

Biological mechanisms of muscle mass loss and cachexia in patients with COPD

Proceedings of
3rd International Conference on

Chronic Obstructive Pulmonary Disease

July 11-12, 2016 Brisbane, Australia



Dr Esther Barreiro, MD, PhD

Muscle & Lung Cancer Research Group, Pulmonology Department, IMIM-Hospital del Mar, Parc de Salut Mar, UPF, PRBB, CIBERES, Barcelona, Spain



Presenter Disclosures

ESTHER BARREIRO

(1) The following relationships with commercial interests related to this presentation existed during the past 12 months:

“No relationships to disclose”

**Chronic obstructive pulmonary
disease (COPD)**

&

Skeletal muscle dysfunction

&

Exercise intolerance



PROGNOSIS VALUE

EVIDENCE OF MUSCLE DYSFUNCTION

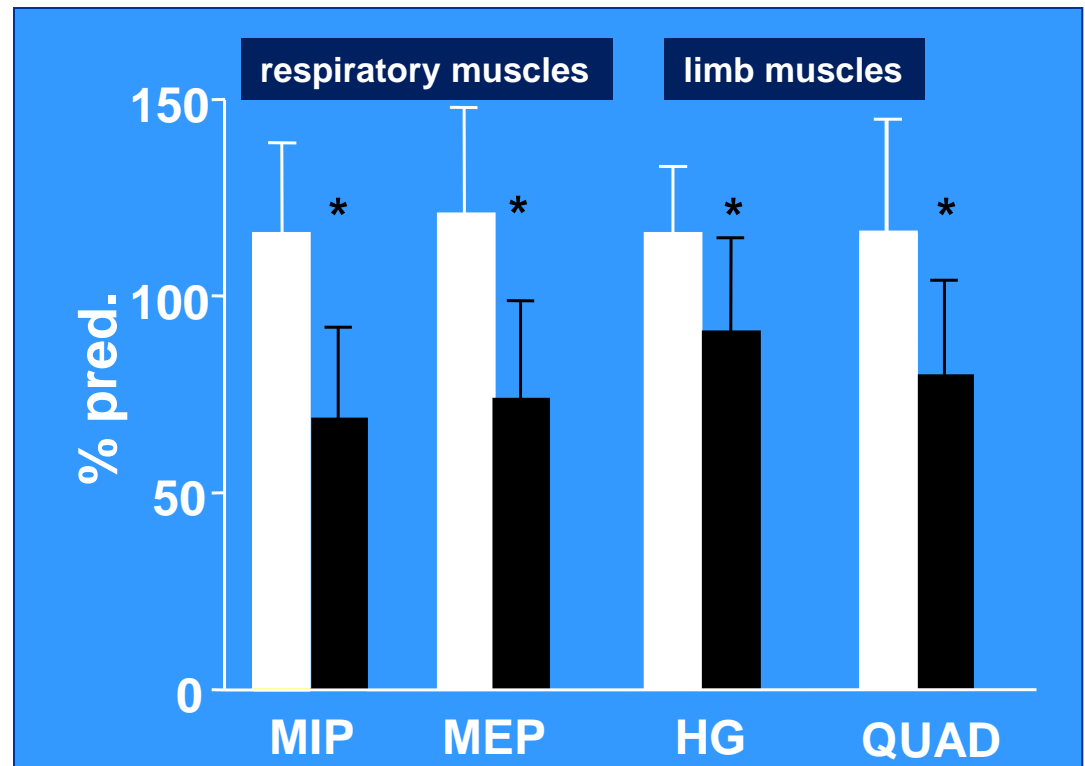
Muscle dysfunction in COPD

± Cachexia
Muscle loss

↓ Force & ↓ Endurance

Exercise tolerance

QoL



HEALTHY
COPD

PREVALENCE OF QUADRICEPS DYSFUNCTION IN COPD PATIENTS

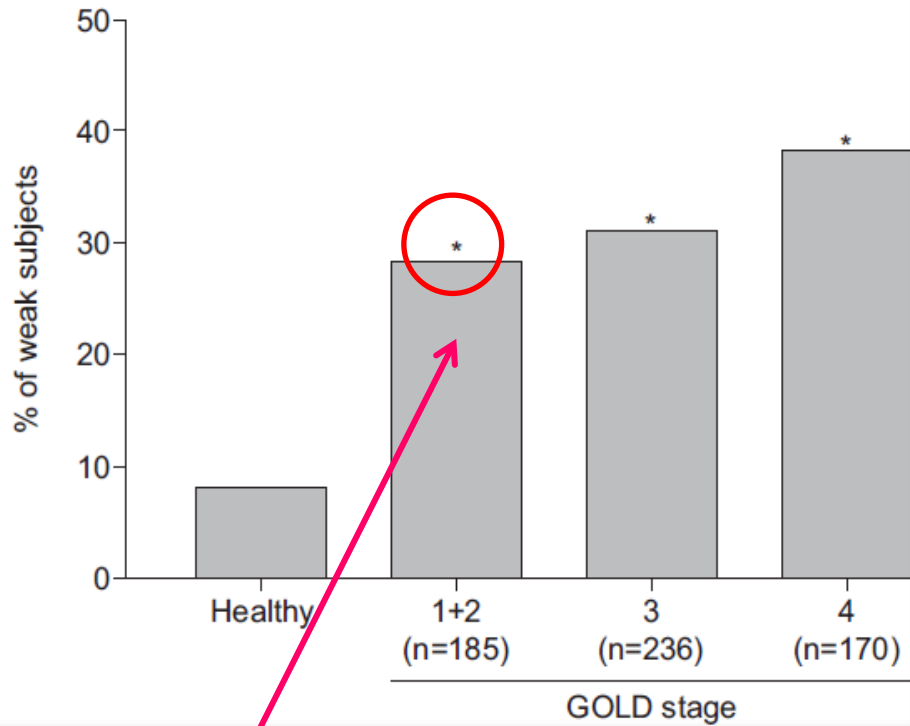
TABLE 3 Prevalence of quadriceps weakness in chronic obstructive pulmonary disease (COPD)

	UK Healthy	COPD		
		UK	the Netherlands	UK and the Netherlands
Male				
Subjects n	94	161	200	361
BMI kg·m ⁻²	26.1±3.3	24.4±4.8 [#]	24.2±4.5 [#]	24.6±4.4 [#]
FFM index kg·m ⁻²	18.8±2.0	16.6±2.2 [#]	16.6±2.0 [#]	16.6±2.1 [#]
QMVC kg	46.9±12.3	35.2±10.7 [#]	33.9±10.6 [#]	34.4±10.6 [#]
COPD patients with weak QMVC n (%)		45 (28)	68 (34)	113 (31) [#]
Female				
Subjects n	118	79	151	230
BMI kg·m ⁻²	24.1±4.2 [¶]	24.4±5.0	23.2±4.2 [¶]	23.6±4.6 [#]
FFM index kg·m ⁻²	15.2±1.2 [¶]	15.4±1.9 [¶]	14.6±1.5 ^{#,¶,+}	14.9±1.9 ^{#,¶}
QMVC kg	33.6±8.4 [¶]	25.7±9.9 ^{#,¶}	24.6±6.9 ^{#,¶}	24.9±8.1 ^{#,¶}
COPD patients with weak QMVC n (%)		31 (39)	47 (31)	78 (34)
Male and female				
Subjects n	212	240	351	591
BMI kg·m ⁻²	24.9±3.9	24.4±4.8	23.8±4.4 [#]	24.0±4.6 [#]
FFM index kg·m ⁻²	16.8±2.6	16.2±2.2 [#]	15.7±2.1 ^{#,+}	15.9±2.1 [#]
QMVC kg	39.5±12.3	32.0±11.3 [#]	29.9±10.4 ^{#,+}	30.7±10.8 [#]
COPD patients with weak QMVC n (%)		76 (32)	115 (33)	191 (32)

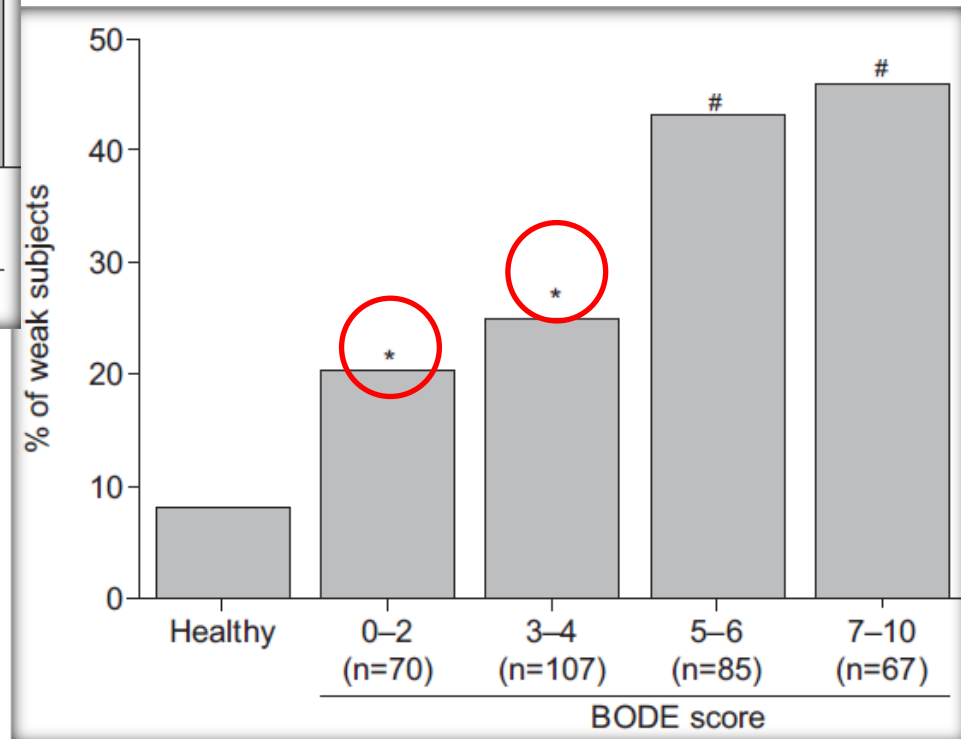
1/3 of the patients

Data are presented as mean±SD, unless otherwise stated, for patients diagnosed with quadriceps weakness, split by sex and disease cohort. Body mass index (BMI), fat-free mass (FFM) index and quadriceps maximum voluntary contraction strength (QMVC) in each group are shown for reference. #: p<0.05 compared with healthy subjects; ¶: p<0.05 between males and females; +: p<0.05 between UK and Dutch COPD patients.

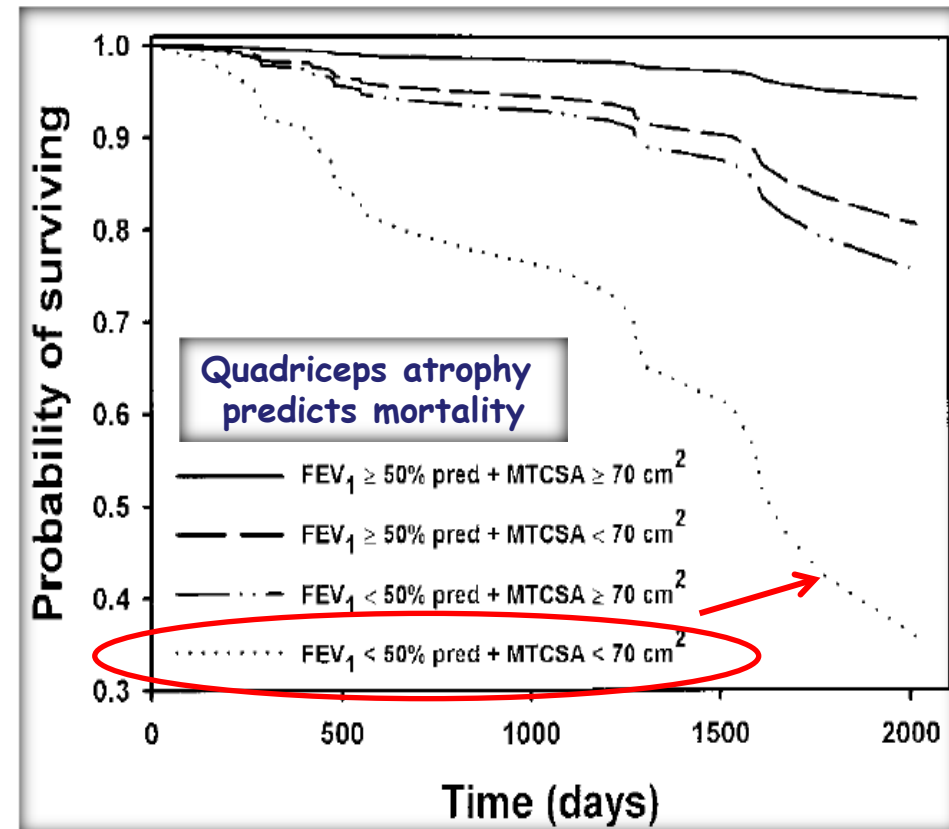
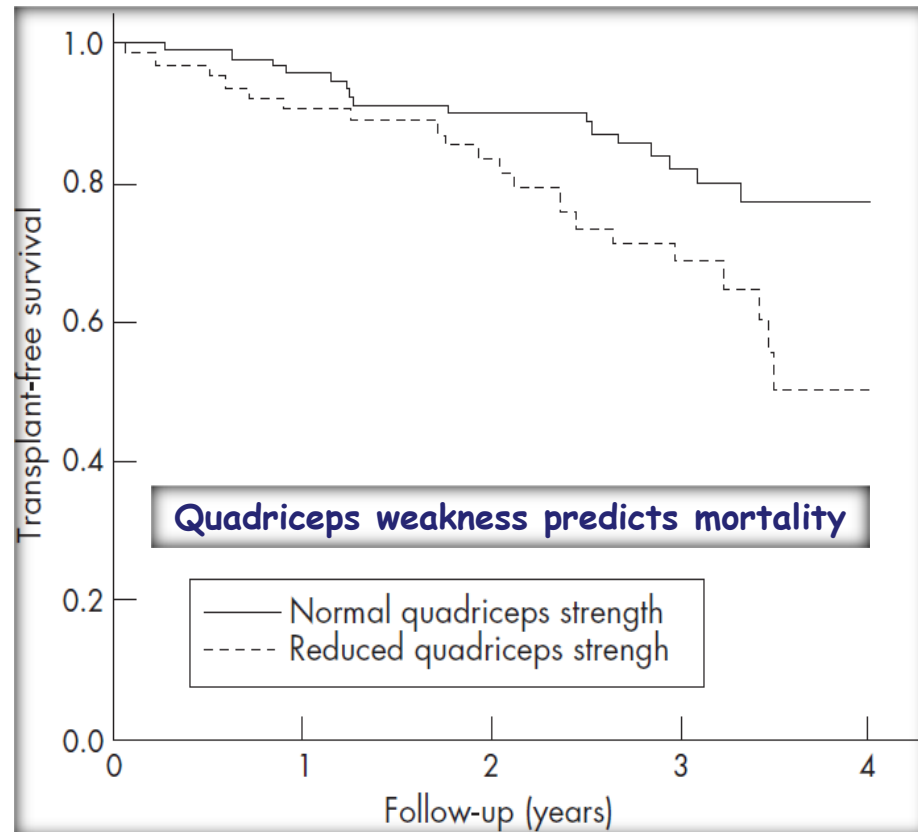
QUADRICEPS WEAKNESS & DISEASE SEVERITY IN COPD PATIENTS



Quadriceps weakness exists in the absence of severe airflow obstruction!



QUADRICEPS WEAKNESS & ATROPHY PREDICT MORTALITY IN COPD PATIENTS



QMVC is simple and provides better prognostic information than other parameters (age, BMI, and FEV₁) in COPD

Mid thigh muscle cross sectional area is a better predictor of mortality than BMI in COPD patients

4 different phenotypes of COPD patients

BODY COMPOSITION & MORTALITY IN COPD

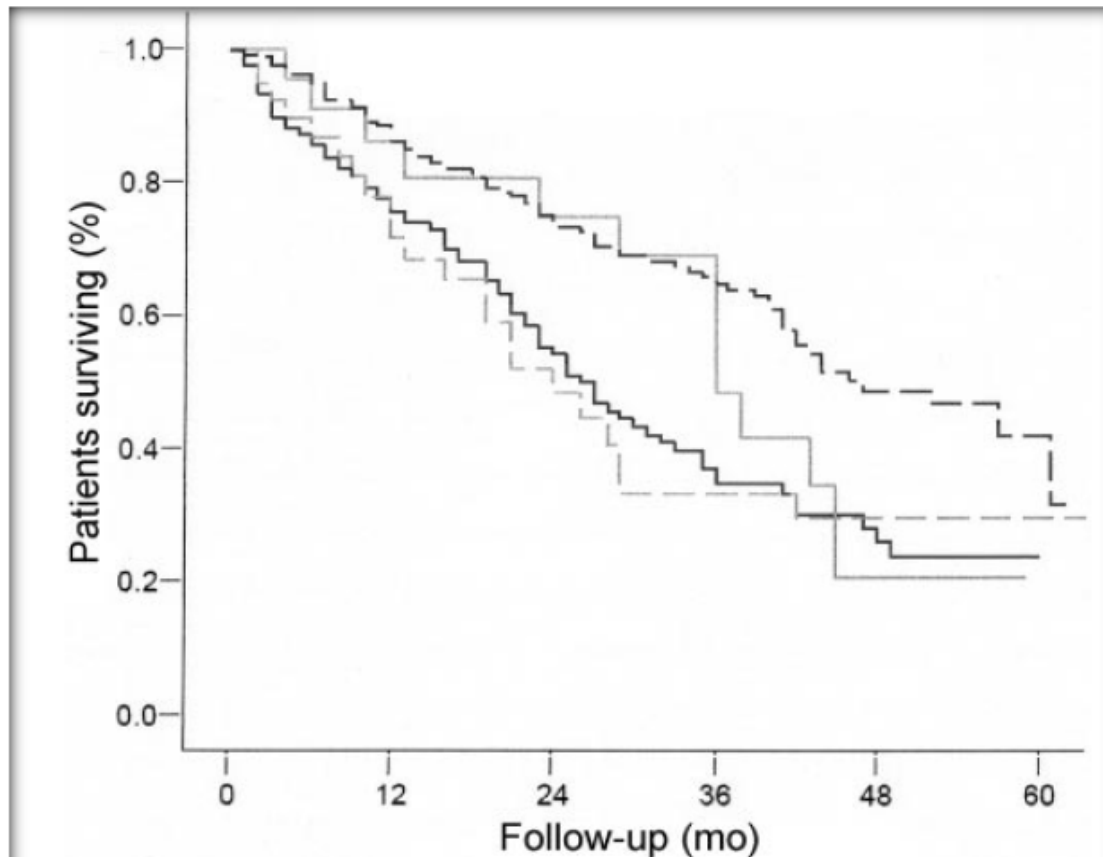
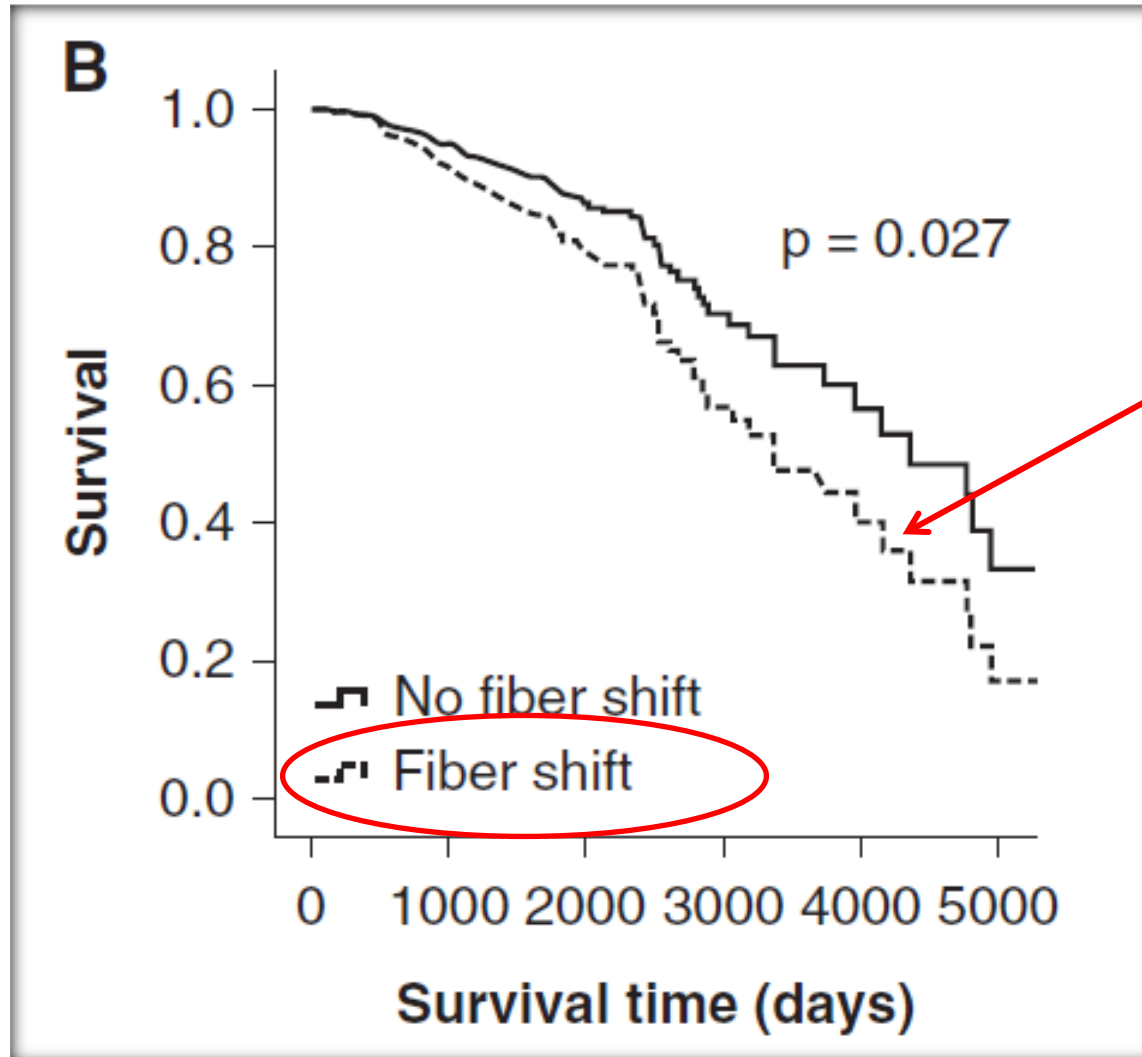


FIGURE 2. Kaplan-Meier plot of survival in different body-composition categories. Category 1 (cachexia; $n = 117$), solid black line; category 2 (semistarvation; $n = 23$), solid gray line; category 3 (muscle atrophy; $n = 40$), dashed gray line; category 4 (no impairment; $n = 232$), dashed black line. Median (95% CI) survival was significantly ($P < 0.001$) less in patients with cachexia (26 mo; 21, 31 mo) and muscle atrophy (24 mo; 15, 33 mo) than in patients with semistarvation (36 mo; 28, 44 mo) or no impairment (47 mo; 37, 57 mo). The survival plot of the semistarvation category did not differ significantly from that of the no-impairment category during the first 3 y.

