Joint Event

Proceedings of
World Summit on

STRESS, MINDFULNESS AND PHILOSOPHY

&

5th International Conference on

STRESS, MENTAL HEALTH AND DEMENTIA

August 27-28, 2018 | Boston, USA
Day 1  August 27, 2018

Conference Hall: University Room C

08:00-09:00 Registrations
09:00-09:15 Opening Ceremony

Keynote Forum

09:15-10:00  Title: The role of Reiki in the medical setting to reduce stress and relive anxiety
Rita Glassman, Medical Reiki Works, USA

10:00-10:45  Title: Stress and resilience: How to thrive when faced with multiple stressors
Nicole Betschman, American College of Healthcare Sciences, USA

Panel Discussion

Networking & Refreshment Break 10:45-11:00 @ Foyer

11:00-11:45  Title: Chronic inflammatory bowel disease, pain related cognitive disorders, oxidative stress and nutritional interventions
Helieh S Oz, UK Medical Center, USA

Group Photo & Panel Discussions 11:45-12:00

Sessions: Mindfulness and Compassion | Spirituality and Religion | Psychology | Psychiatry
Session Chair: Nicole Betschman, American College of Healthcare Sciences, USA
Session Co-chair: Helieh S Oz, UK Medical Center, USA

Session Introduction

12:00-12:30  Title: Baicalin modulates APPL2/Glucocorticoid receptor signaling cascades, promotes neurogenesis, and attenuates emotional and olfactory dysfunctions in chronic corticosterone-induced depression
Jiangang Shen, University of Hong Kong, China

12:30-13:00  Title: Trauma-related Stress Management (TSM) among school students through Integrating School Health Program (ISHP)
Dhungana Ranga Raj, Hasti-Nepal, Nepal

Panel Discussion

Lunch Break 13:00-14:00 @ Foyer

14:00-14:30  Title: Imaging and molecular biomarkers of redox dysregulation and oxidative stress: NAD\(^+\) and NADH measurements in vivo
Fei Du, Harvard Medical School, USA

14:30-15:00  Title: RNA driven improved iron homeostasis in neurons exposed to parkinsonian manganese stress
Jack Rogers, Massachusetts General Hospital, USA

15:00-15:30  Title: Combating attention deficit hyperactivity disorder
Rita Glassman, Medical Reiki Works, USA

15:30-16:00  Title: The construction of universities student’s mindfulness, positive coping and negative emotions: Unlocking the secret power of making a better life
Hsiu Ling Pai, University of Taipei, Taiwan

Panel Discussion

Refreshment Break 16:00-16:15 @ Foyer

Stress & Mindfulness 2018
Day 2    August 28, 2018
Conference Hall: University Room C

Keynote Forum

09:00-09:45    Title: Two-track differentiation paradigm in psychotherapy
Shaul Navon, Tel Aviv University, Israel

09:45-10:30    Title: Can meditation change our brain?
Tatia M C Lee, The University of Hong Kong, Hong Kong

Panel Discussion 10:30-10:40
Networking & Refreshment Break 10:40-11:00 @ Foyer

Sessions: Mindfulness and Compassion | Anxiety and Depression | Mental Health and Wellbeing
Session Chair: Shaul Navon, Tel Aviv, Israel
Session Co-chair: Tatia M C Lee, The University of Hong Kong, Hong Kong

Session Introduction

11:00-11:30    Title: Restoration of Iron Homeostasis by small molecules directed to the Iron Response Element (IRE) of the Amyloid Precursor Protein (APP) and Ferritin (FtH) 5’UTRs protect against toxic Pb exposure to neurons
Catherine M Cahill, Harvard Medical School, USA

11:30-12:00    Title: Stress and its role on diabetes type 2 patients living in Nairobi, Kenya
Justus Ngoje Owiti, Nairobi Dawa Pharmaceuticals and Nilson Pharmacy, Kenya

12:00-12:30    Title: Exposure of CuO nanoparticles-its nanoneurotoxicity and potential link to neurodegeneration
Xudong Huang, Harvard Medical School, USA

12:30-13:00    Title: PTSD: Gravity syndrome
Raja Tounsi, Tunisian Ministry of Professional Training and Tunisian Source Academy, Tunisia

Panel Discussion
Lunch Break 13:00-14:00 @ Foyer

14:00-15:00    SPECIAL TALK
Helieh S Oz, UK Medical Center, USA

Video Presentations

15:00-15:20    Title: The experience of trauma in forest firefighters through indirect exposure
Jaime Senabre, University of Alicante, Spain

15:20-15:40    Title: Mindfulness in holistic management of Schizophrenia
Pronab Ganguly, Western Sydney University, Australia

15:40-16:00    Title: The moderating effect of employee resilience on technostress and counterproductive work behavior
Deborah Okolo, University Technology Malaysia (UTM), Malaysia

Panel Discussion
Networking & Refreshment Break 16:00-16:20 @ Foyer

Poster Presentations
Poster judge: Helieh S Oz, UK Medical Center, USA

16:20-16:35    Title: Protective effects of Lippia javanica herbal tea on lead-induced oxidative brain damage in adolescent rats
Contance R Sewani-Rusike, Walter Sisulu University, South Africa

16:35-16:50    Title: Is there prevention for cardio vascular and cognitive diseases, for women of middle age and menopause?
C F Muzynski, Obst-gyneco and Geriatrician, France

Panel Discussion
Awards and Closing Ceremony
SUPPORTING JOURNALS

Journal of Psychology & Psychotherapy

Journal of Traumatic Stress Disorders & Treatment

Journal of Depression and Anxiety
Upcoming Conferences

30th World Summit on
Psychology, Psychiatry and Psychotherapy
September 19-20, 2018 | San Diego, USA
W: psychology.conferenceseries.com

28th World Summit on
Neurology, Neuroscience and Neuropharmacology
September 26-27, 2018 | Montreal, Canada
W: neurosummit.neurologyconference.com

7th International Conference on
Addictive Disorders, Addiction Medicine and Pharmaceuticals
September 19-20, 2018 | San Diego, USA
W: addictiontherapy.conferenceseries.com

World Summit on
Psychiatry, Mental Health Nursing and Healthcare
November 26-27, 2018 | Los Angeles, USA
W: mentalhealthnursing.psychologysummit.com