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13th International Conference on
**Mental Health and Human
Resilience**

April 29-30, 2025 | Barcelona, Spain



S C I E N T I F I C P R O G R A M

08:30-09:00 **Registrations**

09:00-09:30 **Introduction**

09:30-09:50 COFFEE BREAK

09:50-11:50
 Meeting Hall 01 **KEYNOTE LECTURES**

	MEETING HALL 01	MEETING HALL 02
11:50-13:10	Talks On: Mental Health	Talks On: Clinical Psychology
	Human Resilience	Child Abuse
	Psychology & Psychiatry	Womens Mental Health

13:10-13:15 Case Reports

13:15-14:00 LUNCH BREAK

	MEETING HALL 01	MEETING HALL 02
14:00-16:00	Talks On: Child and Adolescent Psychiatry	Talks On: Psychiatry and Psychological Disorders
	Addiction and Mental Health	Psychosomatic Disorders
	Adult and Geriatric Psychiatry	Stress, Anxiety and Depression

16:00-16:20 COFFEE BREAK

MEETING HALL 01 (16:20-17:00)	MEETING HALL 01 (17:00-18:00)
Young Researchers Presentations	Workshop

09:00-10:30
Meeting Hall 01

KEYNOTE LECTURES

10:30-10:50 COFFEE BREAK

	MEETING HALL 01	MEETING HALL 02
10:50-12:50	Talks On: Mental Health Awareness	Talks On: Psychiatry and Psychology Practices
	Psychiatric Rehabilitation	Psychopharmacology Role: Mental Health
	Psychiatric Nursing	

12:50-13:35 LUNCH BREAK

	MEETING HALL 01	MEETING HALL 02
13:35-15:55	Talks On: Mindfulness Yoga & Medication	Talks On: Human Resilience
	Mental Health Experts Meeting	Psychology & Psychiatry
	Mental Health	Clinical Psychology

15:55-16:15 COFFEE BREAK

	MEETING HALL 01 (16:15-17:00)	MEETING HALL 01 (17:00-18:00)
	Poster Presentations	Workshop

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[University of Murcia, Spain](#)

Barcelona Attractions



Camp Nou



Casa Batlló



Basilica de la Sagrada Família

Gaudí's Surrealist Park



La Barceloneta



Scenic Views and Art Museums in Montjuïc



Palace of Catalan Music



Monestir de Pedralbes



La Rambla

Glimpses of Mental Health Conferences

