

5<sup>th</sup> International Conference on

# Psychology Education, Counseling, Psychotherapy and Recovery

July 24-25, 2024 | Singapore City, Singapore



Conference Series LLC Ltd  
35 Ruddlesway, Windsor, Berkshire, SL4 5SF, UK  
For Queries: +441371290000

# Day 1 | July 24, 2024

09:00-09:15	Registrations & Introduction
09:15-09:30	Opening Ceremony
<b>Keynote Forum</b>	
09:30-10:15	Title: <b>Universal Wellbeing Model (UWM) Underpins New Grounded Theory Based Universal Wellbeing Evaluation Tool (UWET) For Clinicians</b> Dr. Susan F. Stevenson, M.Ed., PGDipEd., B.Ed, PGCStratL, NZCDI & FREEDOM Wellbeing Institute, New Zealand
10:15-11:00	*** Slot Available***
<b>Group Photo 11:00-11:05</b>	
Panel Discussion	Networking & Refreshment Break 11:05-11:20
11:20-12:05	Title: <b>Community and connection among indigenous populations: why it matters</b> Jocelyn Paul, Ph.D. in Department of Psychology Dalhousie University Canada
<b>Workshop</b>	
12:05-13:05	*** Slot Available***
Panel Discussion	Lunch Break 13:05-14:05
14:05-14:35	Title: <b>Child sexual abuse, trauma alcohol and drug dependency: association and disassociation in alcohol and drug treatment for children</b> Penn Eric Khan Phd., Student. Sahmyook University South Korea
14:35-15:05	Title: <b>Mothers Matter - Self-Compassion, Reflective Functioning &amp; Parental Burnout</b>
15:05-15:35	Courtney Katzenberg, Towson University, USA
Panel Discussion	Networking & Refreshment Break 15:35-16:05
<b>Young Researchers Forum</b>	
16:05-16:35	Title: <b>Exploring the connection between university academic travels, a love of learning, experiences of flow, and a positive outlook on life among international students</b> Lori P. Montross, PhD, Franklin University Switzerland
16:35-17:05	Title: <b>Losing weight and gaining well-being: online intervention for women based on Positive Psychology</b> Marta Fonseca, PhD student - Porto University, Portugal
17:05-17:35	Title: <b>Self-Determination, positive psychology, and motivation: using empirical based practices within classroom settings</b> Tamara Blake, The Chicago School of Professional Psychology, USA
*** Slots Available***	

# Day 2 | July 25, 2024

## Keynote Forum

09:30-10:15

\*\*\* Slot Available\*\*\*

10:15-11:00

\*\*\* Slot Available\*\*\*

## Group Photo 11:00-11:05

Panel  
Discussion

Networking & Refreshment Break 11:05-11:20

11:20-11:50

\*\*\* Slot Available\*\*\*

11:50-12:20

**Title: The impact of psychological capital in the direct effect of psychological stress on the professional quality of life of Italian health workers**

**Silvia Platania**, University of Catania, Department of educational sciences-section of psychology, Italy.

12:20-12:50

**Title: "Put on your Walking Shoes": A Phenomenological Study of Clients' Experience of Walk and Talk Therapy**

**Arie T. Greenleaf**, Ph. D., Nova Southeastern University, USA

Dr. Greenleaf's research explores the broad therapeutic effects of nature on therapy clients' psychological, emotional, and social wellbeing, and symptoms of DSM 5 disorders.

12:50-13:20

**Title: Peaceful Revolutions**

**Gregory S. Shak**, Professor, The Ohio State University, USA

Panel  
Discussion

Lunch Break 13:20-14:20

14:20-14:50

\*\*\* Slot Available\*\*\*

14:50-15:20

\*\*\* Slot Available\*\*\*

15:20-15:50

\*\*\* Slot Available\*\*\*

Panel  
Discussion

Networking & Refreshment Break 15:50-16:05

## Poster Presentations 16:05-17:05

PP 01

**Title: May I have your attention, Please: A hypnotic journey to understanding undiagnosed ADHD**

**Jack Hirsh**, (He/Him) 3rd degree connection 3rd Motivational Speaker, hypnotist and ADHD advocate

PP 02

**Title: A Cross Sectional Survey on UK Older Adult's Attitudes to Ageing, Dementia and Positive Psychology Attributes**

**Madeleine Thelu**, BMedSci, School of Medicine, University of Nottingham, UK

## Video Presentations

17:05-17:25

**Title: The Effect of Illness Perception on Stigma in Hemodialysis Patients: the Mediating Role of Self-compassion and Health-related Hardiness**

**Yijia Huang**, China

17:25-17:45

\*\*\* Slot Available\*\*\*

## Closing Ceremony and Awards