FIBER TYPE SHIFT & MORTALITY IN COPD



**Skeletal muscle
dysfunction
in
COPD patients:
Mechanisms**

MULTIFACTORIAL ETIOLOGY OF MUSCLE DYSFUNCTION IN COPD

Factors & mechanisms

Activity & type
of muscle !

Hypoxia

Deconditioning

Hypercapnia

Inflammation

Oxidative stress

Epigenetics

Apoptosis

Malnutrition

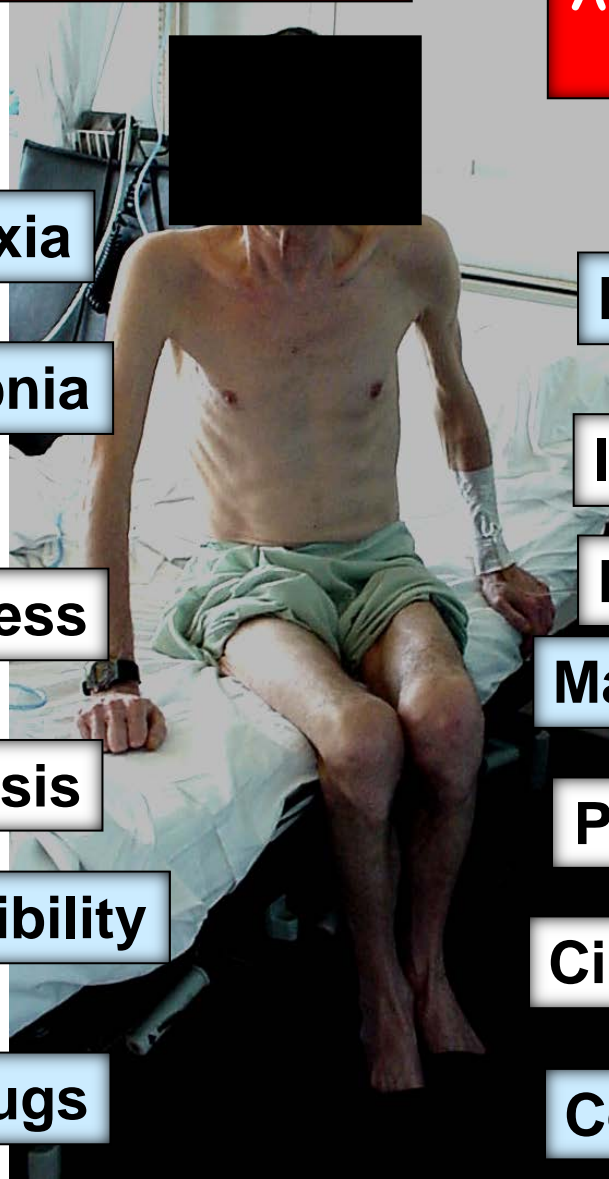
Genetic susceptibility

Proteolysis

Drugs

Cigarette smoking

Comorbidities



OCCASIONAL ESSAY

Muscle Dysfunction in Patients with Lung Diseases A Growing Epidemic

Esther Barreiro^{1,2}, Jacob I. Sznajder³, Gustavo A. Nader^{4,5}, and G. R. Scott Budinger³

¹Respiratory Medicine Department–Lung Cancer Research Group, Institute of Medical Research of Hospital del Mar (IMIM)-Hospital del Mar, Parc de Salut Mar, Barcelona Biomedical Research Park, Barcelona, Spain; ²Centro de Investigación en Red de Enfermedades Respiratorias (CIBERES), Instituto de Salud Carlos III, Madrid, Spain; ³Pulmonary and Critical Care Medicine Division, Feinberg School of Medicine, Northwestern University, Chicago, Illinois; ⁴Department of Physiology and Pharmacology, Karolinska Institute, Stockholm, Sweden; and ⁵Noll Laboratory, Department of Kinesiology, The Pennsylvania State University, University Park, Pennsylvania

Am J Respir Crit Care Med Vol 191, Iss 6, pp 616–619, Mar 15, 2015

Copyright © 2015 by the American Thoracic Society

DOI: 10.1164/rccm.201412-2189OE

Internet address: www.atsjournals.org

HIGHLIGHTED TOPIC | *Muscle Dysfunction in COPD*

Muscle dysfunction in COPD

Esther Barreiro^{1,2} and Gary Sieck³

- 1.- Pathophysiology of muscle dysfunction in COPD.**
- 2.- Motor control in muscle dysfunction in COPD.**
- 3.- Muscle remodeling in COPD.**
- 4.- Role of cachexia in COPD muscle dysfunction.**
- 5.- Role of epigenetics in COPD muscle dysfunction.**
- 6.- Role of autophagy in COPD muscle dysfunction.**
- 7.- Metabolic derangements in COPD muscle dysfunction.**
- 8.- Mechanisms of muscle dysfunction during acute exacerbations in COPD.**
- 9.- Should all COPD patients be trained? Who, when, and how? Pros and cons.**

AMERICAN THORACIC SOCIETY DOCUMENTS



An Official American Thoracic Society/European Respiratory Society Statement: Update on Limb Muscle Dysfunction in Chronic Obstructive Pulmonary Disease Executive Summary

François Maltais, Marc Decramer, Richard Casaburi, Esther Barreiro, Yan Burelle, Richard Debigaré, P. N. Richard Dekhuijzen, Frits Franssen, Ghislaine Gayan-Ramirez, Joaquim Gea, Harry R. Gosker, Rik Gosselink, Maurice Hayot, Sabah N. A. Hussain, Wim Janssens, Michael I. Polkey, Josep Roca, Didier Saey, Annemie M. W. J. Schols, Martijn A. Spruit, Michael Steiner, Tanja Taivassalo, Thierry Troosters, Ioannis Vogiatzis, and Peter D. Wagner; on behalf of the ATS/ERS Ad Hoc Committee on Limb Muscle Dysfunction in COPD

THIS OFFICIAL STATEMENT OF THE AMERICAN THORACIC SOCIETY (ATS) AND THE EUROPEAN RESPIRATORY SOCIETY (ERS) WAS APPROVED BY THE ATS BOARD OF DIRECTORS, NOVEMBER 2013, AND BY THE ERS EXECUTIVE COMMITTEE, SEPTEMBER 2013

Maltais F et al. Am J Respir Crit Care Med 2014; 189: e15-62.



SPANISH GUIDELINES ON MUSCLE DYSFUNCTION IN COPD

Arch Bronconeumol. 2015;51(8):384-395



ELSEVIER

ARCHIVOS DE BRONCONEUMOLOGIA

www.archbronconeumol.org



Recommendations of SEPAR

Guidelines for the Evaluation and Treatment of Muscle Dysfunction in Patients With Chronic Obstructive Pulmonary Disease[☆]



Esther Barreiro,^{a,b,*} Víctor Bustamante,^c Pilar Cejudo,^d Juan B. Gáldiz,^{b,e} Joaquim Gea,^{a,b} Pilar de Lucas,^f Juana Martínez-Llorens,^{a,b} Francisco Ortega,^{b,d} Luis Puente-Maestu,^f Josep Roca,^{b,g} José Miguel Rodríguez González-Moro^f

^a Servei de Pneumologia, Unitat de Recerca en Múscul i Aparell Respiratori (URMAR), IMIM-Hospital del Mar, CEXS, Universitat Pompeu Fabra, Parc de Recerca Biomèdica de Barcelona (PRBB), Barcelona, España

^b CIBER de Enfermedades Respiratorias (CIBERES), Instituto de Salud Carlos III, Madrid, España

^c Hospital Universitario Basurto, Osakidetza, Departamento de Medicina, Universidad del País Vasco, Bilbao, España

^d Unidad Médico-Quirúrgica de Enfermedades Respiratorias, Hospital Universitario Virgen del Rocío, Sevilla, España

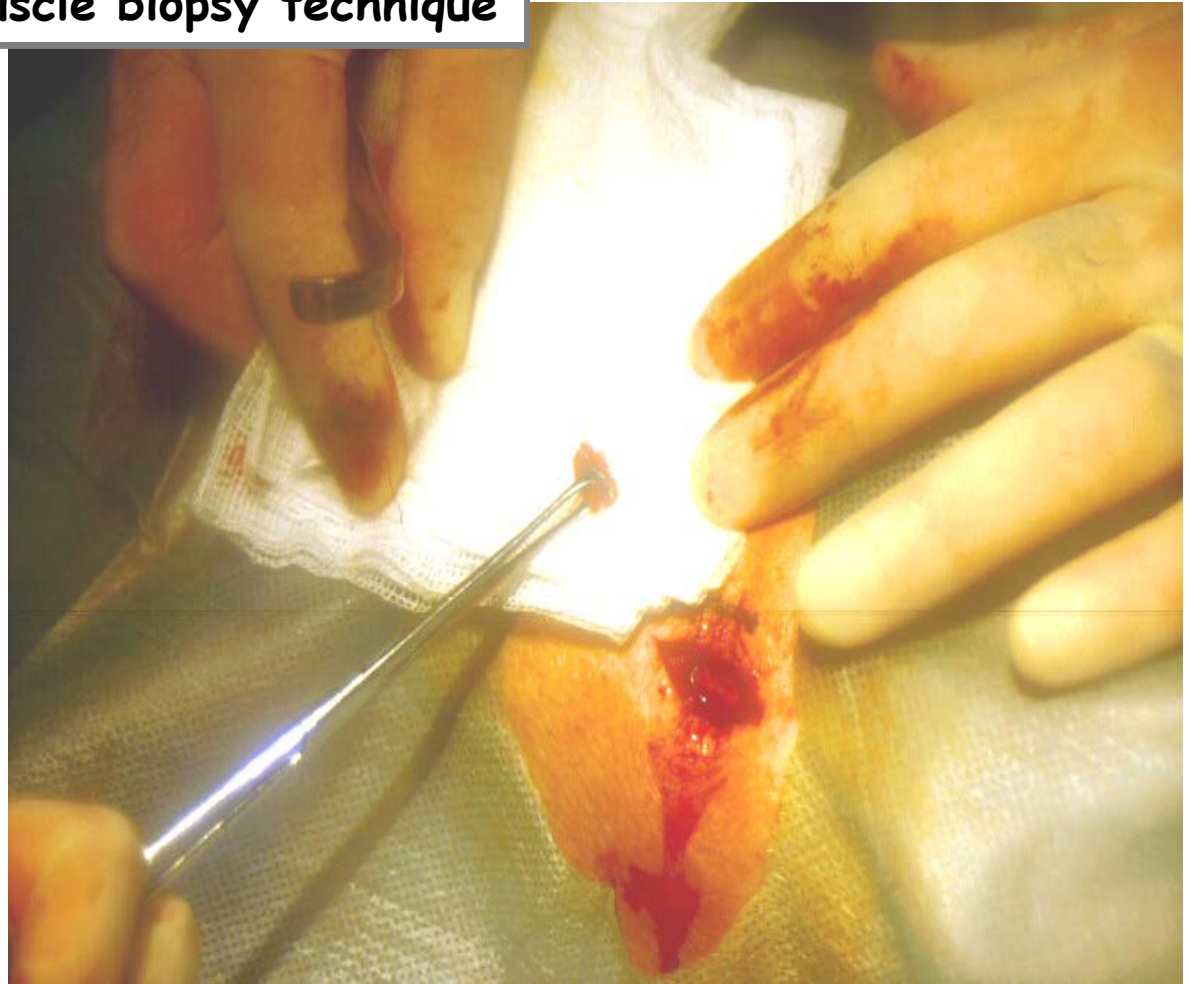
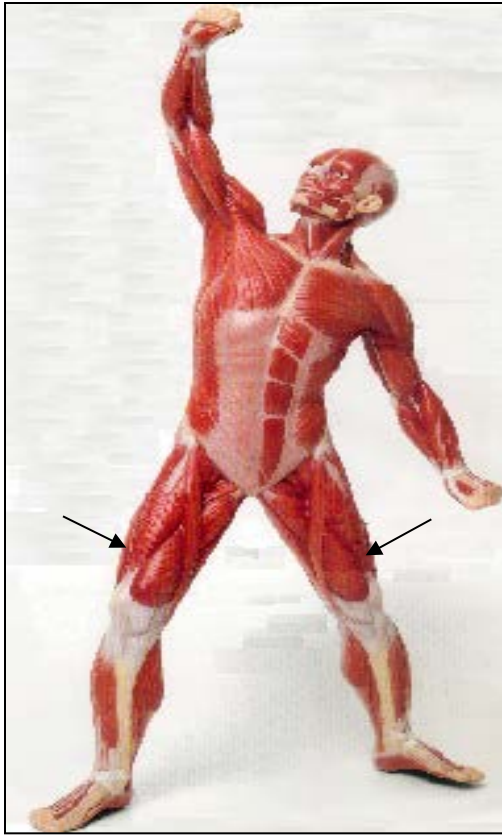
^e Servicio de Neumología y Unidad de Investigación, Hospital de Cruces, Universidad del País Vasco, Barakaldo, España

^f Servicio de Neumología, Hospital General Gregorio Marañón, Universidad Complutense de Madrid, Madrid, España

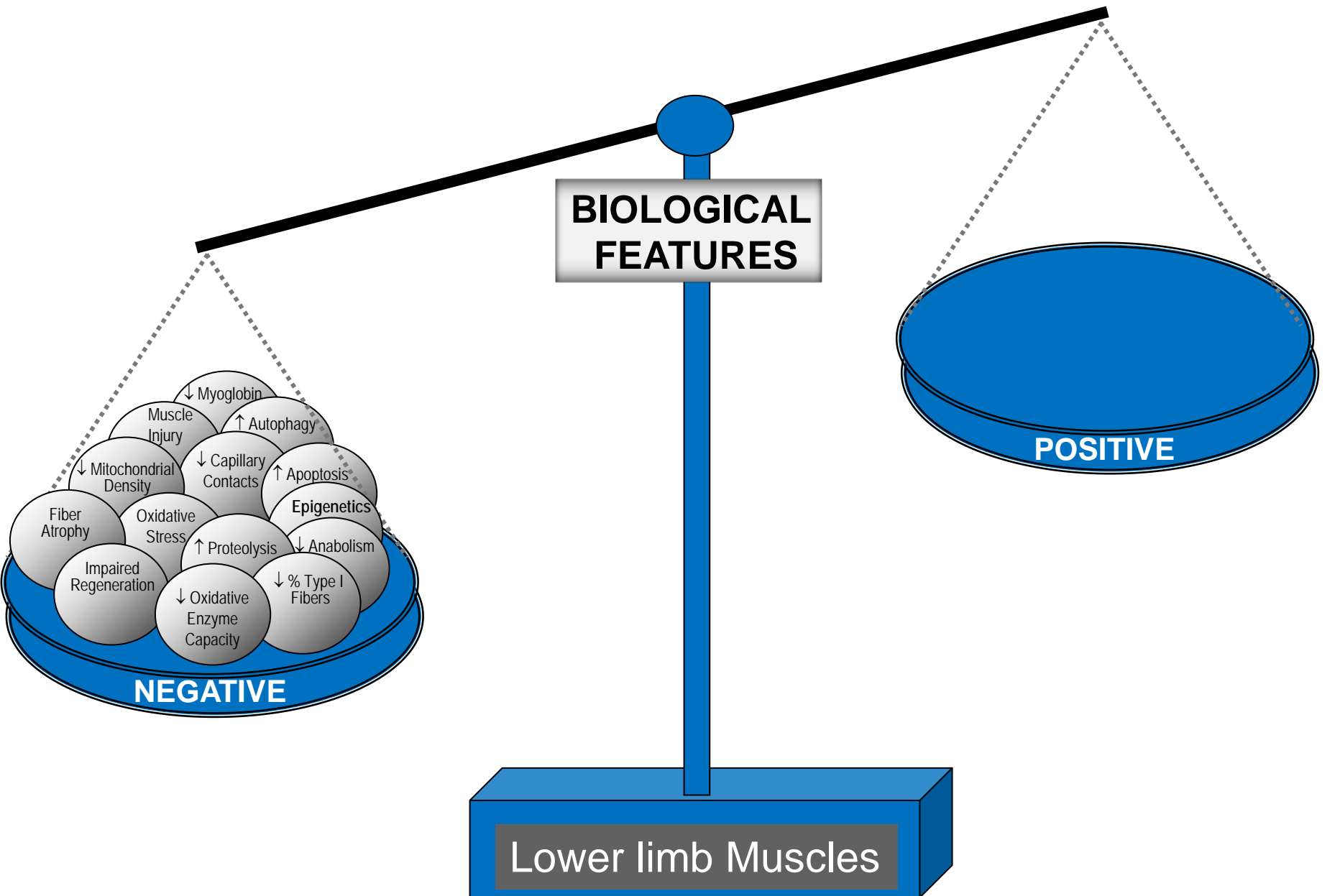
^g Servei de Pneumologia, Hospital Clínic de Barcelona, Barcelona, España

