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# EU - Risk Management Plan

Angela van der Salm, Director PV



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# Topics

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- Background
- When is an RMP required?
- How to prepare an RMP
- Special situations
- Take home messages

# Risk Management Background

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- ICH:

Pharmacovigilance planning E2E (ICH Harmonised Tripartite Guideline (18 nov 2004)

- Europe: (previously Volume 9A)

Guideline on Good Pharmacovigilance practices (GVPs):

- Module V – Risk Management Systems, rev 1 (EMA/838713/2011)
- Module XVI – Risk Minimisation measures: selection of tools and effectiveness indicators, rev 1 (EMA/204715/2012)
- Guidance on format of the risk management plan (RMP) in the EU – in integrated format (EMA/718034/2012)
- FDA (March 2005):
  - Guidance for Industry: Development and Use of Risk Minimization Action Plans
  - Guidance for Industry: Good Pharmacovigilance Practices and Pharmacoepidemiologic Assessment
  - Guidance for Industry: Premarketing Risk Assessment
- CIOMS:
  - CIOMS IV (1998) – Benefit Risk balance for marketed drugs
  - CIOMS IX (2014) – Risk Minimisation Measures

# Despite the required investigations, studies etc ...

- Risks become apparent after approval of the drug:
  - clinical studies are limited in size and duration (efficacy)
  - subgroups at risk are not studied (age, ethnicity, co-morbidity)
  - better detection systems, awareness what to look at

➔ initiation of a risk management system

Chance that a very rare side effect (0.01%) will NOT be observed

# of patients treated	Chance of missing (%)
500	95.1
1000	90.5
5000	60.7
10000	36.8
20000	13.5
30000	5.0

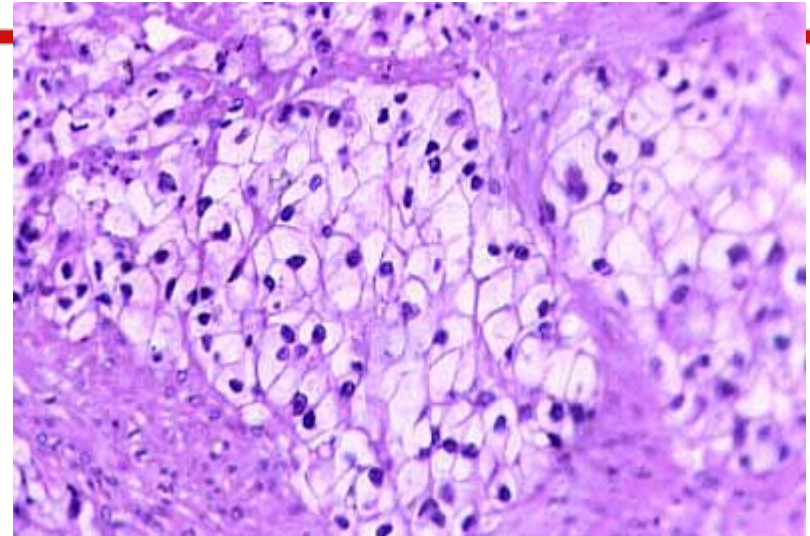
Amery: Pharmacoepidemiology and Drug Safety 1999, 8:61-64



