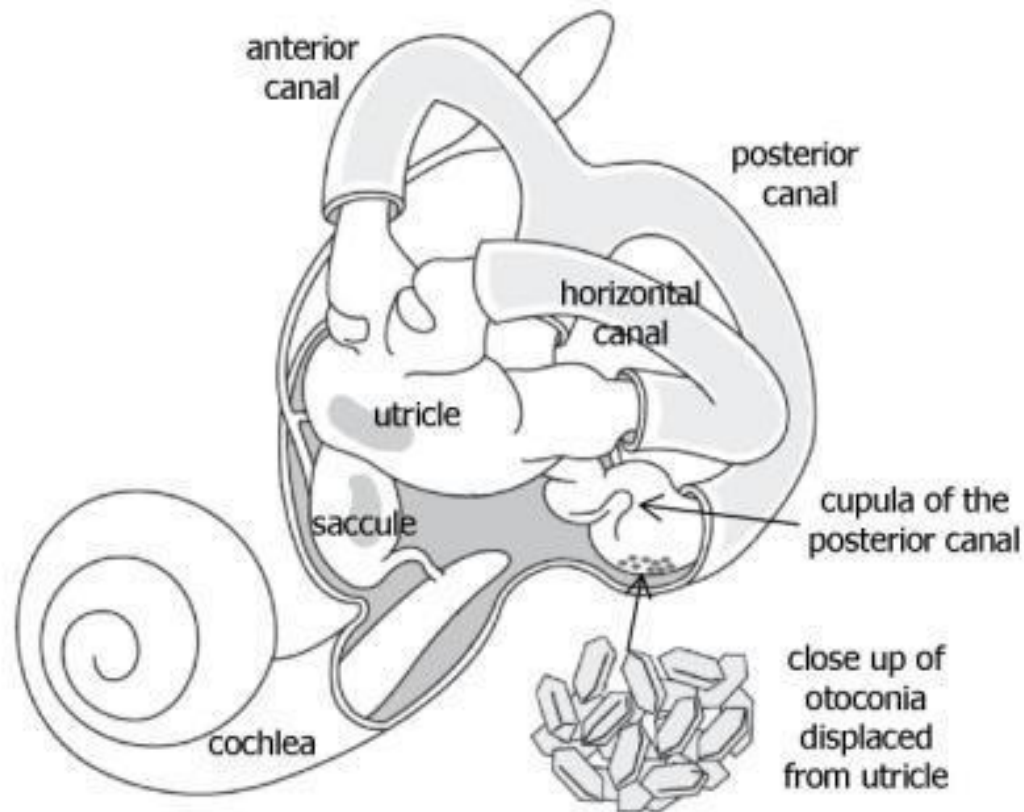


# AN ALTERNATIVE TREATMENT OPTION FOR ANTERIOR CANAL BENIGN PAROXYSMAL POSITIONAL VERTIGO

BONNI KINNE, PT, MSPT, MA  
GRAND VALLEY STATE UNIVERSITY

# BACKGROUND AND PURPOSE

# BENIGN PAROXYSMAL POSITIONAL VERTIGO (BPPV)



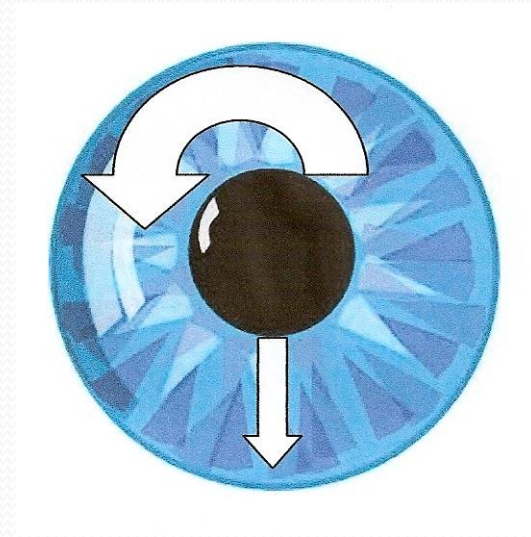
# ANTERIOR CANAL BPPV

## SUBJECTIVE FINDINGS

“spinning” sensation while:

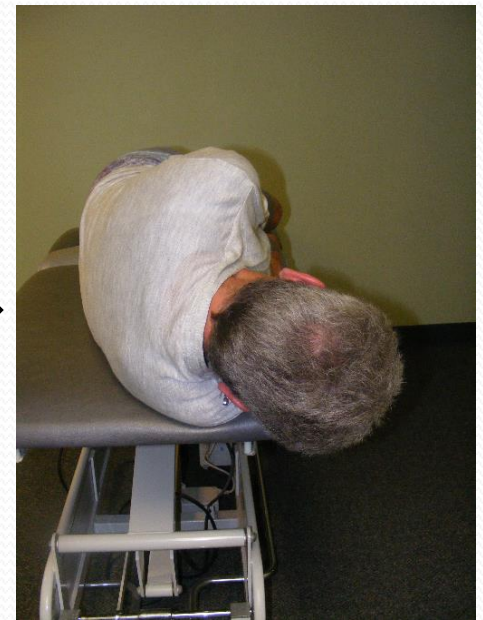
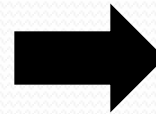
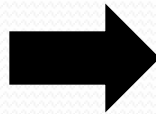
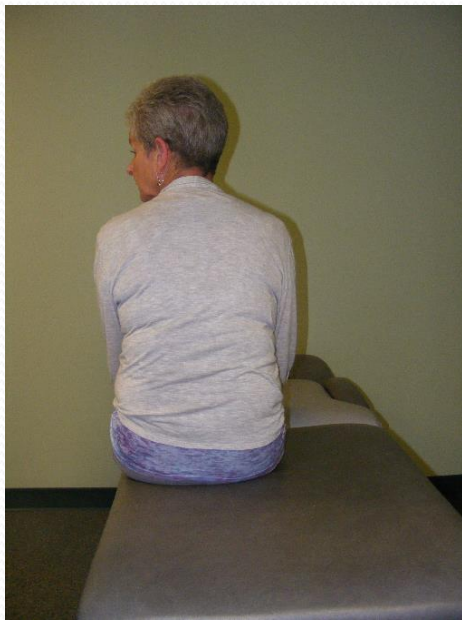
- (1) lying down in bed
- (2) rolling over in bed
- (3) looking upward
- (4) bending over

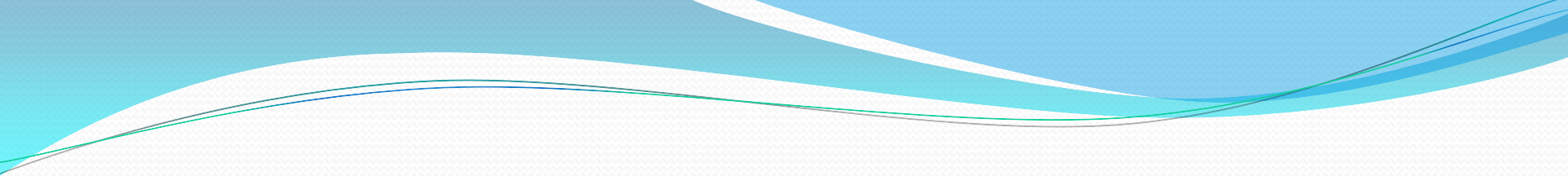
## OBJECTIVE FINDINGS



# TREATMENT OPTIONS

- anterior canal BPPV techniques [1]
- posterior canal BPPV techniques [2]





The purpose of this case report was to describe the treatment of anterior canal BPPV using a “reverse” Parnes particle repositioning maneuver.

# CASE DESCRIPTION

# SUBJECTIVE EVALUATION

- 93-year-old female
- “spinning” sensation whenever she would bend over or lie on her left side
- previous medical history of a brain aneurysm, hypertension, arthritis, osteoporosis, and recurrent back pain



# OBJECTIVE EVALUATION

- ambulated without the use of an assistive device
- demonstrated a staggering gait pattern and a slow gait velocity
- reported a “spinning” sensation during the left Dix-Hallpike test (could not visualize the possible nystagmus because she closed her eyes)