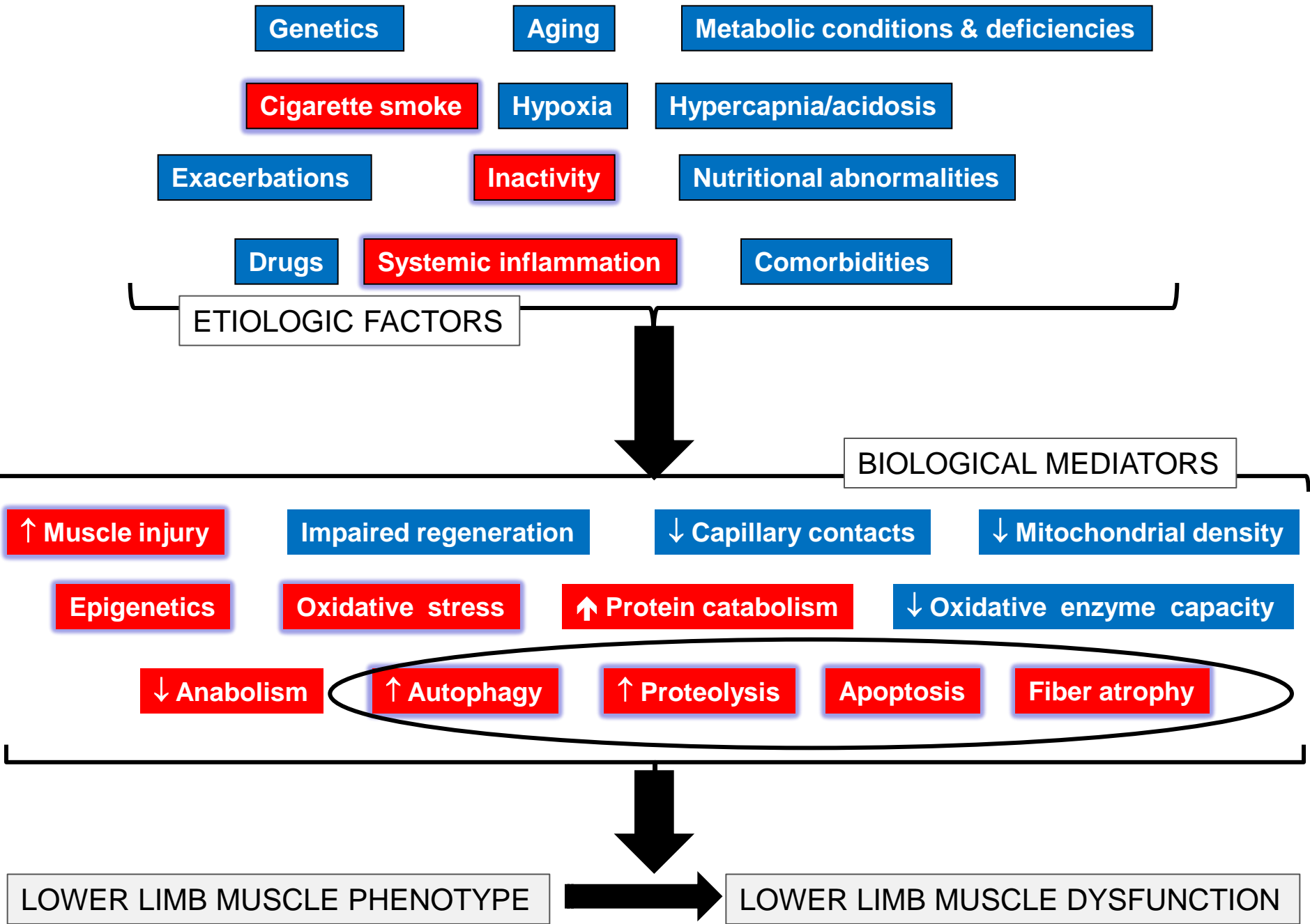
LIMB MUSCLES: VASTUS LATERALIS

Open muscle biopsy technique



BIOLOGICAL MECHANISMS OF MUSCLE DYSFUNCTION IN COPD





MUSCLE MASS LOSS \Rightarrow ATROPHY

IMBALANCE BETWEEN PROTEIN
SYNTHESIS & DEGRADATION

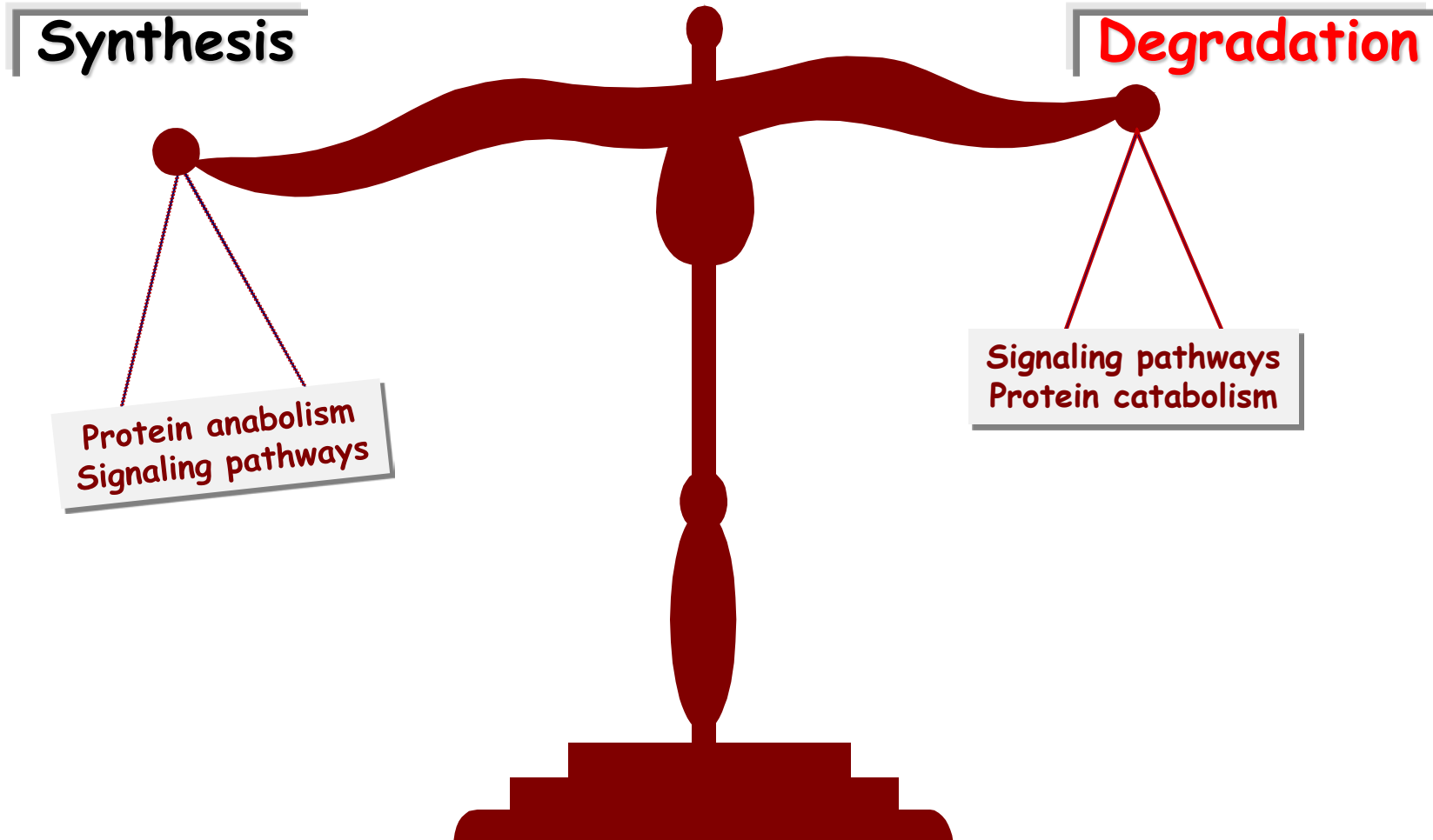
Muscle proteins

Synthesis

Protein anabolism
Signaling pathways

Degradation

Signaling pathways
Protein catabolism



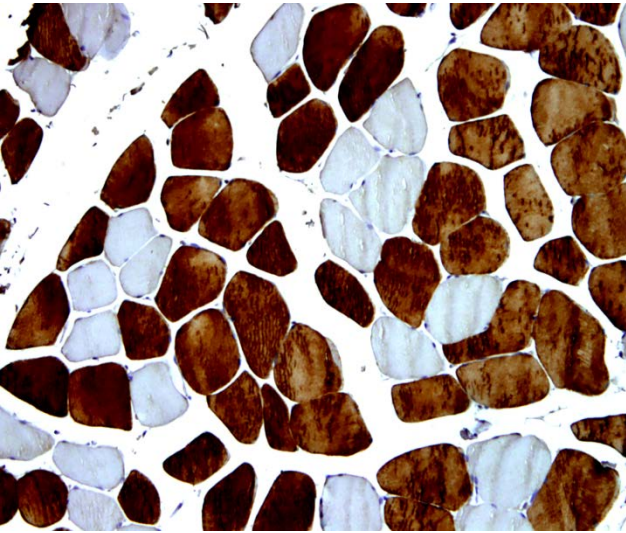
MUSCLE FIBER ATROPHY

Table 3. Structural characteristics of the *vastus lateralis* muscle in severe COPD patients and healthy controls

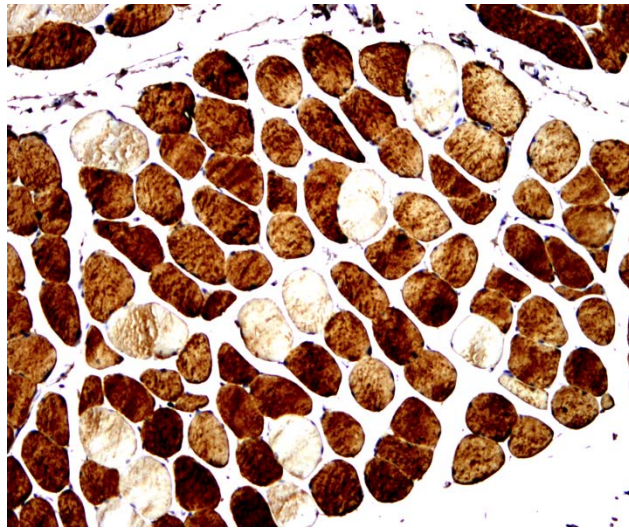
	Control subjects	Non-wasted severe COPD patients	Muscle-wasted severe COPD patients
VASTUS LATERALIS			
Type I fibers, %	30 (5)	29 (7)	23 (6) *, †
Type II fibers, %	70 (5)	71 (7)	77 (6) *, †
Cross sectional area, type I fibers, μm^2	2581(278)	2452 (425)	2243 (514)
Cross sectional area, type II fibers, μm^2	2909 (540)	2880 (361)	2306 (533) *, †
Normal muscle, %	98.5 (0.4)	97.5 (0.7) **	97.5 (0.9) *
Abnormal muscle, %	1.5 (0.4)	2.5 (0.7) **	2.5 (0.9) *

MUSCLE FIBER SIZES

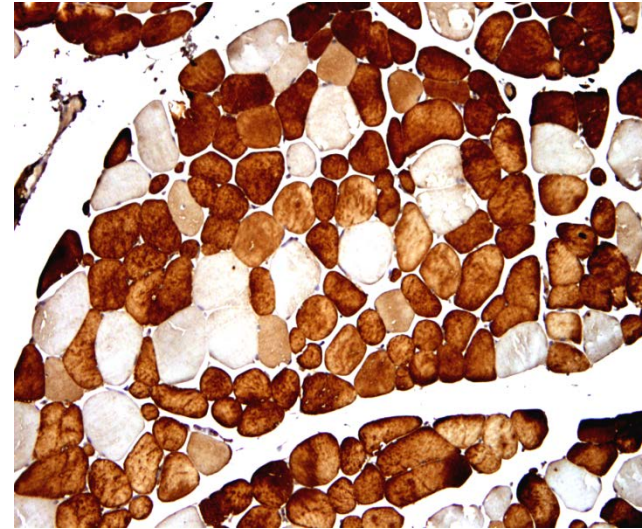
Cross-sections of muscle fibers, VL



Healthy control



LC Cachexia



COPD Cachexia

Respiratory cachexia

MUSCLE FIBER SIZES

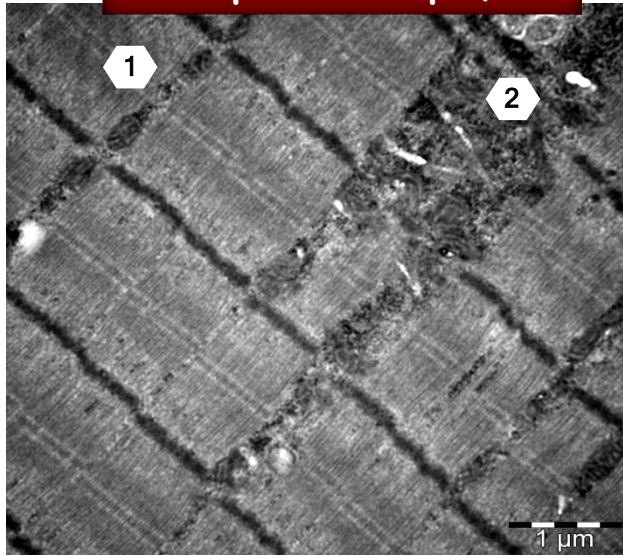
Cross-sections of muscle fibers, VL

Respiratory cachexia

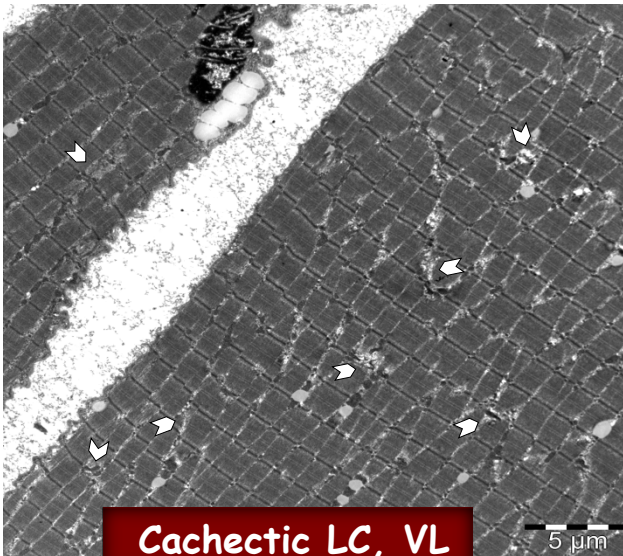
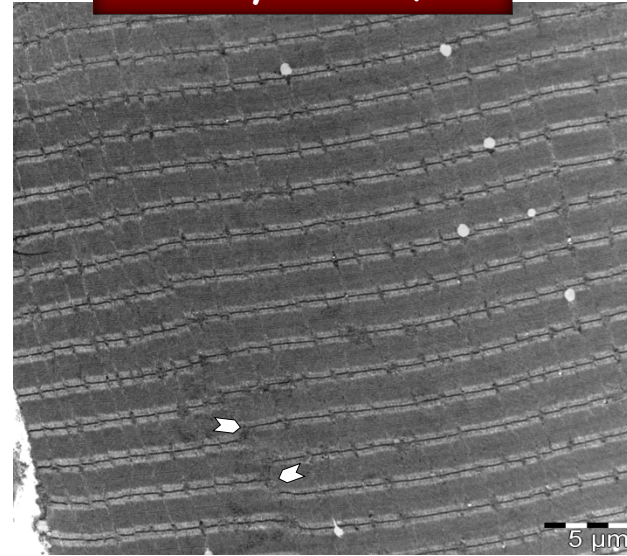
	<u>Controls</u> N= 10	<u>LC Cachexia</u> N= 10	<u>COPD Cachexia</u> N= 10
Muscle fiber type composition			
<u>Type I fibers, percentages</u>	31 (4)	28 (4)	23 (6) **
<u>Type II fibers, percentages</u>	69 (4)	72 (4)	77 (6) **
<u>Type I fibers, CSA (μm²)</u>	2920 (458)	2639 (172)	2582 (214)
<u>Type II fibers, CSA (μm²)</u>	3279 (452)	2499 (594) *	2109 (416) **
Muscle structure			
Percentage of total abnormal fraction area	1.49 (0.4)	2.39 (0.4) **	2.5 (0.9) **
Percentage of internal nuclei	0.59 (0.4)	0.67 (0.3)	0.47 (0.3)
Percentage of inflammatory cells	0.79 (0.3)	1.25 (0.5) *	1.34 (0.5) *
Percentage of other items (§)	0.11 (0.1)	0.46 (0.2) **	0.68 (0.8) *

SKELETAL MUSCLE DISRUPTIONS

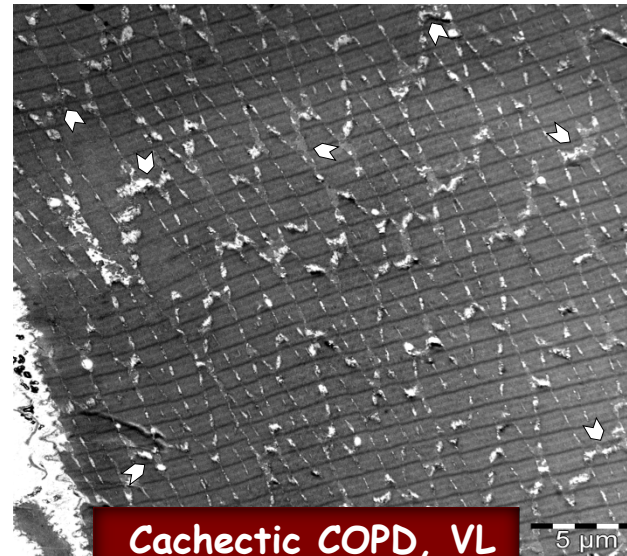
Disruption example, VL



Healthy control, VL



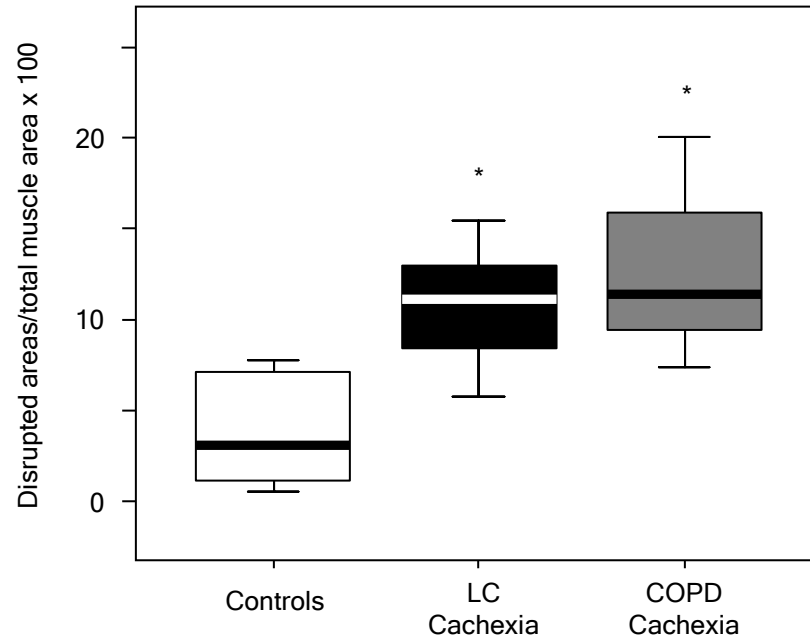
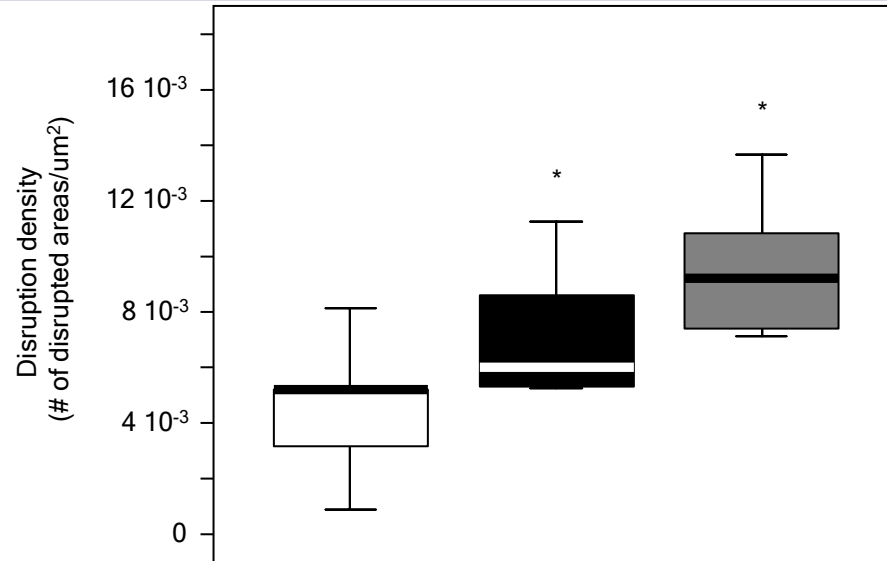
Cachectic LC, VL



