Thursday 21st March 2019

**Day 1**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>07:30-08:00</td>
<td>Registration Opens</td>
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<tr>
<td>08:00-08:30</td>
<td>Opening Ceremony</td>
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</table>
| 08:30-09:30| Keynote Presentation
Title: Distorted fatty acid metabolism and metabolic syndrome
Mahabaleshwar Hegde, Bharati Vidyapeeth University, India |
| 09:30-10:30| Keynote Presentation
Title: Six weeks moderate-intensity combined aerobic and resistance exercise program could be anti-inflammatory treatment and delaying the onset of diabetes for subjects at risk
Bandar Manawer Al Harbi, De Montfort University, UK |
| 10:30-10:45| Networking and Refreshments Break with Group Photo                     |
| 10:45-11:15| Keynote Presentation
Title: Allicin from garlic having beneficial effects in combating diseases
Najmul Islam, Aligarh Muslim University, India |
| 11:15-11:45| Sessions: Diabetes Mellitus | Biochemistry & Metabolism | Diet for Diabetes | Cardio-Metabolic Disorder | Obesity and Weight Management |
| 11:15-11:45| Title: He lost 18 kilograms and his diabetes
Samih Abed Odhaib, American Association of Clinical Endocrinologist, Iraq |
| 11:45-12:15| Title: Well being is truly a matter of choice
Archana Arora, NU Foods, UAE |
| 12:15-12:45| Title: Role of diabetic nurse educator in screening, prevention, and management of diabetes
Raghda A Hamid, The University of Jordan, Jordan |
| 12:45-14:00| Lunch Break 12:45-14:00 @ Restaurant                                  |
| 14:00-15:00| Keynote Presentation
Title: Anti-obesity potential of aged garlic extract: Overview
Nicolas Wiernsperger, Association REMÊDES, France |
| 15:00-15:30| Title: Association of atrial fibrillation with diabetic nephropathy: A meta-analysis
Maha Mohammed Arnous, Security Forced Hospital, Saudi Arabia |
| 15:30-16:00| Title: A dose response analysis of dual Renin Angiotensin Aldosterone System (RAAS) blockade among diabetic nephropathy patients with albuminuria and proteinuria: A meta-analysis
Sultan Al Dalbhi, Prince Sultan Military Medical City, Saudi Arabia |
### Keynote Presentations

**09:00-10:00**
- **Title:** Glycoxidative modification of proteins in diabetes results in generation of neo-antigenic epitopes  
  **Moinuddin,** Aligarh Muslim University, India

**10:00-11:00**
- **Title:** Nutrition management in bariatric surgery  
  **Bulbin Jose,** Latifa Hospital, UAE

**11:00-11:15**
- **Title:** Diabetic animals injected with human IgG-methylglyoxal-glucose complex elicit antibodies and shows increase in biochemical markers of rheumatoid arthritis: Correlation with data on diabetic patients of varying age and disease duration  
  **Khurshid Alam,** Aligarh Muslim University, India

### Workshop

**16:00-16:15**
- **Title:** Obesity and weight management  
  **Bart A Van Wagensveld & Karla El Barmaki,** Quro Obesity Center, UAE

**16:15-17:15**
- **Title:** Placebo-controlled assessment of the efficacy of a food supplement claimed to have slimming properties (SLIM METABOL 888 ml)  
  **Abderraouf Guerraiche,** Dr. Nutrition, Dubai

**17:15-17:35**
- **Title:** Panoramic situation of metabolic diseases, diabetes in low income country case study mozambique mavalane area maputo city  
  **Richard Nkurunziza,** Mavalane General Hospital, Mozambique

**17:35-17:55**
- **Title:** Knowledge, attitude and practice among prediabetes participated in prediabetes education program  
  **Mohsina Hyder K,** JSS Academy of Higher Education and Research, India

**18:00-18:15**
- **Title:** Panoramic situation of metabolic diseases, diabetes in low income country case study mozambique mavalane area maputo city  
  **Richard Nkurunziza,** Mavalane General Hospital, Mozambique

**18:15-18:25**
- **Title:** The adipocyte response to autophagy in adult rat groups receiving different nutritional treatments during childhood  
  **Lailan Safina Nasution,** University of Indonesia, Indonesia

### Young Research Forum

**17:55-18:10**
- **Title:** Placebo-controlled assessment of the efficacy of a food supplement claimed to have slimming properties (SLIM METABOL 888 ml)  
  **Abderraouf Guerraiche,** Dr. Nutrition, Dubai

**18:10-18:25**
- **Title:** Panoramic situation of metabolic diseases, diabetes in low income country case study mozambique mavalane area maputo city  
  **Richard Nkurunziza,** Mavalane General Hospital, Mozambique

### Panel Discussion

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**18:15-18:25**
- **Title:** The adipocyte response to autophagy in adult rat groups receiving different nutritional treatments during childhood  
  **Lailan Safina Nasution,** University of Indonesia, Indonesia
Title: New evidence to prove green jackfruit can reduce lifestyle diseases and demand for diabetic medication
James Joseph, God’s Own Food Solution Pvt Ltd., India

Keynote Presentation
Title: Plants with special reference to flavanoids and their role in nutrition and obesity prevention
Mohammed Kamil, Zayed Complex for Herbal Research & Trad.Medicine, UAE

Title: Whole grains, fruits and vegetables: Do they help in weight management
Ajmila Islam, American University in Dubai, UAE

Title: Time to optimal glycaemic control and prognostic factors among Type 2 diabetes mellitus patients in public teaching hospitals in Addis Ababa, Ethiopia
Tigist W Leulseged, St. Paul Hospital Millennium Medical College, Ethiopia

Title: Make tea as your new medicine to prevent the epidemic of lifestyle diseases
Vani Pulijala, Astra Healthcare Private Limited, India

Poster Presentation@ 16:45-17:15
P-01
Title: Helicobacter pylori in patients undergoing laparoscopic sleeve gastrectomy. Should we really care?
Brianna Twomey, Geelong University Hospital, Australia

P-02
Title: Vitamin D deficiency in early pregnancy, diet and physical activity and development of gestational diabetes in Emirati women
Sharifa AlBlooshi, Zayed University, UAE

P-03
Title: Nutrient intakes and adequacy among preschooler children under blockade in Gaza, Palestine
Samir Mohammad Radi, Al-Azhar University, Palestine

Video Presentation
17:15-17:30
Title: The ketogenic diet
Aastha Kalra, Weight Zero MD, USA

Panel Discussion
Closing Ceremony
CITY ATTRACTIONS