

Scientific Program

International Conference on

Physical Education, Sports Medicine and Doping Studies

August 08-09, 2018 Osaka, Japan



Hosting Organization: Conference Series LLC LTD

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Day 1 August 08, 2018

08:00-08:30 Registrations

Yoshino

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08:30-09:00

Opening Ceremony

Keynote Forum

- 09:00-09:50** Title: **Taiji for maintenance and improved health outcomes: Injury prevention from falls and increased cardiovascular capacity**
Chi-Hsiu Daniel Weng, University of East-West Medicine, USA
- 09:50-10:40** Title: **Effective exercises to improve muscle synergy, coordination and mobility: Procedures according Br gger-Concept**
Pavlu Dagmar, Charles University, Czech Republic

Group Photo

Networking & Refreshment Break: 10:40-11:00 @ Foyer

Sessions: Physical Medicine & Rehabilitation | Physical Therapy Science | Science and Medicine in Sport | Sports and Physical Health | Exercise Physiology and Role of Hormones in Sport and Fitness

Session Introduction

Session Chair: **Chi-Hsiu Daniel Weng**, University of East-West Medicine, USA

Session Chair: **Pavlu Dagmar**, Charles University, Czech Republic

- 11:00-11:30** Title: **The Cambridge protocol for the prevention and management of rib stress fractures in elite rowers**
Helen Julia Lavelle, Cambridge University Women's Boat Squad, UK
- 11:30-12:00** Title: **Influence of increasing knee flexion angle on knee-ankle varus stress during single leg jump landing**
Mariam A Ameer, Cairo University, Egypt
- 12:00-12:30** Title: **Clinical assessment of scapula motion**
Jo Brown, SportsMed Sunshine Coast, Australia

Lunch Break: 12:30-13:30 @ Regency-DE

- 13:30-14:00** Title: **Romero brackets with adjustable facilitation**
Jose Garcia Romero, NCBTMB and Romero Therapy and Rehab Solutions, USA
- 14:00-14:30** Title: **Acute effect of multisensory stimulation on electroencephalography in patients with dementia**
Kwan-Hwa Lin, Tzu Chi University, Taiwan
- 14:30-15:00** Title: **The effect of functional foot stability on running gait**
John Tan, NIE-Nanyang Technological University, Singapore

Networking & Refreshment Break: 15:00-15:20 @ Foyer

Workshop

- 15:20-16:05** Title: **Prevalence and prevention of backache in sports: A work out for evading and restoration**
Ashutosh Tiwari, Indian Spine & Arthritis Research Institute, Hanumant Spine and Ortho Clinic, India

Panel Discussion

Day-2 August 09, 2018

Yoshino

Keynote Forum

- 09:00-09:50** Title: **The sports compass offers guidance to athletes on their pathways and crossroads**
Johan Pion, Ghent University, Belgium
- 09:50-10:40** Title: **Hamstring strains: Bridging the gap from treatment to optimal performance**
Michael Lee, Sheffield Sports Medicine, UK

Networking & Refreshment Break: 10:40-11:00 @ Foyer

Sessions: Physical Medicine & Rehabilitation | Science and Medicine in Sport | Sports Science: Education and Training | Physical Therapy Science | Doping and Anti-Doping Studies

Session Introduction

Session Chair: Johan Pion, Ghent University, Belgium
Session Co-Chair: Michael Lee, Sheffield Sports Medicine, UK

- 11:00-11:30** **Title: Wet cupping therapy (hijamah) sports and physical therapy through suction**
Ifthikhar Ahmad Saifi, Ministry of Health (MOH), UAE
- 11:30-12:00** **Title: Utilization of memory foam insole as shoe modification to decrease foot pain of a track and field athlete in Saint Dominic College of Asia**
Charen Rabe, St. Dominic College of Asia, Philippines
- 12:00-12:30** **Title: Early-age speed training**
Abhishek Deo, Fitexcell Group, India

Lunch Break: 12:30-13:30 @ Regency-DE

- 13:30-14:00** **Title: Evaluation of Injuries in Cheerleaders in Singapore**
Jade Nicolette Chee Zhenhui, Changi Sports Medicine Centre, Singapore
- 14:00-14:30** **Title: Natural energy bar with Indian ingredients**
Aarthi Nandagopal, Freelance sport and exercise nutritionist, India
- 14:30-15:00** **Title: A rowing ergometer test to assess the arm contribution in force production during the rowing stroke**
Helen Julia Lavelle, Cambridge University Womens Boat Club, UK

Networking & Refreshment Break: 15:00-15:20 @ Foyer

- 15:20-15:50** **Title: The positive influence of higher education on doping behaviors in elite athletes**
Marie Therese McMahon, University of Konstanz, Germany
- 15:50-16:20** **Title: Sustenance: A medicine for sports with major outcome and different perception in various sports and a way of anti-doping management for all sports person**
Ashutosh Tiwari, Indian Spine & Arthritis Research Institute, Hanumant Spine and Ortho Clinic, India

Poster Presentation @ 16:20-16:50

- OP1** **Title: Head and neck injuries in cheerleading**
Jade Nicolette Chee Zhenhui, Changi Sports Medicine Centre, Singapore
- OP2** **Title: E-BABE-Kinematic comparison between single and double-leg jump landings in sagittal plane for male handball players**
Mariam A Ameer, Cairo University, Egypt
- OP3** **Title: The effects of short duration of sport specific high-intensity interval training on performance in young male futsal athletes**
Nattapong Chaipatpreecha, Sports Authority of Thailand, Thailand
- OP4** **Title: Study of physical competencies of Thai Taekwondo competition achieved athletes**
Nuntapol Tongnillpant, Sports Authority of Thailand, Thailand

Panel Discussion

Awards & Closing Ceremony

