Tentative Program

4th International Conference on Depression, Anxiety and Stress Management

May 10-11, 2018  Frankfurt, Germany

Interactive Sessions  Keynote Lectures  Plenary Lectures  Workshops
Exhibitors  B2B Meetings

***For available speaker slots***

stress@psychiatrycongress.com, stress@annualconferences.org

http://stressmanagement.global-summit.com/
# 4th International Conference On

## Depression, Anxiety and Stress Management

**May 10-11, 2018  Frankfurt, Germany**

### Program at a Glance

#### Day 1

<table>
<thead>
<tr>
<th>Time</th>
<th>General Session</th>
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<tr>
<td>08.00-09.00</td>
<td>Reception</td>
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<tr>
<td>09.00-09.15</td>
<td>Inaugural Address</td>
</tr>
<tr>
<td>09.15-10.45</td>
<td>Keynote/Plenary Talk 1</td>
</tr>
<tr>
<td></td>
<td>Panel Discussions/Group Photo</td>
</tr>
<tr>
<td>11.00-12.00</td>
<td>Session on: PTSD &amp; Anxiety Disorders</td>
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<tr>
<td>12.00-12.40</td>
<td>Session on: Depression &amp; Schizophrenia</td>
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<tr>
<td></td>
<td>Coffee/Tea Break 10.45-11.00 (Networking)</td>
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<tr>
<td>13.30-14.30</td>
<td>Session on: Stress Disorders &amp; Insomnia &amp; Mental Health</td>
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<tr>
<td>14.30-15.30</td>
<td>Session on: Child and Adolescent</td>
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<td></td>
<td>Coffee/Tea Break 15.30-15.45 (Networking)</td>
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<tr>
<td>15.45-17.25</td>
<td>Session on: Panic Disorder and Trauma</td>
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<tr>
<td>17.25-18.30</td>
<td>Session on: Mood &amp; Personality Disorders</td>
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<tr>
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<td>Awards and Closing Ceremony</td>
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</tbody>
</table>

#### Day 2

<table>
<thead>
<tr>
<th>Time</th>
<th>Session 1</th>
<th>Session 2</th>
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</thead>
<tbody>
<tr>
<td>09.00-10.00</td>
<td>Session on: Yoga and Holistic Health</td>
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<tr>
<td>10.00-10.40</td>
<td>Session on: Sexual Abuse and Substance Use Disorders</td>
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<tr>
<td>10.55-11.45</td>
<td>Session on: Phobia and its Treatment</td>
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<tr>
<td>11:45-12:35</td>
<td>Session on: Work Stress &amp; Stress Medication</td>
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<tr>
<td></td>
<td>Coffee/Tea Break 10.40-10.55 (Networking)</td>
<td></td>
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<tr>
<td>12.35-13.25</td>
<td>Lunch Break</td>
<td></td>
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<tr>
<td>13.25-14.25</td>
<td>Session on: Depression Treatment &amp; Therapy</td>
<td></td>
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<tr>
<td>14.25-15.25</td>
<td>Session on: Psychopharmacology</td>
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<tr>
<td>15.25-16.25</td>
<td>Session on: Suicide and Prevention</td>
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<td></td>
<td>Poster Sessions</td>
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<tr>
<td></td>
<td>Coffee/Tea Break 16.30-17.00 (Networking)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Awards and Closing Ceremony</td>
<td></td>
</tr>
</tbody>
</table>

### NOTE: Program Schedule is subject to change with final allotment of the speaker slots

For more Details PS: http://stressmanagement.global-summit.com/

E: stress@annualconferences.org | Tel 702-508-5200 Ext 8057

### Note:

Workshops and Symposia slots are available. To book slot for Workshop and Symposium send us the proposal.

