

conferenceseries LLC Ltd

936th Conference

Scientific Program

17th World Summit on
**Positive Psychology
Psychotherapy & Cognitive
Behavioral Sciences**

May 01-03, 2017 Toronto, Canada



Conference Series LLC Ltd

47 Churchfield Road, London, UK, W3 6AY, Toll Free: +1-800-014-8923

08:00-08:15 Registrations

HURON NIPISSING

conferenceseries LLC Ltd 08:15-08:30

Opening Ceremony

Keynote Forum

- 08:30-09:10** Title: **Create, promote and deliver: How to bring effective positive psychology programs to businesses, schools, non-profit and other organizations?**
Braco Pobric, High Impact Consulting, Training and Coaching Division, USA
- 09:10-09:50** Title: **The scientificity of positive psychology: Rising star or empty suit?**
Mark Andrew Holowchak, University of the Incarnate Word, USA
- 09:50-10:30** Title: **Train your head, body will follow**
Sandy Joy Weston, Weston Fitness, USA

Panel Discussion

Group Photo @ 10:30-10:35

Networking & Refreshment Break 10:35-10:50 @ Prefunctional Space

Workshop

Title : Psychology of Happiness for individual thriving

- 10:50-11:40** Meghan Kirwin, University of East London, UK
Elizabeth K Misener, University of Southern California, USA

Sessions:

Positive Psychology Interventions | Happiness | Psychotherapy | ADHD

Session Chair: Braco Pobric, High Impact Consulting Training and Coaching Division, USA
Session Co-Chair: Chris Arockiaraj, St. Patrick's Seminary and University, USA

Session Introduction

- 11:40-12:00** Title: **Running - An ultimate source to Health, Happiness and Wellbeing**
Roopak Desai, Union Bank of Switzerland, USA
- 12:00-12:20** Title: **Creating a better world through online avenues in positive psychology**
Jamie Rose Brown, Kyani-Team Fusion & the Happiness Ninja, Australia
- 12:20-12:40** Title: **A clinical trial to evaluate the comparative efficacy of cognium syrup with standard behavioral therapy vis-a-vis standard behavioral therapy alone in children with Attention-Deficit Hyperactivity Disorder (ADHD)**
Vijay Warad, Grant Medical College, India
- 12:40-13:00** Title: **The four languages of experience: Existential therapy, proposal from the Mexican school**
Yaqui Andres Martinez Robles, Círculo de Estudios en Psicoterapia Existencial, Mexico

Panel Discussion

Luch Break 13:00-13:30 @ Restaurant

Workshop

- 13:30-14:20** Title: **The social construction of mental illness and its implications for neuroplasticity**
Michael T Walker, Associated Counselors & Therapists, USA

Sessions:

Yoga & Meditation | Mindfulness | Depression | Cognitive Behavioral Therapy

Session Chair: Braco Pobric, High Impact Consulting Training and Coaching Division, USA
Session Co-Chair: Chris Arockiaraj, St. Patrick's Seminary and University, USA

Session Introduction

- 14:20 -14:40** Title: **Navigating anxiety and stress through mindfulness: Cultivating mindfulness and awareness in a community-based setting**
Andrew Safer, Safer Mindfulness, Canada
- 14:40-15:00** Title: **Always-adapt.com to life change, never react to it**
Wayne P Gillis, Saint Mary's University, Canada
- 15:00 -15:20** Title: **Psychological impact of caregiving: A psychological study among the main caregiver of patient with mental disorder and cancer patients**
Zokaitluangi, Mizoram University, India
- 15:20 -15:40** Title: **Yoga and meditation as effective tools for mental and physical wellness**
Jigar Parikh, Shri P. H. G. Municipal Arts & Science College, India
- 15:40 -16:00** Title: **Depression in patients with chronic kidney disease**
Nigar Sekercioglu, McMaster University, Canada

Panel Discussion

Group Photo

Networking & Refreshment Break 16:00-16:15 @ Prefunctional Space

Session Chair: Livia S S Valentin, University of São Paulo School of Medicine, Brazil

Young Research Forum

- 16:15 -16:35** Title: **The effect of attachment styles on marriage compatibility in Turkish couples**
Deniz Oruc, Uskudar University, Turkey
- 16:35-16:55** Title: **Parental involvement in inclusive classrooms for students with learning disabilities at Omani schools as perceived by teachers**
Sahar El Shourbagi, Sultan Qaboos University, Oman
- 16:55 -17:15** Title: **Buddhism and innovative sustainable development**
Sree Mattananda Sraman, The University of Hong Kong, Hong Kong
- 17:15 -17:35** Title: **Big data driven indicator choosing for disaster response capacity shortage assessment of urban critical infrastructure**
Zhaoge Liu, Harbin Institute of Technology, China
- 17:35 -17:55** Title: **Health seeking behaviour among women during Labour and Antenatal care followup in rural parts of Gambella, Western Ethiopia January-February 2017**
Jeromi Ofato Alew, Jimma University School of Medicine and Health Sciences, Ethiopia

