

35th International Conference on

Psychology, Psychotherapy and Mental Wellness

March 09-10, 2026
London, UK



SCIENTIFIC PROGRAM

08:30-09:00 **Registrations**09:00-09:30 **Introduction**09:30-09:50 **COFFEE BREAK**09:50-11:50
Meeting Hall 01 **KEYNOTE LECTURES**

	MEETING HALL 01	MEETING HALL 02
11:50-13:10	Talks On: Psychology Cognitive psychology Behavioral psychology Neonatal psychology Adolescent psychology	Talks On: Psychiatry Neurocognitive psychiatry Geriatric psychiatry Anxiety disorders Psychiatric nursing

13:10-13:15 **Case Reports**13:15-14:00 **LUNCH BREAK**

	MEETING HALL 01	MEETING HALL 02
14:00-16:00	Talks On: Psychotherapy Behavior therapy Cognitive therapy Humanistic therapy Psychodynamic therapy	Talks On: Mental Health Anxiety disorders Behavioral and emotional disorders in children Bipolar affective disorder Depression

16:00-16:20 **COFFEE BREAK**

MEETING HALL 01 (16:20-17:00)	MEETING HALL 01 (17:00-18:00)
Young Researchers in Psychiatry and Psychology	Workshop

09:00-10:30
 Meeting Hall 01
KEYNOTE LECTURES

10:30-10:50 COFFEE BREAK

	MEETING HALL 01	MEETING HALL 02
10:50-12:50	Talks On: Psychiatric Disorders or Psychological Syndromes	Talks On: Clinical Psychology
	Personality disorders	Counselling psychology
	Major depressive disorders	Applied psychology
	Sleep disorders	Experimental psychology
	Eating disorder	Psychological intervention

12:50-13:35 LUNCH BREAK

	MEETING HALL 01	MEETING HALL 02
13:35-15:55	Talks On: Human Resilience	Talks On: Child and Adolescent Psychiatry
	Approaches to resilience	Social impact
	Resilience and ability	Attention-Deficit/Hyperactivity Disorder (ADHD)
	Psychological resilience	Aggression and violence
	Biological models of resilience	Adolescent counselling

15:55-16:15 COFFEE BREAK

MEETING HALL 01 (16:15-17:00)	MEETING HALL 01 (17:00-18:00)
Poster Presentations	Workshop

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London Attractions



Disney Land Resort London



London Bridge



Royal Botanical Garden, London



London Eye



City Hall London



Pantheon



Leaning Tower of Pisa



London GVA



Palm House Kew Gardens London

Glimpses of Psychology Conferences