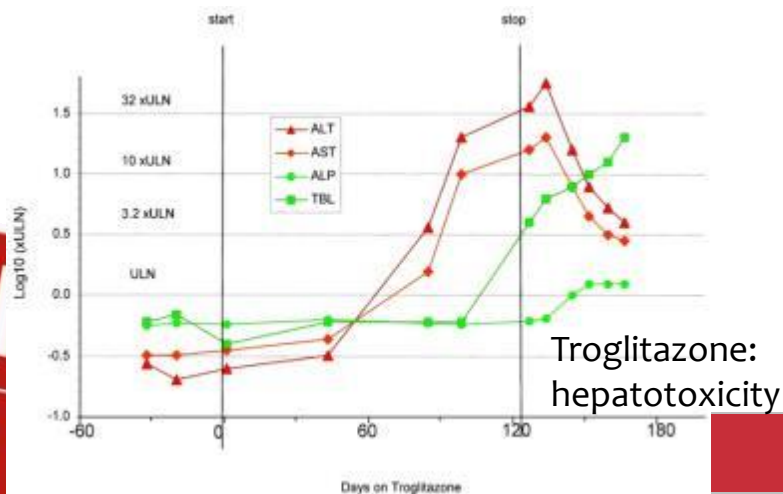
# Examples



Thalidomide: teratogenicity



Di-ethyl-stilbestrol (DES): clear cell adenocarcinoma



Rofecoxib (Vioxx): myocardial infarction

Watkins: Toxicol Pathol. 2005, vol 33, p1-5



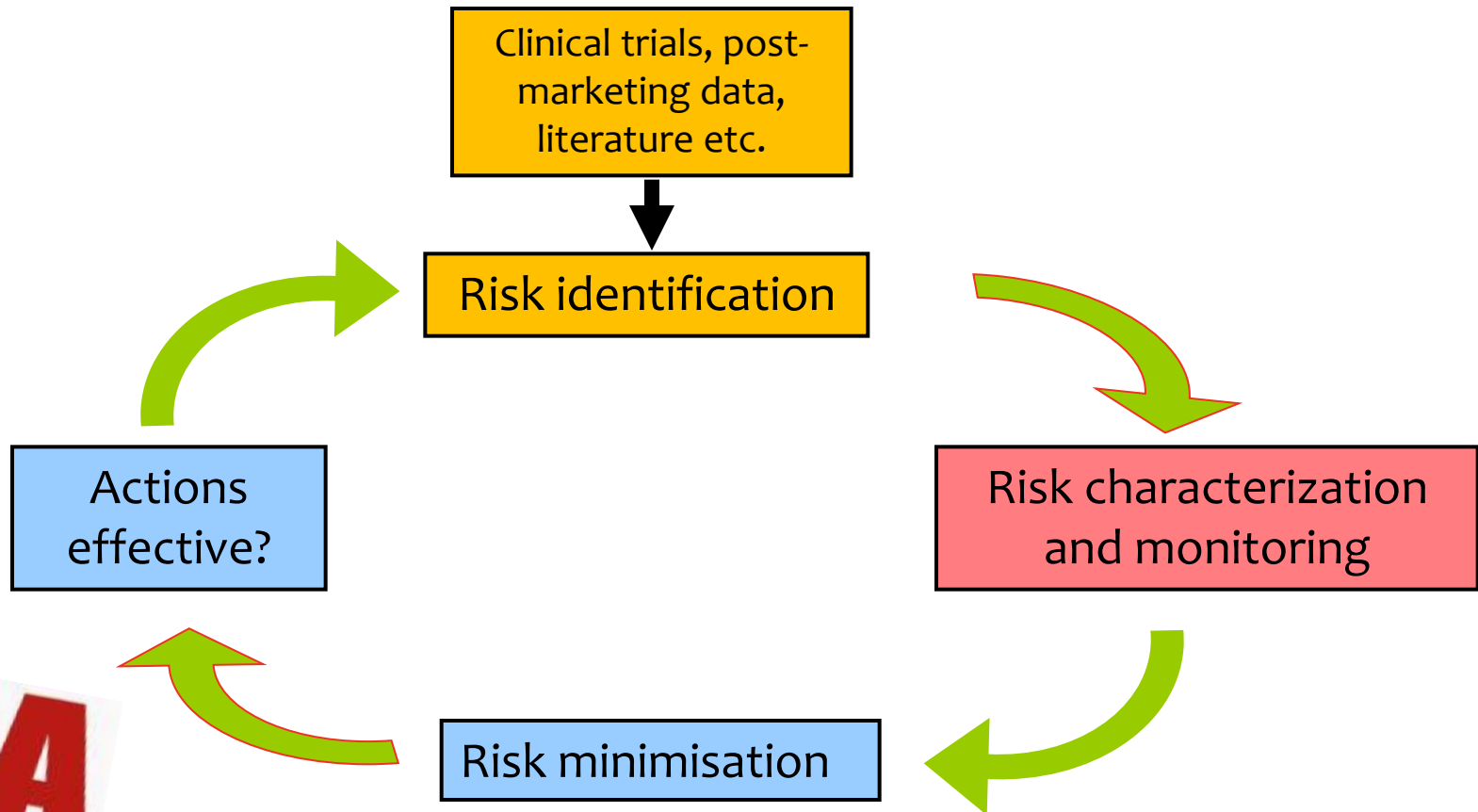
# Risk Management Background

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- Risk management system: a set of activities and interventions designed to identify, characterize, prevent or minimize risks relating to medicinal products, including the assessment of effectiveness of those interventions
- Risk management is a continuing process throughout the lifetime of a medicinal product.
- Written down in an EU-RMP (EU-Risk Management Plan)

# Risk management (visual)

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# Purpose Risk Management

- ... to ensure that the benefits for a particular drug exceed the risks by the greatest achievable margin for the individual patient and for the target population as a whole
- Note:
  - Risk Management Plan focuses on minimisation of risks (but this might also be done by increasing the benefits)
  - RM is relative and considered as a balance between risk(s) and benefit(s)
    - ‘benefit-risk management’



# Risk Management Background

- Risk is **balanced** by Benefit and this balance should be **positive** at the time of granting of the MA.
  - The greater the benefit, the greater the risks?



# When is an EU-RMP required?

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- An EU-RMP may need to be submitted at any time of a product's life-cycle  
(i.e. during both the pre-authorisation and post-authorisation phases)
- In particular an EU-RMP should be submitted:
  1. for **all new** marketing applications, an RMP including a summary thereof should be submitted:  
(e.g. any product containing a new active substance, a similar biological medicinal product, a generic/hybrid medicinal product\*)

\* certain sections of the RMP may be omitted

# When is an EU-RMP required?

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2. with an application involving a significant change to an existing marketing authorisation  
(e.g. new dosage form, new route of administration, new manufacturing process of a biotechnologically-derived product, pediatric indication, other significant change in indication)
3. at the request of the Competent Authority (both pre- and post-authorisation).
4. with a submission of final study results impacting the RMP or when a PSUR identifies (a change to) safety concerns for which the RMP should be updated

