

Tentative Program

5th International Summit on Depression, Anxiety and Stress Management

June 25-26, 2026 | Paris, France



Hosting Organization: Conference Series Ltd
35 Ruddlesway, Windsor, Berkshire, SL4 5SF
Email: stressdisorder@europeanmeets.com

Opening Ceremony

Keynote Forum (Slots Available)

Title: High Performance in the Age of AI: Building Resilient & Recovery Driven Cultures
Thomas Coleman, Ireland

Sessions: Addiction Medicine | Advances in Depression Research | Stress and Its Impact on Mental Health | Suicide Prevention | Impact of Social Media on Mental Health | Neurobiology of Depression | Mindfulness and Meditation | Suicide Prevention

Session Introduction

Title: Clinical Improvement in Borderline Personality Disorder Through Repetitive Transcranial Magnetic Stimulation: A Case Study

José Ismael Díaz Cabrera, Ecuador

Title: The Cosmic Compass™ Experience: A Neuro-Emotional Framework for Preventing StressDisorder and Cultivating Leadership Wellness

Aline Hanle, United States

Title: Development of an AI-Assisted Clinical Decision Support Tool for Psychotropic Deprescribing

Marko Boskovic, Croatia (Hrvatska)

Title: Speech and Communication Skills and Their Impact on Cortisol Levels: Linking Human Interaction With the Physiology of Stress

Zahra Abdi, Izmir University of Economics, Izmir, Turkey

Title: Asian Migrant Workers and Stay-Behind Families: Mental Health Services and Access

Paul DuongTran, College of Health, United States

Title: INHIBITION OF HORMONAL AND BEHAVIORAL EFFECTS OF STRESS BY TRYPTOPHAN IN RATS

Sumera Gul, Pakistan

Title: Mindwaves :Your daily emotional Compass Powered by Human-AI collaboration

Efi-Efthimia Karatopouzi, Greece

Title: Cultural Differences in the Expression and Treatment of Depression

Yasmin al-Rashid, King Saud University, Saudi Arabia

*** Speaker Slots Available ***

Opening Ceremony

Keynote Forum (Slots Available)

Title: Impact of Social Media on Adolescent Mental Health: Challenges and Interventions

Richard Evans, Yale School of Medicine, USA

Sessions: Childhood and Adolescent Depression | Impact of Chronic Illness on Mental | Stress, Trauma, and Resilience | Geriatric Psychiatry and Mental Health in Aging | Neurobiology of Depression, Anxiety, and Stress | Anxiety Disorders: Advances in Therapy and Research | Women's Mental Health and Perinatal Psychiatry

Session Introduction

Title: The Physiological Cost of Digital Connection: Smartphone Addiction and the Failure of Autonomic Resilience

Christopher Bryan, American University of Sharjah, United Arab Emirates

Title: Mindfulness and Meditation: A Comparative Study in Anxiety Disorder Patients

Anjali Kapoor, National Institute of Mental Health and Neurosciences, India

Title: Cultural Differences in the Expression and Treatment of Depression

Yasmin al-Rashid, King Saud University, Saudi Arabia

Title: Neurobiological Underpinnings of Treatment-Resistant Depression

Emily Thompson, University of Cambridge, UK

Title: Telemedicine in Mental Health: A New Frontier in Depression Treatment

Laura Garcia, Universidad Autónoma de Madrid, Spain

Title: Resilience and Coping Mechanisms in Post-Traumatic Stress Disorder (PTSD) Patients

Michael Chang, University of Melbourne, Australia

Title: Aging and Mental Health: The Role of Neurostimulation Techniques in Treating

Depression

Sarah Lindgren, Karolinska Institute, Sweden

*** Speaker Slots Available ***

Closing Ceremony

Important Links:

Registration Link:

<https://psychology.psychiatryconferences.com/registration.php>

Abstract Submission Link:

<https://psychology.psychiatryconferences.com/abstract-submission.php>



<https://stressdisorder.psychiatrycongress.com/>