Dear Attendees,

We are delighted to welcome you to the 30th World Summit on Positive Psychology, Mindfulness and Psychotherapy which is scheduled in the month of March 18-19, 2019 at Chicago, USA organized by Conference Series LLC Ltd in collaboration with generous support and cooperation from enthusiastic academicians and editorial Board Members.

Positive Psychology 2019 invites people all over the world invariable of age to discuss the wonders happening in the ever-growing fields of Psychology, Psychiatry, Psychotherapy, Mental Health, Philosophy, Humanities and Social Sciences to promote Happiness and Wellbeing for the community. This conference is an acting stage for Academicians, Physicians, Happiness, Positive Psychology, Mindfulness Experts along with Psychologists, Psychotherapists, Psychiatrists, Mental Health professionals, Directors, Technicians, Social Workers, Therapists, Counselors, Care givers, Yoga, Meditation experts and Spiritual healers and mainly students to showcase their innovations and new ideas.

The main theme of the conference is “Psychological and Philosophical pursuit of Happiness and Wellbeing” which will ignite young minds in searching a novel approach towards the marvels of sustainable future.

Knowledge is Application. This Knowledge gathering initiative focuses on Knowledge accumulation but also helps in practical approach towards future aspects in the fascinating arena of Positive Psychology, Mindfulness and Psychotherapy.

We look forward to personally welcoming you to Chicago this March.

Sincerely,

Positive Psychology 2019 | Organizing Committee

https://positivepsychology.conferenceseries.com
Past Keynote Speakers @ Positive Psychology Conferences

Elia Gourgouris  
The Happiness Center, USA

Petra Jansen  
University of Regensburg, Germany

Lise Saugeres  
Mindfully Serene, Australia

Edward Deci  
University of Rochester, USA

Susan Lorraine Lewis  
Inspirato Group Global, Norway

Javier Fiz Pérez  
Università Europea di Roma, Italy

Ann Macaskill  
Sheffield Hallam University, UK

Oakley E Gordon  
University of Utah, USA

David Baron  
University of Southern California, USA

Nimmi Hutnik  
London South Bank University, UK

We would like to convey our sincere thanks to our previous conferences moderators

• Olessia Gorkovenko, University of South Africa, South Africa

• Alain Jean-Baptiste, Possibilities In Mind, Canada
## Tentative Program

### DAY 1 March 18, 2019

<table>
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<th>Time</th>
<th>Session</th>
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<tr>
<td>09:00-11:30</td>
<td>Opening Ceremony</td>
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<tr>
<td>09:00-11:30</td>
<td>Keynote Sessions (09:00-11:30)</td>
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<tr>
<td>11:30-13:00</td>
<td>Networking and Refreshments Break</td>
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<tr>
<td>11:30-13:00</td>
<td>Speaker Session I (11:30-13:00)</td>
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<tr>
<td></td>
<td>Positive Psychology Interventions and Education</td>
</tr>
<tr>
<td>14:00-16:00</td>
<td>Networking and Refreshments Break</td>
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<tr>
<td>14:00-16:00</td>
<td>Speaker Session II (14:00-16:00)</td>
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<tr>
<td></td>
<td>Buddhism and Wisdom</td>
</tr>
<tr>
<td>16:30-18:00</td>
<td>Networking and Refreshments Break</td>
</tr>
<tr>
<td>16:30-18:00</td>
<td>Speaker Session III (16:30-18:00)</td>
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<tr>
<td></td>
<td>Psychotherapy and Counseling Psychology</td>
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</table>

### Day 1 concludes...

### DAY 2 March 19, 2019

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<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>09:00-11:30</td>
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<td>Keynote Speeches (09:00-11:30)</td>
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<td>11:30-13:00</td>
<td>Speaker Session I (11:30-13:00)</td>
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<td></td>
<td>Spirituality, Yoga and Meditation</td>
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<td>14:00-16:00</td>
<td>Lunch Break</td>
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<tr>
<td>14:00-16:00</td>
<td>Speaker Session II (14:00-16:00)</td>
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<td>Child Psychology and Child Care</td>
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<tr>
<td>16:30-18:00</td>
<td>Networking and Refreshments Break</td>
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<tr>
<td>16:30-18:00</td>
<td>Speaker Session III (16:30-18:00)</td>
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<tr>
<td></td>
<td>Young Research Forum (YRF)</td>
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<td></td>
<td>Poster Presentations &amp; Best Poster Award Distribution</td>
</tr>
</tbody>
</table>