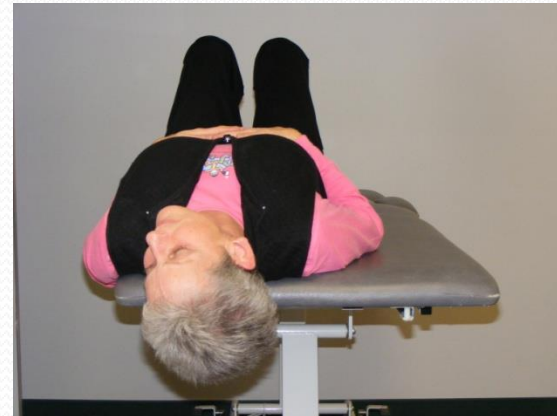
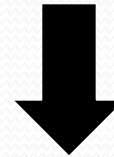
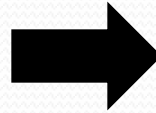
# INITIAL TREATMENT APPROACH

- The patient was initially treated with the Parnes particle repositioning maneuver secondary to suspected left-sided posterior canal BPPV.
- This maneuver was unsuccessful after two attempts.
- After the second attempt, the patient demonstrated a negative Dix-Hallpike test bilaterally.
- However, she demonstrated downbeating right torsional nystagmus when she rolled over onto her left side.
- Therefore, the patient was diagnosed with suspected right-sided anterior canal BPPV.

# SUBSEQUENT TREATMENT APPROACH

- The Crevits maneuver [3] was not attempted, because it required a bedside pulley system.
- The Lorin maneuver [4] was not attempted, because it required a vertical rotatory chair.
- The Kim maneuver [5] was attempted, but it was unsuccessful.

# “REVERSE” PARNES PARTICLE REPOSITIONING MANEUVER



# OUTCOMES

# 3 DAYS POST-TREATMENT

- no vertigo during her everyday life, even when she would bend over or lie on her left side
- slight antalgic gait secondary to a recent orthopedic issue
- negative Dix-Hallpike test bilaterally

# 3 MONTHS POST-TREATMENT

- never returned to physical therapy
- contacted over the telephone
- continued to experience no vertigo or functional problems during her everyday life

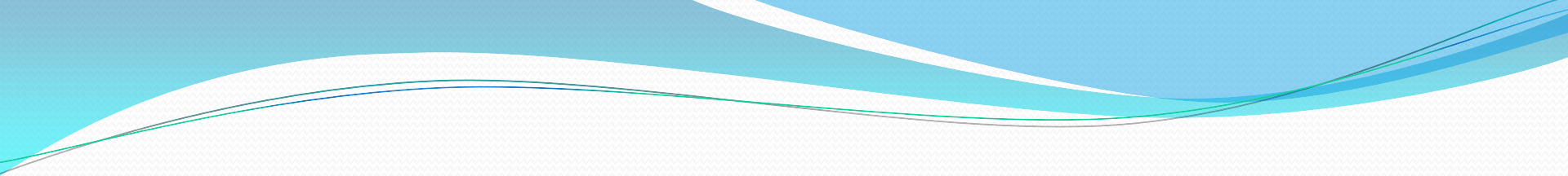
# DISCUSSION

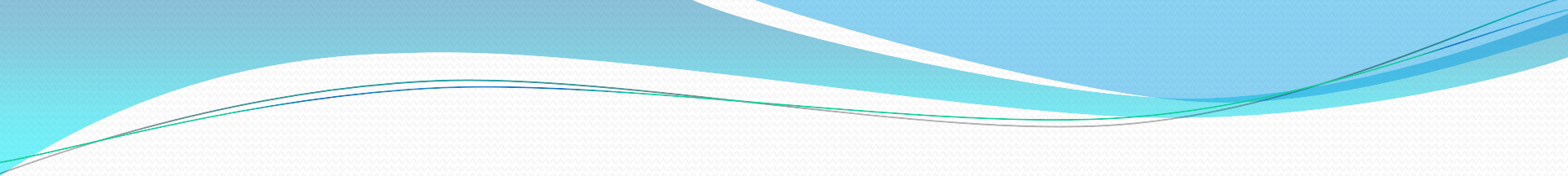


# “REVERSE” PARNES PARTICLE REPOSITIONING MANEUVER

- a viable alternative in the management of anterior canal BPPV
- useful as the first treatment option or when other appropriate techniques have been unsuccessful
- a safe and effective treatment technique despite a patient's advanced age and/or preexisting health concerns

# REFERENCES

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