Cachectic COPD, VL

Respiratory cachexia

SKELETAL MUSCLE DISRUPTIONS

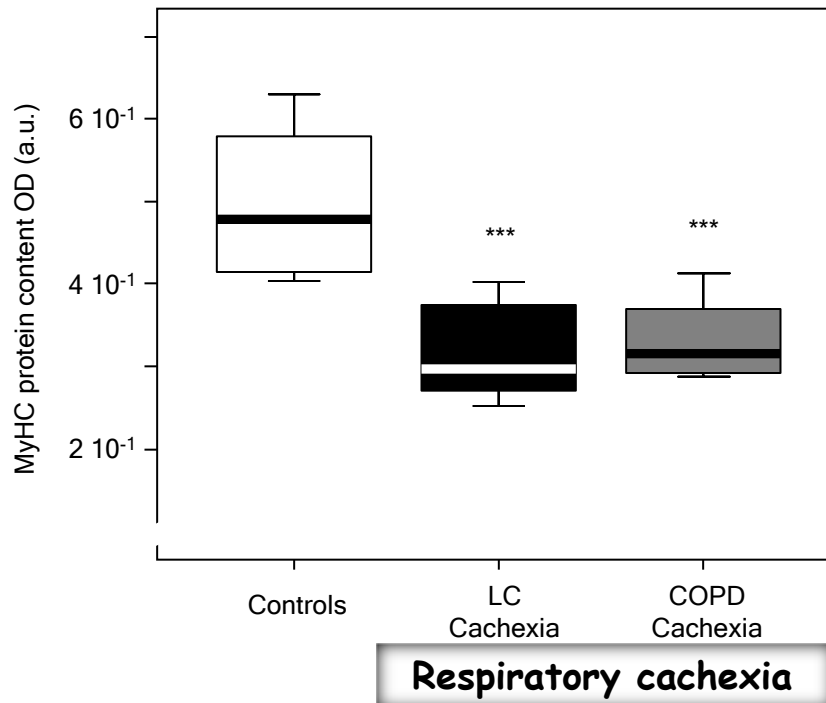


Respiratory cachexia

LEVELS OF SPECIFIC MUSCLE PROTEINS

Structural proteins

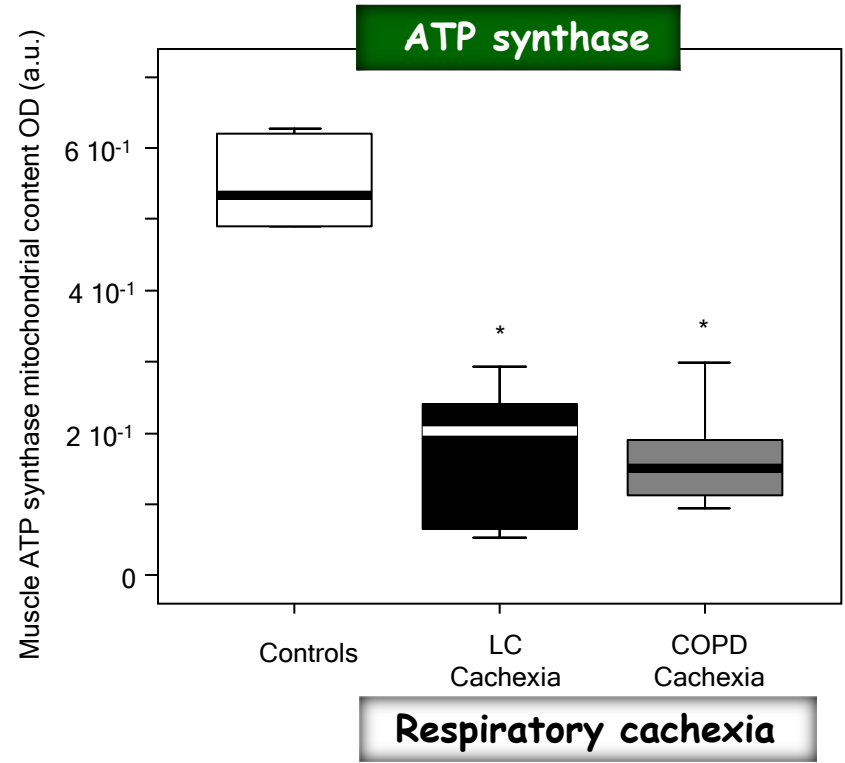
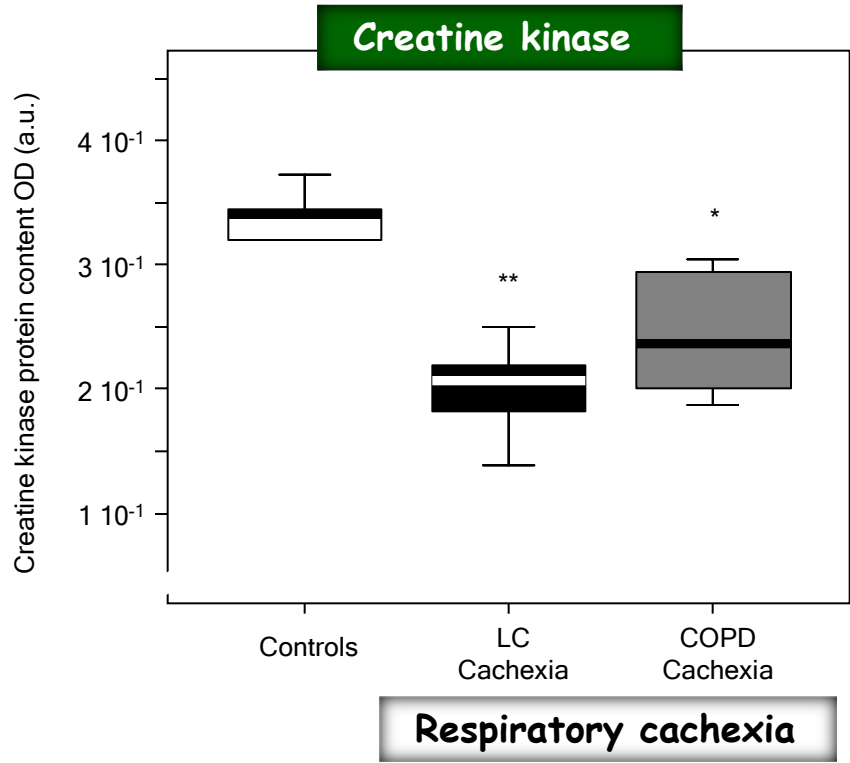
Myosin heavy chain, VL



Inverse correlation
between
sarcomere disruptions & MyHC
 $r=-0.648$
 $p=0.043$

LEVELS OF MUSCLE PROTEINS

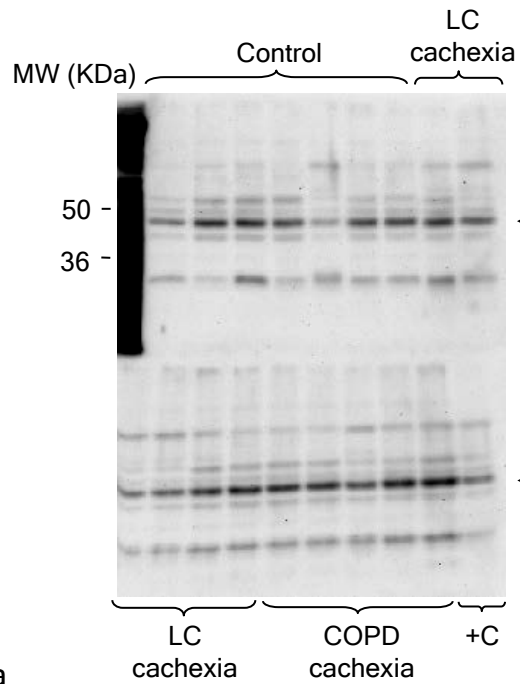
Muscle metabolic enzymes, VL



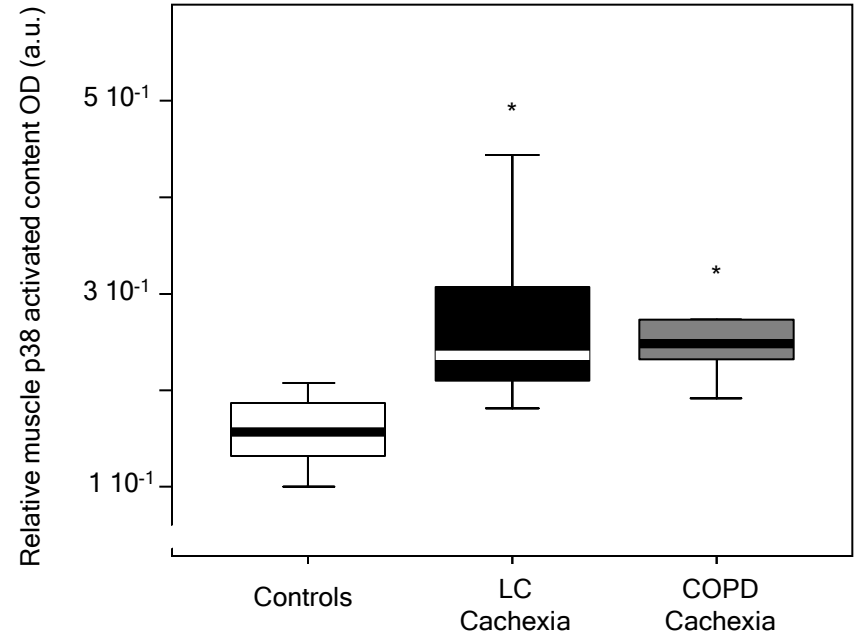
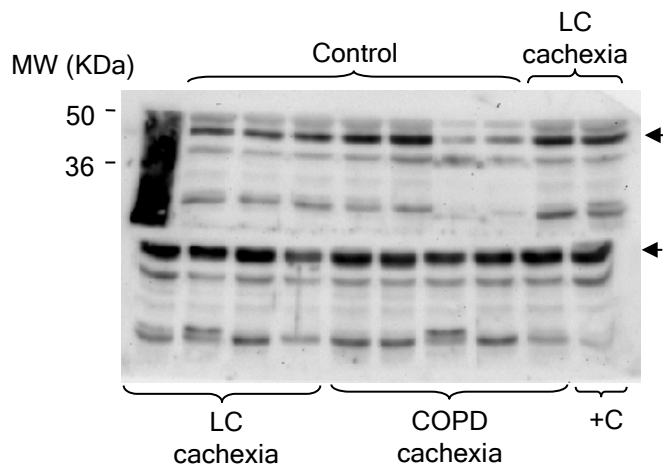
SIGNALING PATHWAYS OF MUSCLE ATROPHY

MAPK, P38

p38, 38 kDa

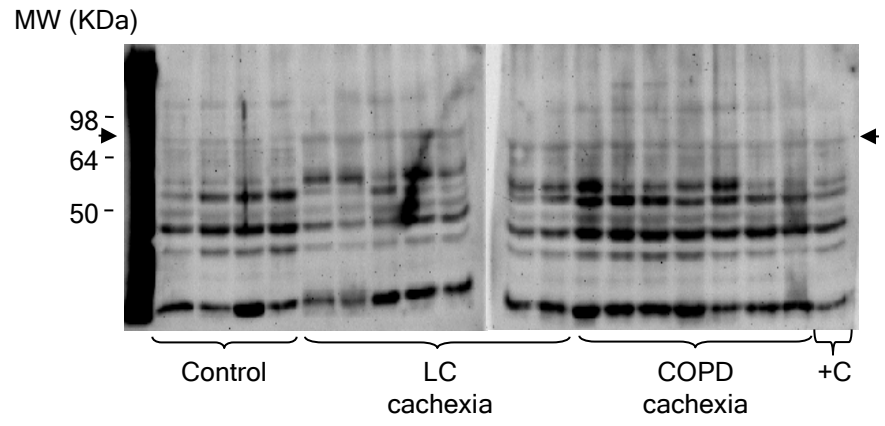


p-p38, 38 kDa

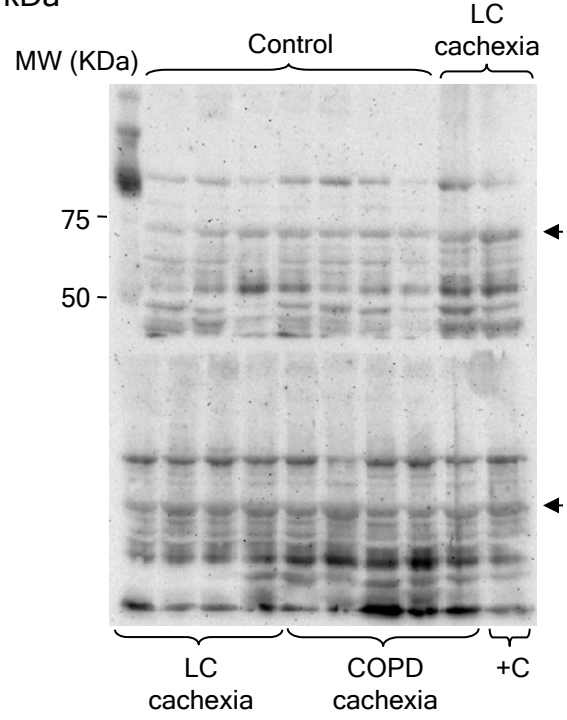


SIGNALING PATHWAYS OF MUSCLE ATROPHY

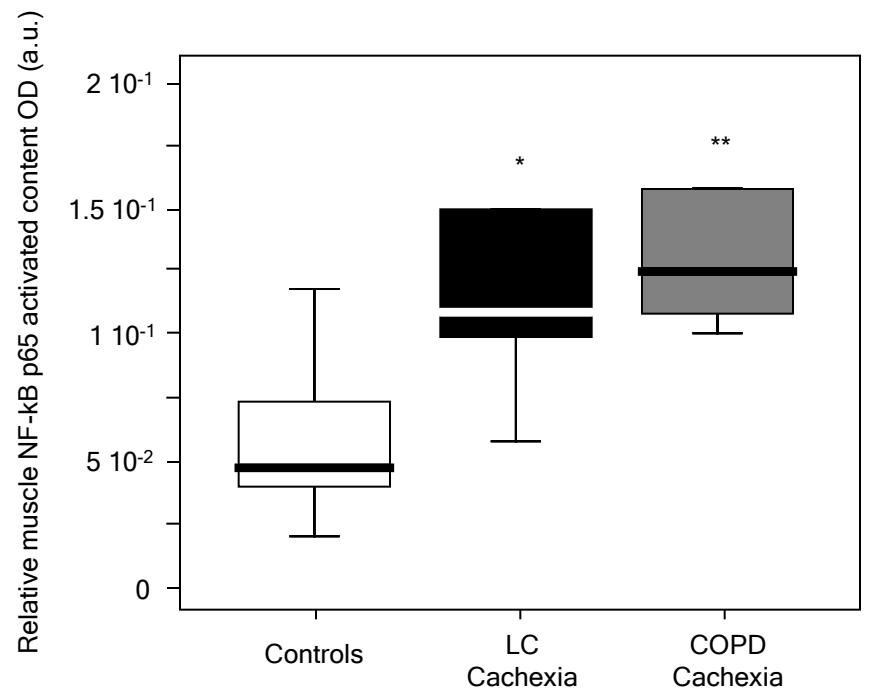
NF-kB p65, 65 kDa



p-NF-kB p65, 65 kDa

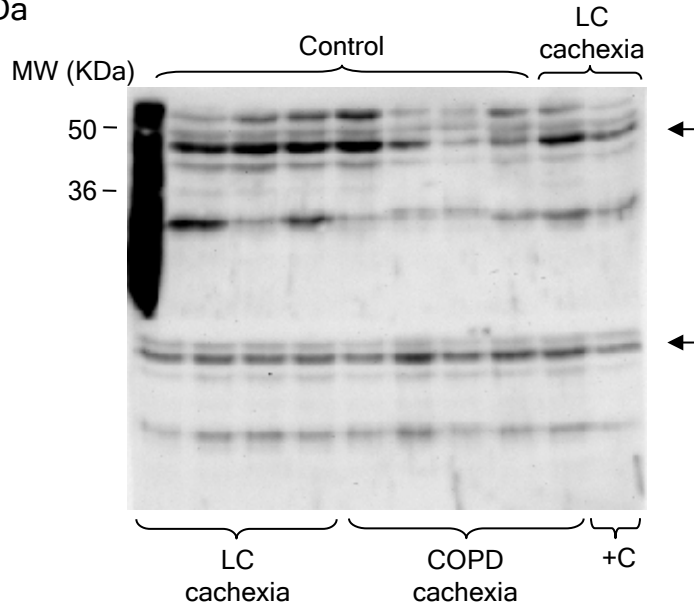


NF-KB, P65

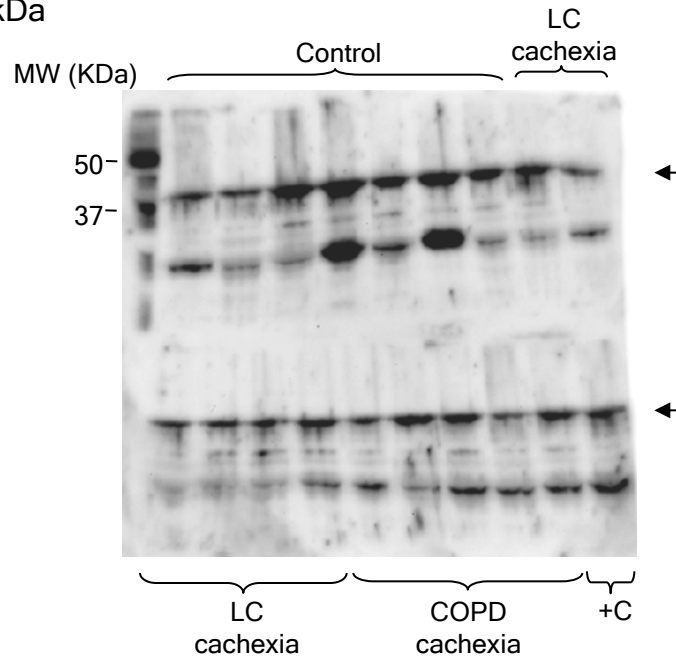


SIGNALING PATHWAYS OF MUSCLE ATROPHY

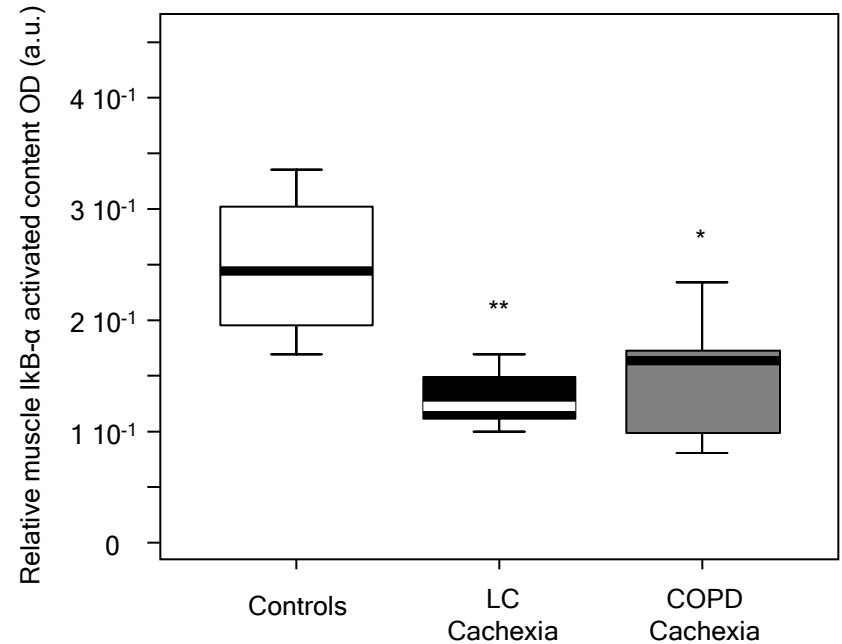
I κ B- α , 37 kDa



p-I κ B- α , 41 kDa



NF- κ B, I κ B- α

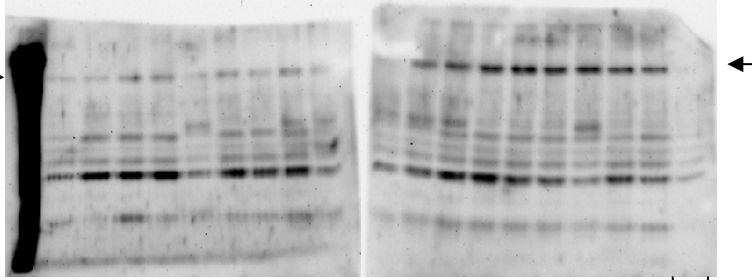


SIGNALING PATHWAYS OF MUSCLE ATROPHY

FoxO-1, 80 kDa

MW (kDa)

