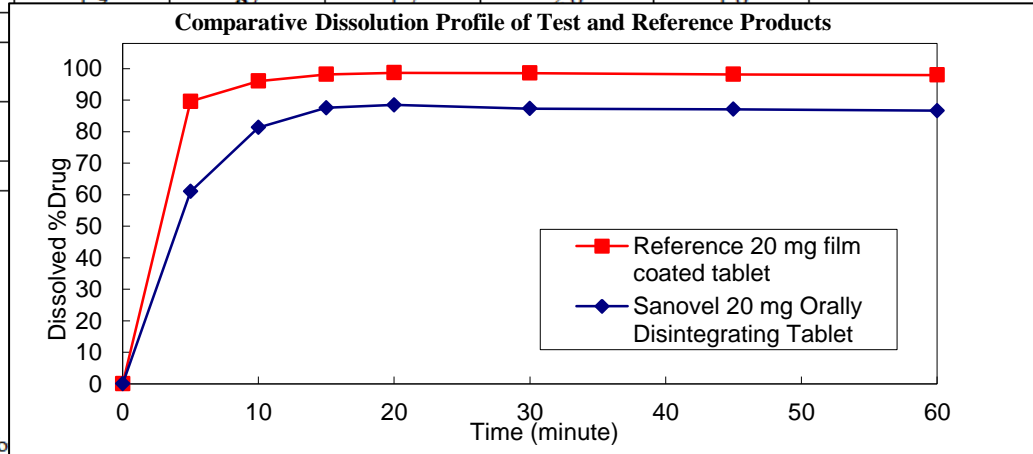
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	Average (%)	Standart Deviation	Relative Standart Deviation (%)	Confidence Interval (95 %)	Average (%)	Standart Deviation	Relative Standart Deviation (%)	Confidence Interval (95 %)
0	0	0.0	0.0	0.0	0	0.0		
5	90	3.1	3.4	1.7	61	6.9		
10	96	2.1	2.2	1.2	81	2.8		
15	98	2.8	2.8	1.6	88	1.5		
20	99	3.1	3.1	1.7	88	1.7		
30	99	3.2	3.2	1.8	87	1.8	2.0	1.0
45	98	3.3	3.4	1.9	87	1.7	2.0	1.0
60	98	3.6	3.7					

Dissolution Conditions:
0.1 N HCl with 0.5 % SLS,
1000 mL, 50 rpm, paddle

Reference / Test Product:

Time (minute)	(R-T)	SR :	677.1
0	0.0	S(R-T) :	97.8
5	28.6		
10	14.7		
15	10.6		
20	10.2		
30	11.3		
45	11.1		
60	11.3		



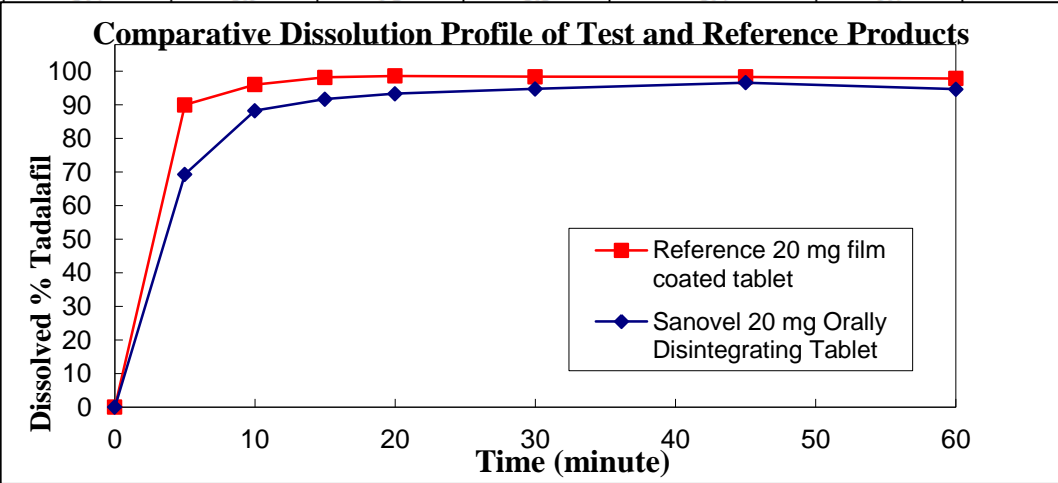
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Case Study: Conventional Tablet vs Orally Disintegrating Tablet: In-vitro Dissolution Studies

