3rd International Conference on 
Depression, Anxiety and Stress Management
June 21-22, 2017 London, UK

Scientific Program
<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker</th>
<th>Institution</th>
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<tbody>
<tr>
<td>08:30</td>
<td>Registrations</td>
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<tr>
<td>09:30</td>
<td>Title: Has the UK Brexit decision increased stress, anxiety and depression in UK Black, Asian and minority ethnic communities and how would we know?</td>
<td>David Truswell, Somefreshthinking Consultancy, UK</td>
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<td>10:15</td>
<td>Title: Effect and its Mechanism of Acupuncture Stimulation at &quot;Bai-Hui&quot; (GV 20) and/or &quot;Yintáng&quot; (Ex-HN3) on Depressed Mice, Rats and Humans</td>
<td>Torao Ishida, Suzuka University of Medical Science, Japan</td>
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<td>11:15</td>
<td>Title: Cultural activities in the workplace</td>
<td>Tores Theorell, Stockholm University, Sweden</td>
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<td>12:00</td>
<td>Title: The International Association for Rewind Trauma Therapy</td>
<td>David Muss, BMI Hospital, UK</td>
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<td>12:45</td>
<td>Title: Coping with Stress: Insights from an Online Mental Health Platform</td>
<td>Denny Meyer, Swinburne University of Technology, Australia</td>
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<td>13:15</td>
<td>Title: Depression and Alcoholism as co-morbidities</td>
<td>Wayne Grant Carter, University of Nottingham, UK</td>
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<td>14:30</td>
<td>Title: Professional Burnout in British GPs: Themes and Lessons</td>
<td>Deen Mirza, Clinical Educator, AT Medics, UK</td>
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<td>15:00</td>
<td>Title: The forbidden Stress: The Stress that’s forbidden, hidden and calls for a spiritual solution</td>
<td>Marina Ziff, The Albany Centre &amp; Mosaic Counselling Services (CIC), UK</td>
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<td>15:30</td>
<td>Title: Depression, Anxiety and Stress among University Students: The Case of Jeddah, Saudi Arabia</td>
<td>Saddiga Al-Ghalib, Effat University, Saudi Arabia</td>
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<td>16:15</td>
<td>Title: Leading Transformation in Healthcare and the role of Emotional Intelligence</td>
<td>Jacqueline A Hinds, Society of Emotional Intelligence, UK</td>
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<td>16:45</td>
<td>Title: Stress at work: Psychodynamics in asymmetrical work relationships</td>
<td>Andrew Firestone, Psychiatrists in private practice, Australia</td>
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<td>17:15</td>
<td>Title: The Art of BART: Bilateral Affective Reprocessing of Thoughts as a dynamic model for psychotherapy across the lifespan</td>
<td>Arthur G O’Malley, Mascot Child and Family Services limited, UK</td>
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End of Day 1
Day 2  June 22, 2017
Waterfront 3
Keynote Forum

09:30-10:15  Title: Evaluation of a program to reduce stress in the workplace using mixed methods  
Denny Meyer, Swinburne University of Technology, Australia

10:15-11:00  Title: Don’t nobody care about us girl: A cultural-relevant anxiety and stress intervention for inner-city African American girls  
Angela Neal-Barnett, Kent State University, USA

Networking & Refreshment Break 11:00-11:15 @ Foyer

Workshop

11:15-12:15  Title: Yoga-based Stress Management: Introducing Yogic Principles and Practices for Stress Relief  
Lucy Lila Nelson, Certified Life Coach & Yoga Teacher, USA

Sessions: Anxiety Disorders | Depression Treatment | Suicide and Prevention | Stress Therapies | PTSD  
Session Chair: David Truswell, Somefreshthinking Consultancy, UK

12:15-12:45  Title: Treatment of resistant depression: Have we missed the right track?  
Aboelezz Mahmoud Kalboush, Alnoor Specialist Hospital, Saudi Arabia

12:45-13:15  Title: A Teaser Exercise to Prompt Neurogenesis and restore the stressed mind  
Belinda Neil, Author - Under Siege, Australia

Lunch Break 13:15-14:00 @ Restaurant

14:00-14:30  Title: Baby-Gaze: A neurobiological method of rapid attenuation of Symptoms of anxiety  
Andrew John Ashworth, Breich Valley Medical Practice, UK

14:30-15:00  Title: Stress, coping and biological vulnerability in suicide attempters  
Asa Westrin, Lund University, Sweden

15:00-15:30  Title: Vicarious trauma, PTSD and social media: Does watching graphic videos cause trauma?  
Pam Ramsden, University of Bradford, UK

Networking & Refreshment Break 15:30-15:45 @ Foyer

15:45-16:15  Title: Managing stress with music therapy  
James Yeow, HELP University, Malaysia

16:15-16:45  Title: The irrationality of suicide risk assessment  
Declan Murray, University of Limerick, Ireland

16:45-17:15  Title: The influence of empathic ability and autonomy on sustaining work engagement among intensive care nurses  
M M C van Mol, Erasmus MC University Medical Center, Netherlands

Closing Ceremony

Bookmark your dates

4th International Conference on  
Depression, Anxiety and Stress Management  
May 10-11, 2018  Frankfurt, Germany

E: stress@psychiatrycongress.com ; stress@psychiatryconferences.com  
W: stressmanagement.global-summit.com