

# Addiction Therapy-2014

Chicago, USA August 4 - 6, 2014







# THE WHITE RUM OF THE SAILOR AND THE WHISKY OF THE COMMANDER

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mber of the research project *Violences, Communication and Med* olth - Psychiatry Institute. Federal University of Rio de Janeiro. si



ers.



ased on a research conducted for PhD in Mental Hea

rst scientific study about the Navy tradition to drinl cohol in the workplace;

enter for Chemical Dependency (CEDEQ): founded in 197, is a pioneer initiative of the Brazilian Navy, Iparalled amongst the Brazilian Armed Forces;

is a milestone that determined the official beginning of the control of the contr









estigate the influence of the naval institution in the **construction** of alcohol dependency of CEDEQ' cients, particularly the aspects related to naval traditions in favor of beverage consumption in their door, from a socio-cultural perspective.





nsidered to be more than a medical condition, but a sociological phenomenon;

s a multi-determined experience that can be examined from diverse angles;

e reasons for alcohol intake varies according to different cultures, societies, and historic circumstand



## CEDEQ



roup treatment, two-hour therapeutic sessions, twice eek;

- eatment program consists of 5 steps: motivational grouse I, II, III, and consolidation group;
- ach stage involves compliance with specific goals;
- chievement of sobriety;
- ehavioral techniques and on the 12 Steps and 12 aditions of Alcoholics Anonymous.





EDEQ is available to every military personnel from the ge of 18: Enlisted Personnel (Praças) and Officers;

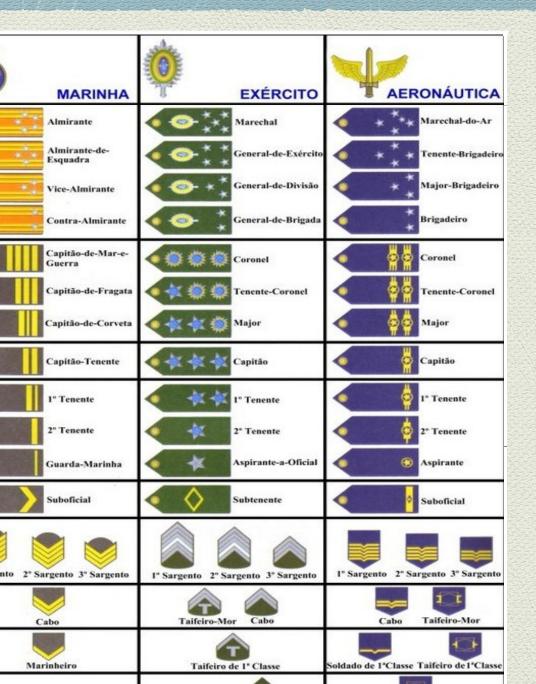
nlisted Personnel: the vast majority of the patients, and enumeric majority of the organization.

fficers: rarely seek for help, preffering private session

rank lower in the military hierarchy and are at the base pyramid chain of command. In general, they are onsible for equipment operation and maintenence of ties of their military units.











## RESEARCH METHODS



## ETHNOGRAPHY in the CEDEQ 2005-2009

### RTICIPANT OBSERVATION in TWO TREATMENT GROU 2010

OPEN-ENDED INTERVIEWS with 13 PATIENTS Multiple Case Study: comparative and explanatory

HISTORY of WORK and LIFE of a PATIENT SINGLE-CASE STUDY — SEVEN INTERVIEWS



## I HE SOCIO-ANTHROPOLOGICAL METHOD



SAMPLING, DATA COLLECTION, ANALISYS and INTERPRETATION of DATA

Interactive movement (circular), non-sequential (Tesch, 1990; Maxwell, 1996; Fossey et al, 2002)

The Realization of Feedback Loops (Whitley; Crawford, 2005)

The steps flowed dinamically, rather than following a fixed script.

al focus: the existence of an open and evolutionary character, as well as a constant dialectical move analysis and synthesis.



# THE SOCIO-ANTHROPOLOGICAL METHOD



SAMPLING, DATA COLLECTION, ANALISYS and INTERPRETATION of DATA

onstructivist perspective: active involvement of participants in the struction of meanings (Holstein, Gubrium, 1995; Whitley, Crawfo 2005; Groleau, Young, Kirmayer, 2006);

ctionist perspective (Whyte, 1943/2005), individuals are the prod social interaction (Mead, 1982; Blumer, 1986);



#### **RESULTS**



## Three constructs:

- The alcoholic habitus;
- The sailors' duties;
- The sailors' sociabilities



#### THE ALCOHOLIC HABITUS



he alcoholic habitus is internalized since admission into the razilian Navy and it is strengthened throughout their caree ternalized patterns of behaviors, attitudes, and thoughts associated to ways of drinking, mainly collectively.

