



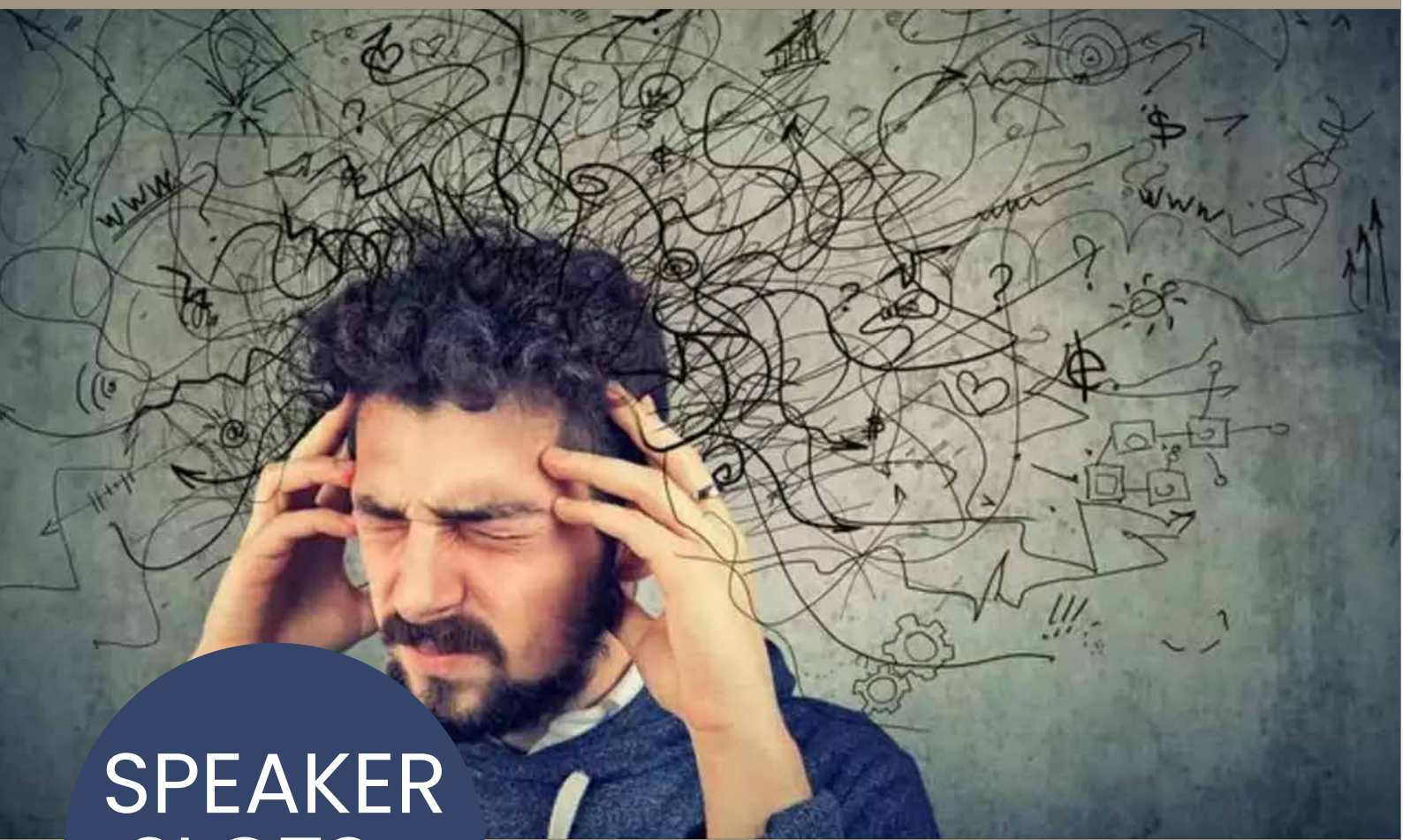
STRESS MEET 2024

Tentative Program

3rd International Summit on

Depression, Anxiety and Stress Management

June 20-21, 2024 | Paris, France



**SPEAKER
SLOTS...**
Available

Conference Series LLC Ltd
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<https://stressdisorder.psychiatrycongress.com/>

- Interactive Sessions
- Keynote/Plenary Lectures
- Workshops/Symposiums
- YRF/Best Poster Awards
- Exhibitors
- B2B Meetings



