

# 21<sup>st</sup> European Nutrition and Dietetics Conference

June 11-13, 2018 | Dublin, Ireland



**UK: Conference Series Ilc LTD**

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Lucan Suite

conference**series**.com 09:00-09:30

# Opening Ceremony

## Keynote Forum

09:30-09:35 **Introduction**

09:35-10:20 **Title: Benefits of egg intake in diverse populations**  
Maria Luz Fernandez, University of Connecticut, USA

10:20-11:05 **Title: Effects of instant coffee on pitch speed, pitch accuracy and the consistency of throws**  
Lonnie Lowery, University of Mount Union, USA

## Group Photo

Networking & Refreshment Break: 11:05-11:25 @ Foyer

11:25-12:10 **Title: A standardized extract, KGR-BG1, from Korean black ginseng (*Panax ginseng*) and its protective effects against a suppressed immunomodulatory disorder induced by environmental heat stress**  
Jong Dae Park, Korean Ginseng Research Co. Ltd, South Korea

## Workshop

12:10-12:40 **Title: Diet-induced postprandial inflammation: Consequences on human health**  
Kenneth Olson, Life Sciences Technologies International, USA

12:40-13:10 **Title: Diametrol: A functional food to support normal blood sugar and wellness**  
Martha Dawson, Life Sciences Technologies International, USA

Lunch Break: 13:10-14:10 @ Peacock Restaurant

Sessions: Clinical Nutrition | Sports Nutrition & Kinesiology | Plant Nutrition | Animal and Dairy Nutrition | Malnutrition or Nutritional Deficiency | Nutrient related Chronic diseases | Nutrition and Cancer | Nutrition in Pregnancy and Lactation | Pediatric Nutrition

Session Chair: Teruyoshi Amagai, Mukogawa Women's University, Japan

Session Co-Chair: Lonnie Lowery, University of Mount Union, USA

## Session Introduction

14:10-14:40 **Title: Carer experience of appetite changes in people living with dementia at home**  
Emily R Walters, University of Southampton, UK

14:40-15:10 **Title: How sensory properties of an oral nutritional supplement affect intake, satiation and satiety**  
Nikos Pagidas, Kerry Group, Ireland

15:10-15:40 **Title: The effects of yoga on the weight management**  
Yunus Emre Uzun, Istanbul Okan University, Turkey

15:40-16:10 **Title: Assessment of nutrition knowledge, and dietary behavior of post bariatric surgery patients in Rashid Hospital Outpatient Clinic in Dubai, UAE**  
Souheir Alia, United Arab Emirates University, UAE

Networking & Refreshment Break: 16:10- 16:30 @ Foyer

16:30-17:00 **Title: Psychological impact of process of diet planning on the persons who are under going the process of weight loss**  
Ranjan Tyagi, Fitpoint, India

17:00-17:30 **Title: Importance of yoga for sports persons**  
Shibashis Chakraborty, Indus Valley Ayurvedic Centre, India

## Panel Discussion

**Day 2 June 12, 2018**

**Lucan Suite**

**Keynote Forum**

**Introduction**

**09:30-10:15**  
**Title: PepsiCo nutrition criteria**  
Marianne O'Shea, PepsiCo, USA

**10:15-11:00**  
**Title: Sugar taxes – do they influence consumption and incidence of obesity?**  
Aisling Aherne, Kerry Group, Ireland

**Networking & Refreshment Break: 11:00- 11:20 @ Foyer**

**11:20-12:05**  
**Title: Structured Lipids vs natural TAG enriched in omega-3 outcome of lipids with different PUFA: ALA, Stearidonic, EPA and DHA**  
Francisco J. Señoráns, Autonomous University of Madrid, Spain

**12:05-12:50**  
**Title: Paradigm shift of novel linguistics for clinical nutrition**  
Teruyoshi Amagai, Mukogawa Women's University, Japan

**Lunch Break: 12:50- 14:00 @ Peacock Restaurant**

**Poster Presentations 14:00-14:45 @ Foyer**

**NC-001**  
**Title: Decrease in CoQ by statin treatment does not attenuate exercise-induced adaptations in the myocardium**  
Joseph W Starnes, University of North Carolina at Greensboro, USA

**NC-002**  
**Title: Diametrol: A functional food to support normal blood sugar and wellness**  
Martha Dawson, Life Sciences Technologies International, USA

**NC-003**  
**Title: Youth share importance of family mealtime in living a healthy lifestyle**  
Heather R McCollum, California State University-Northridge, USA

**NC-004**  
**Title: Via® instant coffee prior to brief ballistic exercise tends to increase serum epinephrine**  
Jesse White, University of Mount Union, USA

**NC-005**  
**Title: Psychostimulant effects of Via® instant coffee as a pre-exercise beverage: Caffeine-habituated versus caffeine-naive**  
Carolyn Balzano, University of Mount Union, USA

