21st European Nutrition and Dietetics Conference

June 11-13, 2018 | Dublin, Ireland
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<td>08:00-09:00</td>
<td>Registrations</td>
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<td>09:00-09:30</td>
<td>Opening Ceremony</td>
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<td>09:30-09:35</td>
<td>Introduction</td>
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| 09:35-10:20  | **Title:** Benefits of egg intake in diverse populations  
*Maria Luz Fernandez,* University of Connecticut, USA |
| 10:20-11:05  | **Title:** Effects of instant coffee on pitch speed, pitch accuracy and the consistency of throws  
*Lonnie Lowery,* University of Mount Union, USA |
| 11:05-11:25  | Networking & Refreshment Break: 11:05-11:25 @ Foyer                                              |
| 11:25-12:10  | **Title:** A standardized extract, KGR-BG1, from Korean black ginseng (*Panax ginseng*) and its protective effects against a suppressed immunomodulatory disorder induced by environmental heat stress  
*Jong Dae Park,* Korean Ginseng Research Co. Ltd, South Korea |
| 12:10-12:40  | Workshop                                                                                          |
| 12:10-12:40  | **Title:** Diet-induced postprandial inflammation: Consequences on human health  
*Kenneth Olson,* Life Sciences Technologies International, USA |
| 12:40-13:10  | **Title:** Diametrol: A functional food to support normal blood sugar and wellness  
*Martha Dawson,* Life Sciences Technologies International, USA |
| 13:10-14:10  | Lunch Break: 13:10-14:10 @ Peacock Restaurant                                                   |
| 14:10-14:40  | **Title:** Carer experience of appetite changes in people living with dementia at home  
*Emily R Walters,* University of Southampton, UK |
| 14:40-15:10  | **Title:** How sensory properties of an oral nutritional supplement affect intake, satiation and satiety  
*Nikos Pagidas,* Kerry Group, Ireland |
| 15:10-15:40  | **Title:** The effects of yoga on the weight management  
*Yunus Emre Uzun,* Istanbul Okan University, Turkey |
| 15:40-16:10  | **Title:** Assessment of nutrition knowledge, and dietary behavior of post bariatric surgery  
*Souheir Alia,* United Arab Emirates University, UAE |
| 16:10-16:30  | Networking & Refreshment Break: 16:10-16:30 @ Foyer                                             |
| 16:30-17:00  | **Title:** Psychological impact of process of diet planning on the persons who are under going the process of weight loss  
*Ranjan Tyagi,* Fitpoint, India |
| 17:00-17:30  | **Title:** Importance of yoga for sports persons  
*Shibashis Chakraborty,* Indus Valley Ayurvedic Centre, India |
| 17:30-18:00  | Panel Discussion                                                                                 |
### Keynote Forum

#### Day 2 | June 12, 2018
**Lucan Suite**

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<th>Time</th>
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| 09:30-10:15 | **Introduction**  
*Title: PepsiCo nutrition criteria*  
**Marianne O’Shea, PepsiCo, USA** |
| 10:15-11:00 | **Title: Sugar taxes – do they influence consumption and incidence of obesity?**  
**Aisling Aherne, Kerry Group, Ireland** |
| 10:15-11:00 | **Networking & Refreshment Break: 11:00- 11:20 @ Foyer** |
| 11:20-12:05 | **Title: Structured Lipids vs natural TAG enriched in omega-3 outcome of lipids with different PUFA: ALA, Stearidonic, EPA and DHA**  
**Francisco J. Señoráns, Autonomous University of Madrid, Spain** |
| 11:20-12:05 | **Title: Paradigm shift of novel linguistics for clinical nutrition**  
**Teruyoshi Amagai, Mukogawa Women’s University, Japan** |
| 12:05-12:50 | **Lunch Break: 12:50- 14:00 @ Peacock Restaurant** |
| 14:00-14:45 | **Poster Presentations**  
**NC-001**  
*Title: Decrease in CoQ by statin treatment does not attenuate exercise-induced adaptations in the myocardium*  
**Joseph W Starnes, University of North Carolina at Greensboro, USA** |
| 14:00-14:45 | **NC-002**  
*Title: Diametrol: A functional food to support normal blood sugar and wellness*  
**Martha Dawson, Life Sciences Technologies International, USA** |
| 14:00-14:45 | **NC-003**  
*Title: Youth share importance of family mealtime in living a healthy lifestyle*  
**Heather R McCollum, California State University-Northridge, USA** |
| 14:00-14:45 | **NC-004**  
*Title: Via® instant coffee prior to brief ballistic exercise tends to increase serum epinephrine*  
**Jesse White, University of Mount Union, USA** |
| 14:00-14:45 | **NC-005**  
*Title: Psychostimulant effects of Via® instant coffee as a pre-exercise beverage: Caffeine-habituated versus caffeine-naive*  
**Carolyn Balzano, University of Mount Union, USA** |
| 14:00-14:45 | **NC-006**  
*Title: Black sesame (*Nigella sativa L.)*: Its composition and clinical properties*  
**Yunus Emre Uzun, Istanbul Okan University, Turkey** |
| 14:00-14:45 | **NC-007**  
*Title: Consumption of Prebiotic Affects Bowel Function in Patient with Diabetes*  
**Yi-Cheng Hou, Buddhist Tzu Chi Medical Foundation, Taiwan** |
| 14:00-14:45 | **NC-008**  
*Title: Clinical association between epicardial fat thickness and dietary macronutrient with metabolic syndrome in Korean men*  
**Hyejin Chun and Bo Youn Won, CHA University, Kunhee Han, Seoul Metropolitan Seonam Hospital, South Korea** |
| 14:00-14:45 | **NC-009**  
*Title: Serum vitamin D level is negatively associated with carotid atherosclerosis in Korean adults*  
**Ha-Na Kim, The Catholic University of Korea, Republic of Korea** |
| 14:00-14:45 | **NC-010**  
*Title: Peony roots as a potential functional food improving bone-health*  
**So-Young Park, Dankook University, South Korea** |
| 14:00-14:45 | **NC-011**  
*Title: The effect of intestinal immunity with lactic acid bacteria isolated from Vietnamese feces and Korean traditional food kimchi*  
**Cheol-Hyun Kim, Dankook University, South Korea** |
14:45-15:15  Title: A swallowing function as an indicator of total physical functional improvement in patients with cerebral hemorrhage  
Akiko Takezawa, Mukogawa Women's University, Japan

15:15-15:45  Title: The study of an association between outcome and an energy intake achievement during the first 2 or 3 days after admission to the general ward – A single institute study  
Kazumi Matsumoto, Mukogawa Women's University, Japan

15:45-16:15  Title: The Carbohydrate/Protein ratio in daily intakes as outcome indicator in post-operative patients with oesophageal cancer  
Mari Hasegawa, Mukogawa Women's University, Japan

16:15-16:45  Title: Nutritional status, energy expenditure, segmental body composition and physical activity performance with metabolic holter assessment in non-obese women with PCOS  
Gulcan Arusoglu, Kirklareli University, Turkey