Tentative Program

5th International Conference on Stress Diseases and Medicine

October 24-25, 2018 | Boston, USA

**For available speaker slots***

https://stress.pharmaceuticalconferences.com/
## Program at A Glance

### Day 1

<table>
<thead>
<tr>
<th>Time</th>
<th>General Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>08.00-09.00</td>
<td>Morning Sessions</td>
</tr>
<tr>
<td></td>
<td>Inaugural Address</td>
</tr>
<tr>
<td>08.00-09.00</td>
<td>Least of 3 Keynote/Plenary Talks</td>
</tr>
<tr>
<td>09.00-09.15</td>
<td>Keynote/Plenary Talk 1</td>
</tr>
<tr>
<td>09.15-09.45</td>
<td>Keynote/Plenary Talk 2</td>
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<tr>
<td>09.45-10.15</td>
<td>Keynote/Plenary Talk 3</td>
</tr>
<tr>
<td>10.15-10.45</td>
<td>Panel Discussions/Group Photo</td>
</tr>
<tr>
<td>10.55-12.35</td>
<td>Coffee/Tea Break 10.45-11.00 (Networking)</td>
</tr>
<tr>
<td>11.00-12.40</td>
<td>5 Speakers (20 Mins Each)</td>
</tr>
<tr>
<td>11.00-12.40</td>
<td>Lunch Break 12.40-13.30</td>
</tr>
<tr>
<td>13.00-15.30</td>
<td>6 Speakers (20 Mins Each)</td>
</tr>
<tr>
<td>15.45-17.25</td>
<td>5 Speakers (20 Mins Each)</td>
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</tbody>
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### Day 2

<table>
<thead>
<tr>
<th>Time</th>
<th>Session 1</th>
<th>Session 2</th>
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<tbody>
<tr>
<td>09.00-10.40</td>
<td>5 Speakers (20 Mins Each)</td>
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</tr>
<tr>
<td>09.00-10.40</td>
<td>Coffee/Tea Break 10.40-10.55 (Networking)</td>
<td></td>
</tr>
<tr>
<td>10.55-12.35</td>
<td>5 Speakers (20 Mins Each)</td>
<td>5 Speakers (20 Mins Each)</td>
</tr>
<tr>
<td>13.25-15.05</td>
<td>5 Speakers (20 Mins Each)</td>
<td>5 Speakers (20 Mins Each)</td>
</tr>
<tr>
<td>15.05-15.20</td>
<td>Coffee/Tea Break 15.05-15.20 (Networking)</td>
<td></td>
</tr>
<tr>
<td>15.20-17.00</td>
<td>5 Speakers (20 Mins Each)</td>
<td>5 Speakers (20 Mins Each)</td>
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</tbody>
</table>

*NOTE: Program Schedule is subject to change with final allotment of the speaker slots*
Boston is one of the oldest cities and is the capital and most populous city of the Commonwealth of Massachusetts in the United States. It has become the latest city to commit to running on 100% renewable energy. Its plenty of museums, historical sights and abundance of live exhibitions for these reason the city gets 16.3 million visitors a year, making it one of the ten most prominent visitor areas in the nation. Boston is surrounded by the “Greater Boston” region. Boston is sometimes called a “city of neighbourhoods” as a result of the bounty of differing subsections; the city government’s Office of Neighbourhood Services has authoritatively assigned 23 neighbourhoods. Boston has a humid continental climate. Boston's schools and colleges apply a huge effect on the territorial economy. Boston pulls in more than 350,000 understudies from around the globe, who contribute more than US$4.8 billion every year to the city's economy. Boston has been known as the “Athens of America” for its abstract culture, procuring notoriety for being “the scholarly capital of the United States. City attractions of Boston: Freedom Trail-The three-mile Freedom Trail leads you past - and into - 16 of the city’s principal historic monuments and sites. It’s easy to follow, by the line of red bricks in the sidewalk and by footprints at street crossings. Begin by picking up brochures on the attractions at the Visitor Center in the Boston Common before heading to the State House. Faneuil Hall-Known as the “cradle of liberty,” Faneuil Hall was built in 1740-42 by Huguenot merchant Peter Faneuil as a market hall and presented to the city on condition that it should always be open to the public. The ground floor is still occupied by market stalls; on the upper floor is a council chamber, which in the 18th and 19th centuries was the meeting place of revolutionaries and later, of abolitionists. On its fourth floor is the Ancient and Honourable Artillery Museum, with weaponry, uniforms, and paintings of significant battles.
Plan your Trip to Boston, USA