98 -
64 -

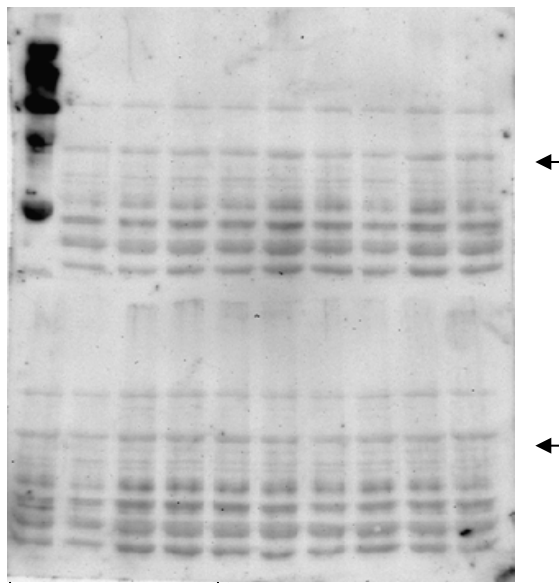


Control LC cachexia COPD cachexia +C

p-FoxO-1, 81 kDa

MW (kDa)

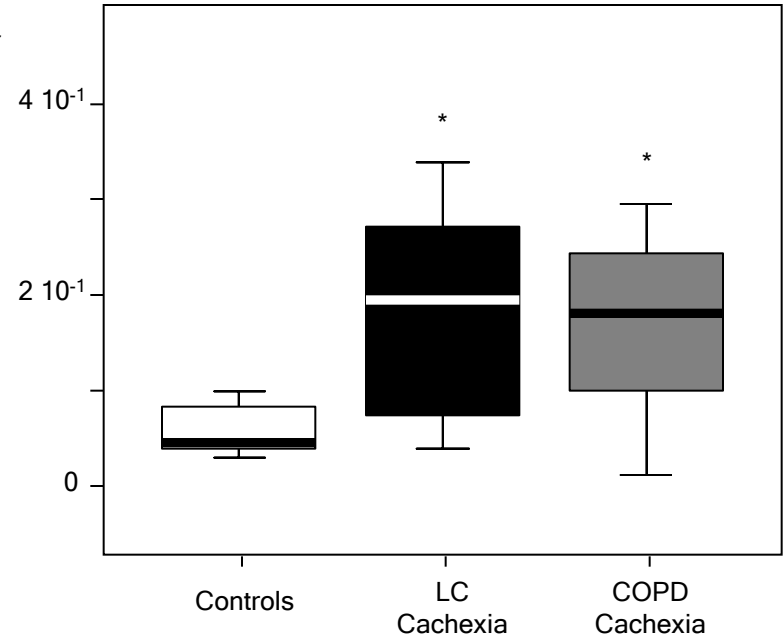
100 -
75 -



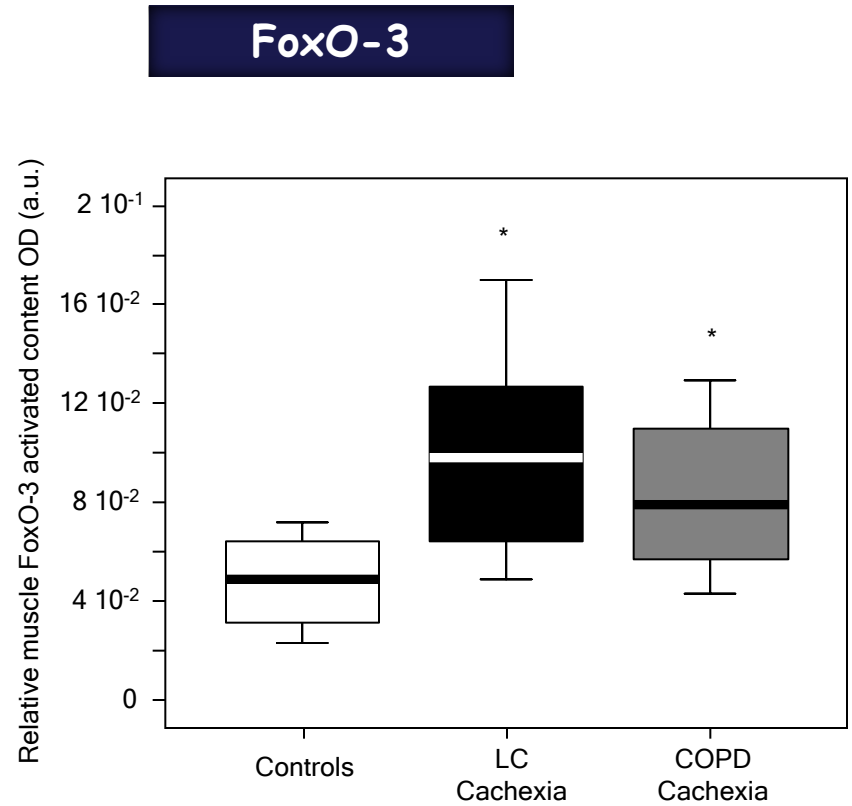
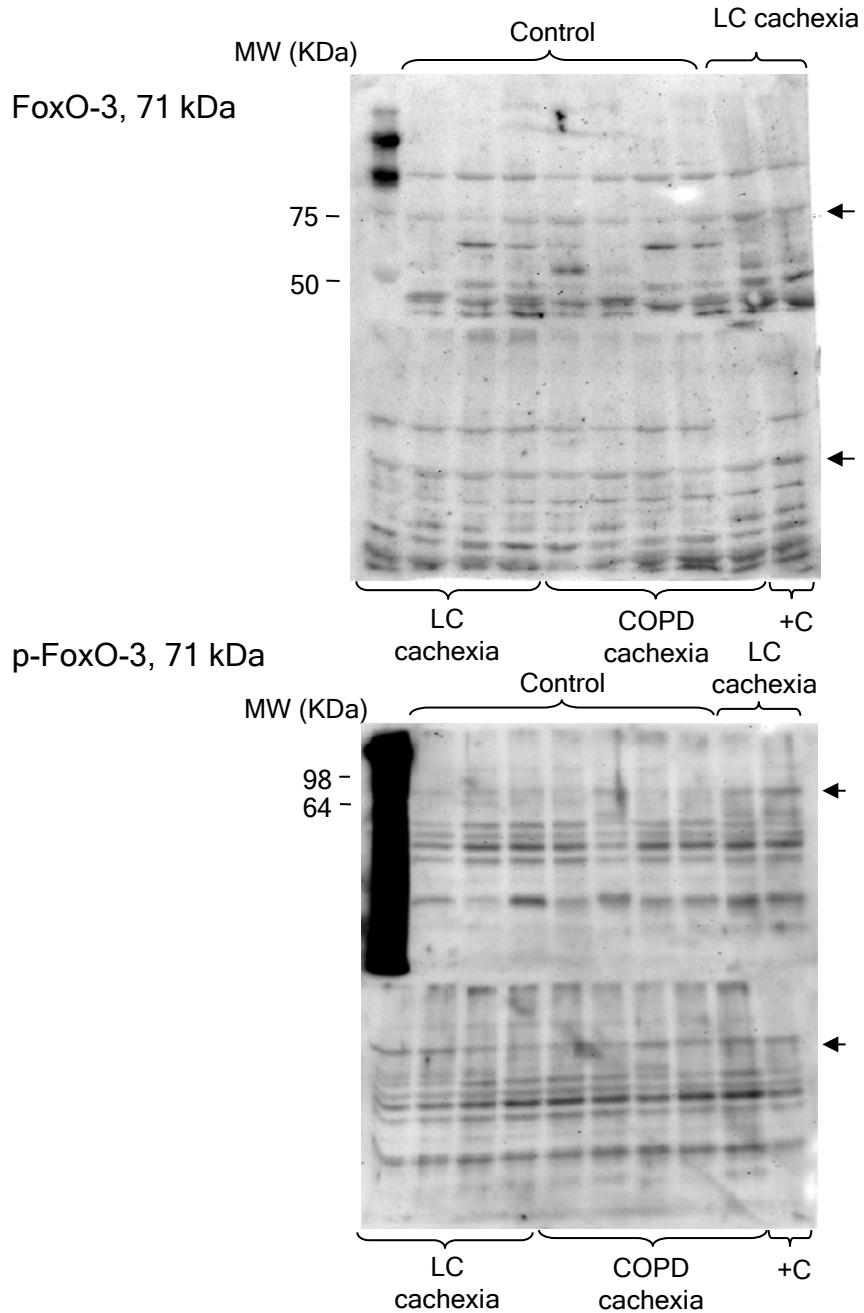
LC cachexia COPD cachexia +C

FoxO-1

Relative muscle FoxO-1 activated content OD (a.u.)



SIGNALING PATHWAYS OF MUSCLE ATROPHY



Enhanced muscle proteolysis

Vastus lateralis, stable COPD patients:

Doucet et al. Am J Respir Crit Care Med 2007

Plant et al. Am J Respir Cell Mol Biol 2010

Fermoselle et al. Eur Respir J 2012, 40: 851-62

Several proteolytic mechanisms, VL

Vastus lateralis, COPD patients during exacerbations:

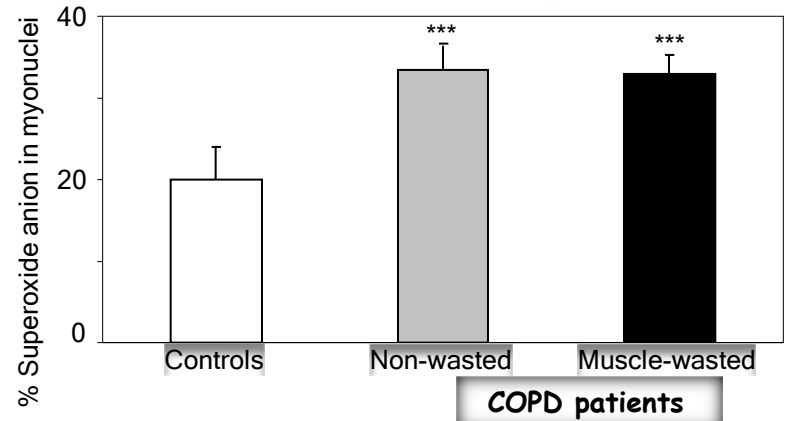
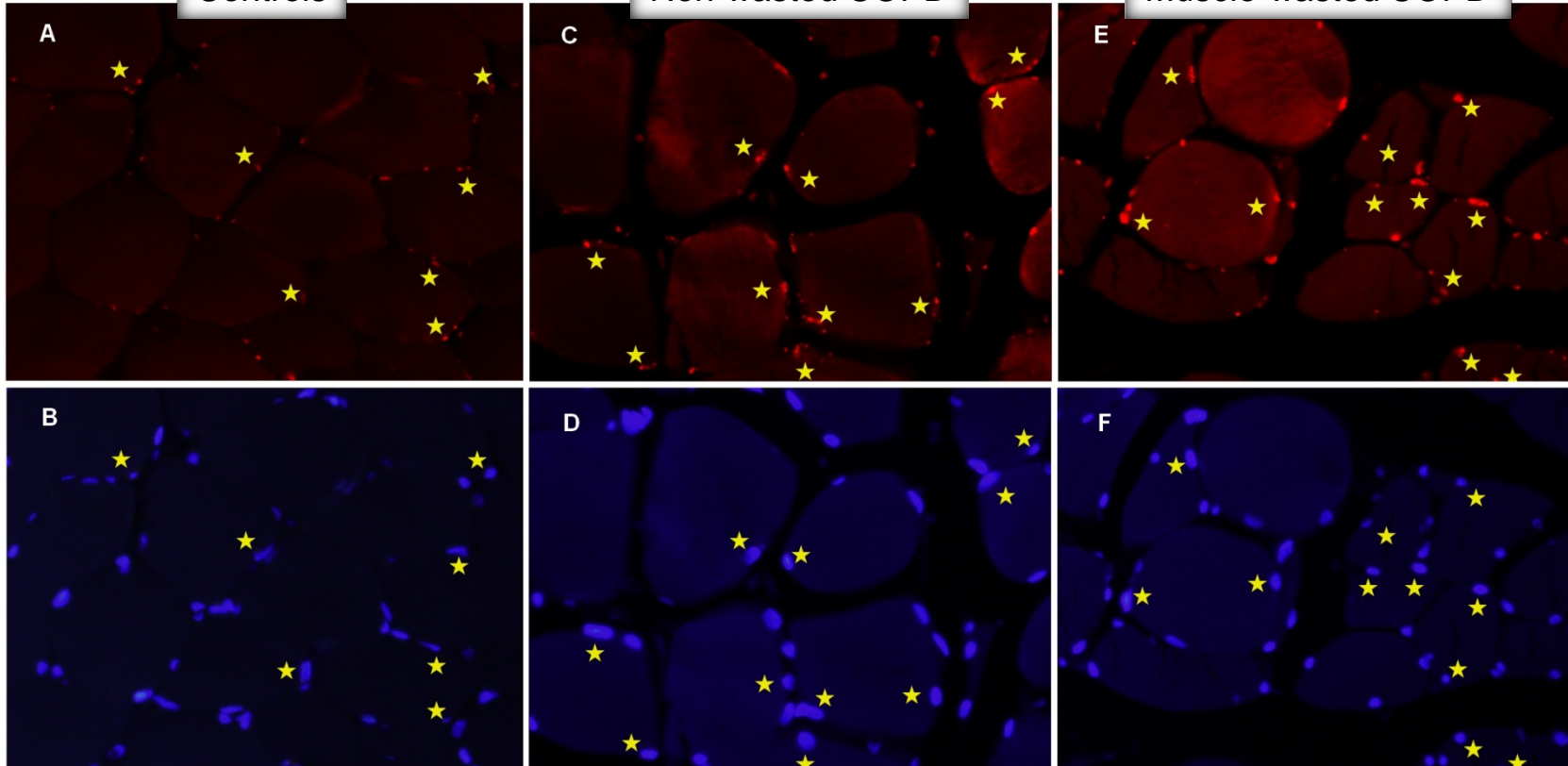
Crul et al. Cell Physiol Biochem 2010

SUPEROXIDE ANION IN THE MYONUCLEI

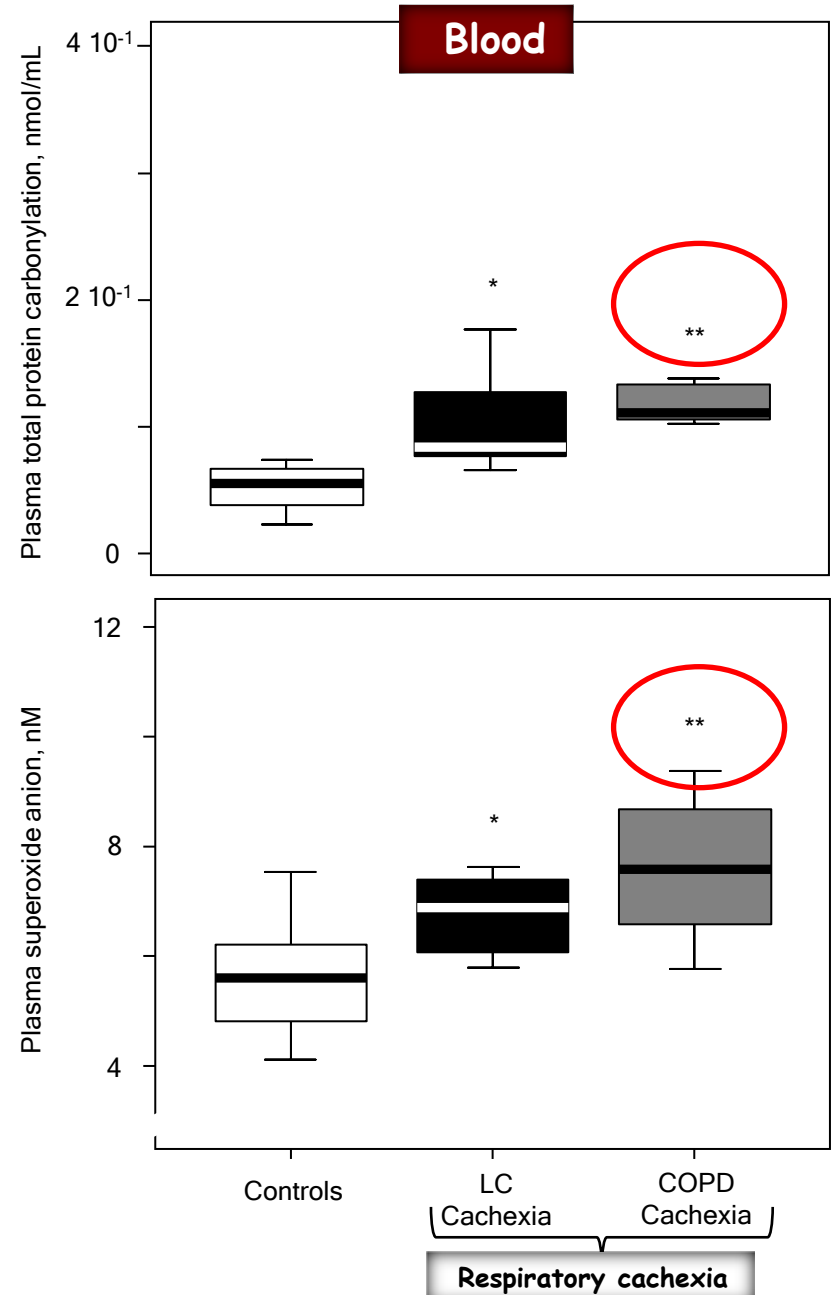
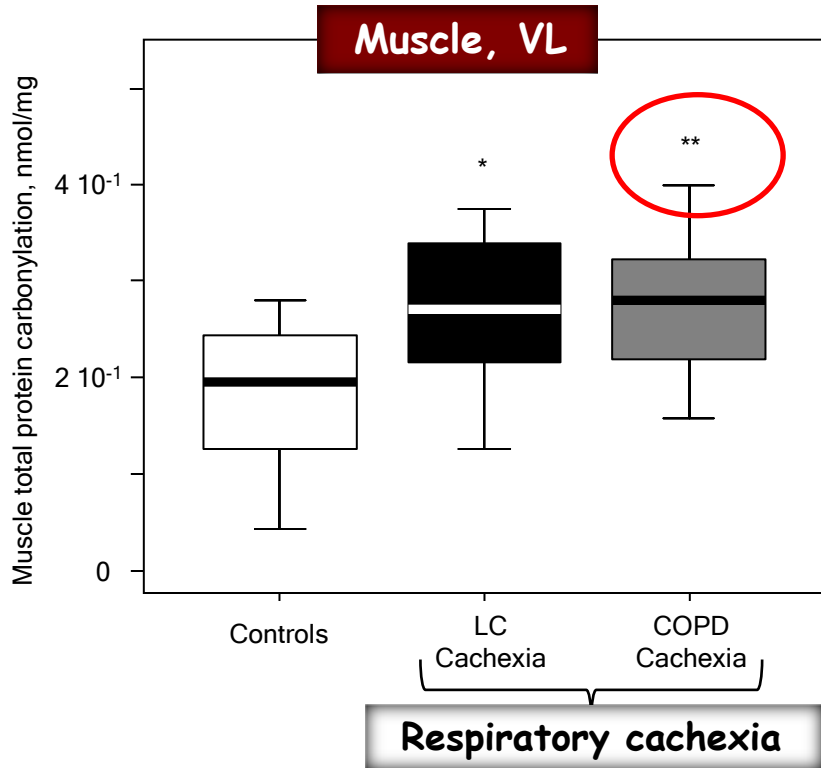
Controls