### Call for Abstract:


### Registration:

http://stressmanagement.global-summit.com/registration.php
• Post Traumatic Stress Disorder
• Stress and Insomnia
• Depression
• Anxiety Disorders
• Work Stress
• Autistic Spectrum Disorder
• Suicide and Prevention
• Sexual Abuse and Substance Use Disorders
• Stress Medication and Management
• Panic Disorder and Trauma

• Depression Treatment
• Stress Therapies
• Stress related Disorders
• Child and Adolescent Mood Disorders
• Schizophrenia and Bipolar Disorder
• Phobia and its treatment
• Personality disorders
• Mental Health Rehabilitation
• Yoga and Holistic Health
• Psychopharmacology

Major Scientific Sessions

Best Poster Award
- You will be given about 5-7 minutes to present your poster including questions and answers. Judges may pose questions during the evaluation of the poster
- Judges will even evaluate the student’s enthusiasm towards their study, interest and knowledge in the area of their research
- The winners will be announced at the closing ceremony of the conference. The decision of the winner will be withdrawn if the winner/winners is/are not present at the time of announcement
- Apart from the judging time you may also be present at the poster to share your research with interested delegates

Young Researchers Forum
- Present your research through oral presentations
- Learn about career development and the latest research tools and technologies in your field
- This forum will give pertinent and timely information to those who conduct research and those who use and benefit from research
- Develop a foundation for collaboration among young researchers
- The forum will provide an opportunity for collegial interaction with other young investigators and established senior investigators across the globe
- Interact and share ideas with both peers and mentors

General Queries
stress@psychiatrycongress.com

Conference Venue
Frankfurt, Germany

Contact us
America: Conference Series LLC
Stress 2018
2360 Corporate Circle., Suite 400 Henderson,
NV 89074-7722, USA
Phone: +1-888-843-8169, Fax: +1-650-618-1417,
Toll free: +1-800-216-6499
Email: stress@psychiatrycongress.com

UK: Conference Series LLC
Stress 2018
Kemp House, 152 City Road,
London EC1V 2NX, UK
Toll Free: +0-800-014-8923
Email: stress@psychiatrycongress.com

Asia-Pacific: Conference Series LLC
Stress 2018
Divyassree Building, Raidurg
6th Floor, North Block
Hyderabad 500032, INDIA
Tel: 040-33432309
Email: stress@psychiatrycongress.com
Glimpses of Stress 2017

http://stressmanagement.global-summit.com/
Glimpses of Stress 2017
BEST TOURIST ATTRACTIONS IN FRANKFURT, GERMANY

- Senckenberg Natural History Museum
- Goethe House and Museum
- St. Paul’s Church
- The Palm Garden
- The Römerberg - Frankfurt’s Old Town Center
- The Museum District
- Romerberg
Day 1                June 21, 2017

08:30-09:00  Registrations

Waterfront 3

09:00-09:30  Opening Ceremony

Keynote Forum

09:30-10:15  Title: Has the UK Brexit decision increased stress, anxiety and depression in UK Black, Asian and minority ethnic communities and how would we know?
David Truswell, Somefreshthinking Consultancy, UK

10:15-11:00  Title: Effect and its Mechanism of Acupuncture Stimulation at “Bai-Hui” (GV 20) and / or “Yintáng” (Ex-HN3) on Depressed Mice, Rats and Humans.
Torao Ishida, Suzuka University of Medical Science, Japan

Networking & Refreshment Break @ Foyer 11:00-11:15

11:15-12:00  Title: Cultural activities in the workplace
Tores Theorell, Stockholm University, Sweden

Group Photo

Workshop

12:00-12:45  Title: The International Association for Rewind Trauma Therapy
David Muss, BMI Hospital, UK

Sessions:
Stress | Stress Therapies | Trauma | Depression | Yoga

Session Chair: David Truswell, Somefreshthinking Consultancy, UK
Session Co-chair: Tores Theorell, Stockholm University, Sweden

Session Introduction

12:45-13:15  Title: Coping with Stress: Insights from an Online Mental Health Platform
Denny Meyer, Swinburne University of Technology, Australia

13:15-13:45  Title: Depressive and Alcoholism as comorbidities
Wayne Grant Carter, University of Nottingham, UK

Lunch Break @ Restaurant 13:45-14:30

14:30-15:00  Title: Professional Burnout in British GPs: Themes and Lessons
Deen Mirza, Clinical Educator, London

15:00-15:30  Title: The forbidden Stress: The Stress that’s forbidden, hidden and calls for a spiritual solution
Marina Ziff, The Albany Centre & Mosaic Counselling Services (CIC), UK

