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11th International Conference on

# **Sports Medicine and Fitness**

June 02-03, 2025 | Amsterdam, Netherlands



SCIENTIFIC PROGRAM

### **DAY 1** Monday, 2<sup>nd</sup> June

08:30-09:00 Registrations

09:00-09:30 Introduction

#### 09:30-09:50 COFFEE BREAK

09:50-11:50 Meeting Hall 01

**KEYNOTE LECTURES** 

11:50-13:10

MEETING HALL 01	MEETING HALL 02
Talks On: Sports Medicine and Science	Talks On: Physical Education Fitness
Sports Acupuncture	Traditional Medicine for sports injuries
Occupational Therapy	Kinesiology and Physical Activities
Sports Dentistry	Sports Psychology and Athlete Counseling

#### 13:10-13:15 GROUP PHOTO

#### 13:15-14:00 LUNCH BREAK

14:00-16:00

	MEETING HALL 01	MEETING HALL 02
0	Talks On: Factors Affecting Sports Performances	Talks On: Physical Therapy and Rehabilitation
	Body proportions	Pennation Angle
	Athletic Recovery	Tibialis Anterior
	Strength	Transcutaneous electrical nerve stimulation
	Skills training	Improve mobility

#### 16:00-16:20 COFFEE BREAK

**MEETING HALL 01 (16:20-17:00)** 

Young Researchers in Molecular Imaging

### **DAY 2** Tuesday, 3<sup>rd</sup> June

09:00-10:30 Meeting Hall 01

#### **KEYNOTE LECTURES**

#### 10:30-10:50 COFFEE BREAK

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MEETING HALL 01	MEETING HALL 02
Talks On: Sports Psychology and Athlete Counseling	Talks On: Traditional Medicine for sports injuries
mental health	Acupuncture treatment
sport psychology	Cupping therapy
Exercise and Sport Science	Exercise therapy
elite athletes	Moxibustion therapy

#### 12:50-13:35 LUNCH BREAK

#### 13:35-15:55

MEETING HALL 01	MEETING HALL 02
Talks On: Orthopedic Sports Medicines	Talks On: Factors Affecting Sports Performances
Nutrition	Body Proportions
musculoskeletal system	Skills Training
Sports injuries	Strength
spinal cord injuries	Flexibility
	Endurance

#### 15:55-16:15 COFFEE BREAK

MEETING HALL 01 (16:15-17:00)	MEETING HALL 01 (17:00-18:00)
Poster Presentations	Workshop

#### **Awards & Closing Ceremony**

### PASTAFFILIATES

#### Sanjay Gandhi,

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Sri Guru Ram Das Institute of Medical Sciences and Research, India

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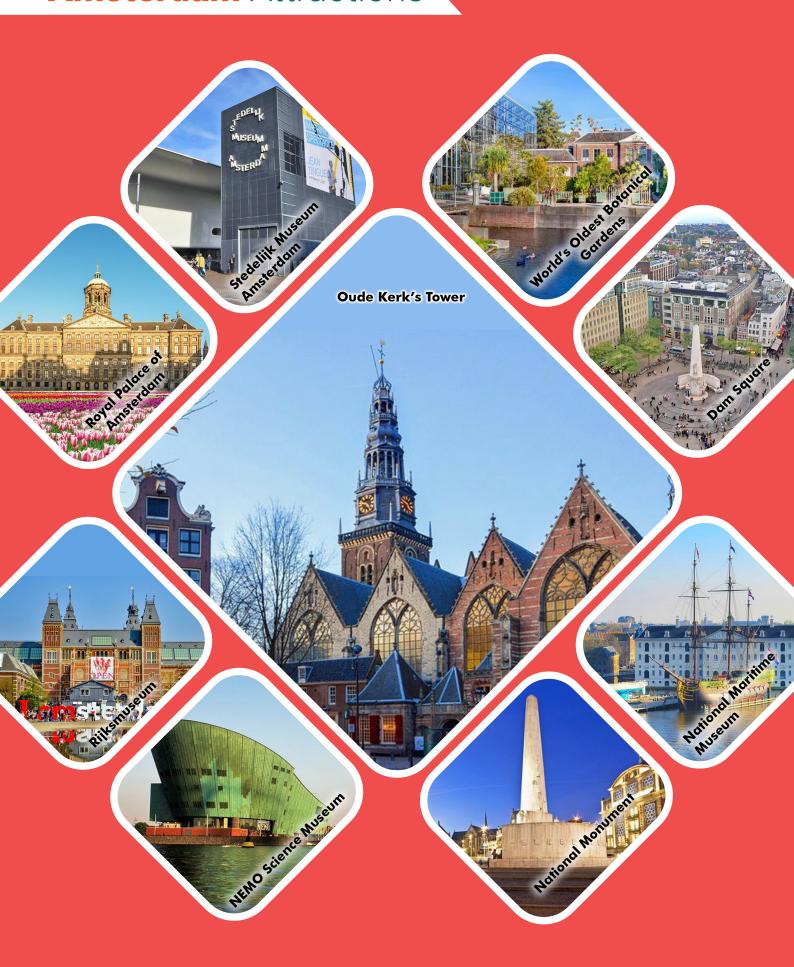
Ken Miles

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### **Amsterdam** Attractions



# Glimpses of Sports Medicine Conferences















