Delivering Primary Healthcare in Community Justice Settings: Motivational Interviewing brief Interventions to Reduce Alcohol Consumption in Hazardous Drinkers



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### Aim of Talk

 To give a brief overview of current evidence for alcohol screening and brief interventions to reduce alcohol consumption for hazardous drinkers in Community Criminal Justice Settings (CJS) in the UK

 How Screening and Motivational Interviewing Brief Interventions may be used for those charged with alcohol-related offences in opportunistic teaching moments in CJS practice

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### Scientific Background

 25% prevalence rate of Alcohol Use Disorders (AUD) in the UK population (HSCIC, 2015)

British Crime Survey estimates that up to 50% of violent crime is related to AUD  Higher prevalence rates of problem AUD in criminal justice settings (Parkes, MacAskill, Brookes, Jepson, *et al.*, 2011)

 Complex relationship between alcohol use and offending behaviours

(Boden, Fegusson & Horwood, 2012)

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(Flatley, Kershaw, Smith Chaplin, et al., 2010)

## Alcohol Brief Intervention and the CJS: What is Known

• A recent UK systematic review on the prevalence of AUD and the effectiveness of BI across CJS settings (Custody Suite, Prison and Probation) ranged from 51% to 95% (Newbury-Birch, McGovern, Birch, O'Neill, et al., 2016)

 Limited evidence of effectiveness of BI for reduced alcohol consumption

 However, SIPS Trial found reduction in offending

**rates** (Newbury-Birch, Coulton, Bland, Cassidy, *et al.*, 2014)

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#### **Other Evidence**

 More focussed intensive interventions such as Motivational Interviewing (MI) are effective in reducing alcohol consumption and related harms in CJS settings (Tobutt & Milani, 2010; Andrews & Bonta, 2010)

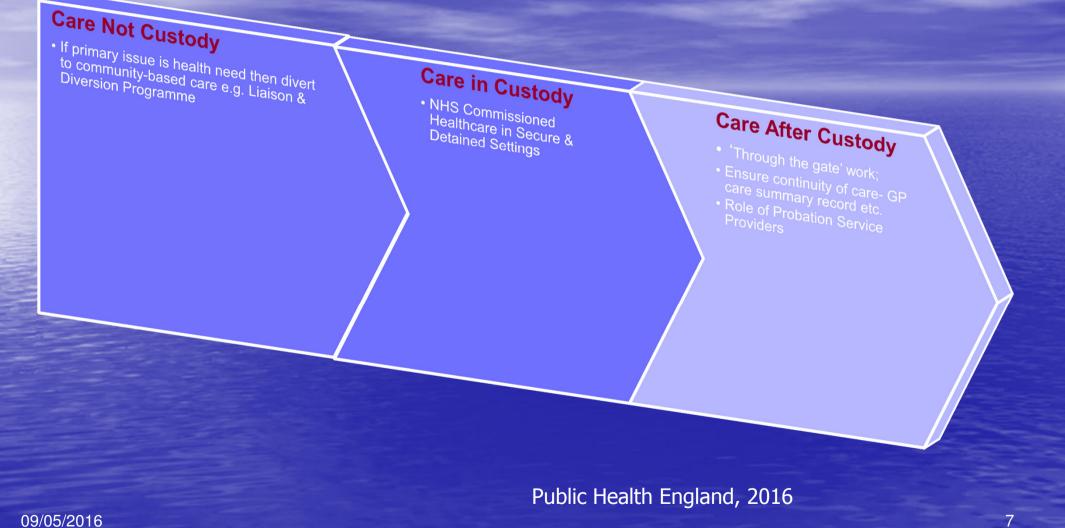
 There is alcohol SBI focusing on young people (18-30) in the CJS (Foxcroft, Smith, Thomas & Howcutt, 2015; Patton & Boniface, 2015)

