

329th OMICS International Conference

Scientific Program

OMICS International
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Annual Summit on
Sleep Disorders & Medicine

August 10-12, 2015 San Francisco, USA



OMICS Group Conferences

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Scientific Program

Day 1 August 10, 2015

08:00-09:30 Registrations

Sausalito



09:30-10:00

Opening Ceremony

Keynote Forum

Introduction

10:00-10:40 **Roger L Price**
Breathing Well LLC, USA

10:40-11:20 **Yuichi Inoue**
Tokyo Medical University, Japan

Coffee Break 11:20-11:40 @ Sierra A

Session on: Novel Insights to Sleep Disorders
Session on: Common Sleep Disorders: Causes and Treatment
Session on: Dental Sleep Medicine
Session on: Pediatric Sleep Disorders: Diagnosis and Treatment

Session Chair: Sona Nevsimalova, Charles University, Czech Republic

Session Introduction

11:40-12:10	Nocturnal leg cramps: stretching is effective however diagnosing may be confused with other motor sleep disorders Joannes M Hallegraeff , Hanze University Groningen, Netherlands
12:10-12:40	Sleep Quality in Young Adults http://slee Kathy Sexton Radek , Elmhurst College, USA
Lunch Break 12:40-13:40 @ Sequoia & Redwood	
13:40-14:10	Breathing disordered sleep Roger L Price , Breathing Well LLC, USA
14:10-14:40	Short sleep duration, sleep disorders and traffic accidents Yuichi Inoue , Tokyo Medical University, Japan
14:40-15:10	Cognitive behavioral therapy as an adjunct treatment to light therapy for delayed sleep phase disorder in young adults Agneta Markstrom , Uppsala University Hospital, Sweden
15:10-15:40	Paroxysmal sleep events and their differential diagnosis Sona Nevsimalova , Charles University, Czech Republic
15:40-16:10	Correlation of the biochemical profile with polysomnography in chronic kidney disease patients Lamia Medhat Afifi , Cairo University, Egypt

Coffee Break 16:10-16:30 @ Sierra A

Panel Discussion

Workshop

16:30-17:30	Alternative therapies for sleep enhancement with hands-on experience of the deep relaxation technique Anna Thenappan , White Memorial Medical Center, USA
17:30-18:30	Alternative therapies for sleep enhancement with hands-on experience of the deep relaxation technique Kavitha Palaniappan , University of Newcastle Singapore Pte Ltd., Singapore

Panel Discussion

Sausalito

Day 2 August 11, 2015

Keynote Forum

10:00-10:40 **Sona Nevsimalova**
Charles University, Czech Republic

10:40-11:20 **G Dave Singh**
BioModeling Solutions, Inc.,USA

Coffee Break 11:20-11:40 @ Sierra A

11:40-12:10 **Joannes M. Hallegraeff**
Hanze University Groningen, Netherlands

Session on: Sleep Therapy Approaches

Session on: Hypersomnolence

Session on: Sleep, The Heart and The Brain

Session on: Trends in Sleep medicine and therapy

Session Chair: Kathy Sexton-Radek, Elmhurst college, USA**Session Co-Chair: G Dave Singh**, BioModeling Solutions, Inc., USA

Session Introduction

12:10-12:40 Sleep and media habits in school children and adolescents
Pernilla Garmy, Lund University, Sweden

12:40-13:10 Obstructive sleep apnea in epilepsy: A preliminary Egyptian study
Hala Shaheen, Fayoum Univerisity, Egypt

Lunch Break 13:10-14:00 @ Sequoia & Redwood

14:00-14:30 Assessment issues related to parasomnia and psychiatric diagnoses
Kathy Sexton Radek, Elmhurst college, USA

14:30-15:00 Effect of biomimetic oral appliance therapy in adults with OSA
G Dave Singh, BioModeling Solutions, Inc., USA

15:00-15:30 Thalamic connectivity in patients with sleep-disordered breathing after stroke
Sacchetti Maria Luisa, Sapienza University, Italy

15:30-16:00 Piromelatine: A novel melatonin-serotonin agonist for the treatment of insomnia disorder and neurocognitive comorbidities
Nava Zisapel, Tel Aviv University, Isarel

Coffee Break 16:00-16:30 @ Sierra A

16:30-17:00 Perception of nurses regarding influence of local lifestyle on sleep while working in Saudi Arabia
Tabindeh Jabeen Khalid, RN King Faisal Specialist Hospital & Research Center, Saudi Arabia

Panel Discussion

Sausalito

Day 3 August 12, 2015

Session on: Business in Sleep Medicine

Session on: Mental and Physical Causes of Insomnia

Session on: Obstructive Sleep Apnea During Pregnancy

Session on: Mental Health Disorders Related to Sleep

Session Chair: Yuichi Inoue, Tokyo Medical University, Japan

Session Introduction

10:00-10:30 Simple and atraumatic technique for the advancement of the genioglossus muscle for treatment of obstructive sleep apnea
Deok Won Lee, Kyung Hee University, Korea

10:30-11:00 Bi-directional relationship between poor sleep and work-related stress: Management through transformational leadership and work organization
Kavitha Palaniappan, University of Newcastle Singapore Pte Ltd., Singapore

Coffee Break 11:00-11:20 @ Sierra A

11:20-11:50	The effect of Sleep problems on suicidal risk among young adults in the presence of depressive symptoms and cognitive processes Sami Hamdan , Tel Aviv-Yaffo Academic College, Isarel
11:50-12:20	Circadian rhythm sleep disorders: Characteristics and entrainment pathology in delayed sleep phase and non-24 sleep wake syndrome Masako Okawa , Tokyo Medical University, Japan
12:20-12:50	Polysomnography and anti-diuretic hormone secretion pattern in children with primary nocturnal enuresis Lamia Medhat Afifi , Cairo University, Egypt
12:50-13:20	Plasma level of hypoxanthine/xanthine as markers of oxidative stress with different stages of obstructive sleep apnea syndrome Harmanjit Singh Hira , Mulana Azad Medical College, India
Panel Discussion	
Lunch Break 13:20-14:20 @ Sequoia & Redwood	
Award Ceremony	



Bookmark your dates

2nd International Conference on

Sleep Disorders & Medicine

November 28-30, 2016 Chicago, USA

Website: <http://sleepmedicine.global-summit.com>

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