Non-wasted COPD

Muscle-wasted COPD

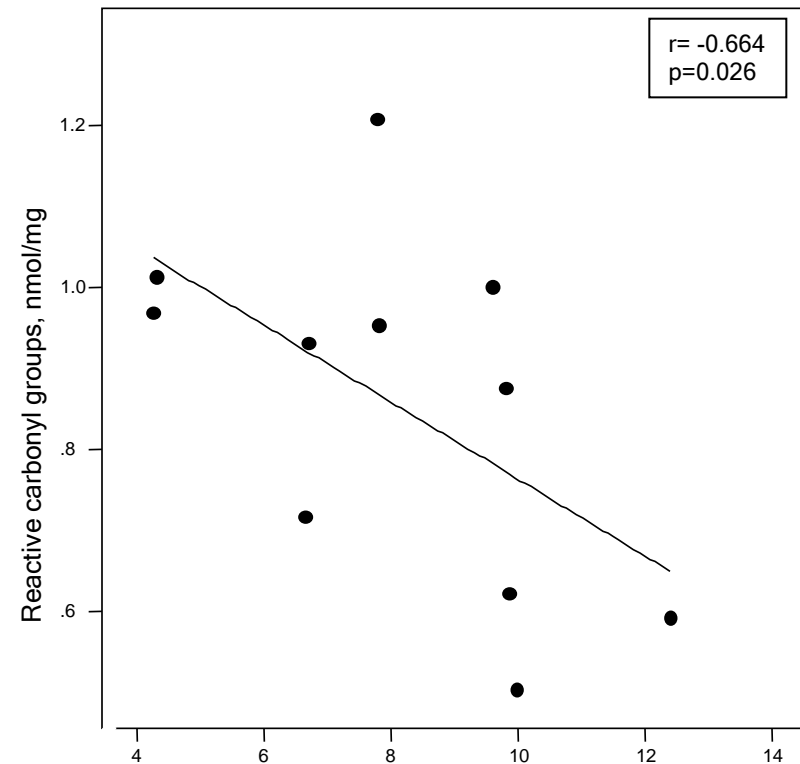
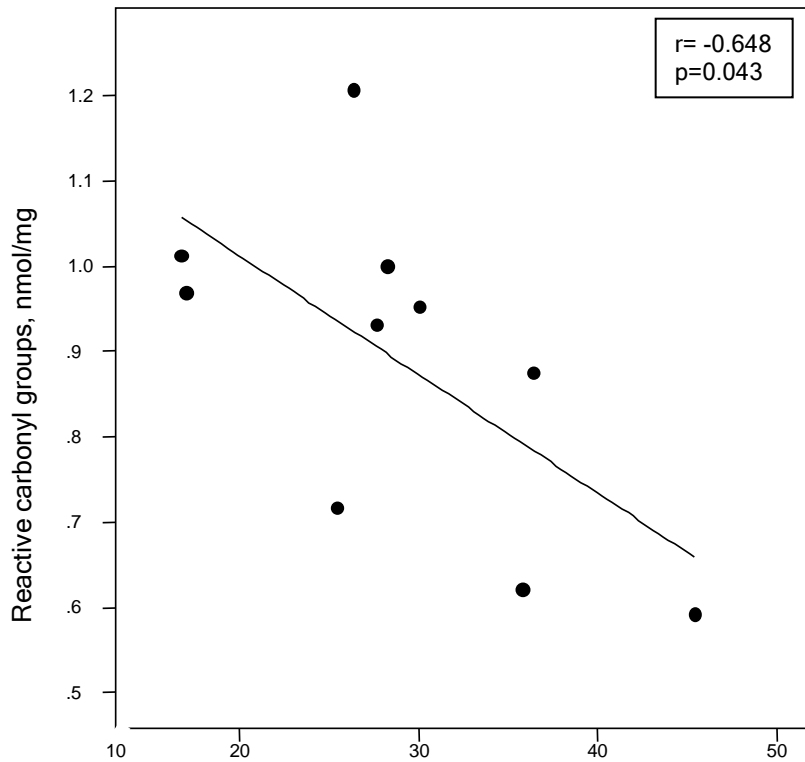


OXIDATIVE STRESS: MUSCLE & BLOOD



OXIDATIVE STRESS: CLINICAL IMPLICATIONS

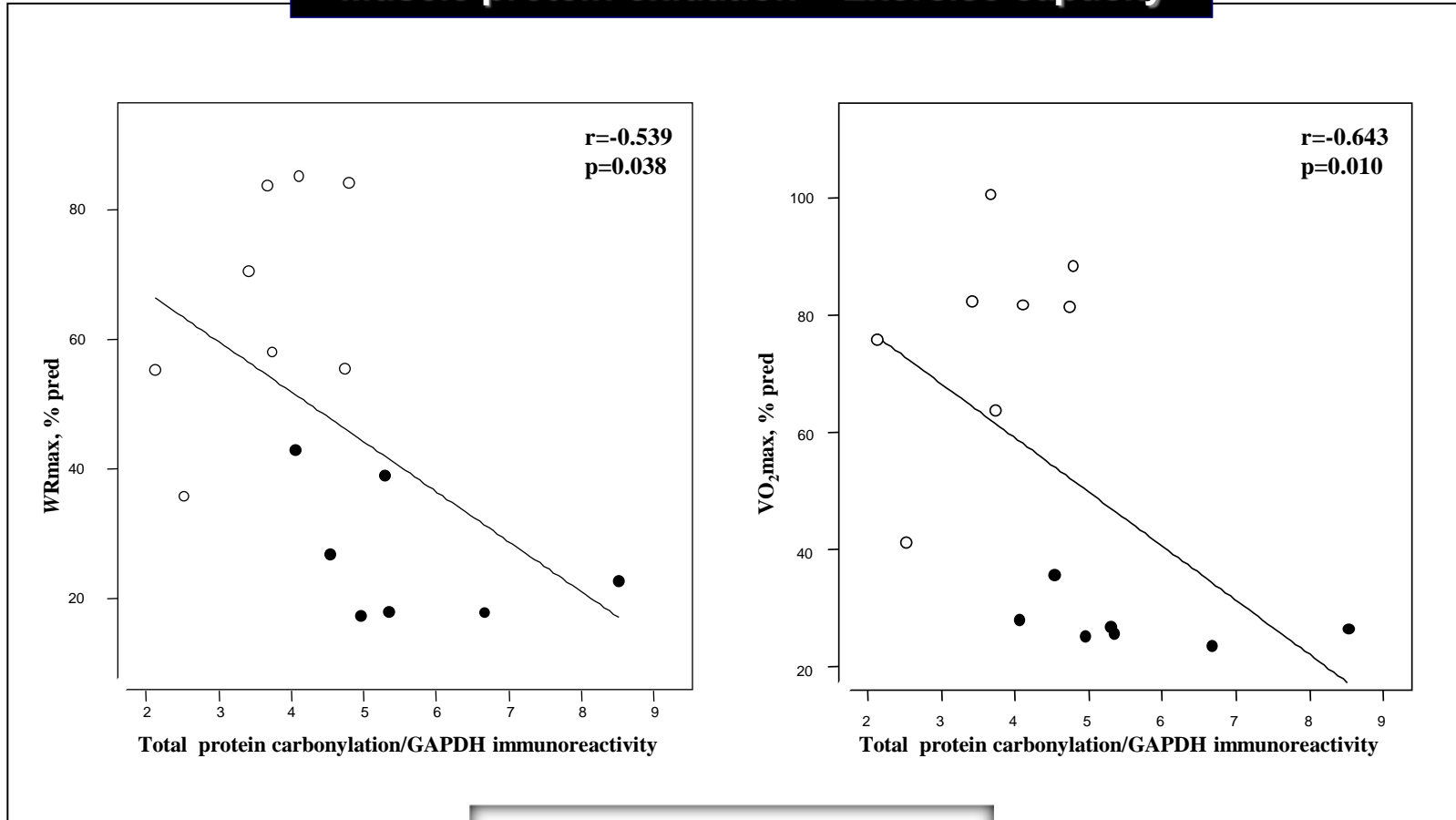
Muscle protein oxidation – Quadriceps muscle force



Quadriceps strength: voluntary & involuntary maneuvers

OXIDATIVE STRESS: CLINICAL IMPLICATIONS

Muscle protein oxidation – Exercise capacity

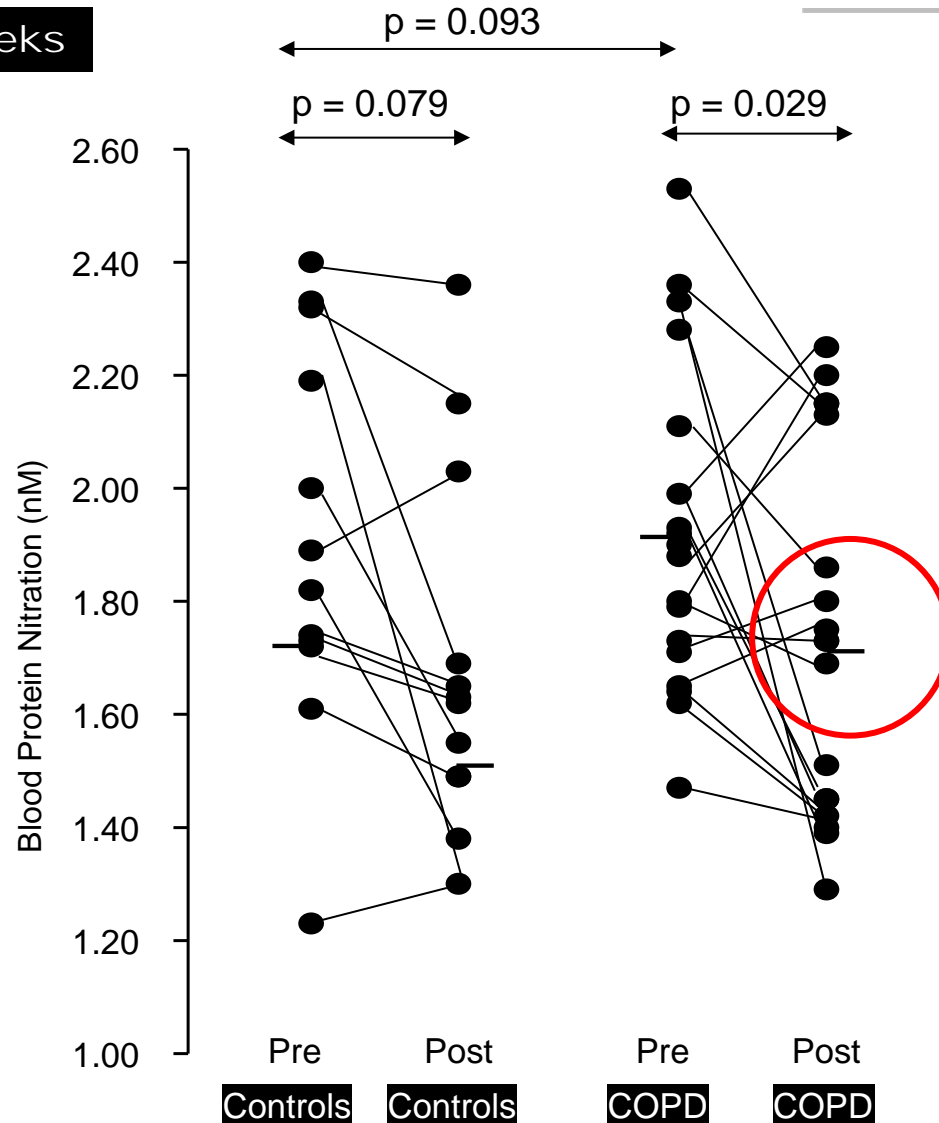


Cycloergometry

Endurance Exercise Training Protein tyrosine nitration

Blood, COPD patients

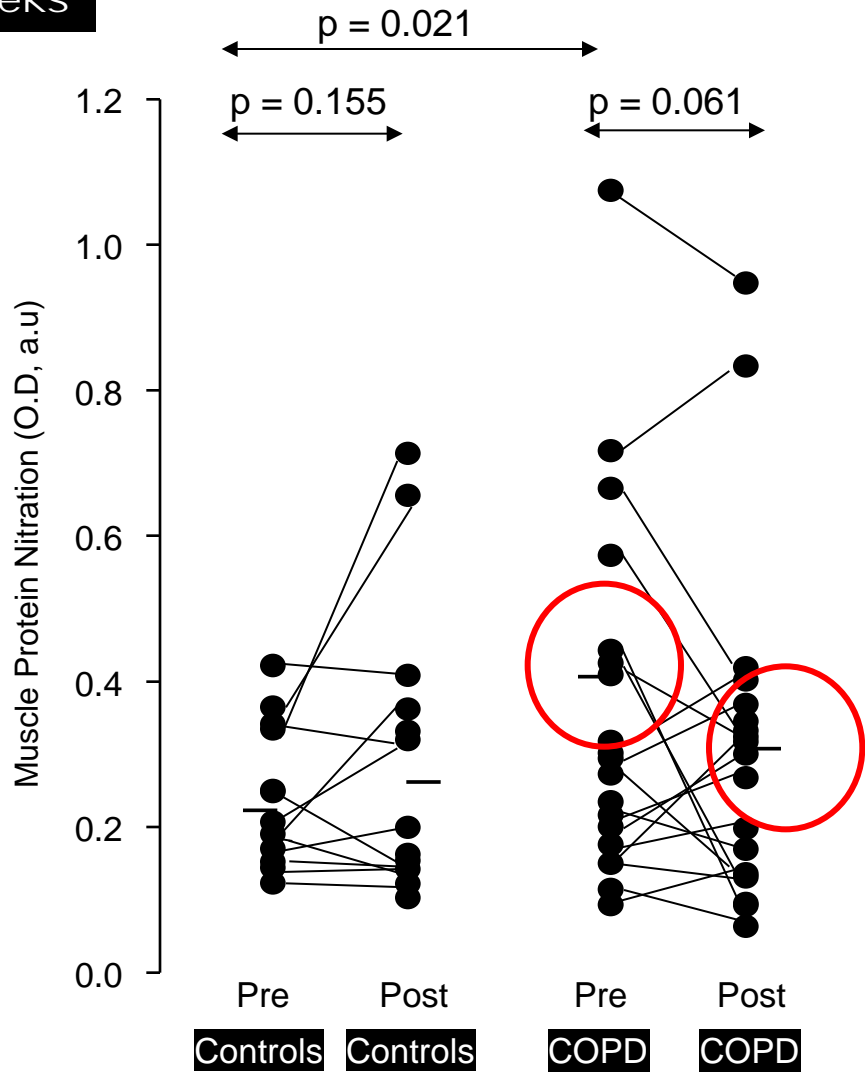
After exercise training, 8 weeks



Endurance Exercise Training Muscle protein tyrosine nitration

VL, COPD patients

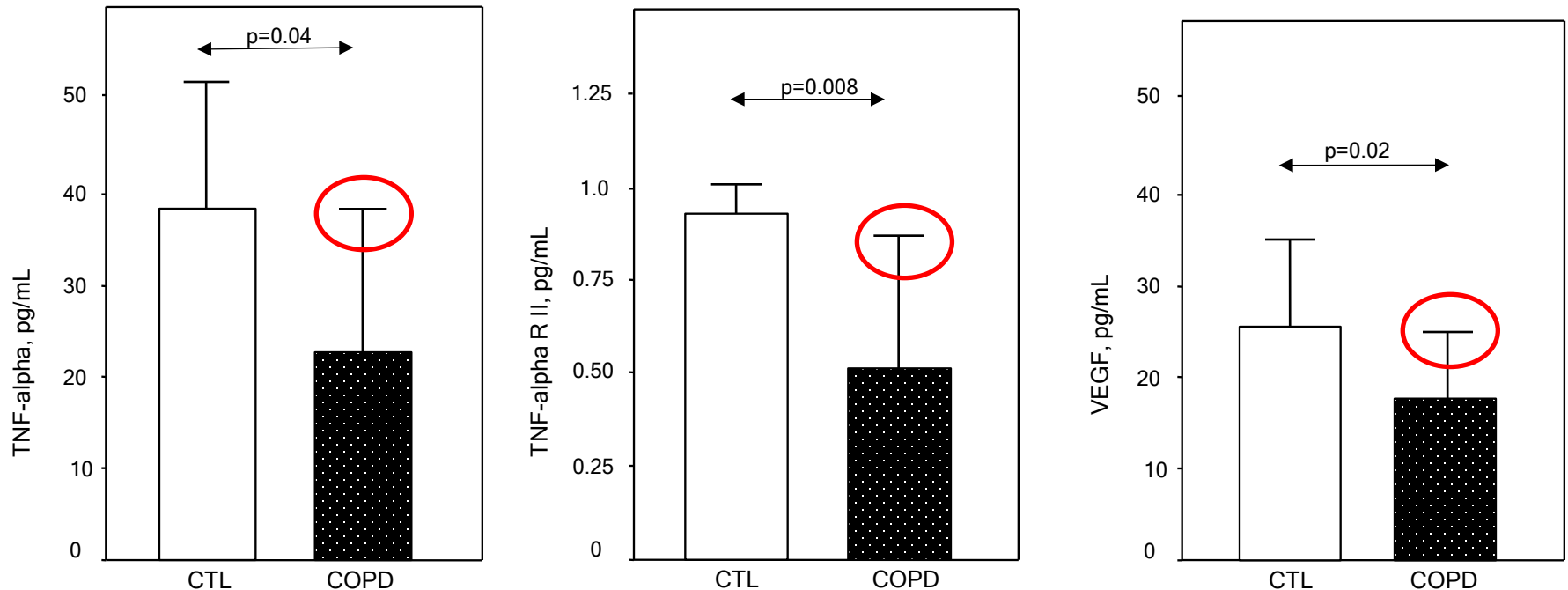
After exercise training, 8 weeks



Role of local inflammation in COPD ?

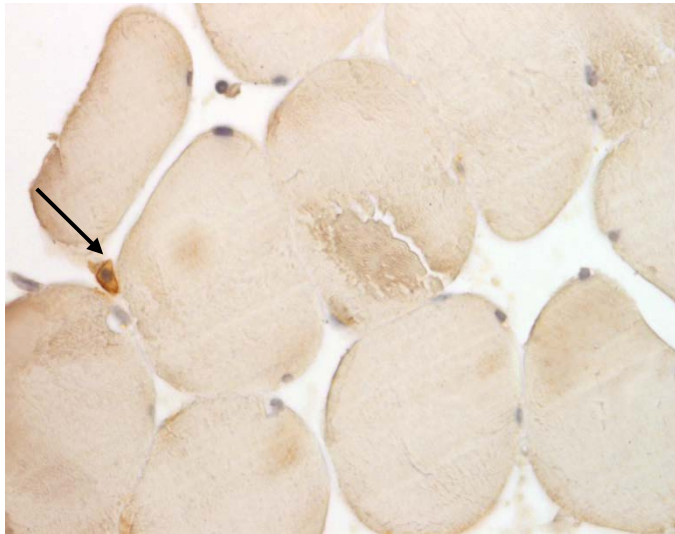
⇓ Cytokines in the *vastus lateralis* of severe COPD patients at baseline

Vastus lateralis

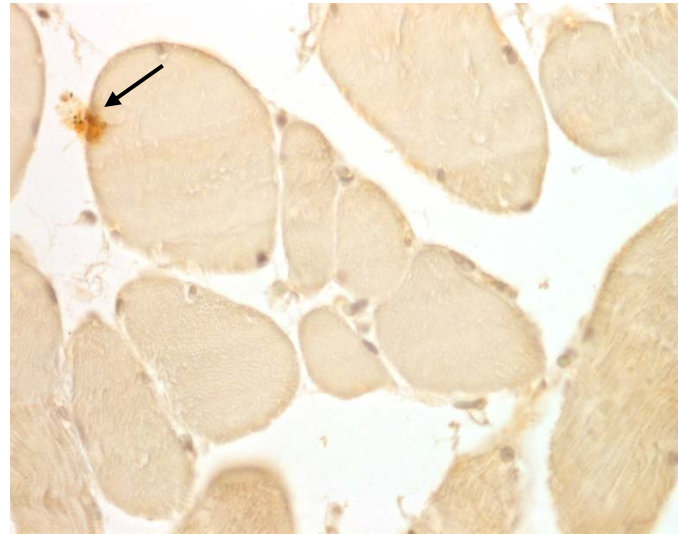


Cellular inflammation

Patients with COPD, Vastus lateralis



leucocyte



macrophage

Cellular inflammation

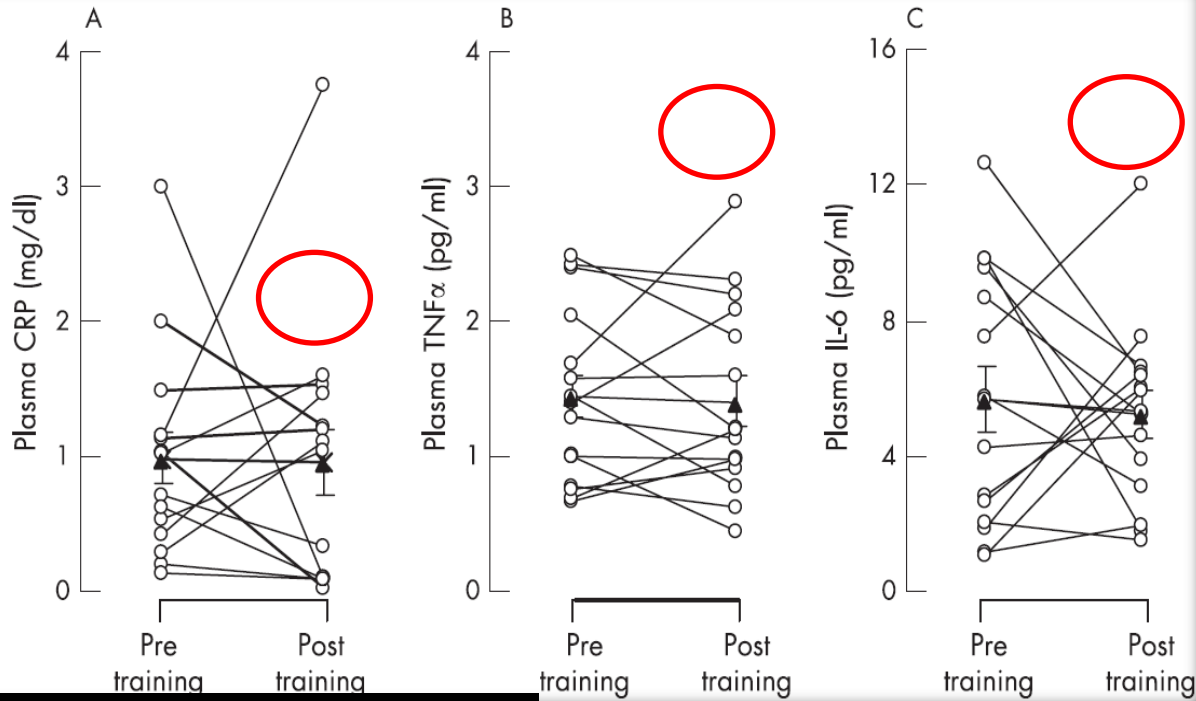
Patients with COPD, Vastus lateralis

Table 4. Muscle inflammation in the human study subjects

	Control subjects n=10	Smokers n=9	COPD n=10
IL-6, pg/ml	0.29 (0.19)	0.23 (0.12)	0.32 (0.30)
TNF-alpha, pg/ml	1.64 (0.37)	1.72 (0.33)	1.64 (0.24)
Total inflammatory cells, cells/mm ²	0.99 (0.60)	0.88 (0.51)	2.57 (1.70) *, †