# Templates: EU

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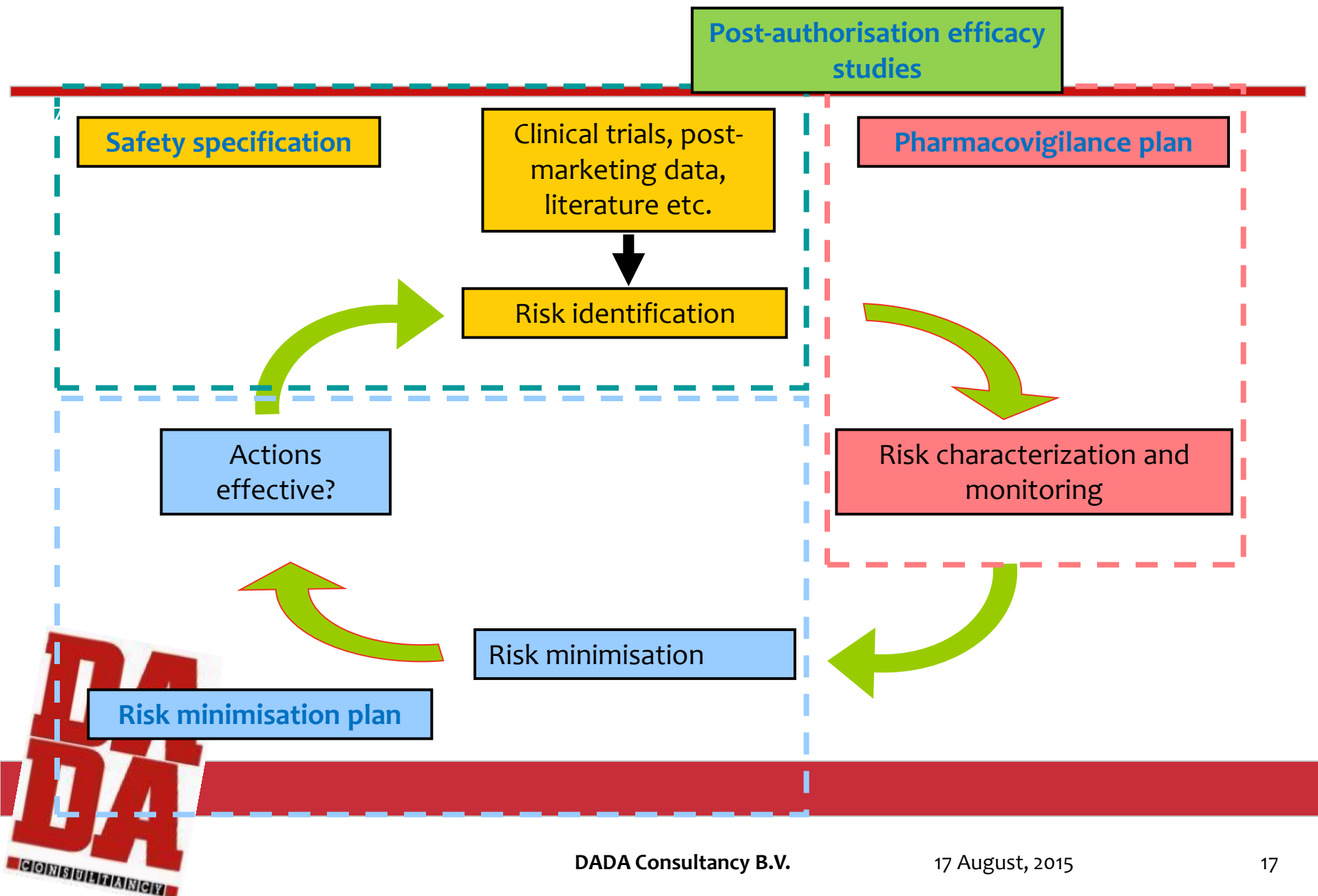
- MHRA: draft template for a RMP (2004)
- Template for EU Risk Management Plan (EU-RMP) (EMA/192632/2006)  
(old template; still on website although it is obsolete)
- Guidance on format of the risk management plan (RMP) in the EU – in integrated format (EMA/465932/2013 Rev.1)



# How to prepare an RMP

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- To indicate what we do know, and what we do not know about our product (“the safety specification”)
- To define actions to increase our knowledge about the safety of our product (“the pharmacovigilance plan”)
- To define actions to minimize the known or potential risks of our product (“risk minimisation measures”)



# EU-Risk Management Plan

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As per Module V of the GVP: 14 modules

- Part I Product Overview
- Part II Safety Specifications (more detail: SI-SVIII)
- Part III Pharmacovigilance Plan
- Part IV Post-authorisation efficacy studies
- Part V Risk minimisation measures (including evaluation of effectiveness of these measures)
- Part VI Summary of RMP (public, in lay language)
- Part VII Annexes

# Safety Specification

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- A summary of the safety profile. This includes (module SI-SVI):
  - epidemiological data (on the indication)
  - non-clinical data
  - clinical trial exposure
  - populations not studied in clinical trials
  - post-authorisation experience
  - additional EU requirements (overdose, transmission infectious agents, misuse, medication errors, off-label use, etc)
- Identification of important adverse events that are (possibly) related to the drug (“the risks”) (Module VII)
  - Identified risk
  - Potential risk

# Safety concerns: definitions

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- (Important) Identified risk:
  - An untoward occurrence for which there is adequate evidence of an association with the medicinal product of interest
- (Important) Potential risk:
  - An untoward occurrence for which there is some basis of suspicion of an association with the medicinal product of interest, but where this association has not been confirmed
- Missing information:
  - Information about the safety of a medicinal product which is not available at time of submission of the RMP and which represents a limitation of the safety data with respect to predicting the safety of the product in the marketplace
- Safety concern: IIR + IPR + MI

# Safety Specification: beware ...

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- Safety concern: event that could impact on the risk-benefit balance of the product or have implications for public health.

