17th World Summit on
Positive Psychology
Psychotherapy & Cognitive
Behavioral Sciences
May 01-03, 2017  Toronto, Canada
**Day 1 | May 01, 2017**

**08:00-08:15 Registrations**

**HURON NIPISSING**

**08:15-08:30 Opening Ceremony**

**Keynote Forum**

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:30-09:10</td>
<td>Title: Create, promote and deliver: How to bring effective positive psychology programs to businesses, schools, non-profit and other organizations?</td>
<td>Braco Pobric, High Impact Consulting, Training and Coaching Division, USA</td>
</tr>
<tr>
<td>09:10-09:50</td>
<td>Title: The scientificity of positive psychology: Rising star or empty suit?</td>
<td>Mark Andrew Holowchak, University of the Incarnate Word, USA</td>
</tr>
<tr>
<td>09:50-10:30</td>
<td>Title: Train your head, body will follow</td>
<td>Sandy Joy Weston, Weston Fitness, USA</td>
</tr>
</tbody>
</table>

**Panel Discussion**

**Group Photo @ 10:30-10:35**

**Networking & Refreshment Break 10:35-10:50 @ Prefunctional Space**

## Workshop

**10:50-11:40**

Title: Psychology of Happiness for individual thriving  
Meghan Kirwin, University of East London, UK  
Elizabeth K Misener, University of Southern California, USA

**Sessions:**  
Positive Psychology Interventions | Happiness | Psychotherapy | ADHD  
Session Chair: Braco Pobric, High Impact Consulting Training and Coaching Division, USA  
Session Co-Chair: Chris Arockiaraj, St. Patrick’s Seminary and University, USA

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:40-12:00</td>
<td>Title: Running - An ultimate source to Health, Happiness and Wellbeing</td>
<td>Roopak Desai, Union Bank of Switzerland, USA</td>
</tr>
<tr>
<td>12:00-12:20</td>
<td>Title: Creating a better world through online avenues in positive psychology</td>
<td>Jamie Rose Brown, Kyani-Team Fusion &amp; the Happiness Ninja, Australia</td>
</tr>
<tr>
<td>12:20-12:40</td>
<td>Title: A clinical trial to evaluate the comparative efficacy of cognium syrup with standard behavioral therapy vis-a-vis standard behavioral therapy alone in children with Attention-Deficit Hyperactivity Disorder (ADHD)</td>
<td>Vijay Warad, Grant Medical College, India</td>
</tr>
<tr>
<td>12:40-13:00</td>
<td>Title: The four languages of experience: Existential therapy, proposal from the Mexican school</td>
<td>Yaqui Andres Martinez Robles, Circulo de Estudios en Psicoterapia Existencial, Mexico</td>
</tr>
</tbody>
</table>

**Panel Discussion**

Lunch Break 13:00-13:30 @ Restaurant

**Workshop**

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>13:30-14:20</td>
<td>Title: The social construction of mental illness and its implications for neuroplasticity</td>
<td>Michael T Walker, Associated Counselors &amp; Therapists, USA</td>
</tr>
</tbody>
</table>

**Sessions:**  
Yoga & Meditation | Mindfulness | Depression | Cognitive Behavioral Therapy  
Session Chair: Braco Pobric, High Impact Consulting Training and Coaching Division, USA  
Session Co-Chair: Chris Arockiaraj, St. Patrick’s Seminary and University, USA

*Session Introduction*
14:20 -14:40  
**Title:** Navigating anxiety and stress through mindfulness: Cultivating mindfulness and awareness in a community-based setting  
**Andrew Safer,** Safer Mindfulness, Canada

14:40-15:00  
**Title:** Always-adapt.com to life change, never react to it  
**Wayne P Gillis,** Saint Mary's University, Canada

15:00 -15:20  
**Title:** Psychological impact of caregiving: A psychological study among the main caregiver of patient with mental disorder and cancer patients  
**Zokaitluangi,** Mizoram University, India

15:20 -15:40  
**Title:** Yoga and meditation as effective tools for mental and physical wellness  
**Jigar Parikh,** Shri P. H. G. Municipal Arts & Science College, India

15:40 -16:00  
**Title:** Depression in patients with chronic kidney disease  
**Nigar Sekercioglu,** McMaster University, Canada

**Panel Discussion**

**Networking & Refreshment Break 16:00-16:15 @ Prefunctional Space**

**Session Chair:** Lívia S S Valentin, University of São Paulo School of Medicine, Brazil

**Young Research Forum**

16:15 -16:35  
**Title:** The effect of attachment styles on marriage compatibility in Turkish couples  
**Deniz Oruc,** Uskudar University, Turkey

16:35-16:55  
**Title:** Parental involvement in inclusive classrooms for students with learning disabilities at Omani schools as perceived by teachers  
**Sahar El Shourbagi,** Sultan Qaboos University, Oman

