Day 1  July 24, 2017

**Keynote Forum**

09:55-10:00  Introduction
10:00-10:50  Title: Management of Chronic Conditions using an Integrative, genetic and blood type approach  
Jason Mallia, Integrated Health, Australia

**Networking & Coffee Break 10:50-11:10 @ Pre Conference Area**

11:10-12:00  Title: Acupuncture controversy: false or true? observation on studying of the applications in musculoskeletal disorders  
Serg Mezhov, Acupuncture Association of Victoria, Australia

12:00-12:50  Title: Holistic Health, Water Therapy - Aqua Calidum Therapy (ACT)  
Faris Rashid AlHajri, AlHajri Holistic Health & Wellness LLC, USA

Lunch Break: 12:50-13:40 @ Grill 3182 Restaurant

**Workshop Session**

13:40-14:40  Title: Selection and application of different methods in point intervention therapy  
Serg Mezhov, Acupuncture Association of Victoria, Australia

Major Sessions:  Integrative Medicine | Naturopathy | Nutritional Medicine | Natural Therapies

Session Chair: Faris Rashid AlHajri, AlHajri Holistic Health & Wellness LLC, USA
Session Co-Chair: Serg Mezhov, Acupuncture Association of Victoria, Australia

Session Introduction

14:40 -15:10  Title: The Effects of Regular Chiropractic Care on Muscular Strength  
Sean Lyons, Life University, USA

15:10-15:40  Title: Naturopathic compounding regulations and how compounding pharmacies can be extremely beneficial for patient health.  
Jack Hammond, ACPHARM Gold Coast, Australia

15:40-16:10  Title: Effect of Chronic Exposure to Diazinon on Glucose Homeostasis and Oxidative Stress in Pancreas of rats and the Potential Role of Mesna in Ameliorating this Effect.  
Azza Elmedany, Alexandria University, Egypt

Networking Break & Refreshments: 16:10 -16:30 @ Pre Conference Area

**Workshop Session**

16:30- 17:30  Title: The Natural Facelift – beauty from the inside out  
Anne Hilarius-Ford, Aroma Blends, Australia

Panel Discussion

Day 2  July 25, 2017

**Keynote Forum**

10:00-10:50  Title: Personal Transformations  
Viviana Siddhi, Mandala Transformation Foundation, USA

**Networking & Coffee Break 10:50-11:10 @ Pre Conference Area**

11:10-12:00  Title: Facial and Foot Reflexology: History and Healing Powers  
Anne Hilarius-Ford, Aroma Blends, Australia

12:00-13:00  Title: Virtual Hypnotherapy – alternative healing method. Learn to create subconscious change to thoughts, responses, attitudes, behaviors and feelings creating healing and new inner beliefs  
Karen Phillip, Central Coast Hypnotherapy and Counselling Center, Australia

Lunch Break: 13:00-13:50 @ Grill 3182 Restaurant

13:50-14:40  Title: SEE-sickness: the spine, eyes and ears involvement in dizziness and nausea  
Cassie Atkinson-Quinton, Body and Brain Centre, Australia

**Workshop Session**

14:40-15:40  Title: Holistic Health, Water Therapy - Aqua Calidum Therapy (ACT)  
Faris Rashid AlHajri, AlHajri Holistic Health & Wellness LLC, USA
Networking Break & Refreshments: 15:40 -16:00 @ Pre Conference Area

Major Sessions:

Naturopathy | Ayurveda | Osteopathy | Natural Therapies | Holistic Health

Session Chair: Anne Hilarius-Ford, Aroma Blends, Australia
Session Co-Chair: Viviana Siddhi, Mandala Transformation Foundation, USA

Session Introduction

16:00-16:45

Title: Holism in Osteopathy – Bridging the gap between concept and practice: A grounded theory study

Paul Turner, RMIT University, Australia

16:45-17:15

Title: How to move beyond survive to thrive

Sharon Tal, Melbourne Kinesiology and Detox Centre, Australia

17:15 -17:45

Title: The Revolutionary Approach – Mindfulness and Integration of Eastern and Western Medical Science

Vanita Sharma, Australasian Association of Ayurveda, Australia

Day 3    July 26, 2017

Middle Park

Workshop Session

10:00 -11:00

Title: Conscious Bodywork practitioner, DNA healer and yoga teacher

Viviana Siddhi, Mandala Transformation Foundation, USA

Networking & Coffee Break: 11:00-11:20 @ Pre Conference Area

11:20 -12:20

Title: Holism in Osteopathy – Bridging the gap between concept and practice: A grounded theory study

Paul Turner, RMIT University, Australia

Major Sessions:

Naturopathy | Ayurveda | Nutritional Medicine

Session Chair: Viviana Siddhi, Mandala Transformation Foundation, USA
Session Co-Chair: Paul Turner, RMIT University, Australia

Session Introduction

12:20-12:50

Title: Ayurveda marma therapy, reflexology and aromatherapy: blending these complementary therapies to promote wellbeing

Vidhu Sharma, Australasian Association of Ayurveda, Australia

12:50-13:20

Title: Green Tea Polyphenols For The Protection Against Isoprenaline-Induced Myocardial Infarction In Experimental Hyperhomocysteimic Rats

Azza Elmedany, Alexandria University, Egypt

Lunch Break: 13:20-14:10 @ Grill 3182 Restaurant

14:10-14:40

Title: Management of Crohn’s disease by adopting Integrated Lifestyle Program (ILP) with Naturopathy, Meditation and Yoga

Pranab Goswami, Government of NCT, India

Video Presentation

14:40-15:00

Title: Correlations between homoeostatic reserve and mortality in cancer: A literature review

Sundardas D Annamalay, Sundardas Naturopathic Clinic, Singapore

Poster Sessions  15:00-15:30

Poster Judge: Faris Rashid AlHajri, AlHajri Holistic Health & Wellness LLC, USA

APDC-001

Title: Akebia quinata Decaisne aqueous extract acts as a novel antifatigue agent in mice exposed to chronic restraint stress

Sun Haeng Park, Korea Institute of Oriental Medicine, South Korea

APDC-002

Title: Management of Back Pain and Musculoskeletal disorders of garment factory workers by Yoga and Naturopathy

Pabitra Gurung, Government of NCT, India

APDC-003

Title: Management of Crohn’s disease by adopting Integrated Lifestyle Program (ILP) with Naturopathy, Meditation and Yoga

Pranab Goswami, Government of NCT, India

Networking & Coffee Break: 15:30-16:00 @ Pre Conference Area

16:00-16:30

Title: Ayurvedic Perspective – Chronic Stress, Anxiety & Depression! Is the real problem in the HEAD, NO it’s the GUT, so lets get tummy savvy

Vanita Sharma, Australasian Association of Ayurveda, Australia

Award Ceremony

Closing Ceremony