STRESS MEET 2024

Program Outline			
Day-1	Registration		08:00-09:00
	Inaugural Session		09:00-09:15
	Keynote/ Plenary talks	Keynote/ Plenary talk: 1 (Academia)	09:15-09:45
		Keynote/ Plenary talk: 2 (Industry)	09:45-10:15
		Keynote/ Plenary talk: 3 (Exhibitor/Sponsor slot)	10:15-10:45
	Coffee break/ Networking		10:45-11:00
	Oral Presentations and Panel Discussions		11:00-13:00
	Lunch break/ Networking		13:00-14:00
	Sponsor/ Exhibitors presentations		14:00-14:30
	Oral Presentations and Panel Discussions		14:30-16:00
	Coffee break/ Networking		16:00-16:15
	Workshops/ YRF/ Posters/ Video Presentations		16:15-17:00
Sponsor/ Exhibitors presentations		17:00-17:30	
Certificate Distribution & Day 1 conclusion Remarks		17:30-18:00	

Program Outline			
Day-2	Registration		08:00-09:00
	Inaugural Session		09:00-09:15
	Keynote/ Plenary talks	Keynote/ Plenary talk: 1 (Academia/Industry)	09:15-09:45
		Keynote/ Plenary talk: 3 (Exhibitor/Sponsor slot)	09:45-10:15
	Workshops/ Symposium		10:15-10:45
	Coffee break/ Networking		10:45-11:00
	Oral Presentations and Panel Discussions		11:00-13:00
	Lunch break/ Networking		13:00-14:00
	Sponsor/ Exhibitors presentations		14:00-14:30
	Oral Presentations and Panel Discussions		14:30-16:00
	Coffee break/ Networking		16:00-16:15
	YRF/ Posters/ Video Presentations		16:15-17:00
Certificate Distribution & Day 2 conclusion Remarks		17:00-17:15	

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Major Sessions

- Advances in Understanding the Neurobiology of Depression, Anxiety, and Stress
- Emerging Therapeutic Approaches for Depression and Anxiety Disorders
- Comorbidity and Overlapping Symptoms in Depression, Anxiety, and Stress
- The Role of Genetics and Epigenetics in Mood and Anxiety Disorders
- Innovative Pharmacological Interventions for Depression and Anxiety
- Cognitive Behavioral Therapies for Stress Management and Resilience Building
- Mindfulness and Meditation Techniques in Treating Depression and Anxiety
- Psychosocial Factors Contributing to Depression and Anxiety in Different Populations
- Impact of COVID-19 on Mental Health: Lessons Learned and Future Preparedness
- Digital Mental Health Interventions for Depression and Anxiety
- Social Support and Its Role in Alleviating Stress and Anxiety
- Trauma, PTSD, and Their Association with Depression and Anxiety
- Cultural and Cross-Cultural Perspectives on Depression, Anxiety, and Stress
- Workplace Interventions for Reducing Stress and Improving Mental Well-being
- Suicidal Behavior and Risk Assessment in Depressed and Anxious Individuals
- Resilience and Coping Strategies in the Face of Stressful Life Events
- Integrative Approaches to Mental Health: Mind-Body Connection
- Early Intervention and Prevention Strategies for Depression and Anxiety Disorders
- Stigma and Mental Health: Reducing Barriers to Treatment
- Role of Exercise and Physical Activity in Managing Depression and Anxiety

City of Paris Attractions



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Best Poster Award

- You will be given about 5-7 minutes to present your poster including questions and answers. Judges may pose questions during the evaluation of the poster
- Judges will even evaluate the student's enthusiasm towards their study, interest and knowledge in the area of their research
- The winners will be announced at the closing ceremony of the conference. The decision of the winner will be withdrawn if the winner/winners is/are not present at the time of announcement
- Apart from the judging time you may also be present at the poster to share your research with interested delegates



Young Researchers Forum

- Present your research through oral presentations
- Learn about career development and the latest research tools and technologies in your field
- This forum will give pertinent and timely information to those who conduct research and those who use and benefit from research
- Develop a foundation for collaboration among young researchers
- The forum will provide an opportunity for collegial interaction with other young investigators and established senior investigators across the globe
- Interact and share ideas with both peers and mentors

For any Queries:

stressdisorder@europeanmeets.com



VENUE

Paris, France



Contact Us

Florence Maicy
Program Manager | Stress Meet 2024



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