

31st World Congress on Nutrition & Dietetics

Date: October 10-11, 2022 Venue: London, UK

Theme : Food and Nutrition in times of COVID-21

Sessions : Clinical nutrition | Nutrition, Metabolism and health | Nutritional Disorders | Food Toxicology | Obesity, Diabetes & Endocrinology | Nutrigenetics and Nutrigenomics | Food quality and Nutritional values | Food Processing and Technology | Pediatric & Maternal Nutrition

09:50-10:00	Session Introduction
10:00 - 10:30	Title: Effective nutraceuticals for improved memory and cognitive performance
	Sahithi Madireddy, Massachusettes Institute of Technology, United States
10:30 - 11:00	Therapeutic ketosis and the broad field of applications for the ketogenic diet: Ketone ester applications & clinical updates
	Raffaele Pilla, PhD – St. John of God Hospital – Fatebenefratelli, Benevento, Italy
11:00 -11.30	Title: Nutrient Composition and acceptability of Bread and Fufu produced from complementary Cassava (Manihot esculenta) and Mungbean (Vigna radiata) Flour
	Udodiri Agugo ,Department of Human Nutrition and Dietetics, Faculty of Life Sciences, Ambrose Alli University Ekpoma, Nigeria
11:30 - 12:00	Title: Effects of the Consumption of Black garlic on metabolic syndrome risk factors : A Double-Blind Randomized Controlled Trial
	Essam Amerian, Karghanda medical university,Iran
Panel Discussion	
12:00-12:30	Title: Is Digital Health Intervention Effective in Inflammatory Bowel Disease Patients?" in EFAD's Kompass Nutrition & Dietetics
	Bilge Roj Gunerhanal, Turkey