Rule of thumb:

- Identified risks all end up in ‘Undesirable effects’ (4.8; are not necessarily important)
- Potential risks end up in ‘Warnings & Precautions’ (4.5; only if important)

# Safety Specification: beware ...

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- For ‘identified risk’ / ‘potential risk’ info is needed about:
  - seriousness
  - outcome
  - Severity and nature of risk
  - frequency with 95% CI
  - background incidence/prevalence
  - risk groups or risk factors
  - potential mechanisms
  - preventability
  - potential public health impact of safety concern
  - evidence source
  - regulatory action taken



# Safety Specification: beware ...

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- For 'Missing information', info is needed about:
  - Populations not studied in the Pre-Approval Phase
    - children
    - elderly
    - pregnant or breast feeding women
    - patients with relevant co-morbidity such as hepatic or renal impairment (or cardiovascular, immuno-compromised, etc)
    - patients with disease severity different from that studied in clinical trials
    - sub-populations carrying known and relevant genetic polymorphisms
    - patients of different racial and/or ethnic origins

# Safety Specification: beware ...

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Missing data: e.g.

- The CCDS mentions: “Long-term safety data in children and adolescents concerning growth, maturation and cognitive and behavioral development are lacking.” → missing data
- “During clinical development no pregnancies were allowed.” → missing data
- “The clearance of <drug> may be decreased in patients with mild renal impairment (creatinine clearance <40 ml/min).” → missing data (about moderate to severe renal impairment)

# Pharmacovigilance Plan

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Describes actions with the purpose to characterise and monitor each safety concern (+ to gain more knowledge)

Actions could be:

- Routine pharmacovigilance:

Gathering information on AE's (incl. questionnaires) and reporting of individual cases, continuous monitoring of the safety profile, PSURs, signal detection, other requirements (local regulations)

- Additional pharmacovigilance:

when routine pharmacovigilance is not deemed sufficient

- Intensive monitoring (example: Using Addenda)
- Comparative observational studies
- Active surveillance programs
- Registries

# Post-authorisation efficacy study

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- Are there gaps in the knowledge about efficacy in target population?
  - (e.g. 98% of all patients studied were caucasian)
  - Long term efficacy
  - Variability in benefits for sub-population?
- This should NOT include efficacy studies done to get an extra indication !

# Risk Minimisation Measures

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Describes actions: purpose to prevent or minimise risks

- Routine risk minimisation: legal status of medicine, product information (SmPC, PIL), pack size limitation
- Additional risk minimisation activities, such as:
  - Additional education:
    - Educational programs for physicians, pharmacists
    - Patient information leaflets, or brochures
  - Control of the conditions under which a drug may be made available to reduce risk of use or misuse: who may prescribe, dispense or receive the drug ?
    - Restricting prescribing and dispensing
    - Informed consent procedure
  - Controlled distribution
  - Other

# Risk Minimisation Measures (1/2)

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## Pre-marketing:

- Revise inclusion / exclusion criteria
- Revise the Informed Consent form
- Conduct advisory board meetings
- Close PV monitoring
- Guidance documents

# Risk Minimisation Measures (2/2)

## Post-marketing:

- Label (change)
- (change) Dosage
- Increase monitoring frequency and increase awareness
- Registries
- Develop and distribute Dear Doctor Letter (DHPC)
- Informed consent procedure
- Supportive care medications
- Risk communication plan
- (change) Formulation (tablet to injections etc)
- Educational material
  - Direct to patient/doctor education program
  - Presentation slide kits/ printed materials
  - Advertising/promotion; increase Rx awareness
  - CME programs (CME= continuing medical education)
  - Field force training



# Evaluation (part of risk minimisation)

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- For each safety concern:
  - Describe the Routine RMM
  - If Additional RMMs are necessary: describe these
  - Describe the effectiveness of the RMM
- Outcome indicators: measurement of overall level of risk control
- Process indicators: provide insight into what extent the programme has been executed as planned

# Summary of activities (1/2)

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- Elements for summary tables in the EPAR
  - Summary table of safety concerns
  - Table of ongoing/planned PV studies/activities
  - Summary of post-authorisation efficacy development plan
  - Summary of risk minimisation measures
- Elements for a Public Summary

# Summary of activities (2/2)

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- Elements for a Public Summary (lay language!)
  - Overview of disease epidemiology
  - Summary of treatment benefits
  - Summary of unknowns relating to treatment benefit
  - Summary of safety concerns
  - Summary of risk minimisation measures
  - Planned post-authorisation development plan
  - Studies which are a condition of the marketing authorisation (if applicable)
  - Summary of changes to the RMP over time

# Annexes

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- Annex 1: Interface between RMP and Eudravigilance/EPITT (electronic only)
- Annex 2: Current (or proposed) local SmPC and package leaflet.
- Annex 3: worldwide marketing authorisation status by country
- Annex 4: Synopsis of on-going and completed clinical trial programme.
- Annex 5: Synopsis of on-going and completed pharmacoepidemiological study programme.
- Annex 6: Protocols for proposed and on-going studies in categories 1-3 in RMP part III.
- Annex 7: Specific adverse event follow-up forms.
- Annex 8: Protocols for proposed and on-going studies in RMP part IV.
- Annex 9: Synopsis of newly available study reports for RMP parts III-IV.
- Annex 10: Details of proposed additional risk minimisation activities (if applicable).
- Annex 11: Mock up examples of the material provided to HCPs and patients
- Annex 12: Other supporting data (including referenced material).

