3rd International Conference on

Mental Health and Human Resilience

June 21-23, 2017    London, UK

Scientific Program
**Day 1  June 21, 2017**

### Waterfront 1

#### Opening Ceremony

09:00-09:30

### Keynote Forum

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker</th>
<th>Institution/Location</th>
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</thead>
<tbody>
<tr>
<td>09:30-10:15</td>
<td>Resilience and Coping Strategies: Learning to Become Resilient</td>
<td>Ming-hui Li, St. Johns University, USA</td>
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<tr>
<td>10:15-11:00</td>
<td>I'm more resilient that I ever thought I was : Life after a cancer diagnosis</td>
<td>Jane Montague, University of Derby, UK</td>
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**Networking & Refreshment Break & Group Photo: 11:00-11:15 @ Foyer**

### Special Session

11:15-11:50

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<thead>
<tr>
<th>Title</th>
<th>Speaker</th>
<th>Location</th>
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<tbody>
<tr>
<td>Patients are People first</td>
<td>Shauna Mckay Burke, Canada</td>
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### Sessions

**Human Resilience | Mental Health-Types | Mental Disorders | Women's Mental Health**

**Session Chair: Joanne Zanetos, College of Coastal Georgia, USA**

**Session Co Chair: Ren VanderLind, Texas State University, USA**

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<th>Time</th>
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<tbody>
<tr>
<td>11:50-12:15</td>
<td>Stigma and Resilience in College Students with Mental Illness</td>
<td>Ren VanderLind, Texas State University, USA</td>
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<td>12:15-12:40</td>
<td>Psychotherapy : The power of mind to change brain cells</td>
<td>Aboelezz Kalboush, Alnoor Specialist Hospital, Saudi Arabia</td>
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<tr>
<td>12:40-13:05</td>
<td>The Mental Health Syndrome Paradigm: A New Paradigm to Improve Child Development and Protection</td>
<td>Colin Pritchard, Bournemouth University, UK</td>
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<td>13:05-13:30</td>
<td>Neurocognitive, Biologicals and Genetics factors and the Risk of Developing Borderline Intellectual Functioning (BIF) Disease among Kurdish Societies</td>
<td>Mohammad Reza Dawuodi, Turku University of Applied Sciences, Finland</td>
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**Lunch Break 13:30-14:30 @ Restaurant**

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<tr>
<td>14:30-14:55</td>
<td>From Mouth to Mind: The Emotional Toll of an Obese Child</td>
<td>Vishnukumar S, Eastern University, Sri Lanka</td>
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<td>14:55-15:20</td>
<td>Evaluation of a compassionate mind training intervention with teachers to improve well-being</td>
<td>Frances A. Maratos, University of Derby, UK</td>
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<tr>
<td>15:20-15:45</td>
<td>Ethical obligations of mental health practitioners towards psychiatric patients: A case study analysis</td>
<td>Annie M Temane, University of Johannesburg, South Africa</td>
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<tr>
<td>15:45-16:10</td>
<td>Good Practices, Foods and Nutrition for the Brain</td>
<td>Kaufui Vincent Wong, University of Miami, USA</td>
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<tr>
<td>16:10-16:35</td>
<td>EATING DISORDERS – ANOREXIA NERVOSA - A Deeper Perspective-From The Sufferers’ Eyes</td>
<td>Begum Engur, King’s College London, UK</td>
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</table>
Networking & Refreshment Break: 16:35-16:50 @ Foyer

16:50-17:15
Title: Overlapping Structural and Functional Abnormalities in Early- and Adult-Onset Schizophrenia patients
Tumbwene E. Mwansisya, The Aga Khan University of East Africa, Tanzania

Young Researchers Forum

17:15-17:40
Title: Neural mechanisms of behavioural inflexibility in psychostimulant addiction: Markers of vulnerability and compulsive symptoms
Peter Zhukovsky, University of Cambridge, UK

17:40-18:05
Title: Men’s recovery from schizophrenia in northern Nigeria
Bello Utoblo, Leeds Beckett University, UK

End of Day 1

Day 2 June 22, 2017

Waterfront 1

Keynote Forum

09:30-10:15
Title: PanX® Drugs as prn Alternatives to Addictive Benzodiazepines for Anxiety Disorders
Thomas P. Dooley, Trends in Pharma Development, USA

