TENTATIVE PROGRAMME
Sports Medicine 2017

3rd International Conference on
Sports Medicine and Fitness
October 05-06, 2017 | Barcelona, Spain

***For available speaker slots***
www.sports.conferenceseries.com
Plenary Session

Keynote Speakers:

Title: Hyperbaric oxygenation in sports medicine: From the empirism to the evidence. A critical review on indications, safety and rational application
Dr. Jordi Desola, MD, PhD
Medical Director of CRIS-UTH, Professor of Hyperbaric Medicine, University of Barcelona, Spain

Title: Exercise intensity for health and sports performance: recent updates
Ahmad Alkhatib,
Dasman Diabetes Institute, Kuwait

Title: Elastic resistance training
Dagmar PAVLU
Charles University in Prague, Czech Republic

Title: Train your head… body will follow
Dr. Sandy Weston
Owner of Weston Fitness, USA

Title: Physical fitness profile in professional bodyguards
Jan Heller
Charles University, Czech Republic

Title: Hydration status and thermoregulatory responses in drivers during competitive racing
Dr. Lara Carlson
University of New England, UK

Title: Hyperbaric oxygenation in sports medicine: From the empirism to the evidence. A critical review on indications, safety and rational application
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Title: Hydration status and thermoregulatory responses in drivers during competitive racing
Dr. Lara Carlson
University of New England, UK

Title: Evidence of Shockwave treatment in sports medicine
Dr. Silvia Ramón MD, PhD
President of Onlat (Latinamerican Societies and Associations on Shockwave in Medicine). Spain
## Keynote Speeches

### 09:15-09:45
- **Title:** Evidence of shockwave treatment in sports medicine  
  - **Silvia Ramón Rona,** President, Catalan Society of Physical Medicine and Rehabilitation (SCMFiR), Spain

### 09:45-10:15
- **Title:** Train your sead... body will follow  
  - **Sandy Weston,** Owner of Weston Fitness, United States

### 10:30-11:00
- **Title:** Hydration status and thermoregulatory responses in drivers during competitive racing  
  - **Lara Carlson,** University of New England, USA

### 11:45-12:10
- **Title:** Hyperbaric oxygenation in sports medicine: From the empirism to the evidence. A critical review on indications, safety, and rational application  
  - **Jordi Desola,** Professor of diving and Hyperbaric Medicine in the University of Barcelona, Spain

## Session Presentations

### Morning Sessions

<table>
<thead>
<tr>
<th>Tracks</th>
<th>Session</th>
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<tbody>
<tr>
<td>Sports Medicine and Fitness</td>
<td>Physical Education and Training</td>
</tr>
</tbody>
</table>

**Chair**
- **Ahmad Alkhatib,** Dasman Diabetes Institute, Kuwait

**Co-Chair**
- **Sandy Weston,** Owner of Weston Fitness, United States

### 11:45-12:10
- **Title:** Proposal of fujimmon’s growth curve for new standardization as human growth model  
  - **Katsunori Fujii,** Aichi Institute of Technology, Japan

### Afternoon Sessions

<table>
<thead>
<tr>
<th>Tracks</th>
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<tbody>
<tr>
<td>Orthopedic Sports Medicines, Injuries and Treatments</td>
<td>Factors Affecting Sports Performances</td>
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**Chair**
- **Silvia Ramón Rona,** President, Catalan Society of Physical Medicine and Rehabilitation (SCMFiR), Spain

