

Scientific Program

International Conference on
OBESITY AND DIET IMBALANCE

NOVEMBER 29-30, 2018 BALI, INDONESIA



OBESITY DIET 2018

Conference Series llc Ltd

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Thursday 29th November 2018

Day 1

09:00-09:30

Registration Opens

Hall

09:30-09:50

Opening Ceremony

09:50-10:50

Keynote Presentation

Title: The 21st century imperative for healthy eating and sustainable lifestyles

Mahendra Shah, Zen Resort Bali, Indonesia



10:50-11:10

Networking and Refreshments Break with Group Photo

11:10-12:10

Keynote Presentation

Title: Balanced diet vs Trending fad diets

Ujjwala Baxi, Poshan Cure thru Diet, Singapore



Workshop

12:10-13:10

Title: Associated problem in obesity & tools to combat the related issues

Shubhangi Gaikwad, Saudi German Hospital, UAE

Lunch Break 13:10-14:10 @ Restaurant

Special Session

14:10-14:55

Title: Bariatric surgery for weight loss

Perungo Thirumarai Chelvan, Asian Bariatrics, India

Scientific Sessions: Food, Technology and Nutrition | Prevention and Consequences of Obesity | Bariatric Surgery and Weight Loss

Session Chair: **Perungo Thirumarai Chelvan**, Asian Bariatrics, India

Session Co-Chair: **Shubhangi Gaikwad**, Saudi German Hospital, UAE

14:55-15:25

Title: Imbalanced diet: Effects and causes

Kevin Jesser Z Uclaray, University of Santo Tomas, Philippines

15:25-15:45

Networking and Refreshments Break @ Foyer

15:45-16:15

Title: The importance of using cereals in functional foods

Romina Alina Vlaic, University of Agricultural Sciences and Veterinary Cluj, Romania

Panel Discussion

Friday 30th November 2018

Day 2

Hall

09:30-10:30

Keynote Presentation

Title: Is laparoscopic bariatric surgery a gold standard option for morbid obesity - Our experience, the present and the future

Apoorv Shrivastava, Gokuldas Hospital, India



10:30-10:50

Networking and Refreshments Break @ Foyer

10:50-11:50

Keynote Presentation

Title: Metabolic surgery: A paradigm shift
Perungo Thirumarai Chelvan, Asian Bariatrics, India



Workshop

11:50-12:50

Title: The 21st century obesity imperative for healthy eating and sustainable lifestyles
Mahendra Shah, Zen Resort Bali, Indonesia

Lunch Break 12:50-13:50 @ Restaurant

Scientific Sessions: Nutritional Imbalance | Imbalanced Diet: Effects and Causes | Healthy Nutritional Science and Metabolism | Healthy Eating and Living

Session Chair: **Ramona Suharoschi**, University of Agricultural Sciences and Veterinary Cluj, Romania

13:50-14:20

Title: The energy and macronutrient 7-day diary observations on Transylvania lactating women diet that impact early life nutrition and long term effects on metabolic pathways
Ramona Suharoschi, University of Agricultural Sciences and Veterinary Cluj, Romania

14:20-14:50

Title: How to prevent future obesity
Shubhangi Gaikwad, Saudi German Hospital, UAE

14:50-15:20

Networking and Refreshments Break @ Foyer

Workshop

15:20-16:20

Title: Probiotics in gut health and obesity management
Ujjwala Baxi, Poshan Cure thru Diet, Singapore

Poster Presentations

OBD-01

Title: Age-related difference in the association between waist circumference and osteoporosis in adult Korean Men

Minhee Kim, The Catholic University of Korea, Republic of Korea

OBD-02

Title: The higher utilization of flour from nettle seeds in order to obtain innovative bakery products by their fortification

Romina Alina Vlaic, University of Agricultural Sciences and Veterinary, Romania

OBD-03

Title: Association sarcopenic obesity with physical function and risk of disabilities

Kyoung Jin Kim, Konkuk University School of Medicine, Republic of Korea

OBD-04

Title: Evaluation of the frequency of metabolic syndrome in Turkish adolescents and the affecting factors

Ayşe Ozfer OZCELIK, Ankara University, Turkey

OBD-05

Title: Are high protein diets effective on renal function

Hulya YARDIMCI, Ankara University, Turkey

OBD-06

Title: Innovative technology for healthy menu reformulation

Ramona Suharoschi, University of Agricultural Sciences and Veterinary Cluj, Romania

OBD-07

Title: Evaluation of adaptation of adults between 20-64 years old to Mediterranean diet

Nazli Nur ASLAN, Ankara University, Turkey

OBD-08

Title: Physical activity habits of adults

Busra BASPINAR, Ankara University, Turkey

Panel Discussion

Closing Ceremony