**NC-006**  
**Title: Black sesame (*Nigella sativa L.*): Its composition and clinical properties**  
Yunus Emre Uzun, Istanbul Okan University, Turkey

**NC-007**  
**Title: Consumption of Prebiotic Affects Bowel Function in Patient with Diabetes**  
Yi-Cheng Hou, Buddhist Tzu Chi Medical Foundation, Taiwan

**NC-008**  
**Title: Clinical association between epicardial fat thickness and dietary macronutrient with metabolic syndrome in Korean men**  
Hyejin Chun and Bo Youn Won, CHA University, Kunhee Han, Seoul Metropolitan Seonam Hospital, South Korea

**NC-009**  
**Title: Serum vitamin D level is negatively associated with carotid atherosclerosis in Korean adults**  
Ha-Na Kim, The Catholic University of Korea, Republic of Korea

**NC-010**  
**Title: Peony roots as a potential functional food improving bone-health**  
So-Young Park, Dankook University, South Korea

**NC-011**  
**Title: The effect of intestinal immunity with lactic acid bacteria isolated from Vietnamese feces and Korean traditional food kimchi**  
Cheol-Hyun Kim, Dankook University, South Korea

Sessions: Food and Nutrition | Nutritional Epidemiology | Public Health Research | Diet & Appetite | Vitaminology & Lipidology | Nutritional Neuroscience & Eating Disorders | Nutrition & Metabolism | Nutraceuticals & Medicinal Food

Session Chair: Maria Luz Fernandez, University of Connecticut, USA

Session Co-Chair: Marianne O'Shea, PepsiCo, USA

### Session Introduction

- 14:45-15:15** Title: **A swallowing function as an indicator of total physical functional improvement in patients with cerebral hemorrhage**  
Akiko Takezawa, Mukogawa Women's University, Japan
- 15:15-15:45** Title: **The study of an association between outcome and an energy intake achievement during the first 2 or 3 days after admission to the general ward – A single institute study**  
Kazumi Matsumoto, Mukogawa Women's University, Japan
- 15:45-16:15** Title: **The Carbohydrate/Protein ratio in daily intakes as outcome indicator in post-operative patients with oesophageal cancer**  
Mari Hasegawa, Mukogawa Women's University, Japan
- 16:15-16:45** Title: **Nutritional status, energy expenditure, segmental body composition and physical activity performance with metabolic holter assessment in non-obese women with PCOS**  
Gulcan Arusoglu, Kirklareli University, Turkey

Networking & Refreshment Break: 16:45-17:00 @ Foyer

### Panel Discussion

Day 3 June 13, 2018

### Keynote Forum

- 09:30-10:15** Title: **One carbon metabolites and telomere length in cross-sectional, prospective and randomized one year B-/D-Vitamin supplementation trials**  
Wolfgang Herrmann, Saarland University Hospital, Germany
- 10:15-11:00** Title: **Dietary nitrate: Novel, innovative roles in common, diverse cardiometabolic disorders**  
Conor P Kerley, Dublin City University, Ireland

Networking & Refreshment Break: 11:00- 11:20 @ Foyer

Sessions: Nutrition, Health and Choice | Current Research in Nutrition and Dietetics | Food and Nutrition | Nutritional Epidemiology | Food Science & Chemistry | Public Health Research

Session Chair: Wolfgang Herrmann, Saarland University Hospital, Germany

Session Co-Chair: Conor P Kerley, Dublin City University, Ireland

- 11:20-11:50** Title: **Diet adjustment in later life: A grounded theory study of eating behaviours amongst the ageing population of Limerick**  
Sharon O Flaherty, Limerick Institute of Technology, Ireland
- 11:50-12:20** Title: **A novel, 12 week dietitian-led curriculum beneficially modulates nutrition behavior in older adults attending community rehabilitation**  
Conor P Kerley, Dublin City University, Ireland
- 12:20-12:50** Title: **The role of vitamin D/VDR signalling within key mechanisms of ulcerative colitis**  
James Matthews, Middlesex University London, UK

Lunch Break: 12:50-14:00 @ Peacock Restaurant

- 14:00-14:30** Title: **Nutritional status, nutrient intakes and prevalence of overweight/obesity and hypertension among Chakhesang women from Northeast India**  
Indrapal I Meshram, National Institute of Nutrition, India
- 14:30-15:00** Title: **Time trend in magnitude of under nutrition among rural under five year children in India**  
N Arlappa, National Institute of Nutrition, India
- 15:00-15:30** Title: **Dietary patterns and their relationship with non communicable diseases among rural population of India**  
Venkaiah K, National Institute of Nutrition, India
- 15:30-16:00** Title: **Association between non-communicable diseases and micronutrient deficiencies in urban elderly of South India**  
P Suryanarayana, National Institute of Nutrition, India

Networking & Refreshment Break: 16:00-16:30 @ Foyer

### Panel Discussion