

10<sup>th</sup> International Conference on  
**Stress, Mindfulness,  
Meditation and Resilience**  
April 28-29, 2023 | Paris, France



Conference Series LLC Ltd  
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## Day 1 | April 28, 2023

09:00-09:15	Registrations & Introduction
09:15-09:30	<b>Opening Ceremony</b>
<b>Keynote Forum</b>	
09:30-10:15	<b>Title: Does success equal happiness?</b> <b>Academician prof. ddr. MILAN KRAJNC</b> , Psychotherapist, Monaco
10:15-11:00	*** Slot Available***
<b>Group Photo 11:00-11:05</b>	
Panel Discussion	<b>Networking &amp; Refreshment Break 11:05-11:20</b>
11:20-12:05	<b>Title: Psychometric Properties Of The Intrapreneurial Self-Capital Scales In The Malaysian University Students</b> <b>Rosnah Ismail 1</b> , University of Cyberjaya, Malaysia
<b>Workshop</b>	
12:05-13:05	*** Slot Available***
Panel Discussion	<b>Lunch Break 13:05-14:05</b>
14:05-14:35	<b>Title: Child sexual abuse, trauma alcohol and drug dependency: association and disassociation in alcohol and drug treatment for children</b> <b>Penn Eric Khan</b> Phd. Student. Sahmyook University South Korea
14:35-15:05	<b>Title: Mothers Matter - Self-Compassion, Reflective Functioning &amp; Parental Burnout</b> <b>Courtney Katzenberg</b> , Towson University, USA
15:05-15:35	
Panel Discussion	<b>Networking &amp; Refreshment Break 15:35-16:05</b>
<b>Young Researchers Forum</b>	
16:05-16:35	<b>Title: Exploring the connection between university academic travels, a love of learning, experiences of flow, and a positive outlook on life among international students</b> <b>Lori P. Montross</b> , PhD, Franklin University Switzerland
16:35-17:05	<b>Title: Losing weight and gaining well-being: online intervention for women based on Positive Psychology</b> <b>Marta Fonseca</b> , PhD student – Porto University, Portugal
17:05-17:35	<b>Title: Self-Determination, positive psychology, and motivation: using empirical based practices within classroom settings</b> <b>Tamara Blake</b> , The Chicago School of Professional Psychology, USA.
*** Slots Available***	
17:35-18:05	<b>Title: "The Study on the Impact of Life Skills Training on Adversity Quotient and Self Efficacy of Young adults"</b> <b>Monika Khatwani</b> , (PhD scholar), Rajasthan(Nims), India.

# Day 2 | April 29, 2023

## Keynote Forum

09:30-10:15	*** Slot Available***
10:15-11:00	*** Slot Available***
<b>Group Photo 11:00-11:05</b>	
Panel Discussion	<b>Networking &amp; Refreshment Break 11:05-11:20</b>
11:20-11:50	*** Slot Available***
11:50-12:20	<b>Title: The impact of psychological capital in the direct effect of psychological stress on the professional quality of life of Italian health workers</b> <b>Silvia Platania</b> , University of Catania, Department of educational sciences-section of psychology, Italy.
12:20-12:50	<b>Title: "Put on your Walking Shoes": A Phenomenological Study of Clients' Experience of Walk and Talk Therapy</b> <b>Arie T. Greenleaf</b> , Ph. D., Nova Southeastern University, USA Dr. Greenleaf's research explores the broad therapeutic effects of nature on therapy clients' psychological, emotional, and social wellbeing, and symptoms of DSM 5 disorders.
12:50-13:20	*** Slot Available***
Panel Discussion	<b>Lunch Break 13:20-14:20</b>
14:20-14:50	<b>Title: "Identification of Personal Strengths of users of a mental health care platform"</b>
14:50-15:20	<b>Ketaki S. Natekar</b> , India
15:20-15:50	<b>Title: Perceived Stress profiles, college adjustment, and well-being among freshman in China: A latent profile analysis</b> <b>Prof. Xiaoyan Bi</b> , Lijiang Teachers College, China
Panel Discussion	<b>Networking &amp; Refreshment Break 15:50-16:05</b>
<b>Poster Presentations 16:05-17:05</b>	
PP 01	<b>Title: Examining the influence of positive parenting on Chinese preschooler's self-control: The mediating role of gratitude</b> <b>Chaoran Sun</b> , City University of Hong Kong, Hong Kong SAR
PP 02	<b>Title: A Cross Sectional Survey on UK Older Adult's Attitudes to Ageing, Dementia and Positive Psychology Attributes</b> <b>Madeleine Thelu, BMedSci</b> , School of Medicine, University of Nottingham, UK
<b>Video Presentations</b>	
17:05-17:25	<b>Title: The Effect of Illness Perception on Stigma in Hemodialysis Patients: the Mediating Role of Self-compassion and Health-related Hardiness</b> <b>Yijia Huang</b> , China
17:25-17:45	*** Slot Available***
<b>Closing Ceremony and Awards</b>	