Time (minute)	DISSOLVED %							
	Reference 20 mg film coated tablet				Sanovel 20 mg Orally Disintegrating Tablet			
	Average (%)	Standart Deviation	Relative Standart Deviation (%)	Confidence Interval (95 %)	Average (%)	Standart Deviation	Relative Standart Deviation (%)	Confidence Interval
0	0	0.0	0.0	0.0	0	0.0		
5	90	3.1	3.4	1.8	69	2.9		
10	96	2.1	2.2	1.2	88	2.1		
15	98	2.8	2.8	1.6	92	1.3		
20	99	3.1	3.1	1.7	93	1.3		
30	98	3.2	3.3	1.8	95	1.1		
45	98	3.3	3.3	1.8	97	1.6	1.7	0.9
60	98	3.3	3.4	1.9	95	1.3	1.4	0.7

Dissolution Conditions:
pH=4.5 acetate buffer
with 0.5 % SLS, 1000 mL,
50 rpm, paddle

Reference / Test Product:		
Time (minute)	(R-T)	SR : S(R-T) :
0	0.0	
5	20.7	
10	7.8	
15	6.5	
20	5.3	
30	3.6	
45	1.7	
60	3.2	



Conclusion: Where more than 85% of the... accepted as similar without further mathe...
(Bioequivalence Studies for Immediate-Release Solid Oral Dosage Forms Based on a Biopharmaceutics Classification System, 2000.)

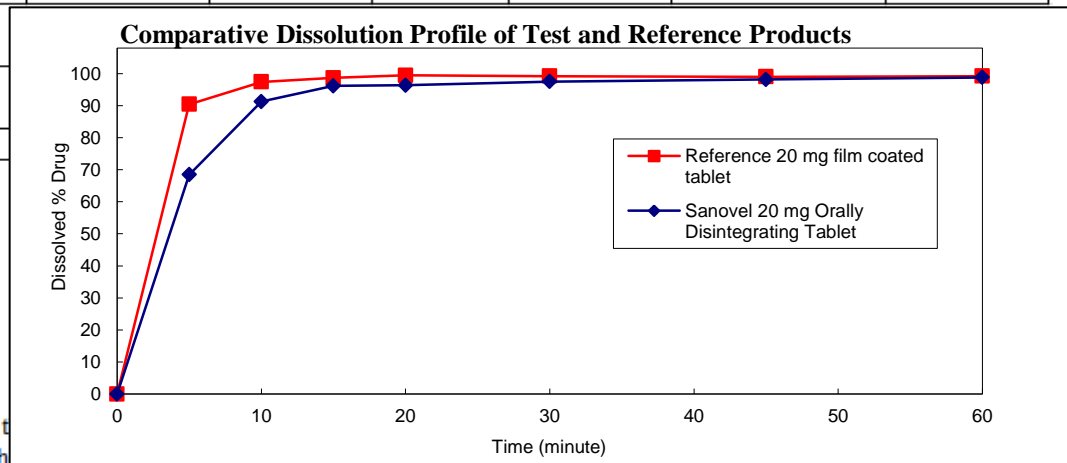
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0	0	0.0	0.0	0.0	0	0.0		
5	90	3.2	3.6	1.8	68	4.5		
10	97	1.1	1.2	0.6	91	3.0		
15	99	0.9	0.9	0.5	96	3.2		
20	99	0.9	0.9	0.5	96	1.9		
30	99	0.6	0.6	0.4	97	2.2	2.3	1.3
45	99	0.7	0.7	0.4	98	2.3	2.4	1.3
60	99	0.7	0.7	0.4	99	2.2	2.2	1.2

Dissolution Conditions:
pH=6.8 phosphate buffer
with 0.5 % SLS, 1000 mL,
50 rpm, paddle