# Specific content requirements

- Are depending on the type of new application:

**Figure V.3.** Requirements for new marketing applications

Type of new application		Part I	Part II-Module SI	Part II-Module SII	Part II-Module SIII	Part II-Module SIV	Part II-Module SV	Part II-Module SVI	Part II-Module SVII	Part II-Module SVIII	Part III	Part IV	Part V	Part VI	Part VII
<b>8(3)</b>	<b>New active substance</b>	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>10(4)</b>	<b>Similar biological</b>	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>10c</b>	<b>Informed consent<sup>1</sup></b>	✓	✓	✓	✓	✓	✓	✓	✓	✓	*	*	✓	*	✓
<b>10(1)</b>	<b>Generic medicine</b>	✓								✓	*	*	✓	*	✓
<b>10(3)</b>	<b>Hybrid medicinal products</b>	✓	✓	^	^	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>10b</b>	<b>Fixed combination</b>	✓	✓	^	^	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>10a</b>	<b>"Well established use"</b>	✓	✓				✓	✓	✓	✓	✓	✓	✓	✓	✓
	<b>"Same active substance"</b>	✓	✓	*	*	*	✓	✓	✓	✓	✓	✓	✓	✓	✓

# How to prepare the RMP?

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- Follow the SOP / procedure from your company ...

... but use the EU RMP template

([http://www.ema.europa.eu/ema/index.jsp?curl=pages/regulation/document\\_listing/document\\_listing\\_000199.jsp&mid=WCob01ac05800250b3](http://www.ema.europa.eu/ema/index.jsp?curl=pages/regulation/document_listing/document_listing_000199.jsp&mid=WCob01ac05800250b3))

# How to prepare the RMP?

- What's changing? – draft GVP V soon open for consultation\*:
- Replaced table with detailed description
- Expanded guidance regarding modified requirements for generic medicines (considering data on CMDh website <http://www.hma.eu/464.html>)
- Addressed all types of initial MAAs: informed consent, hybrids, fixed combinations, well established use, herbal products, new products with substances authorised for more than 10 years
- Detailed guidance on requirements for parts and modules: what is needed when?
  - Further guidance is included in the RMP template for the MAHs. i.e. when a section is required and when there is a limited scope or can be omitted
- Reshaped module SVII:
  1. Rationale for including safety concerns in the initial MAA RMP
  2. Update of the safety concerns
  3. Details of important identified potential risks and missing information

\* Public consultation planned for autumn 2015: GVP V and RMP template (at the same time and in parallel  
Emil Cochino (EMA), DIA EMA RMP information day dd 30-Jun-15



# In practice:

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- Come up with a team with relevant representation of departments
- Discuss within “the team” who will prepare and maintain the RMP
- Agree who will be the leader of “the team” (often for practical reasons PV)
- Discuss and agree within “the team” the safety concerns, and the actions to address the safety concerns
- Input needed from many departments
- Start well in advance

# Who should be in the team? (1/2)

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- Safety: safety profile, risks
- Regulatory: what regulatory procedure followed; submission
- Clinical: study info; clinical trial report; therapeutic area expertise (benefits)
- Biometrics; tables upon specified request
- Communications: to review text in lay language



# Who should be in the team? (2/2)

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- Toxicology: chapter non-clinical
- Marketing!!!!: get sample of product including packaging, marketing strategy, marketing activities, non-study post-authorisation exposure and off-label use
- Medical writer
- Medical affairs: liability input, efficacy input
- Epidemiologist: many parts of the RMP
- 1 or 2 assistants: layout, subtopics, references, etc

# More practical issues

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- Align the documents: RMP should be aligned with
  - expectedness table / labeling
  - IB
  - CDP
  - Reference Safety Information
  - DSUR
  - (PSUR)
- Lay language section: look at PIL, use help of Communications, use help of proof-reading by a non-professional / patient.

# RMP updates

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- MAA/MAH may request advice on the need for development or content of an EU-RMP through the scientific advice procedure.
- Update of RMPs:  
There is no longer an automatic requirement to update RMPs on a fixed-time basis (e.g. ‘annually until first renewal’ ). The Agency and the NCAs are now adopting a **risk-based approach** to RMP updates.

# Versioning of RMP (1/2)

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- Versioning is described in Module V (section ‘Structure of the RMP’). Sections that cease to change -> ‘locked’.

RMP version 4 may then hold (for example):

- Part 01      Product overview    (version 4; since this is updated every time)
- Part 02 SI    Epidemiology            (version 2);
- Part 02 SII   Non-clinical            (version 1);
- Part 02 SIII Clinical            (version 3);
- Etc ....
- Part 07      Annexes (version 4)

# Versioning of RMP (2/2)

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- EMA website: Q&A on pre-submission guidance #42: how to submit the EU RMP in eCTD?
  - Until further notice, companies have to send in all parts and modules of the RMP in one single PDF file so that a complete RMP is provided to the Agency. A cover letter stating which parts and modules of the RMP have actually been updated should be provided. Part I of the RMP also presents this information and should always be updated.