Beacon Hill

Boston City View

Boston Harbour

Boston Symphony Orchestra

JFK Presidential Museum

Faneuil Hall

New England Aquarium

Harvard Art’s Museum

https://stress.pharmaceuticalconferences.com/
Major Scientific Sessions

- Stress Therapies
- Oxidative Stress & Biomarkers
- Post-traumatic stress disorder
- Psychopharmacology
- Stress and Insomnia
- Antioxidants
- Stress Management
- Psychological stress
- Perceived Stress Scale
- Suicide and Prevention
- Personality disorders
- Work Stress
- Stress related Disorders
- Mindfulness and Mental Wellbeing
- Stress Medication and Management
- Yoga and Holistic Health
- Panic disorders and Trauma
- Mental Health and Rehabilitation

Best Poster Award

- You will be given about 5-7 minutes to present your poster including questions and answers. Judges may pose questions during the evaluation of the poster
- Judges will even evaluate the student’s enthusiasm towards their study, interest and knowledge in the area of their research
- The winners will be announced at the closing ceremony of the conference. The decision of the winner will be withdrawn if the winner/winners is/are not present at the time of announcement
- Apart from the judging time you may also be present at the poster to share your research with interested delegates

Young Researchers Forum

- Present your research through oral presentations
- Learn about career development and the latest research tools and technologies in your field
- This forum will give pertinent and timely information to those who conduct research and those who use and benefit from research
- Develop a foundation for collaboration among young researchers
- The forum will provide an opportunity for collegial interaction with other young investigators and established senior investigators across the globe
- Interact and share ideas with both peers and mentors

General Queries
stress@americaconferences.com

Conference Venue: Boston, USA
Glimpses of Stress 2017
Glimpses of Stress 2017
**Day 1 | June 21, 2017**

08:30-09:00  **Registrations**

**Waterfront 3**

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**Conference Series**

**09:00-09:30**

**Opening Ceremony**

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**Keynote Forum**

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker</th>
<th>Institution</th>
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</thead>
<tbody>
<tr>
<td>09:30-10:15</td>
<td>Title: Has the UK Brexit decision increased stress, anxiety and depression in UK Black, Asian and minority ethnic communities and how would we know?</td>
<td>David Truswell, Somefreshthinking Consultancy, UK</td>
<td></td>
</tr>
<tr>
<td>10:15-11:00</td>
<td>Title: Effect and its Mechanism of Acupuncture Stimulation at “Bai-Hui” (GV 20) and / or “Yintáng” (Ex-HN3) on Depressed Mice, Rats and Humans.</td>
<td>Torao Ishida, Suzuka University of Medical Science, Japan</td>
<td></td>
</tr>
</tbody>
</table>

**Networking & Refreshment Break @ Foyer 11:00-11:15**

11:15-12:00  **Title: Cultural activities in the work place**  
Tores Theorell, Stockholm University, Sweden

**Group Photo**

**Workshop**

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker</th>
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</tr>
</thead>
<tbody>
<tr>
<td>12:00-12:45</td>
<td>Title: The International Association for Rewind Trauma Therapy</td>
<td>David Muss, BMI Hospital, UK</td>
<td></td>
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</tbody>
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**Sessions:**
Stress | Stress Therapies | Trauma | Depression | Yoga

**Session Chair:** David Truswell, Somefreshthinking Consultancy, UK

**Session Co-chair:** Tores Theorell, Stockholm University, Sweden

<table>
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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>12:45-13:15</td>
<td>Title: Coping with Stress: Insights from an Online Mental Health Platform</td>
<td>Denny Meyer, Swinburne University of Technology, Australia</td>
<td></td>
</tr>
<tr>
<td>13:15-13:45</td>
<td>Title: Depression and Alcoholism as comorbidities</td>
<td>Wayne Grant Carter, University of Nottingham, UK</td>
<td></td>
</tr>
</tbody>
</table>

**Lunch Break @ Restaurant 13:45-14:30**

**Session Introduction**

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
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</tr>
</thead>
<tbody>
<tr>
<td>14:30-15:00</td>
<td>Title: Professional Burnout in British GPs: Themes and Lessons</td>
<td>Deen Mirza, Clinical Educator, London</td>
<td></td>
</tr>
<tr>
<td>15:00-15:30</td>
<td>Title: The forbidden Stress: The Stress that’s forbidden, hidden and calls for a spiritual solution</td>
<td>Marina Ziff, The Albany Centre &amp; Mosaic Counselling Services (CIC), UK</td>
<td></td>
</tr>
<tr>
<td>15:30-16:00</td>
<td>Title: Depression, Anxiety and Stress among University Students: The Case of Jeddah, Saudi Arabia</td>
<td>Saddiga AlGhalib, Effat University, Saudi Arabia</td>
<td></td>
</tr>
</tbody>
</table>

