



# Positive Psychology 2026 *Tentative Program*

39<sup>th</sup> World Summit on  
**Positive Psychology, Happiness, Mindfulness and Wellness**  
April 28-29, 2026 | Paris, France



**SPEAKER  
SLOTS...**  
Available

Conference Series

35 Ruddlesway, Windsor, Berkshire, SL4 5SF, UK

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<https://positivepsychology.annualcongress.com/>

- Interactive Sessions
- Workshops/Symposiums
- Exhibitors
- Keynote/Plenary Lectures
- YRF/Best Poster Awards
- B2B Meetings



| Program Outline                                     |  |   |             |
|---|--|---|-------------|
| Day-1   | Registration                                 |   | 08:00-09:00 |
|   | Inaugural Session                            |   | 09:00-09:15 |
|   | Keynote/ Plenary talks                       | Keynote/ Plenary talk: 1 (Academia)               | 09:15-09:45 |
|   |  | Keynote/ Plenary talk: 2 (Industry)               | 09:45-10:15 |
|   |  | Keynote/ Plenary talk: 3 (Exhibitor/Sponsor slot) | 10:15-10:45 |
|   | Coffee break/ Networking                     |   | 10:45-11:00 |
|   | Oral Presentations and Panel Discussions     |   | 11:00-13:00 |
|   | Lunch break/ Networking                      |   | 13:00-14:00 |
|   | Sponsor/ Exhibitors presentations            |   | 14:00-14:30 |
|   | Oral Presentations and Panel Discussions     |   | 14:30-16:00 |
|   | Coffee break/ Networking                     |   | 16:00-16:15 |
|   | Workshops/ YRF/ Posters/ Video Presentations |   | 16:15-17:00 |
|   | Sponsor/ Exhibitors presentations            |   | 17:00-17:30 |
| Certificate Distribution & Day 1 conclusion Remarks |  | 17:30-18:00                                       |             |

| Program Outline                                     |  |   |             |
|---|--|---|-------------|
| Day-2   | Registration                             |   | 08:00-09:00 |
|   | Inaugural Session                        |   | 09:00-09:15 |
|   | Keynote/<br>Plenary talks                | Keynote/ Plenary talk: 1 (Academia/Industry)      | 09:15-09:45 |
|   |  | Keynote/ Plenary talk: 3 (Exhibitor/Sponsor slot) | 09:45-10:15 |
|   | Workshops/ Symposium                     |   | 10:15-10:45 |
|   | Coffee break/ Networking                 |   | 10:45-11:00 |
|   | Oral Presentations and Panel Discussions |   | 11:00-13:00 |
|   | Lunch break/ Networking                  |   | 13:00-14:00 |
|   | Sponsor/ Exhibitors presentations        |   | 14:00-14:30 |
|   | Oral Presentations and Panel Discussions |   | 14:30-16:00 |
|   | Coffee break/ Networking                 |   | 16:00-16:15 |
|   | YRF/ Posters/ Video Presentations        |   | 16:15-17:00 |
| Certificate Distribution & Day 2 conclusion Remarks |  | 17:00-17:15                                       |             |



## *Major Sessions*

- PERMA+4 – An Expanded Model of Wellbeing
- Emotional well-being and quality of life
- Positive Psychology Interventions and Initiatives
- Learning, Coaching, and Strength-Based Development
- Happiness and well-being
- Bliss and Psychological Wellbeing
- Care and Compassion
- Eudaimonia and Holistic Wellness
- Theory, Religion and Language
- Humanities and Social Sciences
- Yoga, meditation and spirituality
- Buddhism, Wisdom, and Self-Greatness
- Authority and motivation
- Brain Science and Resilience
- Business and Organization Development
- Modern and Organizational Psychology
- Emotional well-being and quality of life
- Psychiatry and Psychiatric Disorders
- Stress, Anxiety and Depression
- Psychotherapy and Counseling Psychology
- Driving Health and Harassment
- Psychology, Autism and Youth Protection
- Sexual Orientation and LGBT
- Dependence, Alcoholism, Drug Abuse and Recovery
- Mental Nursing and Nursing Education
- Integrating AI Chatbots in Executive Coaching

## *City of Paris Attractions*



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## Best Poster Award

- You will be given about 5-7 minutes to present your poster including questions and answers. Judges may pose questions during the evaluation of the poster
- Judges will even evaluate the student's enthusiasm towards their study, interest and knowledge in the area of their research
- The winners will be announced at the closing ceremony of the conference. The decision of the winner will be withdrawn if the winner/winners is/are not present at the time of announcement
- Apart from the judging time you may also be present at the poster to share your research with interested delegates



## Young Researchers Forum

- Present your research through oral presentations
- Learn about career development and the latest research tools and technologies in your field
- This forum will give pertinent and timely information to those who conduct research and those who use and benefit from research
- Develop a foundation for collaboration among young researchers
- The forum will provide an opportunity for collegial interaction with other young investigators and established senior investigators across the globe
- Interact and share ideas with both peers and mentors

For any Queries:

[contact@europeanmeets.com](mailto:contact@europeanmeets.com)



## VENUE

Paris, France



## Contact Us

[Carolina Evans](#)

Program Manager | Positive Psychology 2026



## Conference Series

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