I go with my pals to "Broadway" [a place near the Navy District in Rio de Janeiro where they drink and have fun]. There, we "loosen up" and forget the issues on board.



#### SAILURS DUTIES



ork-related experiences peculiar to the Brazilian Navyorking conditions that may contribute to alcohol addic

Those who work embarked know the cleaning system of the ship. This happens when we arrive at the port, you know? It is a heavy job, scrubbing and cleaning all day long! Then, the chiefs distribute "cachaça" to accomplish these tasks.



#### SAILORS' SOCIABILITIES



anners of consuming beverages, usually in group, associated th the execution of naval tasks:

On Fridays, lots of "caipirinhas" are served with the famous "feijoada" or "dobradinha" [a Brazilian dish made with tripe].



#### SAILORS' SOCIABILITIES



#### Ritualized Opportunities to Drink on Board

It's easy to drink on board, right? We have lots of events, parties in the barracks, celebrations. The guys drink a lot! It is tradition in the Navy: every day, with or without authorization, they drink anyway, because it is tradition in the Navy.



#### SAILORS' SOCIABILITIES



#### Availability of drinks in the workplace

Each one takes his share of drinks in the maneuvers. In the intervals, everyone takes a sip. If you don't, you can't stand the heavy drills. The captain knows what's going on, but pretends that he is not aware.



#### NAVY AMBIVALENCE



#### PROHIBITION vs. INCITEMENT

Discipline Regulation of the Navy has got 84 disciplinary misdemean le to punishment, including inebriation on board;

ractice its use varies according to subjective interpretation, it depend circumstances and according to the judgment of each Command.

Sometimes they encourage drinking, especially to finish the tasks. Depending on the Command, they decide to arrest us. Nowadays, they refer the military to CEDEQ to avoid problems with the "law".



#### NAVY AMBIVALENCE



#### PROHIBITION vs. INCITEMENT

ministrative and punitive procedures are applied without clear criteria, cating differences in the manners of drinking among Enlisted Person I Officials.

The Navy is a lie, you have heard that, huh? [addressing the therapists]. The Commander drinks whiskey; Sailor drinks cachaça [white rum]. Early in the morning, the steward [responsible for serving food and drinks] arrives with whiskey of the Commander.



#### LABELLING



The Navy is divided into two groups: those who drink and those who are Believers. You cannot sit on the fence. The guy who doesn't drink on board is dumb.



#### SIGMATIZATION



I used to drink a lot. From the moment I was caught, when I deserted, I was tagged as a drunker. I was forced to go to CEDEQ against my will. Everybody began to label me as an alcoholic.



#### LIMITATIONS OF STUDY



nce there are no systematic records concerning alcoluse in the administrative, operational, forensic and edical spheres, little is known;

They cannot be generalized to other groups beside EDEQ. They can serve as an explanatory model on a nall scale (Elias & Scotson, 2000), which can be panded to the military contingent of the Armed Force



#### RESEARCHER'S POSITION



- the chief of CEDEQ: a privileged position from which abled to undertake the investigation, obtaining official cess from within;
- er social position enabled the development an derstanding of a **sociological configuration** after a logical of observation;
- s particularly hard to overcome the chain of command, nials, administrative requirements, and suspicions, chinen the subject is alcoholism.



#### RELEVANT ASPECTS



ticism, and to reinterpretations;

verage an interpretation of a culture, through a "native"

e realization of a single path, always unfinished, open to

- searcher who went through a process of *denativization*; e findings are never in their "pure" or "natural" state, they
- ected by different viewpoints;
- nally, the cultural analysis of a survey is intrinsically incomposed the social theorist illustrated and British Major WB Gallie.