**Networking & Refreshment Break @ Foyer 16:00-16:15**

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker</th>
<th>Institution</th>
</tr>
</thead>
<tbody>
<tr>
<td>16:15-16:45</td>
<td>Title: Leading Transformation in Healthcare and the role of Emotional Intelligence</td>
<td>Jacqueline A. Hinds, Society of Emotional Intelligence, UK</td>
<td></td>
</tr>
<tr>
<td>16:45-17:15</td>
<td>Title: Stress at work: Psychodynamics in asymmetrical work relationships</td>
<td>Andrew Firestone, Private practice, Australia</td>
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</tbody>
</table>
**Workshop**

<table>
<thead>
<tr>
<th>Time</th>
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<th>Speaker</th>
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</thead>
<tbody>
<tr>
<td>17:15-18:15</td>
<td>Title: The Art of BART: Bilateral Affective Reprocessing of Thoughts as a dynamic model for psychotherapy across the lifespan</td>
<td>Arthur G. O'Malley, Mascot Child and Family Services limited, UK</td>
</tr>
</tbody>
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**End of Day 1**

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**Day 2 | June 22, 2017**

**Waterfront 3**

**Keynote Forum**

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
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</thead>
<tbody>
<tr>
<td>09:30-10:15</td>
<td>Title: Evaluation of a program to reduce stress in the workplace using mixed methods</td>
<td>Denny Meyer, Swinburne University of Technology, Australia</td>
</tr>
<tr>
<td>10:15-10:50</td>
<td>Title: Don't nobody care about us girls: Anxiety and Stress intervention with inner-city African American girls</td>
<td>Angela Neal-Barnett, Program for Research on Anxiety Disorders among African Americans, USA</td>
</tr>
</tbody>
</table>

**Networking & Refreshment Break @ Foyer 10:50-11:10**

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**Workshop**

| Time     | Title: Yoga-based Stress Management: Introducing Yogic Principles and Practices for Stress Relief | Lucy Lila Nelson, Certified Yoga Teacher, USA                                                     |

**Sessions:**  
- Anxiety Disorders  
- Depression Treatment  
- Suicide and Prevention  
- Stress Therapies  
- PTSD

**Session Chair: TBA**

**Session Introduction**

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:10-12:40</td>
<td>Title: Treatment of resistant depression: Have we missed the right track?</td>
<td>Aboelezz Mahmoud Kalboush, Alnoor Specialist Hospital, Saudi Arabia</td>
</tr>
<tr>
<td>12:40-13:10</td>
<td>Title: A Teaser Exercise to Prompt Neurogenesis and restore the stressed mind</td>
<td>Belinda Neil, Author - Under Siege, Australia</td>
</tr>
</tbody>
</table>

**Lunch Break @ Restaurant 13:10-14:00**

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
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</tr>
</thead>
<tbody>
<tr>
<td>14:00-14:30</td>
<td>Title: Baby-Gaze: a neurobiological method of rapid attenuation of Symptoms of anxiety</td>
<td>Andrew Ashworth, Breich Valley Medical Practice, UK</td>
</tr>
<tr>
<td>14:30-15:00</td>
<td>Title: Stress, coping and biological vulnerability in suicide attempters</td>
<td>Asa Westrin, Lund University, Sweden.</td>
</tr>
<tr>
<td>15:00-15:30</td>
<td>Title: Vicarious trauma, PTSD and social media: Does watching graphic videos cause trauma?</td>
<td>Pam Ramsden, University of Bradford, UK</td>
</tr>
</tbody>
</table>

**Networking & Refreshment Break @ Foyer 15:30-15:45**

**Closing Ceremony**
2nd Experts Annual Meeting on

Neurocognitive Disorders & Stress Management

November 07-08, 2016   Barcelona, Spain

Scientific Program

Hosting Organizations: Conference Series LLC
2360 Corporate Circle, Suite 400, Henderson, NV 89074-7722, USA
Ph.-702-508-5200, Fax: +1-650-618-1417, Toll free: +1-800-216-6499

Conference Series Ltd
57 Ullswater Avenue, West End, Southampton, Hampshire United Kingdom, SO18 3QS
Toll Free: +1-800-216-6499

