6th World Congress on Obesity
August 8-10, 2016  Toronto, Canada

Scientific Program
### Keynote Forum

#### Introduction

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker</th>
<th>Institution</th>
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<tbody>
<tr>
<td>09:30</td>
<td>6th World Congress on Obesity</td>
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<tr>
<td>10:00</td>
<td><strong>Keynote Forum</strong></td>
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</table>
| 10:00 | Title: Weight-loss intervention adherence levels and factors promoting adherence  
Mark Lemstra, University of Saskatchewan, Canada |                                              |                                                  |
| 10:40 | Title: Your Thoughts Lead Your Weight  
Rashed Ali Al Sahel, Kuwait University, Kuwait |                                              |                                                  |

#### Track 1: Obesity

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| 11:45 | Impact of obesity during the hiring process: French case focused on two different jobs  
Sevag Kertechian, University Paris, France |                                              |                                                  |
| 12:15 | Suicidal behaviors, psychiatric and psychological symptoms in bariatric surgery candidates  
Sami Hamdan, Academic College of Tel-Aviv Jaffa, Israel |                                              |                                                  |
| 12:45 | A randomized clinical trial of laser acupuncture for the treatment of obesity  
Chi-Chuan Tseng, Chang Gung Memorial Hospital, Taiwan |                                              |                                                  |

#### Track 2: Obesity and Cardiovascular diseases

#### Track 3: Obesity and Diabetes

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| 14:15 | The Healthy Weights Initiative: A community-based, multi-disciplinary obesity reduction program that improves physical and mental health while promoting adherence through social support  
Mark Lemstra, University of Saskatchewan, Canada |                                              |                                                  |
| 14:45 | Childhood obesity: Psychic experience in 8-12 years old children, as 3 axes: Individual, familial and academic  
Salime Das, University of Mons, Belgium |                                              |                                                  |

#### Young Researchers Forum

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| 15:15 | Obesity trends in Sub-Saharan Africa: What endanger of its status?  
Tesfai Yemane Nguse, Thammasat University, Thailand |                                              |                                                  |
| 15:40 | Fructooligosaccharide (Fos) can modulate gut satietogenic hormones, gut flora and induce weight loss in obese adults  
Aparna Assudani, Maharaja Sayajirao University of Baroda, India |                                              |                                                  |

#### Panel Discussion

### Lunch Break 13:15-14:15 @ Trillium C

### Day 2

#### Keynote Forum

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| 10:00 | Prediabetes and cardiovascular parameters in obese children and adolescents  
Mehmet Emre Atabek, Necmettin Erbakan University, Turkey |                                              |                                                  |
| 10:40 | Adiponectin, Obesity and Atherosclerosis in Type 2 Diabetes  
Aasem Saif, Cairo University, Egypt |                                              |                                                  |
Session Introduction

11:45-12:15
Title: Investigation of the effect of exercise and Diet programs on Obesity in men and women living in Istanbul
Mehmet Ozturk, Istanbul University, Turkey
Title: Evaluation of the effect of moderate intensity physical activity on glycemic variability in sedentary individuals with normal weight or obesity without alterations in the oral glucose tolerance
Lizet Yadira Rosales-Rivera, University of Guadalajara, Mexico

12:15-12:45
Variability in patients with type 2 diabetes mellitus without pharmacology therapy
Laura Y Zuñiga, University of Guadalajara, Mexico

Lunch Break 13:15-14:15 @ Trillium C

14:15-14:45
Title: Impact of nutrition policy in preschools – A Caribbean perspective
Anisa Ramcharitar-Bourne, The University of the West Indies, Trinidad and Tobago
Title: Prevalence of obesity in Iranian adults, since 2000
Sana Ahmed, S.T International, Pakistan

14:45-15:15
Title: Body weight changes during the induction of DOCA-salt hypertension
Behjat Seifi, Tehran University of Medical Sciences, Iran
Title: Prevalence of malnutrition and associated factors among children aged 6-59 months at Hidabu Abote district, North Shewa, Oromia
Kebede Mengistu Assefa, Federal Ministry of Health, Ethiopia

Networking and Refreshment Break 16:15-16:45 @ Foyer

Poster Presentation @ 16:45-17:00

OBC-001
Title: Obesity, depression and erysipelas a clinical correlation in workers
Sana Ahmed, S.T International, Pakistan
Title: Bavachin from Psoralea corylifolia improves insulin-dependent glucose uptake through insulin signaling and AMPK activation in 3T3-L1 adipocytes
Hyejin Lee, Sookmyung Women’s University, Republic of Korea
Title: Transcranial direct current stimulation changes appetite and body mass in obese rats
Agata Ziomber, Jagiellonian University Medical College, Poland

Panel Discussion

Award & Closing ceremony

Day 3 August 10, 2016
Networking and Refreshments

Lunch Break 13:00-14:00 @ Trillium C

Bookmark your dates

13th World Congress on Obesity

August 24-25, 2017 Toronto, Canada

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