**Co-Chair**
- **Dagmar PAVLU,** Charles University in Prague, Czech Republic

### Lunch 13:00-14:00 @ Hotel Restaurant

## Workshop

### 14:00-15:30
- **Title:** Eating disorders in the athletic population  
  - **Margaret A. Geraci,** Timberline Knolls Residential Treatment Center, USA
<table>
<thead>
<tr>
<th>Time</th>
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<th>Speaker/Institution</th>
</tr>
</thead>
<tbody>
<tr>
<td>15:30-15:55</td>
<td>Title: advanced ayurvedic integrated innovative treatment approach for various sports injuries compared with modern treatment: special emphasis on groin, meniscal and shoulder injuries</td>
<td>Arshad.P, Daisman Sports Medicine Hospital, India</td>
</tr>
<tr>
<td>15:55-16:20</td>
<td>Title: A therapeutic nutritional approach in assisting neurometabolic recovery in concussions</td>
<td>Walter Ford, Vitality Sports Medicine, USA</td>
</tr>
<tr>
<td>16:20-16:45</td>
<td>Title: The relationship between anthropometric features and dynamical-static balance values of competitor sporters</td>
<td>Ahmet Gokhan Yazidi, Pelandoken State Hospital, Turkey</td>
</tr>
<tr>
<td>16:45-17:10</td>
<td>Title: Investigation of the impact of sports, exercise and recreation (ser) participation on psychosocial outcomes in a population of veterans with disabilities.</td>
<td>Justin Z. Laferriere, University of Connecticut, USA</td>
</tr>
<tr>
<td>17:00-17:25</td>
<td>Track: Decreasing ankle swelling in athletes with lateral ankle sprain: Is there any difference between neuromuscular electrical stimulation and kinesio taping</td>
<td>Vahid Mazloum, Iran</td>
</tr>
<tr>
<td>17:35-17:51</td>
<td>Slot Available</td>
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**Day 2, TRYP Barcelona Aeropuerto**

**Keynote Speeches**

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<td>Title: Physical fitness profile in professional bodyguards</td>
<td>Jan Heller, Czech Republic</td>
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**Session Presentations**

**Tracks**
- Kinesiology and Exercise Science
- Physicaltherapy and Rehabilitation
- Sports Psychology and Athlete Counseling
- Exercise Physiology and Metabolism

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<tr>
<td>11:15-11:40</td>
<td>Title: Homogeneity among centers in the application of the Pilar Domínguez method in children and adolescents assessed by musculoskeletal parameters. A pilot study</td>
<td>Carré-Llopis, Carmen, Medical Director. Instituto Pilar Domínguez, Barcelona, Spain</td>
</tr>
<tr>
<td>11:40-12:05</td>
<td>Title: The effects of dynamic neuromuscular stabilisation (DNS) training on upper limbs’ strength in children with diplegia cerebral palsy</td>
<td>Mohammad Reza Nourbaksh, University of North Georgia, USA</td>
</tr>
<tr>
<td>12:05-12:30</td>
<td>Title: The psychological profile of youth male soccer players in different playing positions</td>
<td>Amira Najah, University of Tunis, Tunisia, Tunisia</td>
</tr>
<tr>
<td>12:30-12:55</td>
<td>Title: Impact of the collision and push angles on the phases hop, step and jump in the triple jump and their relationship to the stage of take-off</td>
<td>Abdelkader Guebli, Hassiba Benbouali University of Chlef, Algeria</td>
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Lunch Break 12:55-13:40 @ Hotel Restaurant