Email: neurocognitive@neuroconferences.com; depression@neuroconferences.com
Day 1  November 07, 2016

Registrations

LLOBREGAT

conference-series.com

Opening Ceremony

Keynote Forum

Title: Shugan clue us to the discovery of shared molecules that mediate anti-depression and prokinetic in stressed rat
Xi Huang, Nanjing University of Chinese Medicine, China

Networking and Refreshments Break:

Title: Pythagorean Self-awareness Technique for Stress Management and Self-Empowerment Related to Healthy Lifestyle in Healthy Volunteers: A Pilot Study.
Darviri Christina, University of Athens, Greece

Group Photo

Sessions:
Stress and Mental Health | Post Traumatic Stress Disorders

Session Chair: Xi Huang, Nanjing University of Chinese Medicine, China

Session Introduction

Title: Measuring blood-glucose levels to distinguish between psychological and physiological reductions in stress after drawing for 15 minutes.
Aris Karagiorgakis, Black Hills State University, USA

Title: Neuropsychological approach in the investigation of time perception in late life depression
Lika Igorevna Mikeladze, Lomonosov Moscow State University, Russia

Lunch Break

Title: The psychological effects of singing in a choir on anxiety, mood, and sociability
David Budd, University of London, Goldsmiths College, UK

Sessions:
Neurocognitive Disorders and treatment

Session Chair: Joanne Azulay, JFK Medical Center, USA

Session Introduction

Title: Neuropsychological analysis of human executive and other cognitive functions in Natural Aging
M Machavariani-Tsereteli, Ivane Javakhishvili Tbilisi State University, Georgia

Title: Introducing a novel integrative method named ‘Immunoneuropsychoanalysis’
Karlo Toljan, University of Zagreb School of Medicine, Croatia

Title: Emotions Under Control: Managing Emotions
Sven Barnow, Heidelberg University, Germany

Networking and Refreshments Break:

Title: Sex differences in affective disorders in adult rats after infantile immune stimulation
Inssaf Berkiks, University Ibn Tofail, Morocco

Title: Influence of "Antiaging+Antioxidant" product on the oxidative stress of third molar extraction
Ramona Jurcău, Pediatric Clinical Hospital, Romania

Panel Discussion

Day 2  November 08, 2016

LLOBREGAT
# Keynote Forum

**Title: The impact of the MAP (Mindfulness Attention Program) on Neurologic symptoms associated with Brain Injury (BI)**

Joanne Azulay, JFK Medical Center, USA

# Networking and Refreshments Break:

**Title: Ergonomic risks, mental agony, and musculoskeletal pain among Thai informal workers**

Jiraporn Tangkittipaporn, Chiangmai University, Thailand

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# Special Session

**Title: Spatiotemporal dynamics of Brain connectivity in Neurological Disorders Explored by resting-state fMRI**

Radu Mutihac, University of Bucharest, Romania

# Session Introduction

**Title: From discovering “calcium paradox” to Ca2+/cAMP interaction: impact in depression**

Leandro Bueno Bergantin, UNIFESP-Escola Paulista de Medicina (EPM), Brazil

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# Sessions:

**Depression and Anxiety | Stress and Behavior**

Session Chair: Jiraporn Tangkittipaporn, Chiangmai University, Thailand

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# Lunch Break

**Title: Patient Preferences Of Anxiety Reducing Strategies Prior To Coronary Angiography**

Ahmed Fathy Alkady, Cairo University, Egypt

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# Poster Presentations:

**Session Judge: Adi Jaffe, University of California, USA**

**P1**

**Title: Antidepressant-like effects of Crataegus pinnatifida extract on the immobility behavior of mice in the forced swim and tail suspension tests**

Chang-Ho Lee, Korea Food Research Institute, Korea

**P2**

**Title: The effects of singing in a choir on biological and psychological measures of anxiety**

David Budd, University of London, UK

**P3**

**Title: Survival Analysis of Anxiety and Depression among Patients with Occupational Diseases: A Nationwide Case-Control Study**

Jong-Yi Wang, China Medical University, Taiwan

**P4**

**Title: Immunoneuropsychoanalysis – a comprehensive integrative approach**

Karlo Toljan, University of Zagreb School of Medicine, Croatia

**P5**

**Title: Neuropsychological analysis of human executive and other cognitive functions in Natural Aging**

M. Machavariani-Tsereteli, Ivane Javakhishvili Tbilisi State University, Georgia

**P6**

**Title: Associations of Sleep, Anxiety and Salivary Cortisol Profile under Different Stressful Conditions in Healthy Female College Students**