### Day 2 concludes...

### Important Dates

- **Abstract submission opens:** August 01, 2018
- **Registration opens:** August 01, 2018
- **Early bird registration:** October 15, 2018
- **On spot registration:** March 18, 2019

### Previous Conferences Scientific Program

- [https://positivepsychology.conferenceseries.com/scientific-program](https://positivepsychology.conferenceseries.com/scientific-program)

### Supporting Journals

- Journal of Psychology & Psychotherapy
- International Journal of Emergency Mental Health and Human Resilience

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**Positive Psychology 2019 is happy to offer exclusive services**

- Provide technical assistance in your research by experienced scientific advisor.
- Hands on training to your research team in any domain (Depends on the availability and possibility)
- Conducting recruitment drive at our conference venues.
- Post Conference networking with 1000+ experts in your interested field.
- Creating a platform for science and student exchange programs.
- Making official MOU’s with selected Universities and Industries.
- Promotion of your organization logo and profile in our conference website and souvenir as associating partners
- 24X7 Research enquiries and discussions with experts as per requirement

**For any queries, please contact Program Manager E:** positivepsychologymeetings@aol.com
PREPARATION AND SUBMISSION OF ABSTRACTS

- Abstracts must be submitted in Microsoft Word with complete names and affiliation of all authors, including contact details of corresponding author (Telephone, Fax and E-mail address).
- The abstract title must be BOLD, ALL CAPITAL LETTERS, in 12-point Times New Roman Font. Times New Roman and 12 fonts must be used for the content.
- Indicate each author’s affiliation with a superscript numeral following the surname.
- Abstract should not exceed 1 page 1.5-spaced in 12-point Times New Roman.
- Abstract narrative must be clear and concise; grammar must be checked in advance.
- Each submitted abstract should only have one presenting author.

THINGS TO KNOW BEFORE SUBMISSION OF ABSTRACT

- Submission of an abstract implies that the work described has not been published before and that it is not under consideration for any conference elsewhere.
- Abstract submitted must be prior approved by all the co-authors before submitting to the conference. Authors should strictly adhere to the authorship criteria.
- Each abstract will receive a Digital Object Identification Number (DOI) provided by Cross Ref.
- All the accepted abstracts will be published in conference proceedings which are to be distributed on the day of conference.
- All accepted abstracts will be published in International journals as supplementary materials.

WHY CONFERENCE SERIES LLC LTD

- Interactive webinars, workshops and video presentations for selective speakers on the day of the conference.
- National and International workshops can be co-organized at your University with collaboration with Conference Series LLC Ltd making you world exposure.
- Unique speaker and abstract pages will be created in Google to make your profile worldwide visibility.
- Supporting fair and timely review process with the valuable inputs and from the responsible reviewers.

www.positivepsychology.conferenceseries.com/abstract-submission.php
Market Analysis

The scope of Psychology is ever-growing due to constantly researches in this field. Fifteen years in the wake of rising as a major scientific movement, positive psychology or positive brain science or the science of life flourishing - the investigation of what brings happiness and meaning in life. Finland is top of the world for happiness, closely followed by Norway, Denmark, Iceland, Switzerland and the Netherlands. The United States landed in 18th place, in part because of the on-going epidemics of obesity, substance abuse and untreated depression following Germany in 15th place, while the United Kingdom was 19th and Japan came in 54th place with Russia in 59th place and China came in 86th. The main agenda is based on integrating the science and art of Positive Psychology with a variety of other psychologically based approaches to facilitate transformation and healing. Around 42.5 million American grown-ups experience some mental illness, persevering conditions, for example, stress, depression, bipolar disorder or schizophrenia, substance abuse. Serious mental illness costs America $193.2 billion in lost earnings per year. Among all Americans, 36.2 million individuals paid for psychological wellness administrations totalling $57.5 billion in 2006. Europeans are plagued by mental and psychological illnesses, with almost 165 million people or 38 percent of the population suffering each year from a brain disorder. Psychological & neuropsychiatric disorders are the second cause of disability-adjusted life years in Europe and account for 19%, with only 4% after cardiovascular disorders. An estimated 6.8 million people die every year as a result of psychological disorders.