16:55 -17:15  
**Title:** Buddhism and innovative sustainable development  
**Sree Mattananda Sraman,** The University of Hong Kong, Hong Kong

17:15 -17:35  
**Title:** Big data driven indicator choosing for disaster response capacity shortage assessment of urban critical infrastructure  
**Zhaoge Liu,** Harbin Institute of Technology, China

17:35 -17:55  
**Title:** Health seeking behaviour among women during Labour and Antenatal care followup in rural parts of Gambella, Western Ethiopia January-February 2017  
**Jeromi Ofato Alew,** Jimma University School of Medicine and Health Sciences, Ethiopia

**Panel Discussion**

---

**Day 2 | May 02, 2017**

**HURON NIPISSING**

**Keynote Forum**

08:15-08:55  
**Title:** Workplace bullying and its relationship with job satisfaction and psychological well-being  
**Javier Fiz Perez,** Dafne Cataluna, Gabriele Giorgi, European University of Rome, Italy

08:55-09:35  
**Title:** Positive emotions, neuroscience and bodily responses: How these three are connected and the implications for psychological, social and physical well-being  
**Merethe Dronnen,** Volda University College, Norway

09:35-10:15  
**Title:** Archetypal energies as a framework for resilience and optimal mental health  
**Carroy (Cuf) Ferguson,** University of Massachusetts, USA

**Panel Discussion**

**Networking & Refreshment Break 10:15-10:30 @ Prefunctional Space**

10:30-11:10  
**Title:** Integrating positive psychology and elements of music therapy to alleviate adolescent anxiety  
**Sylvia Kwok Lai Yuk Ching,** City University of Hong Kong, Hong Kong

**Workshop**
Title: Breathwork as a gateway to positive psychology interventions - Supportive and indispensible techniques to assist clients experiencing trauma, anxiety, depression, anger, and/or grief
Karla R Wilson, Wabi-Sabi Vibe, USA

Sessions:
Subjective Well-being | Philosophy & Resilience | Psychology & Mindfulness
Session Chair: Mark Andrew Holowchak, University of the Incarnate Word, USA
Session Co-Chair: Michael T Walker, Associated Counselors & Therapists, USA

Session Introduction

12:00-12:20
Title: Psychology in the light of the east
Margot Esther Borden, Integral Perspectives, USA

Title: Coping with burnout and building subjective wellbeing: Positive psychology approach
Chris Arockiaraj, St. Patrick’s Seminary and University, USA

Title: The need for disease
Atul Kumar Mehra, Jaagran Psychoanalysis and Wellness Centre, Canada

Lunch Break 13:00-13:30 @ Restaurant

Workshop

Title: A therapist tool: Virtual reality exposure to treat social phobia-VRSP program (English, Spanish and Portuguese versions)
Cristiane Maluhy Gebara, University of São Paul, Brazil
Tito Paes de Barros Neto, University of São Paulo, Brazil

Sessions:
Mindfulness & Compassion | Positive Psychology on Mental Health | Depression
Session Chair: Merethe Dronnen, Volda University College, Norway
Session Co-Chair: Nora Alejandra Pires Almeida Cavaco, Universidade Lusófona, Portugal

Session Introduction

14:20-14:40
Title: When life is falling apart but your funny bone is fine: Therapeutic humor, resilience and care-giving
Maia Aziz, The Montreal Children’s Hospital, Canada

Title: Positive psychology in training mental health professionals working with gender, sexuality and relationship diversity
Dominic Davies, Pink Therapy, UK

15:00-15:20
Title: Efficacy of meditation and counselling on impulses of drug users
Pragna Parikh, Smt. Sadguna C.U. Arts College for Girls, India

15:20-15:40
Title: Role of psychologist in special and inclusive education
Ravi Gunthey, Jai Narain Vyas University, India

Panel Discussion

Networking & Refreshment Break 16:00-16:15 @ Prefunctional Space

Poster Presentations @ 16:15 17:00

P.No.01
Title: Military service effects on personality and psychological well-being
Paula Boros, Nova Southeastern University, USA

Title: Hypnosis, empathy & attribution

P.No.02
Title: The integration of public and private practice in grief treatment for adult and child cases: How can they work together?
Mara Fantinati, Italian Association EMDR, Italy

Title: The need for disease
Atul Kumar Mehra, Jaagran Psychoanalysis and Wellness Centre, Canada

Title: Coping with burnout and building subjective wellbeing: Positive psychology approach
Chris Arockiaraj, St. Patrick’s Seminary and University, USA

Title: The need for disease
Atul Kumar Mehra, Jaagran Psychoanalysis and Wellness Centre, Canada
Title: Effects of mindfulness and self-awareness in rest and stress: Biofeedback and neurofeedback measures and training
Rose Schnabel, University of Toronto, Canada