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<td>13:40-14:05</td>
<td>Title: The effect of fourteen weeks of gait cycle in autism spectrum disorder</td>
<td>Sara Mirzabeigi Fini, Disabled and Veteran Committee of Equestrian Federation of Iran, Iran</td>
</tr>
<tr>
<td>Time</td>
<td>Title</td>
<td>Author/Institution</td>
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<tr>
<td>14:05-15:30</td>
<td>Ultrasound-guided regenerative injection therapy for sports injuries</td>
<td>Jeimylo C de Castro, American Academy and Board of Regenerative Medicine, Philippines</td>
</tr>
<tr>
<td>15:30-17:00</td>
<td>POSTER PRESENTATIONS &amp; EXHIBITIONS @ FOYER</td>
<td></td>
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<tr>
<td>DWS2017P01</td>
<td>The effectiveness of pilar dominguez method based on dance exercise and movement to improve posture and musculoskeletal disorders amongst children and teenagers. A pilot study</td>
<td>Carme Carré, Medical Director, Pilar Domínguez, Barcelona, Spain</td>
</tr>
<tr>
<td>DWS2017P02</td>
<td>Psychological characteristics of male youth soccer players: Specificity of mental attributes according to age categories’</td>
<td>Amira najah, University of Tunis, Tunisia</td>
</tr>
<tr>
<td>DWS2017P03</td>
<td>The management of turf toe – A systematic review</td>
<td>Louis Hainsworth, University of Edinburgh, Scotland</td>
</tr>
<tr>
<td>DWS2017P04</td>
<td>The regular practice of running remarkably increases plasma BDNF levels in middle-aged and elderly ammateur runners</td>
<td>Maristela Souza, Universitário Metodista, Brazil</td>
</tr>
<tr>
<td>DWS2017P05</td>
<td>Evaluation of female athlete triad in female university athletes</td>
<td>Aki Osawa, Juntendo University Urayasu Hospital, Japan</td>
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<tr>
<td>DWS2017P06</td>
<td>The effect of road cycling vs. distance running on loaded and non-loaded limb bone density in recreational male athletes</td>
<td>Marc Potter, Blackpool &amp; the Fylde College, University Centre, UK</td>
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<tr>
<td>DWS2017P07</td>
<td>Time management behavior of sports sciences student</td>
<td>Sabriye Tosun Şentürk, Anadolu University, Turkey</td>
</tr>
<tr>
<td>DWS2017P08</td>
<td>Ski injuries of dizin ski slope infirmary patients during skiing season of 2008-2009</td>
<td>Amir Hossein Khalilifar, Ski National Federation, Iran</td>
</tr>
<tr>
<td>DWS2017P09</td>
<td>Chronic Head Trauma in Sports as a Cause of Hypopituitarism: A survey on Iranian national boxers</td>
<td>Yasaman Keivanchehr, Tabriz University of Medical Science, Tabriz, Iran</td>
</tr>
<tr>
<td>DWS2017P10</td>
<td>The evaluation of self-efficacy and sport self-confidence of the swimmer practicing pool training and land training in terms of gender</td>
<td>Gonca Eren, Anadolu University, Turkey</td>
</tr>
<tr>
<td>DWS2017P11</td>
<td>The Evaluation of Physical Education Teacher Candidates’ Views on Integration Programs According to Their Genders</td>
<td>Nalan Aksakal, Anadolu University, Turkey</td>
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<tr>
<td>DWS2017P12</td>
<td>The Evaluation of Physical Education Teacher Candidates’ Views on Integration Programs According to Their Genders</td>
<td>Nalan Aksakal, Anadolu University, Turkey</td>
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Evening Sessions

14:05-15:30:

- Title: Ultrasound-guided regenerative injection therapy for sports injuries
  - Author/Institution: Jeimylo C de Castro, American Academy and Board of Regenerative Medicine, Philippines

15:30-17:00:

- POSTER PRESENTATIONS & EXHIBITIONS @ FOYER

- **DWS2017P01**
  - Title: The effectiveness of pilar dominguez method based on dance exercise and movement to improve posture and musculoskeletal disorders amongst children and teenagers. A pilot study
  - Author/Institution: Carme Carré, Medical Director, Pilar Domínguez, Barcelona, Spain

- **DWS2017P02**
  - Title: Psychological characteristics of male youth soccer players: Specificity of mental attributes according to age categories’
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- **DWS2017P03**
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  - Author/Institution: Louis Hainsworth, University of Edinburgh, Scotland

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  - Title: The regular practice of running remarkably increases plasma BDNF levels in middle-aged and elderly ammateur runners
  - Author/Institution: Maristela Souza, Universitário Metodista, Brazil

- **DWS2017P05**
  - Title: Evaluation of female athlete triad in female university athletes
  - Author/Institution: Aki Osawa, Juntendo University Urayasu Hospital, Japan

- **DWS2017P06**
  - Title: The effect of road cycling vs. distance running on loaded and non-loaded limb bone density in recreational male athletes
  - Author/Institution: Marc Potter, Blackpool & the Fylde College, University Centre, UK

- **DWS2017P07**
  - Title: Time management behavior of sports sciences student
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  - Title: Ski injuries of dizin ski slope infirmary patients during skiing season of 2008-2009
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  - Author/Institution: Yasaman Keivanchehr, Tabriz University of Medical Science, Tabriz, Iran

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**Award Ceremony**
Attractions in Barcelona

- Cementiri de Poblenou
- fc-barcelona
- La Pedrera
- Park Guell
- Sagrada Familia
- Sant Pau Art Nouveau Site
- Torre Agbar
- Hotel Ricardo Bofill

Barcelona, Spain
Venue & Accommodation

Tryp Barcelona Aeropuerto
Parque de Negocios Mas Blau II Plaça Pla de l’Estany, 1-2 08820
El Prat de Llobregat Barcelona, Spain
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Contact Us

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