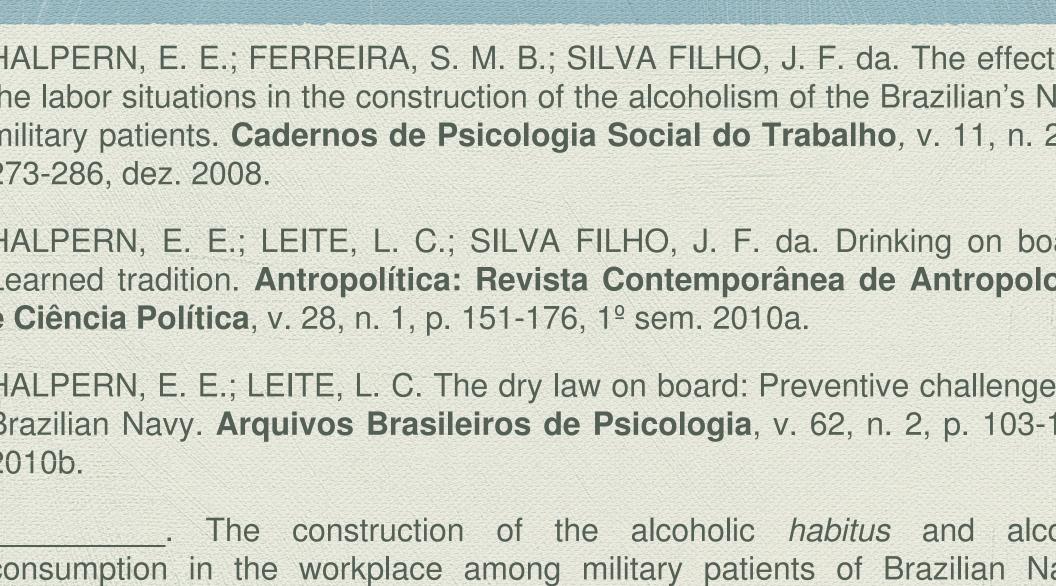


#### CONCLUSION



- e referral of the military personnel to CEDEQ usually curs when alcohol has already affected their lives, prived professional;
- ne professional approach seems to occur too late; onsidering that the Brazilian Navy has a crew of about 1,600 men, while a little over 50 people are treated in EDEQ, a hidden demand must exist;
- nally, it is expected that this research encourages the sessment of the situation of alcohol drinking in the orkplace to implement protective measures on behalf or
- orkers and the navy organization.

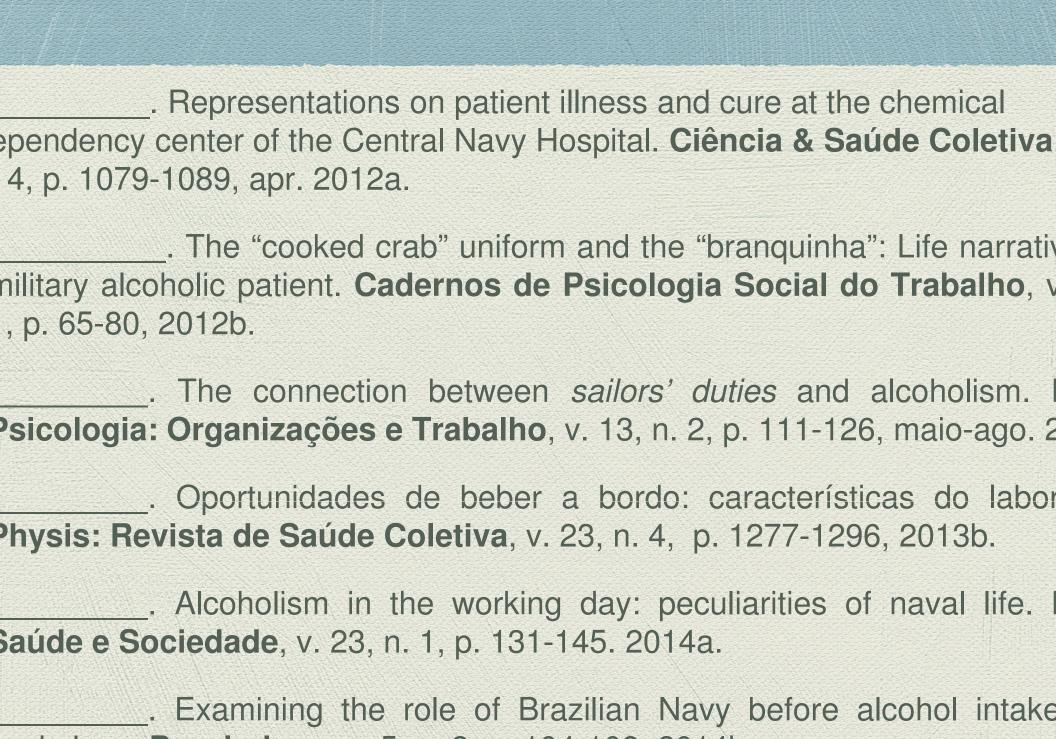
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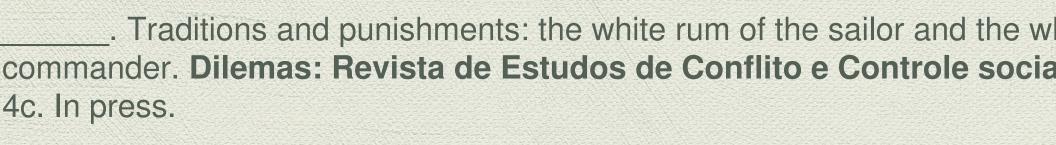
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## **Articles Published**



## **Articles in Press**



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- . The "uniform" and the "glass": (*un*)necessary crossovers. **Antropo**l **rista Contemporânea de Antropologia e Ciência Política**. 2014e. In pres



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