Title: The experience of first-year undergraduate commuting students
Holly Boyne, University of Guelph-Humber, Canada

Title: Prevalence of depressive symptoms in patients with chronic pain with no history of psychiatric diseases
Ho-Jin Lee, Seoul National University, Republic of Korea

Title: Predictors of food insecurity and its association with Mental Health and wellbeing among pregnant women
Prince Addai, University of Fort Hare, South Africa

Title: The Association between Elder mistreatment and perceived hopelessness among Chinese elderly in Chicago
Poh Zhing Loong, RUSH University Medical Center, USA

Panel Discussion

Day 3 | May 03, 2017

HURON NIPISSING

Keynote Forum

08:15-08:55 Title: Positive psychology: The applications
Fredrike P Bannink, University of Amsterdam, Netherlands

Session Chair: Sylvia Kwok Lai Yuk Ching, City University of Hong Kong, Hong Kong
Session Co-Chair: Zokaitluangi, Mizoram University, India

Session Introduction

08:55-09:15 Title: The challenges of integrating mindfulness training within pain management services
F Cal Robinson, Orthopaedic and Spine Center, USA

Title: Altered states and asset based inclusion
Michael Whelan, Queensland University of Technology, Australia

09:35-9:55 Title: Digital game: A scale to evaluate the perioperative cognitive function (MentalPlus®)
Lívia S S Valentin, University of São Paulo School of Medicine, Brazil

Panel Discussion

Networking & Refreshment Break 09:55-10:10 @ Prefunctional Space

Workshop

10:10-11:00 Title: Positivity in mind
Alain Jean-Baptiste, Possibilities in Mind, Canada

Session Chair: Fredrike P. Bannink, University of Amsterdam, Netherlands
Session Co-Chair: Margot Esther Borden, Integral Perspectives, USA

Session Introduction

11:00-11:20 Title: Psychological resilience of life transitions: Coping flexibility as an adaptive quality
Cecilia Cheng, The University of Hong Kong, Hong Kong

Title: Mindfulness, brainwaves and happiness
Ellie Wright, EGW Research Institute LLC, USA

Title: It is never too late. Integrative grief treatment: A comparison between different generations of single cases, adults and children, facing similar mental suffering
Mara Fantinati, Italian Association EMDR, Italy

12:00-12:20 Title: Community mental health care: An examination of the Lebanese context
Nadine J Zlaket and Elias A Rahme, Holy Spirit University of Kaslik, Lebanon
Title: The journey of the mind, trauma, triumph and resilience  
Randi-Mae Stanford-Leibold, University of Guelph-Humber, Canada  
Title: Physical and mental health of adolescents  
Aditya Narayan Tripathi, Sant Tulsi Das PG College, India

Panel Discussion
Lunch Break 13:00-13:30 @ Restaurant

13:30-14:20 Title: Practicing positive CBT from reducing distress to building success  
Fredriek P Bannink, University of Amsterdam, Netherlands

Workshop

Sessions:
Mental Health Care | Mindfulness | Autism | Psychological Interventions | Stress
Session Chair: Sylvia Kwok Lai Yuk Ching, City University of Hong Kong, Hong Kong  
Session Co-chair: Zokaitluangi, Mizoram University, India

14:20-14:40 Title: Mindfulness based approach in the treatment of obesity: An integration with CBT approach  
Pacheco Emerson and Mônica Portella, Rio de Janeiro State University, Brazil
14:40-15:00 Title: Autism: A neuropsychological perspective  
Nora Alejandra Pires Almeida Cavaco, Universidade Lusófona de Lisboa, Portugal
15:00 15:20 Title: Positive reinforcement in classroom management and the use of creative arts as multimedia tools for teaching and learning  
Maria Lourdes de Vera, Universidad de Sta. Isabel, Philippines
15:20 15:40 Title: A comparative study of mental health among rural and urban adolescent students of higher secondary school  
Parulben Harish Desai, Shri Vanraj Arts & Commerce College, India
15:40 16:00 Title: Occupational role stress of the public and private sector school teachers 
Vishnu Patel, Association of Mobile Networking Companies, India

Panel Discussion
Networking & Refreshment Break 16:00-16:15 @ Prefunctional Space

Group Photo @ 16:15-16:20

Virtual Presentations
16:20-16:40 Title: Schema therapy for children, adolescents and parents  
Christoff Loose, University of Duesseldorf, Germany
16:40-16:50 Title: Personalized individual parent training (PIPT) parenting intervention  
Begum ENGUR, King’s College London, UK
16:50-17:00 Title: Laughter: The gate to our inner healing pharmacy  
Dimitrios Morfis, The Open University of Cyprus, Cyprus

Awards Certification & Closing Ceremony @ 17:00-17:30