

3<sup>rd</sup> International Conference on  
**SPORTS MEDICINE AND FITNESS**

October 05-06, 2017 Barcelona, Spain



**Conference Series - America**

One Commerce Center-1201, Orange St. #600, Wilmington, Zip 19899, Delaware, USA  
Toll Free: 1-888-843-8169, P: 702-508-5200, F: +1-650-618-1417

**Conference Series - UK**

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Hall-Orly

conference**series**.com 09:00-09:15

# Opening Ceremony

## Keynote Forum

### Introduction

- 09:15-09:45** **Title: Evidence of shockwave treatment in sports medicine**  
**Silvia Ramón Rona**, President of Onlat (Latin American Societies and Associations on Shockwave in Medicine), Spain
- 09:45-10:15** **Title: Train your head... body will follow**  
**Sandy Weston**, Owner of Weston Fitness, USA

## Networking and Refreshments Break 10:15-10:30 @ Foyer

- 10:30-11:00** **Title: Hydration status and thermoregulatory responses in drivers during competitive racing**  
**Lara Carlson**, University of New England, USA

## Plenary Session

- 11:00-11:45** **Title: Hyperbaric oxygenation in sports medicine: From the empirism to the evidence, A critical review on indications, safety, and rational application**  
**Jordi Desola**, Professor of Diving and Hyperbaric Medicine, University of Barcelona, Spain

## Panel Discussions/Group Photo

### Sessions: Sports Medicine and Fitness | Physical Education and Training

**Session Chair: Ahmad Alkhatib**, Dasman Diabetes Institute, Kuwait

**Session Co-chair: Sandy Weston**, Owner of Weston Fitness, USA

### Session Introduction

- 11:45-12:10** **Title: Proposal of fujimmon's growth curve for new standerdyzation as human growth model**  
**Katsunori Fujii**, Aichi Institute of Technology, Japan
- 12:10-12:35** **Title: Movement and eating disorders**  
**Margaret A Geraci**, Eastern Illinois University, USA
- 12:35-13:00** **Title: The relationship between subjective well being and attitude towards physical education and sports: Example of vocational high school**  
**Serdar Kocaekşi**, Anadolu University Faculty of Sport Sciences, Turkey

## Lunch Break 13:00-14:00 @ Hotel Restaurant

### Sessions: Orthopedic Sports Medicines, Injuries and Treatments | Factors Affecting Sports Performances

**Session Chair: Silvia Ramón Rona**, President, Catalan Society of Physical Medicine and Rehabilitation (SCMFIR), Spain

**Session Co-chair: Dagmar PAVLU**, Charles University, Czech Republic

### Session Introduction

- 14:00-14:25** **Title: Advanced Ayurveidic integrated innovative treatment approach for various sports injuries compared with modern treatment- special emphasis on groin, meniscal and shoulder injuries**  
**Arshad P**, Daisman Sports Medicine Hospital, India
- 14:25-14:50** **Title: The management of turf toe – A systematic review**  
**Louis Hainsworth**, University of Edinburgh, Scotland
- 14:50-15:15** **Title: The relationship between anthropometric features and dynamical-statical balance values of competitor sporters**  
**Ahmet Gokhan Yazici**, Palandoken State Hospital, Turkey

- 15:15-15:40** Title: Investigation of the impact of sports, exercise and recreation (ser) participation on psychosocial outcomes in a population of veterans with disabilities.  
Justin Z Laferrier, University of Connecticut, USA
- 15:40-16:05** Track: Decreasing ankle swelling in athletes with lateral ankle sprain: Is there any difference between neuromuscular electrical stimulation and kinesio taping  
Vahid Mazloun, Iran

### Workshop

- 16:05-17:35** Title: Eating disorders in the athletic population  
Margaret A Geraci, Timberline Knolls Residential Treatment Center, USA