Major Sessions

- Psychology and Quality of Life
- Positive Psychology Interventions and Education
- Mindfulness and Compassion
- Happiness and Well-being
- Wellness and Health Care
- Buddhism and Wisdom
- Autism or Autism Spectrum Disorder
- LGBT and Sexual Orientation
- Philosophy and Resilience
- Humanities and Social Sciences
- Psychotherapy and Counseling Psychology
- Spirituality, Yoga and Meditation
- Mental Health and Psychiatry Nursing
- Stress, Depression and Anxiety
- Child Psychology and Child Care
- Industrial Psychology and Organizational Psychology
- Neuroscience and Clinical Psychology
- Addiction and Recovery
- Psychopharmacology and Drug Discovery
- Neuropsychology, Neuropharmacology and Neurochemistry
**Membership**

**Annual Membership**
- Registered Member can attend up to 10 Conferences, organized by Conference Series LLC Ltd, with a Complementary Registration applicable for Package A Category.
- Registered Member will get up to a prestigious Annual Membership Certificate from Conference Series LLC Ltd.
- Registered Member can submit up to 10 abstracts of their research work for any of the 10 conferences he/she will attend.
- Opportunity to organize a workshop at any of our THREE Conferences.
- Registered Member will have his/her Affiliate Organization logo recognized on Main Backdrop Banner of the Conference.
- Registered Member will also receive a Complementary Networking Contact Details of all the Attendees of the Conference that he/she attends.
- ONE Complementary Article Publication for a period of ONE YEAR in any ONE of our supporting International Journals of the Conference he/she attends.

**Three-Year Membership**
- Registered Member can attend up to 33 Conferences Across the Globe, organized by Conference Series LLC Ltd, with a Complementary Registration applicable for Package A Category.
- Registered Member will get a prestigious THREE YEAR MEMBERSHIP Certificate from Conference Series LLC Ltd.
- Registered Member can submit up to 35 abstracts of their research work for any of the 33 Conferences he/she will attend.
- Opportunity to organize a workshop at any of our 12 events.
- Upon his/her interest and subjected to approval from the Organizing Committee, he/she can be the prestigious Moderator for the Conference.
- Registered Member will have his/her Affiliate Organization logo recognized on Main Backdrop Banner of the Conference.
- Registered Member will also receive a Complementary Networking Contact Details of all the Attendees of the Conference that he/she attends.
- FOUR Complementary Article Publications for a period of THREE YEARS in any of our supporting International Journals of the Conference he/she attends.
- The amount can be paid in FOUR Quarterly installments during the First Year of the Membership Plan.

**Five-Year Membership**
- Registered Member can attend up to 55 Conferences Across the Globe, organized by Conference Series LLC Ltd, with a Complementary Registration applicable for Package A Category.
- Registered Member will get a prestigious certificate for a FIVE YEAR MEMBERSHIP Certificate from Conference Series LLC Ltd.
- Registered Member can submit up to 60 abstracts of their research work for any of the 55 conferences he/she will attend.
- Opportunity to organize a workshop at any of our 25 events.
- Registered Member will have his/her Affiliate Organization on Main Backdrop Banner of the Conference.
- Upon his/her interest and subjected to approval from the Organizing Committee he/she can be the prestigious Moderator and/or the Session Chair or Co-Chair for the Conference.
- Registered Member will also receive a Complementary Networking Contact Details of all the Attendees of the Conference that he/she attends.
- EIGHT Complementary Article Publications for a period of FIVE YEARS in any of our supporting International Journals of the Conference he/she attends.
- The amount can be paid in FOUR Quarterly installments during the First Year of the Membership Plan.

*Attendees with Membership Subscriptions enjoy discounted rates and privileges.*
*Contact Program Manager to get Membership today..!!*
Event Exhibitor & Conference Exhibitors

- Conference series LLC Ltd has stepped forward to provide more marketing and promotion for the products that are exhibited at our conferences.
- At each venue a group of conferences on various subjects will take place for one week designated as a "complete event". An Exhibitor by registering for the Complete event can exhibit their products in the provided booth for whole week which helps to increase the promotion for your products whereas Conference exhibitor can exhibit only for registered conference.
- Registration Price: 500 USD/ day includes 1 complimentary registration along with lunch, coffee breaks and 1 complimentary exhibition slot for event exhibitor and for Conference exhibitor 1500 USD per conference

Benefits

- Exhibitors can avail an exposure from Academic, Business leads, Directors, CEOs, and eminent experts in various fields all over the world.
- The conference regular sessions will be followed by exhibition. If you are interested you can book a slot to exhibit your products at our conference.
- Logo recognition on Conference souvenir or booklet of abstracts.
- A certificate from registered conference.
- Promotional Video during the conference.
- With all other regular benefits to Exhibitors.

