



International Conference on
**Wellness, Resilience and
Healthcare**

October 23-24, 2019 | Amsterdam, Netherlands

Wellness, Resilience and Healthcare

DAY 1 October 23, 2019	
Opening Ceremony	
Plenary & Keynote Speeches (09:00-11:30)	
Networking and Refreshments Break	
Group Photo	
Speaker Session I (11:30-13:00)	Wellness and Health Happiness, Flourishing and Thriving Fitness and Exercise Food, Nutrition and Therapeutics Quality of Life and Lifestyle
	Panel Discussion
Lunch Break	
Speaker Session II (13:00-16:00)	Holistic Health and Medicine Medical Education and Health Sciences Neurology and Neurosurgery Psychiatry and Mental Health
	Panel Discussion
Networking and Refreshments Break	
Speaker Session III (16:00-18:00)	Occupational Health and Safety Yoga, Meditation and Spirituality Acupuncture and Oriental Medicine Aging, Gerontology and Geriatrics
	Panel Discussion
Day 1 concludes...	
DAY 2 October 24, 2019	
Plenary & Keynote Speeches (09:00-11:30)	
Networking and Refreshments Break	
Speaker Session I (11:30-13:00)	Wellness and Health Happiness, Flourishing and Thriving Fitness and Exercise Food, Nutrition and Therapeutics Quality of Life and Lifestyle
	Panel Discussion
Lunch Break	
Speaker Session II (13:00-16:00)	Holistic Health and Medicine Medical Education and Health Sciences Neurology and Neurosurgery Psychiatry and Mental Health Hospice and Palliative Care Orthopaedics and Sports Medicine E-Health, Digital Health and Telemedicine Medical Ethics and Health Policies
	Panel Discussion
Networking and Refreshments Break	
Speaker Session III (16:00-18:00)	Poster Presentations
	Best Poster Award Distribution
Day 2 concludes...	

WHAT YOU CAN EXPECT



GLIMPSES OF WELLNESS, RESILIENCE AND HEALTHCARE CONFERENCES



PLAN YOUR TRIP @ AMSTERDAM



CONTACT US

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