[http://www.ema.europa.eu/ema/index.jsp?curl=pages/regulation/q\\_and\\_a/q\\_and\\_a\\_detail\\_000024.jsp&mid=WCob01ac0580022715](http://www.ema.europa.eu/ema/index.jsp?curl=pages/regulation/q_and_a/q_and_a_detail_000024.jsp&mid=WCob01ac0580022715)

# Local versions?

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- After submission of the EU-RMP: you might receive requests to change the RMP.
- If you submit the EU-RMP to other countries, they also might want to change the content.
- Probably best solution is to have a core-RMP (with company position), plus local or regional versions
  - E.g. core-RMP plus Annex for Canada



# Special situations

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Often an RMP will ‘grow’ along with the development of the product.

=> However: a product might be already on the market before an RMP is needed (e.g. a significant change for a ‘vintage product’ and it was requested to write an RMP, etc).

# RMP for post-marketing product

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- Benefits can be found in section pharmacodynamic properties (study results). If there are no study results mentioned you might report as benefit the indication(s) for the drug
- Post-marketing RMP: align with the PSUR (section 16-18) !

# So remember:

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- The EU-RMP has a modular structure
  - Differing content for different application types!
  - Allowing overlap with PSUR, facilitating (?!) report writing
- It is required for each and every new MA application
- Routine Risk minimisation measures include label, packaging, pack size and legal status
- When additional Risk minimisation measures come in, measures of effectiveness should take place: define feasible criteria!
- The bigger the company, the more people involved.

# Questions?

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# Risk minimisation Plan

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- Routine Risk Minimisation
  - SmPC: Summary of Product Characteristics
  - PIL (patient information leaflet)
  - Legal status of MP
- Additional Risk Minimisation
  - Educational material
  - Limited prescription, or limited box size
  - Restricted access
  - Registries
  - ....

# Risk minimisation needed if...

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- Serious adverse drug reactions
  - E.g. immune system disorders, teratogenicity
- New method of administration
  - E.g. new patch in neuropathic pain
- High potential for abuse / off-label use
  - E.g. risk for addiction

# Isotretinoin (Roaccutane)

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- The benefits:
- Highly effective in the treatment of cystic acne.
- Often the only effective treatment in severe cases



# Isotretinoin

The risks:

Causes birth defects: 30% risk of congenital malformation

Major congenital malformations reported:

- hydrocephalus
- microcephalus
- cardiovascular abnormalities
- ear and eye abnormalities
- facial dysmorphism
- cerebellar abnormalities

CAUSES BIRTH DEFECTS



DO NOT  
GET PREGNANT



# Pharmacovigilance activities

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- Possible activities to gain more information on isotretinoin and birth defects
  - Routine pharmacovigilance
  - Close monitoring of spontaneous reported cases (e.g. DCF procedure, use of questionnaires etc.)
  - Use of a registry:
    - **FDA iPledge program: Physicians, pharmacists and patient prescribing, dispensing or using isotretinoin have to register on the iPledge website**
    - **Information can be obtained via questions online**

# Risk minimization activities (1/3)

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- To prevent birth defects is to prevent pregnancies while using isotretinoin
- **Inform doctors and patients in the product labeling:**
  - Contraindication: Use in pregnancy
  - Warning against birth defects
  - Pregnancy test should be taken 2 weeks prior to start isotretinoin
  - Compulsory use of contraception from 1 month prior to start – 1 month after discontinuation of isotretinoin
  - Information in product labeling can be bold or boxed
- **Other methods to inform doctors and patient:**
  - iPledge website contains information and questions related to pregnancy tests, menstrual cycles etc.
  - Special brochures, information folders for patient, physician and pharmacist
  - “Dear doctor letters”

# Risk minimization activities (2/3)

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- **Restriction on prescribing and dispensing**
  - In many countries isotretinoin can only be prescribed by specialized health care professionals (e.g. consultant dermatologist)
  - In the US prescription can only be dispensed when dermatologist, pharmacist and patient have registered on iPledge
  - In certain countries: Physician may not prescribe more than 30 days supply. There is a 7 days window in which the prescription must be picked up from pharmacy.

# Risk minimization activities (3/3)

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- **Informed consent**

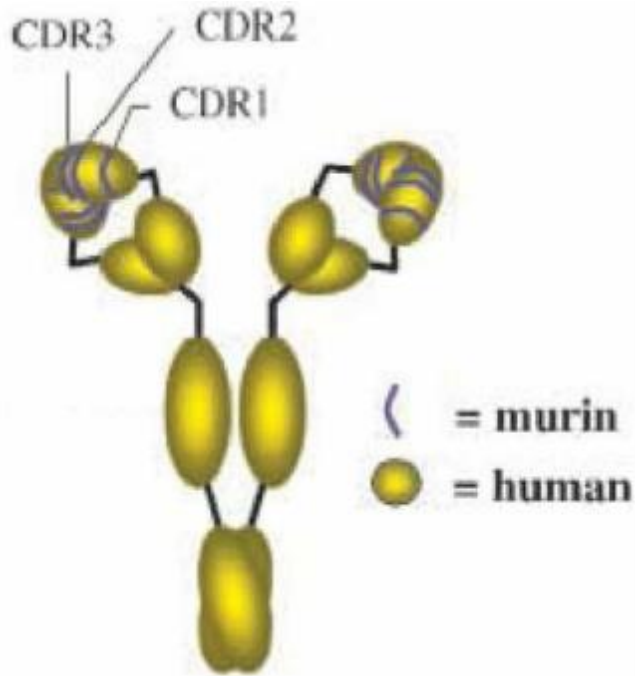
- In many countries informed consent for the use of isotretinoin
- Patient is informed and consents to among others:
  - The possible occurrence of birth defects when pregnant
  - The use of at least 1 method of contraception
  - Starting method of contraception at least 1 month prior to starting isotretinoin
  - Confirmation of not being pregnant prior to the start of isotretinoin
- Informed consent is signed by patient