15:30-16:00  Title: Depression, Anxiety and Stress among University Students: The Case of Jeddah, Saudi Arabia
Saddiga AlGhalib, Effat University, Saudi Arabia

Networking & Refreshment Break @ Foyer 16:00-16:15

16:15-16:45  Title: Leading Transformation in Healthcare and the role of Emotional Intelligence
Jacqueline A. Hinds, Society of Emotional Intelligence, UK

16:45-17:15  Title: Stress at work: Psychodynamics in asymmetrical work relationships
Andrew Firestone, Private practice, Australia
Workshop

17:15-18:15
Title: The Art of BART: Bilateral Affective Reprocessing of Thoughts as a dynamic model for psychotherapy across the lifespan
Arthur G. O'Malley, Mascot Child and Family Services limited, UK

End of Day 1

Day 2

June 22, 2017

Waterfront 3

Keynote Forum

09:30-10:15 Title: Evaluation of a program to reduce stress in the workplace using mixed methods
Denny Meyer, Swinburne University of Technology, Australia

10:15-10:50 Title: Don't nobody care about us girls: Anxiety and Stress intervention with inner-city African American girls
Angela Neal-Barnett, Program for Research on Anxiety Disorders among African Americans, USA

Networking & Refreshment Break @ Foyer 10:50-11:10

Workshop

11:10-12:10
Title: Yoga-based Stress Management: Introducing Yogic Principles and Practices for Stress Relief
Lucy Lila Nelson, Certified Yoga Teacher, USA

Sessions:
Anxiety Disorders | Depression Treatment | Suicide and Prevention | Stress Therapies | PTSD
Session Chair: TBA

Session Introduction

12:10-12:40
Title: Treatment of resistant depression: Have we missed the right track?
Aboelezz Mahmoud Kalboush, Alnoor Specialist Hospital, Saudi Arabia

12:40-13:10
Title: A Teaser Exercise to Prompt Neurogenesis and restore the stressed mind
Belinda Neil, Author - Under Siege, Australia

Lunch Break @ Restaurant 13:10-14:00

14:00-14:30
Title: Baby-Gaze: a neurobiological method of rapid attenuation of Symptoms of anxiety
Andrew Ashworth, Breich Valley Medical Practice, UK

14:30-15:00
Title: Stress, coping and biological vulnerability in suicide attempters
Asa Westrin, Lund University, Sweden.

15:00-15:30
Title: Vicarious trauma, PTSD and social media: Does watching graphic videos cause trauma?
Pam Ramsden, University of Bradford, UK

Networking & Refreshment Break @ Foyer 15:30-15:45

Closing Ceremony
### Keynote Forum

**Title:** Shugan clue us to the discovery of shared molecules that mediate anti-depression and prokinetic in stressed rat  
*Xi Huang,* Nanjing University of Chinese Medicine, China

**Title:** Pythagorean Self-awareness Technique for Stress Management and Self-Empowerment Related to Healthy Lifestyle in Healthy Volunteers: A Pilot Study.  
*Darviri Christina,* University of Athens, Greece

### Group Photo

**Sessions:** Stress and Mental Health | Post Traumatic Stress Disorders  
**Session Chair:** *Xi Huang,* Nanjing University of Chinese Medicine, China

**Title:** Measuring blood-glucose levels to distinguish between psychological and physiological reductions in stress after drawing for 15 minutes.  
*Aris Karagiorgakis,* Black Hills State University, USA

**Title:** Neuropsychological approach in the investigation of time perception in late life depression  
*Lika Igorevna Mikeladze,* Lomonosov Moscow State University, Russia

**Title:** The psychological effects of singing in a choir on anxiety, mood, and sociability  
*David Budd,* University of London, Goldsmiths College, UK

**Sessions:** Neurocognitive Disorders and treatment  
**Session Chair:** *Joanne Azulay,* JFK Medical Center, USA

**Title:** Neuropsychological analysis of human executive and other cognitive functions in Natural Aging  
*M Machavariani-Tsereteli,* Ivane Javakhishvili Tbilisi State University, Georgia

**Title:** Introducing a novel integrative method named ‘Immunoneuropsychoanalysis’  
*Karlo Toljan,* University of Zagreb School of Medicine, Croatia