Panel Discussion

Day 2 | May 02, 2017

HURON NIPISSING

Keynote Forum

- 08:15-08:55** Title: **Workplace bullying and its relationship with job satisfaction and psychological well-being**
Javier Fiz Perez, Dafne Cataluna, Gabriele Giorgi, European University of Rome, Italy
- 08:55-09:35** Title: **Positive emotions, neuroscience and bodily responses: How these three are connected and the implications for psychological, social and physical well-being**
Merethe Dronnen, Volda University College, Norway
- 09:35-10:15** Title: **Archetypal energies as a framework for resilience and optimal mental health**
Carroy (Cuf) Ferguson, University of Massachusetts, USA

Panel Discussion

Networking & Refreshment Break 10:15-10:30 @ Prefunctional Space

- 10:30-11:10** Title: **Integrating positive psychology and elements of music therapy to alleviate adolescent anxiety**
Sylvia Kwok Lai Yuk Ching, City University of Hong Kong, Hong Kong

Workshop

11:10-12:00 Title: **Breathwork as a gateway to positive psychology interventions - Supportive and indispensable techniques to assist clients experiencing trauma, anxiety, depression, anger, and/or grief**
Karla R Wilson, Wabi-Sabi Vibe, USA

Sessions:

Subjective Well-being | Philosophy & Resilience | Psychology & Mindfulness

Session Chair: Mark Andrew Holowchak, University of the Incarnate Word, USA

Session Co-Chair: Michael T Walker, Associated Counselors & Therapists, USA

Session Introduction

12:00-12:20 Title: **Psychology in the light of the east**
Margot Esther Borden, Integral Perspectives, USA

12:20 12:40 Title: **Coping with burnout and building subjective wellbeing: Positive psychology approach**
Chris Arockiaraj, St. Patrick's Seminary and University, USA

12:40 13:00 Title: **The need for disease**
Atul Kumar Mehra, Jaagran Psychoanalysis and Wellness Centre, Canada

Luch Break 13:00-13:30 @ Restaurant

Workshop

13:30-14:20 Title: **A therapist tool: Virtual reality exposure to treat social phobia-VRSP program (English, Spanish and Portuguese versions)**
Cristiane Maluhy Gebara, University of São Paul, Brazil
Tito Paes de Barros Neto, University of São Paulo, Brazil

Sessions:

Mindfulness & Compassion | Positive Psychology on Mental Health | Depression

Session Chair: Merethe Dronnen, Volda University College, Norway

Session Co-Chair: Nora Alejandra Pires Almeida Cavaco, Universidade Lusófona, Portugal

Session Introduction

14:20-14:40 Title: **When life is falling apart but your funny bone is fine: Therapeutic humor, resilience and care-giving**
Maia Aziz, The Montreal Children's Hospital, Canada

14:40-15:00 Title: **Positive psychology in training mental health professionals working with gender, sexuality and relationship diversity**
Dominic Davies, Pink Therapy, UK

15:00-15:20 Title: **Efficacy of meditation and counselling on impulses of drug users**
Pragna Parikh, Smt. Sadguna C.U. Arts College for Girls, India

15:20-15:40 Title: **Role of psychologist in special and inclusive education**
Ravi Gunthey, Jai Narain Vyas University, India

15:40-16:00 Title: **Parental involvement program for Jamaican parents**
Peta Gayle Oates-Blake, University of East London, UK

Panel Discussion

Networking & Refreshment Break 16:00-16:15 @ Prefunctional Space

Poster Presentations @ 16:15 17:00

P.No.01 Title: **Military service effects on personality and psychological well-being**
Paula Boros, Nova Southeastern University, USA

P.No.02 Title: **Hypnosis, empathy & attribution**
Ksenia Tchoubarova, University of Wales, UK

P.No.03 Title: **The integration of public and private practice in grief treatment for adult and child cases: How can they work together?**
Mara Fantinati, Italian Association EMDR, Italy

- P.No.04** Title: **Effects of mindfulness and self-awareness in rest and stress: Biofeedback and neurofeedback measures and training**
Rose Schnabel, University of Toronto, Canada
- P.No.05** Title: **The experience of first-year undergraduate commuting students**
Holly Boyne, University of Guelph-Humber, Canada
- P.No.06** Title: **Prevalence of depressive symptoms in patients with chronic pain with no history of psychiatric diseases**
Ho-Jin Lee, Seoul National University, Republic of Korea
- P.No.07** Title: **Predictors of food insecurity and its association with Mental Health and wellbeing among pregnant women**
Prince Addai, University of Fort Hare, South Africa
- P.No.08** Title: **The Association between Elder mistreatment and perceived hopelessness among Chinese elderly in Chicago**
Poh Zhing Loong, RUSH University Medical Center, USA