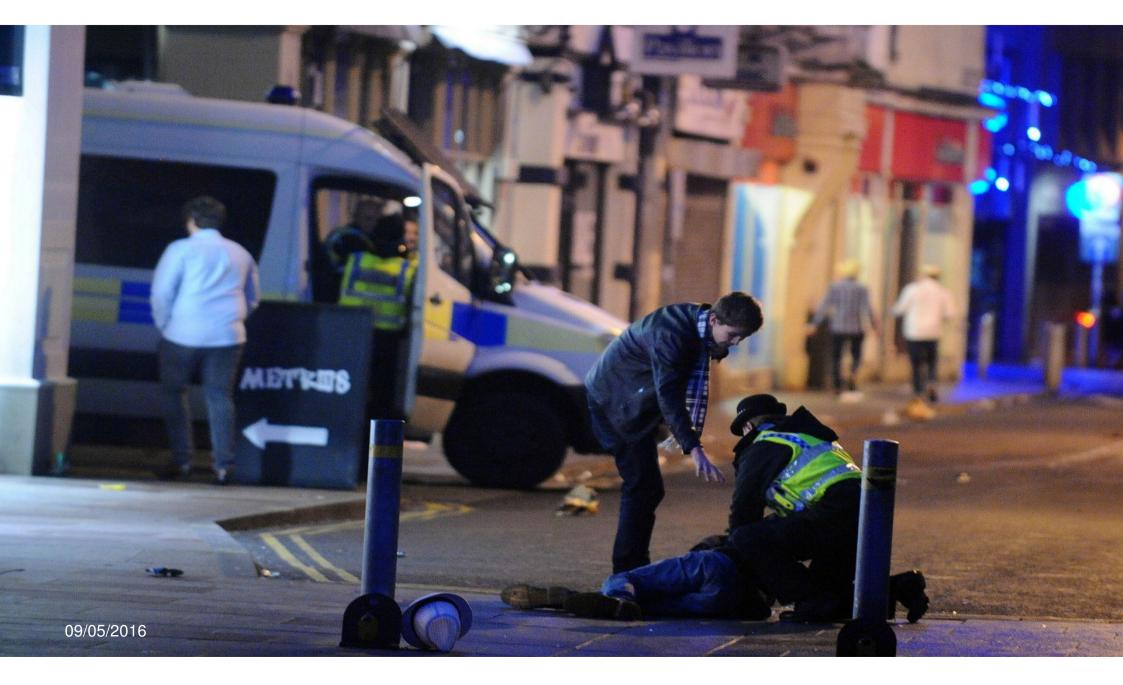
# Gaps in the Evidence of Alcohol SBI & the CJS

 University of Surrey, University of Winchester & University of Southampton are proposing to undertake a mapping exercise of the offender (and victim) journey (from 'crime' to 'time') in UK CJS settings

 To determine novel opportunities (locations, subpopulations – young people) to identify AUD and deliver MI SBI

