

30th World Congress on
Nutrition and Food Sciences
April 20-21, 2026 | Amsterdam, Netherlands

Theme: “*Redefining Global Nutrition: Emerging Trends in Food Science and Health Research*”



Conference Series LLC Ltd
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Day 1 | April 20, 2026

09:00-09:15	Registrations & Introduction
09:15-09:30	Opening Ceremony
Keynote Forum	
09:30-10:15	Title: Serum Trace Element Alteration in Patients with Non-Alcoholic Fatty Liver Disease: An Evidence from Cross-sectional Study Dr. Jatin Sharma, All India Institute of Medical Sciences, New Delhi, India
10:15-11:00	Title: Department of Nutrition and Dietetics, University Putra Malaysia Dr. Mariem Boughoula, Department of Nutrition and Dietetics, University Putra Malaysia
Group Photo 11:00-11:05	
Panel Discussion	Networking & Refreshment Break 11:05-11:20
11:20-12:05	Title: Effects of Dietary n-3 And n-6 Polyunsaturated Fatty Acids in Energy Metabolism Dr. Zekiye Yıldız Istanbul Arel University, Department of Nutrition Turkey
Workshop	
12:05-13:05	Title: The Power of Polyphenols. NXP a new, natural, anti-diabetic and immunity supplement Dr. Juan Patricio Nogueira, National University of Formosa, Argentina
Panel Discussion	Lunch Break 13:05-14:05
14:05-14:35	Title: New steerage and experimental strategies with inside the treatment of endocrinial troubles and in diabetes Dr. David Kannar, Founder: Nutrition Innovation
14:35-15:05	*** Slots Available***
15:05-15:35	Title: The Impact of Plant-Based Diets on Cardiovascular Health Dr. Emily Turner, Department of Nutrition Science, Harvard University
15:35-16:05	Title: Nutritional Strategies for Enhancing Immunity Post-COVID-19 Dr. Dr. Richard Alvarez, Department of Immunology and Nutrition, University of Toronto
Panel Discussion	Networking & Refreshment 16:05-16:20
Young Researchers Forum	
16:05-16:35	Title: Micronutrient Deficiencies and Cognitive Function in Aging Populations Dr. Susan Bennett, Geriatric Nutrition Research Unit, Stanford University
16:35-17:05	*** Slots Available***

Day 2 | April 21, 2026

09:30-10:15	Title: Probiotics and Gut Health: The Next Frontier in Preventive Medicine Dr. Amina Hassan, Department of Microbiome Research, University of Copenhagen
10:15-11:00	Title: Nutritional Status and Dietary Pattern of in-school Adolescents in Rural Communities of Imo State Benneth-Ugochukwu, Nigeria
Panel Discussion	Networking & Refreshment Break 11:05-11:20
Sessions	Childhood Obesity: Preventive Measures through School-Based Nutrition Programs Dr. Laura Jackson, Department of Public Health Nutrition, University of Sydney
11:20-12:05	Title: Micronutrient malnutrition: fortification of wheat flour with NaFeEDTA iron to fight against anemia Meryem Lazrak, Université Ibn Tofail-CNESTEN, Morocco
12:05-13:05	Title: Nutritional Components of Kurakding (Schizophyllum commune) Collected from Partido District, Philippines Agnes R. Pesimo, Partido State University, Philippines
	Slots Available
Panel Discussion	Lunch Break 13:05-14:05
14:05-14:35	Title: Sustainable Nutrition: Balancing Human Health and Environmental Impact Dr. William O'Connor, School of Environmental Health, University of Edinburgh
14:35-15:05	Title: Nutritional Interventions for Managing Type 2 Diabetes Dr. Rachel Stevens, Division of Endocrinology and Metabolic Diseases, Mayo Clinic
15:05-15:35	***Slots Available***
Poster Presentations 15:35-16:05	
Poster Judge	Title: Ashley R Cosentino, USA
PP01	Title: Social Economic Factors Associated With The Nutritional Status Of Children In Kasese District Daniel Kajura Baguma, Moroto, Uganda
PP02	***Slots Available***
PP03	***Slots Available***
Video Presentations	
16:05-16:35	Title: Personalized Nutrition: Tailoring Diets to Genetic Profiles Dr. Javier González, Department of Nutrigenomics, King's College London
16:35-17:05	***Slots Available***
Closing Ceremony and Awards	