

# Tentative Program

5th International Summit on  
Depression, Anxiety and Stress Management  
June 25-26, 2026 | Paris, France



Hosting Organization: Conference Series Ltd  
35 Ruddlesway, Windsor, Berkshire, SL4 5SF  
Email: [stressdisorder@europeanmeets.com](mailto:stressdisorder@europeanmeets.com)

## Opening Ceremony

### Keynote Forum (Slots Available)

**Title: High Performance in the Age of AI: Building Resilient & Recovery Driven Cultures**

**Thomas Coleman**, Ireland

**Sessions:** Addiction Medicine | Advances in Depression Research | Stress and Its Impact on Mental Health | Suicide Prevention | Impact of Social Media on Mental Health | Neurobiology of Depression | Mindfulness and Meditation | Suicide Prevention

### Session Introduction

**Title: Clinical Improvement in Borderline Personality Disorder Through Repetitive Transcranial Magnetic Stimulation: A Case Study**

**José Ismael Díaz Cabrera**, Ecuador

**Title: The Cosmic Compass™ Experience: A Neuro-Emotional Framework for Preventing Stress Disorder and Cultivating Leadership Wellness**

**Aline Hanle**, United States

**Title: Development of an AI-Assisted Clinical Decision Support Tool for Psychotropic Deprescribing**

**Marko Boskovic**, Croatia (Hrvatska)

**Title: Speech and Communication Skills and Their Impact on Cortisol Levels: Linking Human Interaction With the Physiology of Stress**

**Zahra Abdi**, Izmir University of Economics, Izmir, Turkey

**Title: Asian Migrant Workers and Stay-Behind Families: Mental Health Services and Access**

**Paul Duong Tran**, College of Health, United States

**Title: INHIBITION OF HORMONAL AND BEHAVIORAL EFFECTS OF STRESS BY TRYPTOPHAN IN RATS**

**Sumera Gul**, Pakistan

**Title: Mindwaves :Your daily emotional Compass Powered by Human-AI collaboration**

**Efi-Efthimia Karatopouzi**, Greece

**Title: Cultural Differences in the Expression and Treatment of Depression**

**Yasmin al-Rashid**, King Saud University, Saudi Arabia

**\* Speaker Slots Available \***

## Opening Ceremony

### Keynote Forum (Slots Available)

**Title:** Impact of Social Media on Adolescent Mental Health: Challenges and Interventions

**Richard Evans**, Yale School of Medicine, USA

**Sessions:** Childhood and Adolescent Depression | Impact of Chronic Illness on Mental | Stress, Trauma, and Resilience | Geriatric Psychiatry and Mental Health in Aging | Neurobiology of Depression, Anxiety, and Stress | Anxiety Disorders: Advances in Therapy and Research | Women's Mental Health and Perinatal Psychiatry

### Session Introduction

**Title:** The Physiological Cost of Digital Connection: Smartphone Addiction and the Failure of Autonomic Resilience

**Christopher Bryan**, American University of Sharjah, United Arab Emirates

**Title:** Mindfulness and Meditation: A Comparative Study in Anxiety Disorder Patients

**Anjali Kapoor**, National Institute of Mental Health and Neurosciences, India

**Title:** Cultural Differences in the Expression and Treatment of Depression

**Yasmin al-Rashid**, King Saud University, Saudi Arabia

**Title:** Neurobiological Underpinnings of Treatment-Resistant Depression

**Emily Thompson**, University of Cambridge, UK

**Title:** Telemedicine in Mental Health: A New Frontier in Depression Treatment

**Laura Garcia**, Universidad Autónoma de Madrid, Spain

**Title:** Resilience and Coping Mechanisms in Post-Traumatic Stress Disorder (PTSD) Patients

**Michael Chang**, University of Melbourne, Australia

**Title:** Aging and Mental Health: The Role of Neurostimulation Techniques in Treating Depression

**Sarah Lindgren**, Karolinska Institute, Sweden

**\* Speaker Slots Available \***

## Closing Ceremony



## Important Links:

### **Registration Link:**

<https://psychology.psychiatryconferences.com/registration.php>

### **Abstract Submission Link:**

<https://psychology.psychiatryconferences.com/abstract-submission.php>



<https://stressdisorder.psychiatrycongress.com/>