# Isotretinoin risk minimisation activities in the Netherlands

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- Pharmaceutical companies producing isotretinoin have installed a “Pregnancy prevention programme” (mandated by the Dutch authorities)
  - Special manual for physician
  - Special manual for pharmacist
  - Special manual for patient
  - Informed consent form

# Natalizumab (Tysabri)



- Natalizumab is a recombinant humanised IgG4 monoclonal antibody produced in murine myeloma cells
- Specific binding:  $\alpha 4$ -Integrin
- This binding reduces migration of activated inflammatory cells, including T-lymphocytes, from the vasculature into, for example, the brain parenchyma. This mechanism is thought that natalizumab manages to reduce plaque formation and relapse rates in patients with multiple sclerosis (MS).

# Tysabri



**serious adverse drug reactions:**

**Progressive Multifocal Leukoencephalopathy (PML)**

(rare disease, usually associated with severe immunosuppression (HIV, chemotherapy, transplantation))

**N= 3 cases pre-marketing: marketing suspended; re-introduction in 2006 with comprehensive RiskMAP**

# Tysabri risk minimisation

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- Clear-cut definition of the target population, i.e. restricted use only for patients with highly active disease without reasonable alternatives
- Requirement for established MS
- Escape rule for non-responders to avoid unnecessary exposure
- Administration only in specialised centres by experienced physicians
- Clear contraindications including a contraindication for combination with other immunomodulators
- Patient alert card
- Educational program for physicians including PML algorithm



# Thalidomide

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- After the withdrawal as anti-nausea drug, it stayed on the market. Indications were:
  - Lepra (1964)
  - Behçet's disease (1979)
  - Graft-versus-host reaction (1988)
  - HIV / aids complications (1989)
  - Angiogenesis inhibitor (cancer treatment) (1994)
  - Multiple myeloma (2008)

# Thalidomide

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  - Lepra (1964)
  - Behçet's disease 1979
  - Graft-versus-host reaction (1988)
  - HIV / aids complications (1989)
  - Angiogenesis inhibitor (cancer treatment) (1994)
  - Multiple myeloma (2008) approved in EU

Use of the drug only under very strict restrictions !

=> Even for a drug like thalidomide there might be a need

# Thalidomide

- Extensive additional risk minimisation programme:
  - production, dispensing and prescription is strictly controlled;
  - women should use two forms of birth control;
  - submit to regular pregnancy tests;
  - dispensing rights to authorised pharmacies;
  - thalidomide education to HCP;
  - education to patients;
  - limiting prescription;
  - registry



# Thalidomide

Despite this: circa 100 cases of embryopathy in Brazil from 2005 to 2010.

Mainly in poor illiterate Brazilians, in areas with poor access to healthcare: misunderstanding of the warning symbol: they thought it was an abortion drug !

⇒ The use of extensive RMM might not be enough to safeguard the population



# How many Risk Minimisation Actions?

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- Centrally authorised new active substances in the period January 1995 till January 2010: **391**
- Active substances with additional RM activities (of the 391): **57**      => **14.6%**