**Title:** Emotions Under Control: Managing Emotions  
*Sven Barnow,* Heidelberg University, Germany

### Panel Discussion

**Title:** Sex differences in affective disorders in adult rats after infantile immune stimulation  
*Inssaf Berkiks,* University Ibn Tofail, Morocco

**Title:** Influence of "Antiaging+Antioxidant" product on the oxidative stress of third molar extraction  
*Ramona Jurcău,* Pediatric Clinical Hospital, Romania
<table>
<thead>
<tr>
<th>Keynote Forum</th>
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</table>
| **Title:** The impact of the MAP (Mindfulness Attention Program) on Neurologic symptoms associated with Brain Injury (BI)  
*Joanne Azulay, JFK Medical Center, USA* |
| **Networking and Refreshments Break:** |
| **Title:** Ergonomic risks, mental agony, and musculoskeletal pain among Thai informal workers  
*Jiraporn Tangkittipaporn, Chiangmai University, Thailand* |
| **Special Session** |
| **Title:** Spatiotemporal dynamics of Brain connectivity in Neurological Disorders Explored by resting-state fMRI  
*Radu Mutihac, University of Bucharest, Romania* |
| **Sessions:**  
Depression and Anxiety | Stress and Behavior |
| **Session Chair:** Jiraporn Tangkittipaporn, Chiangmai University, Thailand |
| **Session Introduction** |
| **Title:** From discovering “calcium paradox” to Ca2+/cAMP interaction: impact in depression  
*Leandro Bueno Bergantin, UNIFESP-Escola Paulista de Medicina (EPM), Brazil* |
| **Lunch Break** |
| **Title:** Patient Preferences Of Anxiety Reducing Strategies Prior To Coronary Angiography  
*Ahmed Fathy Alkady, Cairo University, Egypt* |
| **Poster Presentations:**  
**Session Judge:** Adi Jaffe, University of California, USA |
| **P1** | Title: Antidepressant-like effects of Crataegus pinnatifida extract on the immobility behavior of mice in the forced swim and tail suspension tests  
*Chang-Ho Lee, Korea Food Research Institute, Korea* |
| **P2** | Title: The effects of singing in a choir on biological and psychological measures of anxiety  
*David Budd, University of London, UK* |
| **P3** | Title: Survival Analysis of Anxiety and Depression among Patients with Occupational Diseases: A Nationwide Case-Control Study  
*Jong-Yi Wang, China Medical University, Taiwan* |
| **P4** | Title: Immunoneuropsychoanalysis – a comprehensive integrative approach  
*Karlo Toljan, University of Zagreb School of Medicine, Croatia* |
| **P5** | Title: Neuropsychological analysis of human executive and other cognitive functions in Natural Aging  
*M. Machavariani-Tsereteli, Ivane Javakhishvili Tbilisi State University, Georgia* |
| **P6** | Title: Associations of Sleep, Anxiety and Salivary Cortisol Profile under Different Stressful Conditions in Healthy Female College Students  
*Minhee Suh, Inha University Department of Nursing, Republic of Korea* |
| **P7** | Title: Association between perceived stress, relapse situation and self-efficacy to quit smoking in young and old men  
*Tae Hui Kim, Yonsei University Wonju Severance Christian Hospital, South Korea* |
| **P8** | Title: Effectiveness of Georgian version of MoCA for cognitive screening in Multiple Sclerosis  
*Nazibrola Botchorishvili, Simon Khechinashvili University Hospital, Tbilisi, Georgia* |
| **P9** | Title: Searching for the human VGF-derived antidepressant neuropeptide TLQP-62 receptor: HSPA8 TLQP-62 complex  
*Daniela M. Moutinho, University of Santiago de Compostela, Spain* |
| **Networking and Refreshments Break:** |
| **Awards & Closing Ceremony** |
Bookmark your dates

2nd International Conference on
Neurocognitive Disorders

October 10-11, 2017  London, UK

e-mail: neurocognitive@neuroconferences.com
Website: neurocognitivedisorders.conferenceseries.com
271st OMICS International Conference

Scientific Program

Stress Management Summit
July 13-15, 2015  Philadelphia, USA

Organize your Events at OMICS International Conferences
Proposals are invited for organizing Symposia/Workshops at OMICS International Conferences or OMICS Group will sponsor small events at your universities in related areas under the title of your own. These proposals can be sent to respective conference mail ids or to symposia@omicsonline.org
Day 1  July 13, 2015