Reference / Test Product:

Time (minute)	(R-T)	SR :
0	0.0	S(R-T) :
5	22.0	
10	6.2	
15	2.5	
20	3.1	
30	1.7	
45	0.9	
60	0.4	

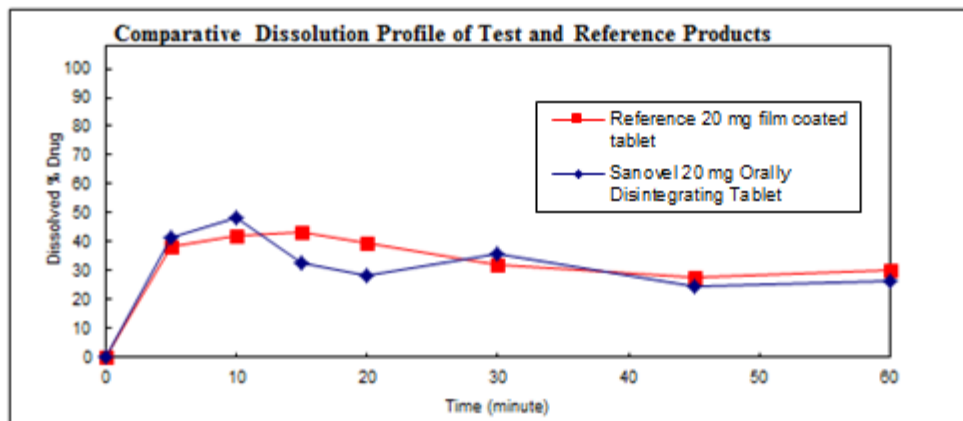


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	Reference 20 mg film coated tablet				Sanovel 20 mg Orally Disintegrating Tablet			
	Average (%)	Standart Deviation	Relative Standart Deviation (%)	Confidence Interval (95 %)	Average (%)	Standart Deviation	Relative Standart Deviation (%)	Confidence Interval (95 %)
0	0	0.0	0.0	0.0	0	0.0	0.0	0.0
5	38	3.2	3.6	1.8	42	4.5	6.5	2.5
10	42	1.1	1.2	0.6	48	3.0	3.3	1.7
15	43	0.9	0.9	0.5	33	3.2	3.3	1.8
20	40	0.9	0.9	0.5	28	1.9	2.0	1.1
30	32	0.6	0.6	0.4	36	2.2	2.3	1.3
45	28	0.7	0.7	0.4	25	2.3	2.4	1.3
60	30	0.7	0.7	0.4	26	2.2	2.2	1.2



**FASSIF
CONDITIONS**

Case Study: Conventional Tablet vs Orally Disintegrating Tablet

Comparative Pharmacokinetic Results

Parameters	Test*	Reference**
C _{max} (µg/mL)	369.631±59.185	353.056±87.772
T _{max} (h)	2.926±1.177	3.280±1.295
t _{1/2} (h)	21.903±7.558	21.569±6.212
AUC _{0-tlast} (µg/mL/h)	9160.425±2426.795	8990.354±2045.818
AUC _{0-∞} (µg/mL/h)	10494.620±3200.168	10094.698±2728.826

The mean plasma concentration-time profiles were similar for ODT and Conventional Tablet.

The test and reference formulations met the regulatory requirements for bioequivalence (80–125%, 90% CI).

*Sanovel 20 mg Orally Disintegrating Tablet

**Conventional 20 mg Film Coated Tablet

Conclusion

- ❖ FDDDS can be used for **improving patient compliance, extending patent life, product life cycle and product differentiation.**
- ❖ Because of increased patient demand, these dosage forms are expected to **become more popular.**
- ❖ The **pharmacokinetic profile** will **typically be similar** to that of a conventional tablet or capsule containing the same dose of the drug with FDDDS.
- ❖ Some **clinical studies** should be concern if **API has significant degree of buccal or sublingual absorption.**



Thank you for your attention...



Gülay YELKEN DEMIREL, MSc

Effect of Formulation Development and API
Characteristics on Fast Dissolving Dosage
Forms Bioequivalence Studies



Let us meet again..

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