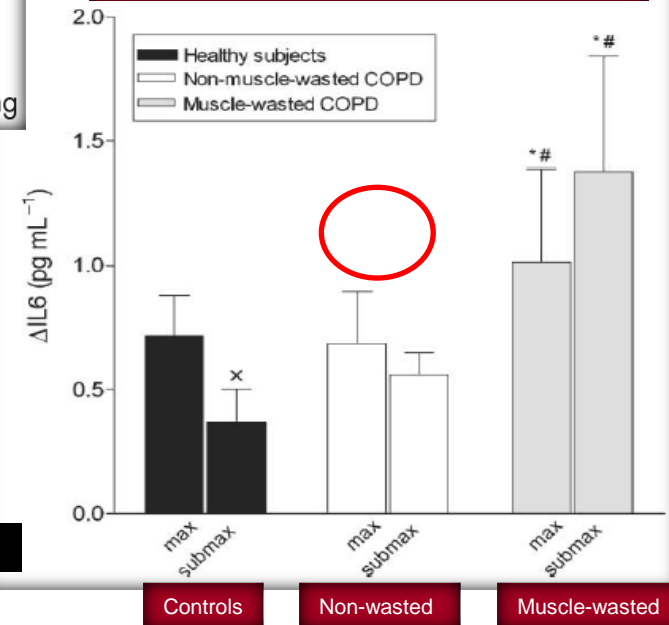
Systemic inflammation in COPD patients & muscle mass

Non-wasted COPD patients after exercise training



Vogiatzis *et al.* *Thorax* 2007; 62: 950-956.

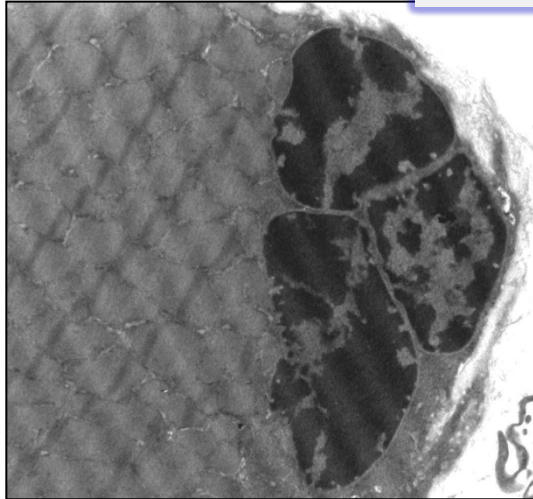
COPD patients after exercise test



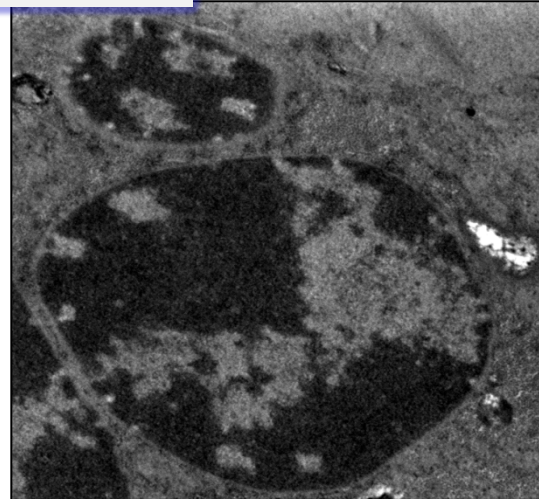
Van Helvoort *et al.* *Med Sci Sports Exerc* 2006; 38: 1543-52.

APOPTOSIS, ELECTRON MICROSCOPY

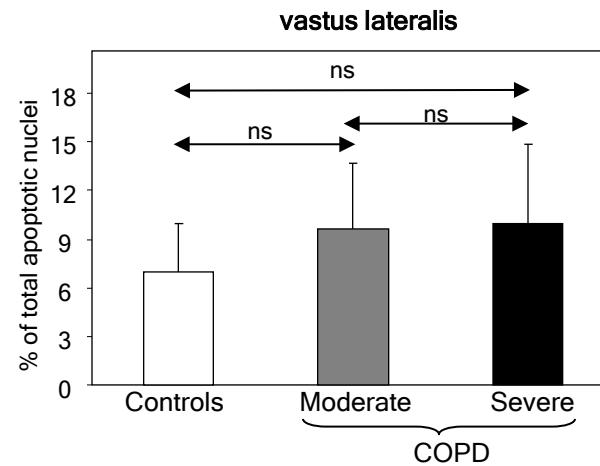
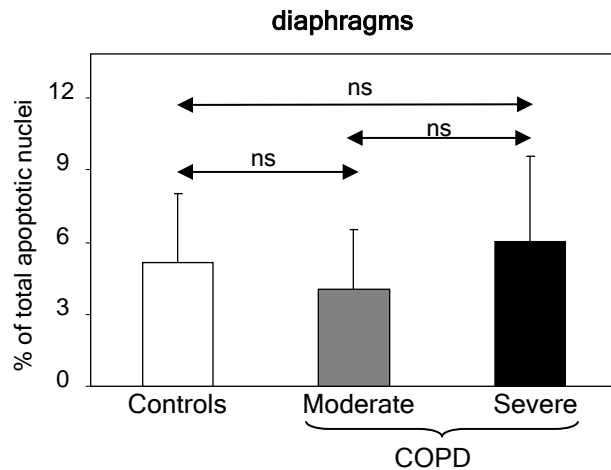
Severe COPD patient



Early apoptosis

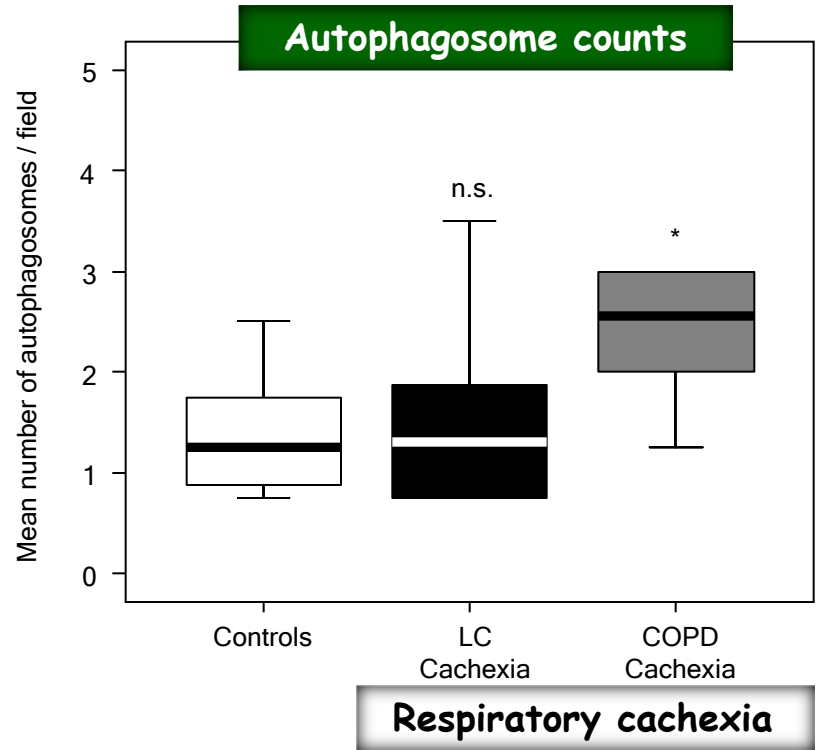
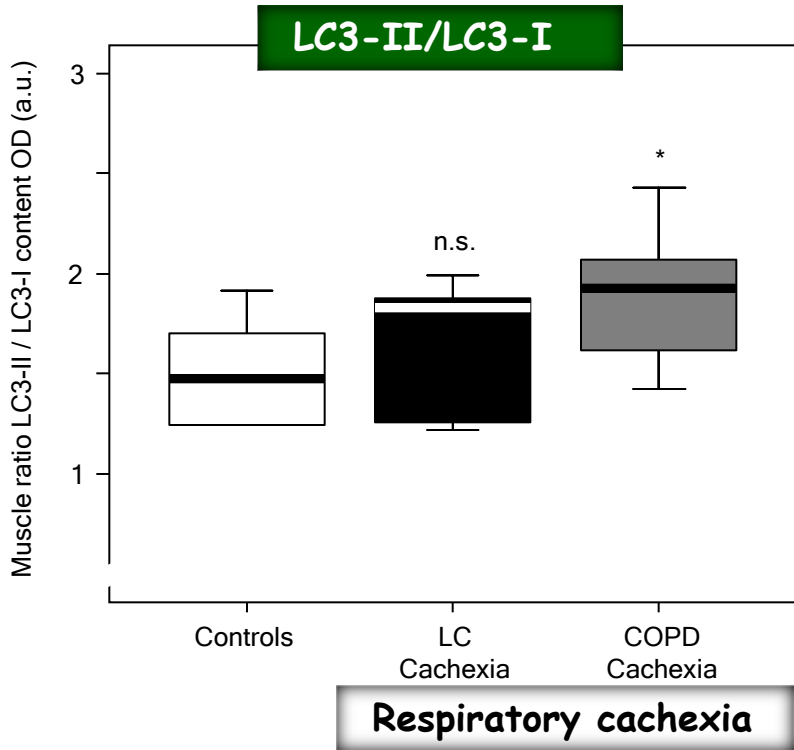


Late apoptosis



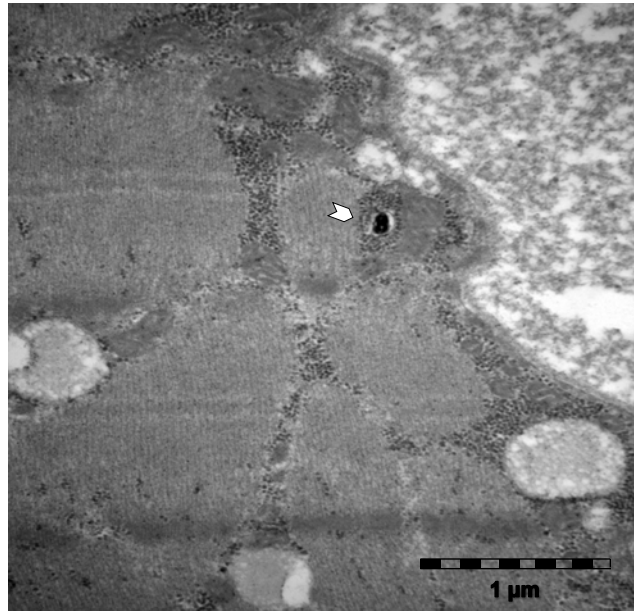
AUTOPHAGY IN MUSCLES

Autophagy markers, VL

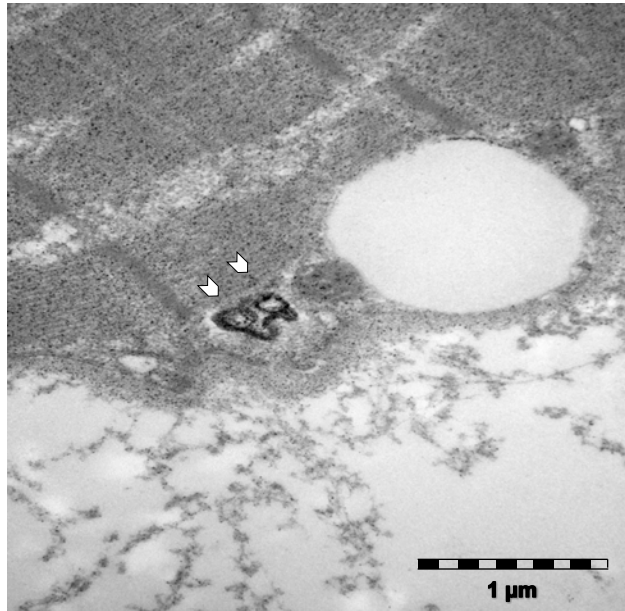


AUTOPHAGY IN MUSCLES

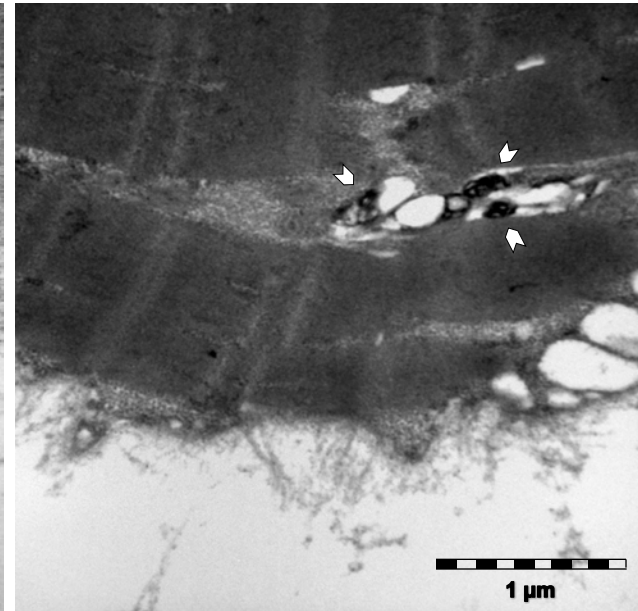
Autophagosomes, VL



Healthy control



LC Cachexia



COPD Cachexia

Respiratory cachexia

EPIGENETIC MECHANISMS IN CELLS

Table I. Epigenetic mechanisms in cells

DNA methylation	Histone acetylation	Histone methylation	MicroRNAs
Addition of a methyl group to 5'-cytosine before guanine in the same chain (CpG islands)	<p>→ Acetylation: acetyl group from acetyl-CoA transferred to lysine residues ⇒ euchromatin ⇒ favors transcription</p> <p>→ Deacetylation: reverses acetylation ⇒ heterochromatin ⇒ blocks transcription</p> <p>Histone acetylation → role in atrophy?</p>	Addition of methyl groups to lysine (×3) & arginine (×2) residues ⇒ may favor or block transcription	<p>Noncoding single-stranded RNA molecules ⇒ post-transcriptional regulation of gene expression</p> <p>Base pairing with complementary sequences in mRNA molecules ⇒ gene silencing (translational repression or target degradation)</p>

Abbreviations: DNA, deoxyribonucleic acid; RNA, ribonucleic acid.

Barreiro et al. *Trans Res* 2015; 165: 61-73.

AND IN MUSCLES...

Table 1. Regulation of muscle development by miRNAs: function and target molecules

	Action	Target Pathways
<i>MyomiRs</i>		
miR-1	Promotes myotube formation Innervation process	HDAC4 (23, 56) Connexin 43-dependent gap junctional communication (5)
miR-206	Promotes myotube formation Commitment to terminal cell differentiation Innervation process	IGF-1 signal transduction cascade (33, 56) Subunit p180 of DNA polymerase alpha (30, 71) Inhibition of DNA synthesis & Cell cycle withdrawal (30, 71)
miR-133	Induces myoblast proliferation	Connexin 43-dependent gap junctional communication (5) Inhibition of myotube formation (23) Repression of SFR (23)
<i>Other miRNAs</i>		
miR-27	Entry of satellite cells into myogenic differentiation program	Pax3 mRNA, Satellite cells & embryonic myotomes (27)
miR-181	MyoD induction	Repressor of myoblast terminal differentiation Hox-A11 (70)
miR-29	Promotes myogenesis	Inhibition of Ying Yang 1 (92)

MyomiRs, muscle-specific miRNAs; HDAC4, histone deacetylase 4; IGF-1, insulin-like growth factor; SFR, serum response factor.

