20th International Congress on Nutrition & Health
March 28-29, 2019 | Stockholm, Sweden

Conference Series LLC Ltd
47 Churchfield Road, London, W36AY, UK Tel: +44 20 393 63178
Toll Free No: UK : 0-808-101-7605, USA : 1-800-985-2178
09:30-10:00 Registrations

Meeting Hall @ Sverige

10:00-10:20 Opening Ceremony

Keynote Forum
Introduction

10:20-11:00 Title: What you eat is what you bleed
Anne-Mieke Omtzigt, Vrouw & Klinieken, Netherlands

Group Photo @ 11:00-11:05

Networking and Refreshment Break 11:05-11:20 @ Conference Café

11:20-12:00 healthy nutrition
Sharadendu Bali, MMIMSR, India

Special Session

12:00-12:45 Title: Eating mindfully at workplace: An insight
Subhasree Ray, Reliance Industries Limited, India


Session Chair: Anne-Mieke Omtzigt, Vrouw & Klinieken, Netherlands
Session Co-Chair: Vani Srinivas, Astra Healthcare Private Limited, India

12:45-13:15 Title: Does acute supplementation with nitrate-rich beetroot juice benefit older adults’ more than younger adults?
Luke A Stanaway, Massey University, New Zealand

Lunch 13:15-14:00 @ Scandinavia

14:00-14:30 Title: Antioxidant effects of Indian spices on cancer prevention and recurrence
Vani Srinivas, Astra Healthcare Private Limited, India
Title: Knowledge towards energy drinks consumption and related factors among young male athletes

14:30-15:00 in the United Arab Emirates
Aisha Almulla, Tawam Hospital-Johns Hopkins Medicine, UAE
Title: Comparable acute effects of high intensity interval exercise and continuous exercise on fat oxidation and exercise enjoyment in overweight perimenopausal women
Ifigenia Giannopoulou, University of Brighton, UK

15:00-15:30 Title: The Nutiverse: A better world through nutrition
Ana Gerlin Hernandez Bonilla, The Nutiverse, Sweden

Networking & Refreshments Break 16:00-16:20 @ Conference Café

16:20-16:50 Title: The benefits of early versus delayed oral food intake in patients with operations in gynecology and obstetrics
Biljana Markovska, Hospital Plodnost – Bitola, Macedonia

Video Presentation

16:50-17:20 Title: The synergistic effect of vitamin D in pediatric asthma
Maria M Papamichael, La Trobe University, Australia

17:25-17:40 Poster Presentation

NH-01 Title: Industry-academia-government collaboration project in Kochi, Japan: Application of the refined-deep-seawater for human health care
Hiroaki Takeuchi, International University of Health and Welfare Graduate School, Japan

NH-02 Title: The effect of telehealth versus usual care for home care patients with long term conditions: A (mixed methods) systematic review and meta-analysis
Sophie McFarland, Coventry University, UK

NH-03 Title: Development and evaluation of scenario-based nutrition literacy online program for college students
Li-Ling Liao, I-Shou University, Taiwan

Day-2 Networking & Lunch 13:15-14:00 @ Scandinavia
Award Ceremony