Minhee Suh, Inha University Department of Republic of Korea

**P7**

**Title: Association between perceived stress, relapse situation and self-efficacy to quit smoking in young and old men**

Tae Hui Kim, Yonsei University Wonju Severance Christian Hospital, South Korea

**P8**

**Title: Effectiveness of Georgian version of MoCA for cognitive screening in Multiple Sclerosis**

Nazibrola Botchorishvili, Simon Khechinashvili University Hospital, Tbilisi, Georgia

**P9**

**Title: Searching for the human VGF-derived antidepressant neuropeptide TLQP-62 receptor: HSPA8/TLQP-62 complex**

Daniela M. Moutinho, University of Santiago de Compostela, Spain

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# Networking and Refreshments Break:

**Awards & Closing Ceremony**
Day 1    July 13, 2015

Liberty 1-2

09:30-10:00  Opening Ceremony

Keynote Forum

Title: Does breathing really help you relax? Technical evidence
Harry L Campbell, Biofeedback Resources International, USA

Coffee Break

Title: Stress: The good, the bad and the ugly
Esther Louise Sabban, New York Medical College, USA

Title: Stress
Mette Mouritsen, Bevidst Medicine, Denmark

Title: Shaping the future of stress science: The experience from Greece
Christina Darviri, University of Athens, Greece

Discussion and Group Photograph

Workshop

Title: Biofeedback as a therapy for stress related disorder
Harry L Campbell, Biofeedback Resources International, USA

Coffee Break

Session on: Stress Management and Therapy

Session Chair: Esther Louise Sabban, New York Medical College, USA

Title: Perceived stress and general health in medical students in Saudi Arabia
Ahmed Alkhalaif, Albahe University, Saudi Arabia

Title: Prevalence of depression among HIV patients on antiretro viral therapy
Ramesh Babu, Raichur Institute of Medical Sciences, India

Title: Non-Pharmaceutical Stress Management & Lifestyle Change Program (Heal Stress Study) for Blood Pressure Control and Psychosocial Wellbeing in 266 Patients in Attica, Greece: A qualitative report
Christina Darviri, University of Athens, Greece

Day 2    July 14, 2015

Workshop

Title: Stress management through chanting mantra
Inderdeep Kaur, University of Delhi, India

Coffee Break

Session on: Stress and Health

Session Chair: Mette Mouritzen, Bevidst Medicine, Denmark

Title: Pythagorean self-awareness for stress management, memory improvement and sense of well-being in mild cognitive impairment: A pilot study
Christina Darviri, University of Athens, Greece

Title: Therapeutic effects of yoga on mental health and stress levels
Gaurav Chaudhari, Municipal Medical College, India

Lunch Break: 13:20-14:00 @ Benjamins

Title: Methods to balance the stress response in dealing with symptoms and diseases
Mette Mouritsen, Bevidst Medicine, Denmark

Title: Neuropsychiatric ramifications following Traumatic Brain Injury
Asif Khan, Avalon University School of Medicine, USA

Title: My Pain is 10 out of 10. Patients vs Actors in a Clinical Setting
Mariyah Hussain, Houston Psychiatry Health Care, USA

Title: Implementation of pilot program for stress management and promotion of health for people experiencing bereavement. Randomized clinical trials to the general population
Anastasia Giannaki, University of Athens, Greece
Poster Sessions

Poster Judge: Esther Louise Sabban, New York Medical College, USA

P1
Title: My Pain is 10 out of 10. Patients vs Actors in a Clinical Setting
Mariyah Hussain, Houston Psychiatry Health Care, USA

P2
Title: Neuropsychiatric ramifications following traumatic brain injury
Satneet Singh, Johns Hopkins Bloomberg School of Public Health, USA

P3
Title: Biomarkers in Post Traumatic Stress Disorders
Sushma Kosaraju, Thomas Jefferson University, USA

P4
Title: Cigarette Smoking and Schizophrenia: An Unmet Public Health Burden
Gaurav Chaudhari, Municipal Medical College, India

Day 3    July 15, 2015

Workshop

Title: New Insights into Endogenous Neuropeptides in Mediating Responses to Stress
Esther Louise Sabban, New York Medical College, USA

Workshop

Title: The Benefits of Doing Nothing
Graham Talley, Float on Inc, USA

Closing Ceremony and Lunch

Website:
http://stressmanagement.global-summit.com