### Panel Discussion

**Day 2 October 06, 2017**

### Hall-Only

### Keynote Forum

- 09:30-10:00** Title: Exercise intensity for health and sports performance: Recent updates  
Ahmad Alkhatib, Dasman Diabetes Institute, Kuwait
- 10:00-10:30** Title: Elastic resistance training  
Dagmar PAVLU, Charles University, Czech Republic

### Networking and Refreshments Break 10:30-10:45 @ Foyer

- 10:45-11:15** Title: Physical fitness profile in professional bodyguards  
Jan Heller, Charles University, Czech Republic

**Sessions: Kinesiology and Exercise Science | Physicaltherapy and Rehabilitation | Sports Psychology and Athlete Counseling | Exercise Physiology and Metabolism**

**Session Chair: Marek Waic, Charles Univerzity, Czech Republic**

**Session Co-Chair: Carme Carré-Liopis, Medical Director, Instituto Pilar Dominguez, Spain**

### Session Introduction

- 11:15-11:40** Title: Homogeneity among centers in the application of the Pilar Domínguez method in children and adolescents assessed by musculoskeletal parameters. A pilot study  
Carme Carré-Liopis, Medical Director, Instituto Pilar Dominguez, Spain
- 11:40-12:05** Title: The Effects of Neuromuscular Exercises for Pelvic Alignment versus Standard Exercises for Hip Joint Mobility on Shoulder Range of Motion and Torque Production – A Randomized Blinded Control Group Study  
Mohammad Reza Nourbakhsh, University of North Georgia, USA
- 12:05-12:30** Title: The psychological profile of youth male soccer players in different playing positions  
Amira Najah, University of Tunis, Tunisia
- 12:30-12:55** Title: Impact of the collision and push angles on the phases hop, step and jump in the triple jump and their relationship to the stage of take-off  
Abdelkader Guebli, Hassiba Benbouali University, Algeria

### Lunch Break 12:55-14:00 @ Hotel Restaurant

- 14:00-14:25** Title: The effect of fourteen weeks of gait cycle in autism spectrum disorder  
Sara Mirzabeigi Fini, Disabled and Veteran Committee of Equestrian Federation, Iran

### Workshop

- 14:25-16:00** Title: Ultrasound-guided regenerative injection therapy for sports injuries  
Jeimylo C De Castro, American Academy and Board of Regenerative Medicine, Phillipines

### Poster Presentation 16:00-17:30 @ Foyer

- SMC201701** Title: The effectiveness of pilar dominguez method based on dance exercise and movement to improve posture and musculoskeletal disorders amongst children and teenagers. A pilot study  
Carme Carré-Liopis, Medical Director, Pilar Domínguez, Spain

- SMC201702** Title: **Evaluation of female athlete triad in female university athletes**  
Aki Osawa, Juntendo University Urayasu Hospital, Japan
- SMC201703** Title: **Beginnings and development of sports sciences in Czechoslovakia 1918 – 1938**  
Marek Waic, Charles Univerzity, Czech Republic
- SMC201704** Title: **The effect of road cycling vs. distance running on loaded and non-loaded limb bone density in recreational male athletes**  
Marc Potter, Blackpool and The Fylde College, Univeristy Centre, UK
- SMC201705** Title: **The regular practice of running remarkably increases plasma BDNF levels in middle-aged and elderly ammateur runners**  
Maristela Souza, Methodist University, Brazil
- SMC201706** Title: **Psychological characteristics of male youth soccer players: Specificity of mental attributes according to age categories'**  
Amira Najah, University of Tunis, Tunisia
- SMC201707** Title: **Ski injuries of dizin ski slope infirmary patients during skiing season of 2008-2009**  
Amir Hossein Khalilifar, Ski National Federation, Iran
- SMC201708** Title: **Chronic head trauma in sports as a sause of hypopituitarism: A survey on iranian national boxers**  
Yasaman Keivanchehr, University of Medical Science, Iran

**Panel Discussion**

**Awards & Closing Ceremony**



**Bookmark your dates**

4<sup>th</sup> International Conference on

# **SPORTS MEDICINE AND FITNESS**

November 14-16, 2018 | Edinburgh, Scotland

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