

# TENTATIVE PROGRAM

3rd International Conference on  
**Sports Nutrition and Supplements**  
August 17-18, 2022 | Edinburgh,  
Scotland

**Theme:**  
*“Be Green Eat Veggies”*

MAIL: [sportsnutrition@sciencesummits.com](mailto:sportsnutrition@sciencesummits.com)

URL: <https://sportsnutrition.conferenceseries.com/>



DAY 1

WEDNESDAY, 17<sup>th</sup> AUGUST

08:30-09:00	Registrations	
09:00-09:30	Introduction	
09:00-09:30	COFFEE BREAK	
09:50-11:50 Meeting Hall 01	KEYNOTE LECTURES	
09:00-09:30	Introduction	
09:00-09:30	MEETING Hall 02	
11:50-13:10	MEETING Hall 01	MEETING Hall 02
	Sports Medicine Physiotherapy Orthopedics and its Advancement	Kinesiology Sports Nutrition and Fitness Sports Medicine Acupuncture
03:10-13:15	GROUP PHOTO	
13:15-14:00	LUNCH BREAK	
11:50-13:10	MEETING Hall 01	MEETING Hall 02
	Ayurveda and sports nutrition Fitness science and health Eating disorders in athletes	Diet for Gastrointestinal Diseases Sports and Yoga Exercise
16:00-16:20	COFFEE BREAK	

DAY 2

THURSDAY, 18<sup>th</sup> AUGUST

08:30-09:00	Registrations	
09:00-09:30	Introduction	
09:00-09:30	COFFEE BREAK	
09:50-11:50 Meeting Hall 01	KEYNOTE LECTURES	
09:00-09:30	Introduction	
09:00-09:30	MEETING Hall 02	
11:50-13:10	MEETING Hall 01	MEETING Hall 02
	Sports Performance & Physical Health Joint Specific Injuries and Sports Nutrition Age and gender specific nutritional needs	Dietary supplements Sport Psychology Macro and Micro Nutrient for Athletes
13:10-13:15	GROUP PHOTO	
13:15-14:00	LUNCH BREAK	
11:50-13:10	MEETING Hall 01	MEETING Hall 02
	Nutritional Immunology Body Building and Protein Nutrition Musculoskeletal Disorders and Disease	Sports Injuries Caloric Diet and Recommendations
16:00-16:20	COFFEE BREAK	