Liberty 1-2

09:30-10:00  Opening Ceremony

Keynote Forum

Title: Does breathing really help you relax? Technical evidence
Harry L Campbell, Biofeedback Resources International, USA

Coffee Break

Title: Stress: The good, the bad and the ugly
Esther Louise Sabban, New York Medical College, USA

Title: Stress
Mette Mouritsen, Bevidst Medicine, Denmark

Title: Shaping the future of stress science: The experience from Greece
Christina Darviri, University of Athens, Greece

Discussion and Group Photograph

Workshop

Title: Biofeedback as a therapy for stress related disorder
Harry L Campbell, Biofeedback Resources International, USA

Coffee Break

Session on: Stress Management and Therapy

Session Chair: Esther Louise Sabban, New York Medical College, USA

Title: Perceived stress and general health in medical students in Saudi Arabia
Ahmed Alkhalaif, Albaha University, Saudi Arabia

Title: Prevalence of depression among HIV patients on anti-retroviral therapy
Ramesh Babu, Raichur Institute of Medical Sciences, India

Title: Non-Pharmaceutical Stress Management & Lifestyle Change Program (Heal Stress Study) for Blood Pressure Control and Psychosocial Wellbeing in 266 Patients in Attica, Greece: A qualitative report
Christina Darviri, University of Athens, Greece

Day 2  July 14, 2015

Workshop

Title: Stress management through chanting mantra
Inderdeep Kaur, University of Delhi, India

Coffee Break

Session on: Stress and Health

Session Chair: Mette Mouritsen, Bevidst Medicine, Denmark

Title: Pythagorean self-awareness for stress management, memory improvement and sense of well-being in mild cognitive impairment: A pilot study
Christina Darviri, University of Athens, Greece

Title: Therapeutic effects of yoga on mental health and stress levels
Gaurav Chaudhari, Municipal Medical College, India

Lunch Break: 13:20-14:00 @ Benjamins

Title: Methods to balance the stress response in dealing with symptoms and diseases
Mette Mouritsen, Bevidst Medicine, Denmark

Title: Neuropsychiatric ramifications following Traumatic Brain Injury
Asif Khan, Avalon University School of Medicine, USA

Title: My Pain is 10 out of 10. Patients vs Actors in a Clinical Setting
Mariyah Hussain, Houston Psychiatry Health Care, USA

Title: Implementation of pilot program for stress management and promotion of health for people experiencing bereavement. Randomized clinical trials to the general population
Anastasia Giannaki, University of Athens, Greece
Coffee Break:

Poster Sessions

Poster Judge: Esther Louise Sabban, New York Medical College, USA

P1  Title: My Pain is 10 out of 10. Patients vs Actors in a Clinical Setting
Mariyah Hussain, Houston Psychiatry Health Care, USA

P2  Title: Neuropsychiatric ramifications following traumatic brain injury
Satneet Singh, Johns Hopkins Bloomberg School of Public Health, USA

P3  Title: Biomarkers in Post Traumatic Stress Disorders
Sushma Kosaraju, Thomas Jefferson University, USA

P4  Title: Cigarette Smoking and Schizophrenia: An Unmet Public Health Burden
Gaurav Chaudhari, Municipal Medical College, India

Day 3  July 15, 2015

Workshop

Title: New Insights into Endogenous Neuropeptides in Mediating Responses to Stress
Esther Louise Sabban, New York Medical College, USA

