**Day 1  March 19, 2018**

### Registrations

**09:00-09:30**

**Keynote Forum**

**Introduction**

**Title:** The leading role of the heart in the vital functions of organs and systems of a holistic organism at the supramolecular level

**Vladimir Dodtievich Bitsoyev, Academy of Medical and Technical Sciences, Russia**

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**Group Photo**

**Networking and Refreshments Break 10:45-11:00**

**Sessions:** Physical Therapy | Advancements in Physiotherapeutic Treatments | Neurological Rehabilitation | Sports & Physiotherapy | Women's Health & Palliative

**Session Chair:** Vladimir Dodtievich Bitsoyev, Academy of Medical and Technical Sciences, Russia

**Session Co-Chair:** Ghazal Kamran, Al Ain Hospital, UAE

**11:00-11:30**

**Title:** Effectiveness of home-based cardiac rehabilitation program using an individualized exercise (physiotools-r)

**Mohammad Takroni,** King Faisal Specialty Hospital and Research Center, KSA

**11:30-12:00**

**Title:** Assessment of the Q-angle in basketball players

**Rumiana Tasheva,** National Sports Academy, Bulgaria

**12:00-12:30**

**Title:** Effectiveness of supervised exercise based cardiac rehabilitation versus unsupervised exercise training following coronary artery bypass graft surgery

**Natarajan Venkatesh,** Sri Ramachandra University, India

**Title:** Clinical outcomes of self-administrated, well-structured home-based rehabilitation after ACL reconstruction

**Shahzada Junaid Amin,** University of Hail, Saudi Arabia

**Lunch Break 13:00-13:45**

**13:45-14:15**

**Title:** Physical benefits of prayers; strengthen your faith and fitness

**Ghazal Kamran,** Al Ain Hospital, UAE

**14:15-14:45**

**Title:** Ageing with spinal cord injuries and preventing complications

**Tarik Zetica,** Rehafit MHMC Kuwait

**14:45-15:15**

**Title:** Biomechanical analysis of sit-to-walk movement in parkinson’s patients

**Moataz M. El Semary,** Cairo University, Egypt

**Panel Discussion**

**Networking and Refreshments Break 15:15-15:30**

**15:30-16:00**

**Title:** Evidence based physiotherapy treatment for ankylosis spondylitis

**Erika Cyrus Barker,** Head of Physical Therapy department, University of Santa paula, Costa Rica

**Title:** Prescription of exercise in older adults, physiotherapeutic approach

**Erika Cyrus Barker,** Head of Physical Therapy department, University of Santa paula, Costa Rica

**16:00-16:30**

**Title:** Effects of levels of supervision during a standardised post-surgical rehabilitation programme influence PROMs assessing function

**Haider Darain,** Khyber Medical University, Pakistan

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conferenceseries.com 09:30-10:00

**Opening Ceremony**

Spreewald
Day 2     March 20, 2018
Spreewald

Keynote Forum

10:00-10:45  Title: Comparison of the results of the chijin index and the iSTEP tensometric platform
Rumiana Tasheva, National Sports Academy, Bulgaria

Sessions: Yoga | Geriatric Physiotherapy | Chiropractic Technique | Manual Physiotherapy Strategies | Experimental Techniques in Physiotherapies
Session Chair: Rumiana Tasheva, National Sports Academy, Bulgaria
Session Co-Chair: Mohammad Takroni, King Faisal Specialty Hospital and Research Center, KSA

Networking and Refreshments Break 10:45-11:00

11:00-11:30  Title: The relationship among four measurements of round shoulder posture
Yuan-Chun Chiu, Taiwan University, Taiwan

11:30-12:00  Title: The risk of fall among community dwelling elders in Saudi Arabia
Shahzada Junaid Amin, University of Hail, Saudi Arabia

12:00-12:30  Title: Asia physical therapy students association - our missions and future vision
Yu Odake, University of Hiroshima, Japan

12:30-13:00  Title: GNE Myopathy: recognizing key features to optimize physical therapy treatment in a rare myopathy
Jenna DeSimone, Rusk Rehabilitation, USA

Panel Discussion

Lunch Break 13:00-13:45

13:45-14:15  Title: Physiotherapy hand glove
Mohamed Alamin, Sudan university, Sudan

14:15-14:45  Title: Prevention of rheumatic diseases: Physical treatment, prevention, basic knowledge, classification
Visar Tifeku, Physical Therapy and Rehabilitation Centre, Ferizaj, Kosovo

Panel Discussion

Networking and Refreshments Break 14:45-15:15

15:15-15:45  Title: Neuromuscular facilitation stretching in males with latent myofascial trigger points
Lazaros Vvoidonikolas, Medical Center Athens, Greece

15:45-16:15  Title: Effectiveness of transcutaneous electrical nerve stimulation in management of neuropathic pain in patients with post traumatic incomplete spinal cord injuries, at paraplegic centre, Peshawar, Pakistan
Amir Zeb, Paraplegic Centre, Pakistan

16:15-16:45  Title: Effect of vacuum massage therapy on the post-burn scar: single blind randomized controlled study
Mahmoud Elshazly, South Valley University, Egypt

16:45-17:15  Title: Shock wave therapy effectiveness in treating patients with heel pain: a randomized control trial
Eman Matar, Ministry of Health, Kingdom of Bahrain

Award Ceremony & Networking