10:15-11:00
Title: How mindfulness training can be adapted for busy people in stressed working environments
Simon Michaels, Mindful Work, UK

Networking & Refreshment Break: 11:00-11:15 @ Foyer

Sessions

Management and treatment of Mental Health issues | Mental Health & Rehabilitation | Mental Health care patterns
Session Chair: Sailaxmi Gandhi, NIMHANS, India
Session Co Chair: Ren VanderLind, Texas State University, USA

11:15:11:40
Title: Herbal-Drug Interactions: Poison vs. Medicine: How is Your Patient Coping?
Joanne Zanetos, College of Coastal Georgia, USA

11:40-12:05
Title: Central Human Functional Capabilities as a Framework for Health and Well-being
Tahmineh Mousavi, Tehran University of Medical Sciences, Iran

12:05-12:30
Title: Strengthening Resilience and preserving optimal mental health in Grief
Sailaxmi Gandhi, NIMHANS, India

12:30-12:55
Title: Can an e-recovery portal play a role in shifting practices towards recovery?
Deede Gammon, Oslo University Hospital, Norway

12:55-13:20
Title: Enhancing Resiliency after Combat Trauma Exposure
Alan Peterson, University of Texas Health Science Center, USA

Lunch Break 13:20-14:20 @ Restaurant

14:20-14:45
Title: Learning to Become Resilient: An Empirical Study on Pathways
Ming-hui Li, St. John’s University, USA

14:45-15:10
Title: Global burden of mental disorders in Mexico and the health system intervention
Lina Díaz-Castro, National Autonomous University of Mexico, Mexico

Sessions

Nursing Interventions | Psychosis | Psychiatric Healing techniques

15:10-15:35
Title: A applicability of psycho-educational intervention for primary caregivers of people with eating disorders or attention deficit hyperactivity disorder
Margret Gisladottir, Landspitali University Hospital, Iceland
### Improving Outcomes for Criminal Offenders with Serious Mental Illness

**Lorena Fulton**, Ohio State University, USA

### How music therapy affects the emotional and physiological responses of hospitalized pediatric patients: Project of the Music Therapy and Health Foundation

**María Jesús del Olmo**, Autonomous University of Madrid, Spain

### Video Presentation

**Title: Childhood and adolescent mental health and transgenerational and cumulative traumata in the Middle East region**

**Leyla Akoury Dirani**, American University of Beirut, Lebanon

### Networking & Refreshment Break: 16:50-17:05 @ Foyer

### Poster Presentations @ Foyer 17:05-17:30

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<tr>
<th>P1</th>
<th>Title: Military Service Effects on Personality and Psychological Well-Being</th>
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<td><strong>Alexandra Alfaro &amp; Paula Boros</strong>, Nova Southeastern University, USA</td>
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<tr>
<th>P2</th>
<th>Title: Analysing interactions: A review of treatment options for schizophrenic patients on clozapine with pulmonary tuberculosis</th>
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<td><strong>Chao Tian Tang</strong>, Institute of Mental Health, Singapore</td>
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<tr>
<th>P3</th>
<th>Title: Treatment Considerations for Psychological and Physiological Problems in Patients with Dyke-Davidoff-Mason Syndrome in a Paediatric Population: A Review</th>
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<td><strong>Jiali Lau</strong>, National University Hospital, Singapore</td>
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<th>P4</th>
<th>Title: Alignment of Life-Story and Electronic Medical Record as a Medical Diagnostic Support tool (DST) for Mental Health Disorders</th>
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<td><strong>Mohammad Reza Dawuodi</strong>, Turku University of Applied Sciences, Finland</td>
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<th>P5</th>
<th>Title: Perceived stress, resilience and mobile phone use among Nursing students</th>
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<td><strong>Sailaxmi Gandhi</strong>, NIMHANS, India</td>
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### Awards & Closing Ceremony

### Day 3 June 23, 2017

Extended Networking & Lunch 12:30-13:30 @ Restaurant

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**Bookmark your dates**

**4th International Conference on Mental Health and Human Resilience**

April 26-27, 2018  Rome, Italy

**E:** mentalhealth@conferenceseries.net; mentalhealth@psychiatryconferences.com

**W:** mentalhealth.conferenceseries.com