

4th International Summit on
Depression, Anxiety and
Stress Management
June 19-20, 2025 | Paris, France



Conference Series LLC Ltd
35 Ruddlesway, Windsor, Berkshire, SL4 5SF, UK

Day 1 | June 19, 2025

09:30 - 10:00	Opening Ceremony
Keynote Presentations	
10:00 - 10:30	Title: Neurobiological Underpinnings of Treatment-Resistant Depression Dr. Emily Thompson, University of Cambridge, UK
10:30 - 11:00	Title: Mindfulness and Meditation: A Comparative Study in Anxiety Disorder Patients Dr. Anjali Kapoor, National Institute of Mental Health and Neurosciences, India
11:00 - 11:30	Title: Impact of Social Media on Adolescent Mental Health: Challenges and Interventions Prof. Richard Evans, Yale School of Medicine, USA
Networking, and Refreshments: 11:30 - 12:00	
12:00 - 12:30	Title: Telemedicine in Mental Health: A New Frontier in Depression Treatment Dr. Laura Garcia, Universidad Autónoma de Madrid, Spain
12:30 - 13:00	Title: Cultural Differences in the Expression and Treatment of Depression Dr. Yasmin al-Rashid, King Saud University, Saudi Arabia
13:00 - 13:30	Title: Aging and Mental Health: The Role of Neurostimulation Techniques in Treating Depression Dr. Sarah Lindgren, Karolinska Institute, Sweden
Lunch Break: 13:30 - 14:00	
14:00 - 14:30	Title: Resilience and Coping Mechanisms in Post-Traumatic Stress Disorder (PTSD) Patients Dr. Michael Chang, University of Melbourne, Australia
14:30 - 15:00	Title: Gender Differences in Mental Health: A Cross-Cultural Examination Dr. Mariam Haddad, American University of Beirut, Lebanon
Poster Presentations 15:00 - 17:40	
*** SLOTS AVAILABLE***	