Panel Discussion

Day 3 | May 03, 2017

HURON NIPISSING

Keynote Forum

- 08:15-08:55** Title: **Positive psychology: The applications**
Fredrike P Bannink, University of Amsterdam, Netherlands

Sessions:

Mental Illness | Positive Psychology | Mindfulness

Session Chair: Sylvia Kwok Lai Yuk Ching, City University of Hong Kong, Hong Kong

Session Co-Chair: Zokaitluangi, Mizoram University, India

Session Introduction

- 08:55-09:15** Title: **The challenges of integrating mindfulness training within pain management services**
F Cal Robinson, Orthopaedic and Spine Center, USA
- 09:15-09:35** Title: **Altered states and asset based inclusion**
Michael Whelan, Queensland University of Technology, Australia
- 09:35-9:55** Title: **Digital game: A scale to evaluate the perioperative cognitive function (MentalPlus®)**
Livia S S Valentin, University of São Paulo School of Medicine, Brazil

Panel Discussion

Networking & Refreshment Break 09:55-10:10 @ Prefunctional Space

Workshop

- 10:10-11:00** Title: **Positivity in mind**
Alain Jean-Baptiste, Possibilities in Mind, Canada

Sessions:

Mental Health | Child & Adolescent Psychology | Psychological Resilience

Session Chair: Fredrike P. Bannink, University of Amsterdam, Netherlands

Session Co-Chair: Margot Esther Borden, Integral Perspectives, USA

Session Introduction

- 11:00-11:20** Title: **Psychological resilience of life transitions: Coping flexibility as an adaptive quality**
Cecilia Cheng, The University of Hong Kong, Hong Kong
- 11:20-11:40** Title: **Mindfulness, brainwaves and happiness**
Ellie Wright, EGW Research Institute LLC, USA
- 11:40-12:00** Title: **It is never too late. Integrative grief treatment: A comparison between different generations of single cases, adults and children, facing similar mental suffering**
Mara Fantinati, Italian Association EMDR, Italy
- 12:00-12:20** Title: **Community mental health care: An examination of the Lebanese context**
Nadine J Zlaket and Elias A Rahme, Holy Spirit University of Kaslik, Lebanon

- 12:20-12:40 **Title: The journey of the mind, trauma, triumph and resilience**
Randi-Mae Stanford-Leibold, University of Guelph-Humber, Canada
- 12:40-13:00 **Title: Physical and mental health of adolescents**
Aditya Narayan Tripathi, Sant Tulsi Das PG College, India

Panel Discussion

Luch Break 13:00-13:30 @ Restaurant

Workshop

- 13:30-14:20 **Title: Practicing positive CBT from reducing distress to building success**
Fredrike P Bannink, University of Amsterdam, Netherlands

Sessions:

Mental Health Care | Mindfulness | Autism | Psychological Interventions | Stress

Session Chair: Sylvia Kwok Lai Yuk Ching, City University of Hong Kong, Hong Kong

Session Co-chair: Zokaitluangi, Mizoram University, India

Session Introduction

- 14:20-14:40 **Title: Mindfulness based approach in the treatment of obesity: An integration with CBT approach**
Pacheco Emerson and Mônica Portella, Rio de Janeiro State University, Brazil
- 14:40-15:00 **Title: Autism: A neuropsychological perspective**
Nora Alejandra Pires Almeida Cavaco, Universidade Lusófona de Lisboa, Portugal
- 15:00 15:20 **Title: Positive reinforcement in classroom management and the use of creative arts as multimedia tools for teaching and learning**
Maria Lourdes de Vera, Universidad de Sta. Isabel, Philippines
- 15:20 15:40 **Title: A comparative study of mental health among rural and urban adolescent students of higher secondary school**
Parulben Harish Desai, Shri Vanraj Arts & Commerce College, India
- 15:40 16:00 **Title: Occupational role stress of the public and private sector school teachers**
Vishnu Patel, Association of Mobile Networking Companies, India

Panel Discussion

Networking & Refreshment Break 16:00-16:15 @ Prefunctional Space

Group Photo @ 16:15-16:20

Virtual Presentations

- 16:20-16:40 **Title: Schema therapy for children, adolescents and parents**
Christoff Loose, University of Duesseldorf, Germany
- 16:40-16:50 **Title: Personalized individual parent training (PIPT) parenting intervention**
Begum ENGUR, King's College London, UK
- 16:50-17:00 **Title: Laughter: The gate to our inner healing pharmacy**
Dimitrios Morfis, The Open University of Cyprus, Cyprus

Awards Certification & Closing Ceremony @ 17:00-17:30