### Health & Justice Care Pathway

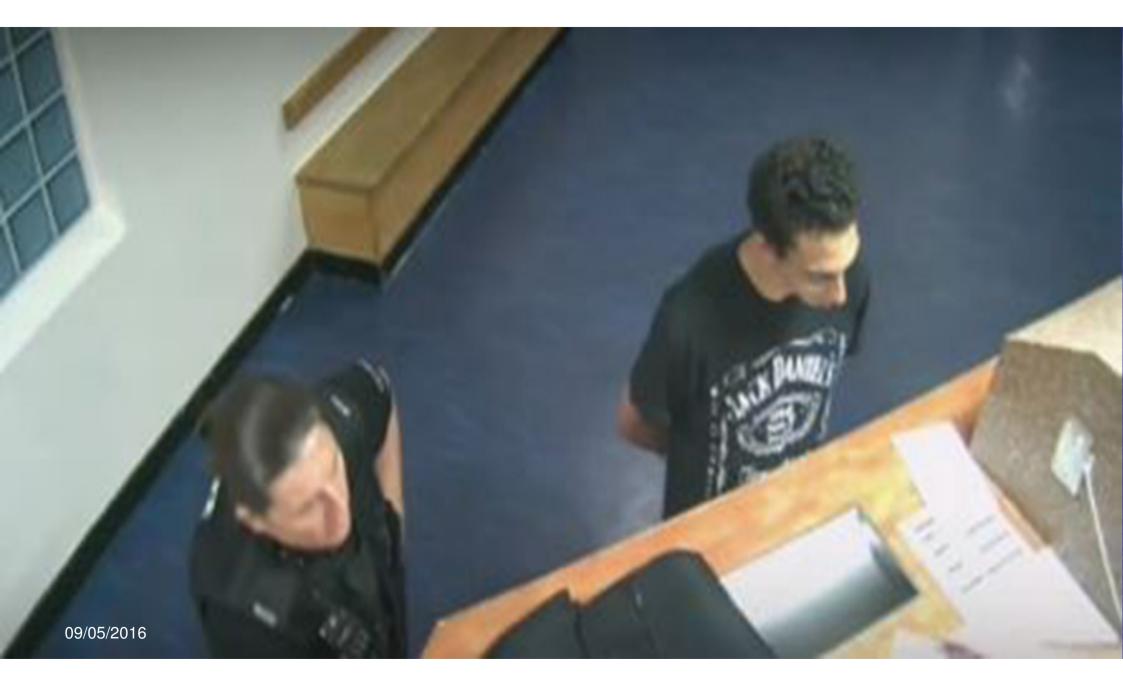




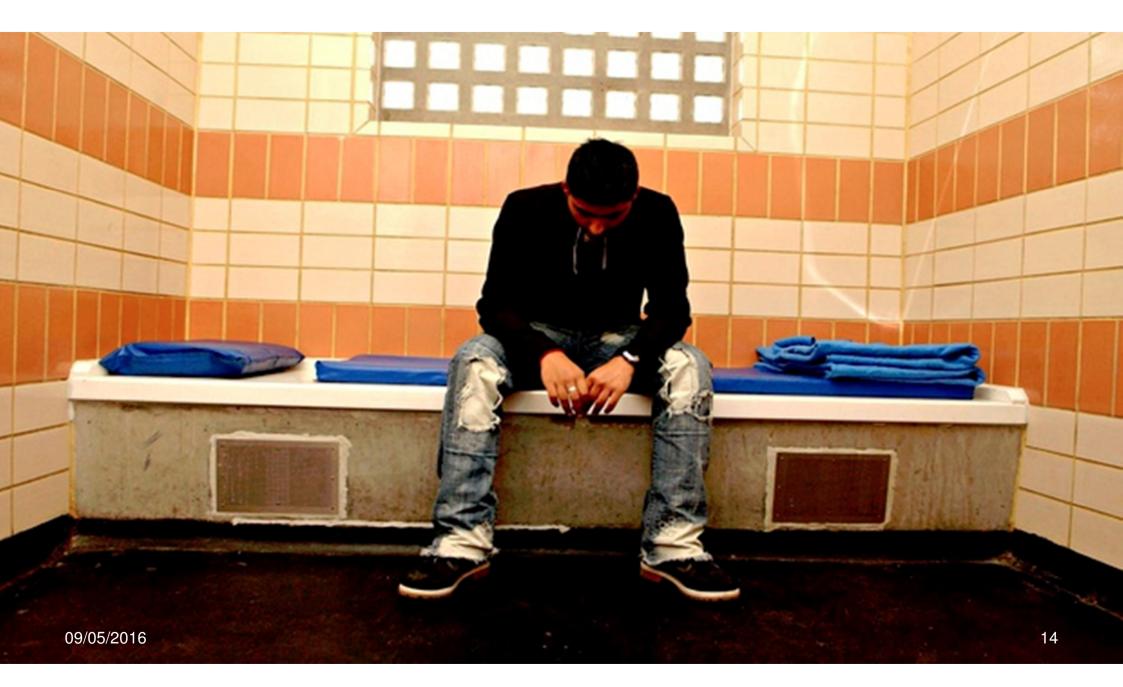




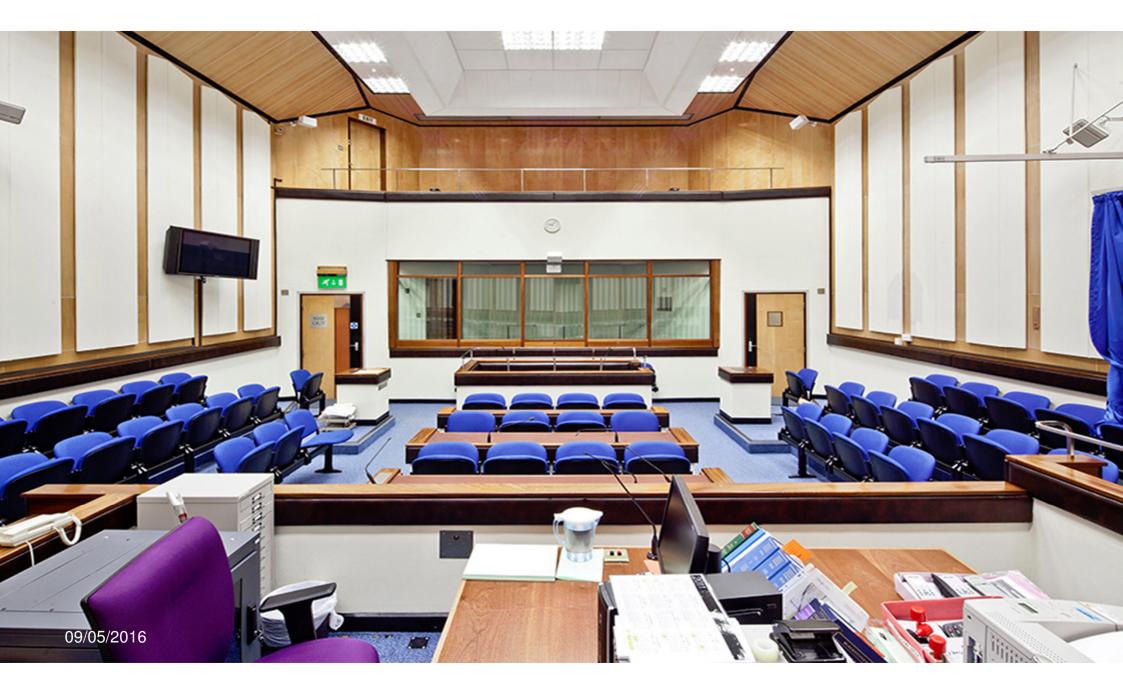














### Summary

 Limited evidence of SBI in CJS to reduce alcohol consumption and related harms in the UK

Opportunity to use MI SBI in CJS to reduce alcohol consumption and alcohol-related harm by mapping the UK offender's journey to ascertain opportunities for novel intervention

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