



# Sleep Disorder 2025 *Tentative Program*

## 6<sup>th</sup> World Congress on **Sleep Disorders and Therapeutics** April 24-25, 2025 | Amsterdam, Netherlands



**SPEAKER  
SLOTS...**  
Available

Conference Series LLC Ltd  
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<https://sleepdisorders.neurologyconference.com/>

- Interactive Sessions
- Workshops/Symposiums
- Exhibitors
- Keynote/Plenary Lectures
- YRF/Best Poster Awards
- B2B Meetings



# Sleep Disorder 2025

Program Outline			
Day-1	Registration		08:00-09:00
	Inaugural Session		09:00-09:15
	Keynote/ Plenary talks	Keynote/ Plenary talk: 1 ( <b>Academia</b> )	09:15-09:45
		Keynote/ Plenary talk: 2 ( <b>Industry</b> )	09:45-10:15
		Keynote/ Plenary talk: 3 ( <b>Exhibitor/Sponsor slot</b> )	10:15-10:45
	Coffee break/ Networking		10:45-11:00
	Oral Presentations and Panel Discussions		11:00-13:00
	Lunch break/ Networking		13:00-14:00
	<b>Sponsor/ Exhibitors presentations</b>		14:00-14:30
	Oral Presentations and Panel Discussions		14:30-16:00
	Coffee break/ Networking		16:00-16:15
	Workshops/ YRF/ Posters/ Video Presentations		16:15-17:00
	<b>Sponsor/ Exhibitors presentations</b>		17:00-17:30
Certificate Distribution & Day 1 conclusion Remarks		17:30-18:00	

Program Outline			
Day-2	Registration		08:00-09:00
	Inaugural Session		09:00-09:15
	Keynote/ Plenary talks	Keynote/ Plenary talk: 1 ( <b>Academia/Industry</b> )	09:15-09:45
		Keynote/ Plenary talk: 3 ( <b>Exhibitor/Sponsor slot</b> )	09:45-10:15
	Workshops/ Symposium		10:15-10:45
	Coffee break/ Networking		10:45-11:00
	Oral Presentations and Panel Discussions		11:00-13:00
	Lunch break/ Networking		13:00-14:00
	<b>Sponsor/ Exhibitors presentations</b>		14:00-14:30
	Oral Presentations and Panel Discussions		14:30-16:00
	Coffee break/ Networking		16:00-16:15
	YRF/ Posters/ Video Presentations		16:15-17:00
	Certificate Distribution & Day 2 conclusion Remarks		17:00-17:15

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## *Major Sessions*

- Rapid Sleep Diagnostics
- CBT-I Strategies
- Gut Health and Sleep
- Shift Worker Sleep Tips
- Pediatric Sleep Solutions
- Stress and Sleep Connection
- Screen Time Effects
- Personalized Sleep Therapies
- Chronic Pain and Sleep
- Mindfulness for Sleep
- Sleep Apnea Device Overview
- Light Therapy Techniques
- Sleep Hygiene Essentials
- Melatonin's Role
- Women's Sleep Health
- Genetic Sleep Factors
- Digital Age Sleep Research
- Future of Sleep Medicine
- Sleep in Mental Health
- Sleep Myths vs. Facts

## *City of Amsterdam, Netherlands Attractions*



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## Best Poster Award

- You will be given about 5-7 minutes to present your poster including questions and answers. Judges may pose questions during the evaluation of the poster
- Judges will even evaluate the student's enthusiasm towards their study, interest and knowledge in the area of their research
- The winners will be announced at the closing ceremony of the conference. The decision of the winner will be withdrawn if the winner/winners is/are not present at the time of announcement
- Apart from the judging time you may also be present at the poster to share your research with interested delegates



## Young Researchers Forum

- Present your research through oral presentations
- Learn about career development and the latest research tools and technologies in your field
- This forum will give pertinent and timely information to those who conduct research and those who use and benefit from research
- Develop a foundation for collaboration among young researchers
- The forum will provide an opportunity for collegial interaction with other young investigators and established senior investigators across the globe
- Interact and share ideas with both peers and mentors

For any Queries:

[sleepdisorders@europeconferences.com](mailto:sleepdisorders@europeconferences.com)



## VENUE

Amsterdam, Netherlands



## Contact Us

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Program Manager | Sleep Disorder 2025



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