Sponsorship Types

<table>
<thead>
<tr>
<th>Category</th>
<th>Registration fee (USD)</th>
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<tr>
<td>Elite Sponsor</td>
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<tr>
<td>Silver Sponsor</td>
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<td>Gold Sponsor</td>
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<td>Young Researcher Award's Sponsor</td>
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<td>Keynote Forum Sponsor</td>
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<td>Speaker Forum</td>
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<td>Program Sponsor</td>
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<td>Coffee Break Sponsor</td>
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<td>Souvenir Sponsor</td>
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<td>Lanyard Sponsor</td>
<td>800</td>
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<tr>
<td>Add Sponsor (In Souvenir)</td>
<td>300</td>
</tr>
</tbody>
</table>

Note: The above prices are applicable for single registered conference.

For any queries, please contact respective Program Manager through email: positivepsychologymetings@aol.com; happinessmeetings@aol.com
**Venue & Accommodation**

Chicago, USA

**Note:** Our Venue & Logistics team is in communication with 2 best properties (Hotels) in Chicago and we will update the final venue information soon.

For your better understanding and kind information, we recommend you to check our previous Chicago & New York conferences venue information listed below.

- **Doubletree by Hilton Chicago North Shore Conference Center**  
  (Positive Psychology 2019)  
  9599 Skokie Blvd, Skokie IL 60077, Chicago, USA
- **Hilton New York JFK Airport Hotel**  
  (Positive Psychology 2018_May 21-22, 2018)  
  144-02 135th Avenue, Jamaica, New York 11436, USA

**About Registration**

**Academic**
- Only Registration: **799 USD**
- Package A (Registration + 2 nights’ Accommodation): **1199 USD**
- Package B (Registration + 3 nights’ Accommodation): **1399 USD**

**Business**
- Only Registration: **899 USD**
- Package A (Registration + 2 nights’ Accommodation): **1299 USD**
- Package B (Registration + 3 nights’ Accommodation): **1499 USD**

**Student**
- Student Poster: **400 USD** | Student Delegate: **250 USD**
- Young Research Forum: **550 USD**

**Others**
- Video Presentation: **300 USD** | Media Partner: **150 USD**
- Only abstract publication: **100 USD**

**For Exhibitors**
- Event Exhibitor: **3500 USD**
- Conference exhibitor: **1500 USD**

**Registration Link**

**Contact Us**

**Francesca Green | Positive Psychology 2019**
47 Churchfield Road, London, UK, W3 6AY
PH: 702 508 5200/5201
W: [www.positivepsychology.conferenceseries.com/](http://www.positivepsychology.conferenceseries.com/)
E: positivepsychologymeetings@aol.com; happinessmeetings@aol.com
Thank you for inviting me to Positive Psychology 2018 and allowing me as a Keynote speaker and launching of this happiness conference. It’s a wonderful event to share with esteemed colleagues, great ideal, great conversations and great insights. For 2 days there are great talks, a lot of interactions with a lots of questions asked and glad to see different people from countries coming together to help, promote and more positive for happier world and overall it’s a great conference.

Elia Gourgouris
The Happiness Center, USA

I liked a lot about the Positive Psychology 2018 conference because a lot of people who spoke are very enthusiastic and all the topics are very interesting.

Verena Hein
4Academy, Germany

I spent 2 days at this conference and it’s been absolutely wonderful. The interaction with all the different presenters and the people attending has been amazing and eye-opening. I really enjoyed it and really look forward to coming back and I hope they invite me back to another conference to be a speaker because this is a wonderful experience. You get to meet just amazing people all around the world that have so much insights into so many different areas of psychology and happiness, mindfulness that you take that away with you and you came here wanting to give information and enlighten people and live much happier.

Iliana Titone
Dyslexill, USA

I have moderated for Positive Psychology 2018 and we had a fantastic day as all of our speakers came to present on their very constructive subjects and everybody just really shared their difficulties, struggles and all the new modalities. So it’s really a great successful 2 day conference on Positive psychology, Happiness which is really a main point and a main subject.

Olessia Gorkovenko
University of South Africa, South Africa

This conference gives us with more great opportunity to network and also it comes with an opportunity to have an amazing trip to USA.

Sofia Sykinioti
The University of Manchester, UK

This afternoon I have been enjoying with a great talk by Therese Lardner. She was talking about Life and of employees. I think this is an important topic because people should be happy with what they are doing and why they are doing.

Clara Scheer
University of Regensburg, Germany
Art Institute of Chicago
Millennium Park
Navy Pier
Museum of Science and Industry
Buckingham Fountain
Chicago Water Tower
Field Museum of Natural History
Tribune Tower
Willis Tower SkyDeck

Don't miss them in Chicago!!