Workshop

Title: The Benefits of Doing Nothing
Graham Talley, Float on Inc, USA

Closing Ceremony and Lunch

Bookmark your dates

2nd Annual Experts Meeting on Depression, Anxiety & Stress Management

November 07-09, 2016  Valencia, Spain

Website: http://stressmanagement.global-summit.com
<table>
<thead>
<tr>
<th>Conference Name</th>
<th>Email Address</th>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>5th International conference &amp; Exhibition on Neurology and Therapeutics</td>
<td><a href="mailto:neurology@omicsgroup.com">neurology@omicsgroup.com</a></td>
<td>March 24-26, 2016</td>
<td>London, UK</td>
</tr>
<tr>
<td>2nd International Conference on Psychiatry and Psychiatric Disorders</td>
<td><a href="mailto:psychiatry@omicsgroup.com">psychiatry@omicsgroup.com</a></td>
<td>May 2-4, 2016</td>
<td>Chicago, USA</td>
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<tr>
<td>2nd Global Summit on Neurological Disorders and Stroke</td>
<td><a href="mailto:stroke@omicsgroup.com">stroke@omicsgroup.com</a></td>
<td>May 19-21, 2016</td>
<td>San Antonio, USA</td>
</tr>
<tr>
<td>2nd International Conference on Emergency Mental Health</td>
<td><a href="mailto:mentalhealth@omicsgroup.com">mentalhealth@omicsgroup.com</a></td>
<td>June 9-11, 2016</td>
<td>Cologne, Germany</td>
</tr>
<tr>
<td>2nd International conference on Autism, Child Development and Adolescent Medicine Child</td>
<td><a href="mailto:childpsychology@omicsgroup.com">childpsychology@omicsgroup.com</a></td>
<td>Aug 29- 31, 2016</td>
<td>San Francisco, USA</td>
</tr>
<tr>
<td>2nd International Conference on Brain Disorders and Brain Engineering</td>
<td><a href="mailto:braindisorders@omicsgroup.com">braindisorders@omicsgroup.com</a></td>
<td>Aug 29- 31, 2016</td>
<td>San Francisco, USA</td>
</tr>
<tr>
<td>International Conference on Fibromyalgia &amp; Chronic Pain</td>
<td><a href="mailto:fibromyalgia@omicsgroup.com">fibromyalgia@omicsgroup.com</a></td>
<td>Sept 22-24, 2016</td>
<td>Las Vegas, USA</td>
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<tr>
<td>4th International Conference on Alzheimer’s Disease &amp; Dementia</td>
<td><a href="mailto:dementia@omicsgroup.com">dementia@omicsgroup.com</a></td>
<td>Sept 29-Oct 1, 2016</td>
<td>London, UK</td>
</tr>
<tr>
<td>2nd International Conference on Epilepsy &amp; Treatment</td>
<td><a href="mailto:epilepsy@omicsgroup.com">epilepsy@omicsgroup.com</a></td>
<td>Oct 3-5, 2016</td>
<td>Alicante, Spain</td>
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<tr>
<td>International Conference on Neuro-Oncology</td>
<td><a href="mailto:neurooncology@omicsgroup.com">neurooncology@omicsgroup.com</a></td>
<td>Oct 5-7, 2016</td>
<td>Alicante, Spain</td>
</tr>
<tr>
<td>4th Psychiatrists Meeting and Medicare Expo on Psychiatry</td>
<td><a href="mailto:europsychiatrists@omicsgroup.com">europsychiatrists@omicsgroup.com</a></td>
<td>Oct 31 - Nov 2, 2016</td>
<td>Copenhagen, Denmark</td>
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<tr>
<td>Global Neurologists Meeting on Neuro Surgery and Spinal Disorders</td>
<td><a href="mailto:neurologists@omicsgroup.com">neurologists@omicsgroup.com</a></td>
<td>Nov 14-16, 2016</td>
<td>Istanbul, Turkey</td>
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<tr>
<td>2nd International Conference on Pulmonary Critical care and Sleep Medicine</td>
<td><a href="mailto:sleepmedicine@omicsgroup.com">sleepmedicine@omicsgroup.com</a></td>
<td>Nov 28- 30, 2016</td>
<td>Chicago, USA</td>
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<tr>
<td>4th International Conference on Schizophrenia and Psychosis</td>
<td><a href="mailto:psychiatrist@omicsgroup.com">psychiatrist@omicsgroup.com</a></td>
<td>Nov 28- 30, 2016</td>
<td>Chicago, USA</td>
</tr>
<tr>
<td>2nd International Conference on Parkinsons Disease &amp; Movement Disorder</td>
<td><a href="mailto:parkinsons@omicsgroup.com">parkinsons@omicsgroup.com</a></td>
<td>Dec 8-10, 2016</td>
<td>Philadelphia, USA</td>
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