PATIENT CHARACTERISTICS

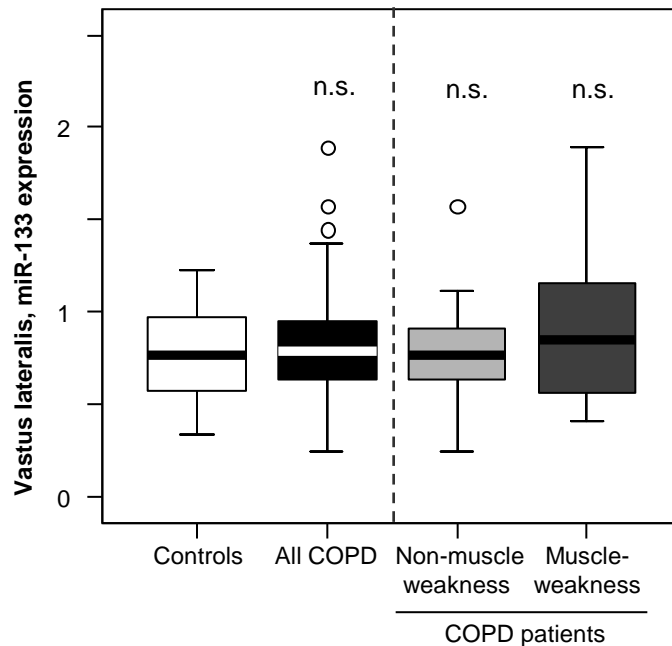
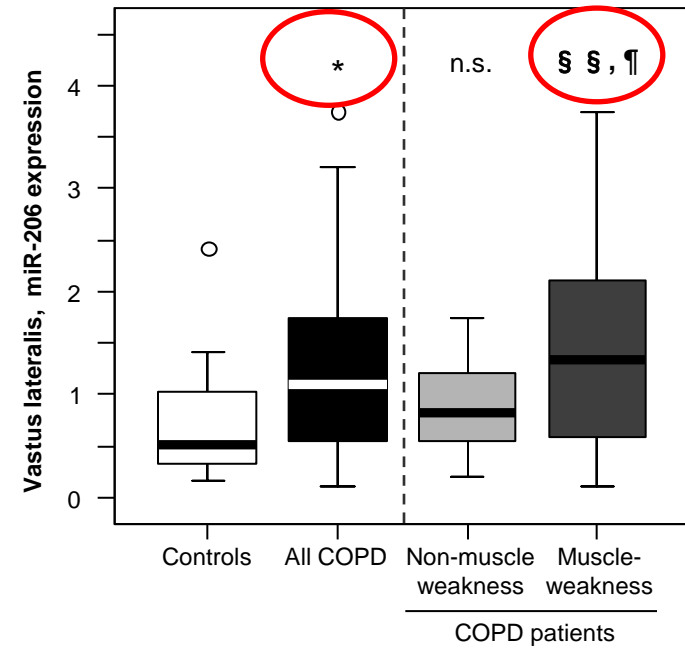
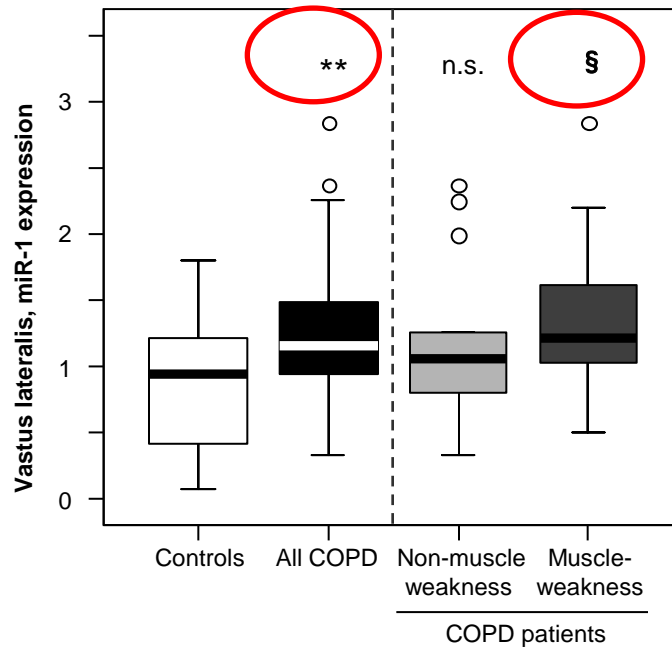
+/-Quadriceps weakness

	Controls N = 19	All COPD patients N = 41	Non-muscle weakness N = 16	Muscle weakness N = 25
Anthropometry				
Age (years)	65 (8)	68 (6)	68 (6)	68 (5)
BMI (kg/m ²)	26 (3)	24 (5)*	26 (4)	22 (4) ^{§§§¶¶}
FFMI (kg/m ²)	19 (2)	16 (2) ^{***}	18 (2)	16 (2) ^{§§§¶}
Body weight (kg)	73 (8)	69 (13)	76 (12)	66 (13) ^{§§§}
Body weight change (kg/year)	0 (0)	-1.8 (2.4) ^{***}	-0.3 (2.5)	-2.8 (1.7) ^{§§§¶¶¶}
Smoking history				
Active, N (%)	6, 32	16, 39	10, 63	6, 24 [¶]
Ex-smoker, N (%)	8, 42	25, 61	6, 37	19, 76 [¶]
Never smoker, N (%)	5, 26	0, 0	0, 0	0, 0
Packs-year	54 (20)	61 (24)	59 (28)	62 (22)
Lung function				
FEV ₁ (% pred)	93 (12)	34 (15) ^{***}	51 (6) ^{§§§}	23 (5) ^{§§§¶¶¶}
FVC (% pred)	88 (9)	58 (18) ^{***}	76 (16)	50 (12) ^{§§§¶¶¶}
FEV ₁ /FVC (%)	73 (4)	44 (11) ^{***}	53 (9) ^{§§§}	38 (9) ^{§§§¶¶¶}
RV (% pred)	105 (18)	198 (69) ^{***}	139 (44)	220 (63) ^{§§§¶¶¶}
TLC (% pred)	101 (12)	109 (16)	105 (18)	111 (15)
RV/TLC	49 (23)	64 (11) ^{***}	54 (7)	70 (7) ^{§§§¶¶}
DLco (% pred)	89 (14)	52 (26) ^{***}	71 (21) [§]	38 (21) ^{§§§¶¶¶}
K _{CO} (% pred)	87 (16)	63 (20) ^{***}	71 (19)	59 (20) ^{§§§}
PaO ₂ (kPa)	11.6 (1.1)	9.2 (1.2) ^{***}	9.5 (1.3) ^{§§}	9.0 (1) ^{§§§}
PaCO ₂ (kPa)	5.2 (0.5)	5.6 (0.7)*	5.4 (0.8)	5.8 (0.5)
Exercise capacity and muscle function				
VO ₂ peak (% pred)	87 (10)	48 (23) ^{***}	67 (16) [§]	31 (10) ^{§§§¶¶¶}
WR peak (% pred)	81 (21)	48 (26) ^{***}	64 (26) [§]	31 (12) ^{§§§¶}
6-min walking test (m)	508 (71)	412 (92) ^{***}	459 (69)	380 (93) ^{§§§¶}
QMVC (kg)	39 (2)	29 (3) ^{***}	32 (1) ^{§§§}	27 (1) ^{§§§¶¶¶}
Blood parameters				
Albumin (g/dl)	4.3 (0.4)	4.4 (0.4)	4.3 (0.3)	4.4 (0.5)
Total proteins (g/dl)	7.2 (0.5)	7.3 (0.5)	7.1 (0.6)	7.3 (0.5)
CRP (mg/dl)	0.3 (0.2)	1.5 (2.2) ^{**}	0.5 (0.4)	2.5 (2.7) ^{§§§¶¶}
Fibrinogen (mg/dl)	311 (35)	412 (75) ^{***}	363 (53)	434 (74) ^{§§§¶}
GSV (mm/h)	6 (4)	28 (19) ^{***}	20 (11) [§]	32 (22) ^{§§§¶}

MUSCLE FIBER TYPE CHARACTERISTICS

	Controls N = 19	All COPD patients N = 41	COPD patients	
			Non-muscle weakness N = 16	Muscle weakness N = 25
Muscle fibre type composition				
Type I fibres, percentages	39 (6)	27 (10)***	31 (10) [§]	26 (9) ^{§§}
Type II fibres, percentages	61 (6)	73 (10)***	69 (10) [§]	74 (9) ^{§§}
Type I fibres, CSA (μm^2)	2698 (894)	2496 (855)	2618 (960)	2438 (817)
Type II fibres, CSA (μm^2)	2915 (755)	2436 (847)*	2807 (910)	2188 (718) ^{§¶}

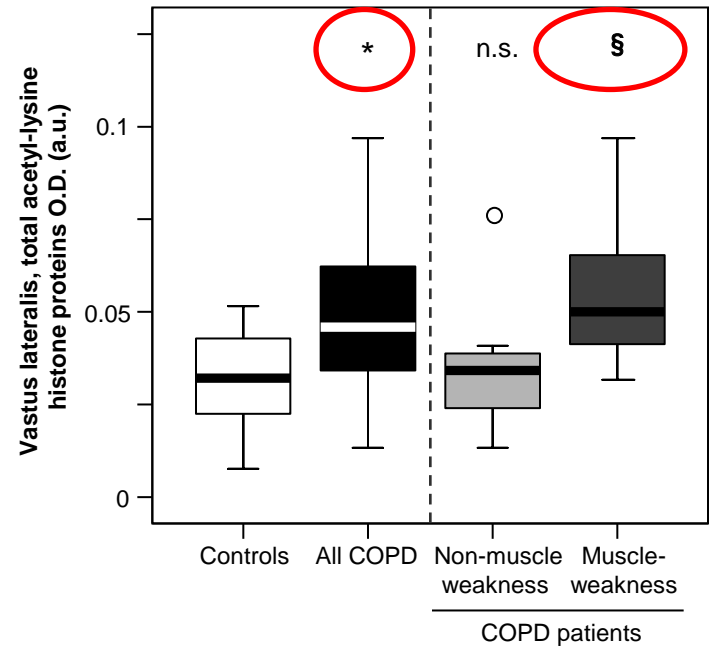
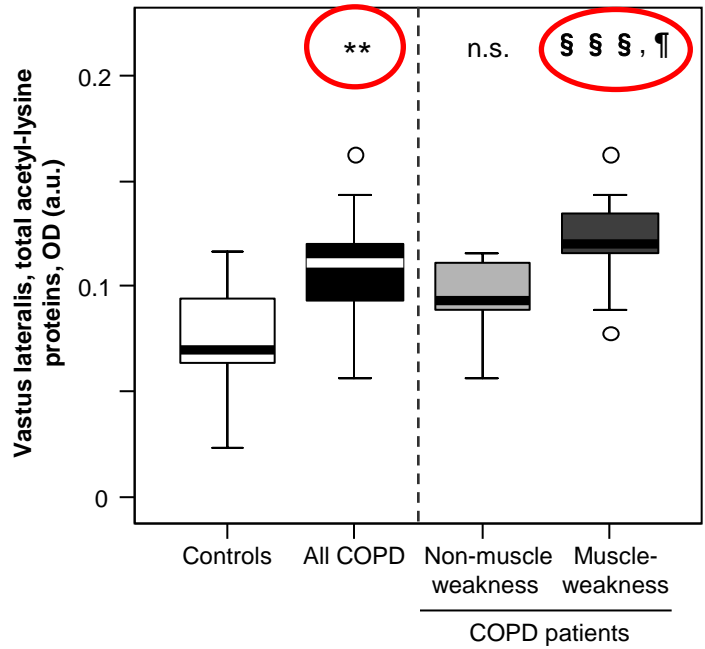
MicroRNAs, VL



In all COPD & muscle weakness COPD:
 ↑ miR-1 & miR-206 → + differentiation
 miR-133 → ⊖

Correlation between QMVC & miR-206

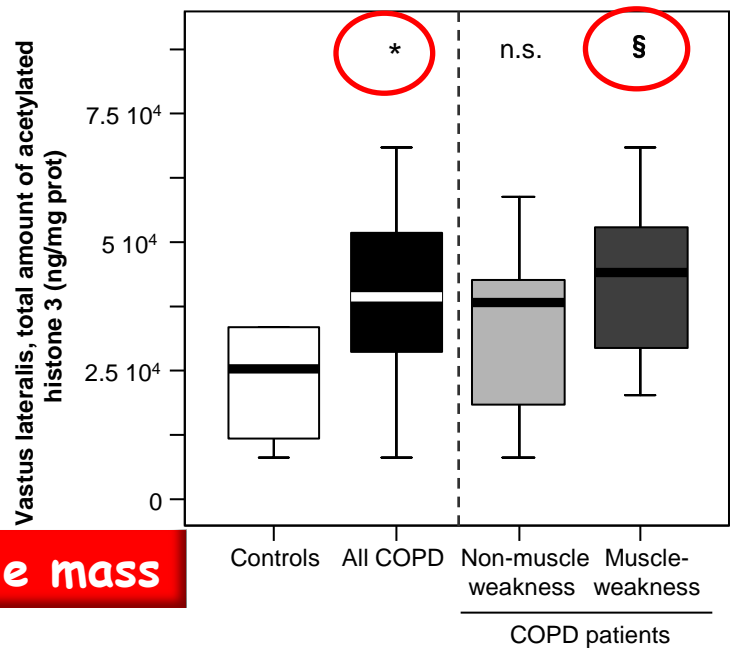
Total protein and histone acetylation, VL



In all COPD & muscle weakness COPD:

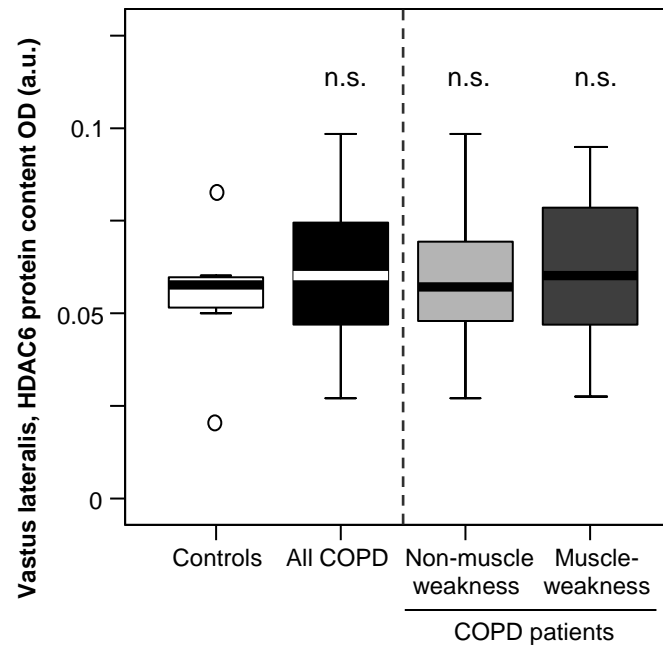
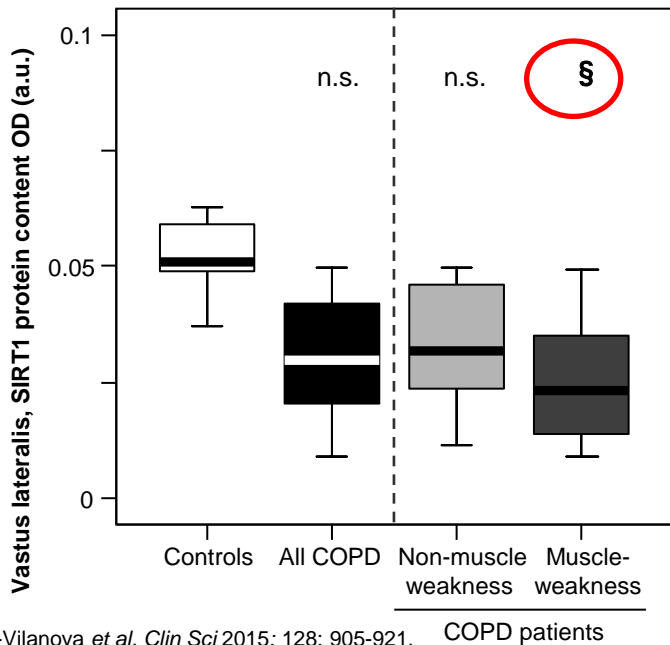
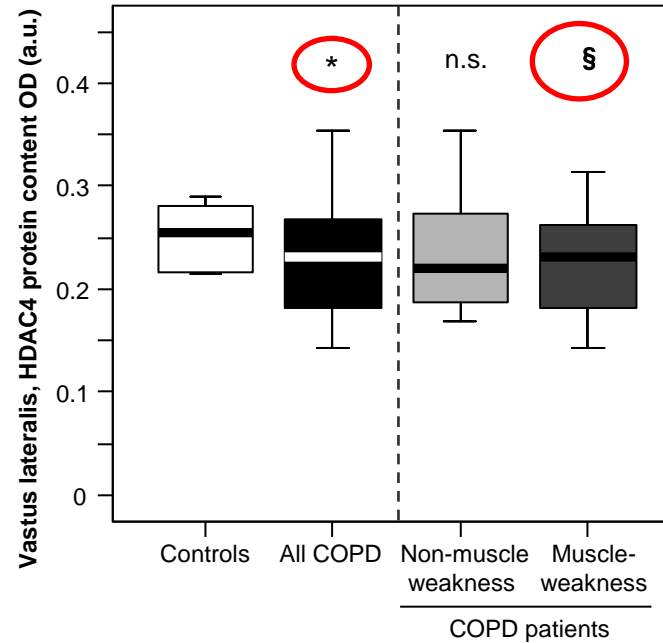
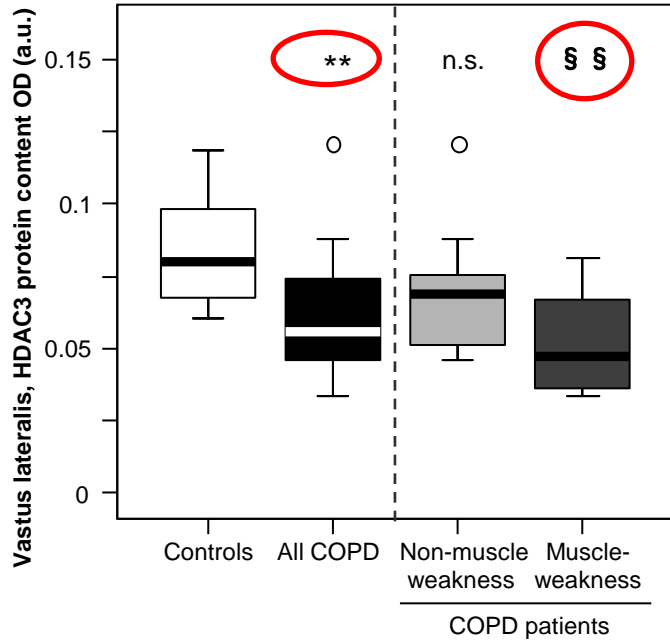
- ↑ Total protein acetylation
- ↑ Histone acetylation
- ↑ Acetylated Histone 3
- Acetylated Histone 4 → ⊘
- Histone acetyl transferases → ⊘

Correlation between acetylated H3 & FFMI



Protein & histone acetylation → ↓ muscle mass

Histone deacetylases, VL



In all COPD & muscle weakness COPD:
 ↓ HDAC3 & HDAC4

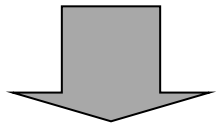
Only in muscle weakness COPD:
 ↓ SIRT-1

Correlations:
 SIRT-1 & FFMI
 SIRT-1 & total protein acetylation

COPD muscle dysfunction & wasting: Present & Future

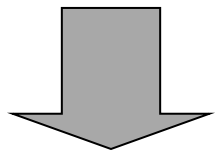
→ **Targets**

Environment, Triggers, Signaling pathways



Targets

- Proteolysis
- Epigenetics
- Apoptosis
- Autophagy
- Senescence
- Protein misfolding

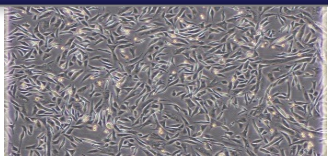


→

Muscle loss & dysfunction

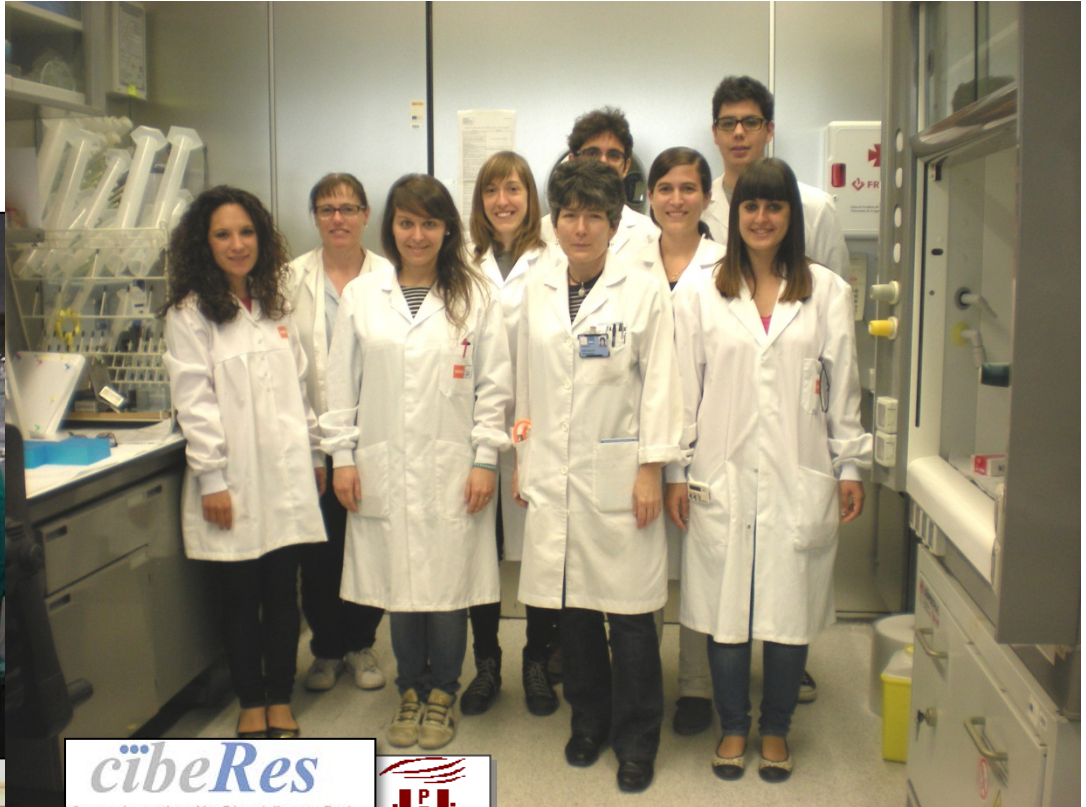


→ **Different Experimental Models**



Locomotor dysfunction ⇒ ↓ QoL ⇒ ↑ mortality

ACKNOWLEDGMENTS



cibeRes
Centro Investigación Biomédica en Red
Enfermedades Respiratorias



IMIM

Parc
de Salut
MAR
Barcelona

Institut Hospital del Mar
d'Investigacions Mèdiques



Proceedings of
3rd International Conference on

Chronic Obstructive Pulmonary Disease

July 11-12, 2016 Brisbane, Australia

**THANK YOU FOR
YOUR
ATTENTION!**