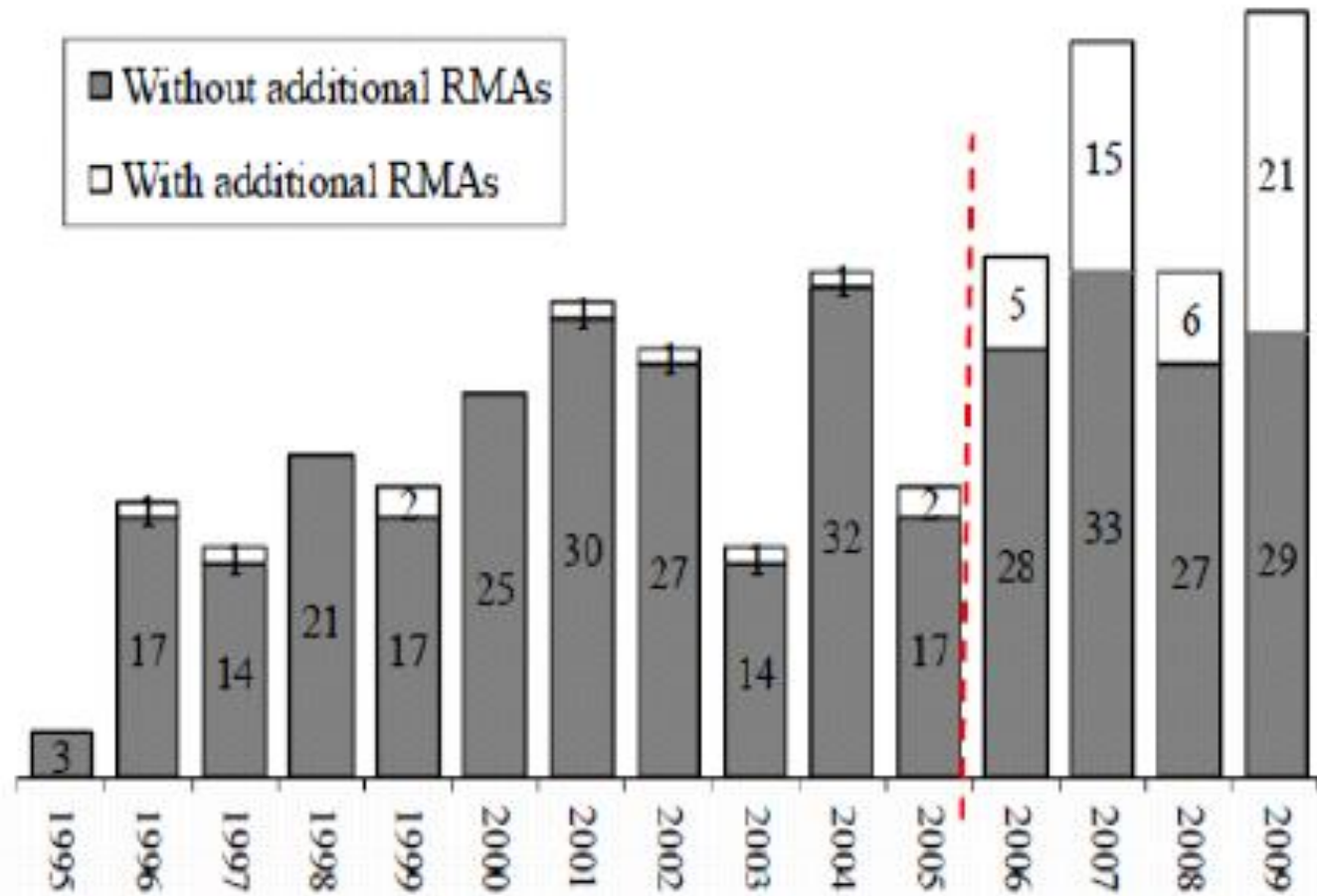
(ref: M. Lagendijk, CBG-MEB:

[http://www.ema.europa.eu/docs/en\\_GB/document\\_library/Presentation/2011/06/WC500107882.pdf](http://www.ema.europa.eu/docs/en_GB/document_library/Presentation/2011/06/WC500107882.pdf))

- Per 27 May 2015: List of medicinal products under additional monitoring: **240**

(ref: [http://www.ema.europa.eu/docs/en\\_GB/document\\_library/Other/2013/04/WC500142453.pdf](http://www.ema.europa.eu/docs/en_GB/document_library/Other/2013/04/WC500142453.pdf))

# Additional RMA



# Additional RMA

Provision of educational material	57
- To health care provider	56
- To patient	31
Patient monitoring / screening	18
Controlled distribution	9
Pregnancy prevention activities	5
Special packaging / extra label	7
Others	6

I.M. Zomerdijsk, Medicines Evaluation Board, Erasmus Univ. Rotterdam

# How effective are RMM?

## Haloperidol: QT assessment at baseline

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- Example haloperidol: baseline ECG is recommended prior to treatment
- Proportion of ECG's:
  - when haloperidol was initiated
  - One year before (control)
- Results: 3420 patients were prescribed haloperidol. ECG at treatment initiation: 1.8% versus 0.8% (control).
- Patients with additional risk factors for QT prolongation: 1.9% versus 1.0% (control)

⇒ Compliance [...] extremely low

Warnier, et al, Pharmacoepidemiology and Drug Safety 2014; 23(S1): p228



# How effective are RMM?

## Glucose assessment in second-generation AP

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- In 2003, the FDA issued warnings about hyperglycemia and diabetes with SGA's
- Since 2004, this risk in product labels. Guidelines have recommended baseline metabolic screening.
- Cohort: age 2 to 18 newly initiating SGA's 1/1/2006-31/12/2011: n=16 304.
- Results: 11% had glucose assessment in minus 90 to 3 days after treatment initiation (OLA > RIS, ARI, QUE)
- => Few children and adolescents starting SGA have baseline glucose assessed.

Raebel et al, Pediatrics 2014;134:e1308–e1314

# How effective are RMM?

## HHS report

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- Approved REMS 2008-2011:
- FDA approved 199 REMS, 99 of which were still required in 2012. 49 REMS were reviewed.
- What was found: nearly half did not include all info requested; 10 were not submitted within timeframe. FDA has not identified reliable methods to assess the effectiveness of REMS; FDA assessment review times exceeded its goal of 60 days for all but one.

=> Findings raise concerns about the overall effectiveness of the REMS program

# How effective are RMM?

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- Added value of PASS / PAES
  - Study: new active substances in 2007 approved = 47
  - 22/47 had minimal 1 PASS (in total 31 PASS)
  - 2014: 313 safety variations in SmPC (in 41 products)
  - Source of deviations was investigated
- ⇒ 4% of all safety variations resulted from requested PASS
- ⇒ Costs !

Escher report, [http://escher.tipharma.com/fileadmin/media-archive/escher/Reports/Escher\\_report\\_IA.pdf](http://escher.tipharma.com/fileadmin/media-archive/escher/Reports/Escher_report_IA.pdf)

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