Scientific Program

International Conference on

**Obesity and Diet Imbalance**

**November 29-30, 2018   Bali, Indonesia**
Thursday 29th November 2018

Day 1

09:00-09:30 Registration Opens

09:30-09:50 Opening Ceremony

09:50-10:50 Keynote Presentation
Title: The 21st century imperative for healthy eating and sustainable lifestyles
Mahendra Shah, Zen Resort Bali, Indonesia

10:50-11:10 Networking and Refreshments Break with Group Photo

11:10-12:10 Keynote Presentation
Title: Balanced diet vs Trending fad diets
Ujjwala Baxi, Poshan Cure thru Diet, Singapore

Special Session

14:10-14:55 Title: Bariatric surgery for weight loss
Perungo Thirumarai Chelvan, Asian Bariatrics, India

Scientific Sessions: Food, Technology and Nutrition | Prevention and Consequences of Obesity | Bariatric Surgery and Weight Loss

Session Chair: Perungo Thirumarai Chelvan, Asian Bariatrics, India
Session Co-Chair: Shubhangi Gaikwad, Saudi German Hospital, UAE

Title: Imbalanced diet: Effects and causes
Kevin Jesser Z Uclaray, University of Santo Tomas, Philippines

14:55-15:25 Networking and Refreshments Break @ Foyer

15:25-15:45 Title: The importance of using cereals in functional foods
Romina Alina Vlaic, University of Agricultural Sciences and Veterinary Cluj, Romania

Panel Discussion

Friday 30th November 2018

Day 2

09:00-09:30 Keynote Presentation
Title: Is laparoscopic bariatric surgery a gold standard option for morbid obesity - Our experience, the present and the future
Apoorv Shrivastava, Gokuldas Hospital, India
10:30-10:50 Networking and Refreshments Break @ Foyer

10:50-11:00 Keynote Presentation
Title: Metabolic surgery: A paradigm shift
Perungo Thirumarai Che lv an, Asian Bariatrics, India

Workshop
11:50-12:50
Title: The 21st century obesity imperative for healthy eating and sustainable lifestyles
Mahendra Shah, Zen Resort Bali, Indonesia

Lunch Break 12:50-13:50 @ Restaurant

Scientific Sessions: Nutritional Imbalance | Imbalanced Diet: Effects and Causes | Healthy Nutritional Science and Metabolism | Healthy Eating and Living
Session Chair: Ramona Suharoschi, University of Agricultural Sciences and Veterinary Cluj, Romania

13:50-14:20
Title: The energy and macronutrient 7-daydiary observations on Transylvania lactating women diet that impact early life nutrition and long term effects on metabolic pathways
Ramona Suharoschi, University of Agricultural Sciences and Veterinary Cluj, Romania

14:20-14:50
Title: How to prevent future obesity
Shubhangi Gaikwad, Saudi German Hospital, UAE

Workshop
14:50-15:20 Networking and Refreshments Break @ Foyer

15:20-16:20
Title: Probiotics in gut health and obesity management
Ujjwala Baxi, Poshan Cure thru Diet, Singapore

Poster Presentations
Title: Age-related difference in the association between waist circumference and osteoporosis in adult Korean Men
Minhee Kim, The Catholic University of Korea, Republic of Korea

Title: The higher utilization of flour from nettle seeds in order to obtain innovative bakery products by their fortification
Romina Alina Vlaic, University of Agricultural Sciences and Veterinary, Romania

Title: Association sarcopenic obesity with physical function and risk of disabilities
Kyoung Jin Kim, Konkuk University School of Medicine, Republic of Korea

Title: Evaluation of the frequency of metabolic syndrome in Turkish adolescents and the affecting factors
Ayse Ozfer OZCELIK, Ankara University, Turkey

Title: Are high protein diets effective on renal function
Hulya YARDIMCI, Ankara University, Turkey

Title: Innovative technology for healthy menu reformulation
Ramona Suharoschi, University of Agricultural Sciences and Veterinary Cluj, Romania

Title: Evaluation of adaptation of adults between 20-64 years old to Mediterranean diet
Nazli Nur ASLAN, Ankara University, Turkey

Title: Physical activity habits of adults
Busra BASPINAR, Ankara University, Turkey

Panel Discussion

Closing Ceremony